

SCIENCE AND HEALTH

WITH KEY TO THE SCRIPTURES



Titles From The Writings of Mary Baker Eddy

Science and Health with Key to the Scriptures

Retrospection and Introspection

Miscellaneous Writings 1883-1896

Rudimental Divine Science

The People's Idea of God — Its Effect on Health and Christianity

Christian Healing

No and Yes

Unity of Good

Poems

Christ and Christmas

Christian Science versus Pantheism

Pulpit and Press

The First Church of Christ, Scientist, and Miscellany

Manual of the Mother Church

Message to The Mother Church, 1900

Message to The Mother Church, 1901

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SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES



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*Ye shall know the truth,
and the truth shall make you free. — JOHN viii. 32*

*There is nothing either good or bad,
but thinking makes it so. — SHAKESPEARE*

*Oh! Thou hast heard my prayer;
And I am blest!
This is Thy high behest: —
Thou here, and **everywhere**. — MARY BAKER G. EDDY*

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Preface

1 **T**o those leaning on the sustaining infinite, to-day is
2 big with blessings. The wakeful shepherd beholds
3 the first faint morning beams, ere cometh the full radiance
4 of a risen day. So shone the pale star to the prophet-
5 shepherds; yet it traversed the night, and came where, in
6 cradled obscurity, lay the Bethlehem babe, the human
7 herald of Christ, Truth, who would make plain to be-
8 nighted understanding the way of salvation through Christ
9 Jesus, till across a night of error should dawn the morn-
10 ing beams and shine the guiding star of being. The Wise-
11 men were led to behold and to follow this daystar of
12 divine Science, lighting the way to eternal harmony.

13 The time for thinkers has come. Truth, independent
14 of doctrines and time-honored systems, knocks at the
15 portal of humanity. Contentment with the past and
16 the cold conventionality of materialism are crumbling
17 away. Ignorance of God is no longer the stepping-
18 stone to faith. The only guarantee of obedience is a
19 right apprehension of Him whom to know aright is
20 Life eternal. Though empires fall, "the Lord shall
21 reign forever."

22 A book introduces new thoughts, but it cannot make
23 them speedily understood. It is the task of the sturdy
24 pioneer to hew the tall oak and to cut the rough
25 granite. Future ages must declare what the pioneer
26 has accomplished.

27 Since the author's discovery of the might of Truth in

the treatment of disease as well as of sin, her system has	1
been fully tested and has not been found wanting; but	
to reach the heights of Christian Science, man must live	3
in obedience to its divine Principle. To develop the full	
might of this Science, the discords of corporeal sense	
must yield to the harmony of spiritual sense, even as the	6
science of music corrects false tones and gives sweet concord to sound.	
Theology and physics teach that both Spirit and	9
matter are real and good, whereas the fact is that	
Spirit is good and real, and matter is Spirit's opposite.	
The question, What is Truth, is answered by	12
demonstration, — by healing both disease and sin; and	
this demonstration shows that Christian healing confers	
the most health and makes the best men. On this	15
basis Christian Science will have a fair fight. Sickness	
has been combated for centuries by doctors using material	
remedies; but the question arises, Is there less	18
sickness because of these practitioners? A vigorous	
"No" is the response deducible from two connate	
facts, — the reputed longevity of the Antediluvians,	21
and the rapid multiplication and increased violence of	
diseases since the flood.	
In the author's work, RETROSPECTION AND INTROSPEC-	24
TION, may be found a biographical sketch, narrating	
experiences which led her, in the year 1866, to the discovery	
of the system that she denominated Christian	27
Science. As early as 1862 she began to write down and	
give to friends the results of her Scriptural study, for	
the Bible was her sole teacher; but these compositions	30
were crude, — the first steps of a child in the newly discovered	
world of Spirit.	

1 She also began to jot down her thoughts on the
main subject, but these jottings were only infantile
3 lispings of Truth. A child drinks in the outward world
through the eyes and rejoices in the draught. He is
as sure of the world's existence as he is of his own; yet
6 he cannot describe the world. He finds a few words,
and with these he stammeringly attempts to convey his
feeling. Later, the tongue voices the more definite
9 thought, though still imperfectly.

So was it with the author. As a certain poet says of
himself, she "lisped in numbers, for the numbers
12 came." Certain essays written at that early date are
still in circulation among her first pupils; but they are
feeble attempts to state the Principle and practice of
15 Christian healing, and are not complete nor satisfac-
tory expositions of Truth. To-day, though rejoicing
in some progress, she still finds herself a willing dis-
18 ciple at the heavenly gate, waiting for the Mind of
Christ.

Her first pamphlet on Christian Science was copy-
21 righted in 1870; but it did not appear in print until
1876, as she had learned that this Science must be
demonstrated by healing, before a work on the subject
24 could be profitably studied. From 1867 until 1875,
copies were, however, in friendly circulation.

Before writing this work, SCIENCE AND HEALTH, she
27 made copious notes of Scriptural exposition, which
have never been published. This was during the years
1867 and 1868. These efforts show her comparative
30 ignorance of the stupendous Life-problem up to that
time, and the degrees by which she came at length
to its solution; but she values them as a parent

may treasure the memorials of a child's growth, and she would not have them changed. 1

The first edition of SCIENCE AND HEALTH was published in 1875. Various books on mental healing have since been issued, most of them incorrect in theory and filled with plagiarisms from SCIENCE AND HEALTH. They regard the human mind as a healing agent, whereas this mind is not a factor in the Principle of Christian Science. A few books, however, which are based on this book, are useful. 3 6 9

The author has not compromised conscience to suit the general drift of thought, but has bluntly and honestly given the text of Truth. She has made no effort to embellish, elaborate, or treat in full detail so infinite a theme. By thousands of well-authenticated cases of healing, she and her students have proved the worth of her teachings. These cases for the most part have been abandoned as hopeless by regular medical attendants. Few invalids will turn to God till all physical supports have failed, because there is so little faith in His disposition and power to heal disease. 12 15 18 21

The divine Principle of healing is proved in the personal experience of any sincere seeker of Truth. Its purpose is good, and its practice is safer and more potent than that of any other sanitary method. The unbiased Christian thought is soonest touched by Truth, and convinced of it. Only those quarrel with her method who do not understand her meaning, or discerning the truth, come not to the light lest their works be reproved. No intellectual proficiency is requisite in the learner, but sound morals are most desirable. 24 27 30

1 Many imagine that the phenomena of physical heal-
 ing in Christian Science present only a phase of the
 3 action of the human mind, which action in some unex-
 plained way results in the cure of disease. On the con-
 trary, Christian Science rationally explains that all
 6 other pathological methods are the fruits of human
 faith in matter, — faith in the workings, not of Spirit,
 but of the fleshly mind which must yield to Science.

9 The physical healing of Christian Science results
 now, as in Jesus' time, from the operation of divine
 Principle, before which sin and disease lose their real-
 12 ity in human consciousness and disappear as naturally
 and as necessarily as darkness gives place to light and
 sin to reformation. Now, as then, these mighty works
 15 are not supernatural, but supremely natural. They are
 the sign of Immanuel, or "God with us," — a divine
 influence ever present in human consciousness and re-
 18 peating itself, coming now as was promised aforetime,

To preach deliverance to the captives [of sense],
 And recovering of sight to the blind,
 21 To set at liberty them that are bruised.

When God called the author to proclaim His Gospel
 to this age, there came also the charge to plant and
 24 water His vineyard.

The first school of Christian Science Mind-healing
 was started by the author with only one student in
 27 Lynn, Massachusetts, about the year 1867. In 1881,
 she opened the Massachusetts Metaphysical College in
 Boston, under the seal of the Commonwealth, a law
 30 relative to colleges having been passed, which enabled
 her to get this institution chartered for medical pur-

poses. No charters were granted to Christian Scientists for such institutions after 1883, and up to that date, hers was the only College of this character which had been established in the United States, where Christian Science was first introduced.

During seven years over four thousand students were taught by the author in this College. Meanwhile she was pastor of the first established Church of Christ, Scientist; President of the first Christian Scientist Association, convening monthly; publisher of her own works; and (for a portion of this time) sole editor and publisher of the *Christian Science Journal*, the first periodical issued by Christian Scientists. She closed her College, October 29, 1889, in the height of its prosperity with a deep-lying conviction that the next two years of her life should be given to the preparation of the revision of *SCIENCE AND HEALTH*, which was published in 1891. She retained her charter, and as its President, reopened the College in 1899 as auxiliary to her church. Until June 10, 1907, she had never read this book throughout consecutively in order to elucidate her idealism.

In the spirit of Christ's charity, — as one who "hopeth all things, endureth all things," and is joyful to bear consolation to the sorrowing and healing to the sick, — she commits these pages to honest seekers for Truth.

MARY BAKER EDDY

Prayer

*For verily I say unto you,
That whosoever shall say unto this mountain,
Be thou removed, and be thou cast into the sea;
and shall not doubt in his heart, but shall believe that
those things which he saith shall come to pass;
he shall have whatsoever he saith.
Therefore I say unto you, What things soever ye desire
when ye pray, believe that ye receive them,
and ye shall have them.*

*Your Father knoweth what things ye have need of,
before ye ask Him. — CHRIST JESUS.*

- 1 **T**he prayer that reforms the sinner and heals the
2 sick is an absolute faith that all things are
3 possible to God, — a spiritual understanding of Him,
4 an unselfed love. Regardless of what another may say
5 or think on this subject, I speak from experience.
6 Prayer, watching, and working, combined with self-im-
7 molation, are God's gracious means for accomplishing
8 whatever has been successfully done for the Christian-
9 ization and health of mankind.

- 10 Thoughts unspoken are not unknown to the divine
11 Mind. Desire is prayer; and no loss can occur from
12 trusting God with our desires, that they may be
13 moulded and exalted before they take form in words
14 and in deeds.

	What are the motives for prayer? Do we pray to	1
Right motives	make ourselves better or to benefit those who hear us,	
	to enlighten the infinite or to be heard of	3
	men? Are we benefited by praying? Yes,	
	the desire which goes forth hungering after righteousness is blessed of our Father, and it does not return	6
	unto us void.	
Deity unchangeable	God is not moved by the breath of praise to do more	
	than He has already done, nor can the infinite do less	9
	than bestow all good, since He is unchanging wisdom and Love. We can do more for	
	ourselves by humble fervent petitions, but the All-loving does not grant them simply on the ground of lip-	12
	service, for He already knows all.	
	Prayer cannot change the Science of being, but it	15
	tends to bring us into harmony with it. Goodness attains the demonstration of Truth. A request that	
	God will save us is not all that is required. The mere	18
	habit of pleading with the divine Mind, as one pleads with a human being, perpetuates the belief in God as	
	humanly circumscribed, — an error which impedes spiritual growth.	21
God's standard	God is Love. Can we ask Him to be more? God is	
	intelligence. Can we inform the infinite Mind of anything He does not already comprehend?	24
	Do we expect to change perfection? Shall	
	we plead for more at the open fount, which is pouring forth more than we accept? The unspoken desire	27
	does bring us nearer the source of all existence and blessedness.	30
	Asking God to <i>be</i> God is a vain repetition. God is	
	“the same yesterday, and to-day, and forever;” and	

1 He who is immutably right will do right without being
reminded of His province. The wisdom of man is not
3 sufficient to warrant him in advising God.

Who would stand before a blackboard, and pray the
principle of mathematics to solve the problem? The
6 rule is already established, and it is our
task to work out the solution. Shall we
ask the divine Principle of all goodness to do His own
9 work? His work is done, and we have only to avail
ourselves of God's rule in order to receive His bless-
ing, which enables us to work out our own salvation.

The spiritual
mathematics

12 The Divine Being must be reflected by man, — else
man is not the image and likeness of the patient,
tender, and true, the One “altogether lovely;” but to
15 understand God is the work of eternity, and demands
absolute consecration of thought, energy, and desire.

How empty are our conceptions of Deity! We admit
18 theoretically that God is good, omnipotent, omni-
present, infinite, and then we try to give
information to this infinite Mind. We plead
21 for unmerited pardon and for a liberal outpouring of
benefactions. Are we really grateful for the good
already received? Then we shall avail ourselves of the
24 blessings we have, and thus be fitted to receive more.
Gratitude is much more than a verbal expression of
thanks. Action expresses more gratitude than speech.

Prayerful
ingratitude

27 If we are ungrateful for Life, Truth, and Love, and
yet return thanks to God for all blessings, we are in-
sincere and incur the sharp censure our Master pro-
30 nounces on hypocrites. In such a case, the only
acceptable prayer is to put the finger on the lips and
remember our blessings. While the heart is far from

divine Truth and Love, we cannot conceal the ingratitude of barren lives. 1

Efficacious
petitions

What we most need is the prayer of fervent desire 3
for growth in grace, expressed in patience, meekness,
love, and good deeds. To keep the com-
mandments of our Master and follow his 6
example, is our proper debt to him and the only
worthy evidence of our gratitude for all that he has
done. Outward worship is not of itself sufficient to 9
express loyal and heartfelt gratitude, since he has
said: "If ye love me, keep my commandments."

The habitual struggle to be always good is unceas- 12
ing prayer. Its motives are made manifest in the
blessings they bring, — blessings which, even if not
acknowledged in audible words, attest our worthiness 15
to be partakers of Love.

Watchfulness
requisite

Simply asking that we may love God will never 18
make us love Him; but the longing to be better
and holier, expressed in daily watchful-
ness and in striving to assimilate more of 21
the divine character, will mould and fashion us
anew, until we awake in His likeness. We reach the
Science of Christianity through demonstration of the 24
divine nature; but in this wicked world goodness
will "be evil spoken of," and patience must bring
experience.

Veritable
devotion

Audible prayer can never do the works of spiritual 27
understanding, which regenerates; but silent prayer,
watchfulness, and devout obedience enable
us to follow Jesus' example. Long prayers, 30
superstition, and creeds clip the strong pinions of love,
and clothe religion in human forms. Whatever mate-

1 rializes worship hinders man's spiritual growth and keeps
him from demonstrating his power over error.

3 Sorrow for wrong-doing is but one step towards reform
and the very easiest step. The next and great step re-
quired by wisdom is the test of our sincerity,
6 — namely, reformation. To this end we are
placed under the stress of circumstances. Temptation
bids us repeat the offence, and woe comes in return for
9 what is done. So it will ever be, till we learn that there
is no discount in the law of justice and that we must pay
“the uttermost farthing.” The measure ye mete “shall
12 be measured to you again,” and it will be full “and run-
ning over.”

Sorrow and
reformation

15 Saints and sinners get their full award, but not always
in this world. The followers of Christ drank his cup.
Ingratitude and persecution filled it to the brim; but God
pours the riches of His love into the understanding and
18 affections, giving us strength according to our day. Sin-
ners flourish “like a green bay tree;” but, looking farther,
the Psalmist could see their end, — the destruction of sin
21 through suffering.

Prayer is not to be used as a confessional to cancel sin.
Such an error would impede true religion. Sin is forgiven
24 only as it is destroyed by Christ, — Truth and
Life. If prayer nourishes the belief that sin is
cancelled, and that man is made better merely by praying,
27 prayer is an evil. He grows worse who continues in sin
because he fancies himself forgiven.

Cancellation
of human sin

An apostle says that the Son of God [Christ] came to
30 “destroy the *works* of the devil.” We should
follow our divine Exemplar, and seek the de-
struction of all evil works, error and disease included.

Diabolism
destroyed

We cannot escape the penalty due for sin. The Scriptures say, that if we deny Christ, "he also will deny us." 1

Pardon and
amendment

Divine Love corrects and governs man. Men may 3
pardon, but this divine Principle alone reforms the
sinner. God is not separate from the wisdom He bestows. The talents He gives we 6
must improve. Calling on Him to forgive our work
badly done or left undone, implies the vain supposition
that we have nothing to do but to ask pardon, and 9
that afterwards we shall be free to repeat the offence.

To cause suffering as the result of sin, is the means
of destroying sin. Every supposed pleasure in sin 12
will furnish more than its equivalent of pain, until belief
in material life and sin is destroyed. To reach
heaven, the harmony of being, we must understand 15
the divine Principle of being.

Mercy without
partiality

"God is Love." More than this we cannot ask,
higher we cannot look, farther we cannot go. To 18
suppose that God forgives or punishes sin
according as His mercy is sought or unsought, is to misunderstand Love and to make prayer 21
the safety-valve for wrong-doing.

Divine
severity

Jesus uncovered and rebuked sin before he cast it
out. Of a sick woman he said that Satan had bound 24
her, and to Peter he said, "Thou art an offence unto me." He came teaching and
showing men how to destroy sin, sickness, and death. 27
He said of the fruitless tree, "[It] is hewn down."

It is believed by many that a certain magistrate,
who lived in the time of Jesus, left this record: "His 30
rebuke is fearful." The strong language of our Master confirms this description.

1 The only civil sentence which he had for error was,
"Get thee behind me, Satan." Still stronger evidence
3 that Jesus' reproof was pointed and pungent is found
in his own words, — showing the necessity for such
forcible utterance, when he cast out devils and healed
6 the sick and sinning. The relinquishment of error de-
prives material sense of its false claims.

 Audible prayer is impressive; it gives momentary
9 solemnity and elevation to thought. But does it pro-
duce any lasting benefit? Looking deeply
into these things, we find that "a zeal . . .
12 not according to knowledge" gives occasion for reac-
tion unfavorable to spiritual growth, sober resolve, and
wholesome perception of God's requirements. The mo-
15 tives for verbal prayer may embrace too much love of
applause to induce or encourage Christian sentiment.

Audible
praying

 Physical sensation, not Soul, produces material ec-
18 stasy and emotion. If spiritual sense always guided
men, there would grow out of ecstatic mo-
ments a higher experience and a better life
21 with more devout self-abnegation and purity. A self-
satisfied ventilation of fervent sentiments never makes
a Christian. God is not influenced by man. The "di-
24 vine ear" is not an auditory nerve. It is the all-hearing
and all-knowing Mind, to whom each need of man is
always known and by whom it will be supplied.

Emotional
utterances

27 The danger from prayer is that it may lead us into temp-
tation. By it we may become involuntary hypocrites, ut-
tering desires which are not real and consoling
30 ourselves in the midst of sin with the recollection
that we have prayed over it or mean to ask for-
giveness at some later day. Hypocrisy is fatal to religion.

Danger
from audible
prayer

A wordy prayer may afford a quiet sense of self-justification, though it makes the sinner a hypocrite. We never need to despair of an honest heart; but there is little hope for those who come only spasmodically face to face with their wickedness and then seek to hide it. Their prayers are indexes which do not correspond with their character. They hold secret fellowship with sin, and such externals are spoken of by Jesus as "like unto whited sepulchres . . . full . . . of all uncleanness."

Aspiration
and love

If a man, though apparently fervent and prayerful, is impure and therefore insincere, what must be the comment upon him? If he reached the loftiness of his prayer, there would be no occasion for comment. If we feel the aspiration, humility, gratitude, and love which our words express, — this God accepts; and it is wise not to try to deceive ourselves or others, for "there is nothing covered that shall not be revealed." Professions and audible prayers are like charity in one respect, — they "cover the multitude of sins." Praying for humility with whatever fervency of expression does not always mean a desire for it. If we turn away from the poor, we are not ready to receive the reward of Him who blesses the poor. We confess to having a very wicked heart and ask that it may be laid bare before us, but do we not already know more of this heart than we are willing to have our neighbor see?

Searching
the heart

We should examine ourselves and learn what is the affection and purpose of the heart, for in this way only can we learn what we honestly are. If a friend informs us of a fault, do we listen patiently to the rebuke and credit what is said? Do we not

1 rather give thanks that we are “not as other men”?
During many years the author has been most grateful
3 for merited rebuke. The wrong lies in unmerited cen-
sure, — in the falsehood which does no one any good.

6 The test of all prayer lies in the answer to these
questions: Do we love our neighbor better because of
this asking? Do we pursue the old selfish-
ness, satisfied with having prayed for some-
9 thing better, though we give no evidence of the sin-
cerity of our requests by living consistently with our
prayer? If selfishness has given place to kindness,
12 we shall regard our neighbor unselfishly, and bless
them that curse us; but we shall never meet this great
duty simply by asking that it may be done. There is
15 a cross to be taken up before we can enjoy the fruition
of our hope and faith.

Summit of
aspiration

18 Dost thou “love the Lord thy God with all thy
heart, and with all thy soul, and with all thy mind”?
This command includes much, even the sur-
render of all merely material sensation, affec-
21 tion, and worship. This is the El Dorado of Christianity.
It involves the Science of Life, and recognizes only the
divine control of Spirit, in which Soul is our master,
24 and material sense and human will have no place.

Practical
religion

Are you willing to leave all for Christ, for Truth, and
so be counted among sinners? No! Do you really desire
27 to attain this point? No! Then why make long
prayers about it and ask to be Christians,
since you do not care to tread in the footsteps of our
30 dear Master? If unwilling to follow his example, why
pray with the lips that you may be partakers of his
nature? Consistent prayer is the desire to do right.

The chalice
sacrificial

Prayer means that we desire to walk and will walk in the light so far as we receive it, even though with bleeding footsteps, and that waiting patiently on the Lord, we will leave our real desires to be rewarded by Him.

The world must grow to the spiritual understanding of prayer. If good enough to profit by Jesus' cup of earthly sorrows, God will sustain us under these sorrows. Until we are thus divinely qualified and are willing to drink his cup, millions of vain repetitions will never pour into prayer the unction of Spirit in demonstration of power and "with signs following." Christian Science reveals a necessity for overcoming the world, the flesh, and evil, and thus destroying all error.

Seeking is not sufficient. It is striving that enables us to enter. Spiritual attainments open the door to a higher understanding of the divine Life.

One of the forms of worship in Thibet is to carry a praying-machine through the streets, and stop at the doors to earn a penny by grinding out a prayer. But the advance guard of progress has paid for the privilege of prayer the price of persecution.

Perfunctory
prayers

Experience teaches us that we do not always receive the blessings we ask for in prayer. There is some misapprehension of the source and means of all goodness and blessedness, or we should certainly receive that for which we ask. The Scriptures say: "Ye ask, and receive not, because ye ask amiss, that ye may consume it upon your lusts." That which we desire and for which we ask, it is not always best for us to receive. In this case infinite Love will not grant the request. Do you ask wisdom to be merciful and not to punish sin? Then "ye ask amiss."

Asking
amiss

1 Without punishment, sin would multiply. Jesus' prayer,
"Forgive us our debts," specified also the terms of
3 forgiveness. When forgiving the adulterous woman he
said, "Go, and sin no more."

6 A magistrate sometimes remits the penalty, but this
may be no moral benefit to the criminal, and at best, it
only saves the criminal from one form of
punishment. The moral law, which has the
9 right to acquit or condemn, always demands restitu-
tion before mortals can "go up higher." Broken law
brings penalty in order to compel this progress.

Remission
of penalty

12 Mere legal pardon (and there is no other, for divine
Principle never pardons our sins or mistakes till they
are corrected) leaves the offender free to re-
15 peat the offence, if indeed, he has not already
suffered sufficiently from vice to make him turn from it
with loathing. Truth bestows no pardon upon error, but
18 wipes it out in the most effectual manner. Jesus suffered
for our sins, not to annul the divine sentence for an in-
dividual's sin, but because sin brings inevitable suffering.

Truth
annihilates
error

21 Petitions bring to mortals only the results of mor-
tals' own faith. We know that a desire for holiness is
requisite in order to gain holiness; but if we
24 desire holiness above all else, we shall sac-
rifice everything for it. We must be willing to do this,
that we may walk securely in the only practical road
27 to holiness. Prayer cannot change the unalterable
Truth, nor can prayer alone give us an understanding
of Truth; but prayer, coupled with a fervent habitual
30 desire to know and do the will of God, will bring us
into all Truth. Such a desire has little need of audible
expression. It is best expressed in thought and in life.

Desire for
holiness

Prayer for
the sick

“The prayer of faith shall save the sick,” says the
Scripture. What is this healing prayer? A mere re-
quest that God will heal the sick has no
power to gain more of the divine presence
than is always at hand. The beneficial effect of
such prayer for the sick is on the human mind, mak-
ing it act more powerfully on the body through a blind
faith in God. This, however, is one belief casting out
another, — a belief in the unknown casting out a belief
in sickness. It is neither Science nor Truth which
acts through blind belief, nor is it the human under-
standing of the divine healing Principle as manifested
in Jesus, whose humble prayers were deep and con-
scientious protests of Truth, — of man’s likeness to
God and of man’s unity with Truth and Love.

Prayer to a corporeal God affects the sick like a
drug, which has no efficacy of its own but borrows its
power from human faith and belief. The drug does
nothing, because it has no intelligence. It is a mortal
belief, not divine Principle or Love, which causes a
drug to be apparently either poisonous or sanative.

The common custom of praying for the recovery of the
sick finds help in blind belief, whereas help should come
from the enlightened understanding. Changes in belief
may go on indefinitely, but they are the merchandise of
human thought and not the outgrowth of divine Science.

Love impartial
and universal

Does Deity interpose in behalf of one worshipper,
and not help another who offers the same measure of
prayer? If the sick recover because they
pray or are prayed for audibly, only peti-
tioners (*per se* or by proxy) should get well. In divine
Science, where prayers are mental, *all* may avail them-

1 selves of God as "a very present help in trouble."
 Love is impartial and universal in its adaptation and
 3 bestowals. It is the open fount which cries, "Ho,
 every one that thirsteth, come ye to the waters."

6 In public prayer we often go beyond our convictions,
 beyond the honest standpoint of fervent desire. If we
 are not secretly yearning and openly striving
 for the accomplishment of all we ask,
 9 our prayers are "vain repetitions," such as the heathen
 use. If our petitions are sincere, we labor for what we
 ask; and our Father, who seeth in secret, will reward
 12 us openly. Can the mere public expression of our de-
 sires increase them? Do we gain the omnipotent ear
 sooner by words than by thoughts? Even if prayer is
 15 sincere, God knows our need before we tell Him or our
 fellow-beings about it. If we cherish the desire hon-
 estly and silently and humbly, God will bless it, and
 18 we shall incur less risk of overwhelming our real
 wishes with a torrent of words.

Public
exaggerations

21 If we pray to God as a corporeal person, this will
 prevent us from relinquishing the human doubts and
 fears which attend such a belief, and so we
 cannot grasp the wonders wrought by infi-
 24 nite, incorporeal Love, to whom all things are possible.
 Because of human ignorance of the divine Principle,
 Love, the Father of all is represented as a corporeal
 27 creator; hence men recognize themselves as merely
 physical, and are ignorant of man as God's image or re-
 flection and of man's eternal incorporeal existence. The
 30 world of error is ignorant of the world of Truth, — blind
 to the reality of man's existence, — for the world of sen-
 sation is not cognizant of life in Soul, not in body.

Corporeal
ignorance

	If we are sensibly with the body and regard omnipo-	1
	tence as a corporeal, material person, whose ear we	
Bodily presence	would gain, we are not "absent from the	3
	body" and "present with the Lord" in the	
	demonstration of Spirit. We cannot "serve two mas-	
	ters." To be "present with the Lord" is to have, not	6
	mere emotional ecstasy or faith, but the actual demon-	
	stration and understanding of Life as revealed in	
	Christian Science. To be "with the Lord" is to be in	9
	obedience to the law of God, to be absolutely governed	
	by divine Love, — by Spirit, not by matter.	
	Become conscious for a single moment that Life and	12
	intelligence are purely spiritual, — neither in nor of	
Spiritualized consciousness	matter, — and the body will then utter no	
	complaints. If suffering from a belief in	15
	sickness, you will find yourself suddenly well. Sorrow	
	is turned into joy when the body is controlled by spir-	
	itual Life, Truth, and Love. Hence the hope of the	18
	promise Jesus bestows: "He that believeth on me,	
	the works that I do shall he do also; . . . because I	
	go unto my Father," — [because the Ego is absent from	21
	the body, and present with Truth and Love.] The	
	Lord's Prayer is the prayer of Soul, not of material	
	sense.	24
	Entirely separate from the belief and dream of mate-	
	rial living, is the Life divine, revealing spiritual under-	
	standing and the consciousness of man's dominion	27
	over the whole earth. This understanding casts out	
	error and heals the sick, and with it you can speak	
	"as one having authority."	30
	"When thou prayest, enter into thy closet, and,	
	when thou hast shut thy door, pray to thy Father	

1 which is in secret; and thy Father, which seeth in
secret, shall reward thee openly."

3 So spake Jesus. The closet typifies the sanctuary of
Spirit, the door of which shuts out sinful sense but
lets in Truth, Life, and Love. Closed to
6 error, it is open to Truth, and *vice versa*.

Spiritual
sanctuary

The Father in secret is unseen to the physical senses,
but He knows all things and rewards according to
9 motives, not according to speech. To enter into the
heart of prayer, the door of the erring senses must be
closed. Lips must be mute and materialism silent,
12 that man may have audience with Spirit, the divine
Principle, Love, which destroys all error.

In order to pray aright, we must enter into the
15 closet and shut the door. We must close the lips and
silence the material senses. In the quiet
sanctuary of earnest longings, we must
18 deny sin and plead God's allness. We must resolve to
take up the cross, and go forth with honest hearts to
work and watch for wisdom, Truth, and Love. We
21 must "pray without ceasing." Such prayer is an-
swered, in so far as we put our desires into practice.
The Master's injunction is, that we pray in secret and
24 let our lives attest our sincerity.

Effectual
invocation

Christians rejoice in secret beauty and bounty, hidden
from the world, but known to God. Self-forgetfulness,
27 purity, and affection are constant prayers.
Practice not profession, understanding not
belief, gain the ear and right hand of omnipotence and
30 they assuredly call down infinite blessings. Trustworthi-
ness is the foundation of enlightened faith. Without a
fitness for holiness, we cannot receive holiness.

Trustworthy
beneficence

	A great sacrifice of material things must precede this	1
	advanced spiritual understanding. The highest prayer	
Loftiest adoration	is not one of faith merely; it is demonstra-	3
	tion. Such prayer heals sickness, and must	
	destroy sin and death. It distinguishes between Truth	
	that is sinless and the falsity of sinful sense.	6
	Our Master taught his disciples one brief prayer,	
	which we name after him the Lord's Prayer. Our Mas-	
The prayer of Jesus Christ	ter said, "After this manner therefore pray	9
	ye," and then he gave that prayer which	
	covers all human needs. There is indeed some doubt	
	among Bible scholars, whether the last line is not an	12
	addition to the prayer by a later copyist; but this does	
	not affect the meaning of the prayer itself.	
	In the phrase, "Deliver us from evil," the original	15
	properly reads, "Deliver us from the evil one." This	
	reading strengthens our scientific apprehension of the peti-	
	tion, for Christian Science teaches us that "the evil one," or	18
	one evil, is but another name for the first lie and all liars.	
	Only as we rise above all material sensuousness and	
	sin, can we reach the heaven-born aspiration and spir-	21
	itual consciousness, which is indicated in the Lord's	
	Prayer and which instantaneously heals the sick.	
	Here let me give what I understand to be the spir-	24
	itual sense of the Lord's Prayer:	
	Our Father which art in heaven,	
	<i>Our Father-Mother God, all-harmonious,</i>	27
	Hallowed be Thy name.	
	<i>Adorable One.</i>	
	Thy kingdom come.	30
	<i>Thy kingdom is come; Thou art ever-present.</i>	

- 1 Thy will be done in earth, as it is in heaven.
 Enable us to know, — as in heaven, so on earth, — God is
3 *omnipotent, supreme.*
- Give us this day our daily bread;
 Give us grace for to-day; feed the famished affections;
- 6 And forgive us our debts, as we forgive our debtors.
 And Love is reflected in love;
- And lead us not into temptation, but deliver us from
9 evil;
 And God leadeth us not into temptation, but delivereth
 us from sin, disease, and death.
- 12 For Thine is the kingdom, and the power, and the
glory, forever.
 For God is infinite, all-power, all Life, Truth, Love, over
15 *all, and All.*

Atonement and Eucharist

*And they that are Christ's have crucified the flesh
with the affections and lusts. — PAUL.*

*For Christ sent me not to baptize,
but to preach the gospel. — PAUL.*

*For I say unto you,
I will not drink of the fruit of the vine,
until the kingdom of God shall come. — JESUS.*

Divine
oneness

Atonement is the exemplification of man's unity with God, whereby man reflects divine Truth, Life, and Love. Jesus of Nazareth taught and demonstrated man's oneness with the Father, and for this we owe him endless homage. His mission was both individual and collective. He did life's work aright not only in justice to himself, but in mercy to mortals, — to show them how to do theirs, but not to do it for them nor to relieve them of a single responsibility. Jesus acted boldly, against the accredited evidence of the senses, against Pharisaical creeds and practices, and he refuted all opponents with his healing power.

Human
reconciliation

The atonement of Christ reconciles man to God, not God to man; for the divine Principle of Christ is God, and how can God propitiate Himself? Christ is Truth, which reaches no higher than itself. The fountain can rise no higher than its source. Christ, Truth, could conciliate no nature above his own, derived

1 from the eternal Love. It was therefore Christ's purpose
to reconcile man to God, not God to man. Love and
3 Truth are not at war with God's image and likeness.
Man cannot exceed divine Love, and so atone for him-
self. Even Christ cannot reconcile Truth to error, for
6 Truth and error are irreconcilable. Jesus aided in recon-
ciling man to God by giving man a truer sense of Love,
the divine Principle of Jesus' teachings, and this truer
9 sense of Love redeems man from the law of matter,
sin, and death by the law of Spirit, — the law of divine
Love.

12 The Master forbore not to speak the whole truth, de-
claring precisely what would destroy sickness, sin, and
death, although his teaching set households at variance,
15 and brought to material beliefs not peace, but a
sword.

Every pang of repentance and suffering, every effort
18 for reform, every good thought and deed, will help us to
understand Jesus' atonement for sin and aid
its efficacy; but if the sinner continues to pray
21 and repent, sin and be sorry, he has little part in the atone-
ment, — in the *at-one-ment* with God, — for he lacks the
practical repentance, which reforms the heart and enables
24 man to do the will of wisdom. Those who cannot dem-
onstrate, at least in part, the divine Principle of the teach-
ings and practice of our Master have no part in God. If
27 living in disobedience to Him, we ought to feel no secur-
ity, although God is good.

Jesus urged the commandment, "Thou shalt have no
30 other gods before me," which may be ren-
dered: Thou shalt have no belief of Life as
mortal; thou shalt not know evil, for there is one Life, —

Efficacious
repentance

Jesus'
sinless career

even God, good. He rendered "unto Cæsar the things 1
 which are Cæsar's; and unto God the things that are
 God's." He at last paid no homage to forms of doctrine 3
 or to theories of man, but acted and spake as he was moved,
 not by spirits but by Spirit.

To the ritualistic priest and hypocritical Pharisee 6
 Jesus said, "The publicans and the harlots go into the
 kingdom of God before you." Jesus' history made a
 new calendar, which we call the Christian era; but he 9
 established no ritualistic worship. He knew that men
 can be baptized, partake of the Eucharist, support the
 clergy, observe the Sabbath, make long prayers, and yet 12
 be sensual and sinful.

Perfect
example

Jesus bore our infirmities; he knew the error of mortal
 belief, and "with his stripes [the rejection of error] we are 15
 healed." "Despised and rejected of men,"
 returning blessing for cursing, he taught mor-
 tals the opposite of themselves, even the nature of God; 18
 and when error felt the power of Truth, the scourge and
 the cross awaited the great Teacher. Yet he swerved not,
 well knowing that to obey the divine order and trust God, 21
 saves retracing and traversing anew the path from sin to
 holiness.

Behest of
the cross

Material belief is slow to acknowledge what the 24
 spiritual fact implies. The truth is the centre of all
 religion. It commands sure entrance into
 the realm of Love. St. Paul wrote, "Let us 27
 lay aside every weight, and the sin which doth so
 easily beset us, and let us run with patience the race that
 is set before us;" that is, let us put aside material self 30
 and sense, and seek the divine Principle and Science of
 all healing.

1 If Truth is overcoming error in your daily walk and
 conversation, you can finally say, "I have fought a
 3 good fight . . . I have kept the faith," be-
 cause you are a better man. This is having
 our part in the at-one-ment with Truth and Love.
 6 Christians do not continue to labor and pray, expecting
 because of another's goodness, suffering, and triumph,
 that they shall reach his harmony and reward.

Moral
victory

9 If the disciple is advancing spiritually, he is striv-
 ing to enter in. He constantly turns away from ma-
 terial sense, and looks towards the imperishable things
 12 of Spirit. If honest, he will be in earnest from the
 start, and gain a little each day in the right direction,
 till at last he finishes his course with joy.

15 If my friends are going to Europe, while I am *en*
route for California, we are not journeying together.
 We have separate time-tables to consult,
 18 different routes to pursue. Our paths have
 diverged at the very outset, and we have little oppor-
 tunity to help each other. On the contrary, if my
 21 friends pursue my course, we have the same railroad
 guides, and our mutual interests are identical; or, if I
 take up their line of travel, they help me on, and our
 24 companionship may continue.

Inharmonious
travellers

 Being in sympathy with matter, the worldly man is at
 the beck and call of error, and will be attracted thither-
 27 ward. He is like a traveller going westward
 for a pleasure-trip. The company is alluring
 and the pleasures exciting. After following the sun for
 30 six days, he turns east on the seventh, satisfied if he can
 only imagine himself drifting in the right direction. By-
 and-by, ashamed of his zigzag course, he would borrow

Zigzag
course

the passport of some wiser pilgrim, thinking with the aid 1
of this to find and follow the right road.

Moral
retrogression

Vibrating like a pendulum between sin and the hope 3
of forgiveness, — selfishness and sensuality causing constant retrogression, — our moral progress will
be slow. Waking to Christ's demand, mortals 6
experience suffering. This causes them, even as drowning men, to make vigorous efforts to save themselves; and
through Christ's precious love these efforts are crowned 9
with success.

Wait for
reward

"Work out your own salvation," is the demand of
Life and Love, for to this end God worketh with you. 12
"Occupy till I come!" Wait for your reward, and "be not weary in well doing." If
your endeavors are beset by fearful odds, and you receive 15
no present reward, go not back to error, nor become a sluggard in the race.

When the smoke of battle clears away, you will discern 18
the good you have done, and receive according to your deserving. Love is not hasty to deliver us from
temptation, for Love means that we shall be tried and 21
purified.

Deliverance
not vicarious

Final deliverance from error, whereby we rejoice in 24
immortality, boundless freedom, and sinless sense, is not reached through paths of flowers nor by pinning
one's faith without works to another's vicarious effort. Whosoever believeth that wrath is righteous or 27
that divinity is appeased by human suffering, does not understand God.

Justice requires reformation of the sinner. Mercy 30
cancels the debt only when justice approves. Revenge is inadmissible. Wrath which is only appeased is not

1 destroyed, but partially indulged. Wisdom and Love
may require many sacrifices of self to save us from sin.
3 One sacrifice, however great, is insufficient to
pay the debt of sin. The atonement requires
constant self-immolation on the sinner's part. That
6 God's wrath should be vented upon His beloved Son, is
divinely unnatural. Such a theory is man-made. The
atonement is a hard problem in theology, but its scien-
9 tific explanation is, that suffering is an error of sinful sense
which Truth destroys, and that eventually both sin and suf-
fering will fall at the feet of everlasting Love.

Justice and
substitution

12 Rabbinical lore said: "He that taketh one doctrine,
firm in faith, has the Holy Ghost dwelling in him."
This preaching receives a strong rebuke in
15 the Scripture, "Faith without works is dead."
Faith, if it be mere belief, is as a pendulum swinging be-
tween nothing and something, having no fixity. Faith,
18 advanced to spiritual understanding, is the evidence gained
from Spirit, which rebukes sin of every kind and estab-
lishes the claims of God.

Doctrines
and faith

21 In Hebrew, Greek, Latin, and English, *faith* and the
words corresponding thereto have these two defini-
tions, *trustfulness* and *trustworthiness*. One
24 kind of faith trusts one's welfare to others.
Another kind of faith understands divine Love and how
to work out one's "own salvation, with fear and trem-
27 bling." "Lord, I believe; help thou mine unbelief!"
expresses the helplessness of a blind faith; whereas the
injunction, "Believe . . . and thou shalt be saved!"
30 demands self-reliant trustworthiness, which includes spir-
itual understanding and confides all to God.

Self-reliance
and confidence

The Hebrew verb *to believe* means also *to be firm* or

to be constant. This certainly applies to Truth and Love 1
understood and practised. Firmness in error will never
save from sin, disease, and death. 3

Life's healing
currents

Acquaintance with the original texts, and willingness
to give up human beliefs (established by hierarchies, and
instigated sometimes by the worst passions of 6
men), open the way for Christian Science to be
understood, and make the Bible the chart of life, where
the buoys and healing currents of Truth are pointed 9
out.

Radical
changes

He to whom "the arm of the Lord" is revealed will
believe our report, and rise into newness of life with re- 12
generation. This is having part in the atone-
ment; this is the understanding, in which
Jesus suffered and triumphed. The time is not distant 15
when the ordinary theological views of atonement will
undergo a great change, — a change as radical as that
which has come over popular opinions in regard to pre- 18
destination and future punishment.

Purpose of
crucifixion

Does erudite theology regard the crucifixion of Jesus
chiefly as providing a ready pardon for all sinners who 21
ask for it and are willing to be forgiven?
Does spiritualism find Jesus' death necessary
only for the presentation, after death, of the material 24
Jesus, as a proof that spirits can return to earth? Then
we must differ from them both.

The efficacy of the crucifixion lay in the practical af- 27
fection and goodness it demonstrated for mankind. The
truth had been lived among men; but until they saw that
it enabled their Master to triumph over the grave, his own 30
disciples could not admit such an event to be possible.
After the resurrection, even the unbelieving Thomas was

1 forced to acknowledge how complete was the great proof of
Truth and Love.

3 The spiritual essence of blood is sacrifice. The effi-
cacy of Jesus' spiritual offering is infinitely greater than
can be expressed by our sense of human

True flesh
and blood

6 blood. The material blood of Jesus was no
more efficacious to cleanse from sin when it was shed
upon "the accursed tree," than when it was flowing in
9 his veins as he went daily about his Father's business.
His true flesh and blood were his Life; and they truly eat
his flesh and drink his blood, who partake of that divine
12 Life.

Jesus taught the way of Life by demonstration, that
we may understand how this divine Principle heals
15 the sick, casts out error, and triumphs over
death. Jesus presented the ideal of God better
than could any man whose origin was less spiritual. By
18 his obedience to God, he demonstrated more spiritu-
ally than all others the Principle of being. Hence the
force of his admonition, "If ye love me, keep my com-
mandments."
21

Effective
triumph

Though demonstrating his control over sin and disease,
the great Teacher by no means relieved others from giving
24 the requisite proofs of their own piety. He worked for
their guidance, that they might demonstrate this power as
he did and understand its divine Principle. Implicit faith
27 in the Teacher and all the emotional love we can bestow
on him, will never alone make us imitators of him. We
must go and do likewise, else we are not improving the
great blessings which our Master worked and suffered to
30 bestow upon us. The divinity of the Christ was made
manifest in the humanity of Jesus.

	While we adore Jesus, and the heart overflows with	1
Individual experience	gratitude for what he did for mortals, — treading alone	
	his loving pathway up to the throne of	3
	glory, in speechless agony exploring the way	
	for us, — yet Jesus spares us not one individual experience, if we follow his commands faithfully; and all	6
	have the cup of sorrowful effort to drink in proportion	
	to their demonstration of his love, till all are redeemed	
	through divine Love.	9
Christ's demonstration	The Christ was the Spirit which Jesus implied in his	
	own statements: "I am the way, the truth, and the life;"	
	"I and my Father are one." This Christ,	12
	or divinity of the man Jesus, was his divine	
	nature, the godliness which animated him. Divine Truth,	
	Life, and Love gave Jesus authority over sin, sickness,	15
	and death. His mission was to reveal the Science of	
	celestial being, to prove what God is and what He does	
	for man.	18
Proof in practice	A musician demonstrates the beauty of the music he	
	teaches in order to show the learner the way by practice	
	as well as precept. Jesus' teaching and	21
	practice of Truth involved such a sacrifice	
	as makes us admit its Principle to be Love. This was	
	the precious import of our Master's sinless career and	24
	of his demonstration of power over death. He proved	
	by his deeds that Christian Science destroys sickness, sin,	
	and death.	27
	Our Master taught no mere theory, doctrine, or belief.	
	It was the divine Principle of all real being which he	
	taught and practised. His proof of Christianity was no	30
	form or system of religion and worship, but Christian	
	Science, working out the harmony of Life and Love.	

1 Jesus sent a message to John the Baptist, which was in-
tended to prove beyond a question that the Christ had
3 come: "Go your way, and tell John what things ye have
seen and heard; how that the blind see, the lame walk,
the lepers are cleansed, the deaf hear, the dead are raised,
6 to the poor the gospel is preached." In other words:
Tell John what the demonstration of divine power is,
and he will at once perceive that God is the power in
9 the Messianic work.

That Life is God, Jesus proved by his reappearance
after the crucifixion in strict accordance with his scien-
12 tific statement: "Destroy this temple [body],
and in three days I [Spirit] will raise it up."
It is as if he had said: The I — the Life, substance,
15 and intelligence of the universe — is not in matter to
be destroyed.

Living
temple

Jesus' parables explain Life as never mingling with
18 sin and death. He laid the axe of Science at the root
of material knowledge, that it might be ready to cut
down the false doctrine of pantheism, — that God, or
21 Life, is in or of matter.

Jesus sent forth seventy students at one time, but only
eleven left a desirable historic record. Tradition credits
24 him with two or three hundred other disciples
who have left no name. "Many are called,
but few are chosen." They fell away from grace because
27 they never truly understood their Master's instruction.

Recreant
disciples

Why do those who profess to follow Christ reject the
essential religion he came to establish? Jesus' persecu-
30 tors made their strongest attack upon this very point.
They endeavored to hold him at the mercy of matter and
to kill him according to certain assumed material laws.

	The Pharisees claimed to know and to teach the di-	1
Help and hindrance	vine will, but they only hindered the success of Jesus' mission. Even many of his students stood	3
	in his way. If the Master had not taken a student and taught the unseen verities of God, he would not have been crucified. The determination to hold Spirit	6
	in the grasp of matter is the persecutor of Truth and Love.	
	While respecting all that is good in the Church or out of it, one's consecration to Christ is more on the ground of demonstration than of profession. In conscience, we cannot hold to beliefs outgrown; and by understanding	9
	more of the divine Principle of the deathless Christ, we are enabled to heal the sick and to triumph over sin.	12
Misleading conceptions	Neither the origin, the character, nor the work of Jesus was generally understood. Not a single component part of his nature did the material	15
	world measure aright. Even his righteousness and purity did not hinder men from saying: He is a glutton and a friend of the impure, and Beelzebub is his patron.	18
		21
Persecution prolonged	Remember, thou Christian martyr, it is enough if thou art found worthy to unloose the sandals of thy Master's feet! To suppose that persecution	24
	for righteousness' sake belongs to the past, and that Christianity to-day is at peace with the world because it is honored by sects and societies, is to mistake the very nature of religion. Error repeats itself.	27
	The trials encountered by prophet, disciple, and apostle, "of whom the world was not worthy," await, in some form, every pioneer of truth.	30
	There is too much animal courage in society and not	

1 sufficient moral courage. Christians must take up arms
 against error at home and abroad. They must grapple
 3 with sin in themselves and in others, and
 continue this warfare until they have finished
 their course. If they keep the faith, they will have the
 6 crown of rejoicing.

Christian
warfare

Christian experience teaches faith in the right and dis-
 belief in the wrong. It bids us work the more earnestly
 9 in times of persecution, because then our labor is more
 needed. Great is the reward of self-sacrifice, though we
 may never receive it in this world.

12 There is a tradition that Publius Lentulus wrote to
 the authorities at Rome: "The disciples of Jesus be-
 lieve him the Son of God." Those instructed
 15 in Christian Science have reached the glori-
 ous perception that God is the only author of man.
 The Virgin-mother conceived this idea of God, and
 18 gave to her ideal the name of Jesus — that is, Joshua,
 or Saviour.

The Father-
hood of God

The illumination of Mary's spiritual sense put to
 21 silence material law and its order of generation, and
 brought forth her child by the revelation of
 Truth, demonstrating God as the Father of
 24 men. The Holy Ghost, or divine Spirit, overshadowed
 the pure sense of the Virgin-mother with the full recog-
 nition that being is Spirit. The Christ dwelt forever
 27 an idea in the bosom of God, the divine Principle of the
 man Jesus, and woman perceived this spiritual idea,
 though at first faintly developed.

Spiritual
conception

30 Man as the offspring of God, as the idea of Spirit,
 is the immortal evidence that Spirit is harmonious and
 man eternal. Jesus was the offspring of Mary's self-

conscious communion with God. Hence he could give 1
 a more spiritual idea of life than other men, and could
 demonstrate the Science of Love — his Father or divine 3
 Principle.

Jesus the
 way-shower

Born of a woman, Jesus' advent in the flesh partook 6
 partly of Mary's earthly condition, although he was en-
 dowed with the Christ, the divine Spirit, with-
 out measure. This accounts for his struggles
 in Gethsemane and on Calvary, and this enabled him to 9
 be the mediator, or *way-shower*, between God and men.
 Had his origin and birth been wholly apart from mortal
 usage, Jesus would not have been appreciable to mortal 12
 mind as "the way."

Rabbi and priest taught the Mosaic law, which said:
 "An eye for an eye," and "Whoso sheddeth man's blood, 15
 by man shall his blood be shed." Not so did Jesus, the
 new executor for God, present the divine law of Love,
 which blesses even those that curse it. 18

Rebukes the
 helpful

As the individual ideal of Truth, Christ Jesus came to
 rebuke rabbinical error and all sin, sickness, and death, —
 to point out the way of Truth and Life. This 21
 ideal was demonstrated throughout the whole
 earthly career of Jesus, showing the difference between
 the offspring of Soul and of material sense, of Truth and 24
 of error.

If we have triumphed sufficiently over the errors of
 material sense to allow Soul to hold the control, we 27
 shall loathe sin and rebuke it under every mask. Only
 in this way can we bless our enemies, though they
 may not so construe our words. We cannot choose for 30
 ourselves, but must work out our salvation in the way
 Jesus taught. In meekness and might, he was found

1 preaching the gospel to the poor. Pride and fear are unfit
to bear the standard of Truth, and God will never place
3 it in such hands.

Jesus acknowledged no ties of the flesh. He said: "Call
no man your father upon the earth: for one is your Father,
6 which is in heaven." Again he asked: "Who
is my mother, and who are my brethren," im-
plying that it is they who do the will of his Father. We
9 have no record of his calling any man by the name of
father. He recognized Spirit, God, as the only creator, and
therefore as the Father of all.

Fleshly ties
temporal

12 First in the list of Christian duties, he taught his fol-
lowers the healing power of Truth and Love. He attached
no importance to dead ceremonies. It is the
15 living Christ, the practical Truth, which makes
Jesus "the resurrection and the life" to all who follow him
in deed. Obeying his precious precepts, — following his
18 demonstration so far as we apprehend it, — we drink of
his cup, partake of his bread, are baptized with his pu-
rity; and at last we shall rest, sit down with him, in a full
21 understanding of the divine Principle which triumphs
over death. For what says Paul? "As often as ye eat
this bread, and drink this cup, ye do show the Lord's
24 death till he come."

Healing
primary

Referring to the materiality of the age, Jesus said:
"The hour cometh, and now is, when the true wor-
27 shippers shall worship the Father in spirit
and in truth." Again, foreseeing the perse-
cution which would attend the Science of Spirit, Jesus
30 said: "They shall put you out of the synagogues; yea,
the time cometh, that whosoever killeth you will think
that he doeth God service; and these things will they

Painful
prospect

do unto you, because they have not known the Father
nor me." 1

Sacred
sacrament

In ancient Rome a soldier was required to swear 3
allegiance to his general. The Latin word for this oath
was *sacramentum*, and our English word
sacrament is derived from it. Among the 6
Jews it was an ancient custom for the master of a
feast to pass each guest a cup of wine. But the
Eucharist does not commemorate a Roman soldier's 9
oath, nor was the wine, used on convivial occasions and
in Jewish rites, the cup of our Lord. The cup shows
forth his bitter experience, — the cup which he prayed 12
might pass from him, though he bowed in holy submis-
sion to the divine decree.

"As they were eating, Jesus took bread, and blessed 15
it and brake it, and gave it to the disciples, and said,
Take, eat; this is my body. And he took the cup, and
gave thanks, and gave it to them saying, Drink ye all 18
of it."

Spiritual
refreshment

The true sense is spiritually lost, if the sacrament is
confined to the use of bread and wine. The disciples 21
had eaten, yet Jesus prayed and gave them
bread. This would have been foolish in a
literal sense; but in its spiritual signification, it was nat- 24
ural and beautiful. Jesus prayed; he withdrew from the
material senses to refresh his heart with brighter, with
spiritual views. 27

Jesus' sad
repast

The Passover, which Jesus ate with his disciples in
the month Nisan on the night before his crucifixion,
was a mournful occasion, a sad supper taken 30
at the close of day, in the twilight of a
glorious career with shadows fast falling around; and

1 this supper closed forever Jesus' ritualism or concessions
to matter.

3 His followers, sorrowful and silent, anticipating the hour
of their Master's betrayal, partook of the heavenly manna,
which of old had fed in the wilderness the
6 persecuted followers of Truth. Their bread
indeed came down from heaven. It was the great truth
of spiritual being, healing the sick and casting out error.
9 Their Master had explained it all before, and now this
bread was feeding and sustaining them. They had borne
this bread from house to house, *breaking* (explaining) it to
12 others, and now it comforted themselves.

Heavenly
supplies

For this truth of spiritual being, their Master was about
to suffer violence and drain to the dregs his cup of sorrow.
15 He must leave them. With the great glory of an everlast-
ing victory overshadowing him, he gave thanks and said,
"Drink ye all of it."

18 When the human element in him struggled with the
divine, our great Teacher said: "Not my will, but
Thine, be done!" — that is, Let not the flesh,
21 but the Spirit, be represented in me. This
is the new understanding of spiritual Love. It gives all
for Christ, or Truth. It blesses its enemies, heals the
24 sick, casts out error, raises the dead from trespasses
and sins, and preaches the gospel to the poor, the meek
in heart.

The holy
struggle

27 Christians, are you drinking his cup? Have you
shared the blood of the New Covenant, the persecutions
which attend a new and higher understand-
30 ing of God? If not, can you then say that
you have commemorated Jesus in his cup? Are all
who eat bread and drink wine in memory of Jesus willing

Incisive
questions

truly to drink his cup, take his cross, and leave all for the Christ-principle? Then why ascribe this inspiration to a dead rite, instead of showing, by casting out error and making the body “holy, acceptable unto God,” that Truth has come to the understanding? If Christ, Truth, has come to us in demonstration, no other commemoration is requisite, for demonstration is Immanuel, or *God with us*; and if a friend be with us, why need we memorials of that friend?

Millennial glory If all who ever partook of the sacrament had really commemorated the sufferings of Jesus and drunk of his cup, they would have revolutionized the world. If all who seek his commemoration through material symbols will take up the cross, heal the sick, cast out evils, and preach Christ, or Truth, to the poor, — the receptive thought, — they will bring in the millennium.

Fellowship with Christ Through all the disciples experienced, they became more spiritual and understood better what the Master had taught. His resurrection was also their resurrection. It helped them to raise themselves and others from spiritual dulness and blind belief in God into the perception of infinite possibilities. They needed this quickening, for soon their dear Master would rise again in the spiritual realm of reality, and ascend far above their apprehension. As the reward for his faithfulness, he would disappear to material sense in that change which has since been called the ascension.

The last breakfast What a contrast between our Lord’s last supper and his last spiritual breakfast with his disciples in the bright morning hours at the joyful meeting on the shore of the Galilean Sea! His gloom

1 had passed into glory, and his disciples' grief into repent-
 2 ance, — hearts chastened and pride rebuked. Convinced
 3 of the fruitlessness of their toil in the dark and wakened
 by their Master's voice, they changed their methods, turned
 away from material things, and cast their net on the right
 6 side. Discerning Christ, Truth, anew on the shore of
 time, they were enabled to rise somewhat from mortal
 sensuousness, or the burial of mind in matter, into new-
 9 ness of life as Spirit.

This spiritual meeting with our Lord in the dawn of a
 new light is the morning meal which Christian Scientists
 12 commemorate. They bow before Christ, Truth, to re-
 ceive more of his reappearing and silently to commune
 with the divine Principle, Love. They celebrate their
 15 Lord's victory over death, his probation in the flesh
 after death, its exemplification of human probation, and
 his spiritual and final ascension above matter, or the flesh,
 18 when he rose out of material sight.

Our baptism is a purification from all error. Our
 church is built on the divine Principle, Love. We can
 21 unite with this church only as we are new-
 born of Spirit, as we reach the Life which
 is Truth and the Truth which is Life by bringing forth
 24 the fruits of Love, — casting out error and healing the
 sick. Our Eucharist is spiritual communion with the one
 God. Our bread, "which cometh down from heaven,"
 27 is Truth. Our cup is the cross. Our wine the inspira-
 tion of Love, the draught our Master drank and com-
 mended to his followers.

30 The design of Love is to reform the sinner. If the
 sinner's punishment here has been insufficient to re-
 form him, the good man's heaven would be a hell to

Spiritual
Eucharist

	the sinner. They, who know not purity and affection by	1
	experience, can never find bliss in the blessed company of	
Final	Truth and Love simply through translation	3
purpose	into another sphere. Divine Science reveals	
	the necessity of sufficient suffering, either before or after	
	death, to quench the love of sin. To remit the penalty	6
	due for sin, would be for Truth to pardon error. Escape	
	from punishment is not in accordance with God's govern-	
	ment, since justice is the handmaid of mercy.	9
	Jesus endured the shame, that he might pour his	
	dear-bought bounty into barren lives. What was his	
	earthly reward? He was forsaken by all save John,	12
	the beloved disciple, and a few women who bowed in	
	silent woe beneath the shadow of his cross. The earthly	
	price of spirituality in a material age and the great moral	15
	distance between Christianity and sensualism preclude	
	Christian Science from finding favor with the worldly-	
	minded.	18
	A selfish and limited mind may be unjust, but the un-	
	limited and divine Mind is the immortal law of justice as	
Righteous	well as of mercy. It is quite as impossible for	21
retribution	sinners to receive their full punishment this	
	side of the grave as for this world to bestow on the right-	
	eous their full reward. It is useless to suppose that the	24
	wicked can gloat over their offences to the last moment	
	and then be suddenly pardoned and pushed into heaven,	
	or that the hand of Love is satisfied with giving us only	27
	toil, sacrifice, cross-bearing, multiplied trials, and mock-	
	ery of our motives in return for our efforts at well doing.	
Vicarious	Religious history repeats itself in the suf-	30
suffering	fering of the just for the unjust. Can God	
	therefore overlook the law of righteousness which de-	

1 stroys the belief called sin? Does not Science show that
 sin brings suffering as much to-day as yesterday? They
 3 who sin must suffer. "With what measure ye mete, it
 shall be measured to you again."

History is full of records of suffering. "The blood of
 6 the martyrs is the seed of the Church." Mortals try in
 vain to slay Truth with the steel or the stake,
 but error falls only before the sword of Spirit.

Martyrs
inevitable

9 Martyrs are the human links which connect one stage with
 another in the history of religion. They are earth's lumi-
 naries, which serve to cleanse and rarefy the atmosphere of
 12 material sense and to permeate humanity with purer ideals.
 Consciousness of right-doing brings its own reward; but
 not amid the smoke of battle is merit seen and appreciated
 15 by lookers-on.

When will Jesus' professed followers learn to emulate
 him in *all* his ways and to imitate his mighty works?
 18 Those who procured the martyrdom of that
 righteous man would gladly have turned his
 sacred career into a mutilated doctrinal platform. May
 21 the Christians of to-day take up the more practical im-
 port of that career! It is possible, — yea, it is the duty
 and privilege of every child, man, and woman, — to follow
 24 in some degree the example of the Master by the demon-
 stration of Truth and Life, of health and holiness. Chris-
 tians claim to be his followers, but do they follow him in
 27 the way that he commanded? Hear these imperative com-
 mands: "Be ye therefore perfect, even as your Father
 which is in heaven is perfect!" "Go ye into all the world,
 30 and preach the gospel to every creature!" "*Heal the
 sick!*"

Complete
emulation

Why has this Christian demand so little inspiration

Jesus'
teaching
belittled

to stir mankind to Christian effort? Because men are 1
assured that this command was intended only for a par-
ticular period and for a select number of fol- 3
lowers. This teaching is even more pernicious
than the old doctrine of foreordination, — the election of a
few to be saved, while the rest are damned; and so it will 6
be considered, when the lethargy of mortals, produced
by man-made doctrines, is broken by the demands of
divine Science. 9

Jesus said: "These signs shall follow them that be-
lieve; . . . they shall lay hands on the sick, and they
shall recover." Who believes him? He was addressing 12
his disciples, yet he did not say, "These signs shall follow
you," but *them* — "them that believe" in all time to come.
Here the word *hands* is used metaphorically, as in the text, 15
"The right hand of the Lord is exalted." It expresses
spiritual power; otherwise the healing could not have
been done spiritually. At another time Jesus prayed, not 18
for the twelve only, but for as many as should believe
"through their word."

Material
pleasures

Jesus experienced few of the pleasures of the physical 21
senses, but his sufferings were the fruits of other peo-
ple's sins, not of his own. The eternal Christ,
his spiritual selfhood, never suffered. Jesus 24
mapped out the path for others. He unveiled the Christ,
the spiritual idea of divine Love. To those buried in the
belief of sin and self, living only for pleasure or the grati- 27
fication of the senses, he said in substance: Having eyes
ye see not, and having ears ye hear not; lest ye should un-
derstand and be converted, and I might heal you. He 30
taught that the material senses shut out Truth and its
healing power.

1 Meekly our Master met the mockery of his unrecognized
 2 grandeur. Such indignities as he received, his fol-
 3 lowers will endure until Christianity's last
 triumph. He won eternal honors. He over-
 4 came the world, the flesh, and all error, thus proving
 5 their nothingness. He wrought a full salvation from sin,
 6 sickness, and death. We need "Christ, and him cruci-
 7 fied." We must have trials and self-denials, as well as
 8 joys and victories, until all error is destroyed.

Mockery
of truth

The educated belief that Soul is in the body causes
 10 mortals to regard death as a friend, as a stepping-stone
 11 out of mortality into immortality and bliss.
 12 The Bible calls death an enemy, and Jesus
 overcame death and the grave instead of yielding to them.
 13 He was "the way." To him, therefore, death was not
 14 the threshold over which he must pass into living
 15 glory.

A belief
suicidal

16 "Now," cried the apostle, "is the accepted time; be-
 17 hold, *now* is the day of salvation," — meaning, not that
 18 now men must prepare for a future-world salva-
 19 tion, or safety, but that now is the time in which
 20 to experience that salvation in spirit and in life. Now is
 21 the time for so-called material pains and material pleas-
 22 ures to pass away, for both are unreal, because impossible
 23 in Science. To break this earthly spell, mortals must get
 24 the true idea and divine Principle of all that really exists
 25 and governs the universe harmoniously. This thought is
 26 apprehended slowly, and the interval before its attain-
 27 ment is attended with doubts and defeats as well as
 28 triumphs.

Present
salvation

Who will stop the practice of sin so long as he believes
 in the pleasures of sin? When mortals once admit that

evil confers no pleasure, they turn from it. Remove error 1
 from thought, and it will not appear in effect. The ad-
 vanced thinker and devout Christian, perceiv- 3
 ing the scope and tendency of Christian healing
 and its Science, will support them. Another will say:
 "Go thy way for this time; when I have a convenient 6
 season I will call for thee."

Sin and
penalty

Divine Science adjusts the balance as Jesus adjusted
 it. Science removes the penalty only by first removing 9
 the sin which incurs the penalty. This is my sense of
 divine pardon, which I understand to mean God's method
 of destroying sin. If the saying is true, "While there's 12
 life there's hope," its opposite is also true, While there's
 sin there's doom. Another's suffering cannot lessen our
 own liability. Did the martyrdom of Savonarola make 15
 the crimes of his implacable enemies less criminal?

Suffering
inevitable

Was it just for Jesus to suffer? No; but it was
 inevitable, for not otherwise could he show us the way 18
 and the power of Truth. If a career so great
 and good as that of Jesus could not avert a
 felon's fate, lesser apostles of Truth may endure human 21
 brutality without murmuring, rejoicing to enter into
 fellowship with him through the triumphal arch of
 Truth and Love. 24

Service and
worship

Our heavenly Father, divine Love, demands that all
 men should follow the example of our Master and his
 apostles and not merely worship his personal- 27
 ity. It is sad that the phrase *divine service*
 has come so generally to mean public worship instead of
 daily deeds. 30

The nature of Christianity is peaceful and blessed,
 but in order to enter into the kingdom, the anchor of

1 hope must be cast beyond the veil of matter into the
 Shekinah into which Jesus has passed before us; and
 3 this advance beyond matter must come
 through the joys and triumphs of the right-
 eous as well as through their sorrows and afflictions.
 6 Like our Master, we must depart from material sense
 into the spiritual sense of being.

Within
the veil

The God-inspired walk calmly on though it be with
 9 bleeding footprints, and in the hereafter they will reap
 what they now sow. The pampered hypo-
 crite may have a flowery pathway here, but
 12 he cannot forever break the Golden Rule and escape the
 penalty due.

The thorns
and flowers

The proofs of Truth, Life, and Love, which Jesus gave
 15 by casting out error and healing the sick, completed his
 earthly mission; but in the Christian Church
 this demonstration of healing was early lost,
 18 about three centuries after the crucifixion. No ancient
 school of philosophy, *materia medica*, or scholastic theol-
 ogy ever taught or demonstrated the divine healing of
 21 absolute Science.

Healing
early lost

Jesus foresaw the reception Christian Science would have
 before it was understood, but this foreknowledge hindered
 24 him not. He fulfilled his God-mission, and
 then sat down at the right hand of the Father.
 Persecuted from city to city, his apostles still went about
 27 doing good deeds, for which they were maligned and
 stoned. The truth taught by Jesus, the elders scoffed at.
 Why? Because it demanded more than they were willing
 30 to practise. It was enough for them to believe in a national
 Deity; but that belief, from their time to ours, has never
 made a disciple who could cast out evils and heal the sick.

Immortal
achieval

Jesus' life proved, divinely and scientifically, that God is Love, whereas priest and rabbi affirmed God to be a mighty potentate, who loves and hates. The Jewish theology gave no hint of the unchanging love of God.

A belief
in death

The universal belief in death is of no advantage. It cannot make Life or Truth apparent. Death will be found at length to be a mortal dream, which comes in darkness and disappears with the light.

Cruel
desertion

The "man of sorrows" was in no peril from salary or popularity. Though entitled to the homage of the world and endorsed pre-eminently by the approval of God, his brief triumphal entry into Jerusalem was followed by the desertion of all save a few friends, who sadly followed him to the foot of the cross.

Death
outdone

The resurrection of the great demonstrator of God's power was the proof of his final triumph over body and matter, and gave full evidence of divine Science, — evidence so important to mortals. The belief that man has existence or mind separate from God is a dying error. This error Jesus met with divine Science and proved its nothingness. Because of the wondrous glory which God bestowed on His anointed, temptation, sin, sickness, and death had no terror for Jesus. Let men think they had killed the body! Afterwards he would show it to them unchanged. This demonstrates that in Christian Science the true man is governed by God — by good, not evil — and is therefore not a mortal but an immortal. Jesus had taught his disciples the Science of this proof. He was here to enable them to test his still uncomprehended saying, "He that believeth on me, the works that I do shall he do also." They must understand more fully his Life-principle by casting

1 out error, healing the sick, and raising the dead, even as
they did understand it after his bodily departure.

3 The magnitude of Jesus' work, his material disappearance
before their eyes and his reappearance, all enabled
the disciples to understand what Jesus had
6 said. Heretofore they had only believed;
now they understood. The advent of this understanding
is what is meant by the descent of the Holy Ghost, — that
9 influx of divine Science which so illuminated the Pentecos-
tal Day and is now repeating its ancient history.

Pentecost
repeated

Jesus' last proof was the highest, the most convincing,
12 the most profitable to his students. The malignity of
brutal persecutors, the treason and suicide of
his betrayer, were overruled by divine Love to
15 the glorification of the man and of the true idea of God,
which Jesus' persecutors had mocked and tried to slay.
The final demonstration of the truth which Jesus taught,
18 and for which he was crucified, opened a new era for the
world. Those who slew him to stay his influence perpetu-
ated and extended it.

Convincing
evidence

21 Jesus rose higher in demonstration because of the cup
of bitterness he drank. Human law had condemned
him, but he was demonstrating divine Science.

24 Out of reach of the barbarity of his enemies,
he was acting under spiritual law in defiance of mat-
ter and mortality, and that spiritual law sustained him.
27 The divine must overcome the human at every point.
The Science Jesus taught and lived must triumph over
all material beliefs about life, substance, and intelli-
30 gence, and the multitudinous errors growing from such
beliefs.

Divine
victory

Love must triumph over hate. Truth and Life must

seal the victory over error and death, before the thorns 1
 can be laid aside for a crown, the benediction follow,
 "Well done, good and faithful servant," and the suprem- 3
 acy of Spirit be demonstrated.

Jesus in
 the tomb

The lonely precincts of the tomb gave Jesus a refuge 6
 from his foes, a place in which to solve the great
 problem of being. His three days' work in
 the sepulchre set the seal of eternity on time.
 He proved Life to be deathless and Love to be the mas- 9
 ter of hate. He met and mastered on the basis of Chris-
 tian Science, the power of Mind over matter, all the claims
 of medicine, surgery, and hygiene. 12

He took no drugs to allay inflammation. He did not
 depend upon food or pure air to resuscitate wasted 15
 energies. He did not require the skill of a surgeon to
 heal the torn palms and bind up the wounded side and
 lacerated feet, that he might use those hands to remove
 the napkin and winding-sheet, and that he might employ 18
 his feet as before.

The deific
 naturalism

Could it be called supernatural for the God of nature
 to sustain Jesus in his proof of man's truly derived power? 21
 It was a method of surgery beyond material
 art, but it was not a supernatural act. On
 the contrary, it was a divinely natural act, whereby divinity 24
 brought to humanity the understanding of the Christ-
 healing and revealed a method infinitely above that of
 human invention. 27

Obstacles
 overcome

His disciples believed Jesus to be dead while he was
 hidden in the sepulchre, whereas he was alive, demon-
 strating within the narrow tomb the power 30
 of Spirit to overrule mortal, material sense.
 There were rock-ribbed walls in the way, and a great

1 stone must be rolled from the cave's mouth; but Jesus
 vanquished every material obstacle, overcame every law
 3 of matter, and stepped forth from his gloomy resting-place,
 crowned with the glory of a sublime success, an everlasting
 victory.

6 Our Master fully and finally demonstrated divine Sci-
 ence in his victory over death and the grave. Jesus'
 deed was for the enlightenment of men and
 9 for the salvation of the whole world from sin,
 sickness, and death. Paul writes: "For if, when we were
 enemies, we were reconciled to God by the [seeming] death
 12 of His Son, much more, being reconciled, we shall be saved
 by his life." Three days after his bodily burial he talked
 with his disciples. The persecutors had failed to hide im-
 mortal Truth and Love in a sepulchre.

Victory over
the grave

Glory be to God, and peace to the struggling hearts!
 Christ hath rolled away the stone from the door of hu-
 18 man hope and faith, and through the reve-
 lation and demonstration of life in God, hath
 elevated them to possible at-one-ment with the spiritual
 21 idea of man and his divine Principle, Love.

The stone
rolled away

They who earliest saw Jesus after the resurrection
 and beheld the final proof of all that he had taught,
 24 misconstrued that event. Even his disciples
 at first called him a spirit, ghost, or spectre,
 for they believed his body to be dead. His reply was:
 27 "Spirit hath not flesh and bones, as ye see me have."
 The reappearing of Jesus was not the return of a spirit.
 He presented the same body that he had before his cru-
 cifixion, and so glorified the supremacy of Mind over
 30 matter.

After the
resurrection

Jesus' students, not sufficiently advanced fully to un-

derstand their Master's triumph, did not perform many 1
wonderful works, until they saw him after his crucifixion
and learned that he had not died. This convinced them 3
of the truthfulness of all that he had taught.

**Spiritual
interpretation**

In the walk to Emmaus, Jesus was known to his friends
by the words, which made their hearts burn within them, 6
and by the breaking of bread. The divine
Spirit, which identified Jesus thus centuries
ago, has spoken through the inspired Word and will speak 9
through it in every age and clime. It is revealed to the
receptive heart, and is again seen casting out evil and
healing the sick. 12

**Corporeality
and Spirit**

The Master said plainly that physique was not Spirit,
and after his resurrection he proved to the physical senses
that his body was not changed until he himself 15
ascended, — or, in other words, rose even
higher in the understanding of Spirit, God. To convince
Thomas of this, Jesus caused him to examine the nail- 18
prints and the spear-wound.

**Spiritual
ascension**

Jesus' unchanged physical condition after what seemed
to be death was followed by his exaltation above all ma- 21
terial conditions; and this exaltation explained
his ascension, and revealed unmistakably a
probationary and progressive state beyond the grave. 24
Jesus was "the way;" that is, he marked the way for
all men. In his final demonstration, called the ascen-
sion, which closed the earthly record of Jesus, he rose 27
above the physical knowledge of his disciples, and the
material senses saw him no more.

His students then received the Holy Ghost. By this is 30
meant, that by all they had witnessed and suffered, they
were roused to an enlarged understanding of divine Sci-

1 ence, even to the spiritual interpretation and discernment
of Jesus' teachings and demonstrations, which gave them
3 a faint conception of the Life which is God.
They no longer measured man by material
sense. After gaining the true idea of their glorified Master,
6 they became better healers, leaning no longer on matter,
but on the divine Principle of their work. The influx of
light was sudden. It was sometimes an overwhelming
9 power as on the Day of Pentecost.

Pentecostal
power

 Judas conspired against Jesus. The world's ingratitude
and hatred towards that just man effected his betrayal.
12 The traitor's price was thirty pieces of silver
and the smiles of the Pharisees. He chose his
time, when the people were in doubt concerning Jesus'
15 teachings.

The traitor's
conspiracy

 A period was approaching which would reveal the in-
finite distance between Judas and his Master. Judas
18 Iscaiot knew this. He knew that the great goodness of
that Master placed a gulf between Jesus and his betrayer,
and this spiritual distance inflamed Judas' envy. The
21 greed for gold strengthened his ingratitude, and for a time
quieted his remorse. He knew that the world generally
loves a lie better than Truth, and so he plotted the be-
24 trayal of Jesus in order to raise himself in popular esti-
mation. His dark plot fell to the ground, and the
traitor fell with it.

27 The disciples' desertion of their Master in his last
earthly struggle was punished; each one came to a vio-
lent death except St. John, of whose death we have no
30 record.

 During his night of gloom and glory in the garden,
Jesus realized the utter error of a belief in any possi-

	ble material intelligence. The pangs of neglect and the	1
	staves of bigoted ignorance smote him sorely. His stu-	
Gethsemane glorified	dents slept. He said unto them: "Could ye	3
	not watch with me one hour?" Could they	
	not watch with him who, waiting and struggling in voice-	
	less agony, held uncomplaining guard over a world?	6
	There was no response to that human yearning, and so	
	Jesus turned forever away from earth to heaven, from	
	sense to Soul.	9
	Remembering the sweat of agony which fell in holy	
	benediction on the grass of Gethsemane, shall the hum-	
	blest or mightiest disciple murmur when he drinks from the	12
	same cup, and think, or even wish, to escape the exalt-	
	ing ordeal of sin's revenge on its destroyer? Truth and	
	Love bestow few palms until the consummation of a	15
	life-work.	
	Judas had the world's weapons. Jesus had not one	
	of them, and chose not the world's means of defence.	18
Defensive weapons	"He opened not his mouth." The great dem-	
	onstrator of Truth and Love was silent before	
	envy and hate. Peter would have smitten the enemies of	21
	his Master, but Jesus forbade him, thus rebuking re-	
	sentment or animal courage. He said: "Put up thy	
	sword."	24
	Pale in the presence of his own momentous question,	
	"What is Truth," Pilate was drawn into acquiescence	
Pilate's question	with the demands of Jesus' enemies. Pilate	27
	was ignorant of the consequences of his awful	
	decision against human rights and divine Love, knowing	
	not that he was hastening the final demonstration of what	30
	life is and of what the true knowledge of God can do for	
	man.	

1 The women at the cross could have answered Pilate's
question. They knew what had inspired their devotion,
3 winged their faith, opened the eyes of their understand-
ing, healed the sick, cast out evil, and caused the disciples
to say to their Master: "Even the devils are subject
6 unto us through thy name."

 Where were the seventy whom Jesus sent forth? Were
all conspirators save eleven? Had they forgotten the
9 great exponent of God? Had they so soon lost
sight of his mighty works, his toils, privations,
sacrifices, his divine patience, sublime courage, and unre-
12 quited affection? O, why did they not gratify his last
human yearning with one sign of fidelity?

Students'
ingratitude

 The meek demonstrator of good, the highest instruc-
15 tor and friend of man, met his earthly fate alone with
God. No human eye was there to pity, no
arm to save. Forsaken by all whom he had
18 blessed, this faithful sentinel of God at the highest
post of power, charged with the grandest trust of
heaven, was ready to be transformed by the renewing
21 of the infinite Spirit. He was to prove that the Christ
is not subject to material conditions, but is above the
reach of human wrath, and is able, through Truth,
24 Life, and Love, to triumph over sin, sickness, death, and
the grave.

Heaven's
sentinel

 The priests and rabbis, before whom he had meekly
27 walked, and those to whom he had given the highest
proofs of divine power, mocked him on the
cross, saying derisively, "He saved others;
30 himself he cannot save." These scoffers, who turned
"aside the right of a man before the face of the Most
High," esteemed Jesus as "stricken, smitten of God."

Cruel
contumely

“He is brought as a lamb to the slaughter, and as a sheep
before her shearers is dumb, so he openeth not his mouth.” 1
“Who shall declare his generation?” Who shall decide 3
what truth and love are?

A cry of
despair

The last supreme moment of mockery, desertion, tor-
ture, added to an overwhelming sense of the magnitude 6
of his work, wrung from Jesus’ lips the awful
cry, “My God, why hast Thou forsaken me?”
This despairing appeal, if made to a human parent, would 9
impugn the justice and love of a father who could with-
hold a clear token of his presence to sustain and bless so
faithful a son. The appeal of Jesus was made both to 12
his divine Principle, the God who is Love, and to himself,
Love’s pure idea. Had Life, Truth, and Love forsaken
him in his highest demonstration? This was a startling 15
question. No! They must abide in him and he in them,
or that hour would be shorn of its mighty blessing for the
human race. 18

Divine
Science mis-
understood

If his full recognition of eternal Life had for a mo-
ment given way before the evidence of the bodily senses,
what would his accusers have said? Even 21
what they did say, — that Jesus’ teachings
were false, and that all evidence of their cor-
rectness was destroyed by his death. But this saying 24
could not make it so.

The real
pillory

The burden of that hour was terrible beyond human
conception. The distrust of mortal minds, disbelieving 27
the purpose of his mission, was a million
times sharper than the thorns which pierced
his flesh. The real cross, which Jesus bore up the hill 30
of grief, was the world’s hatred of Truth and Love. Not
the spear nor the material cross wrung from his faithful

1 lips the plaintive cry, "*Eloi, Eloi, lama sabachthani?*" It
 was the possible loss of something more important than
 3 human life which moved him, — the possible misappre-
 hension of the sublimest influence of his career. This
 dread added the drop of gall to his cup.

6 Jesus could have withdrawn himself from his enemies.
 He had power to lay down a human sense of life for his
 spiritual identity in the likeness of the divine;
 9 but he allowed men to attempt the destruc-
 tion of the mortal body in order that he might furnish
 the proof of immortal life. Nothing could kill this Life
 12 of man. Jesus could give his temporal life into his
 enemies' hands; but when his earth-mission was accom-
 plished, his spiritual life, indestructible and eternal,
 15 was found forever the same. He knew that matter had
 no life and that real Life is God; therefore he could no
 more be separated from his spiritual Life than God could
 18 be extinguished.

Life-power
indestructible

His consummate example was for the salvation of us
 all, but only through doing the works which he did and
 21 taught others to do. His purpose in healing
 was not alone to restore health, but to demon-
 strate his divine Principle. He was inspired by God, by
 24 Truth and Love, in all that he said and did. The motives
 of his persecutors were pride, envy, cruelty, and vengeance,
 inflicted on the physical Jesus, but aimed at the divine Prin-
 27 ciple, Love, which rebuked their sensuality.

Example for
our salvation

Jesus was unselfish. His spirituality separated him
 from sensuousness, and caused the selfish materialist
 30 to hate him; but it was this spirituality which enabled
 Jesus to heal the sick, cast out evil, and raise the
 dead.

	From early boyhood he was about his "Father's business." His pursuits lay far apart from theirs. His master was Spirit; their master was matter. He served God; they served mammon. His affections were pure; theirs were carnal. His senses drank in the spiritual evidence of health, holiness, and life; their senses testified oppositely, and absorbed the material evidence of sin, sickness, and death.	1
Master's business		3
		6
	Their imperfections and impurity felt the ever-present rebuke of his perfection and purity. Hence the world's hatred of the just and perfect Jesus, and the prophet's foresight of the reception error would give him. "Despised and rejected of men," was Isaiah's graphic word concerning the coming Prince of Peace. Herod and Pilate laid aside old feuds in order to unite in putting to shame and death the best man that ever trod the globe. To-day, as of old, error and evil again make common cause against the exponents of truth.	9
Purity's rebuke		12
		15
	The "man of sorrows" best understood the nothingness of material life and intelligence and the mighty actuality of all-inclusive God, good. These were the two cardinal points of Mind-healing, or Christian Science, which armed him with Love. The highest earthly representative of God, speaking of human ability to reflect divine power, prophetically said to his disciples, speaking not for their day only but for all time: "He that believeth on me, the works that I do shall he do also;" and "These signs shall follow them that believe."	18
Saviour's prediction		21
		24
		27
Defamatory accusations	The accusations of the Pharisees were as self-contradictory as their religion. The bigot, the debauchee, the hypocrite, called Jesus a glutton and a wine-bibber. They said: "He casteth out devils	30

1 through Beelzebub," and is the "friend of publicans and
 2 sinners." The latter accusation was true, but not in their
 3 meaning. Jesus was no ascetic. He did not fast as did
 the Baptist's disciples; yet there never lived a man so far
 removed from appetites and passions as the Nazarene.
 6 He rebuked sinners pointedly and unflinchingly, because
 he was their friend; hence the cup he drank.

7 The reputation of Jesus was the very opposite of his
 9 character. Why? Because the divine Principle and
 practice of Jesus were misunderstood. He
 was at work in divine Science. His words
 12 and works were unknown to the world because above
 and contrary to the world's religious sense. Mortals be-
 lieved in God as humanly mighty, rather than as divine,
 15 infinite Love.

Reputation
and character

The world could not interpret aright the discomfort
 which Jesus inspired and the spiritual blessings which
 18 might flow from such discomfort. Science
 shows the cause of the shock so often pro-
 duced by the truth, — namely, that this shock arises from
 21 the great distance between the individual and Truth.
 Like Peter, we should weep over the warning, instead of
 denying the truth or mocking the lifelong sacrifice which
 24 goodness makes for the destruction of evil.

Inspiring
discontent

Jesus bore our sins in his body. He knew the
 mortal errors which constitute the material body, and
 27 could destroy those errors; but at the time
 when Jesus felt our infirmities, he had not
 conquered all the beliefs of the flesh or his sense of ma-
 30 terial life, nor had he risen to his final demonstration of
 spiritual power.

Bearing
our sins

Had he shared the sinful beliefs of others, he would

have been less sensitive to those beliefs. Through the 1
 magnitude of his human life, he demonstrated the divine
 Life. Out of the amplitude of his pure affection, he de- 3
 fined Love. With the affluence of Truth, he vanquished
 error. The world acknowledged not his righteousness,
 seeing it not; but earth received the harmony his glorified 6
 example introduced.

Inspiration
 of sacrifice

Who is ready to follow his teaching and example? All 9
 must sooner or later plant themselves in Christ, the true
 idea of God. That he might liberally pour
 his dear-bought treasures into empty or sin- 12
 filled human storehouses, was the inspiration of Jesus'
 intense human sacrifice. In witness of his divine com-
 mission, he presented the proof that Life, Truth, and 15
 Love heal the sick and the sinning, and triumph over
 death through Mind, not matter. This was the highest
 proof he could have offered of divine Love. His hearers
 understood neither his words nor his works. They 18
 would not accept his meek interpretation of life nor
 follow his example.

Spiritual
 friendship

His earthly cup of bitterness was drained to the 21
 dregs. There adhered to him only a few unpretentious
 friends, whose religion was something more
 than a name. It was so vital, that it en- 24
 abled them to understand the Nazarene and to share
 the glory of eternal life. He said that those who fol-
 lowed him should drink of his cup, and history has con- 27
 firmed the prediction.

Injustice to
 the Saviour

If that Godlike and glorified man were physically on 30
 earth to-day, would not some, who now pro-
 fess to love him, reject him? Would they
 not deny him even the rights of humanity, if he enter-

1 tained any other sense of being and religion than theirs?
 The advancing century, from a deadened sense of the
 3 invisible God, to-day subjects to unchristian comment and
 usage the idea of Christian healing enjoined by Jesus; but
 this does not affect the invincible facts.

6 Perhaps the early Christian era did Jesus no more
 injustice than the later centuries have bestowed upon
 the healing Christ and spiritual idea of being. Now
 9 that the gospel of healing is again preached by the
 wayside, does not the pulpit sometimes scorn it? But
 that curative mission, which presents the Saviour in a
 12 clearer light than mere words can possibly do, cannot be
 left out of Christianity, although it is again ruled out of
 the synagogue.

15 Truth's immortal idea is sweeping down the centuries,
 gathering beneath its wings the sick and sinning. My
 weary hope tries to realize that happy day, when man shall
 18 recognize the Science of Christ and love his neighbor as
 himself, — when he shall realize God's omnipotence and
 the healing power of the divine Love in what it has done
 21 and is doing for mankind. The promises will be ful-
 filled. The time for the reappearing of the divine healing
 is throughout all time; and whosoever layeth his earthly
 24 all on the altar of divine Science, drinketh of Christ's
 cup now, and is endued with the spirit and power of
 Christian healing.

27 In the words of St. John: "He shall give you another
 Comforter, that he may abide with you *forever*." This
 Comforter I understand to be Divine Science.

Marriage

*What therefore God hath joined together,
let not man put asunder.*

*In the resurrection they neither marry,
nor are given in marriage,
but are as the angels of God in heaven. — JESUS.*

When our great Teacher came to him for baptism, 1
John was astounded. Reading his thoughts, Jesus 3
added: “Suffer it to be so now: for thus it becometh us 3
to fulfil all righteousness.” Jesus’ concessions (in certain 3
cases) to material methods were for the advancement of 6
spiritual good. 6

Marriage
temporal

Marriage is the legal and moral provision for genera-
tion among human kind. Until the spiritual creation
is discerned intact, is apprehended and under- 9
stood, and His kingdom is come as in the vision
of the Apocalypse, — where the corporeal sense of crea-
tion was cast out, and its spiritual sense was revealed from 12
heaven, — marriage will continue, subject to such moral
regulations as will secure increasing virtue.

Fidelity
required

Infidelity to the marriage covenant is the social scourge 15
of all races, “the pestilence that walketh in darkness,
. . . the destruction that wasteth at noonday.”
The commandment, “Thou shalt not com- 18
mit adultery,” is no less imperative than the one, “Thou
shalt not kill.”

1 Chastity is the cement of civilization and progress.
 Without it there is no stability in society, and without it
 3 one cannot attain the Science of Life.

Union of the masculine and feminine qualities consti-
 tutes completeness. The masculine mind reaches a
 6 higher tone through certain elements of the
 feminine, while the feminine mind gains cour-
 age and strength through masculine qualities. These
 9 different elements conjoin naturally with each other, and
 their true harmony is in spiritual oneness. Both sexes
 should be loving, pure, tender, and strong. The attrac-
 12 tion between native qualities will be perpetual only as it
 is pure and true, bringing sweet seasons of renewal like
 the returning spring.

**Mental
elements**

15 Beauty, wealth, or fame is incompetent to meet the
 demands of the affections, and should never weigh
 against the better claims of intellect, good-
 18 ness, and virtue. Happiness is spiritual,
 born of Truth and Love. It is unselfish; therefore
 it cannot exist alone, but requires all mankind to
 21 share it.

**Affection's
demands**

Human affection is not poured forth vainly, even
 though it meet no return. Love enriches the nature, en-
 24 larging, purifying, and elevating it. The wintry
 blasts of earth may uproot the flowers of affec-
 tion, and scatter them to the winds; but this severance
 27 of fleshly ties serves to unite thought more closely to
 God, for Love supports the struggling heart until it ceases
 to sigh over the world and begins to unfold its wings for
 30 heaven.

**Help and
discipline**

Marriage is unblest or blest, according to the disap-
 pointments it involves or the hopes it fulfils. To happy

existence by constant intercourse with those adapted to
elevate it, should be the motive of society. Unity of
spirit gives new pinions to joy, or else joy's drooping
wings trail in dust. 1 3

Chord and
discord

Ill-arranged notes produce discord. Tones of the
human mind may be different, but they should be con- 6
cordant in order to blend properly. Unselfish
ambition, noble life-motives, and purity, —
these constituents of thought, mingling, constitute in- 9
dividually and collectively true happiness, strength, and
permanence.

Mutual
freedom

There is moral freedom in Soul. Never contract the 12
horizon of a worthy outlook by the selfish exaction of
all another's time and thoughts. With ad-
ditional joys, benevolence should grow more 15
diffusive. The narrowness and jealousy, which would
confine a wife or a husband forever within four walls, will
not promote the sweet interchange of confidence and love; 18
but on the other hand, a wandering desire for incessant
amusement outside the home circle is a poor augury for
the happiness of wedlock. Home is the dearest spot on 21
earth, and it should be the centre, though not the bound-
ary, of the affections.

A useful
suggestion

Said the peasant bride to her lover: "Two eat no more 24
together than they eat separately." This is a hint that
a wife ought not to court vulgar extravagance
or stupid ease, because another supplies her 27
wants. Wealth may obviate the necessity for toil or the
chance for ill-nature in the marriage relation, but noth-
ing can abolish the cares of marriage. 30

"She that is married careth . . . how she may please
her husband," says the Bible; and this is the pleasantest

1 thing to do. Matrimony should never be entered into
without a full recognition of its enduring obligations on
3 both sides. There should be the most tender
solicitude for each other's happiness, and mu-
tual attention and approbation should wait on all the years
6 of married life.

Differing
duties

Mutual compromises will often maintain a compact
which might otherwise become unbearable. Man should
9 not be required to participate in all the annoyances and
cares of domestic economy, nor should woman be ex-
pected to understand political economy. Fulfilling the
12 different demands of their united spheres, their sympa-
thies should blend in sweet confidence and cheer, each
partner sustaining the other, — thus hallowing the union
15 of interests and affections, in which the heart finds peace
and home.

Tender words and unselfish care in what promotes the
18 welfare and happiness of your wife will prove more salutary
in prolonging her health and smiles than stolid
indifference or jealousy. Husbands, hear this
21 and remember how slight a word or deed may renew the
old trysting-times.

Trysting
renewed

After marriage, it is too late to grumble over incompati-
24 bility of disposition. A mutual understanding should
exist before this union and continue ever after, for decep-
tion is fatal to happiness.

27 The nuptial vow should never be annulled, so long as
its moral obligations are kept intact; but the frequency
of divorce shows that the sacredness of this re-
30 lationship is losing its influence, and that fatal
mistakes are undermining its foundations. Separation
never should take place, and it never would, if both

Permanent
obligation

husband and wife were genuine Christian Scientists. 1
 Science inevitably lifts one's being higher in the scale of
 harmony and happiness. 3

Permanent
affection

Kindred tastes, motives, and aspirations are necessary
 to the formation of a happy and permanent companion- 6
 ship. The beautiful in character is also the
 good, welding indissolubly the links of affec-
 tion. A mother's affection cannot be weaned from her
 child, because the mother-love includes purity and con- 9
 stancy, both of which are immortal. Therefore maternal
 affection lives on under whatever difficulties.

From the logic of events we learn that selfishness 12
 and impurity alone are fleeting, and that wisdom will
 ultimately put asunder what she hath not joined
 together. 15

Centre for
affections

Marriage should improve the human species, becoming
 a barrier against vice, a protection to woman, strength to
 man, and a centre for the affections. This, 18
 however, in a majority of cases, is not its
 present tendency, and why? Because the education of
 the higher nature is neglected, and other considerations, 21
 — passion, frivolous amusements, personal adornment,
 display, and pride, — occupy thought.

Spiritual
concord

An ill-attuned ear calls discord harmony, not appreciat- 24
 ing concord. So physical sense, not discerning the true
 happiness of being, places it on a false basis.
 Science will correct the discord, and teach us 27
 life's sweeter harmonies.

Soul has infinite resources with which to bless mankind,
 and happiness would be more readily attained and would 30
 be more secure in our keeping, if sought in Soul. Higher
 enjoyments alone can satisfy the cravings of immortal

1 man. We cannot circumscribe happiness within the
limits of personal sense. The senses confer no real
3 enjoyment.

The good in human affections must have ascendancy
over the evil and the spiritual over the animal, or happi-
6 ness will never be won. The attainment of
this celestial condition would improve our
progeny, diminish crime, and give higher aims to ambi-
9 tion. Every valley of sin must be exalted, and every
mountain of selfishness be brought low, that the highway
of our God may be prepared in Science. The offspring
12 of heavenly-minded parents inherit more intellect, better
balanced minds, and sounder constitutions.

Ascendancy
of good

If some fortuitous circumstance places promising chil-
15 dren in the arms of gross parents, often these beautiful
children early droop and die, like tropical
flowers born amid Alpine snows. If perchance
18 they live to become parents in their turn, they may re-
produce in their own helpless little ones the grosser traits
of their ancestors. What hope of happiness, what noble
21 ambition, can inspire the child who inherits propensities
that must either be overcome or reduce him to a loath-
some wreck?

Propensities
inherited

24 Is not the propagation of the human species a greater
responsibility, a more solemn charge, than the culture of
your garden or the raising of stock to increase your flocks
27 and herds? Nothing unworthy of perpetuity should be
transmitted to children.

The formation of mortals must greatly improve to
30 advance mankind. The scientific *morale* of marriage is
spiritual unity. If the propagation of a higher human
species is requisite to reach this goal, then its material con-

ditions can only be permitted for the purpose of generating. The foetus must be kept mentally pure and the period of gestation have the sanctity of virginity. 1
3

The entire education of children should be such as to form habits of obedience to the moral and spiritual law, with which the child can meet and master the belief in so-called physical laws, a belief which breeds disease. 6

Inheritance
heeded

If parents create in their babes a desire for incessant amusement, to be always fed, rocked, tossed, or talked to, those parents should not, in after years, complain of their children's fretfulness or frivolity, which the parents themselves have occasioned. 9
12
Taking less "thought for your life, what ye shall eat, or what ye shall drink"; less thought "for your body what ye shall put on," will do much more for the health of the rising generation than you dream. Children should be allowed to remain children in knowledge, and should become men and women only through growth in the understanding of man's higher nature. 15
18

The Mind
creative

We must not attribute more and more intelligence to matter, but less and less, if we would be wise and healthy. The divine Mind, which forms the bud and blossom, will care for the human body, even as it clothes the lily; but let no mortal interfere with God's government by thrusting in the laws of erring, human concepts. 21
24

Superior law
of Soul

The higher nature of man is not governed by the lower; if it were, the order of wisdom would be reversed. 27
Our false views of life hide eternal harmony, and produce the ills of which we complain. 30
Because mortals believe in material laws and reject the Science of Mind, this does not make materiality first and

1 the superior law of Soul last. You would never think
 that flannel was better for warding off pulmonary disease
 3 than the controlling Mind, if you understood the Science
 of being.

In Science man is the offspring of Spirit. The beautiful, good, and pure constitute his ancestry. His origin is
 6 not, like that of mortals, in brute instinct, nor
 does he pass through material conditions prior
 9 to reaching intelligence. Spirit is his primitive and ultimate source of being; God is his Father, and Life is the law of his being.

Spiritual
origin

12 Civil law establishes very unfair differences between the
 rights of the two sexes. Christian Science furnishes no
 precedent for such injustice, and civilization
 15 mitigates it in some measure. Still, it is a
 marvel why usage should accord woman less rights than
 does either Christian Science or civilization.

The rights
of woman

18 Our laws are not impartial, to say the least, in their
 discrimination as to the person, property, and parental
 claims of the two sexes. If the elective fran-
 21 chise for women will remedy the evil with-
 out encouraging difficulties of greater magnitude, let us
 hope it will be granted. A feasible as well as rational
 24 means of improvement at present is the elevation of
 society in general and the achievement of a nobler
 race for legislation, — a race having higher aims and
 27 motives.

Unfair
discrimination

If a dissolute husband deserts his wife, certainly the
 wronged, and perchance impoverished, woman should be
 30 allowed to collect her own wages, enter into business
 agreements, hold real estate, deposit funds, and own her
 children free from interference.

Want of uniform justice is a crying evil caused by the selfishness and inhumanity of man. Our forefathers exercised their faith in the direction taught by the Apostle James, when he said: "Pure religion and undefiled before God and the Father, is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world."

Benevolence
hindered

Pride, envy, or jealousy seems on most occasions to be the master of ceremonies, ruling out primitive Christianity. When a man lends a helping hand to some noble woman, struggling alone with adversity, his wife should not say, "It is never well to interfere with your neighbor's business." A wife is sometimes debarred by a covetous domestic tyrant from giving the ready aid her sympathy and charity would afford.

Progressive
development

Marriage should signify a union of hearts. Furthermore, the time cometh of which Jesus spake, when he declared that in the resurrection there should be no more marrying nor giving in marriage, but man would be as the angels. Then shall Soul rejoice in its own, in which passion has no part. Then white-robed purity will unite in one person masculine wisdom and feminine love, spiritual understanding and perpetual peace.

Until it is learned that God is the Father of all, marriage will continue. Let not mortals permit a disregard of law which might lead to a worse state of society than now exists. Honesty and virtue ensure the stability of the marriage covenant. Spirit will ultimately claim its own, — all that really is, — and the voices of physical sense will be forever hushed.

1 Experience should be the school of virtue, and human
happiness should proceed from man's highest nature.

3 May Christ, Truth, be present at every bridal
altar to turn the water into wine and to give to
human life an inspiration by which man's spiritual and
6 eternal existence may be discerned.

Blessing
of Christ

If the foundations of human affection are consistent
with progress, they will be strong and enduring. Divorces
9 should warn the age of some fundamental error
in the marriage state. The union of the sexes
suffers fearful discord. To gain Christian Science and its
12 harmony, life should be more metaphysically regarded.

Righteous
foundations

The broadcast powers of evil so conspicuous to-day
show themselves in the materialism and sensualism of
15 the age, struggling against the advancing
spiritual era. Beholding the world's lack of
Christianity and the powerlessness of vows to make home
18 happy, the human mind will at length demand a higher
affection.

Powerless
promises

There will ensue a fermentation over this as over many
21 other reforms, until we get at last the clear straining of
truth, and impurity and error are left among
the lees. The fermentation even of fluids is
24 not pleasant. An unsettled, transitional stage is never
desirable on its own account. Matrimony, which was once
a fixed fact among us, must lose its present slippery foot-
27 ing, and man must find permanence and peace in a more
spiritual adherence.

Transition
and reform

The mental chemicalization, which has brought con-
30 jugal infidelity to the surface, will assuredly throw off
this evil, and marriage will become purer when the scum
is gone.

Thou art right, immortal Shakespeare, great poet of
humanity: 1

Sweet are the uses of adversity; 3
Which, like the toad, ugly and venomous,
Wears yet a precious jewel in his head.

Salutary
sorrow

Trials teach mortals not to lean on a material staff, — 6
a broken reed, which pierces the heart. We do not
half remember this in the sunshine of joy
and prosperity. Sorrow is salutary. Through 9
great tribulation we enter the kingdom. Trials are
proofs of God's care. Spiritual development germi-
nates not from seed sown in the soil of material hopes, 12
but when these decay, Love propagates anew the higher
joys of Spirit, which have no taint of earth. Each suc-
cessive stage of experience unfolds new views of divine 15
goodness and love.

Amidst gratitude for conjugal felicity, it is well to re-
member how fleeting are human joys. Amidst conjugal 18
infelicity, it is well to hope, pray, and wait patiently on
divine wisdom to point out the path.

Patience
is wisdom

Husbands and wives should never separate if there 21
is no Christian demand for it. It is better to await the
logic of events than for a wife precipitately
to leave her husband or for a husband to 24
leave his wife. If one is better than the other, as must
always be the case, the other pre-eminently needs good
company. Socrates considered patience salutary under 27
such circumstances, making his Xantippe a discipline for
his philosophy.

The gold
and dross

Sorrow has its reward. It never leaves us 30
where it found us. The furnace separates
the gold from the dross that the precious metal may

1 be graven with the image of God. The cup our Father
hath given, shall we not drink it and learn the lessons
3 He teaches?

When the ocean is stirred by a storm, then the clouds
lower, the wind shrieks through the tightened shrouds,
6 and the waves lift themselves into mountains.
We ask the helmsman: "Do you know your
course? Can you steer safely amid the storm?" He
9 answers bravely, but even the dauntless seaman is not
sure of his safety; nautical science is not equal to the
Science of Mind. Yet, acting up to his highest under-
12 standing, firm at the post of duty, the mariner works on
and awaits the issue. Thus should we deport ourselves
on the seething ocean of sorrow. Hoping and work-
15 ing, one should stick to the wreck, until an irresistible
propulsion precipitates his doom or sunshine gladdens
the troubled sea.

Weathering
the storm

18 The notion that animal natures can possibly give force
to character is too absurd for consideration, when we
remember that through spiritual ascendancy
21 our Lord and Master healed the sick, raised
the dead, and commanded even the winds and waves to
obey him. Grace and Truth are potent beyond all other
24 means and methods.

Spiritual
power

The lack of spiritual power in the limited demonstration
of popular Christianity does not put to silence the labor
27 of centuries. Spiritual, not corporeal, consciousness is
needed. Man delivered from sin, disease, and death
presents the true likeness or spiritual ideal.

30 Systems of religion and medicine treat of physical pains
and pleasures, but Jesus rebuked the suffering from any
such cause or effect. The epoch approaches when the

	understanding of the truth of being will be the basis of	1
Basis of true religion	true religion. At present mortals progress slowly for	
	fear of being thought ridiculous. They are	3
	slaves to fashion, pride, and sense. Some-	
	time we shall learn how Spirit, the great architect, has	
	created men and women in Science. We ought to weary	6
	of the fleeting and false and to cherish nothing which	
	hinders our highest selfhood.	
	Jealousy is the grave of affection. The presence of	9
	mistrust, where confidence is due, withers the flowers	
	of Eden and scatters love's petals to decay. Be not	
	in haste to take the vow "until death do us part."	12
	Consider its obligations, its responsibilities, its rela-	
	tions to your growth and to your influence on other	
	lives.	15
	I never knew more than one individual who believed	
Insanity and agamogenesis	in agamogenesis; she was unmarried, a lovely charac-	
	ter, was suffering from incipient insanity, and	18
	a Christian Scientist cured her. I have named	
	her case to individuals, when casting my bread upon	
	the waters, and it may have caused the good to ponder	21
	and the evil to hatch their silly innuendoes and lies, since	
	salutary causes sometimes incur these effects. The per-	
	petuation of the floral species by bud or cell-division is	24
	evident, but I discredit the belief that agamogenesis	
	applies to the human species.	
	Christian Science presents unfoldment, not accretion;	27
God's creation intact	it manifests no material growth from molecule to mind,	
	but an impartation of the divine Mind to man	
	and the universe. Proportionately as human	30
	generation ceases, the unbroken links of eternal, har-	
	monious being will be spiritually discerned; and man,	

1 not of the earth earthly but coexistent with God, will
appear. The scientific fact that man and the universe
3 are evolved from Spirit, and so are spiritual, is as fixed in
divine Science as is the proof that mortals gain the sense
of health only as they lose the sense of sin and disease.
6 Mortals can never understand God's creation while believ-
ing that man is a creator. God's children already created
will be cognized only as man finds the truth of being.
9 Thus it is that the real, ideal man appears in proportion
as the false and material disappears. No longer to marry
or to be "given in marriage" neither closes man's con-
12 tinuity nor his sense of increasing number in God's in-
finite plan. Spiritually to understand that there is but
one creator, God, unfolds all creation, confirms the Scrip-
15 tures, brings the sweet assurance of no parting, no pain,
and of man deathless and perfect and eternal.

If Christian Scientists educate their own offspring
18 spiritually, they can educate others spiritually and not
conflict with the scientific sense of God's creation. Some
day the child will ask his parent: "Do you keep the First
21 Commandment? Do you have one God and creator, or
is man a creator?" If the father replies, "God creates
man through man," the child may ask, "Do you teach
24 that Spirit creates materially, or do you declare that
Spirit is infinite, therefore matter is out of the ques-
tion?" Jesus said, "The children of this world marry,
27 and are given in marriage: But they which shall be ac-
counted worthy to obtain that world, and the resur-
rection from the dead, neither marry, nor are given in
30 marriage."

Christian Science versus Spiritualism

*And when they shall say unto you,
Seek unto them that have familiar spirits,
And unto wizards that peep and that mutter;
Should not a people seek unto their God? — ISAIAH.*

*Verily, verily, I say unto you,
If a man keep my saying, he shall never see death.
Then said the Jews unto him,
Now we know that thou hast a devil. — JOHN.*

The infinite
one Spirit

Mortal existence is an enigma. Every day is a 1
mystery. The testimony of the corporeal senses 3
cannot inform us what is real and what is delusive, but 3
the revelations of Christian Science unlock the treasures
of Truth. Whatever is false or sinful can
never enter the atmosphere of Spirit. There 6
is but one Spirit. Man is never God, but spiritual man,
made in God’s likeness, reflects God. In this scientific
reflection the Ego and the Father are inseparable. The 9
supposition that corporeal beings are spirits, or that there
are good and evil spirits, is a mistake.

Real and
unreal identity

The divine Mind maintains all identities, from a blade 12
of grass to a star, as distinct and eternal. The
questions are: What are God’s identities?
What is Soul? Does life or soul exist in the thing 15
formed?

1 Nothing is real and eternal, — nothing is Spirit, — but
God and His idea. Evil has no reality. It is neither
3 person, place, nor thing, but is simply a belief, an illusion
of material sense.

 The identity, or idea, of all reality continues forever;
6 but Spirit, or the divine Principle of all, is not *in* Spirit's
formations. Soul is synonymous with Spirit, God, the
creative, governing, infinite Principle outside of finite form,
9 which forms only reflect.

 Close your eyes, and you may dream that you see a
flower, — that you touch and smell it. Thus you learn
12 that the flower is a product of the so-called
mind, a formation of thought rather than of
matter. Close your eyes again, and you may see land-
15 scapes, men, and women. Thus you learn that these
also are images, which mortal mind holds and evolves
and which simulate mind, life, and intelligence. From
18 dreams also you learn that neither mortal mind nor
matter is the image or likeness of God, and that im-
mortal Mind is not in matter.

Dream-
lessons

21 When the Science of Mind is understood, spiritualism
will be found mainly erroneous, having no scientific basis
nor origin, no proof nor power outside of
24 human testimony. It is the offspring of the
physical senses. There is no sensuality in Spirit. I never
could believe in spiritualism.

Found
wanting

27 The basis and structure of spiritualism are alike ma-
terial and physical. Its spirits are so many corporealities,
limited and finite in character and quality. Spiritualism
30 therefore presupposes Spirit, which is ever infinite, to be
a corporeal being, a finite form, — a theory contrary to
Christian Science.

There is but one spiritual existence, — the Life of 1
 which corporeal sense can take no cognizance. The
 divine Principle of man speaks through immortal sense. 3
 If a material body — in other words, mortal, material
 sense — were permeated by Spirit, that body would
 disappear to mortal sense, would be deathless. A con- 6
 dition precedent to communion with Spirit is the gain of
 spiritual life.

Spirits
 obsolete

So-called *spirits* are but corporeal communicators. As 9
 light destroys darkness and in the place of darkness all
 is light, so (in absolute Science) Soul, or God,
 is the only truth-giver to man. Truth de- 12
 stroys mortality, and brings to light immortality. Mortal
 belief (the material sense of life) and immortal Truth
 (the spiritual sense) are the tares and the wheat, which 15
 are not united by progress, but separated.

Perfection is not expressed through imperfection.
 Spirit is not made manifest through matter, the anti- 18
 pode of Spirit. Error is not a convenient sieve through
 which truth can be strained.

Scientific
 phenomena

God, good, being ever present, it follows in divine 21
 logic that evil, the suppositional opposite of good, is never
 present. In Science, individual good derived
 from God, the infinite All-in-all, may flow 24
 from the departed to mortals; but evil is neither com-
 municable nor scientific. A sinning, earthly mortal is
 not the reality of Life nor the medium through which 27
 truth passes to earth. The joy of intercourse becomes
 the jest of sin, when evil and suffering are communicable.
 Not personal intercommunion but divine law is the com- 30
 municator of truth, health, and harmony to earth and
 humanity. As readily can you mingle fire and frost as

1 Spirit and matter. In either case, one does not support
the other.

3 Spiritualism calls one person, living in this world, *ma-*
terial, but another, who has died to-day a sinner and sup-
posedly will return to earth to-morrow, it terms a *spirit*.
6 The fact is that neither the one nor the other is infinite
Spirit, for Spirit is God, and man is His likeness.

The belief that one man, as spirit, can control a-
9 other man, as matter, upsets both the individuality and
the Science of man, for man is image. God
controls man, and God is the only Spirit. Any
12 other control or attraction of so-called spirit is a mortal
belief, which ought to be known by its fruit, — the repe-
tition of evil.

15 If Spirit, or God, communed with mortals or controlled
them through electricity or any other form of matter, the
divine order and the Science of omnipotent, omnipresent
18 Spirit would be destroyed.

The belief that material bodies return to dust, hereafter
to rise up as spiritual bodies with material sensations and
21 desires, is incorrect. Equally incorrect is the
belief that spirit is confined in a finite, ma-
terial body, from which it is freed by death, and that, when
24 it is freed from the material body, spirit retains the sensa-
tions belonging to that body.

It is a grave mistake to suppose that matter is any part
27 of the reality of intelligent existence, or that Spirit and
matter, intelligence and non-intelligence, can
commune together. This error Science will
30 destroy. The sensual cannot be made the mouthpiece of
the spiritual, nor can the finite become the channel of
the infinite. There is no communication between so-

One
government

Incorrect
theories

No
mediumship

called material existence and spiritual life which is not
subject to death. 1

Opposing
conditions

To be on communicable terms with Spirit, persons must 3
be free from organic bodies; and their return to a mate-
rial condition, after having once left it, would
be as impossible as would be the restoration 6
to its original condition of the acorn, already absorbed
into a sprout which has risen above the soil. The seed
which has germinated has a new form and state of exist- 9
ence. When here or hereafter the belief of life in matter
is extinct, the error which has held the belief dissolves
with the belief, and never returns to the old condition. 12
No correspondence nor communion can exist between
persons in such opposite dreams as the belief of having
died and left a material body and the belief of still living 15
in an organic, material body.

Bridgeless
division

The caterpillar, transformed into a beautiful insect,
is no longer a worm, nor does the insect return to 18
fraternize with or control the worm. Such
a backward transformation is impossible in
Science. Darkness and light, infancy and manhood, 21
sickness and health, are opposites, — different beliefs,
which never blend. Who will say that infancy can utter
the ideas of manhood, that darkness can represent light, 24
that we are in Europe when we are in the opposite hemi-
sphere? There is no bridge across the gulf which divides
two such opposite conditions as the spiritual, or incor- 27
poreal, and the physical, or corporeal.

In Christian Science there is never a retrograde step,
never a return to positions outgrown. The so-called dead 30
and living cannot commune together, for they are in
separate states of existence, or consciousness.

1 This simple truth lays bare the mistaken assumption
 that man dies as matter but comes to life as spirit. The
 3 so-called dead, in order to reappear to those
 still in the existence cognized by the physical
 senses, would need to be tangible and material, — to have
 6 a material investiture, — or the material senses could take
 no cognizance of the so-called dead.

Unscientific
investiture

 Spiritualism would transfer men from the spiritual sense
 9 of existence back into its material sense. This gross mate-
 rialism is scientifically impossible, since to infinite Spirit
 there can be no matter.

12 Jesus said of Lazarus: "Our friend Lazarus sleepeth;
 but I go, that I may awake him out of sleep." Jesus
 restored Lazarus by the understanding that
 15 Lazarus had never died, not by an admis-
 sion that his body had died and then lived again. Had
 Jesus believed that Lazarus had lived or died in his
 18 body, the Master would have stood on the same plane of
 belief as those who buried the body, and he could not have
 resuscitated it.

Raising
the dead

21 When you can waken yourself or others out of the belief
 that all must die, you can then exercise Jesus' spiritual
 power to reproduce the presence of those who have thought
 24 they died, — but not otherwise.

 There is one possible moment, when those living on the
 earth and those called dead, can commune together, and
 27 that is the moment previous to the transition,
 — the moment when the link between their op-
 posite beliefs is being sundered. In the vestibule through
 30 which we pass from one dream to another dream, or
 when we awake from earth's sleep to the grand verities
 of Life, the departing may hear the glad welcome of those

Vision of
the dying

who have gone before. The ones departing may whisper 1
 this vision, name the face that smiles on them and the
 hand which beckons them, as one at Niagara, with eyes 3
 open only to that wonder, forgets all else and breathes
 aloud his rapture.

Real Life
 is God

When being is understood, Life will be recognized as 6
 neither material nor finite, but as infinite, — as God,
 universal good; and the belief that life, or
 mind, was ever in a finite form, or good in 9
 evil, will be destroyed. Then it will be understood that
 Spirit never entered matter and was therefore never
 raised from matter. When advanced to spiritual being 12
 and the understanding of God, man can no longer com-
 mune with matter; neither can he return to it, any more
 than a tree can return to its seed. Neither will man seem 15
 to be corporeal, but he will be an individual conscious-
 ness, characterized by the divine Spirit as idea, not matter.

Suffering, sinning, dying beliefs are unreal. When 18
 divine Science is universally understood, they will have
 no power over man, for man is immortal and lives by
 divine authority. 21

Immaterial
 pleasure

The sinless joy, — the perfect harmony and immortality
 of Life, possessing unlimited divine beauty and goodness
 without a single bodily pleasure or pain, — 24
 constitutes the only veritable, indestructible
 man, whose being is spiritual. This state of existence
 is scientific and intact, — a perfection discernible only 27
 by those who have the final understanding of Christ in
 divine Science. Death can never hasten this state of
 existence, for death must be overcome, not submitted to, 30
 before immortality appears.

The recognition of Spirit and of infinity comes not

1 suddenly here or hereafter. The pious Polycarp said:
 “I cannot turn at once from good to evil.” Neither do
 3 other mortals accomplish the change from error to truth
 at a single bound.

Existence continues to be a belief of corporeal sense
 6 until the Science of being is reached. Error brings its
 own self-destruction both here and hereafter,
 for mortal mind creates its own physical con-
 9 ditions. Death will occur on the next plane of existence
 as on this, until the spiritual understanding of Life is
 reached. Then, and not until then, will it be demon-
 12 strated that “the second death hath no power.”

Second
death

The period required for this dream of material life,
 embracing its so-called pleasures and pains, to vanish
 15 from consciousness, “knoweth no man . . .
 neither the Son, but the Father.” This period
 will be of longer or shorter duration according to the
 18 tenacity of error. Of what advantage, then, would it be
 to us, or to the departed, to prolong the material state and
 so prolong the illusion either of a soul inert or of a sinning,
 21 suffering sense, — a so-called mind fettered to matter.

A dream
vanishing

Even if communications from spirits to mortal con-
 sciousness were possible, such communications would
 24 grow beautifully less with every advanced stage
 of existence. The departed would gradually
 rise above ignorance and materiality, and Spiritualists
 27 would outgrow their beliefs in material spiritualism.
 Spiritism consigns the so-called dead to a state resembling
 that of blighted buds, — to a wretched purgatory, where
 30 the chances of the departed for improvement narrow
 into nothing and they return to their old standpoints of
 matter.

Progress and
purgatory

Unnatural deflections	The decaying flower, the blighted bud, the gnarled oak,	1
	the ferocious beast, — like the discords of disease, sin,	
	and death, — are unnatural. They are the fal-	3
	sities of sense, the changing deflections of mor-	
	tal mind; they are not the eternal realities of Mind.	
Absurd oracles	How unreasonable is the belief that we are wearing	6
	out life and hastening to death, and that at the same	
	time we are communing with immortality!	
	If the departed are in rapport with mor-	9
	talinity, or matter, they are not spiritual, but must still	
	be mortal, sinning, suffering, and dying. Then why	
	look to them — even were communication possible — for	12
	proofs of immortality, and accept them as oracles? Com-	
	munications gathered from ignorance are pernicious in	
	tendency.	15
	Spiritualism with its material accompaniments would	
	destroy the supremacy of Spirit. If Spirit pervades all	
	space, it needs no material method for the transmission	18
	of messages. Spirit needs no wires nor electricity in order	
	to be omnipresent.	
Spirit intangible	Spirit is not materially tangible. How then can it	21
	communicate with man through electric, material effects?	
	How can the majesty and omnipotence of	
	Spirit be lost? God is not in the medley	24
	where matter cares for matter, where spiritism makes	
	many gods, and hypnotism and electricity are claimed	
	to be the agents of God's government.	27
	Spirit blesses man, but man cannot "tell whence	
	it cometh." By it the sick are healed, the sorrowing are	
	comforted, and the sinning are reformed. These are the	30
	effects of one universal God, the invisible good dwelling	
	in eternal Science.	

1 The act of describing disease — its symptoms, locality,
and fatality — is not scientific. Warning people against
3 death is an error that tends to frighten into
death those who are ignorant of Life as God.
Thousands of instances could be cited of health restored
6 by changing the patient's thoughts regarding death.

Thought
regarding
death

A scientific mental method is more sanitary than the
use of drugs, and such a mental method produces perma-
9 nent health. Science must go over the whole
ground, and dig up every seed of error's sow-
ing. Spiritualism relies upon human beliefs and hy-
12 potheses. Christian Science removes these beliefs and
hypotheses through the higher understanding of God, for
Christian Science, resting on divine Principle, not on ma-
15 terial personalities, in its revelation of immortality, intro-
duces the harmony of being.

Fallacious
hypotheses

Jesus cast out evil spirits, or false beliefs. The Apostle
18 Paul bade men have the Mind that was in the Christ.
Jesus did his own work by the one Spirit. He said: "My
Father worketh hitherto, and I work." He never de-
21 scribed disease, so far as can be learned from the Gospels,
but he healed disease.

The unscientific practitioner says: "You are ill. Your
24 brain is overtaxed, and you must rest. Your body is
weak, and it must be strengthened. You have
nervous prostration, and must be treated for it."
27 Science objects to all this, contending for the rights of in-
telligence and asserting that Mind controls body and brain.

Mistaken
methods

Mind-science teaches that mortals need "not be weary
30 in well doing." It dissipates fatigue in doing
good. Giving does not impoverish us in the
service of our Maker, neither does withholding enrich us.

Divine
strength

We have strength in proportion to our apprehension of the truth, and our strength is not lessened by giving utterance to truth. A cup of coffee or tea is not the equal of truth, whether for the inspiration of a sermon or for the support of bodily endurance. 1 3

A denial of
immortality

A communication purporting to come from the late Theodore Parker reads as follows: "There never was, and there never will be, an immortal spirit." Yet the very periodical containing this sentence repeats weekly the assertion that spirit-communications are our only proofs of immortality. 6 9

Mysticism
unscientific

I entertain no doubt of the humanity and philanthropy of many Spiritualists, but I cannot coincide with their views. It is mysticism which gives spiritualism its force. Science dispels mystery and explains extraordinary phenomena; but Science never removes phenomena from the domain of reason into the realm of mysticism. 12 15 18

Physical
falsities

It should not seem mysterious that mind, without the aid of hands, can move a table, when we already know that it is mind-power which moves both table and hand. Even planchette — the French toy which years ago pleased so many people — attested the control of mortal mind over its substratum, called matter. 21 24

It is mortal mind which convulses its substratum, matter. These movements arise from the volition of human belief, but they are neither scientific nor rational. Mortal mind produces table-tipping as certainly as table-setting, and believes that this wonder emanates from spirits and electricity. This belief rests on the common conviction that mind and matter cooperate both visibly and invisibly, hence that matter is intelligent. 27 30

1 There is not so much evidence to prove intercommuni-
 3 cation between the so-called dead and the living, as there
 is to show the sick that matter suffers and has
 sensation; yet this latter evidence is destroyed by
 Mind-science. If Spiritualists understood the
 6 Science of being, their belief in mediumship would vanish.

Poor
post-mortem
evidence

At the very best and on its own theories, spiritualism
 can only prove that certain individuals have a continued
 9 existence after death and maintain their affili-
 ation with mortal flesh; but this fact affords
 no certainty of everlasting life. A man's assertion that
 12 he is immortal no more proves him to be so, than the op-
 posite assertion, that he is mortal, would prove immor-
 tality a lie. Nor is the case improved when alleged spirits
 15 teach immortality. Life, Love, Truth, is the only proof
 of immortality.

No proof of
immortality

Man in the likeness of God as revealed in Science can-
 18 not help being immortal. Though the grass seemeth to
 wither and the flower to fade, they reappear.
 Erase the figures which express number, silence
 21 the tones of music, give to the worms the body
 called man, and yet the producing, governing, divine
 Principle lives on, — in the case of man as truly as in
 24 the case of numbers and of music, — despite the so-called
 laws of matter, which define man as mortal. Though
 the inharmony resulting from material sense hides the
 27 harmony of Science, inharmony cannot destroy the divine
 Principle of Science. In Science, man's immortality de-
 pends upon that of God, good, and follows as a necessary
 30 consequence of the immortality of good.

Mind's
manifestations
immortal

That somebody, somewhere, must have known the
 deceased person, supposed to be the communicator, is

	evident, and it is as easy to read distant thoughts as near.	1
Reading thoughts	We think of an absent friend as easily as we do of one	
	present. It is no more difficult to read the	3
	absent mind than it is to read the present.	
	Chaucer wrote centuries ago, yet we still read his thought	
	in his verse. What is classic study, but discernment of	6
	the minds of Homer and Virgil, of whose personal exist- ence we may be in doubt?	
	If spiritual life has been won by the departed, they	9
	cannot return to material existence, because different	
Impossible inter- communion	states of consciousness are involved, and one	
	person cannot exist in two different states of	12
	consciousness at the same time. In sleep we	
	do not communicate with the dreamer by our side despite	
	his physical proximity, because both of us are either un- conscious or are wandering in our dreams through differ- ent mazes of consciousness.	15
	In like manner it would follow, even if our departed	18
	friends were near us and were in as conscious a state of	
	existence as before the change we call death, that their	
	state of consciousness must be different from ours. We	21
	are not in their state, nor are they in the mental realm	
	in which we dwell. Communion between them and	
	ourselves would be prevented by this difference. The	24
	mental states are so unlike, that intercommunion is as	
	impossible as it would be between a mole and a human	
	being. Different dreams and different awakenings be- token a differing consciousness. When wandering in	27
	Australia, do we look for help to the Esquimaux in their snow huts?	30
	In a world of sin and sensuality hastening to a greater development of power, it is wise earnestly to	

1 consider whether it is the human mind or the divine
Mind which is influencing one. What the prophets of
3 Jehovah did, the worshippers of Baal failed to do; yet
artifice and delusion claimed that they could equal the
work of wisdom.

6 Science only can explain the incredible good and evil
elements now coming to the surface. Mortals must find
refuge in Truth in order to escape the error of these latter
9 days. Nothing is more antagonistic to Christian Science
than a blind belief without understanding, for such a
belief hides Truth and builds on error.

12 Miracles are impossible in Science, and here Science
takes issue with popular religions. The scientific mani-
festation of power is from the divine nature
15 and is not supernatural, since Science is an
explication of nature. The belief that the universe, in-
cluding man, is governed in general by material laws, but
18 that occasionally Spirit sets aside these laws, — this be-
lief belittles omnipotent wisdom, and gives to matter the
precedence over Spirit.

Natural
wonders

21 It is contrary to Christian Science to suppose that life
is either material or organically spiritual. Between
Christian Science and all forms of superstition
24 a great gulf is fixed, as impassable as that be-
tween Dives and Lazarus. There is mortal mind-reading
and immortal Mind-reading. The latter is a revelation
27 of divine purpose through spiritual understanding, by
which man gains the divine Principle and explanation of
all things. Mortal mind-reading and immortal Mind-
30 reading are distinctly opposite standpoints, from which
cause and effect are interpreted. The act of reading
mortal mind investigates and touches only human beliefs.

Conflicting
standpoints

Science is immortal and coordinate neither with the premises nor with the conclusions of mortal beliefs. 1

Scientific
foreseeing

The ancient prophets gained their foresight from a spiritual, incorporeal standpoint, not by foreshadowing evil and mistaking fact for fiction, — predicting the future from a groundwork of corporeality and human belief. When sufficiently advanced in Science to be in harmony with the truth of being, men become seers and prophets involuntarily, controlled not by demons, spirits, or demigods, but by the one Spirit. 3
It is the prerogative of the ever-present, divine Mind, and of thought which is in rapport with this Mind, to know the past, the present, and the future. 6
9
12

Acquaintance with the Science of being enables us to commune more largely with the divine Mind, to foresee and foretell events which concern the universal welfare, to be divinely inspired, — yea, to reach the range of fetterless Mind. 15
18

The Mind
unbounded

To understand that Mind is infinite, not bounded by corporeality, not dependent upon the ear and eye for sound or sight nor upon muscles and bones for locomotion, is a step towards the Mind-science by which we discern man's nature and existence. 21
This true conception of being destroys the belief of spiritualism at its very inception, for without the concession of material personalities called spirits, spiritualism has no basis upon which to build. 24
27

Scientific
foreknowing

All we correctly know of Spirit comes from God, divine Principle, and is learned through Christ and Christian Science. If this Science has been thoroughly learned and properly digested, we can know the truth more accurately than the astronomer can read 30

1 the stars or calculate an eclipse. This Mind-reading
 is the opposite of clairvoyance. It is the illumination of
 3 the spiritual understanding which demonstrates the ca-
 pacity of Soul, not of material sense. This Soul-sense
 comes to the human mind when the latter yields to the
 6 divine Mind.

Such intuitions reveal whatever constitutes and per-
 petuates harmony, enabling one to do good, but not
 9 evil. You will reach the perfect Science of
 healing when you are able to read the human
 mind after this manner and discern the error you would
 12 destroy. The Samaritan woman said: "Come, see a
 man, which told me all things that ever I did: is not this
 the Christ?"

Value of
intuition

15 It is recorded that Jesus, as he once journeyed with his
 students, "knew their thoughts," — read them scientifi-
 cally. In like manner he discerned disease and healed
 18 the sick. After the same method, events of great mo-
 ment were foretold by the Hebrew prophets. Our
 Master rebuked the lack of this power when he said:
 21 "O ye hypocrites! ye can discern the face of the sky;
 but can ye not discern the signs of the times?"

Both Jew and Gentile may have had acute corporeal
 24 senses, but mortals need spiritual sense. Jesus knew the
 generation to be wicked and adulterous, seek-
 ing the material more than the spiritual. His
 27 thrusts at materialism were sharp, but needed. He never
 spared hypocrisy the sternest condemnation. He said:
 "These ought ye to have done, and not to leave the other
 30 undone." The great Teacher knew both cause and
 effect, knew that truth communicates itself but never
 imparts error.

Hypocrisy
condemned

Mental contact	Jesus once asked, "Who touched me?" Supposing	1
	this inquiry to be occasioned by physical contact alone,	
	his disciples answered, "The multitude throng	3
	thee." Jesus knew, as others did not, that	
Images of thought	it was not matter, but mortal mind, whose touch called	
	for aid. Repeating his inquiry, he was answered by the	6
	faith of a sick woman. His quick apprehension of this	
	mental call illustrated his spirituality. The disciples'	
Phenomena explained	misconception of it uncovered their materiality. Jesus	9
	possessed more spiritual susceptibility than the disciples.	
	Opposites come from contrary directions, and produce	
	unlike results.	12
Images of thought	Mortals evolve images of thought. These may appear	
	to the ignorant to be apparitions; but they are myste-	
	rious only because it is unusual to see	15
	thoughts, though we can always feel their	
Phenomena explained	influence. Haunted houses, ghostly voices, unusual	
	noises, and apparitions brought out in dark seances	18
	either involve feats by tricksters, or they are images and	
	sounds evolved involuntarily by mortal mind. Seeing	
Phenomena explained	is no less a quality of physical sense than feeling. Then	21
	why is it more difficult to see a thought than to feel one?	
	Education alone determines the difference. In reality	
	there is none.	24
Phenomena explained	Portraits, landscape-paintings, fac-similes of penman-	
	ship, peculiarities of expression, recollected sentences,	
	can all be taken from pictorial thought and	27
	memory as readily as from objects cognizable	
Phenomena explained	by the senses. Mortal mind sees what it believes as	
	certainly as it believes what it sees. It feels, hears, and	30
	sees its own thoughts. Pictures are mentally formed	
	before the artist can convey them to canvas. So is it	

1 with all material conceptions. Mind-readers perceive
these pictures of thought. They copy or reproduce
3 them, even when they are lost to the memory of the mind
in which they are discoverable.

It is needless for the thought or for the person hold-
6 ing the transferred picture to be individually and con-
sciously present. Though individuals have
passed away, their mental environment re-
9 mains to be discerned, described, and transmitted. Though
bodies are leagues apart and their associations forgotten,
their associations float in the general atmosphere of human
12 mind.

Mental
environment

The Scotch call such vision "second sight," when
really it is first sight instead of second, for it presents
15 primal facts to mortal mind. Science enables
one to read the human mind, but not as a
clairvoyant. It enables one to heal through Mind, but
18 not as a mesmerist.

Second
sight

The mine knows naught of the emeralds within its
rocks; the sea is ignorant of the gems within its caverns,
21 of the corals, of its sharp reefs, of the tall ships
that float on its bosom, or of the bodies which
lie buried in its sands: yet these are all there. Do not
24 suppose that any mental concept is gone because you do
not think of it. The true concept is never lost. The
strong impressions produced on mortal mind by friend-
27 ship or by any intense feeling are lasting, and mind-
readers can perceive and reproduce these impressions.

Buried
secrets

Memory may reproduce voices long ago silent. We
30 have but to close the eyes, and forms rise
before us, which are thousands of miles away
or altogether gone from physical sight and sense, and

Recollected
friends

this not in dreamy sleep. In our day-dreams we can 1
 recall that for which the poet Tennyson expressed the
 heart's desire, — 3

the touch of a vanished hand,
 And the sound of a voice that is still.

The mind may even be cognizant of a present flavor and 6
 odor, when no viand touches the palate and no scent
 salutes the nostrils.

Illusions
 not ideas

How are veritable ideas to be distinguished from il- 9
 lusions? By learning the origin of each. Ideas are
 emanations from the divine Mind. Thoughts,
 proceeding from the brain or from matter, are 12
 offshoots of mortal mind; they are mortal material be-
 liefs. Ideas are spiritual, harmonious, and eternal. Beliefs
 proceed from the so-called material senses, which at one 15
 time are supposed to be substance-matter and at another
 are called spirits.

To love one's neighbor as one's self, is a divine idea; 18
 but this idea can never be seen, felt, nor understood
 through the physical senses. Excite the organ of ven-
 eration or religious faith, and the individual manifests 21
 profound adoration. Excite the opposite development,
 and he blasphemes. These effects, however, do not pro-
 ceed from Christianity, nor are they spiritual phenomena, 24
 for both arise from mortal belief.

Trance
 speaking
 illusion

Eloquence re-echoes the strains of Truth and Love.
 It is due to inspiration rather than to erudition. It shows 27
 the possibilities derived from divine Mind,
 though it is said to be a gift whose endowment
 is obtained from books or received from the 30
 impulsion of departed spirits. When eloquence proceeds
 from the belief that a departed spirit is speaking, who

1 can tell what the unaided medium is incapable of know-
 ing or uttering? This phenomenon only shows that the
 3 beliefs of mortal mind are loosed. Forgetting her igno-
 rance in the belief that another mind is speaking through
 her, the devotee may become unwontedly eloquent. Hav-
 6 ing more faith in others than in herself, and believing
 that somebody else possesses her tongue and mind, she
 talks freely.

9 Destroy her belief in outside aid, and her eloquence
 disappears. The former limits of her belief return. She
 says, "I am incapable of words that glow, for I am un-
 12 educated." This familiar instance reaffirms the Scrip-
 tural word concerning a man, "As he thinketh in his heart,
 so is he." If one believes that he cannot be an orator with-
 15 out study or a superinduced condition, the body responds
 to this belief, and the tongue grows mute which before
 was eloquent.

18 Mind is not necessarily dependent upon educational
 processes. It possesses of itself all beauty and poetry,
 and the power of expressing them. Spirit,
 21 God, is heard when the senses are silent. We
 are all capable of more than we do. The influence or
 action of Soul confers a freedom, which explains the phe-
 24 nomena of improvisation and the fervor of untutored lips.

Scientific
improvisation

Matter is neither intelligent nor creative. The tree is
 not the author of itself. Sound is not the originator of
 27 music, and man is not the father of man. Cain
 very naturally concluded that if life was in the
 body, and man gave it, man had the right to take it away.
 30 This incident shows that the belief of life in matter was
 "a murderer from the beginning."

Divine
origination

If seed is necessary to produce wheat, and wheat to

produce flour, or if one animal can originate another, 1
 how then can we account for their primal origin? How
 were the loaves and fishes multiplied on the shores of 3
 Galilee, — and that, too, without meal or monad from
 which loaf or fish could come?

Mind is
 substance

The earth's orbit and the imaginary line called the 6
 equator are not substance. The earth's motion and
 position are sustained by Mind alone. Divest
 yourself of the thought that there can be sub- 9
 stance in matter, and the movements and transitions now
 possible for mortal mind will be found to be equally
 possible for the body. Then being will be recognized 12
 as spiritual, and death will be obsolete, though now
 some insist that death is the necessary prelude to
 immortality. 15

Mortal
 delusions

In dreams we fly to Europe and meet a far-off friend.
 The looker-on sees the body in bed, but the supposed 18
 inhabitant of that body carries it through
 the air and over the ocean. This shows the
 possibilities of thought. Opium and hashish eaters men-
 tally travel far and work wonders, yet their bodies stay 21
 in one place. This shows what mortal mentality and
 knowledge are.

Scientific
 finalities

The admission to one's self that man is God's own like- 24
 ness sets man free to master the infinite idea. This con-
 viction shuts the door on death, and opens it
 wide towards immortality. The understanding 27
 and recognition of Spirit must finally come, and we may
 as well improve our time in solving the mysteries of being
 through an apprehension of divine Principle. At present 30
 we know not what man is, but we certainly shall know
 this when man reflects God.

1 The Revelator tells us of "a new heaven and a
 2 new earth." Have you ever pictured this heaven and
 3 earth, inhabited by beings under the control of supreme
 4 wisdom?

5 Let us rid ourselves of the belief that man is separated
 6 from God, and obey only the divine Principle, Life and
 7 Love. Here is the great point of departure for all true
 8 spiritual growth.

9 It is difficult for the sinner to accept divine Science,
 10 because Science exposes his nothingness; but the sooner
 11 error is reduced to its native nothingness, the
 12 sooner man's great reality will appear and his
 13 genuine being will be understood. The destruction of
 14 error is by no means the destruction of Truth or Life, but
 15 is the acknowledgment of them.

Man's
genuine
being

16 Absorbed in material selfhood we discern and reflect
 17 but faintly the substance of Life or Mind. The denial of
 18 material selfhood aids the discernment of man's spirit-
 19 ual and eternal individuality, and destroys the erroneous
 20 knowledge gained from matter or through what are termed
 21 the material senses.

22 Certain erroneous postulates should be here considered
 23 in order that the spiritual facts may be better
 24 apprehended.

Erroneous
postulates

25 The first erroneous postulate of belief is, that substance,
 26 life, and intelligence are something apart from God.

27 The second erroneous postulate is, that man is both
 28 mental and material.

29 The third erroneous postulate is, that mind is both evil
 30 and good; whereas the real Mind cannot be evil nor the
 31 medium of evil, for Mind is God.

32 The fourth erroneous postulate is, that matter is in-

telligent, and that man has a material body which is part of himself. 1

The fifth erroneous postulate is, that matter holds in itself the issues of life and death, — that matter is not only capable of experiencing pleasure and pain, but also capable of imparting these sensations. From the illusion implied in this last postulate arises the decomposition of mortal bodies in what is termed death. 3 6

Mind is not an entity within the cranium with the power of sinning now and forever. 9

In old Scriptural pictures we see a serpent coiled around the tree of knowledge and speaking to Adam and Eve. 12

Knowledge of
good and evil

This represents the serpent in the act of commending to our first parents the knowledge of good and evil, a knowledge gained from matter, or evil, instead of from Spirit. The portrayal is still graphically accurate, for the common conception of mortal man — a burlesque of God's man — is an outgrowth of human knowledge or sensuality, a mere offshoot of material sense. 15 18

Opposing
power

Uncover error, and it turns the lie upon you. Until the fact concerning error — namely, its nothingness — appears, the moral demand will not be met, and the ability to make nothing of error will be wanting. We should blush to call that real which is only a mistake. The foundation of evil is laid on a belief in something besides God. This belief tends to support two opposite powers, instead of urging the claims of Truth alone. The mistake of thinking that error can be real, when it is merely the absence of truth, leads to belief in the superiority of error. 21 24 27 30

Do you say the time has not yet come in which to

1 recognize Soul as substantial and able to control the
 body? Remember Jesus, who nearly nineteen centuries
 3 ago demonstrated the power of Spirit and said,
 "He that believeth on me, the works that I
 do shall he do also," and who also said, "But the hour
 6 cometh, and *now is*, when the true worshippers shall
 worship the Father in spirit and in truth." "Behold,
now is the accepted time; behold, *now is* the day of sal-
 9 vation," said Paul.

The age's
 privilege

Divine logic and revelation coincide. If we believe
 otherwise, we may be sure that either our
 12 logic is at fault or that we have misinterpreted
 revelation. Good never causes evil, nor creates aught
 that can cause evil.

Logic and
 revelation

15 Good does not create a mind susceptible of causing
 evil, for evil is the opposing error and not the truth of
 creation. Destructive electricity is not the offspring of in-
 18 finite good. Whatever contradicts the real nature of the
 divine *Esse*, though human faith may clothe it with angelic
 vestments, is without foundation.

21 The belief that Spirit is finite as well as infinite has
 darkened all history. In Christian Science, Spirit, as a
 proper noun, is the name of the Supreme Being.
 24 It means quantity and quality, and applies ex-
 clusively to God. The modifying derivatives of the word
spirit refer only to quality, not to God. Man is spiritual.
 27 He is not God, Spirit. If man were Spirit, then men
 would be spirits, gods. Finite spirit would be mortal,
 and this is the error embodied in the belief that the infi-
 30 nite can be contained in the finite. This belief tends to
 becloud our apprehension of the kingdom of heaven and
 of the reign of harmony in the Science of being.

Derivatives
 of spirit

Scientific man	Jesus taught but one God, one Spirit, who makes man	1
	in the image and likeness of Himself, — of Spirit, not of	
	matter. Man reflects infinite Truth, Life, and	3
	Love. The nature of man, thus understood,	
	includes all that is implied by the terms "image" and	
	"likeness" as used in Scripture. The truly Christian	6
	and scientific statement of personality and of the relation	
	of man to God, with the demonstration which accompa-	
	nied it, incensed the rabbis, and they said: "Crucify him,	9
	crucify him . . . by our law he ought to die, because he	
	made himself the Son of God."	
	The eastern empires and nations owe their false gov-	12
	ernment to the misconceptions of Deity there prevalent.	
	Tyranny, intolerance, and bloodshed, wherever found,	
	arise from the belief that the infinite is formed after the	15
	pattern of mortal personality, passion, and impulse.	
	The progress of truth confirms its claims, and our	
	Master confirmed his words by his works. His healing-	18
Ingratitude and denial	power evoked denial, ingratitude, and be-	
	trayal, arising from sensuality. Of the ten	
	lepers whom Jesus healed, but one returned to give God	21
	thanks, — that is, to acknowledge the divine Principle	
	which had healed him.	
	Our Master easily read the thoughts of mankind, and	24
	this insight better enabled him to direct those thoughts	
	aright; but what would be said at this period of an in-	
	fidel blasphemer who should hint that Jesus used his in-	27
	cisive power injuriously? Our Master read mortal mind	
	on a scientific basis, that of the omnipresence of Mind.	
	An approximation of this discernment indicates spiritual	30
	growth and union with the infinite capacities of the one	
	Mind. Jesus could injure no one by his Mind-reading.	

1 The effect of his Mind was always to heal and to save,
 and this is the only genuine Science of reading mortal
 3 mind. His holy motives and aims were tra-
 duced by the sinners of that period, as they
 would be to-day if Jesus were personally present. Paul
 6 said, "To be spiritually minded is life." We approach
 God, or Life, in proportion to our spirituality, our fidel-
 ity to Truth and Love; and in that ratio we know all
 9 human need and are able to discern the thought of the
 sick and the sinning for the purpose of healing them.
 Error of any kind cannot hide from the law of God.

Spiritual
insight

12 Whoever reaches this point of moral culture and good-
 ness cannot injure others, and must do them good. The
 greater or lesser ability of a Christian Scientist to discern
 15 thought scientifically, depends upon his genuine spirit-
 uality. This kind of mind-reading is not clairvoyance,
 but it is important to success in healing, and is one of the
 18 special characteristics thereof.

We welcome the increase of knowledge and the end
 of error, because even human invention must have its
 21 day, and we want that day to be succeeded
 by Christian Science, by divine reality. Mid-
 night foretells the dawn. Led by a solitary star amid
 24 the darkness, the Magi of old foretold the Messiahship
 of Truth. Is the wise man of to-day believed, when he
 beholds the light which heralds Christ's eternal dawn
 27 and describes its effulgence?

Christ's
reappearance

Lulled by stupefying illusions, the world is asleep
 in the cradle of infancy, dreaming away the hours.
 30 Material sense does not unfold the facts of
 existence; but spiritual sense lifts human
 consciousness into eternal Truth. Humanity advances

Spiritual
awakening

slowly out of sinning sense into spiritual understanding; 1
 unwillingness to learn all things rightly, binds Christen-
 dom with chains. 3

The darkest
 hours of all

Love will finally mark the hour of harmony, and spir-
 itualization will follow, for Love is Spirit. Before error 6
 is wholly destroyed, there will be interrup-
 tions of the general material routine. Earth
 will become dreary and desolate, but summer and winter,
 seedtime and harvest (though in changed forms), will 9
 continue unto the end, — until the final spiritualization of
 all things. "The darkest hour precedes the dawn."

Arena of
 contest

This material world is even now becoming the arena 12
 for conflicting forces. On one side there will be discord
 and dismay; on the other side there will be
 Science and peace. The breaking up of mate- 15
 rial beliefs may seem to be famine and pestilence, want
 and woe, sin, sickness, and death, which assume new
 phases until their nothingness appears. These disturb- 18
 ances will continue until the end of error, when all
 discord will be swallowed up in spiritual Truth.

Mortal error will vanish in a moral chemicalization. 21
 This mental fermentation has begun, and will continue
 until all errors of belief yield to understanding. Belief is
 changeable, but spiritual understanding is changeless. 24

Millennial
 glory

As this consummation draws nearer, he who has
 shaped his course in accordance with divine Science 27
 will endure to the end. As material knowl-
 edge diminishes and spiritual understanding
 increases, real objects will be apprehended mentally
 instead of materially. 30

During this final conflict, wicked minds will endeavor
 to find means by which to accomplish more evil; but

1 those who discern Christian Science will hold crime in
check. They will aid in the ejection of error. They
3 will maintain law and order, and cheerfully await the
certainty of ultimate perfection.

6 In reality, the more closely error simulates truth and
so-called matter resembles its essence, mortal mind, the
more impotent error becomes as a belief. Ac-
cording to human belief, the lightning is fierce
9 and the electric current swift, yet in Christian Science
the flight of one and the blow of the other will become
harmless. The more destructive matter becomes, the
12 more its nothingness will appear, until matter reaches
its mortal zenith in illusion and forever disappears. The
nearer a false belief approaches truth without passing
15 the boundary where, having been destroyed by divine
Love, it ceases to be even an illusion, the riper it becomes
for destruction. The more material the belief, the more
18 obvious its error, until divine Spirit, supreme in its do-
main, dominates all matter, and man is found in the like-
ness of Spirit, his original being.

21 The broadest facts array the most falsities against
themselves, for they bring error from under cover. It
requires courage to utter truth; for the higher Truth
24 lifts her voice, the louder will error scream, until its in-
articulate sound is forever silenced in oblivion.

“He uttered His voice, the earth melted.” This Scrip-
27 ture indicates that all matter will disappear before the
supremacy of Spirit.

30 Christianity is again demonstrating the Life that is
Truth, and the Truth that is Life, by the apos-
tolic work of casting out error and healing the
sick. Earth has no repayment for the persecutions which

Dangerous
resemblances

Christianity
still rejected

attend a new step in Christianity; but the spiritual recompense of the persecuted is assured in the elevation of existence above mortal discord and in the gift of divine Love. 1
3

Spiritual fore-
shadowings

The prophet of to-day beholds in the mental horizon the signs of these times, the reappearance of the Christianity which heals the sick and destroys error, 6
and no other sign shall be given. Body cannot be saved except through Mind. The Science of Christianity is misinterpreted by a material age, for it is the healing influence of Spirit (not *spirits*) which the material senses cannot comprehend, — which can only be spiritually discerned. 9
Creeds, doctrines, and human hypotheses do not express Christian Science; much less can they demonstrate it. 12

Revelation
of Science

Beyond the frail premises of human beliefs, above the loosening grasp of creeds, the demonstration of Christian Mind-healing stands a revealed and practical Science. It is imperious throughout all ages 15
as Christ's revelation of Truth, of Life, and of Love, which remains inviolate for every man to understand and to practise. 18
21

Science as
foreign to
all religion

For centuries — yea, always — natural science has not been considered a part of any religion, Christianity not excepted. Even now multitudes consider that 24
which they call *science* has no proper connection with faith and piety. Mystery does not enshroud Christ's teachings, and they are not theoretical and fragmentary, but practical and complete; and 27
being practical and complete, they are not deprived of their essential vitality. 30

The way through which immortality and life are learned is not ecclesiastical but Christian, not human but divine,

1 not physical but metaphysical, not material but scien-
tifically spiritual. Human philosophy, ethics, and super-
3 stition afford no demonstrable divine Principle
by which mortals can escape from sin; yet
to escape from sin, is what the Bible demands. "Work
6 out your own salvation with fear and trembling," says
the apostle, and he straightway adds: "for it is God
which worketh in you both to will and to do of His good
9 pleasure" (Philippians ii. 12, 13). Truth has furnished
the key to the kingdom, and with this key Christian Sci-
ence has opened the door of the human understanding.
12 None may pick the lock nor enter by some other door.
The ordinary teachings are material and not spiritual.
Christian Science teaches only that which is spiritual and
15 divine, and not human. Christian Science is unerring
and Divine; the human sense of things errs because it
is human.

18 Those individuals, who adopt theosophy, spiritualism,
or hypnotism, may possess natures above some others
who eschew their false beliefs. Therefore my contest is
21 not with the individual, but with the false system. I
love mankind, and shall continue to labor and to endure.

The calm, strong currents of true spirituality, the
24 manifestations of which are health, purity, and self-
immolation, must deepen human experience, until the
beliefs of material existence are seen to be a bald imposi-
27 tion, and sin, disease, and death give everlasting place
to the scientific demonstration of divine Spirit and to
God's spiritual, perfect man.

Animal Magnetism Unmasked

*For out of the heart proceed evil thoughts,
murders, adulteries, fornications,
thefts, false witness, blasphemies:
these are the things which defile a man. — JESUS.*

Earliest
investigations

Mesmerism or animal magnetism was first brought
into notice by Mesmer in Germany in 1775. Ac-
cording to the American Cyclopædia, he regarded this
so-called force, which he said could be ex-
erted by one living organism over another, as
a means of alleviating disease. His propositions were
as follows:

“There exists a mutual influence between the celestial
bodies, the earth, and animated things. Animal bodies
are susceptible to the influence of this agent, disseminat-
ing itself through the substance of the nerves.”

In 1784, the French government ordered the medical
faculty of Paris to investigate Mesmer’s theory and to
report upon it. Under this order a commission was
appointed, and Benjamin Franklin was one of the com-
missioners. This commission reported to the govern-
ment as follows:

“In regard to the existence and utility of animal mag-
netism, we have come to the unanimous conclusions that
there is no proof of the existence of the animal magnetic

1 fluid; that the violent effects, which are observed in
the public practice of magnetism, are due to manipula-
3 tions, or to the excitement of the imagination and the
impressions made upon the senses; and that there is one
more fact to be recorded in the history of the errors of
6 the human mind, and an important experiment upon
the power of the imagination."

In 1837, a committee of nine persons was appointed,
9 among whom were Roux, Bouillaud, and Clo-
quet, which tested during several sessions the
phenomena exhibited by a reputed clairvoyant. Their
12 report stated the results as follows:

Clairvoyance,
magnetism

"The facts which had been promised by Monsieur
Berna [the magnetizer] as conclusive, and as adapted to
15 throw light on physiological and therapeutical questions,
are certainly not conclusive in favor of the doctrine of
animal magnetism, and have nothing in common with
18 either physiology or therapeutics."

This report was adopted by the Royal Academy of
Medicine in Paris.

21 The author's own observations of the workings of
animal magnetism convince her that it is not
a remedial agent, and that its effects upon
24 those who practise it, and upon their subjects who do
not resist it, lead to moral and to physical death.

Personal
conclusions

If animal magnetism seems to alleviate or to cure dis-
27 ease, this appearance is deceptive, since error cannot
remove the effects of error. Discomfort under error is
preferable to comfort. In no instance is the effect of
30 animal magnetism, recently called hypnotism, other
than the effect of illusion. Any seeming benefit derived
from it is proportional to one's faith in esoteric magic.

Mere negation	Animal magnetism has no scientific foundation, for	1
	God governs all that is real, harmonious, and eternal, and	
	His power is neither animal nor human. Its	3
	basis being a belief and this belief animal, in	
	Science animal magnetism, mesmerism, or hypnotism is	
	a mere negation, possessing neither intelligence, power,	6
	nor reality, and in sense it is an unreal concept of the so-	
	called mortal mind.	
	There is but one real attraction, that of Spirit. The	9
	pointing of the needle to the pole symbolizes this all-	
	embracing power or the attraction of God, divine Mind.	
	The planets have no more power over man than over	12
	his Maker, since God governs the universe; but man,	
	reflecting God's power, has dominion over all the earth	
	and its hosts.	15
Hidden agents	The mild forms of animal magnetism are disappear-	
	ing, and its aggressive features are coming to the front.	
	The looms of crime, hidden in the dark re-	18
	cesses of mortal thought, are every hour weav-	
	ing webs more complicated and subtle. So secret are the	
	present methods of animal magnetism that they ensnare	21
	the age into indolence, and produce the very apathy on	
	the subject which the criminal desires. The following	
	is an extract from the Boston Herald:	24
	"Mesmerism is a problem not lending itself to an easy	
	explanation and development. It implies the exercise	
	of despotic control, and is much more likely to be abused	27
	by its possessor, than otherwise employed, for the in-	
	dividual or society."	
	Mankind must learn that evil is not power. Its so-	30
	called despotism is but a phase of nothingness. Christian	
	Science despoils the kingdom of evil, and pre-eminently	

1 promotes affection and virtue in families and therefore
 in the community. The Apostle Paul refers to the
 3 personification of evil as "the god of this
 world," and further defines it as dishonesty
 and craftiness. Sin was the Assyrian moon-god.

Mental
despotism

6 The destruction of the claims of mortal mind through
 Science, by which man can escape from sin
 and mortality, blesses the whole human fam-
 9 ily. As in the beginning, however, this libera-
 tion does not scientifically show itself in a knowledge of
 both good and evil, for the latter is unreal.

Liberation
of mental
powers

12 On the other hand, Mind-science is wholly separate
 from any half-way impertinent knowledge, because Mind-
 science is of God and demonstrates the divine Principle,
 15 working out the purposes of good only. The maximum
 of good is the infinite God and His idea, the All-in-all.
 Evil is a suppositional lie.

18 As named in Christian Science, animal magnetism or
 hypnotism is the specific term for error, or mortal mind.
 It is the false belief that mind is in matter, and
 21 is both evil and good; that evil is as real as
 good and more powerful. This belief has not one qual-
 ity of Truth. It is either ignorant or malicious. The
 24 malicious form of hypnotism ultimates in moral idiocy.
 The truths of immortal Mind sustain man, and they anni-
 hilate the fables of mortal mind, whose flimsy and gaudy
 27 pretensions, like silly moths, singe their own wings and
 fall into dust.

The genus
of error

30 In reality there is no *mortal* mind, and conse-
 quently no transference of mortal thought
 and will-power. Life and being are of
 God. In Christian Science, man can do no harm, for

Thought-
transference

scientific thoughts are true thoughts, passing from God 1
to man.

When Christian Science and animal magnetism are 3
both comprehended, as they will be at no distant date,
it will be seen why the author of this book has been
so unjustly persecuted and belied by wolves in sheep's 6
clothing.

Agassiz, the celebrated naturalist and author, has 9
wisely said: "Every great scientific truth goes through
three stages. First, people say it conflicts with the Bible.
Next, they say it has been discovered before. Lastly,
they say they have always believed it." 12

Perfection
of divine
government

Christian Science goes to the bottom of mental action,
and reveals the theodicy which indicates the rightness of
all divine action, as the emanation of divine 15
Mind, and the consequent wrongness of the
opposite so-called action, — evil, occultism,
necromancy, mesmerism, animal magnetism, hypnotism. 18

Adulteration
of Truth

The medicine of Science is divine Mind; and dishonesty,
sensuality, falsehood, revenge, malice, are animal pro-
pensities and by no means the mental quali- 21
ties which heal the sick. The hypnotizer
employs one error to destroy another. If he heals sick-
ness through a belief, and a belief originally caused the 24
sickness, it is a case of the greater error overcoming the
lesser. This greater error thereafter occupies the ground,
leaving the case worse than before it was grasped by the 27
stronger error.

Motives
considered

Our courts recognize evidence to prove the motive as 30
well as the commission of a crime. Is it not
clear that the human mind must move the
body to a wicked act? Is not mortal mind the mur-

1 derer? The hands, without mortal mind to direct them,
could not commit a murder.

3 Courts and juries judge and sentence mortals in order
to restrain crime, to prevent deeds of violence or to punish
them. To say that these tribunals have no
6 jurisdiction over the carnal or mortal mind,
would be to contradict precedent and to admit that the
power of human law is restricted to matter, while mortal
9 mind, evil, which is the real outlaw, defies justice and is
recommended to mercy. Can matter commit a crime?
Can matter be punished? Can you separate the men-
12 tality from the body over which courts hold jurisdiction?
Mortal mind, not matter, is the criminal in every case;
and human law rightly estimates crime, and courts rea-
15 sonably pass sentence, according to the motive.

Mental
crimes

When our laws eventually take cognizance of mental
crime and no longer apply legal rulings wholly to physical
18 offences, these words of Judge Parmenter of
Boston will become historic: "I see no reason
why metaphysics is not as important to medicine as to
21 mechanics or mathematics."

Important
decision

Whoever uses his developed mental powers like an es-
caped felon to commit fresh atrocities as opportunity oc-
24 curs is never safe. God will arrest him. Di-
vine justice will manacle him. His sins will
be millstones about his neck, weighing him down to the
27 depths of ignominy and death. The aggravation of er-
ror foretells its doom, and confirms the ancient axiom:
"Whom the gods would destroy, they first make mad."

Evil let
loose

30 The distance from ordinary medical prac-
tice to Christian Science is full many a league
in the line of light; but to go in healing from the use of

The misuse of
mental power

inanimate drugs to the criminal misuse of human will- 1
power, is to drop from the platform of common manhood
into the very mire of iniquity, to work against the free 3
course of honesty and justice, and to push vainly against
the current running heavenward.

Like our nation, Christian Science has its Declaration 6
of Independence. God has endowed man with inalien-
able rights, among which are self-government,
Proper self- reason, and conscience. Man is properly self- 9
government governed only when he is guided rightly and governed by
his Maker, divine Truth and Love.

Man's rights are invaded when the divine order is in- 12
terfered with, and the mental trespasser incurs the divine
penalty due this crime.

Let this age, which sits in judgment on Christian 15
Science, sanction only such methods as are demonstrable
in Truth and known by their fruit, and classify
Right all others as did St. Paul in his great epistle 18
methods to the Galatians, when he wrote as follows:

"Now the works of the flesh are manifest, which are 21
these; Adultery, fornication, uncleanness, lasciviousness,
idolatry, *witchcraft*, hatred, variance, emulations, wrath,
strife, seditions, heresies, envyings, murders, drunkenness,
revellings and such like: of the which I tell you before, 24
as I have also told you in time past, that they which do
such things shall not inherit the kingdom of God. But
the fruit of the Spirit is love, joy, peace, longsuffering, 27
gentleness, goodness, faith, meekness, temperance: against
such there is no law."

Science, Theology, Medicine

*But I certify you, brethren,
that the gospel which was preached of me is not after man.
For I neither received it of man, neither was I taught it,
but by the revelation of Jesus Christ. — PAUL.*

*The kingdom of heaven is like unto leaven,
which a woman took, and hid in three measures of meal,
till the whole was leavened. — JESUS.*

1 **I**n the year 1866, I discovered the Christ Science or
divine laws of Life, Truth, and Love, and
3 named my discovery Christian Science. God
had been graciously preparing me during many
years for the reception of this final revelation of the ab-
6 solute divine Principle of scientific mental healing.

Christian
Science
discovered

This apodictical Principle points to the revelation of
Immanuel, "God with us," — the sovereign ever-pres-
9 ence, delivering the children of men from
every ill "that flesh is heir to." Through
Christian Science, religion and medicine are
12 inspired with a diviner nature and essence; fresh pinions
are given to faith and understanding, and thoughts ac-
quaint themselves intelligently with God.

Mission of
Christian
Science

15 Feeling so perpetually the false consciousness that life
inheres in the body, yet remembering that in
reality God is our Life, we may well tremble
18 in the prospect of those days in which we must say, "I
have no pleasure in them."

Discontent
with life

Whence came to me this heavenly conviction, — a conviction antagonistic to the testimony of the physical senses? According to St. Paul, it was “the gift of the grace of God given unto me by the effectual working of His power.” It was the divine law of Life and Love, unfolding to me the demonstrable fact that matter possesses neither sensation nor life; that human experiences show the falsity of all material things; and that immortal cravings, “the price of learning love,” establish the truism that the only sufferer is mortal mind, for the divine Mind cannot suffer.

Demonstrable evidence My conclusions were reached by allowing the evidence of this revelation to multiply with mathematical certainty and the lesser demonstration to prove the greater, as the product of three multiplied by three, equalling nine, proves conclusively that three times three duodecillions must be nine duodecillions, — not a fraction more, not a unit less.

Light shining in darkness When apparently near the confines of mortal existence, standing already within the shadow of the death-valley, I learned these truths in divine Science: that all real being is in God, the divine Mind, and that Life, Truth, and Love are all-powerful and ever-present; that the opposite of Truth, — called error, sin, sickness, disease, death, — is the false testimony of false material sense, of mind in matter; that this false sense evolves, in belief, a subjective state of mortal mind which this same so-called mind names *matter*, thereby shutting out the true sense of Spirit.

New lines of thought My discovery, that erring, mortal, misnamed *mind* produces all the organism and action of the mortal body, set my thoughts to work in new channels,

1 and led up to my demonstration of the proposition that
 Mind is All and matter is naught as the leading factor in
 3 Mind-science.

Christian Science reveals incontrovertibly that Mind
 is All-in-all, that the only realities are the divine Mind
 6 and idea. This great fact is not, however, seen
 to be supported by sensible evidence, until its
 divine Principle is demonstrated by healing the sick and
 9 thus proved absolute and divine. This proof once seen,
 no other conclusion can be reached.

Scientific
evidence

For three years after my discovery, I sought the solu-
 12 tion of this problem of Mind-healing, searched the Scrip-
 tures and read little else, kept aloof from so-
 ciety, and devoted time and energies to dis-
 15 covering a positive rule. The search was sweet, calm, and
 buoyant with hope, not selfish nor depressing. I knew
 the Principle of all harmonious Mind-action to be God,
 18 and that cures were produced in primitive Christian
 healing by holy, uplifting faith; but I must know the
 Science of this healing, and I won my way to absolute
 21 conclusions through divine revelation, reason, and dem-
 onstration. The revelation of Truth in the understand-
 ing came to me gradually and apparently through divine
 24 power. When a new spiritual idea is borne to earth, the
 prophetic Scripture of Isaiah is renewedly fulfilled:
 "Unto us a child is born, . . . and his name shall be
 27 called Wonderful."

Solitary
research

Jesus once said of his lessons: "My doctrine is not
 mine, but His that sent me. If any man will do His will,
 30 he shall know of the doctrine, whether it be of God, or
 whether I speak of myself." (John vii. 16, 17.)

The three great verities of Spirit, omnipotence, omni-

	presence, omniscience, — Spirit possessing all power,	1
	filling all space, constituting all Science, — contradict	
God's allness learned	forever the belief that matter can be actual.	3
	These eternal verities reveal primeval exist-	
	ence as the radiant reality of God's creation,	
	in which all that He has made is pronounced by His wis-	6
	dom good.	
	Thus it was that I beheld, as never before, the awful	
	unreality called evil. The equipollence of God brought	9
	to light another glorious proposition, — man's perfecti-	
	bility and the establishment of the kingdom of heaven on	
	earth.	12
	In following these leadings of scientific revelation,	
	the Bible was my only textbook. The Scriptures were	
Scriptural foundations	illuminated; reason and revelation were recon-	15
	ciled, and afterwards the truth of Christian	
	Science was demonstrated. No human pen nor tongue	
	taught me the Science contained in this book, SCIENCE	18
	AND HEALTH; and neither tongue nor pen can over-	
	throw it. This book may be distorted by shallow criti-	21
	cism or by careless or malicious students, and its ideas	
	may be temporarily abused and misrepresented; but the	
	Science and truth therein will forever remain to be dis-	
	cerned and demonstrated.	24
	Jesus demonstrated the power of Christian Science to	
	heal mortal minds and bodies. But this power was lost	
The demonstration lost and found	sight of, and must again be spiritually dis-	27
	cerned, taught, and demonstrated according	
	to Christ's command, with "signs following."	
	Its Science must be apprehended by as many as believe	30
	on Christ and spiritually understand Truth.	
	No analogy exists between the vague hypotheses of	

1 agnosticism, pantheism, theosophy, spiritualism, or
 3 millenarianism and the demonstrable truths of Chris-
 5 tian Science; and I find the will, or sensuous
 7 reason of the human mind, to be opposed to
 9 the divine Mind as expressed through divine Science.

Mystical
antagonists

6 Christian Science is natural, but not physical. The
 8 Science of God and man is no more supernatural than
 10 is the science of numbers, though departing
 12 from the realm of the physical, as the Science
 14 of God, Spirit, must, some may deny its right to
 16 the name of Science. The Principle of divine metaphysics
 18 is God; the practice of divine metaphysics is the utiliza-
 20 tion of the power of Truth over error; its rules demon-
 22 strate its Science. Divine metaphysics reverses perverted
 24 and physical hypotheses as to Deity, even as the ex-
 26 planation of optics rejects the incidental or inverted
 28 image and shows what this inverted image is meant to
 30 represent.

Optical
illustration
of Science

A prize of one hundred pounds, offered in Oxford Uni-
 21 versity, England, for the best essay on Natural Science,
 23 — an essay calculated to offset the tendency of
 25 the age to attribute physical effects to physical
 27 causes rather than to a final spiritual cause, — is one of
 29 many incidents which show that Christian Science meets
 31 a yearning of the human race for spirituality.

Pertinent
proposal

After a lengthy examination of my discovery and its
 27 demonstration in healing the sick, this fact became evi-
 29 dent to me, — that Mind governs the body,
 31 not partially but wholly. I submitted my
 33 metaphysical system of treating disease to the broad-
 35 est practical tests. Since then this system has gradually
 37 gained ground, and has proved itself, whenever scien-

Confirmatory
tests

tifically employed, to be the most effective curative agent 1
in medical practice.

Is there more than one school of Christian Science? 3
Christian Science is demonstrable. There can, there-
fore, be but one method in its teaching. Those who de-
part from this method forfeit their claims to 6
belong to its school, and they become adher-
ents of the Socratic, the Platonic, the Spencerian, or some
other school. By this is meant that they adopt and ad- 9
here to some particular system of human opinions. Al-
though these opinions may have occasional gleams of
divinity, borrowed from that truly divine Science which 12
eschews man-made systems, they nevertheless remain
wholly human in their origin and tendency and are not
scientifically Christian. 15

From the infinite One in Christian Science comes one
Principle and its infinite idea, and with this infinitude
come spiritual rules, laws, and their demon- 18
stration, which, like the great Giver, are "the
same yesterday, and to-day, and forever;" for thus are
the divine Principle of healing and the Christ-idea charac- 21
terized in the epistle to the Hebrews.

Any theory of Christian Science, which departs from
what has already been stated and proved to be true, af- 24
fords no foundation upon which to establish
a genuine school of this Science. Also, if any
so-called new school claims to be Christian Science, and 27
yet uses another author's discoveries without giving that
author proper credit, such a school is erroneous, for it
inculcates a breach of that divine commandment in the 30
Hebrew Decalogue, "Thou shalt not steal."

God is the Principle of divine metaphysics. As there

1 is but one God, there can be but one divine Principle of
 all Science; and there must be fixed rules for the demon-
 3 stration of this divine Principle. The letter
 of Science plentifully reaches humanity to-day,
 but its spirit comes only in small degrees. The vital part,
 6 the heart and soul of Christian Science, is Love. With-
 out this, the letter is but the dead body of Science, —
 pulseless, cold, inanimate.

Principle and
practice

9 The fundamental propositions of divine metaphysics
 are summarized in the four following, to me, *self-evident*
 propositions. Even if reversed, these proposi-
 12 tions will be found to agree in statement and
 proof, showing mathematically their exact relation to
 Truth. De Quincey says mathematics has not a foot to
 15 stand upon which is not purely metaphysical.

Reversible
propositions

1. God is All-in-all.
2. God is good. Good is Mind.
- 18 3. God, Spirit, being all, nothing is matter.
4. Life, God, omnipotent good, deny death, evil, sin,
 disease. — Disease, sin, evil, death, deny good, omnipo-
 21 tent God, Life.

Which of the denials in proposition four is true? Both
 are not, cannot be, true. According to the Scripture,
 24 I find that God is true, "but every [mortal] man a
 liar."

The divine metaphysics of Christian Science, like the
 27 method in mathematics, proves the rule by inversion.
 For example: There is no pain in Truth, and
 no truth in pain; no nerve in Mind, and no
 30 mind in nerve; no matter in Mind, and no mind in mat-
 ter; no matter in Life, and no life in matter; no matter
 in good, and no good in matter.

Metaphysical
inversions

	Usage classes both evil and good together as <i>mind</i> ;	1
Definition of mortal mind	therefore, to be understood, the author calls sick and sinful humanity <i>mortal mind</i> , — meaning by this	3
	term the flesh opposed to Spirit, the human	
	mind and evil in contradistinction to the divine Mind, or Truth and good. The spiritually unscientific definition	6
	of mind is based on the evidence of the physical senses, which makes minds many and calls <i>mind</i> both human and divine.	9
	In Science, Mind is <i>one</i> , including noumenon and phenomena, God and His thoughts.	
Imperfect terminology	Mortal mind is a solecism in language, and involves an improper use of the word <i>mind</i> . As Mind is immortal,	12
	the phrase <i>mortal mind</i> implies something untrue and therefore unreal, and as the phrase	15
	is used in teaching Christian Science, it is meant to designate that which has no real existence. Indeed, if a better word or phrase could be suggested, it would	18
	be used; but in expressing the new tongue we must sometimes recur to the old and imperfect, and the new wine of the Spirit has to be poured into the old bottles of the letter.	21
Causation mental	Christian Science explains all cause and effect as mental, not physical. It lifts the veil of mystery from Soul and body. It shows the scientific relation of man	24
	to God, disentangles the interlaced ambiguities of being, and sets free the imprisoned thought. In divine	27
	Science, the universe, including man, is spiritual, harmonious, and eternal. Science shows that what is termed <i>matter</i> is but the subjective state of what is termed by the	30
	author <i>mortal mind</i> .	
	Apart from the usual opposition to everything new,	

1 the one great obstacle to the reception of that spiritual-
 ity, through which the understanding of Mind-science
 3 comes, is the inadequacy of material terms for
 metaphysical statements, and the consequent
 difficulty of so expressing metaphysical ideas as to make
 6 them comprehensible to any reader, who has not person-
 ally demonstrated Christian Science as brought forth in
 my discovery. Job says: "The ear trieth words, as the
 9 mouth tasteth meat." The great difficulty is to give the
 right impression, when translating material terms back
 into the original spiritual tongue.

Philological
inadequacy

12 SCIENTIFIC TRANSLATION OF IMMORTAL MIND

GOD: Divine Principle, Life, Truth, Love,
 Soul, Spirit, Mind.

Divine
synonyms

15 MAN: God's spiritual idea, individual, per-
 fect, eternal.

Divine
image

IDEA: An image in Mind; the immediate
 18 object of understanding. — *Webster*.

Divine
reflection

SCIENTIFIC TRANSLATION OF MORTAL MIND

First Degree: Depravity.

21 PHYSICAL. Evil beliefs, passions and appetites, fear,
 depraved will, self-justification, pride, envy, de-
 ceit, hatred, revenge, sin, sickness, disease,
 24 death.

Unreality

Second Degree: Evil beliefs disappearing.

MORAL. Humanity, honesty, affection, com-
 27 passion, hope, faith, meekness, temperance.

Transitional
qualities

Third Degree: Understanding. 1

Reality SPIRITUAL. Wisdom, purity, spiritual understanding,
spiritual power, love, health, holiness. 3

Spiritual universe In the third degree mortal mind disappears, and man as
God's image appears. Science so reverses the evidence
before the corporeal human senses, as to make 6
this Scriptural testimony true in our hearts,
"The last shall be first, and the first last," so that God
and His idea may be to us what divinity really is and 9
must of necessity be, — all-inclusive.

Aim of Science A correct view of Christian Science and of its adapta-
tion to healing includes vastly more than is at first seen. 12
Works on metaphysics leave the grand point
untouched. They never crown the power of
Mind as the Messiah, nor do they carry the day against 15
physical enemies, — even to the extinction of all belief in
matter, evil, disease, and death, — nor insist upon the fact
that God is all, therefore that matter is nothing beyond an 18
image in mortal mind.

Divine personality Christian Science strongly emphasizes the thought that
God is not *corporeal*, but *incorporeal*, — that is, 21
bodiless. Mortals are corporeal, but God is
incorporeal.

As the words *person* and *personal* are commonly and 24
ignorantly employed, they often lead, when applied to
Deity, to confused and erroneous conceptions of divinity
and its distinction from humanity. If the term personality, 27
as applied to God, means infinite personality, then God is
infinite *Person*, — in the sense of infinite personality, but
not in the lower sense. An infinite Mind in a finite form 30
is an absolute impossibility.

1 The term *individuality* is also open to objections, be-
 2 cause an individual may be one of a series, one of many,
 3 as an individual man, an individual horse; whereas God
 4 is *One*, — not one of a series, but one alone and without
 5 an equal.

6 God is Spirit; therefore the language of Spirit must
 7 be, and is, spiritual. Christian Science attaches no physi-
 8 cal nature and significance to the Supreme
 9 Being or His manifestation; mortals alone do
 10 this. God's essential language is spoken of in the last
 11 chapter of Mark's Gospel as the new tongue, the spir-
 12 itual meaning of which is attained through "signs
 13 following."

Spiritual
language

14 Ear hath not heard, nor hath lip spoken, the pure lan-
 15 guage of Spirit. Our Master taught spirituality by simili-
 16 tudes and parables. As a divine student he
 17 unfolded God to man, illustrating and demon-
 18 strating Life and Truth in himself and by his power over
 19 the sick and sinning. Human theories are inadequate to
 20 interpret the divine Principle involved in the miracles
 21 (marvels) wrought by Jesus and especially in his mighty,
 22 crowning, unparalleled, and triumphant exit from the
 23 flesh.

The miracles
of Jesus

24 Evidence drawn from the five physical senses relates
 25 solely to human reason; and because of opaci-
 26 ty to the true light, human reason dimly re-
 27 flects and feebly transmits Jesus' works and words. Truth
 28 is a revelation.

Opacity of
the senses

29 Jesus bade his disciples beware of the leaven of the
 30 Pharisees and of the Sadducees, which he de-
 31 fined as human doctrines. His parable of the
 32 "leaven, which a woman took, and hid in three measures

Leaven
of Truth

of meal, till the whole was leavened," impels the inference that the spiritual leaven signifies the Science of Christ and its spiritual interpretation, — an inference far above the merely ecclesiastical and formal applications of the illustration. 1 3

Did not this parable point a moral with a prophecy, foretelling the second appearing in the flesh of the Christ, Truth, hidden in sacred secrecy from the visible world? 6 9

Ages pass, but this leaven of Truth is ever at work. It must destroy the entire mass of error, and so be eternally glorified in man's spiritual freedom. 12

The divine
and human
contrasted

In their spiritual significance, Science, Theology, and Medicine are means of divine thought, which include spiritual laws emanating from the invisible and infinite power and grace. The parable may import that these spiritual laws, perverted by a perverse material sense of law, are metaphysically presented as three measures of meal, — that is, three modes of mortal thought. In all mortal forms of thought, dust is dignified as the natural status of men and things, and modes of material motion are honored with the name of *laws*. This continues until the leaven of Spirit changes the whole of mortal thought, as yeast changes the chemical properties of meal. 15 18 21 24

Certain
contradictions

The definitions of material law, as given by natural science, represent a kingdom necessarily divided against itself, because these definitions portray law as physical, not spiritual. Therefore they contradict the divine decrees and violate the law of Love, in which nature and God are one and the natural order of heaven comes down to earth. 27 30

1 When we endow matter with vague spiritual power, —
 that is, when we do so in our theories, for of course we
 3 cannot really endow matter with what it does
 not and cannot possess, — we disown the Al-
 mighty, for such theories lead to one of two things. They
 6 either presuppose the self-evolution and self-government
 of matter, or else they assume that matter is the product
 of Spirit. To seize the first horn of this dilemma and con-
 9 sider matter as a power in and of itself, is to leave the cre-
 ator out of His own universe; while to grasp the other
 horn of the dilemma and regard God as the creator of
 12 matter, is not only to make Him responsible for all disas-
 ters, physical and moral, but to announce Him as their
 source, thereby making Him guilty of maintaining perpet-
 15 ual misrule in the form and under the name of natural
 law.

Unescapable
dilemma

 In one sense God is identical with nature, but this na-
 18 ture is spiritual and is not expressed in matter. The law-
 giver, whose lightning palsies or prostrates in
 death the child at prayer, is not the divine ideal
 21 of omnipresent Love. God is natural good, and is repre-
 sented only by the idea of goodness; while evil should be
 regarded as unnatural, because it is opposed to the nature
 24 of Spirit, God.

God and
nature

 In viewing the sunrise, one finds that it contradicts
 the evidence before the senses to believe that the earth
 27 is in motion and the sun at rest. As astron-
 omy reverses the human perception of the
 movement of the solar system, so Christian Science re-
 30 verses the seeming relation of Soul and body and makes
 body tributary to Mind. Thus it is with man, who
 is but the humble servant of the restful Mind, though it

The sun
and Soul

seems otherwise to finite sense. But we shall never under-stand this while we admit that soul is in body or mind in matter, and that man is included in non-intelligence. Soul, or Spirit, is God, unchangeable and eternal; and man coexists with and reflects Soul, God, for man is God's image.

Reversal of
testimony

Science reverses the false testimony of the physical senses, and by this reversal mortals arrive at the fundamental facts of being. Then the question inevitably arises: Is a man sick if the material senses indicate that he is in good health? No! for matter can make no conditions for man. And is he well if the senses say he is sick? Yes, he is well in Science in which health is normal and disease is abnormal.

Health and
the senses

Health is not a condition of matter, but of Mind; nor can the material senses bear reliable testimony on the subject of health. The Science of Mind-healing shows it to be impossible for aught but Mind to testify truly or to exhibit the real status of man. Therefore the divine Principle of Science, reversing the testimony of the physical senses, reveals man as harmoniously existent in Truth, which is the only basis of health; and thus Science denies all disease, heals the sick, overthrows false evidence, and refutes materialistic logic.

Any conclusion *pro* or *con*, deduced from supposed sensation in matter or from matter's supposed consciousness of health or disease, instead of reversing the testimony of the physical senses, confirms that testimony as legitimate and so leads to disease.

Historic
illustrations

When Columbus gave freer breath to the globe, ignorance and superstition chained the limbs of the brave old navigator, and disgrace and star-

1 vation stared him in the face; but sterner still would have
 been his fate, if his discovery had undermined the favor-
 3 ite inclinations of a sensuous philosophy.

Copernicus mapped out the stellar system, and before
 he spake, astrography was chaotic, and the heavenly fields
 6 were incorrectly explored.

The Chaldean Wisemen read in the stars the fate of
 empires and the fortunes of men. Though no higher
 9 revelation than the horoscope was to them dis-
 played upon the empyrean, earth and heaven
 were bright, and bird and blossom were glad in God's
 12 perennial and happy sunshine, golden with Truth. So
 we have goodness and beauty to gladden the heart; but
 man, left to the hypotheses of material sense unexplained
 15 by Science, is as the wandering comet or the desolate
 star — "a weary searcher for a viewless home."

Perennial
beauty

The earth's diurnal rotation is invisible to the physical
 18 eye, and the sun seems to move from east to west, instead
 of the earth from west to east. Until rebuked
 by clearer views of the everlasting facts, this
 21 false testimony of the eye deluded the judgment and in-
 duced false conclusions. Science shows appearances often
 to be erroneous, and corrects these errors by the simple
 24 rule that the greater controls the lesser. The sun is the
 central stillness, so far as our solar system is concerned,
 and the earth revolves about the sun once a year, besides
 27 turning daily on its own axis.

Astronomic
unfoldings

As thus indicated, astronomical order imitates the
 action of divine Principle; and the universe, the reflec-
 30 tion of God, is thus brought nearer the spiritual fact, and
 is allied to divine Science as displayed in the everlasting
 government of the universe.

Opposing testimony	The evidence of the physical senses often reverses the	1
	real Science of being, and so creates a reign of discord, —	
	assigning seeming power to sin, sickness, and	3
	death; but the great facts of Life, rightly un-	
	derstood, defeat this triad of errors, contradict their false	
	witnesses, and reveal the kingdom of heaven, — the actual	6
	reign of harmony on earth. The material senses' re-	
	versal of the Science of Soul was practically exposed nine-	
	teen hundred years ago by the demonstrations of Jesus;	9
	yet these so-called senses still make mortal mind tributary	
	to mortal body, and ordain certain sections of matter, such	
	as brain and nerves, as the seats of pain and pleasure,	12
	from which matter reports to this so-called mind its status	
	of happiness or misery.	
Testimony of the senses	The optical focus is another proof of the illusion of	15
	material sense. On the eye's retina, sky and tree-tops	
	apparently join hands, clouds and ocean meet	
	and mingle. The barometer, — that little	18
	prophet of storm and sunshine, denying the testimony of	
	the senses, — points to fair weather in the midst of murky	
	clouds and drenching rain. Experience is full of instances	21
	of similar illusions, which every thinker can recall for	
	himself.	
Spiritual sense of life	To material sense, the severance of the jugular vein	24
	takes away life; but to spiritual sense and	
	in Science, Life goes on unchanged and	
	being is eternal. Temporal life is a false sense of	27
	existence.	
	Our theories make the same mistake regarding Soul	
	and body that Ptolemy made regarding the solar system.	30
	They insist that soul is in body and mind therefore tribu-	
	tary to matter. Astronomical science has destroyed the	

1 false theory as to the relations of the celestial bodies, and
 2 Christian Science will surely destroy the greater error as
 3 to our terrestrial bodies. The true idea and
 4 Principle of man will then appear. The Ptole-
 5 maic blunder could not affect the harmony of
 6 being as does the error relating to soul and body, which
 7 reverses the order of Science and assigns to matter the
 8 power and prerogative of Spirit, so that man becomes
 9 the most absolutely weak and inharmonious creature in
 10 the universe.

Ptolemaic
and psychical
error

11 The verity of Mind shows conclusively how it is that
 12 matter seems to be, but is not. Divine Science,
 13 rising above physical theories, excludes matter,
 14 resolves *things* into *thoughts*, and replaces the objects of
 15 material sense with spiritual ideas.

Seeming
and being

16 The term CHRISTIAN SCIENCE was introduced by
 17 the author to designate the scientific system of divine
 18 healing.

The revelation consists of two parts:

19 1. The discovery of this divine Science of Mind-
 20 healing, through a spiritual sense of the Scriptures and
 21 through the teachings of the Comforter, as promised by
 22 the Master.

23 2. The proof, by present demonstration, that the so-
 24 called miracles of Jesus did not specially belong to a
 25 dispensation now ended, but that they illustrated an
 26 ever-operative divine Principle. The operation of this
 27 Principle indicates the eternality of the scientific order
 28 and continuity of being.

29 Christian Science differs from material sci-
 30 ence, but not on that account is it less sci-
 31 entific. On the contrary, Christian Science is pre-emi-

Scientific
basis

nently scientific, being based on Truth, the Principle of all science. 1

Physical
science a
blind belief

Physical science (so-called) is human knowledge, — a 3
law of mortal mind, a blind belief, a Samson shorn of his
strength. When this human belief lacks organ-
izations to support it, its foundations are gone. 6
Having neither moral might, spiritual basis,
nor holy Principle of its own, this belief mistakes effect
for cause and seeks to find life and intelligence in matter, 9
thus limiting Life and holding fast to discord and death.
In a word, human belief is a blind conclusion from material
reasoning. This is a mortal, finite sense of things, which 12
immortal Spirit silences forever.

Right
interpretation

The universe, like man, is to be interpreted by Science
from its divine Principle, God, and then it can be under- 15
stood; but when explained on the basis of
physical sense and represented as subject to
growth, maturity, and decay, the universe, like man, is, 18
and must continue to be, an enigma.

All force
mental

Adhesion, cohesion, and attraction are properties of
Mind. They belong to divine Principle, and support 21
the equipoise of that thought-force, which
launched the earth in its orbit and said to the
proud wave, "Thus far and no farther." 24

Spirit is the life, substance, and continuity of all
things. We tread on forces. Withdraw them, and
creation must collapse. Human knowledge calls them 27
forces of matter; but divine Science declares that they
belong wholly to divine Mind, are inherent in this
Mind, and so restores them to their rightful home and 30
classification.

The elements and functions of the physical body and

1 of the physical world will change as mortal mind changes
 its beliefs. What is now considered the best condition
 3 for organic and functional health in the human
 body may no longer be found indispensable
 to health. Moral conditions will be found always har-
 6 monious and health-giving. Neither organic inaction
 nor overaction is beyond God's control; and man will
 be found normal and natural to changed mortal thought,
 9 and therefore more harmonious in his manifestations than
 he was in the prior states which human belief created and
 sanctioned.

Corporeal
changes

12 As human thought changes from one stage to an-
 other of conscious pain and painlessness, sorrow and
 joy, — from fear to hope and from faith to understand-
 15 ing, — the visible manifestation will at last be man gov-
 erned by Soul, not by material sense. Reflecting God's
 government, man is self-governed. When subordinate
 18 to the divine Spirit, man cannot be controlled by sin or
 death, thus proving our material theories about laws of
 health to be valueless.

21 The seasons will come and go with changes of time and
 tide, cold and heat, latitude and longitude. The agri-
 culturist will find that these changes cannot
 24 affect his crops. "As a vesture shalt Thou
 change them and they shall be changed." The mariner
 will have dominion over the atmosphere and the great
 27 deep, over the fish of the sea and the fowls of the air.
 The astronomer will no longer look up to the stars, —
 he will look out from them upon the universe; and the
 30 florist will find his flower before its seed.

The time
and tide

Thus matter will finally be proved nothing more
 than a mortal belief, wholly inadequate to affect a man

	through its supposed organic action or supposed existence. Error will be no longer used in stating truth. The	1
Mortal nothingness	problem of nothingness, or "dust to dust," will	3
	be solved, and mortal mind will be without form and void, for mortality will cease when man beholds himself God's reflection, even as man sees his reflection	6
	in a glass.	
A lack of originality	All Science is divine. Human thought never projected the least portion of true being. Human belief	9
	has sought and interpreted in its own way the echo of Spirit, and so seems to have reversed it and repeated it materially; but the human	12
	mind never produced a real tone nor sent forth a positive sound.	
Antagonistic questions	The point at issue between Christian Science on the one hand and popular theology on the other is this: Shall	15
	Science explain cause and effect as being both natural and spiritual? Or shall all that	18
	is beyond the cognizance of the material senses be called supernatural, and be left to the mercy of speculative hypotheses?	21
Biblical basis	I have set forth Christian Science and its application to the treatment of disease just as I have discovered them.	
	I have demonstrated through Mind the effects of Truth on the health, longevity, and morals	24
	of men; and I have found nothing in ancient or in modern systems on which to found my own, except the teachings	27
	and demonstrations of our great Master and the lives of prophets and apostles. The Bible has been my only authority. I have had no other guide in "the straight and	30
	narrow way" of Truth.	
	If Christendom resists the author's application of the	

1 word Science to Christianity, or questions her use of the
 2 word Science, she will not therefore lose faith in Chris-
 3 tianity, nor will Christianity lose its hold upon
 4 her. If God, the All-in-all, be the creator of
 5 the spiritual universe, including man, then everything
 6 entitled to a classification as truth, or Science, must be
 7 comprised in a knowledge or understanding of God, for
 8 there can be nothing beyond illimitable divinity.

Science and
Christianity

9 The terms Divine Science, Spiritual Science, Christ
 10 Science or Christian Science, or Science alone, she em-
 11 ploys interchangeably, according to the re-
 12 quirements of the context. These synony-
 13 mous terms stand for everything relating to God, the in-
 14 finite, supreme, eternal Mind. It may be said, however,
 15 that the term Christian Science relates especially to
 16 Science as applied to humanity. Christian Science re-
 17 veals God, not as the author of sin, sickness, and death,
 18 but as divine Principle, Supreme Being, Mind, exempt
 19 from all evil. It teaches that matter is the falsity, not
 20 the fact, of existence; that nerves, brain, stomach, lungs,
 21 and so forth, have — as matter — no intelligence, life, nor
 22 sensation.

Scientific
terms

23 There is no physical science, inasmuch as all truth
 24 proceeds from the divine Mind. Therefore truth is not
 25 human, and is not a law of matter, for matter
 26 is not a lawgiver. Science is an emanation of
 27 divine Mind, and is alone able to interpret God aright.
 28 It has a spiritual, and not a material origin. It is a divine
 29 utterance, — the Comforter which leadeth into all truth.

No physical
science

30 Christian Science eschews what is called natural science,
 in so far as this is built on the false hypotheses that matter
 is its own lawgiver, that law is founded on material con-

ditions, and that these are final and overrule the might of
divine Mind. Good is natural and primitive. It is not
miraculous to itself.

Practical
Science

The term Science, properly understood, refers only to
the laws of God and to His government of the universe,
inclusive of man. From this it follows that
business men and cultured scholars have found
that Christian Science enhances their endurance and
mental powers, enlarges their perception of character,
gives them acuteness and comprehensiveness and an
ability to exceed their ordinary capacity. The human
mind, imbued with this spiritual understanding, becomes
more elastic, is capable of greater endurance, escapes
somewhat from itself, and requires less repose. A knowl-
edge of the Science of being develops the latent abilities
and possibilities of man. It extends the atmosphere of
thought, giving mortals access to broader and higher
realms. It raises the thinker into his native air of insight
and perspicacity.

An odor becomes beneficent and agreeable only in pro-
portion to its escape into the surrounding atmosphere.
So it is with our knowledge of Truth. If one would
not quarrel with his fellow-man for waking him from
a cataleptic nightmare, he should not resist Truth, which
banishes — yea, forever destroys with the higher testi-
mony of Spirit — the so-called evidence of matter.

Mathematics
and scientific
logic

Science relates to Mind, not matter. It rests on fixed
Principle and not upon the judgment of false sensation.
The addition of two sums in mathematics must
always bring the same result. So is it with
logic. If both the major and the minor propo-
sitions of a syllogism are correct, the conclusion, if properly

1 drawn, cannot be false. So in Christian Science there
 are no discords nor contradictions, because its logic is as
 3 harmonious as the reasoning of an accurately stated syl-
 logism or of a properly computed sum in arithmetic.
 Truth is ever truthful, and can tolerate no error in
 6 premise or conclusion.

If you wish to know the spiritual fact, you can dis-
 cover it by reversing the material fable, be the
 9 fable *pro* or *con*, — be it in accord with your
 preconceptions or utterly contrary to them.

Truth by
inversion

Pantheism may be defined as a belief in the intelli-
 12 gence of matter, — a belief which Science overthrows.
 In those days there will be "great tribulation
 such as was not since the beginning of the
 15 world;" and earth will echo the cry, "Art thou [Truth]
 come hither to torment us before the time?" Animal
 magnetism, hypnotism, spiritualism, theosophy, agnos-
 18 ticism, pantheism, and infidelity are antagonistic to true
 being and fatal to its demonstration; and so are some
 other systems.

Antagonistic
theories

21 We must abandon pharmaceuticals, and take up ontol-
 ogy, — "the science of real being." We must look deep
 into realism instead of accepting only the out-
 24 ward sense of things. Can we gather peaches
 from a pine-tree, or learn from discord the concord of
 being? Yet quite as rational are some of the leading
 27 illusions along the path which Science must tread in its
 reformatory mission among mortals. The very name,
illusion, points to nothingness.

Ontology
needed

30 The generous liver may object to the author's small
 estimate of the pleasures of the table. The sinner sees,
 in the system taught in this book, that the demands of

	God must be met. The petty intellect is alarmed by constant appeals to Mind. The licentious disposition is discouraged over its slight spiritual prospects.	1
Reluctant guests	When all men are bidden to the feast, the excuses come. One has a farm, another has merchandise, and therefore they cannot accept.	3
	It is vain to speak dishonestly of divine Science, which destroys all discord, when you can demonstrate the actuality of Science. It is unwise to doubt if reality is in perfect harmony with God, divine Principle, — if Science, when understood and demonstrated, will destroy all discord, — since you admit that God is omnipotent; for from this premise it follows that good and its sweet concords have all-power.	6
Excuses for ignorance	Christian Science, properly understood, would dis-	9
	abuse the human mind of material beliefs which war against spiritual facts; and these material beliefs must be denied and cast out to make place for truth. You cannot add to the contents of a vessel already full. Laboring long to shake the adult's faith in matter and to inculcate a grain of faith in God, — an inkling of the ability of Spirit to make the body harmonious, — the author has often remembered our Master's love for little children, and understood how truly such as they belong to the heavenly kingdom.	12
Children and adults	If thought is startled at the strong claim of Science for the supremacy of God, or Truth, and doubts the supremacy of good, ought we not, contrari-	15
	wise, to be astounded at the vigorous claims of evil and doubt them, and no longer think it natural to love sin and unnatural to forsake it, — no longer imagine evil to be ever-present and good absent? Truth should	18
All evil unnatural		21
		24
		27
		30

1 not seem so surprising and unnatural as error, and error
 should not seem so real as truth. Sickness should not seem
 3 so real as health. There is no error in Science, and our
 lives must be governed by reality in order to be in har-
 mony with God, the divine Principle of all being.

6 When once destroyed by divine Science, the false evi-
 dence before the corporeal senses disappears. Hence the
 opposition of sensuous man to the Science of
 9 Soul and the significance of the Scripture, "The
 carnal mind is enmity against God." The central fact of
 the Bible is the superiority of spiritual over physical power.

The error of
carnality

12 THEOLOGY

Must Christian Science come through the Christian
 churches as some persons insist? This Science has come
 15 already, after the manner of God's appoint-
 ing, but the churches seem not ready to re-
 ceive it, according to the Scriptural saying, "He came
 18 unto his own, and his own received him not." Jesus once
 said: "I thank Thee, O Father, Lord of heaven and
 earth, that Thou hast hid these things from the wise
 21 and prudent, and hast revealed them unto babes: even
 so, Father, for so it seemed good in Thy sight." As afore-
 time, the spirit of the Christ, which taketh away the cere-
 24 monies and doctrines of men, is not accepted until the
 hearts of men are made ready for it.

Churchly
neglect

The mission of Jesus confirmed prophecy, and ex-
 27 plained the so-called miracles of olden time as natural
 demonstrations of the divine power, demonstra-
 tions which were not understood. Jesus' works
 30 established his claim to the Messiahship. In
 reply to John's inquiry, "Art thou he that should come,"

John the
Baptist, and
the Messiah

Jesus returned an affirmative reply, recounting his works 1
 instead of referring to his doctrine, confident that this
 exhibition of the divine power to heal would fully an- 3
 swer the question. Hence his reply: "Go and show
 John again those things which ye do hear and see: the
 blind receive their sight and the lame walk, the lepers 6
 are cleansed, and the deaf hear, the dead are raised up,
 and the poor have the gospel preached to them. And
 blessed is he, whosoever shall not be offended in me." In 9
 other words, he gave his benediction to any one who
 should not deny that such effects, coming from divine
 Mind, prove the unity of God, — the divine Principle 12
 which brings out all harmony.

Christ
rejected

The Pharisees of old thrust the spiritual idea and the 15
 man who lived it out of their synagogues, and retained
 their materialistic beliefs about God. Jesus' 15
 system of healing received no aid nor approval
 from other sanitary or religious systems, from doctrines 18
 of physics or of divinity; and it has not yet been gener-
 ally accepted. To-day, as of yore, unconscious of the
 reappearing of the spiritual idea, blind belief shuts the 21
 door upon it, and condemns the cure of the sick and sin-
 ning if it is wrought on any but a material and a doctrinal
 theory. Anticipating this rejection of idealism, of the 24
 true idea of God, — this salvation from all error, physi-
 cal and mental, — Jesus asked, "When the Son of man
 cometh, shall he find faith on the earth?" 27

John's
misgivings

Did the doctrines of John the Baptist confer healing 30
 power upon him, or endow him with the truest concep-
 tion of the Christ? This righteous preacher
 once pointed his disciples to Jesus as "the
 Lamb of God;" yet afterwards he seriously questioned

1 the signs of the Messianic appearing, and sent the inquiry to Jesus, "Art thou he that should come?"

3 Was John's faith greater than that of the Samaritan woman, who said, "Is not this the Christ?"
There was also a certain centurion of whose
6 faith Jesus himself declared, "I have not found so great faith, no, not in Israel."

Faith
according
to works

In Egypt, it was Mind which saved the Israelites from
9 belief in the plagues. In the wilderness, streams flowed from the rock, and manna fell from the sky. The Israelites looked upon the brazen serpent, and straightway believed
12 that they were healed of the poisonous stings of vipers. In national prosperity, miracles attended the successes of the Hebrews; but when they departed from the true
15 idea, their demoralization began. Even in captivity among foreign nations, the divine Principle wrought wonders for the people of God in the fiery furnace and
18 in kings' palaces.

Judaism was the antithesis of Christianity, because
Judaism engendered the limited form of a national or
21 tribal religion. It was a finite and material system, carried out in special theories concerning God, man, sanitary methods, and a religious cultus.
24 That he made "himself equal with God," was one of the Jewish accusations against him who planted Christianity on the foundation of Spirit, who taught as he was inspired by the Father and would recognize no life, intelligence, nor substance outside of God.
27

Judaism
antipathetic

The Jewish conception of God, as Yawah, Jehovah,
30 or only a mighty hero and king, has not quite given place to the true knowledge of God.
Creeds and rituals have not cleansed their hands of

Priestly
learning

rabbinical lore. To-day the cry of bygone ages is repeated, "Crucify him!" At every advancing step, truth is still opposed with sword and spear. 1
3

Testimony
of martyrs

The word *martyr*, from the Greek, means *witness*; but those who testified for Truth were so often persecuted unto death, that at length the word *martyr* was narrowed in its significance and so has come always to mean one who suffers for his convictions. 6
The new faith in the Christ, Truth, so roused the hatred of the opponents of Christianity, that the followers of Christ were burned, crucified, and otherwise persecuted; and so it came about that human rights were hallowed by the gallows and the cross. 9
12

Absence of
Christ-power

Man-made doctrines are waning. They have not waxed strong in times of trouble. Devoid of the Christ-power, how can they illustrate the doctrines of Christ or the miracles of grace? Denial of the possibility of Christian healing robs Christianity of the very element, which gave it divine force and its astonishing and unequalled success in the first century. 15
18

Basis of
miracles

The true Logos is demonstrably Christian Science, the natural law of harmony which overcomes discord, — not because this Science is supernatural or preternatural, nor because it is an infraction of divine law, but because it is the immutable law of God, good. Jesus said: "I knew that Thou hearest me always;" and he raised Lazarus from the dead, stilled the tempest, healed the sick, walked on the water. There is divine authority for believing in the superiority of spiritual power over material resistance. 21
24
27
30

A miracle fulfils God's law, but does not violate that law. This fact at present seems more mysterious than

1 the miracle itself. The Psalmist sang: "What ailed
 thee, O thou sea, that thou fleddest? Thou Jordan,
 3 that thou wast driven back? Ye mountains,
 that ye skipped like rams, and ye little hills,
 like lambs? Tremble, thou earth, at the presence of the
 6 Lord, at the presence of the God of Jacob." The miracle
 introduces no disorder, but unfolds the primal order,
 establishing the Science of God's unchangeable law.
 9 Spiritual evolution alone is worthy of the exercise of
 divine power.

Lawful
wonders

The same power which heals sin heals also sickness.
 12 This is "the beauty of holiness," that when Truth heals
 the sick, it casts out evils, and when Truth
 casts out the evil called disease, it heals the
 15 sick. When Christ cast out the devil of
 dumbness, "it came to pass, when the devil was gone out,
 the dumb spake." There is to-day danger of repeating
 18 the offence of the Jews by limiting the Holy One of Israel
 and asking: "Can God furnish a table in the wilderness?"
 What cannot God do?

Fear and
sickness
identical

21 It has been said, and truly, that Christianity must be
 Science, and Science must be Christianity, else one or the
 other is false and useless; but neither is unim-
 24 portant or untrue, and they are alike in demon-
 stration. This proves the one to be identical
 with the other. Christianity as Jesus taught it was not
 27 a creed, nor a system of ceremonies, nor a special gift
 from a ritualistic Jehovah; but it was the demonstration
 of divine Love casting out error and healing the sick,
 30 not merely in the *name* of Christ, or Truth, but in demon-
 stration of Truth, as must be the case in the cycles of
 divine light.

The unity of
Science and
Christianity

The Christ- mission	Jesus established his church and maintained his mission	1
	on a spiritual foundation of Christ-healing. He taught	
	his followers that his religion had a divine	3
	Principle, which would cast out error and heal	
	both the sick and the sinning. He claimed no intelli-	
	gence, action, nor life separate from God. Despite the	6
	persecution this brought upon him, he used his divine	
	power to save men both bodily and spiritually.	
Ancient spiritualism	The question then as now was, How did Jesus heal the	9
	sick? His answer to this question the world rejected.	
	He appealed to his students: "Whom do	
	men say that I, the Son of man, am?" That	12
	is: Who or what is it that is thus identified with casting	
	out evils and healing the sick? They replied, "Some	
	say that thou art John the Baptist; some, Elias; and	15
	others, Jeremias, or one of the prophets." These prophets	
	were considered dead, and this reply may indicate that	
	some of the people believed that Jesus was a medium,	18
	controlled by the spirit of John or of Elias.	
Doubting disciples	This ghostly fancy was repeated by Herod himself.	
	That a wicked king and debauched husband should have	21
	no high appreciation of divine Science and the great work	
	of the Master, was not surprising; for how could such	
	a sinner comprehend what the disciples did not fully	24
	understand? But even Herod doubted if Jesus was con-	
	trolled by the sainted preacher. Hence Herod's asser-	
	tion: "John have I beheaded: but who is this?" No	27
	wonder Herod desired to see the new Teacher.	
	The disciples apprehended their Master better than	
	did others; but they did not comprehend all	30
	that he said and did, or they would not have	
	questioned him so often. Jesus patiently persisted in	

1 teaching and demonstrating the truth of being. His stu-
 dents saw this power of Truth heal the sick, cast out evil,
 3 raise the dead; but the ultimate of this wonderful work
 was not spiritually discerned, even by them, until after the
 crucifixion, when their immaculate Teacher stood before
 6 them, the victor over sickness, sin, disease, death, and
 the grave.

Yearning to be understood, the Master repeated,
 9 "But whom say *ye* that I am?" This renewed inquiry
 meant: Who or what is it that is able to do the work, so
 mysterious to the popular mind? In his rejection of the
 12 answer already given and his renewal of the question,
 it is plain that Jesus completely eschewed the narrow
 opinion implied in their citation of the common report
 15 about him.

With his usual impetuosity, Simon replied for his
 brethren, and his reply set forth a great fact: "Thou
 18 art the Christ, the Son of the living God!"
 That is: The Messiah is what thou hast de-
 clared, — Christ, the spirit of God, of Truth, Life, and
 21 Love, which heals mentally. This assertion elicited from
 Jesus the benediction, "Blessed art thou, Simon Bar-
 jona: for flesh and blood hath not revealed it unto thee,
 24 but my Father which is in heaven;" that is, Love hath
 shown thee the way of Life!

A divine
response

Before this the impetuous disciple had been called
 27 only by his common names, Simon Bar-jona, or son of
 Jona; but now the Master gave him a spir-
 itual name in these words: "And I say also
 30 unto thee, That thou art Peter; and upon this rock [the
 meaning of the Greek word *petros*, or *stone*] I will build
 my church; and the gates of hell [*hades*, the *under-*

The true and
living rock

world, or the *grave*] shall not prevail against it." In 1
 other words, Jesus purposed founding his society, not
 on the personal Peter as a mortal, but on the God- 3
 power which lay behind Peter's confession of the true
 Messiah.

Sublime
 summary

It was now evident to Peter that divine Life, Truth, and 6
 Love, and not a human personality, was the healer of the
 sick and a rock, a firm foundation in the realm
 of harmony. On this spiritually scientific basis 9
 Jesus explained his cures, which appeared miraculous to
 outsiders. He showed that diseases were cast out neither
 by corporeality, by *materia medica*, nor by hygiene, but by 12
 the divine Spirit, casting out the errors of mortal mind.
 The supremacy of Spirit was the foundation on which
 Jesus built. His sublime summary points to the religion 15
 of Love.

New era
 in Jesus

Jesus established in the Christian era the precedent for
 all Christianity, theology, and healing. Christians are 18
 under as direct orders now, as they were then,
 to be Christlike, to possess the Christ-spirit, to
 follow the Christ-example, and to heal the sick as well as 21
 the sinning. It is easier for Christianity to cast out sick-
 ness than sin, for the sick are more willing to part with
 pain than are sinners to give up the sinful, so-called pleas- 24
 ure of the senses. The Christian can prove this to-day as
 readily as it was proved centuries ago.

Healthful
 theology

Our Master said to every follower: "Go ye into all the 27
 world, and preach the gospel to every creature! . . .
 Heal the sick! . . . Love thy neighbor as
 thyself!" It was this theology of Jesus which 30
 healed the sick and the sinning. It is his theology in this
 book and the spiritual meaning of this theology, which

1 heals the sick and causes the wicked to “forsake his way,
and the unrighteous man his thoughts.” It was our Mas-
3 ter’s theology which the impious sought to destroy.

From beginning to end, the Scriptures are full of
accounts of the triumph of Spirit, Mind, over matter.

6 Moses proved the power of Mind by what men
called miracles; so did Joshua, Elijah, and
Elisha. The Christian era was ushered in with signs and
9 wonders. Reforms have commonly been attended with
bloodshed and persecution, even when the end has been
brightness and peace; but the present new, yet old, re-
12 form in religious faith will teach men patiently and wisely
to stem the tide of sectarian bitterness, whenever it flows
inward.

**Marvels and
reformations**

15 The decisions by vote of Church Councils as to what
should and should not be considered Holy Writ; the man-
ifest mistakes in the ancient versions; the
18 thirty thousand different readings in the Old
Testament, and the three hundred thousand in the New,
— these facts show how a mortal and material sense stole
21 into the divine record, with its own hue darkening to some
extent the inspired pages. But mistakes could neither
wholly obscure the divine Science of the Scriptures seen
24 from Genesis to Revelation, mar the demonstration of
Jesus, nor annul the healing by the prophets, who foresaw
that “the stone which the builders rejected” would be-
27 come “the head of the corner.”

**Science
obscured**

Atheism, pantheism, theosophy, and agnosticism are
opposed to Christian Science, as they are to ordinary re-
30 ligion; but it does not follow that the profane
or atheistic invalid cannot be healed by Chris-
tian Science. The moral condition of such a man de-

**Opponents
benefited**

mands the remedy of Truth more than it is needed in most cases; and Science is more than usually effectual in the treatment of moral ailments. 1 3

That God is a corporeal being, nobody can truly affirm. The Bible represents Him as saying: "Thou canst not see My face; for there shall no man see Me, and live." Not materially but spiritually we know Him as divine Mind, as Life, Truth, and Love. We shall obey and adore in proportion as we apprehend the divine nature and love Him understandingly, warring no more over the corporeality, but rejoicing in the affluence of our God. Religion will then be of the heart and not of the head. Mankind will no longer be tyrannical and proscriptive from lack of love, — straining out gnats and swallowing camels. 6 9 12 15

We worship spiritually, only as we cease to worship materially. Spiritual devoutness is the soul of Christianity. Worshipping through the medium of matter is paganism. Judaic and other rituals are but types and shadows of true worship. "The true worshippers shall worship the Father in spirit and in truth." 18 21

The Jewish tribal Jehovah was a man-projected God, liable to wrath, repentance, and human changeableness. The Christian Science God is universal, eternal, divine Love, which changeth not and causeth no evil, disease, nor death. It is indeed mournfully true that the older Scripture is reversed. In the beginning God created man in His, God's, image; but mortals would procreate man, and make God in their own human image. What is the god of a mortal, but a mortal magnified? 24 27 30

God invisible
to the senses

The true
worship

Anthropo-
morphism

1 This indicates the distance between the theological and
 2 ritualistic religion of the ages and the truth preached by
 3 Jesus. More than profession is requisite for
 4 Christian demonstration. Few understand or
 5 adhere to Jesus' divine precepts for living and
 6 healing. Why? Because his precepts require the disci-
 7 ple to cut off the right hand and pluck out the right eye,
 8 — that is, to set aside even the most cherished beliefs
 9 and practices, to leave all for Christ.

More than
 profession
 required

10 All revelation (such is the popular thought!) must come
 11 from the schools and along the line of scholarly and eccle-
 12 siastical descent, as kings are crowned from a
 13 royal dynasty. In healing the sick and sinning,
 14 Jesus elaborated the fact that the healing effect
 15 followed the understanding of the divine Principle and
 16 of the Christ-spirit which governed the corporeal Jesus.
 17 For this Principle there is no dynasty, no ecclesiastical
 18 monopoly. Its only crowned head is immortal sover-
 19 eignty. Its only priest is the spiritualized man. The
 20 Bible declares that all believers are made "kings and
 21 priests unto God." The outsiders did not then, and
 22 do not now, understand this ruling of the Christ; there-
 23 fore they cannot demonstrate God's healing power.
 24 Neither can this manifestation of Christ be com-
 25 prehended, until its divine Principle is scientifically
 26 understood.

No
 ecclesiastical
 monopoly

27 The adoption of scientific religion and of divine heal-
 28 ing will ameliorate sin, sickness, and death. Let our
 29 pulpits do justice to Christian Science. Let
 30 it have fair representation by the press. Give
 31 to it the place in our institutions of learning now occu-
 32 pied by scholastic theology and physiology, and it will

A change
 demanded

eradicate sickness and sin in less time than the old systems, 1
 devised for subduing them, have required for self-estab-
 lishment and propagation. 3

Two claims
 omitted

Anciently the followers of Christ, or Truth, measured
 Christianity by its power over sickness, sin, and death;
 but modern religions generally omit all but one 6
 of these powers, — the power over sin. We
 must seek the undivided garment, the whole Christ, as our
 first proof of Christianity, for Christ, Truth, alone can 9
 furnish us with absolute evidence.

Selfishness
 and loss

If the soft palm, upturned to a lordly salary, and archi-
 tectural skill, making dome and spire tremulous with 12
 beauty, turn the poor and the stranger from the
 gate, they at the same time shut the door on
 progress. In vain do the manger and the cross tell their 15
 story to pride and fustian. Sensuality palsies the right
 hand, and causes the left to let go its grasp on the divine.

Temple
 cleansed

As in Jesus' time, so to-day, tyranny and pride need to 18
 be whipped out of the temple, and humility and divine Sci-
 ence to be welcomed in. The strong cords of
 scientific demonstration, as twisted and wielded 21
 by Jesus, are still needed to purge the temples of their
 vain traffic in worldly worship and to make them meet
 dwelling-places for the Most High. 24

MEDICINE

Question of
 precedence

Which was first, Mind or medicine? If Mind was
 first and self-existent, then Mind, not matter, must have 27
 been the first medicine. God being All-in-
 all, He made medicine; but that medicine was
 Mind. It could not have been matter, which departs 30
 from the nature and character of Mind, God. Truth

1 is God's remedy for error of every kind, and Truth de-
2 stroys only what is untrue. Hence the fact that, to-day,
3 as yesterday, Christ casts out evils and heals the
sick.

6 It is plain that God does not employ drugs or hygiene,
nor provide them for human use; else Jesus would have
recommended and employed them in his heal-
ing. The sick are more deplorably lost than
9 the sinning, if the sick cannot rely on God for help and
the sinning can. The divine Mind never called matter
medicine, and matter required a material and human be-
12 lief before it could be considered as medicine.

Methods
rejected

Sometimes the human mind uses one error to medi-
cine another. Driven to choose between two difficulties,
15 the human mind takes the lesser to relieve the
greater. On this basis it saves from starva-
tion by theft, and quiets pain with anodynes. You
18 admit that mind influences the body somewhat, but
you conclude that the stomach, blood, nerves, bones,
etc., hold the preponderance of power. Controlled by
21 this belief, you continue in the old routine. You lean on
the inert and unintelligent, never discerning how this de-
prives you of the available superiority of divine Mind.
24 The body is not controlled scientifically by a negative
mind.

Error not
curative

Mind is the grand creator, and there can be no power
27 except that which is derived from Mind. If Mind was
first chronologically, is first potentially, and
must be first eternally, then give to Mind the
glory, honor, dominion, and power everlastingly due its
30 holy name. Inferior and unspiritual methods of healing
may try to make Mind and drugs coalesce, but the two will

Impossible
coalescence

not mingle scientifically. Why should we wish to make 1
them do so, since no good can come of it?

If Mind is foremost and superior, let us rely upon Mind, 3
which needs no cooperation from lower powers, even if
these so-called powers are real.

Naught is the squire, when the king is nigh, 6
Withdraws the star, when dawns the sun's brave light.

Soul and
sense

The various mortal beliefs formulated in human philoso- 9
phy, physiology, hygiene, are mainly predicated of matter,
and afford faint gleams of God, or Truth.

The more material a belief, the more obstinately 12
tenacious its error; the stronger are the manifestations of
the corporeal senses, the weaker the indications of Soul.

Will-power
detrimental

Human will-power is not Science. Human will belongs 15
to the so-called material senses, and its use is to be con-
demned. Willing the sick to recover is not the
metaphysical practice of Christian Science, but
is sheer animal magnetism. Human will-power may in- 18
fringe the rights of man. It produces evil continually,
and is not a factor in the realism of being. Truth, and
not corporeal will, is the divine power which says to 21
disease, "Peace, be still."

Conservative
antagonism

Because divine Science wars with so-called physical 24
science, even as Truth wars with error, the old schools
still oppose it. Ignorance, pride, or prejudice
closes the door to whatever is not stereotyped.
When the Science of being is universally understood, 27
every man will be his own physician, and Truth will be
the universal panacea.

It is a question to-day, whether the ancient inspired 30
healers understood the Science of Christian healing, or

1 whether they caught its sweet tones, as the natural
 musician catches the tones of harmony, without being
 3 able to explain them. So divinely imbued
 were they with the spirit of Science, that the
 lack of the letter could not hinder their work; and that
 6 letter, without the spirit, would have made void their
 practice.

Ancient
 healers

9 The struggle for the recovery of invalids goes on, not
 between material methods, but between mortal minds
 and immortal Mind. The victory will be on
 the patient's side only as immortal Mind
 12 through Christ, Truth, subdues the human belief in
 disease. It matters not what material method one may
 adopt, whether faith in drugs, trust in hygiene, or reliance
 15 on some other minor curative.

The struggle
 and victory

Scientific healing has this advantage over other meth-
 ods, — that in it Truth controls error. From this fact
 18 arise its ethical as well as its physical ef-
 fects. Indeed, its ethical and physical effects
 are indissolubly connected. If there is any mystery
 21 in Christian healing, it is the mystery which godliness
 always presents to the ungodly, — the mystery always
 arising from ignorance of the laws of eternal and unerr-
 24 ing Mind.

Mystery of
 godliness

Other methods undertake to oppose error with error,
 and thus they increase the antagonism of one form of
 27 matter towards other forms of matter or error,
 and the warfare between Spirit and the flesh
 goes on. By this antagonism mortal mind must con-
 30 tinually weaken its own assumed power.

Matter
versus matter

The theology of Christian Science includes healing
 the sick. Our Master's first article of faith propounded

	to his students was healing, and he proved his faith by	1
	his works. The ancient Christians were healers. Why	
How healing was lost	has this element of Christianity been lost?	3
	Because our systems of religion are governed	
	more or less by our systems of medicine. The first idol-	
	atry was faith in matter. The schools have rendered	6
	faith in drugs the fashion, rather than faith in Deity. By	
	trusting matter to destroy its own discord, health and	
	harmony have been sacrificed. Such systems are barren	9
	of the vitality of spiritual power, by which material sense	
	is made the servant of Science and religion becomes	
	Christlike.	12
	Material medicine substitutes drugs for the power of	
	God — even the might of Mind — to heal the body.	
Drugs and divinity	Scholasticism clings for salvation to the per-	15
	son, instead of to the divine Principle, of the	
	man Jesus; and his Science, the curative agent of God,	
	is silenced. Why? Because truth divests material drugs	18
	of their imaginary power, and clothes Spirit with suprem-	
	acy. Science is the "stranger that is within thy gates,"	
	remembered not, even when its elevating effects prac-	21
	tically prove its divine origin and efficacy.	
	Divine Science derives its sanction from the Bible,	
	and the divine origin of Science is demonstrated through	24
Christian Science as old as God	the holy influence of Truth in healing sick-	
	ness and sin. This healing power of Truth	
	must have been far anterior to the period in	27
	which Jesus lived. It is as ancient as "the Ancient of	
	days." It lives through all Life, and extends throughout	
	all space.	30
	Divine metaphysics is now reduced to a system, to a	
	form comprehensible by and adapted to the thought of	

1 the age in which we live. This system enables the
 learner to demonstrate the divine Principle,
 3 upon which Jesus' healing was based, and
 the sacred rules for its present application to the cure of
 disease.

Reduction
to system

6 Late in the nineteenth century I demonstrated the divine
 rules of Christian Science. They were submitted to the
 broadest practical test, and everywhere, when honestly ap-
 9 plied under circumstances where demonstration was hu-
 manly possible, this Science showed that Truth had lost
 none of its divine and healing efficacy, even though cen-
 12 turies had passed away since Jesus practised these rules
 on the hills of Judæa and in the valleys of Galilee.

Although this volume contains the complete Science of
 15 Mind-healing, never believe that you can absorb the whole
 meaning of the Science by a simple *perusal*
 of this book. The book needs to be *studied*,
 18 and the demonstration of the rules of scientific healing
 will plant you firmly on the spiritual groundwork of
 Christian Science. This proof lifts you high above the
 21 perishing fossils of theories already antiquated, and en-
 ables you to grasp the spiritual facts of being hitherto
 unattained and seemingly dim.

Perusal and
practice

24 Our Master healed the sick, practised Christian heal-
 ing, and taught the generalities of its divine Principle to
 his students; but he left no definite rule for
 27 demonstrating this Principle of healing and
 preventing disease. This rule remained to be discovered
 in Christian Science. A pure affection takes form in good-
 30 ness, but Science alone reveals the divine Principle of
 goodness and demonstrates its rules.

A definite rule
discovered

Jesus never spoke of disease as dangerous or as difficult

	to heal. When his students brought to him a case they	1
	had failed to heal, he said to them, "O faithless gen-	
Jesus' own practice	eration," implying that the requisite power	3
	to heal was in Mind. He prescribed no drugs,	
	urged no obedience to material laws, but acted in direct	
	disobedience to them.	6
	Neither anatomy nor theology has ever described man	
	as created by Spirit, — as God's man. The former ex-	
The man of anatomy and of theology	plains the men of <i>men</i> , or the "children of	9
	men," as created corporeally instead of spir-	
	itually and as emerging from the lowest, in-	
	stead of from the highest, conception of being. Both	12
	anatomy and theology define man as both physical and	
	mental, and place mind at the mercy of matter for every	
	function, formation, and manifestation. Anatomy takes	15
	up man at all points materially. It loses Spirit, drops the	
	true tone, and accepts the discord. Anatomy and the-	
	ology reject the divine Principle which produces harmo-	18
	nious man, and deal — the one wholly, the other primarily	
	— with matter, calling that <i>man</i> which is not the counter-	
	part, but the counterfeit, of God's man. Then theology	21
	tries to explain how to make this man a Christian, — how	
	from this basis of division and discord to produce the con-	
	cord and unity of Spirit and His likeness.	24
	Physiology exalts matter, dethrones Mind, and claims	
	to rule man by material law, instead of spiritual. When	
Physiology deficient	physiology fails to give health or life by this	27
	process, it ignores the divine Spirit as unable	
	or unwilling to render help in time of physical need.	
	When mortals sin, this ruling of the schools leaves them	30
	to the guidance of a theology which admits God to be	
	the healer of sin but not of sickness, although our great	

1 Master demonstrated that Truth could save from sickness
as well as from sin.

3 Mind as far outweighs drugs in the cure of disease as
in the cure of sin. The more excellent way is divine
Science in every case. Is *materia medica* a
6 science or a bundle of speculative human
theories? The prescription which succeeds in one in-
stance fails in another, and this is owing to the different
9 mental states of the patient. These states are not com-
prehended, and they are left without explanation except
in Christian Science. The rule and its perfection of opera-
12 tion never vary in Science. If you fail to succeed in any
case, it is because you have not demonstrated the life of
Christ, Truth, more in your own life, — because you have
15 not obeyed the rule and proved the Principle of divine
Science.

Blunders and
blunderers

A physician of the old school remarked with great
18 gravity: "We know that mind affects the body some-
what, and advise our patients to be hopeful
and cheerful and to take as little medicine as
21 possible; but mind can never cure organic difficulties."
The logic is lame, and facts contradict it. The author
has cured what is termed organic disease as readily as she
24 has cured purely functional disease, and with no power
but the divine Mind.

Old-school
physician

Since God, divine Mind, governs all, not partially but
27 supremely, predicting disease does not dignify therapeutics.
Whatever guides thought spiritually benefits
mind and body. We need to understand the
30 affirmations of divine Science, dismiss superstition, and
demonstrate truth according to Christ. To-day there
is hardly a city, village, or hamlet, in which are not to

Tests in
our day

be found living witnesses and monuments to the virtue
and power of Truth, as applied through this Christian
system of healing disease. 1 3

The main
purpose

To-day the healing power of Truth is widely demon-
strated as an immanent, eternal Science, instead of a
phenomenal exhibition. Its appearing is the 6
coming anew of the gospel of "on earth peace,
good-will toward men." This coming, as was promised
by the Master, is for its establishment as a permanent 9
dispensation among men; but the mission of Christian
Science now, as in the time of its earlier demonstration,
is not primarily one of physical healing. Now, as then, 12
signs and wonders are wrought in the metaphysical heal-
ing of physical disease; but these signs are only to demon-
strate its divine origin, — to attest the reality of the higher 15
mission of the Christ-power to take away the sins of the
world.

Exploded
doctrine

The science (so-called) of physics would have one be- 18
lieve that both matter and mind are subject to disease,
and that, too, in spite of the individual's pro-
test and contrary to the law of divine Mind. 21
This human view infringes man's free moral agency; and
it is as evidently erroneous to the author, and will be to
all others at some future day, as the practically rejected 24
doctrine of the predestination of souls to damnation or
salvation. The doctrine that man's harmony is gov-
erned by physical conditions all his earthly days, and that 27
he is then thrust out of his own body by the operation of
matter, — even the doctrine of the superiority of matter
over Mind, — is fading out. 30

The hosts of Æsculapius are flooding the world with
diseases, because they are ignorant that the human mind

1 and body are myths. To be sure, they sometimes treat
 the sick as if there was but one factor in the case; but
 3 this one factor they represent to be body, not
 mind. Infinite Mind could not possibly create
 a remedy outside of itself, but erring, finite, human mind
 6 has an absolute need of something beyond itself for its
 redemption and healing.

Disease
 mental

Great respect is due the motives and philanthropy of
 9 the higher class of physicians. We know that if they un-
 derstood the Science of Mind-healing, and were
 in possession of the enlarged power it confers
 12 to benefit the race physically and spiritually, they would
 rejoice with us. Even this one reform in medicine would
 ultimately deliver mankind from the awful and oppres-
 15 sive bondage now enforced by false theories, from which
 multitudes would gladly escape.

Intentions
 respected

Mortal belief says that death has been occasioned by
 18 fright. Fear never stopped being and its action. The
 blood, heart, lungs, brain, etc., have nothing
 to do with Life, God. Every function of the
 21 real man is governed by the divine Mind. The human
 mind has no power to kill or to cure, and it has no con-
 trol over God's man. The divine Mind that made man
 24 maintains His own image and likeness. The human
 mind is opposed to God and must be put off, as St. Paul
 declares. All that really exists is the divine Mind and
 27 its idea, and in this Mind the entire being is found har-
 monious and eternal. The straight and narrow way is to
 see and acknowledge this fact, yield to this power, and
 30 follow the leadings of truth.

Man governed
 by Mind

That mortal mind claims to govern every organ of the
 mortal body, we have overwhelming proof. But this so-

	called mind is a myth, and must by its own consent yield	1
	to Truth. It would wield the sceptre of a monarch, but	
Mortal mind dethroned	it is powerless. The immortal divine Mind	3
	takes away all its supposed sovereignty, and	
	saves mortal mind from itself. The author has endeavored	
	to make this book the Æsculapius of mind as well as of	6
	body, that it may give hope to the sick and heal them,	
	although they know not how the work is done. Truth	
	has a healing effect, even when not fully understood.	9
	Anatomy describes muscular action as produced by	
	mind in one instance and not in another. Such errors	
All activity from thought	beset every material theory, in which one	12
	statement contradicts another over and over	
	again. It is related that Sir Humphry Davy once ap-	
	parently cured a case of paralysis simply by introducing	15
	a thermometer into the patient's mouth. This he did	
	merely to ascertain the temperature of the patient's body;	
	but the sick man supposed this ceremony was intended	18
	to heal him, and he recovered accordingly. Such a fact	
	illustrates our theories.	
	The author's medical researches and experiments had	21
	prepared her thought for the metaphysics of Christian	
The author's experiments in medicine	Science. Every material dependence had	24
	failed her in her search for truth; and she can	
	now understand why, and can see the means	
	by which mortals are divinely driven to a spiritual source	
	for health and happiness.	27
	Her experiments in homœopathy had made her skept-	
	ical as to material curative methods. Jahr, from	
Homœopathic attenuations	<i>Aconitum</i> to <i>Zincum oxydatum</i> , enumerates	30
	the general symptoms, the characteristic	
	signs, which demand different remedies; but the drug	

1 is frequently attenuated to such a degree that not a ves-
tige of it remains. Thus we learn that it is not the drug
3 which expels the disease or changes one of the symptoms
of disease.

The author has attenuated *Natrum muriaticum* (com-
6 mon table-salt) until there was not a single saline property
left. The salt had "lost his savour;" and yet,
with one drop of that attenuation in a goblet of
9 water, and a teaspoonful of the water administered at in-
tervals of three hours, she has cured a patient sinking in
the last stage of typhoid fever. The highest attenuation
12 of homœopathy and the most potent rises above matter into
mind. This discovery leads to more light. From it may
be learned that either human faith or the divine Mind is
15 the healer and that there is no efficacy in a drug.

Only salt
and water

You say a boil is painful; but that is impossible, for
matter without mind is not painful. The boil simply
18 manifests, through inflammation and swell-
ing, a belief in pain, and this belief is called a
boil. Now administer mentally to your patient a high
21 attenuation of truth, and it will soon cure the boil. The
fact that pain cannot exist where there is no mortal mind
to feel it is a proof that this so-called mind makes its
24 own pain — that is, its own *belief* in pain.

Origin
of pain

We weep because others weep, we yawn because they
yawn, and we have smallpox because others have it; but
27 mortal mind, not matter, contains and carries
the infection. When this mental contagion is
understood, we shall be more careful of our mental con-
30 ditions, and we shall avoid loquacious tattling about
disease, as we would avoid advocating crime. Neither
sympathy nor society should ever tempt us to cherish

Source of
contagion

error in any form, and certainly we should not be error's advocate. 1

Disease arises, like other mental conditions, from association. Since it is a law of mortal mind that certain diseases should be regarded as contagious, this law obtains credit through association, — calling up the fear that creates the image of disease and its consequent manifestation in the body. 3 6

This fact in metaphysics is illustrated by the following incident: A man was made to believe that he occupied a bed where a cholera patient had died. Immediately the symptoms of this disease appeared, and the man died. The fact was, that he had not caught the cholera by material contact, because no cholera patient had been in that bed. 9 12 15

Imaginary
cholera

If a child is exposed to contagion or infection, the mother is frightened and says, "My child will be sick." The law of mortal mind and her own fears govern her child more than the child's mind governs itself, and they produce the very results which might have been prevented through the opposite understanding. Then it is believed that exposure to the contagion wrought the mischief. 18 21

Children's
ailments

That mother is not a Christian Scientist, and her affections need better guidance, who says to her child: "You look sick," "You look tired," "You need rest," or "You need medicine." 24 27

Such a mother runs to her little one, who thinks she has hurt her face by falling on the carpet, and says, moaning more childishly than her child, "Mamma knows you are hurt." The better and more successful method for any mother to adopt is to say: "Oh, never mind! You're not 30

1 hurt, so don't think you are." Presently the child forgets
all about the accident, and is at play.

3 When the sick recover by the use of drugs, it is the law
of a general belief, culminating in individual faith, which
heals; and according to this faith will the effect
6 be. Even when you take away the individual
confidence in the drug, you have not yet divorced the drug
from the general faith. The chemist, the botanist, the
9 druggist, the doctor, and the nurse equip the medicine
with their faith, and the beliefs which are in the majority
rule. When the general belief endorses the inanimate
12 drug as doing this or that, individual dissent or faith, un-
less it rests on Science, is but a belief held by a minority,
and such a belief is governed by the majority.

Drug-power
mental

15 The universal belief in physics weighs against the high
and mighty truths of Christian metaphysics. This errone-
ous general belief, which sustains medicine and
18 produces all medical results, works against
Christian Science; and the percentage of power on the
side of this Science must mightily outweigh the power of
popular belief in order to heal a single case of disease. The
21 human mind acts more powerfully to offset the discords
of matter and the ills of flesh, in proportion as it puts less
24 weight into the material or fleshly scale and more weight
into the spiritual scale. Homœopathy diminishes the
drug, but the potency of the medicine increases as the
27 drug disappears.

Belief in
physics

Vegetarianism, homœopathy, and hydropathy have
diminished drugging; but if drugs are an antidote to
30 disease, why lessen the antidote? If drugs
are good things, is it safe to say that the
less in quantity you have of them the better? If drugs

Nature of
drugs

possess intrinsic virtues or intelligent curative qualities, 1
 these qualities must be mental. Who named drugs, and
 what made them good or bad for mortals, beneficial or 3
 injurious?

Dropsy cured
 without drugs

A case of dropsy, given up by the faculty, fell into
 my hands. It was a terrible case. Tapping had been 6
 employed, and yet, as she lay in her bed, the
 patient looked like a barrel. I prescribed
 the fourth attenuation of *Argentum nitratum* with occa- 9
 sional doses of a high attenuation of *Sulphuris*. She im-
 proved perceptibly. Believing then somewhat in the
 ordinary theories of medical practice, and learning that 12
 her former physician had prescribed these remedies, I
 began to fear an aggravation of symptoms from their
 prolonged use, and told the patient so; but she was 15
 unwilling to give up the medicine while she was re-
 covering. It then occurred to me to give her un-
 medicated pellets and watch the result. I did so, and 18
 she continued to gain. Finally she said that she would
 give up her medicine for one day, and risk the
 effects. After trying this, she informed me that she 21
 could get along two days without globules; but on
 the third day she again suffered, and was relieved by
 taking them. She went on in this way, taking the 24
 unmedicated pellets, — and receiving occasional visits
 from me, — but employing no other means, and she was
 cured. 27

A stately
 advance

Metaphysics, as taught in Christian Science, is the
 next stately step beyond homœopathy. In metaphysics,
 matter disappears from the remedy entirely, 30
 and Mind takes its rightful and supreme
 place. Homœopathy takes mental symptoms largely

1 into consideration in its diagnosis of disease. Christian
 Science deals wholly with the mental cause in judging and
 3 destroying disease. It succeeds where homœopathy fails,
 solely because its one recognized Principle of healing is
 Mind, and the whole force of the mental element is em-
 6 ployed through the Science of Mind, which never shares
 its rights with inanimate matter.

Christian Science exterminates the drug, and rests on
 9 Mind alone as the curative Principle, acknowledging that
 the divine Mind has all power. Homœopathy
 mentalizes a drug with such repetition of
 12 thought-attenuations, that the drug becomes
 more like the human mind than the substratum of this so-
 called mind, which we call matter; and the drug's power
 15 of action is proportionately increased.

The modus of
 homœopathy

If drugs are part of God's creation, which (according
 to the narrative in Genesis) He pronounced *good*, then
 18 drugs cannot be poisonous. If He could cre-
 ate drugs intrinsically bad, then they should
 never be used. If He creates drugs at all and designs
 21 them for medical use, why did Jesus not employ them
 and recommend them for the treatment of disease?
 Matter is not self-creative, for it is unintelligent. Erring
 24 mortal mind confers the power which the drug seems to
 possess.

Drugging
 unchristian

Narcotics quiet mortal mind, and so relieve the body;
 27 but they leave both mind and body worse for this sub-
 mission. Christian Science impresses the entire corpore-
 ality, — namely, mind and body, — and brings out the
 proof that Life is continuous and harmonious. Science
 30 both neutralizes error and destroys it. Mankind is the
 better for this spiritual and profound pathology.

Mythology and materia medica	It is recorded that the profession of medicine originated	1
	in idolatry with pagan priests, who besought the gods to	
	heal the sick and designated Apollo as "the god	3
	of medicine." He was supposed to have dic- tated the first prescription, according to the	
	"History of Four Thousand Years of Medicine." It is	6
	here noticeable that Apollo was also regarded as the sender	
	of disease, "the god of pestilence." Hippocrates turned	
	from image-gods to vegetable and mineral drugs for heal- ing. This was deemed progress in medicine; but	9
	what we need is the truth which heals both mind and	
	body. The future history of material medicine may	12
	correspond with that of its material god, Apollo, who was	
	banished from heaven and endured great sufferings	
	upon earth.	15
Footsteps to intemperance	Drugs, cataplasms, and whiskey are stupid substitutes	
	for the dignity and potency of divine Mind and its effi- cacy to heal. It is pitiful to lead men into	18
	temptation through the byways of this wil- derness world, — to victimize the race with intoxicating	
	prescriptions for the sick, until mortal mind acquires an	21
	educated appetite for strong drink, and men and women	
	become loathsome sots.	
Advancing degrees	Evidences of progress and of spiritualization greet us	24
	on every hand. Drug-systems are quitting their hold on	
	matter and so letting in matter's higher stra- tum, mortal mind. Homœopathy, a step in	27
	advance of allopathy, is doing this. Matter is going out	
	of medicine; and mortal mind, of a higher attenuation	
	than the drug, is governing the pellet.	30
	A woman in the city of Lynn, Massachusetts, was	
	etherized and died in consequence, although her physi-	

1 cians insisted that it would be unsafe to perform a needed
 surgical operation without the ether. After the autopsy,
 3 her sister testified that the deceased protested
 against inhaling the ether and said it would kill
 her, but that she was compelled by her physicians to take
 6 it. Her hands were held, and she was forced into sub-
 mission. The case was brought to trial. The evidence
 was found to be conclusive, and a verdict was returned that
 9 death was occasioned, not by the ether, but by fear of
 inhaling it.

Effects
of fear

Is it skilful or scientific surgery to take no heed of men-
 12 tal conditions and to treat the patient as if she were so
 much mindless matter, and as if matter were
 the only factor to be consulted? Had these
 15 unscientific surgeons understood metaphysics,
 they would have considered the woman's state of mind,
 and not have risked such treatment. They would either
 18 have allayed her fear or would have performed the opera-
 tion without ether.

Mental
conditions
to be heeded

The sequel proved that this Lynn woman died from
 21 effects produced by mortal mind, and not from the disease
 or the operation.

The medical schools would learn the state of man
 24 from matter instead of from Mind. They examine the
 lungs, tongue, and pulse to ascertain how
 much harmony, or health, matter is permit-
 27 ting to matter, — how much pain or pleasure, action or
 stagnation, one form of matter is allowing another form
 of matter.

False source
of knowledge

30 Ignorant of the fact that a man's belief produces dis-
 ease and all its symptoms, the ordinary physician is
 liable to increase disease with his own mind, when he

should address himself to the work of destroying it through the power of the divine Mind. 1

The systems of physics act against metaphysics, and *vice versa*. When mortals forsake the material for the spiritual basis of action, drugs lose their healing force, for they have no innate power. Unsupported by the faith reposed in it, the inanimate drug becomes powerless. 3 6

The motion of the arm is no more dependent upon the direction of mortal mind, than are the organic action and secretion of the viscera. When this so-called mind quits the body, the heart becomes as torpid as the hand. 9 12

Obedient
muscles

Anatomy finds a necessity for nerves to convey the mandate of mind to muscle and so cause action; but what does anatomy say when the cords contract and become immovable? Has mortal mind ceased speaking to them, or has it bidden them to be impotent? Can muscles, bones, blood, and nerves rebel against mind in one instance and not in another, and become cramped despite the mental protest? 15 18 21

Anatomy
and mind

Unless muscles are self-acting at all times, they are never so, — never capable of acting contrary to mental direction. If muscles can cease to act and become rigid of their own preference, — be deformed or symmetrical, as they please or as disease directs, — they must be self-directing. Why then consult anatomy to learn how mortal mind governs muscle, if we are only to learn from anatomy that muscle is not so governed? 24 27

Mind over
matter

Is man a material fungus without Mind to help him? Is a stiff joint or a contracted muscle as much a result of law as the supple and 30

1 elastic condition of the healthy limb, and is God the lawgiver?

3 You say, "I have burned my finger." This is an exact statement, more exact than you suppose; for mortal mind, and not matter, burns it. Holy inspiration
6 has created states of mind which have been able to nullify the action of the flames, as in the Bible case of the three young Hebrew captives, cast into the Babylonian furnace;
9 while an opposite mental state might produce spontaneous combustion.

In 1880, Massachusetts put her foot on a proposed
12 tyrannical law, restricting the practice of medicine. If her sister States follow this example in harmony with our Constitution and Bill of Rights,
15 they will do less violence to that immortal sentiment of the Declaration, "Man is endowed by his Maker with certain inalienable rights, among which are life, liberty, and the
18 pursuit of happiness."

Restrictive
regulations

The oppressive state statutes touching medicine remind one of the words of the famous Madame Roland,
21 as she knelt before a statue of Liberty, erected near the guillotine: "Liberty, what crimes are committed in thy name!"

24 The ordinary practitioner, examining bodily symptoms, telling the patient that he is sick, and treating the case according to his physical diagnosis, would naturally induce the very disease he is trying to cure,
27 even if it were not already determined by mortal mind. Such unconscious mistakes would not occur, if this old class of philanthropists looked as deeply for cause and effect into mind as into matter. The physician agrees with his "adversary quickly," but upon different terms
30

Metaphysics
challenges
physics

than does the metaphysician; for the matter-physician agrees with the disease, while the metaphysician agrees only with health and challenges disease. 1
3

Christian Science brings to the body the sunlight of Truth, which invigorates and purifies. Christian Science acts as an alterative, neutralizing error with Truth. It changes the secretions, expels humors, dissolves tumors, relaxes rigid muscles, restores carious bones to soundness. The effect of this Science is to stir the human mind to a change of base, on which it may yield to the harmony of the divine Mind. 6
9

Experiments have favored the fact that Mind governs the body, not in one instance, but in every instance. The indestructible faculties of Spirit exist without the conditions of matter and also without the false beliefs of a so-called material existence. Working out the rules of Science in practice, the author has restored health in cases of both acute and chronic disease in their severest forms. Secretions have been changed, the structure has been renewed, shortened limbs have been elongated, ankylosed joints have been made supple, and carious bones have been restored to healthy conditions. I have restored what is called the lost substance of lungs, and healthy organizations have been established where disease was organic. Christian Science heals organic disease as surely as it heals what is called functional, for it requires only a fuller understanding of the divine Principle of Christian Science to demonstrate the higher rule. 12
15
18
21
24
27

With due respect for the faculty, I kindly quote from Dr. Benjamin Rush, the famous Philadelphia teacher of medical practice. He declared that "it is impossible to calculate the mischief 30

Truth an
alterative

Practical
success

Testimony
of medical
teachers

1 which Hippocrates has done, by first marking Nature
2 with his name, and afterward letting her loose upon sick
3 people."

 Dr. Benjamin Waterhouse, Professor in Harvard University, declared himself "sick of learned quackery."

6 Dr. James Johnson, Surgeon to William IV, King of England, said:

 "I declare my conscientious opinion, founded on long
9 observation and reflection, that if there were not a single
10 physician, surgeon, apothecary, man-midwife, chemist,
11 druggist, or drug on the face of the earth, there would be
12 less sickness and less mortality."

 Dr. Mason Good, a learned Professor in London, said:

15 "The effects of medicine on the human system are in
16 the highest degree uncertain; except, indeed, that it has
17 already destroyed more lives than war, pestilence, and
18 famine, all combined."

 Dr. Chapman, Professor of the Institutes and Practice
19 of Physic in the University of Pennsylvania, in a published
20 essay said:

 "Consulting the records of our science, we cannot
21 help being disgusted with the multitude of hypotheses
22 obtruded upon us at different times. Nowhere is the
23 imagination displayed to a greater extent; and perhaps
24 so ample an exhibition of human invention might gratify
25 our vanity, if it were not more than compensated by the
26 humiliating view of so much absurdity, contradiction,
27 and falsehood. To harmonize the contrarieties of medical
28 doctrines is indeed a task as impracticable as to
29 arrange the fleeting vapors around us, or to reconcile the
30 fixed and repulsive antipathies of nature. Dark and

perplexed, our devious career resembles the groping of
Homer's Cyclops around his cave." 1

Sir John Forbes, M.D., F.R.S., Fellow of the Royal
College of Physicians, London, said: 3

"No systematic or theoretical classification of diseases
or of therapeutic agents, ever yet promulgated, is true, or
anything like the truth, and none can be adopted as a safe
guidance in practice." 6

It is just to say that generally the cultured class of medi- 9
cal practitioners are grand men and women, therefore
they are more scientific than are false claimants to Chris-
tian Science. But all human systems based on material 12
premises are minus the unction of divine Science. Much
yet remains to be said and done before all mankind is
saved and all the mental microbes of sin and all diseased 15
thought-germs are exterminated.

If you or I should appear to die, we should not be
dead. The seeming decease, caused by a majority of 18
human beliefs that man must die, or produced by mental
assassins, does not in the least disprove Christian Science;
rather does it evidence the truth of its basic proposition 21
that mortal thoughts in belief rule the materiality mis-
called life in the body or in matter. But the forever fact
remains paramount that Life, Truth, and Love save from 24
sin, disease, and death. "When this corruptible shall have
put on incorruption, and this mortal shall have put on
immortality [divine Science], then shall be brought to pass 27
the saying that is written, Death is swallowed up in
victory" (St. Paul).

Physiology

*Therefore I say unto you,
Take no thought for your life,
what ye shall eat, or what ye shall drink;
nor yet for your body, what ye shall put on.
Is not the life more than meat,
and the body than raiment? — JESUS.*

*He sent His word, and healed them,
and delivered them from their destructions. — PSALMS.*

1 **P**hysiology is one of the apples from “the tree
of knowledge.” Evil declared that eating this fruit
3 would open man’s eyes and make him as a god. Instead
of so doing, it closed the eyes of mortals to man’s God-
given dominion over the earth.

6 To measure intellectual capacity by the size of the
brain and strength by the exercise of muscle, is to
subjugate intelligence, to make mind mor-
9 tal, and to place this so-called mind at the
mercy of material organization and non-intelligent
matter.

Man not
structural

12 Obedience to the so-called physical laws of health has
not checked sickness. Diseases have multiplied, since
man-made material theories took the place of spiritual
15 truth.

You say that indigestion, fatigue, sleeplessness, cause
distressed stomachs and aching heads. Then
18 you consult your brain in order to remember
what has hurt you, when your remedy lies in forgetting

Causes of
sickness

the whole thing; for matter has no sensation of its own, 1
and the human mind is all that can produce pain.

As a man thinketh, so is he. Mind is all that feels, 3
acts, or impedes action. Ignorant of this, or shrinking
from its implied responsibility, the healing effort is made
on the wrong side, and thus the conscious control over the 6
body is lost.

Delusions
pagan and
medical

The Mohammedan believes in a pilgrimage to Mecca
for the salvation of his soul. The popular doctor believes 9
in his prescription, and the pharmacist believes
in the power of his drugs to save a man's
life. The Mohammedan's belief is a religious 12
delusion; the doctor's and pharmacist's is a medical
mistake.

Health from
reliance on
spirituality

The erring human mind is inharmonious in itself. 15
From it arises the inharmonious body. To ignore
God as of little use in sickness is a mistake.
Instead of thrusting Him aside in times of 18
bodily trouble, and waiting for the hour of
strength in which to acknowledge Him, we should learn
that He can do all things for us in sickness as in 21
health.

Failing to recover health through adherence to physi- 24
ology and hygiene, the despairing invalid often drops
them, and in his extremity and only as a last resort, turns
to God. The invalid's faith in the divine Mind is less
than in drugs, air, and exercise, or he would have resorted 27
to Mind first. The balance of power is conceded to be
with matter by most of the medical systems; but when
Mind at last asserts its mastery over sin, disease, and 30
death, then is man found to be harmonious and
immortal.

1 Should we implore a corporeal God to heal the sick
out of His personal volition, or should we understand the
3 infinite divine Principle which heals? If we rise no higher
than blind faith, the Science of healing is not attained, and
Soul-existence, in the place of sense-existence, is not com-
6 prehended. We apprehend Life in divine Science only
as we live above corporeal sense and correct it. Our pro-
portionate admission of the claims of good or of evil de-
9 termines the harmony of our existence, — our health, our
longevity, and our Christianity.

 We cannot serve two masters nor perceive divine Sci-
12 ence with the material senses. Drugs and hygiene cannot
successfully usurp the place and power of the
divine source of all health and perfection. If
15 God made man both good and evil, man must remain
thus. What can improve God's work? Again, an error
in the premise must appear in the conclusion. To have
18 one God and avail yourself of the power of Spirit, you
must love God supremely.

The two
masters

 The "flesh lusteth against the Spirit." The flesh and
21 Spirit can no more unite in action, than good can coin-
cide with evil. It is not wise to take a halt-
ing and half-way position or to expect to work
24 equally with Spirit and matter, Truth and error. There
is but one way — namely, God and His idea — which
leads to spiritual being. The scientific government of the
27 body must be attained through the divine Mind. It is im-
possible to gain control over the body in any other way.
On this fundamental point, timid conservatism is abso-
lutely inadmissible. Only through radical reliance on
30 Truth can scientific healing power be realized.

Half-way
success

 Substituting good words for a good life, fair seeming

for straightforward character, is a poor shift for the weak and worldly, who think the standard of Christian Science too high for them. 1
3

Belief on the
wrong side If the scales are evenly adjusted, the removal of a single weight from either scale gives preponderance to the opposite. Whatever influence you cast on the side of matter, you take away from Mind, which would otherwise outweigh all else. Your belief militates against your health, when it ought to be enlisted on the side of health. When sick (according to belief) you rush after drugs, search out the material so-called laws of health, and depend upon them to heal you, though you have already brought yourself into the slough of disease through just this false belief. 6
9
12

The divine
authority Because man-made systems insist that man becomes sick and useless, suffers and dies, all in consonance with the laws of God, are we to believe it? Are we to believe an authority which denies God's spiritual command relating to perfection, — an authority which Jesus proved to be false? He did the will of the Father. He healed sickness in defiance of what is called material law, but in accordance with God's law, the law of Mind. 15
18
21

Disease
foreseen I have discerned disease in the human mind, and recognized the patient's fear of it, months before the so-called disease made its appearance in the body. Disease being a belief, a latent illusion of mortal mind, the sensation would not appear if the error of belief was met and destroyed by truth. 24
27

Changed
mentality Here let a word be noticed which will be better understood hereafter, — *chemicalization*. By chemicalization I mean the process which mortal 30

1 mind and body undergo in the change of belief from a
material to a spiritual basis.

3 Whenever an aggravation of symptoms has occurred
through mental chemicalization, I have seen the mental
signs, assuring me that danger was over, before
6 the patient felt the change; and I have said
to the patient, "You are healed," — sometimes to his dis-
comfiture, when he was incredulous. But it always came
9 about as I had foretold.

Scientific
foresight

I name these facts to show that disease has a mental,
mortal origin, — that faith in rules of health or in drugs
12 begets and fosters disease by attracting the mind to the
subject of sickness, by exciting fear of disease, and by dos-
ing the body in order to avoid it. The faith reposed in
15 these things should find stronger supports and a higher
home. If we understood the control of Mind over body,
we should put no faith in material means.

18 Science not only reveals the origin of all disease as
mental, but it also declares that all disease is cured by
divine Mind. There can be no healing ex-
21 cept by this Mind, however much we trust
a drug or any other means towards which human faith
or endeavor is directed. It is mortal mind, not mat-
24 ter, which brings to the sick whatever good they may
seem to receive from materiality. But the sick are never
really healed except by means of the divine power.
27 Only the action of Truth, Life, and Love can give
harmony.

Mind the
only healer

30 Whatever teaches man to have other laws and to
acknowledge other powers than the divine
Mind, is anti-Christian. The good that a
poisonous drug seems to do is evil, for it robs man of

Modes of
matter

reliance on God, omnipotent Mind, and according to be- 1
 lief, poisons the human system. Truth is not the basis of
 theogony. Modes of matter form neither a moral nor a 3
 spiritual system. The discord which calls for material
 methods is the result of the exercise of faith in material
 modes, — faith in matter instead of in Spirit. 6

Physiology
 unscientific

Did Jesus understand the economy of man less than
 Graham or Cutter? Christian ideas certainly present 9
 what human theories exclude — the Principle
 of man's harmony. The text, "Whosoever
 liveth and believeth in me shall never die," not only con-
 tradicts human systems, but points to the self-sustaining 12
 and eternal Truth.

The demands of Truth are spiritual, and reach the
 body through Mind. The best interpreter of man's needs 15
 said: "Take no thought for your life, what ye shall eat,
 or what ye shall drink."

If there are material laws which prevent disease, what 18
 then causes it? Not divine law, for Jesus healed the
 sick and cast out error, always in opposition, never in
 obedience, to physics. 21

Causation
 considered

Spiritual causation is the one question to be considered,
 for more than all others spiritual causation relates to 24
 human progress. The age seems ready to
 approach this subject, to ponder somewhat
 the supremacy of Spirit, and at least to touch the hem
 of Truth's garment. 27

The description of man as purely physical, or as both
 material and spiritual, — but in either case dependent
 upon his physical organization, — is the Pandora box, 30
 from which all ills have gone forth, especially despair.
 Matter, which takes divine power into its own hands and

1 claims to be a creator, is a fiction, in which paganism and
 2 lust are so sanctioned by society that mankind has caught
 3 their moral contagion.

4 Through discernment of the spiritual opposite of ma-
 5 teriality, even the way through Christ, Truth, man will
 6 reopen with the key of divine Science the gates
 7 of Paradise which human beliefs have closed,
 8 and will find himself unfallen, upright, pure, and free,
 9 not needing to consult almanacs for the probabilities either
 10 of his life or of the weather, not needing to study brain-
 11 ology to learn how much of a man he is.

Paradise
regained

12 Mind's control over the universe, including man, is
 13 no longer an open question, but is demonstrable Science.
 14 Jesus illustrated the divine Principle and the
 15 power of immortal Mind by healing sickness
 16 and sin and destroying the foundations of death.

A closed
question

17 Mistaking his origin and nature, man believes himself to
 18 be combined matter and Spirit. He believes that Spirit
 19 is sifted through matter, carried on a nerve, ex-
 20 posed to ejection by the operation of matter.

Matter
versus Spirit

21 The intellectual, the moral, the spiritual, — yea, the image
 22 of infinite Mind, — subject to non-intelligence!

23 No more sympathy exists between the flesh and Spirit
 24 than between Belial and Christ.

25 The so-called laws of matter are nothing but false be-
 26 liefs that intelligence and life are present where Mind
 27 is not. These false beliefs are the procuring cause of all
 28 sin and disease. The opposite truth, that intelligence and
 29 life are spiritual, never material, destroys sin, sickness,
 30 and death.

31 The fundamental error lies in the supposition that man
 32 is a material outgrowth and that the cognizance of good

or evil, which he has through the bodily senses, constitutes his happiness or misery. 1

Godless
evolution

Theorizing about man's development from mushrooms to monkeys and from monkeys into men amounts to nothing in the right direction and very much in the wrong. 3 6

Materialism grades the human species as rising from matter upward. How then is the material species maintained, if man passes through what we call death and death is the Rubicon of spirituality? Spirit can form no real link in this supposed chain of material being. But divine Science reveals the eternal chain of existence as uninterrupted and wholly spiritual; yet this can be realized only as the false sense of being disappears. 9 12

Degrees of
development

If man was first a material being, he must have passed through all the forms of matter in order to become man. If the material body is man, he is a portion of matter, or dust. On the contrary, man is the image and likeness of Spirit; and the belief that there is Soul in sense or Life in matter obtains in mortals, *alias* mortal mind, to which the apostle refers when he says that we must "put off the old man." 15 18 21

Identity
not lost

What is man? Brain, heart, blood, bones, etc., the material structure? If the real man is in the material body, you take away a portion of the man when you amputate a limb; the surgeon destroys manhood, and worms annihilate it. But the loss of a limb or injury to a tissue is sometimes the quickener of manliness; and the unfortunate cripple may present more nobility than the statuesque athlete, — teaching us by his very deprivations, that "a man's a man, for a' that." 24 27 30

When we admit that matter (heart, blood, brain, acting

1 through the five physical senses) constitutes man, we fail
 to see how anatomy can distinguish between
 3 humanity and the brute, or determine when
 man is really *man* and has progressed farther than his
 animal progenitors.

When man
is man

6 When the supposition, that Spirit is within what it
 creates and the potter is subject to the clay,
 is individualized, Truth is reduced to the level
 9 of error, and the sensible is required to be made manifest
 through the insensible.

Individu-
alization

What is termed matter manifests nothing but a material
 12 mentality. Neither the substance nor the manifestation
 of Spirit is obtainable through matter. Spirit is positive.
 Matter is Spirit's contrary, the absence of Spirit. For
 15 positive Spirit to pass through a negative condition
 would be Spirit's destruction.

Anatomy declares man to be structural. Physiology
 18 continues this explanation, measuring human
 strength by bones and sinews, and human life
 by material law. Man is spiritual, individual, and eter-
 21 nal; material structure is mortal.

Man not
structural

Phrenology makes man knavish or honest according to
 the development of the cranium; but anatomy, physiology,
 24 phrenology, do not define the image of God, the real im-
 mortal man.

Human reason and religion come slowly to the recogni-
 27 tion of spiritual facts, and so continue to call upon
 matter to remove the error which the human mind alone
 has created.

30 The idols of civilization are far more fatal to health
 and longevity than are the idols of barbarism. The idols
 of civilization call into action less faith than Buddhism

in a supreme governing intelligence. The Esquimaux
 restore health by incantations as consciously as do civi-
 lized practitioners by their more studied methods.

Is civilization only a higher form of idolatry, that
 man should bow down to a flesh-brush, to flannels, to
 baths, diet, exercise, and air? Nothing save divine
 power is capable of doing so much for man as he can
 do for himself.

The footsteps of thought, rising above material stand-
 points, are slow, and portend a long night to the traveller;
 but the angels of His presence — the spiritual
 intuitions that tell us when “the night is far
 spent, the day is at hand” — are our guardians in the
 gloom. Whoever opens the way in Christian Science is
 a pilgrim and stranger, marking out the path for gen-
 erations yet unborn.

The thunder of Sinai and the Sermon on the Mount
 are pursuing and will overtake the ages, rebuking in
 their course all error and proclaiming the kingdom of
 heaven on earth. Truth is revealed. It needs only to
 be practised.

Mortal belief is all that enables a drug to cure mortal
 ailments. Anatomy admits that mind is somewhere in
 man, though out of sight. Then, if an indi-
 vidual is sick, why treat the body alone and
 administer a dose of despair to the mind? Why declare
 that the body is diseased, and picture this disease to the
 mind, rolling it under the tongue as a sweet morsel and
 holding it before the thought of both physician and pa-
 tient? We should understand that the cause of disease
 obtains in the mortal human mind, and its cure comes
 from the immortal divine Mind. We should prevent the

Rise of
 thought

Medical
 errors

1 images of disease from taking form in thought, and we
should efface the outlines of disease already formulated in
3 the minds of mortals.

When there are fewer prescriptions, and less thought is
given to sanitary subjects, there will be better
6 constitutions and less disease. In old times
who ever heard of dyspepsia, cerebro-spinal meningitis,
hay-fever, and rose-cold?

Novel
diseases

9 What an abuse of natural beauty to say that a rose,
the smile of God, can produce suffering! The joy of its
presence, its beauty and fragrance, should uplift the
12 thought, and dissuade any sense of fear or fever. It is
profane to fancy that the perfume of clover and the breath
of new-mown hay can cause glandular inflammation,
15 sneezing, and nasal pangs.

If a random thought, calling itself dyspepsia, had
tried to tyrannize over our forefathers, it would have
18 been routed by their independence and in-
dustry. Then people had less time for self-
ishness, coddling, and sickly after-dinner talk. The ex-
21 act amount of food the stomach could digest was not
discussed according to Cutter nor referred to sanitary
laws. A man's belief in those days was not so severe
upon the gastric juices. Beaumont's "Medical Experi-
24 ments" did not govern the digestion.

No ancestral
dyspepsia

Damp atmosphere and freezing snow empurpled the
27 plump cheeks of our ancestors, but they never indulged
in the refinement of inflamed bronchial tubes.
They were as innocent as Adam, before he ate
the fruit of false knowledge, of the existence of tubercles
30 and troches, lungs and lozenges.

Pulmonary
misbeliefs

"Where ignorance is bliss, 'tis folly to be wise," says

Our modern
Eves

the English poet, and there is truth in his sentiment. The 1
action of mortal mind on the body was not so injurious
before inquisitive modern Eves took up the 3
study of medical works and unmanly Adams
attributed their own downfall and the fate of their off-
spring to the weakness of their wives. 6

The primitive custom of taking no thought about
food left the stomach and bowels free to act in obedi-
ence to nature, and gave the gospel a chance to be seen 9
in its glorious effects upon the body. A ghastly array of
diseases was not paraded before the imagination. There
were fewer books on digestion and more "sermons in 12
stones, and good in everything." When the mechanism
of the human mind gives place to the divine Mind, self-
ishness and sin, disease and death, will lose their 15
foothold.

Human fear of miasma would load with disease the
air of Eden, and weigh down mankind with superimposed 18
and conjectural evils. Mortal mind is the worst foe of
the body, while divine Mind is its best friend.

Diseases
not to be
classified

Should all cases of organic disease be treated by a 21
regular practitioner, and the Christian Scientist try
truth only in cases of hysteria, hypochon-
dria, and hallucination? One disease is no 24
more real than another. All disease is the
result of education, and disease can carry its ill-effects
no farther than mortal mind maps out the way. The 27
human mind, not matter, is supposed to feel, suffer, en-
joy. Hence decided types of acute disease are quite as
ready to yield to Truth as the less distinct type and chronic 30
form of disease. Truth handles the most malignant con-
tagion with perfect assurance.

1 Human mind produces what is termed organic dis-
 ease as certainly as it produces hysteria, and it must re-
 3 linquish all its errors, sicknesses, and sins.
 I have demonstrated this beyond all cavil.
 The evidence of divine Mind's healing power and abso-
 6 lute control is to me as certain as the evidence of my own
 existence.

One basis for
all sickness

Mortal mind and body are one. Neither exists without
 9 the other, and both must be destroyed by immortal Mind.
 Matter, or body, is but a false concept of mor-
 tal mind. This so-called mind builds its own
 12 superstructure, of which the material body is
 the grosser portion; but from first to last, the body is a
 sensuous, human concept.

Mental and
physical
oneness

15 In the Scriptural allegory of the material creation,
 Adam or error, which represents the erroneous theory
 of life and intelligence in matter, had the
 18 naming of all that was material. These names
 indicated matter's properties, qualities, and forms. But
 a lie, the opposite of Truth, cannot name the qualities and
 21 effects of what is termed matter, and create the so-called
 laws of the flesh, nor can a lie hold the preponderance
 of power in any direction against God, Spirit and
 24 Truth.

The effect
of names

If a dose of poison is swallowed through mistake, and
 the patient dies even though physician and
 27 patient are expecting favorable results, does
 human belief, you ask, cause this death? Even
 so, and as directly as if the poison had been intentionally
 30 taken.

Poison
defined
mentally

In such cases a few persons believe the potion swal-
 lowed by the patient to be harmless, but the vast ma-

jority of mankind, though they know nothing of this par- 1
 ticular case and this special person, believe the arsenic,
 the strychnine, or whatever the drug used, to be poi- 3
 sonous, for it is set down as a poison by mortal mind.
 Consequently, the result is controlled by the majority of
 opinions, not by the infinitesimal minority of opinions in 6
 the sick-chamber.

Heredity is not a law. The remote cause or belief
 of disease is not dangerous because of its priority and 9
 the connection of past mortal thoughts with present.
 The predisposing cause and the exciting cause are
 mental. 12

Perhaps an adult has a deformity produced prior to his
 birth by the fright of his mother. When wrested from
 human belief and based on Science or the divine Mind, to 15
 which all things are possible, that chronic case is not
 difficult to cure.

Mortal mind, acting from the basis of sensation in 18
 matter, is animal magnetism; but this so-called mind,
 from which comes all evil, contradicts itself,
 and must finally yield to the eternal Truth, or 21
 the divine Mind, expressed in Science. In pro-
 portion to our understanding of Christian Science, we are
 freed from the belief of heredity, of mind in matter or ani- 24
 mal magnetism; and we disarm sin of its imaginary power
 in proportion to our spiritual understanding of the status
 of immortal being. 27

Ignorant of the methods and the basis of metaphysical
 healing, you may attempt to unite with it hypnotism,
 spiritualism, electricity; but none of these methods can 30
 be mingled with metaphysical healing.

Whoever reaches the understanding of Christian Science

1 in its proper signification will perform the sudden cures
 of which it is capable; but this can be done only by
 3 taking up the cross and following Christ in the daily
 life.

6 Science can heal the sick, who are absent from their
 healers, as well as those present, since space is no ob-
 stance to Mind. Immortal Mind heals what eye
 hath not seen; but the spiritual capacity to ap-
 9 prehend thought and to heal by the Truth-power, is won
 only as man is found, not in self-righteousness, but re-
 flecting the divine nature.

Absent
patients

12 Every medical method has its advocates. The prefer-
 ence of mortal mind for a certain method creates a demand
 for that method, and the body then seems to re-
 15 quire such treatment. You can even educate a
 healthy horse so far in physiology that he will take cold
 without his blanket, whereas the wild animal, left to his
 18 instincts, sniffs the wind with delight. The epizootic is
 a humanly evolved ailment, which a wild horse might
 never have.

Horses
mistaught

21 Treatises on anatomy, physiology, and health, sustained
 by what is termed material law, are the pro-
 moters of sickness and disease. It should not
 24 be proverbial, that so long as you read medical works you
 will be sick.

Medical works
objectionable

27 The sedulous matron — studying her Jahr with homoe-
 opathic pellet and powder in hand, ready to put you
 into a sweat, to move the bowels, or to produce sleep —
 is unwittingly sowing the seeds of reliance on matter,
 30 and her household may ere long reap the effect of this
 mistake.

Descriptions of disease given by physicians and adver-

tisements of quackery are both prolific sources of sickness. 1
 As mortal mind is the husbandman of error, it should be
 taught to do the body no harm and to uproot its false 3
 sowing.

The invalid's
 outlook

The patient sufferer tries to be satisfied when he sees
 his would-be healers busy, and his faith in their efforts is 6
 somewhat helpful to them and to himself; but
 in Science one must understand the resusci-
 tating law of Life. This is the seed within itself bearing 9
 fruit after its kind, spoken of in Genesis.

Physicians should not deport themselves as if Mind
 were non-existent, nor take the ground that all causation 12
 is matter, instead of Mind. Ignorant that the human
 mind governs the body, its phenomenon, the invalid may
 unwittingly add more fear to the mental reservoir already 15
 overflowing with that emotion.

Wrong and
 right way

Doctors should not implant disease in the thoughts of
 their patients, as they so frequently do, by declaring dis- 18
 ease to be a fixed fact, even before they go to
 work to eradicate the disease through the ma-
 terial faith which they inspire. Instead of furnishing 21
 thought with fear, they should try to correct this turbulent
 element of mortal mind by the influence of divine Love
 which casteth out fear. 24

When man is governed by God, the ever-present
 Mind who understands all things, man knows that with
 God all things are possible. The only way to this 27
 living Truth, which heals the sick, is found in the Science
 of divine Mind as taught and demonstrated by Christ
 Jesus. 30

To reduce inflammation, dissolve a tumor, or cure or-
 ganic disease, I have found divine Truth more potent than

1 all lower remedies. And why not, since Mind, God, is
 the source and condition of all existence? Before decid-
 3 ing that the body, matter, is disordered, one
 should ask, "Who art thou that repliest to
 Spirit? Can matter speak for itself, or does
 6 it hold the issues of life?" Matter, which can neither
 suffer nor enjoy, has no partnership with pain and pleas-
 ure, but mortal belief has such a partnership.

The
important
decision

9 When you manipulate patients, you trust in electricity
 and magnetism more than in Truth; and for
 that reason, you employ matter rather than
 12 Mind. You weaken or destroy your power when you re-
 sort to any except spiritual means.

Manipulation
unscientific

15 It is foolish to declare that you manipulate patients but
 that you lay no stress on manipulation. If this be so, why
 manipulate? In reality you manipulate because you are
 ignorant of the baneful effects of magnetism, or are not
 18 sufficiently spiritual to depend on Spirit. In either case
 you must improve your mental condition till you finally
 attain the understanding of Christian Science.

21 If you are too material to love the Science of Mind and
 are satisfied with good words instead of effects, if you
 adhere to error and are afraid to trust Truth,
 24 the question then recurs, "Adam, where art
 thou?" It is unnecessary to resort to aught besides
 Mind in order to satisfy the sick that you are doing some-
 27 thing for them, for if they are cured, they generally know
 it and are satisfied.

Not words
but deeds

"Where your treasure is, there will your heart be also."
 30 If you have more faith in drugs than in Truth, this faith
 will incline you to the side of matter and error. Any
 hypnotic power you may exercise will diminish your

ability to become a Scientist, and *vice versa*. The act
of healing the sick through divine Mind alone, of casting
out error with Truth, shows your position as a Christian
Scientist.

Physiology
or Spirit

The demands of God appeal to thought only; but the
claims of mortality, and what are termed laws of nature,
appertain to matter. Which, then, are we to
accept as legitimate and capable of producing
the highest human good? We cannot obey both physi-
ology and Spirit, for one absolutely destroys the other,
and one or the other must be supreme in the affections.
It is impossible to work from two standpoints. If we
attempt it, we shall presently "hold to the one, and
despise the other."

The hypotheses of mortals are antagonistic to Science
and cannot mix with it. This is clear to those who heal
the sick on the basis of Science.

No material
law

Mind's government of the body must supersede the so-
called laws of matter. Obedience to material law pre-
vents full obedience to spiritual law, — the law
which overcomes material conditions and puts
matter under the feet of Mind. Mortals entreat the di-
vine Mind to heal the sick, and forthwith shut out the aid
of Mind by using material means, thus working against
themselves and their prayers and denying man's God-
given ability to demonstrate Mind's sacred power. Pleas
for drugs and laws of health come from some sad incident,
or else from ignorance of Christian Science and its tran-
scendent power.

To admit that sickness is a condition over which God
has no control, is to presuppose that omnipotent power
is powerless on some occasions. The law of Christ, or

1 Truth, makes all things possible to Spirit; but the so-
called laws of matter would render Spirit of no avail, and
3 demand obedience to materialistic codes, thus departing
from the basis of one God, one lawmaker. To suppose
that God constitutes laws of inharmony is a mistake; dis-
6 cords have no support from nature or divine law, however
much is said to the contrary.

Can the agriculturist, according to belief, produce a
9 crop without sowing the seed and awaiting its germina-
tion according to the laws of nature? The answer is no,
and yet the Scriptures inform us that sin, or error, first
12 caused the condemnation of man to till the ground, and
indicate that obedience to God will remove this necessity.
Truth never made error necessary, nor devised a law to
15 perpetuate error.

The supposed laws which result in weariness and dis-
ease are not His laws, for the legitimate and only possible
18 action of Truth is the production of harmony.
Laws of nature are laws of Spirit; but mortals
commonly recognize as law that which hides the power of
21 Spirit. Divine Mind rightly demands man's entire obe-
dience, affection, and strength. No reservation is made
for any lesser loyalty. Obedience to Truth gives man
24 power and strength. Submission to error superinduces
loss of power.

Truth casts out all evils and materialistic methods
27 with the actual spiritual law, — the law which gives
sight to the blind, hearing to the deaf, voice
to the dumb, feet to the lame. If Christian
30 Science dishonors human belief, it honors spir-
itual understanding; and the one Mind only is entitled to
honor.

Laws of
nature
spiritual

Belief and
understanding

The so-called laws of health are simply laws of mortal belief. The premises being erroneous, the conclusions are wrong. Truth makes no laws to regulate sickness, sin, and death, for these are unknown to Truth and should not be recognized as reality.

Belief produces the results of belief, and the penalties it affixes last so long as the belief and are inseparable from it. The remedy consists in probing the trouble to the bottom, in finding and casting out by denial the error of belief which produces a mortal disorder, never honoring erroneous belief with the title of law nor yielding obedience to it. Truth, Life, and Love are the only legitimate and eternal demands on man, and they are spiritual lawgivers, enforcing obedience through divine statutes.

Laws of
human belief

Controlled by the divine intelligence, man is harmonious and eternal. Whatever is governed by a false belief is discordant and mortal. We say man suffers from the effects of cold, heat, fatigue. This is human belief, not the truth of being, for matter cannot suffer. Mortal mind alone suffers, — not because a law of matter has been transgressed, but because a law of this so-called mind has been disobeyed. I have demonstrated this as a rule of divine Science by destroying the delusion of suffering from what is termed a fatally broken physical law.

A woman, whom I cured of consumption, always breathed with great difficulty when the wind was from the east. I sat silently by her side a few moments. Her breath came gently. The inspirations were deep and natural. I then requested her to look at the weather-vane. She looked and saw that it pointed due east. The wind

1 had not changed, but her thought of it had and so her diffi-
 2 culty in breathing had gone. The wind had not produced
 3 the difficulty. My metaphysical treatment changed the
 4 action of her belief on the lungs, and she never suffered
 5 again from east winds, but was restored to health.

6 No system of hygiene but Christian Science is purely
 7 mental. Before this book was published, other books
 8 were in circulation, which discussed "mental
 9 medicine" and "mind-cure," operating through
 10 the power of the earth's magnetic currents to regulate life
 11 and health. Such theories and such systems of so-called
 12 mind-cure, which have sprung up, are as material as the
 13 prevailing systems of medicine. They have their birth
 14 in mortal mind, which puts forth a human conception
 15 in the name of Science to match the divine Science of im-
 16 mortal Mind, even as the necromancers of Egypt strove
 17 to emulate the wonders wrought by Moses. Such theories
 18 have no relationship to Christian Science, which rests on
 19 the conception of God as the only Life, substance, and
 20 intelligence, and excludes the human mind as a spiritual
 21 factor in the healing work.

A so-called
mind-cure

22 Jesus cast out evil and healed the sick, not only with-
 23 out drugs, but without hypnotism, which is
 24 the reverse of ethical and pathological Truth-
 25 power.

Jesus and
hypnotism

26 Erroneous mental practice may seem for a time to bene-
 27 fit the sick, but the recovery is not permanent. This is
 28 because erroneous methods act on and through the ma-
 29 terial stratum of the human mind, called brain, which is
 30 but a mortal consolidation of material mentality and its
 31 suppositional activities.

A patient under the influence of mortal mind is healed

False stimulus	only by removing the influence on him of this mind, by	1
	emptying his thought of the false stimulus	
	and reaction of will-power and filling it with	3
	the divine energies of Truth.	
	Christian Science destroys material beliefs through the	
	understanding of Spirit, and the thoroughness of this work	6
	determines health. Erring human mind-forces can work	
	only evil under whatever name or pretence they are em-	
	ployed; for Spirit and matter, good and evil, light and	9
	darkness, cannot mingle.	
	Evil is a negation, because it is the absence of truth.	
	It is nothing, because it is the absence of something. It	12
Evil negative and self-destructive	is unreal, because it presupposes the absence	
	of God, the omnipotent and omnipresent.	
	Every mortal must learn that there is neither	15
	power nor reality in evil.	
	Evil is self-assertive. It says: "I am a real entity, over-	
	mastering good." This falsehood should strip evil of all	18
	pretensions. The only power of evil is to destroy itself. It	
	can never destroy one iota of good. Every attempt of evil	
	to destroy good is a failure, and only aids in peremptorily	21
	punishing the evil-doer. If we concede the same reality to	
	discord as to harmony, discord has as lasting a claim upon	
	us as has harmony. If evil is as real as good, evil is also as	24
	immortal. If death is as real as Life, immortality is a myth.	
	If pain is as real as the absence of pain, both must be im-	
	mortal; and if so, harmony cannot be the law of being.	27
	Mortal mind is ignorant of self, or it could never be	
	self-deceived. If mortal mind knew how to be better, it	
Ignorant idolatry	would be better. Since it must believe in some-	30
	thing besides itself, it enthrones matter as deity.	
	The human mind has been an idolater from the beginning,	

1 having other gods and believing in more than the one
Mind.

3 As mortals do not comprehend even mortal existence,
how ignorant must they be of the all-knowing Mind and
of His creations.

6 Here you may see how so-called material sense creates
its own forms of thought, gives them material names, and
then worships and fears them. With pagan blindness,
9 it attributes to some material god or medicine an ability
beyond itself. The beliefs of the human mind rob and
enslave it, and then impute this result to another illusive
12 personification, named Satan.

 The valves of the heart, opening and closing for the pas-
sage of the blood, obey the mandate of mor-
15 tal mind as directly as does the hand, ad-
mittedly moved by the will. Anatomy allows the mental
cause of the latter action, but not of the former.

Action of
mortal mind

18 We say, "My hand hath done it." What is this *my* but
mortal mind, the cause of all materialistic action? All
voluntary, as well as mis-called *involuntary*, action of the
21 mortal body is governed by this so-called mind, not by
matter. There is no involuntary action. The divine Mind
includes all action and volition, and man in Science is gov-
24 erned by this Mind. The human mind tries to classify
action as voluntary and involuntary, and suffers from the
attempt.

27 If you take away this erring mind, the mortal material
body loses all appearance of life or action, and this so-
called mind then calls itself dead; but the hu-
30 man mind still holds in belief a body, through
which it acts and which appears to the human mind to
live, — a body like the one it had before death. This body

Death and
the body

is put off only as the mortal, erring mind yields to God, 1
immortal Mind, and man is found in His image.

Embryonic
sinful
thoughts

What is termed disease does not exist. It is neither 3
mind nor matter. The belief of sin, which has grown
terrible in strength and influence, is an uncon-
scious error in the beginning, — an embryonic 6
thought without motive; but afterwards it
governs the so-called man. Passion, depraved appetites,
dishonesty, envy, hatred, revenge ripen into action, only to 9
pass from shame and woe to their final punishment.

Disease
a dream

Mortal existence is a dream of pain and pleasure in
matter, a dream of sin, sickness, and death; and it is like 12
the dream we have in sleep, in which every one
recognizes his condition to be wholly a state of
mind. In both the waking and the sleeping dream, the 15
dreamer thinks that his body is material and the suffering
is in that body.

The smile of the sleeper indicates the sensation pro- 18
duced physically by the pleasure of a dream. In the
same way pain and pleasure, sickness and care, are
traced upon mortals by unmistakable signs. 21

Sickness is a growth of error, springing from mortal
ignorance or fear. Error rehearses error. What causes
disease cannot cure it. The soil of disease is mortal 24
mind, and you have an abundant or scanty crop of disease,
according to the seedlings of fear. Sin and the fear of
disease must be uprooted and cast out. 27

Sense
yields to
understanding

When darkness comes over the earth, the physical
senses have no immediate evidence of a sun. 30
The human eye knows not where the orb of
day is, nor if it exists. Astronomy gives the
desired information regarding the sun. The human or

1 material senses yield to the authority of this science, and
they are willing to leave with astronomy the explanation of
3 the sun's influence over the earth. If the eyes see no sun
for a week, we still believe that there is solar light and
heat. Science (in this instance named natural) raises
6 the human thought above the cruder theories of the
human mind, and casts out a fear.

In like manner mortals should no more deny the power
9 of Christian Science to establish harmony and to explain
the effect of mortal mind on the body, though the cause
be unseen, than they should deny the existence of the sun-
12 light when the orb of day disappears, or doubt that the sun
will reappear. The sins of others should not make good
men suffer.

15 We call the body material; but it is as truly mortal
mind, according to its degree, as is the material brain
which is supposed to furnish the evidence
18 of all mortal thought or things. The human
mortal mind, by an inevitable perversion, makes all
things start from the lowest instead of from the highest
21 mortal thought. The reverse is the case with all the
formations of the immortal divine Mind. They proceed
from the divine source; and so, in tracing them, we con-
stantly ascend in infinite being.

Ascending
the scale

From mortal mind comes the reproduction of the
species, — first the belief of inanimate, and then of ani-
27 mate matter. According to mortal thought,
the development of embryonic mortal mind
commences in the lower, basal portion of the brain, and
goes on in an ascending scale by evolution, keeping always
30 in the direct line of matter, for matter is the subjective
condition of mortal mind.

Human
reproduction

Next we have the formation of so-called embryonic mortal mind, afterwards mortal men or mortals, — all this while matter is a belief, ignorant of itself, ignorant of what it is supposed to produce. The mortal says that an inanimate unconscious seedling is producing mortals, both body and mind; and yet neither a mortal mind nor the immortal Mind is found in brain or elsewhere in matter or in mortals.

Human
stature

This embryonic and materialistic human belief called mortal man in turn fills itself with thoughts of pain and pleasure, of life and death, and arranges itself into five so-called senses, which presently measure mind by the size of a brain and the bulk of a body, called man.

Human
frailty

Human birth, growth, maturity, and decay are as the grass springing from the soil with beautiful green blades, afterwards to wither and return to its native nothingness. This mortal seeming is temporal; it never merges into immortal being, but finally disappears, and immortal man, spiritual and eternal, is found to be the real man.

The Hebrew bard, swayed by mortal thoughts, thus swept his lyre with saddening strains on human existence:

As for man, his days are as grass:
As a flower of the field, so he flourisheth.
For the wind passeth over it, and it is gone;
And the place thereof shall know it no more.

When hope rose higher in the human heart, he sang:

As for me, I will behold Thy face in righteousness:
I shall be satisfied, when I awake, with Thy likeness.
.
For with Thee is the fountain of life;
In Thy light shall we see light.

1 The brain can give no idea of God's man. It can take
no cognizance of Mind. Matter is not the organ of infi-
3 nite Mind.

As mortals give up the delusion that there is more than
one Mind, more than one God, man in God's likeness will
6 appear, and this eternal man will include in that likeness
no material element.

As a material, theoretical life-basis is found to be a
9 misapprehension of existence, the spiritual and divine
Principle of man dawns upon human thought,
and leads it to "where the young child was,"

The immortal
birth

12 — even to the birth of a new-old idea, to the spiritual
sense of being and of what Life includes. Thus the whole
earth will be transformed by Truth on its pinions of light,
15 chasing away the darkness of error.

The human thought must free itself from self-imposed
materiality and bondage. It should no longer
18 ask of the head, heart, or lungs: What are
man's prospects for life? Mind is not helpless. Intelli-
gence is not mute before non-intelligence.

Spiritual
freedom

21 By its own volition, not a blade of grass springs up, not
a spray buds within the vale, not a leaf unfolds its fair
outlines, not a flower starts from its cloistered cell.

24 The Science of being reveals man and immortality as
based on Spirit. Physical sense defines mortal man as
based on matter, and from this premise infers the mor-
27 tality of the body.

The illusive senses may fancy affinities with their op-
posites; but in Christian Science, Truth never mingles
30 with error. Mind has no affinity with matter,
and therefore Truth is able to cast out the ills
of the flesh. Mind, God, sends forth the aroma of Spirit,

No physical
affinity

the atmosphere of intelligence. The belief that a pulpy
substance under the skull is mind is a mockery of intelli-
gence, a mimicry of Mind. 1 3

We are Christian Scientists, only as we quit our reliance
upon that which is false and grasp the true. We are not
Christian Scientists until we leave all for Christ. Human
opinions are not spiritual. They come from the hearing
of the ear, from corporeality instead of from Principle,
and from the mortal instead of from the immortal. Spirit 6 9
is not separate from God. Spirit *is* God.

Human power
a blind force

Erring power is a material belief, a blind miscalled force,
the offspring of will and not of wisdom, of the mortal mind 12
and not of the immortal. It is the headlong
cataract, the devouring flame, the tempest's
breath. It is lightning and hurricane, all that is selfish, 15
wicked, dishonest, and impure.

The one
real power

Moral and spiritual might belong to Spirit, who holds
the "wind in His fists;" and this teaching accords with 18
Science and harmony. In Science, you can
have no power opposed to God, and the physi-
cal senses must give up their false testimony. Your in- 21
fluence for good depends upon the weight you throw into
the right scale. The good you do and embody gives you
the only power obtainable. Evil is not power. It is a 24
mockery of strength, which ere long betrays its weakness
and falls, never to rise.

We walk in the footsteps of Truth and Love by follow- 27
ing the example of our Master in the understanding of
divine metaphysics. Christianity is the basis of true heal-
ing. Whatever holds human thought in line with unselfed 30
love, receives directly the divine power.

I was called to visit Mr. Clark in Lynn, who had been

1 confined to his bed six months with hip-disease, caused by
a fall upon a wooden spike when quite a boy. On enter-
3 ing the house I met his physician, who said that
the patient was dying. The physician had just
probed the ulcer on the hip, and said the bone was carious
6 for several inches. He even showed me the probe, which
had on it the evidence of this condition of the bone. The
doctor went out. Mr. Clark lay with his eyes fixed and
9 sightless. The dew of death was on his brow. I went to
his bedside. In a few moments his face changed; its
death-pallor gave place to a natural hue. The eyelids
12 closed gently and the breathing became natural; he was
asleep. In about ten minutes he opened his eyes and
said: "I feel like a new man. My suffering is all gone."
15 It was between three and four o'clock in the afternoon
when this took place.

Mind cures
hip-disease

I told him to rise, dress himself, and take supper with
18 his family. He did so. The next day I saw him in the
yard. Since then I have not seen him, but am informed
that he went to work in two weeks. The discharge from
21 the sore stopped, and the sore was healed. The diseased
condition had continued there ever since the injury was
received in boyhood.

24 Since his recovery I have been informed that his physi-
cian claims to have cured him, and that his mother has
been threatened with incarceration in an insane asylum
for saying: "It was none other than God and that woman
27 who healed him." I cannot attest the truth of that
report, but what I saw and did for that man, and what
his physician said of the case, occurred just as I have
30 narrated.

It has been demonstrated to me that Life is God

and that the might of omnipotent Spirit shares not its strength with matter or with human will. Review-
ing this brief experience, I cannot fail to discern the coincidence of the spiritual idea of man with the divine Mind.

Change of
belief

A change in human belief changes all the physical symptoms, and determines a case for better or for worse. When one's false belief is corrected, Truth sends a report of health over the body.

Destruction of the auditory nerve and paralysis of the optic nerve are not necessary to ensure deafness and blindness; for if mortal mind says, "I am deaf and blind," it will be so without an injured nerve. Every theory opposed to this fact (as I learned in metaphysics) would presuppose man, who is immortal in spiritual understanding, a mortal in material belief.

Power of
habit

The authentic history of Kaspar Hauser is a useful hint as to the frailty and inadequacy of mortal mind. It proves beyond a doubt that education constitutes this so-called mind, and that, in turn, mortal mind manifests itself in the body by the false sense it imparts. Incarcerated in a dungeon, where neither sight nor sound could reach him, at the age of seventeen Kaspar was still a mental infant, crying and chattering with no more intelligence than a babe, and realizing Tennyson's description:

An infant crying in the night,
An infant crying for the light,
And with no language but a cry.

His case proves material sense to be but a belief formed by education alone. The light which affords us joy gave

1 him a belief of intense pain. His eyes were inflamed by
the light. After the babbling boy had been taught to
3 speak a few words, he asked to be taken back to his dun-
geon, and said that he should never be happy elsewhere.
Outside of dismal darkness and cold silence he found no
6 peace. Every sound convulsed him with anguish. All
that he ate, except his black crust, produced violent
retchings. All that gives pleasure to our educated senses
9 gave him pain through those very senses, trained in an
opposite direction.

The point for each one to decide is, whether it is mortal
12 mind or immortal Mind that is causative. We
should forsake the basis of matter for meta-
physical Science and its divine Principle.

Useful
knowledge

15 Whatever furnishes the semblance of an idea governed
by its Principle, furnishes food for thought. Through as-
tronomy, natural history, chemistry, music, mathematics,
18 thought passes naturally from effect back to cause.

Academics of the right sort are requisite. Observa-
tion, invention, study, and original thought are expansive
21 and should promote the growth of mortal mind out of it-
self, out of all that is mortal.

It is the tangled barbarisms of learning which we
24 deplore, — the mere dogma, the speculative theory, the
nauseous fiction. Novels, remarkable only for their
exaggerated pictures, impossible ideals, and specimens
27 of depravity, fill our young readers with wrong tastes
and sentiments. Literary commercialism is lowering the
intellectual standard to accommodate the purse and to
30 meet a frivolous demand for amusement instead of for
improvement. Incorrect views lower the standard of
truth.

If materialistic knowledge is power, it is not wisdom. 1
 It is but a blind force. Man has "sought out many inven-
 tions," but he has not yet found it true that knowledge can 3
 save him from the dire effects of knowledge. The power
 of mortal mind over its own body is little understood.

Sin destroyed
 through
 suffering

Better the suffering which awakens mortal mind from 6
 its fleshly dream, than the false pleasures
 which tend to perpetuate this dream. Sin
 alone brings death, for sin is the only element 9
 of destruction.

"Fear him which is able to destroy both soul and body
 in hell," said Jesus. A careful study of this text shows 12
 that here the word *soul* means a false sense or material
 consciousness. The command was a warning to beware,
 not of Rome, Satan, nor of God, but of sin. Sickness, 15
 sin, and death are not concomitants of Life or Truth.
 No law supports them. They have no relation to God
 wherewith to establish their power. Sin makes its own 18
 hell, and goodness its own heaven.

Dangerous
 shoals
 avoided

Such books as will rule disease out of mortal mind, —
 and so efface the images and thoughts of dis- 21
 ease, instead of impressing them with forcible
 descriptions and medical details, — will help
 to abate sickness and to destroy it. 24

Many a hopeless case of disease is induced by a single
post mortem examination, — not from infection nor from
 contact with material virus, but from the fear of the 27
 disease and from the image brought before the mind; it
 is a mental state, which is afterwards outlined on the
 body. 30

The press unwittingly sends forth many sorrows and
 diseases among the human family. It does this by giv-

1 ing names to diseases and by printing long descriptions
which mirror images of disease distinctly in thought. A
3 new name for an ailment affects people like a
Parisian name for a novel garment. Every one
hastens to get it. A minutely described dis-
6 ease costs many a man his earthly days of comfort. What
a price for human knowledge! But the price does not ex-
ceed the original cost. God said of the tree of knowledge,
9 which bears the fruit of sin, disease, and death, "In the
day that thou eatest thereof thou shalt surely die."

Pangs
caused by
the press

The less that is said of physical structure and laws, and
12 the more that is thought and said about moral
and spiritual law, the higher will be the stand-
ard of living and the farther mortals will be re-
15 moved from imbecility or disease.

Higher
standard
for mortals

We should master fear, instead of cultivating it. It
was the ignorance of our forefathers in the departments
18 of knowledge now broadcast in the earth, that made them
hardier than our trained physiologists, more honest than
our sleek politicians.

21 We are told that the simple food our forefathers ate
helped to make them healthy, but that is a mistake.
Their diet would not cure dyspepsia at this
24 period. With rules of health in the head
and the most digestible food in the stomach, there would
still be dyspeptics. Many of the effeminate constitutions
27 of our time will never grow robust until individual opin-
ions improve and mortal belief loses some portion of its
error.

Diet and
dyspepsia

30 The doctor's mind reaches that of his patient. The
doctor should suppress his fear of disease, else his belief
in its reality and fatality will harm his patients even more

	than his calomel and morphine, for the higher stratum of mortal mind has in belief more power to harm man than	1
Harm done by physicians	the substratum, matter. A patient hears the doctor's verdict as a criminal hears his death-sentence. The patient may seem calm under it, but he is not. His fortitude may sustain him, but his fear, which has already developed the disease that is gaining the mastery, is increased by the physician's words.	3 6
Disease depicted	The materialistic doctor, though humane, is an artist who outlines his thought relative to disease, and then fills in his delineations with sketches from text-books. It is better to prevent disease from forming in mortal mind afterwards to appear on the body; but to do this requires attention. The thought of disease is formed before one sees a doctor and before the doctor undertakes to dispel it by a counter-irritant, — perhaps by a blister, by the application of caustic or croton oil, or by a surgical operation. Again, giving another direction to faith, the physician prescribes drugs, until the elasticity of mortal thought haply causes a vigorous reaction upon itself, and reproduces a picture of healthy and harmonious formations.	9 12 15 18 21
	A patient's belief is more or less moulded and formed by his doctor's belief in the case, even though the doctor says nothing to support his theory. His thoughts and his patient's commingle, and the stronger thoughts rule the weaker. Hence the importance that doctors be Christian Scientists.	24 27
Mind over matter	Because the muscles of the blacksmith's arm are strongly developed, it does not follow that exercise has produced this result or that a less used arm must be weak. If matter were the cause	30

1 of action, and if muscles, without volition of mortal
mind, could lift the hammer and strike the anvil, it
3 might be thought true that hammering would enlarge
the muscles. The trip-hammer is not increased in size
by exercise. Why not, since muscles are as material as
6 wood and iron? Because nobody believes that mind is
producing such a result on the hammer.

Muscles are not self-acting. If mind does not move
9 them, they are motionless. Hence the great fact that
Mind alone enlarges and empowers man through its
mandate, — by reason of its demand for and supply of
12 power. Not because of muscular exercise, but by reason
of the blacksmith's faith in exercise, his arm becomes
stronger.

15 Mortals develop their own bodies or make them sick,
according as they influence them through mortal mind.
To know whether this development is produced
18 consciously or unconsciously, is of less importance
than a knowledge of the fact. The feats of the gymnast
prove that latent mental fears are subdued by him.
21 The devotion of thought to an honest achievement makes
the achievement possible. Exceptions only confirm this
rule, proving that failure is occasioned by a too feeble
24 faith.

Latent fear
subdued

Had Blondin believed it impossible to walk the rope
over Niagara's abyss of waters, he could never have
27 done it. His belief that he could do it gave his thought-
forces, called muscles, their flexibility and power which
the unscientific might attribute to a lubricating oil. His
30 fear must have disappeared before his power of putting
resolve into action could appear.

When Homer sang of the Grecian gods, Olympus was

dark, but through his verse the gods became alive in a nation's belief. Pagan worship began with muscularity, but the law of Sinai lifted thought into the song of David. Moses advanced a nation to the worship of God in Spirit instead of matter, and illustrated the grand human capacities of being bestowed by immortal Mind.

Homer and
Moses

A mortal
not man

Whoever is incompetent to explain Soul would be wise not to undertake the explanation of body. Life is, always has been, and ever will be independent of matter; for Life is God, and man is the idea of God, not formed materially but spiritually, and not subject to decay and dust. The Psalmist said: "Thou madest him to have dominion over the works of Thy hands. Thou hast put all things under his feet."

The great truth in the Science of being, that the real man was, is, and ever shall be perfect, is incontrovertible; for if man is the image, reflection, of God, he is neither inverted nor subverted, but upright and Godlike.

The suppositional antipode of divine infinite Spirit is the so-called human soul or spirit, in other words the five senses, — the flesh that warreth against Spirit. These so-called material senses must yield to the infinite Spirit, named God.

St. Paul said: "For I determined not to know anything among you, save Jesus Christ, and him crucified." (I Cor. ii. 2.) Christian Science says: I am determined not to know anything among you, save Jesus Christ, and him glorified.

Footsteps of Truth

*Remember, Lord, the reproach of Thy servants;
how I do bear in my bosom
the reproach of all the mighty people;
wherewith Thine enemies have reproached, O Lord;
wherewith they have reproached
the footsteps of Thine anointed. — PSALMS.*

1 **T**he best sermon ever preached is Truth practised
and demonstrated by the destruction of sin, sickness,
3 and death. Knowing this and knowing too
that one affection would be supreme in us and
take the lead in our lives, Jesus said, "No man can serve
6 two masters."

Practical
preaching

We cannot build safely on false foundations. Truth
makes a new creature, in whom old things pass away
9 and "all things are become new." Passions, selfishness,
false appetites, hatred, fear, all sensuality, yield to spirit-
uality, and the superabundance of being is on the side
12 of God, good.

We cannot fill vessels already full. They must first be
emptied. Let us disrobe error. Then, when
15 the winds of God blow, we shall not hug our
tatters close about us.

The uses
of truth

The way to extract error from mortal mind is to pour
18 in truth through flood-tides of Love. Christian perfec-
tion is won on no other basis.

Grafting holiness upon unholiness, supposing that sin

can be forgiven when it is not forsaken, is as foolish as
straining out gnats and swallowing camels. 1

The scientific unity which exists between God and man
must be wrought out in life-practice, and God's will must
be universally done. 3

Divine
study If men would bring to bear upon the study of the 6
Science of Mind half the faith they bestow upon the so-
called pains and pleasures of material sense,
they would not go on from bad to worse, 9
until disciplined by the prison and the scaffold; but
the whole human family would be redeemed through
the merits of Christ, — through the perception and ac- 12
ceptance of Truth. For this glorious result Christian
Science lights the torch of spiritual understanding.

Harmonious
life-work Outside of this Science all is mutable; but immortal 15
man, in accord with the divine Principle of his being,
God, neither sins, suffers, nor dies. The days
of our pilgrimage will multiply instead of di- 18
minish, when God's kingdom comes on earth; for the
true way leads to Life instead of to death, and earthly
experience discloses the finity of error and the infinite 21
capacities of Truth, in which God gives man dominion
over all the earth.

Belief and
practice Our beliefs about a Supreme Being contradict the 24
practice growing out of them. Error abounds where
Truth should "much more abound." We
admit that God has almighty power, is "a 27
very present help in trouble;" and yet we rely on a drug
or hypnotism to heal disease, as if senseless matter or err-
ing mortal mind had more power than omnipotent Spirit. 30

Common opinion admits that a man may take cold in
the act of doing good, and that this cold may produce

1 fatal pulmonary disease; as though evil could overbear
 the law of Love, and check the reward for do-
 3 ing good. In the Science of Christianity, Mind
 — omnipotence — has all-power, assigns sure
 rewards to righteousness, and shows that matter can
 6 neither heal nor make sick, create nor destroy.

Sure reward of
 righteousness

If God were understood instead of being merely be-
 lieved, this understanding would establish health. The
 9 accusation of the rabbis, "He made himself
 the Son of God," was really the justification
 of Jesus, for to the Christian the only true
 12 spirit is Godlike. This thought incites to a more exalted
 worship and self-abnegation. Spiritual perception brings
 out the possibilities of being, destroys reliance on aught
 15 but God, and so makes man the image of his Maker in
 deed and in truth.

Our belief
 and
 understanding

We are prone to believe either in more than one Su-
 18 preme Ruler or in some power less than God. We im-
 agine that Mind can be imprisoned in a sensuous body.
 When the material body has gone to ruin, when evil has
 21 overtaxed the belief of life in matter and destroyed it,
 then mortals believe that the deathless Principle, or
 Soul, escapes from matter and lives on; but this is not
 24 true. Death is not a stepping-stone to Life, immortality,
 and bliss. The so-called sinner is a suicide.
 Sin kills the sinner and will continue to kill
 27 him so long as he sins. The foam and fury of illegiti-
 mate living and of fearful and doleful dying should
 disappear on the shore of time; then the waves of sin,
 30 sorrow, and death beat in vain.

Suicide
 and sin

God, divine good, does not kill a man in order to give
 him eternal Life, for God alone is man's life. God is at

once the centre and circumference of being. It is evil 1
that dies; good dies not.

Spirit the only
intelligence
and substance

All forms of error support the false conclusions that 3
there is more than one Life; that material history is as
real and living as spiritual history; that mortal
error is as conclusively mental as immortal 6
Truth; and that there are two separate, an-
tagonistic entities and beings, two powers, — namely,
Spirit and matter, — resulting in a third person (mortal 9
man) who carries out the delusions of sin, sickness, and
death.

The first power is admitted to be good, an intelligence or 12
Mind called God. The so-called second power, evil, is the
unlikeness of good. It cannot therefore be mind, though
so called. The third power, mortal man, is a supposed 15
mixture of the first and second antagonistic powers, in-
telligence and non-intelligence, of Spirit and matter.

Unscientific
theories

Such theories are evidently erroneous. They can never 18
stand the test of Science. Judging them by their fruits,
they are corrupt. When will the ages under-
stand the Ego, and realize only one God, one 21
Mind or intelligence?

False and self-assertive theories have given sinners the 24
notion that they can create what God cannot, — namely,
sinful mortals in God's image, thus usurping the name
without the nature of the image or reflection of divine
Mind; but in Science it can never be said that man 27
has a mind of his own, distinct from God, the *all*
Mind.

The belief that God lives in matter is pantheistic. The 30
error, which says that Soul is in body, Mind is in matter,
and good is in evil, must unsay it and cease from such

1 utterances; else God will continue to be hidden from hu-
 2 manity, and mortals will sin without knowing that they
 3 are sinning, will lean on matter instead of Spirit, stumble
 4 with lameness, drop with drunkenness, consume with dis-
 5 ease, — all because of their blindness, their false sense
 6 concerning God and man.

7 When will the error of believing that there is life in
 8 matter, and that sin, sickness, and death are creations of
 9 God, be unmasked? When will it be under-
 10 stood that matter has neither intelligence, life,
 11 nor sensation, and that the opposite belief is the prolific
 12 source of all suffering? God created all through Mind,
 13 and made all perfect and eternal. Where then is the
 14 necessity for recreation or procreation?

Creation
perfect

15 Befogged in error (the error of believing that matter
 16 can be intelligent for good or evil), we can catch clear
 17 glimpses of God only as the mists disperse,
 18 or as they melt into such thinness that we per-
 19 ceive the divine image in some word or deed
 20 which indicates the true idea, — the supremacy and real-
 21 ity of good, the nothingness and unreality of evil.

Perceiving
the divine
image

22 When we realize that there is one Mind, the divine law
 23 of loving our neighbor as ourselves is unfolded;
 24 whereas a belief in many ruling minds hinders
 25 man's normal drift towards the one Mind, one
 26 God, and leads human thought into opposite channels
 27 where selfishness reigns.

Redemption
from
selfishness

28 Selfishness tips the beam of human existence towards
 29 the side of error, not towards Truth. Denial of the one-
 30 ness of Mind throws our weight into the scale, not of
 Spirit, God, good, but of matter.

When we fully understand our relation to the Divine,

we can have no other Mind but His, — no other Love, 1
 wisdom, or Truth, no other sense of Life, and no con-
 sciousness of the existence of matter or error. 3

Will-power
 unrighteous

The power of the human will should be exercised only
 in subordination to Truth; else it will misguide the judg- 6
 ment and free the lower propensities. It is the
 province of spiritual sense to govern man.
 Material, erring, human thought acts injuriously both
 upon the body and through it. 9

Will-power is capable of all evil. It can never heal
 the sick, for it is the prayer of the unrighteous; while
 the exercise of the sentiments — hope, faith, love — is the 12
 prayer of the righteous. This prayer, governed by Science
 instead of the senses, heals the sick.

In the scientific relation of God to man, we find that 15
 whatever blesses one blesses all, as Jesus showed with
 the loaves and the fishes, — Spirit, not matter, being the
 source of supply. 18

Birth and
 death unreal

Does God send sickness, giving the mother her child
 for the brief space of a few years and then taking it away
 by death? Is God creating anew what He 21
 has already created? The Scriptures are defi-
 nite on this point, declaring that His work was *finished*,
 nothing is new to God, and that it was *good*. 24

Can there be any birth or death for man, the spiritual
 image and likeness of God? Instead of God sending
 sickness and death, He destroys them, and brings to light 27
 immortality. Omnipotent and infinite Mind made all
 and includes all. This Mind does not make mistakes
 and subsequently correct them. God does not cause man 30
 to sin, to be sick, or to die.

There are evil beliefs, often called evil spirits; but

1 these evils are not Spirit, for there is no evil in Spirit.
 Because God is Spirit, evil becomes more apparent and
 3 obnoxious proportionately as we advance spir-
 itually, until it disappears from our lives.
 This fact proves our position, for every scientific state-
 6 ment in Christianity has its proof. Error of statement
 leads to error in action.

No evil
in Spirit

God is not the creator of an evil mind. Indeed, evil
 9 is not Mind. We must learn that evil is the awful decep-
 tion and unreality of existence. Evil is not
 supreme; good is not helpless; nor are the
 12 so-called laws of matter primary, and the law of Spirit
 secondary. Without this lesson, we lose sight of the per-
 fect Father, or the divine Principle of man.

Subordination
of evil

15 Body is not first and Soul last, nor is evil mightier than
 good. The Science of being repudiates self-
 evident impossibilities, such as the amalga-
 18 mation of Truth and error in cause or effect. Science sepa-
 rates the tares and wheat in time of harvest.

Evident
impossibilities

There is but one primal cause. Therefore there can
 21 be no effect from any other cause, and there can be no
 reality in aught which does not proceed from
 this great and only cause. Sin, sickness, dis-
 24 ease, and death belong not to the Science of being. They
 are the errors, which presuppose the absence of Truth,
 Life, or Love.

One primal
cause

27 The spiritual reality is the scientific fact in all things.
 The spiritual fact, repeated in the action of man and the
 whole universe, is harmonious and is the ideal of Truth.
 30 Spiritual facts are not inverted; the opposite discord,
 which bears no resemblance to spirituality, is not real.
 The only evidence of this inversion is obtained from

suppositional error, which affords no proof of God, 1
 Spirit, or of the spiritual creation. Material sense de-
 fines all things materially, and has a finite sense of the 3
 infinite.

Seemingly
 independent
 authority

The Scriptures say, "In Him we live, and move, and 6
 have our being." What then is this seeming power, in-
 dependent of God, which causes disease and
 cures it? What is it but an error of belief, —
 a law of mortal mind, wrong in every sense, 9
 embracing sin, sickness, and death? It is the very anti-
 pode of immortal Mind, of Truth, and of spiritual law.
 It is not in accordance with the goodness of God's char- 12
 acter that He should make man sick, then leave man to
 heal himself; it is absurd to suppose that matter can both
 cause and cure disease, or that Spirit, God, produces 15
 disease and leaves the remedy to matter.

John Young of Edinburgh writes: "God is the father 18
 of mind, and of nothing else." Such an utterance is
 "the voice of one crying in the wilderness" of human
 beliefs and preparing the way of Science. Let us learn
 of the real and eternal, and prepare for the reign of 21
 Spirit, the kingdom of heaven, — the reign and rule of
 universal harmony, which cannot be lost nor remain
 forever unseen. 24

Sickness as
 only thought

Mind, not matter, is causation. A material body
 only expresses a material and mortal mind. A mortal 27
 man possesses this body, and he makes it
 harmonious or discordant according to the
 images of thought impressed upon it. You embrace
 your body in your thought, and you should delineate 30
 upon it thoughts of health, not of sickness. You should
 banish all thoughts of disease and sin and of other beliefs

1 included in matter. Man, being immortal, has a perfect
 indestructible life. It is the mortal belief which makes
 3 the body discordant and diseased in proportion as ignorance, *fear*, or human will governs mortals.

Mind, supreme over all its formations and governing
 6 them all, is the central sun of its own systems of ideas,
 the life and light of all its own vast creation;
 and man is tributary to divine Mind. The
 9 material and mortal body or mind is not the man.

Allness of
Truth

The world would collapse without Mind, without the intelligence which holds the winds in its grasp. Neither
 12 philosophy nor skepticism can hinder the march of the
 Science which reveals the supremacy of Mind. The im-
 manent sense of Mind-power enhances the glory of Mind.
 15 Nearness, not distance, lends enchantment to this view.

The compounded minerals or aggregated substances
 composing the earth, the relations which constituent
 18 masses hold to each other, the magnitudes,
 distances, and revolutions of the celestial
 bodies, are of no real importance, when we remember
 21 that they all must give place to the spiritual fact by the
 translation of man and the universe back into Spirit. In
 proportion as this is done, man and the universe will be
 24 found harmonious and eternal.

Spiritual
translation

Material substances or mundane formations, astronomical calculations, and all the paraphernalia of speculative theories, based on the hypothesis of material law
 27 or life and intelligence resident in matter, will ultimately vanish, swallowed up in the infinite calculus of
 Spirit.
 30

Spiritual sense is a conscious, constant capacity to understand God. It shows the superiority of faith by works

over faith in words. Its ideas are expressed only in “new
tongues;” and these are interpreted by the translation of
the spiritual original into the language which human
thought can comprehend.

Jesus’
disregard
of matter

The Principle and proof of Christianity are discerned
by spiritual sense. They are set forth in Jesus’ demon-
strations, which show — by his healing the
sick, casting out evils, and destroying death,
“the last enemy that shall be destroyed,” —
his disregard of matter and its so-called laws.

Knowing that Soul and its attributes were forever
manifested through man, the Master healed the sick,
gave sight to the blind, hearing to the deaf, feet to the
lame, thus bringing to light the scientific action of the
divine Mind on human minds and bodies and giving
a better understanding of Soul and salvation. Jesus
healed sickness and sin by one and the same metaphysical
process.

Mind not
mortal

The expression *mortal mind* is really a solecism, for
Mind is immortal, and Truth pierces the error of mortality
as a sunbeam penetrates the cloud. Because,
in obedience to the immutable law of Spirit,
this so-called mind is self-destructive, I name it mortal.
Error soweth the wind and reapeth the whirlwind.

Matter
mindless

What is termed matter, being unintelligent, cannot say,
“I suffer, I die, I am sick, or I am well.” It is the so-
called mortal mind which voices this and ap-
pears to itself to make good its claim. To
mortal sense, sin and suffering are real, but immortal
sense includes no evil nor pestilence. Because immortal
sense has no error of sense, it has no sense of error; there-
fore it is without a destructive element.

1 If brain, nerves, stomach, are intelligent, — if they talk
 to us, tell us their condition, and report how they feel, —
 3 then Spirit and matter, Truth and error, commingle
 and produce sickness and health, good and evil, life and
 death; and who shall say whether Truth or error is the
 6 greater?

The sensations of the body must either be the sensa-
 tions of a so-called mortal mind or of matter. Nerves
 9 are not mind. Is it not provable that Mind is
 not *mortal* and that matter has no sensation?
 Is it not equally true that matter does not appear in the
 12 spiritual understanding of being?

Matter
 sensationless

The sensation of sickness and the impulse to sin seem
 to obtain in mortal mind. When a tear starts, does not
 15 this so-called mind produce the effect seen in the lachry-
 mal gland? Without mortal mind, the tear could not
 appear; and this action shows the nature of all so-called
 18 material cause and effect.

It should no longer be said in Israel that "the fathers
 have eaten sour grapes, and the children's teeth are set
 21 on edge." Sympathy with error should disappear. The
 transfer of the thoughts of one erring mind to another,
 Science renders impossible.

24 If it is true that nerves have sensation, that matter has
 intelligence, that the material organism causes the eyes to
 see and the ears to hear, then, when the body
 27 is dematerialized, these faculties must be lost,
 for their immortality is not in Spirit; whereas the fact
 is that only through dematerialization and spiritualiza-
 30 tion of thought can these faculties be conceived of as
 immortal.

Nerves
 painless

Nerves are not the source of pain or pleasure. We

suffer or enjoy in our dreams, but this pain or pleasure 1
is not communicated through a nerve. A tooth which has
been extracted sometimes aches again in belief, and the 3
pain seems to be in its old place. A limb which has been
amputated has continued in belief to pain the owner. If
the sensation of pain in the limb can return, can be pro- 6
longed, why cannot the limb reappear?

Why need pain, rather than pleasure, come to this mor-
tal sense? Because the memory of pain is more vivid 9
than the memory of pleasure. I have seen an unwitting
attempt to scratch the end of a finger which had been cut
off for months. When the nerve is gone, which we say 12
was the occasion of pain, and the pain still remains, it
proves sensation to be in the mortal mind, not in matter.
Reverse the process; take away this so-called mind instead 15
of a piece of the flesh, and the nerves have no sensation.

Human
falsities

Mortals have a modus of their own, undirected and un-
sustained by God. They produce a rose through seed and 18
soil, and bring the rose into contact with the
olfactory nerves that they may smell it. In
legerdemain and credulous frenzy, mortals believe that 21
unseen spirits produce the flowers. God alone makes
and clothes the lilies of the field, and this He does by
means of Mind, not matter. 24

No miracles
in Mind-
methods

Because all the methods of Mind are not understood,
we say the lips or hands must move in order to convey
thought, that the undulations of the air convey 27
sound, and possibly that other methods involve
so-called miracles. The realities of being, its
normal action, and the origin of all things are unseen to 30
mortal sense; whereas the unreal and imitative move-
ments of mortal belief, which would reverse the immortal

1 modus and action, are styled the real. Whoever con-
 3 tradicts this mortal mind supposition of reality is called
 a deceiver, or is said to be deceived. Of a man it has
 been said, "As he thinketh in his heart, so is he;" hence
 as a man spiritually *understandeth*, so is he in truth.

6 Mortal mind conceives of something as either liquid
 or solid, and then classifies it materially. Immortal and
 spiritual facts exist apart from this mortal and
 9 material conception. God, good, is self-exist-
 ent and self-expressed, though indefinable as a whole.
 Every step towards goodness is a departure from materi-
 12 ality, and is a tendency towards God, Spirit. Material
 theories partially paralyze this attraction towards infinite
 and eternal good by an opposite attraction towards the
 15 finite, temporary, and discordant.

Good
indefinable

 Sound is a mental impression made on mortal belief.
 The ear does not really hear. Divine Science reveals
 18 sound as communicated through the senses of Soul —
 through spiritual understanding.

 Mozart experienced more than he expressed. The
 21 rapture of his grandest symphonies was never heard. He
 was a musician beyond what the world knew.
 This was even more strikingly true of Bee-
 24 thoven, who was so long hopelessly deaf. Men-
 tal melodies and strains of sweetest music supersede con-
 scious sound. Music is the rhythm of head and heart.
 27 Mortal mind is the harp of many strings, discoursing
 either discord or harmony according as the hand, which
 sweeps over it, is human or divine.

Music,
rhythm of
head and
heart

30 Before human knowledge dipped to its depths into a
 false sense of things, — into belief in material origins
 which discard the one Mind and true source of being, —

it is possible that the impressions from Truth were as
distinct as sound, and that they came as sound to the
primitive prophets. If the medium of hearing is wholly
spiritual, it is normal and indestructible.

If Enoch's perception had been confined to the evidence
before his material senses, he could never have "walked
with God," nor been guided into the demonstration of
life eternal.

Adam and
the senses

Adam, represented in the Scriptures as formed from
dust, is an object-lesson for the human mind. The mate-
rial senses, like Adam, originate in matter and
return to dust, — are proved non-intelligent.
They go out as they came in, for they are still the error,
not the truth of being. When it is learned that the spirit-
ual sense, and not the material, conveys the impressions
of Mind to man, then being will be understood and found
to be harmonious.

Idoltrous
illusions

We bow down to matter, and entertain finite thoughts
of God like the pagan idolater. Mortals are inclined to
fear and to obey what they consider a material
body more than they do a spiritual God. All
material knowledge, like the original "tree of knowledge,"
multiplies their pains, for mortal illusions would rob God,
slay man, and meanwhile would spread their table with
cannibal tidbits and give thanks.

The senses
of Soul

How transient a sense is mortal sight, when a wound on
the retina may end the power of light and lens! But the
real sight or sense is not lost. Neither age nor
accident can interfere with the senses of Soul,
and there are no other real senses. It is evident that the
body as matter has no sensation of its own, and there is no
oblivion for Soul and its faculties. Spirit's senses are with-

1 out pain, and they are forever at peace. Nothing can hide
 from them the harmony of all things and the might and
 3 permanence of Truth.

If Spirit, Soul, could sin or be lost, then being and im-
 mortality would be lost, together with all the faculties of
 6 Mind; but being cannot be lost while God ex-
 ists. Soul and matter are at variance from the
 very necessity of their opposite natures. Mortals are
 9 unacquainted with the reality of existence, because matter
 and mortality do not reflect the facts of Spirit.

Real being
never lost

Spiritual vision is not subordinate to geometric alti-
 12 tudes. Whatever is governed by God, is never for an
 instant deprived of the light and might of intelligence
 and Life.

We are sometimes led to believe that darkness is as real
 as light; but Science affirms darkness to be only a mortal
 sense of the absence of light, at the coming of
 18 which darkness loses the appearance of reality.
 So sin and sorrow, disease and death, are the suppositional
 absence of Life, God, and flee as phantoms of error before
 21 truth and love.

Light and
darkness

With its divine proof, Science reverses the evidence of
 material sense. Every quality and condition of mortality
 24 is lost, swallowed up in immortality. Mortal man is the
 antipode of immortal man in origin, in existence, and in his
 relation to God.

Because he understood the superiority and immor-
 tality of good, Socrates feared not the hemlock poison.
 Even the faith of his philosophy spurned phys-
 30 ical timidity. Having sought man's spiritual
 state, he recognized the immortality of man. The igno-
 rance and malice of the age would have killed the vener-

Faith of
Socrates

able philosopher because of his faith in Soul and his indifference to the body. 1

The serpent
of error

Who shall say that man is alive to-day, but may be dead to-morrow? What has touched Life, God, to such strange issues? Here theories cease, and Science unveils the mystery and solves the problem of man. Error bites the heel of truth, but cannot kill truth. Truth bruises the head of error — destroys error. Spirituality lays open siege to materialism. On which side are we fighting? 3 6 9

Servants
and masters

The understanding that the Ego is Mind, and that there is but one Mind or intelligence, begins at once to destroy the errors of mortal sense and to supply the truth of immortal sense. This understanding makes the body harmonious; it makes the nerves, bones, brain, etc., servants, instead of masters. If man is governed by the law of divine Mind, his body is in submission to everlasting Life and Truth and Love. The great mistake of mortals is to suppose that man, God's image and likeness, is both matter and Spirit, both good and evil. 12 15 18 21

If the decision were left to the corporeal senses, evil would appear to be the master of good, and sickness to be the rule of existence, while health would seem the exception, death the inevitable, and life a paradox. Paul asked: "What concord hath Christ with Belial?" (2 Corinthians vi. 15.) 24 27

Personal
identity

When you say, "Man's body is material," I say with Paul: Be "willing rather to be absent from the body, and to be present with the Lord." Give up your material belief of mind in matter, and have but one Mind, even God; for this Mind forms its 30

1 own likeness. The loss of man's identity through the
 understanding which Science confers is impossible; and
 3 the notion of such a possibility is more absurd than to
 conclude that individual musical tones are lost in the
 origin of harmony.

6 Medical schools may inform us that the healing work
 of Christian Science and Paul's peculiar Christian con-
 version and experience, — which prove Mind
 9 to be scientifically distinct from matter, — are
 indications of unnatural mental and bodily conditions,
 even of catalepsy and hysteria; yet if we turn to the Scrip-
 12 tures, what do we read? Why, this: "If a man keep my
 saying, he shall never see death!" and "Henceforth know
 we no man after the flesh!"

Paul's
experience

15 That scientific methods are superior to others, is
 seen by their effects. When you have once conquered
 a diseased condition of the body through
 18 Mind, that condition never recurs, and you
 have won a point in Science. When mentality gives
 rest to the body, the next toil will fatigue you less, for
 21 you are working out the problem of being in divine meta-
 physics; and in proportion as you understand the con-
 trol which Mind has over so-called matter, you will be
 24 able to demonstrate this control. The scientific and
 permanent remedy for fatigue is to learn the power of
 Mind over the body or any illusion of physical weariness,
 27 and so destroy this illusion, for matter cannot be weary
 and heavy-laden.

Fatigue is
mental

You say, "Toil fatigues me." But what is this *me*?
 30 Is it muscle or mind? Which is tired and so speaks?
 Without mind, could the muscles be tired? Do the
 muscles talk, or do you talk for them? Matter is non-

intelligent. Mortal mind does the false talking, and that
which affirms weariness, made that weariness. 1

Mind never
weary

You do not say a wheel is fatigued; and yet the body 3
is as material as the wheel. If it were not for what the
human mind says of the body, the body, like
the inanimate wheel, would never be weary. 6
The consciousness of Truth rests us more than hours of
repose in unconsciousness.

Coalition
of sin and
sickness

The body is supposed to say, "I am ill." The reports 9
of sickness may form a coalition with the reports of sin,
and say, "I am malice, lust, appetite, envy,
hate." What renders both sin and sickness 12
difficult of cure is, that the human mind is the
sinner, disinclined to self-correction, and believing that
the body can be sick independently of mortal mind and 15
that the divine Mind has no jurisdiction over the body.

Sickness
akin to sin

Why pray for the recovery of the sick, if you are with-
out faith in God's willingness and ability to heal them? 18
If you do believe in God, why do you sub-
stitute drugs for the Almighty's power, and
employ means which lead only into material ways of 21
obtaining help, instead of turning in time of need to
God, divine Love, who is an ever-present help?

Treat a belief in sickness as you would sin, with sudden 24
dismissal. Resist the temptation to believe in matter as
intelligent, as having sensation or power.

The Scriptures say, "They that wait upon the Lord 27
. . . shall run, and not be weary; and they shall walk,
and not faint." The meaning of that passage is not
perverted by applying it literally to moments of fatigue, 30
for the moral and physical are as one in their results.
When we wake to the truth of being, all disease,

1 pain, weakness, weariness, sorrow, sin, death, will be
 unknown, and the mortal dream will forever cease. My
 3 method of treating fatigue applies to all bodily ailments,
 since Mind should be, and is, supreme, absolute, and
 final.

6 In mathematics, we do not multiply when we should
 subtract, and then say the product is correct. No more
 can we say in Science that muscles give strength,
 9 that nerves give pain or pleasure, or that matter
 governs, and then expect that the result will be harmony.
 Not muscles, nerves, nor bones, but mortal mind makes
 12 the whole body "sick, and the whole heart faint;" whereas
 divine Mind heals.

Affirmation
and result

When this is understood, we shall never affirm concern-
 15 ing the body what we do not wish to have manifested. We
 shall not call the body weak, if we would have it strong;
 for the belief in feebleness must obtain in the human
 18 mind before it can be made manifest on the body, and
 the destruction of the belief will be the removal of its
 effects. Science includes no rule of discord, but governs
 21 harmoniously. "The wish," says the poet, "is ever father
 to the thought."

We may hear a sweet melody, and yet misunderstand
 24 the science that governs it. Those who are healed
 through metaphysical Science, not compre-
 hending the Principle of the cure, may misun-
 27 derstand it, and impute their recovery to change of air or
 diet, not rendering to God the honor due to Him alone.
 Entire immunity from the belief in sin, suffering, and
 30 death may not be reached at this period, but we may look
 for an abatement of these evils; and this scientific begin-
 ning is in the right direction.

Scientific
beginning

Hygiene ineffectual	We hear it said: "I exercise daily in the open air. I	1
	take cold baths, in order to overcome a predisposition to	
	take cold; and yet I have continual colds,	3
	catarrh, and cough." Such admissions ought	
	to open people's eyes to the inefficacy of material hygiene,	
	and induce sufferers to look in other directions for cause	6
	and cure.	
	Instinct is better than misguided reason, as even na-	
	ture declares. The violet lifts her blue eye to greet the	9
	early spring. The leaves clap their hands as nature's	
	untired worshippers. The snowbird sings and soars	12
	amid the blasts; he has no catarrh from wet feet, and	
	procures a summer residence with more ease than a na-	
	bob. The atmosphere of the earth, kinder than the at-	15
	mosphere of mortal mind, leaves catarrh to the latter.	
	Colds, coughs, and contagion are engendered solely by	
	human theories.	
The reflex phenomena	Mortal mind produces its own phenomena, and then	18
	charges them to something else, — like a kitten	
	glancing into the mirror at itself and thinking	
	it sees another kitten.	21
	A clergyman once adopted a diet of bread and water	
	to increase his spirituality. Finding his health failing,	
	he gave up his abstinence, and advised others never to	24
	try dietetics for growth in grace.	
Volition far-reaching	The belief that either fasting or feasting makes men	
	better morally or physically is one of the fruits of "the	27
	tree of the knowledge of good and evil," con-	
	cerning which God said, "Thou shalt not eat	
	of it." Mortal mind forms all conditions of the mortal	30
	body, and controls the stomach, bones, lungs, heart, blood,	
	etc., as directly as the volition or will moves the hand.	

1 I knew a person who when quite a child adopted the
 2 Graham system to cure dyspepsia. For many years, he
 3 ate only bread and vegetables, and drank nothing but water. His dyspepsia increasing, he
 4 decided that his diet should be more rigid, and
 5 thereafter he partook of but one meal in twenty-four
 6 hours, this meal consisting of only a thin slice of bread
 7 without water. His physician also recommended that
 8 he should not wet his parched throat until three hours
 9 after eating. He passed many weary years in hunger
 10 and weakness, almost in starvation, and finally made up
 11 his mind to die, having exhausted the skill of the doctors,
 12 who kindly informed him that death was indeed his only
 13 alternative. At this point Christian Science saved him,
 14 and he is now in perfect health without a vestige of the
 15 old complaint.

Starvation
and
dyspepsia

16 He learned that suffering and disease were the self-
 17 imposed beliefs of mortals, and not the facts of being;
 18 that God never decreed disease, — never ordained a law
 19 that fasting should be a means of health. Hence semi-
 20 starvation is not acceptable to wisdom, and it is equally
 21 far from Science, in which being is sustained by God, Mind.
 22 These truths, opening his eyes, relieved his stomach, and
 23 he ate without suffering, "giving God thanks;" but he
 24 never enjoyed his food as he had imagined he would
 25 when, still the slave of matter, he thought of the flesh-
 26 pots of Egypt, feeling childhood's hunger and undisciplined by self-denial and divine Science.

27 This new-born understanding, that neither food nor
 28 the stomach, without the consent of mortal
 29 mind, can make one suffer, brings with it another lesson, — that gluttony is a sensual illusion, and

Mind and
stomach

that this phantasm of mortal mind disappears as we better
apprehend our spiritual existence and ascend the ladder
of life. 1 3

This person learned that food affects the body only
as mortal mind has its material methods of working, one
of which is to believe that proper food supplies nutriment
and strength to the human system. He learned also that
mortal mind makes a mortal body, whereas Truth re-
generates this fleshly mind and feeds thought with the
bread of Life. 6 9

Food had less power to help or to hurt him after he
had availed himself of the fact that Mind governs man,
and he also had less faith in the so-called pleasures and
pains of matter. Taking less thought about what he
should eat or drink, consulting the stomach less about
the economy of living and God more, he recovered
strength and flesh rapidly. For many years he had
been kept alive, as was believed, only by the strictest ad-
herence to hygiene and drugs, and yet he continued ill
all the while. Now he dropped drugs and material
hygiene, and was well. 12 15 18 21

He learned that a dyspeptic was very far from being
the image and likeness of God, — far from having “do-
minion over the fish of the sea, and over the fowl of the
air, and over the cattle,” if eating a bit of animal flesh
could overpower him. He finally concluded that God
never made a dyspeptic, while fear, hygiene, physiology,
and physics had made him one, contrary to His commands. 24 27

In seeking a cure for dyspepsia consult matter not at
all, and eat what is set before you, “asking
no question for conscience sake.” We must
destroy the false belief that life and intelligence are in 30

1 matter, and plant ourselves upon what is pure and perfect. Paul said, "Walk in the Spirit, and ye shall not
 3 fulfil the lust of the flesh." Sooner or later we shall learn that the fetters of man's finite capacity are forged by the illusion that he lives in body instead of in Soul, in matter
 6 instead of in Spirit.

Matter does not express Spirit. God is infinite omnipresent Spirit. If Spirit is *all* and is everywhere, what
 9 and where is matter? Remember that truth is greater than error, and we cannot put the greater into the less. Soul is Spirit, and Spirit is greater
 12 than body. If Spirit were once within the body, Spirit would be finite, and therefore could not be Spirit.

Soul greater
than body

The question, "What is Truth," convulses the world. Many are ready to meet this inquiry with the assurance
 15 which comes of understanding; but more are blinded by their old illusions, and try to "give it pause." "If the blind lead the blind, both shall fall into
 18 the ditch."

The question
of the ages

The efforts of error to answer this question by some
 21 *ology* are vain. Spiritual rationality and free thought accompany approaching Science, and cannot be put down. They will emancipate humanity, and supplant unscientific
 24 means and so-called laws.

Peals that should startle the slumbering thought from its erroneous dream are partially unheeded; but the last
 27 trump has not sounded, or this would not be so. Marvels, calamities, and sin will much more abound as truth urges upon mortals its resisted
 30 claims; but the awful daring of sin destroys sin, and foreshadows the triumph of truth. God will overturn, until "He come whose right it is." Longevity

Heralds of
Science

is increasing and the power of sin diminishing, for the world feels the alterative effect of truth through every pore. 1 3

As the crude footprints of the past disappear from the dissolving paths of the present, we shall better understand the Science which governs these changes, and shall plant our feet on firmer ground. Every sensuous pleasure or pain is self-destroyed through suffering. There should be painless progress, attended by life and peace instead of discord and death. 6 9

Sectarianism
and
opposition

In the record of nineteen centuries, there are sects many but not enough Christianity. Centuries ago religionists were ready to hail an anthropomorphic God, and array His vicegerent with pomp and splendor; but this was not the manner of truth's appearing. Of old the cross was truth's central sign, and it is to-day. The modern lash is less material than the Roman scourge, but it is equally as cutting. Cold disdain, stubborn resistance, opposition from church, state laws, and the press, are still the harbingers of truth's full-orbed appearing. 12 15 18 21

A higher and more practical Christianity, demonstrating justice and meeting the needs of mortals in sickness and in health, stands at the door of this age, knocking for admission. Will you open or close the door upon this angel visitant, who cometh in the quiet of meekness, as he came of old to the patriarch at noonday? 24 27

Mental
emancipation

Truth brings the elements of liberty. On its banner is the Soul-inspired motto, "Slavery is abolished." The power of God brings deliverance to the captive. No power can withstand divine Love. What is this supposed power, which opposes itself to God? 30

1 Whence cometh it? What is it that binds man with iron
shackles to sin, sickness, and death? Whatever enslaves
3 man is opposed to the divine government. Truth makes
man free.

6 You may know when first Truth leads by the few-
ness and faithfulness of its followers. Thus it is that
the march of time bears onward freedom's
9 banner. The powers of this world will fight,
and will command their sentinels not to let truth pass
the guard until it subscribes to their systems; but Science,
heeding not the pointed bayonet, marches on. There is
12 always some tumult, but there is a rallying to truth's
standard.

Truth's
ordeal

15 The history of our country, like all history, illustrates
the might of Mind, and shows human power to be propor-
tionate to its embodiment of right thinking. A
few immortal sentences, breathing the omnipo-
18 tence of divine justice, have been potent to break despotic
fetters and abolish the whipping-post and slave market;
but oppression neither went down in blood, nor did the
21 breath of freedom come from the cannon's mouth. Love
is the liberator.

Immortal
sentences

24 Legally to abolish unpaid servitude in the United
States was hard; but the abolition of mental slavery is
a more difficult task. The despotic tenden-
cies, inherent in mortal mind and always ger-
minating in new forms of tyranny, must be rooted out
27 through the action of the divine Mind.

Slavery
abolished

30 Men and women of all climes and races are still in
bondage to material sense, ignorant how to obtain their
freedom. The rights of man were vindicated in a single
section and on the lowest plane of human life, when Afri-

can slavery was abolished in our land. That was only 1
 prophetic of further steps towards the banishment of a
 world-wide slavery, found on higher planes of existence 3
 and under more subtle and depraving forms.

Liberty's
 crusade

The voice of God in behalf of the African slave was
 still echoing in our land, when the voice of the herald of 6
 this new crusade sounded the keynote of uni-
 versal freedom, asking a fuller acknowledg-
 ment of the rights of man as a Son of God, demanding 9
 that the fetters of sin, sickness, and death be stricken
 from the human mind and that its freedom be won, not
 through human warfare, not with bayonet and blood, but 12
 through Christ's divine Science.

Cramping
 systems

God has built a higher platform of human rights, and
 He has built it on diviner claims. These claims are not 15
 made through code or creed, but in demonstra-
 tion of "on earth peace, good-will toward men."
 Human codes, scholastic theology, material medicine and 18
 hygiene, fetter faith and spiritual understanding. Divine
 Science rends asunder these fetters, and man's birthright
 of sole allegiance to his Maker asserts itself. 21

I saw before me the sick, wearing out years of servi-
 tude to an unreal master in the belief that the body gov-
 erned them, rather than Mind. 24

House of
 bondage

The lame, the deaf, the dumb, the blind, the sick, the
 sensual, the sinner, I wished to save from the slavery of
 their own beliefs and from the educational 27
 systems of the Pharaohs, who to-day, as of
 yore, hold the children of Israel in bondage. I saw be-
 fore me the awful conflict, the Red Sea and the wilder- 30
 ness; but I pressed on through faith in God, trusting
 Truth, the strong deliverer, to guide me into the land

1 of Christian Science, where fetters fall and the rights of
man are fully known and acknowledged.

3 I saw that the law of mortal belief included all error,
and that, even as oppressive laws are disputed and mort-
6 als are taught their right to freedom, so the
claims of the enslaving senses must be de-
nied and superseded. The law of the divine Mind must
9 end human bondage, or mortals will continue unaware
of man's inalienable rights and in subjection to hope-
less slavery, because some public teachers permit
an ignorance of divine power, — an ignorance that
12 is the foundation of continued bondage and of human
suffering.

Higher law
ends bondage

15 Discerning the rights of man, we cannot fail to fore-
see the doom of all oppression. Slavery is not the legiti-
mate state of man. God made man free.
Paul said, "I was free born." All men should
18 be free. "Where the Spirit of the Lord is, there is lib-
erty." Love and Truth make free, but evil and error
lead into captivity.

Native
freedom

21 Christian Science raises the standard of liberty and
cries: "Follow me! Escape from the bondage of sick-
ness, sin, and death!" Jesus marked out the
24 way. Citizens of the world, accept the "glori-
ous liberty of the children of God," and be free! This
is your divine right. The illusion of material sense, not
27 divine law, has bound you, entangled your free limbs,
crippled your capacities, enfeebled your body, and de-
faced the tablet of your being.

Standard
of liberty

30 If God had instituted material laws to govern man,
disobedience to which would have made man ill, Jesus
would not have disregarded those laws by healing in

direct opposition to them and in defiance of all material conditions. 1

No fleshly
heredity

The transmission of disease or of certain idiosyncrasies of mortal mind would be impossible if this great fact of being were learned, — namely, that nothing inharmoonious can enter being, for *Life is God*. 3
Heredity is a prolific subject for mortal belief to pin theories upon; but if we learn that nothing is real but the right, we shall have no dangerous inheritances, and fleshly ills will disappear. 6 9

God-given
dominion

The enslavement of man is not legitimate. It will cease when man enters into his heritage of freedom, his God-given dominion over the material senses. 12
Mortals will some day assert their freedom in the name of Almighty God. Then they will control their own bodies through the understanding of divine Science. 15
Dropping their present beliefs, they will recognize harmony as the spiritual reality and discord as the material unreality. 18

If we follow the command of our Master, "Take no thought for your life," we shall never depend on bodily conditions, structure, or economy, but we shall be masters of the body, dictate its terms, and form and control it with Truth. 21 24

Priestly pride
humbled

There is no power apart from God. Omnipotence has all-power, and to acknowledge any other power is to dishonor God. The humble Nazarene overthrew the supposition that sin, sickness, and death have power. He proved them powerless. It should have humbled the pride of the priests, when they saw the demonstration of Christianity excel the influence of their dead faith and ceremonies. 27 30

1 If Mind is not the master of sin, sickness, and death,
 they are immortal, for it is already proved that mat-
 3 ter has not destroyed them, but is their basis and
 support.

 We should hesitate to say that Jehovah sins or suffers;
 6 but if sin and suffering are realities of being, whence did
 they emanate? God made all that was made,
 and Mind signifies God, — infinity, not finity.

No union of
opposites

9 Not far removed from infidelity is the belief which
 unites such opposites as sickness and health, holiness
 and unholiness, calls both the offspring of spirit, and
 12 at the same time admits that Spirit is God, — vir-
 tually declaring Him good in one instance and evil in
 another.

15 By universal consent, mortal belief has constituted
 itself a law to bind mortals to sickness, sin, and death.
 This customary belief is misnamed material
 18 law, and the individual who upholds it is mis-
 taken in theory and in practice. The so-called law of
 mortal mind, conjectural and speculative, is made void
 21 by the law of immortal Mind, and false law should be
 trampled under foot.

Self-
constituted
law

 If God causes man to be sick, sickness must be good,
 24 and its opposite, health, must be evil, for all that He
 makes is good and will stand forever. If the
 transgression of God's law produces sickness, it
 27 is right to be sick; and we cannot if we would, and should
 not if we could, annul the decrees of wisdom. It is the
 transgression of a belief of mortal mind, not of a law of
 30 matter nor of divine Mind, which causes the belief of sick-
 ness. The remedy is Truth, not matter, — the truth that
 disease is *unreal*.

Sickness from
mortal mind

If sickness is real, it belongs to immortality; if true, 1
 it is a part of Truth. Would you attempt with drugs,
 or without, to destroy a quality or condition of Truth? 3
 But if sickness and sin are illusions, the awakening from
 this mortal dream, or illusion, will bring us into health,
 holiness, and immortality. This awakening is the for- 6
 ever coming of Christ, the advanced appearing of Truth,
 which casts out error and heals the sick. This is the sal-
 vation which comes through God, the divine Principle, 9
 Love, as demonstrated by Jesus.

God never
inconsistent

It would be contrary to our highest ideas of God to
 suppose Him capable of first arranging law and causation 12
 so as to bring about certain evil results, and
 then punishing the helpless victims of His vo-
 lition for doing what they could not avoid doing. Good 15
 is not, cannot be, the author of experimental sins. God,
 good, can no more produce sickness than goodness can
 cause evil and health occasion disease. 18

Mental
narcotics

Does wisdom make blunders which must afterwards
 be rectified by man? Does a law of God produce sick- 21
 ness, and can man put that law under his feet
 by healing sickness? According to Holy Writ,
 the sick are never really healed by drugs, hygiene, or any
 material method. These merely evade the question. 24
 They are soothing syrups to put children to sleep, satisfy
 mortal belief, and quiet fear.

The true
healing

We think that we are healed when a disease disap- 27
 pears, though it is liable to reappear; but we are never
 thoroughly healed until the liability to be
 ill is removed. So-called mortal mind or the 30
 mind of mortals being the remote, predisposing, and
 the exciting cause of all suffering, the cause of disease

1 must be obliterated through Christ in divine Science, or
the so-called physical senses will get the victory.

3 Unless an ill is rightly met and fairly overcome by
Truth, the ill is never conquered. If God destroys not
sin, sickness, and death, they are not de-
6 stroyed in the mind of mortals, but seem to
this so-called mind to be immortal. What God cannot
do, man need not attempt. If God heals not the sick,
9 they are not healed, for no lesser power equals the infinite
All-power; but God, Truth, Life, Love, does heal the
sick through the prayer of the righteous.

Destruction
of all evil

12 If God makes sin, if good produces evil, if truth results
in error, then Science and Christianity are helpless; but
there are no antagonistic powers nor laws, spiritual or
15 material, creating and governing man through perpetual
warfare. God is not the author of mortal discords.
Therefore we accept the conclusion that discords have
18 only a fabulous existence, are mortal beliefs which divine
Truth and Love destroy.

To hold yourself superior to sin, because God made
21 you superior to it and governs man, is true wisdom. To
fear sin is to misunderstand the power of Love
and the divine Science of being in man's rela-
24 tion to God, — to doubt His government and
distrust His omnipotent care. To hold yourself superior
to sickness and death is equally wise, and is in accordance
27 with divine Science. To fear them is impossible, when
you fully apprehend God and know that they are no part
of His creation.

Superiority
to sickness
and sin

30 Man, governed by his Maker, having no other Mind, —
planted on the Evangelist's statement that "all things
were made by Him [the Word of God]; and without

Him was not anything made that was made," — can triumph over sin, sickness, and death. 1

Denials of
divine power

Many theories relative to God and man neither make man harmonious nor God lovable. The beliefs we commonly entertain about happiness and life afford no scatheless and permanent evidence of either. Security for the claims of harmonious and eternal being is found only in divine Science. 3 6

Scripture informs us that "with God all things are possible," — all good is possible to Spirit; but our prevalent theories practically deny this, and make healing possible only through matter. These theories must be untrue, for the Scripture is true. Christianity is not false, but religions which contradict its Principle are false. 9 12 15

In our age Christianity is again demonstrating the power of divine Principle, as it did over nineteen hundred years ago, by healing the sick and triumphing over death. Jesus never taught that drugs, food, air, and exercise could make a man healthy, or that they could destroy human life; nor did he illustrate these errors by his practice. He referred man's harmony to Mind, not to matter, and never tried to make of none effect the sentence of God, which sealed God's condemnation of sin, sickness, and death. 18 21 24

Signs
following

In the sacred sanctuary of Truth are voices of solemn import, but we heed them not. It is only when the so-called pleasures and pains of sense pass away in our lives, that we find unquestionable signs of the burial of error and the resurrection to spiritual life. 27 30

There is neither place nor opportunity in Science for error

1 of any sort. Every day makes its demands upon us for
 higher proofs rather than professions of Christian power.
 3 These proofs consist solely in the destruction
 of sin, sickness, and death by the power of
 Spirit, as Jesus destroyed them. This is an element of
 6 progress, and progress is the law of God, whose law de-
 mands of us only what we can certainly fulfil.

Profession
and proof

In the midst of imperfection, perfection is seen and
 9 acknowledged only by degrees. The ages must slowly
 work up to perfection. How long it must be
 before we arrive at the demonstration of scien-
 12 tific being, no man knoweth, — not even “the
 Son but the Father;” but the false claim of error con-
 tinues its delusions until the goal of goodness is assidu-
 15 ously earned and won.

Perfection
gained
slowly

Already the shadow of His right hand rests upon the
 hour. Ye who can discern the face of the sky, — the
 18 sign material, — how much more should ye
 discern the sign mental, and compass the de-
 struction of sin and sickness by overcoming the thoughts
 21 which produce them, and by understanding the spiritual
 idea which corrects and destroys them. To reveal this
 truth was our Master’s mission to all mankind, including
 24 the hearts which rejected him.

Christ’s
mission

When numbers have been divided according to a fixed
 rule, the quotient is not more unquestionable than the
 27 scientific tests I have made of the effects of
 truth upon the sick. The counter fact rela-
 tive to any disease is required to cure it. The utterance
 30 of truth is designed to rebuke and destroy error. Why
 should truth not be efficient in sickness, which is solely
 the result of inharmony?

Efficacy
of truth

Spiritual draughts heal, while material lotions interfere
with truth, even as ritualism and creed hamper spirit-
uality. If we trust matter, we distrust Spirit. 1 3

Crumbs of
comfort

Whatever inspires with wisdom, Truth, or Love — be
it song, sermon, or Science — blesses the human family
with crumbs of comfort from Christ's table,
feeding the hungry and giving living waters to
the thirsty. 6

Hospitality
to health
and good

We should become more familiar with good than with
evil, and guard against false beliefs as watchfully as we
bar our doors against the approach of thieves
and murderers. We should love our enemies
and help them on the basis of the Golden
Rule; but avoid casting pearls before those who trample
them under foot, thereby robbing both themselves and
others. 9 12 15

Cleansing
the mind

If mortals would keep proper ward over mortal mind,
the brood of evils which infest it would be cleared out.
We must begin with this so-called mind and
empty it of sin and sickness, or sin and sick-
ness will never cease. The present codes of human
systems disappoint the weary searcher after a divine
theology, adequate to the right education of human
thought. 18 21 24

Sin and disease must be thought before they can be
manifested. You must control evil thoughts in the first
instance, or they will control you in the second. Jesus
declared that to look with desire on forbidden objects was
to break a moral precept. He laid great stress on the
action of the human mind, unseen to the senses. 27 30

Evil thoughts and aims reach no farther and do no more
harm than one's belief permits. Evil thoughts, lusts, and

1 malicious purposes cannot go forth, like wandering pollen,
 from one human mind to another, finding unsuspected
 3 lodgment, if virtue and truth build a strong defence.
 Better suffer a doctor infected with smallpox to attend
 you than to be treated mentally by one who does not obey
 6 the requirements of divine Science.

The teachers of schools and the readers in churches
 should be selected with as direct reference to their
 9 morals as to their learning or their correct
 reading. Nurseries of character should be
 strongly garrisoned with virtue. School-examinations are
 12 one-sided; it is not so much academic education, as a
 moral and spiritual culture, which lifts one higher. The
 pure and uplifting thoughts of the teacher, constantly
 15 imparted to pupils, will reach higher than the heavens of
 astronomy; while the debased and unscrupulous mind,
 though adorned with gems of scholarly attainment, will
 18 degrade the characters it should inform and elevate.

Teachers'
functions

Physicians, whom the sick employ in their helplessness,
 should be models of virtue. They should be wise spir-
 21 itual guides to health and hope. To the trem-
 blers on the brink of death, who understand
 not the divine Truth which is Life and perpetuates being,
 24 physicians should be able to teach it. Then when the soul
 is willing and the flesh weak, the patient's feet may be
 planted on the rock Christ Jesus, the true idea of spiritual
 27 power.

Physicians'
privilege

Clergymen, occupying the watchtowers of the world,
 should uplift the standard of Truth. They should so raise
 30 their hearers spiritually, that their listeners
 will love to grapple with a new, right idea
 and broaden their concepts. Love of Christianity, rather

Clergymen's
duty

than love of popularity, should stimulate clerical labor 1
and progress. Truth should emanate from the pulpit,
but never be strangled there. A special privilege is vested 3
in the ministry. How shall it be used? Sacredly, in the
interests of humanity, not of sect.

Is it not professional reputation and emolument rather 6
than the dignity of God's laws, which many leaders seek?
Do not inferior motives induce the infuriated attacks on
individuals, who reiterate Christ's teachings in support 9
of his proof by example that the divine Mind heals sick-
ness as well as sin?

A mother's
responsibility

A mother is the strongest educator, either for or 12
against crime. Her thoughts form the embryo of an-
other mortal mind, and unconsciously mould
it, either after a model odious to herself or 15
through divine influence, "according to the pattern
showed to thee in the mount." Hence the importance
of Christian Science, from which we learn of the one 18
Mind and of the availability of good as the remedy for
every woe.

Children's
tractability

Children should obey their parents; insubordination 21
is an evil, blighting the buddings of self-government.
Parents should teach their children at the
earliest possible period the truths of health 24
and holiness. Children are more tractable than adults,
and learn more readily to love the simple verities that will
make them happy and good. 27

Jesus loved little children because of their freedom
from wrong and their receptiveness of right. While
age is halting between two opinions or battling with 30
false beliefs, youth makes easy and rapid strides towards
Truth.

1 A little girl, who had occasionally listened to my ex-
planations, badly wounded her finger. She seemed not
3 to notice it. On being questioned about it she answered
ingenuously, "There is no sensation in matter." Bound-
ing off with laughing eyes, she presently added, "Mamma,
6 my finger is not a bit sore."

It might have been months or years before her parents
would have laid aside their drugs, or reached the mental
9 height their little daughter so naturally at-
tained. The more stubborn beliefs and theo-
ries of parents often choke the good seed in the minds of
12 themselves and their offspring. Superstition, like "the
fowls of the air," snatches away the good seed before it
has sprouted.

Soil and
seed

15 Children should be taught the Truth-cure, Christian
Science, among their first lessons, and kept from discuss-
ing or entertaining theories or thoughts about
18 sickness. To prevent the experience of error
and its sufferings, keep out of the minds of your children
either sinful or diseased thoughts. The latter should
21 be excluded on the same principle as the former. This
makes Christian Science early available.

Teaching
children

Some invalids are unwilling to know the facts or to
24 hear about the fallacy of matter and its supposed laws.
They devote themselves a little longer to their
material gods, cling to a belief in the life and
27 intelligence of matter, and expect this error to do more
for them than they are willing to admit the only living and
true God can do. Impatient at your explanation, unwill-
30 ing to investigate the Science of Mind which would rid
them of their complaints, they hug false beliefs and suffer
the delusive consequences.

Deluded
invalids

	Motives and acts are not rightly valued before they are understood. It is well to wait till those whom you would benefit are ready for the blessing, for Science is working changes in personal character as well as in the material universe.	1
Patient waiting		3
	To obey the Scriptural command, "Come out from among them, and be ye separate," is to incur society's frown; but this frown, more than flatteries, enables one to be Christian. Losing her crucifix, the Roman Catholic girl said, "I have nothing left but Christ." "If God be for us, who can be against us?"	6
	To fall away from Truth in times of persecution, shows that we never understood Truth. From out the bridal chamber of wisdom there will come the warning, "I know you not." Unimproved opportunities will rebuke us when we attempt to claim the benefits of an experience we have not made our own, try to reap the harvest we have not sown, and wish to enter unlawfully into the labors of others. Truth often remains unsought, until we seek this remedy for human woe because we suffer severely from error.	12
Unimproved opportunities		15
	Attempts to conciliate society and so gain dominion over mankind, arise from worldly weakness. He who leaves all for Christ forsakes popularity and gains Christianity.	18
	Society is a foolish juror, listening only to one side of the case. Justice often comes too late to secure a verdict. People with mental work before them have no time for gossip about false law or testimony. To reconstruct timid justice and place the fact above the falsehood, is the work of time.	21
Society and intolerance		24
	The cross is the central emblem of history. It is the lodestar in the demonstration of Christian healing, — the	27
		30

1 demonstration by which sin and sickness are destroyed.
 The sects, which endured the lash of their predecessors,
 3 in their turn lay it upon those who are in advance of
 creeds.

Take away wealth, fame, and social organizations,
 6 which weigh not one jot in the balance of God, and we
 get clearer views of Principle. Break up
 cliques, level wealth with honesty, let worth
 9 be judged according to wisdom, and we get better views
 of humanity.

Right views
of humanity

The wicked man is not the ruler of his upright
 12 neighbor. Let it be understood that success in error is
 defeat in Truth. The watchword of Christian Science
 is Scriptural: "Let the wicked forsake his way, and the
 15 unrighteous man his thoughts."

To ascertain our progress, we must learn where our
 affections are placed and whom we acknowledge and
 18 obey as God. If divine Love is becoming
 nearer, dearer, and more real to us, matter is
 then submitting to Spirit. The objects we pursue and
 21 the spirit we manifest reveal our standpoint, and show
 what we are winning.

Standpoint
revealed

Mortal mind is the acknowledged seat of human mo-
 24 tives. It forms material concepts and produces every
 discordant action of the body. If action pro-
 ceeds from the divine Mind, action is harmo-
 27 nious. If it comes from erring mortal mind, it is discord-
 ant and ends in sin, sickness, death. Those two opposite
 sources never mingle in fount or stream. The perfect
 30 Mind sends forth perfection, for God is Mind. Imper-
 fect mortal mind sends forth its own resemblances, of
 which the wise man said, "All is vanity."

Antagonistic
sources

	Nature voices natural, spiritual law and divine Love,	1
Some lessons from nature	but human belief misinterprets nature. Arctic regions,	
	sunny tropics, giant hills, winged winds,	3
	mighty billows, verdant vales, festive flowers,	
	and glorious heavens, — all point to Mind, the spiritual intelligence they reflect. The floral apostles are hiero- glyphs of Deity. Suns and planets teach grand lessons.	6
	The stars make night beautiful, and the leaflet turns nat- urally towards the light.	9
Perpetual motion	In the order of Science, in which the Principle is above what it reflects, all is one grand concord. Change this statement, suppose Mind to be governed by	12
	matter or Soul in body, and you lose the key- note of being, and there is continual discord. Mind is perpetual motion. Its symbol is the sphere. The rota- tions and revolutions of the universe of Mind go on eternally.	15
	Mortals move onward towards good or evil as time glides on. If mortals are not progressive, past failures	18
	will be repeated until all wrong work is ef- faced or rectified. If at present satisfied with	21
Progress demanded	wrong-doing, we must learn to loathe it. If at present content with idleness, we must become dissatisfied with it. Remember that mankind must sooner or later, either by suffering or by Science, be convinced of the error that is to be overcome.	24
	In trying to undo the errors of sense one must pay fully and fairly the utmost farthing, until all error is finally brought into subjection to Truth. The divine method of paying sin's wages involves unwinding one's snarls, and learning from experience how to divide between sense and Soul.	27
		30

1 “Whom the Lord loveth He chasteneth.” He, who
 knows God’s will or the demands of divine Science and
 3 obeys them, incurs the hostility of envy; and he who
 refuses obedience to God, is chastened by Love.

 Sensual treasures are laid up “where moth and rust
 6 doth corrupt.” Mortality is their doom. Sin breaks in
 upon them, and carries off their fleeting joys.
 The sensualist’s affections are as imaginary,
 9 whimsical, and unreal as his pleasures. Falsehood, envy,
 hypocrisy, malice, hate, revenge, and so forth, steal away
 the treasures of Truth. Stripped of its coverings, what
 12 a mocking spectacle is sin!

The doom
of sin

 The Bible teaches transformation of the body by the
 renewal of Spirit. Take away the spiritual signification
 15 of Scripture, and that compilation can do no
 more for mortals than can moonbeams to melt
 a river of ice. The error of the ages is preaching without
 18 practice.

Spirit
transforms

 The substance of all devotion is the reflection and
 demonstration of divine Love, healing sickness and
 21 destroying sin. Our Master said, “If ye love me, keep
 my commandments.”

 One’s aim, a point beyond faith, should be to find the
 24 footsteps of Truth, the way to health and holiness. We
 should strive to reach the Horeb height where God is re-
 vealed; and the corner-stone of all spiritual building is
 27 purity. The baptism of Spirit, washing the body of all
 the impurities of flesh, signifies that the pure in heart
 see God and are approaching spiritual Life and its
 30 demonstration.

 It is “easier for a camel to go through the eye of a
 needle,” than for sinful beliefs to enter the kingdom of

	heaven, eternal harmony. Through repentance, spiritual baptism, and regeneration, mortals put off their material beliefs and false individuality. It is only a question of time when "they shall all know Me [God], from the least of them unto the greatest." Denial of the claims of matter is a great step towards the joys of Spirit, towards human freedom and the final triumph over the body.	1
Spiritual baptism		3
	There is but one way to heaven, harmony, and Christ in divine Science shows us this way. It is to know no other reality — to have no other consciousness of life — than good, God and His reflection, and to rise superior to the so-called pain and pleasure of the senses.	6
The one only way		9
	Self-love is more opaque than a solid body. In patient obedience to a patient God, let us labor to dissolve with the universal solvent of Love the adamant of error, — self-will, self-justification, and self-love, — which wars against spirituality and is the law of sin and death.	12
		15
	The vesture of Life is Truth. According to the Bible, the facts of being are commonly misconstrued, for it is written: "They parted my raiment among them, and for my vesture they did cast lots."	18
Divided vestments		21
	The divine Science of man is woven into one web of consistency without seam or rent. Mere speculation or superstition appropriates no part of the divine vesture, while inspiration restores every part of the Christly garment of righteousness.	24
		27
	The finger-posts of divine Science show the way our Master trod, and require of Christians the proof which he gave, instead of mere profession. We may hide	30

1 spiritual ignorance from the world, but we can never
 succeed in the Science and demonstration of spiritual
 3 good through ignorance or hypocrisy.

The divine Love, which made harmless the poisonous
 viper, which delivered men from the boiling oil, from
 6 the fiery furnace, from the jaws of the lion,
 can heal the sick in every age and triumph
 over sin and death. It crowned the demon-
 9 strations of Jesus with unsurpassed power and love. But
 the same "Mind . . . which was also in Christ Jesus"
 must always accompany the letter of Science in order to
 12 confirm and repeat the ancient demonstrations of prophets
 and apostles. That those wonders are not more com-
 monly repeated to-day, arises not so much from lack of
 15 desire as from lack of spiritual growth.

Ancient
and modern
miracles

The clay cannot reply to the potter. The head, heart,
 lungs, and limbs do not inform us that they are dizzy,
 18 diseased, consumptive, or lame. If this in-
 formation is conveyed, mortal mind conveys
 it. Neither immortal and unerring Mind nor matter,
 21 the inanimate substratum of mortal mind, can carry
 on such telegraphy; for God is "of purer eyes than
 to behold evil," and matter has neither intelligence nor
 24 sensation.

Mental
telegraphy

Truth has no consciousness of error. Love has no
 sense of hatred. Life has no partnership
 27 with death. Truth, Life, and Love are a law
 of annihilation to everything unlike themselves, because
 they declare nothing except God.

Annihilation
of error

30 Sickness, sin, and death are not the fruits of Life.
 They are inharmonies which Truth destroys. Perfection
 does not animate imperfection. Inasmuch as God is

	good and the fount of all being, He does not produce	1
	moral or physical deformity; therefore such deformity is	
Deformity and perfection	not real, but is illusion, the mirage of error.	3
	Divine Science reveals these grand facts. On	
	their basis Jesus demonstrated Life, never	
	fearing nor obeying error in any form.	6
	If we were to derive all our conceptions of man from	
	what is seen between the cradle and the grave, happi-	
	ness and goodness would have no abiding-place in man,	9
	and the worms would rob him of the flesh; but Paul	
	writes: "The law of the Spirit of life in Christ Jesus hath	
	made me free from the law of sin and death."	12
	Man undergoing birth, maturity, and decay is like the	
	beasts and vegetables, — subject to laws of decay. If	
Man never less than man	man were dust in his earliest stage of exist-	15
	ence, we might admit the hypothesis that he	
	returns eventually to his primitive condition;	
	but man was never more nor less than man.	18
	If man flickers out in death or springs from matter into	
	being, there must be an instant when God is without His	
	entire manifestation, — when there is no full reflection	21
	of the infinite Mind.	
	Man in Science is neither young nor old. He has	
	neither birth nor death. He is not a beast, a vegetable,	24
Man not evolved	nor a migratory mind. He does not pass from	
	matter to Mind, from the mortal to the im-	
	mortal, from evil to good, or from good to evil. Such	27
	admissions cast us headlong into darkness and dogma.	
	Even Shakespeare's poetry pictures age as infancy, as	
	helplessness and decadence, instead of assigning to man	30
	the everlasting grandeur and immortality of development,	
	power, and prestige.	

1 The error of thinking that we are growing old, and the
benefits of destroying that illusion, are illustrated in a
3 sketch from the history of an English woman, published
in the London medical magazine called The Lancet.

Disappointed in love in her early years, she became
6 insane and lost all account of time. Believing that she
was still living in the same hour which parted
her from her lover, taking no note of years,
9 she stood daily before the window watching for her
lover's coming. In this mental state she remained young.
Having no consciousness of time, she literally grew no
12 older. Some American travellers saw her when she was
seventy-four, and supposed her to be a young woman.
She had no care-lined face, no wrinkles nor gray hair, but
15 youth sat gently on cheek and brow. Asked to guess her
age, those unacquainted with her history conjectured that
she must be under twenty.

Perpetual
youth

18 This instance of youth preserved furnishes a useful
hint, upon which a Franklin might work with more cer-
tainty than when he coaxed the enamoured lightning
21 from the clouds. Years had not made her old, because
she had taken no cognizance of passing time nor thought
of herself as growing old. The bodily results of her belief
24 that she was young manifested the influence of such a be-
lief. She could not age while believing herself young, for
the mental state governed the physical.

27 Impossibilities never occur. One instance like the
foregoing proves it possible to be young at seventy-four;
and the primary of that illustration makes it plain that
30 decrepitude is not according to law, nor is it a necessity of
nature, but an illusion.

The infinite never began nor will it ever end. Mind

	and its formations can never be annihilated. Man is not	1
	a pendulum, swinging between evil and good, joy and	
Man reflects God	sorrow, sickness and health, life and death.	3
	Life and its faculties are not measured by	
	calendars. The perfect and immortal are the eternal	
	likeness of their Maker. Man is by no means a material	6
	germ rising from the imperfect and endeavoring to reach	
	Spirit above his origin. The stream rises no higher than	
	its source.	9
	The measurement of life by solar years robs youth and	
	gives ugliness to age. The radiant sun of virtue and truth	
	coexists with being. Manhood is its eternal noon, un-	12
	dimmed by a declining sun. As the physical and mate-	
	rial, the transient sense of beauty fades, the radiance of	
	Spirit should dawn upon the enraptured sense with bright	15
	and imperishable glories.	
	Never record ages. Chronological data are no part	
	of the vast forever. Time-tables of birth and death are	18
Undesirable records	so many conspiracies against manhood and	
	womanhood. Except for the error of meas-	
	uring and limiting all that is good and beautiful, man	21
	would enjoy more than threescore years and ten and	
	still maintain his vigor, freshness, and promise. Man,	
	governed by immortal Mind, is always beautiful and	24
	grand. Each succeeding year unfolds wisdom, beauty,	
	and holiness.	
	Life is eternal. We should find this out, and begin the	27
	demonstration thereof. Life and goodness are immortal.	
True life eternal	Let us then shape our views of existence into	
	loveliness, freshness, and continuity, rather	30
	than into age and blight.	
	Acute and chronic beliefs reproduce their own types.	

1 The acute belief of physical life comes on at a remote period, and is not so disastrous as the chronic belief.

3 I have seen age regain two of the elements it had lost, sight and teeth. A woman of eighty-five, whom I knew, had a return of sight. Another woman at
6 ninety had new teeth, incisors, cuspids, bi-cuspids, and one molar. One man at sixty had retained his full set of upper and lower teeth without
9 a decaying cavity.

Eyes
and teeth
renewed

Beauty, as well as truth, is eternal; but the beauty of material things passes away, fading and fleeting as
12 mortal belief. Custom, education, and fashion form the transient standards of mortals. Im-mortality, exempt from age or decay, has a glory of its
15 own, — the radiance of Soul. Immortal men and women are models of spiritual sense, drawn by perfect Mind and reflecting those higher conceptions of loveliness
18 which transcend all material sense.

Eternal
beauty

Comeliness and grace are independent of matter. Being possesses its qualities before they are perceived humanly. Beauty is a thing of life, which
21 dwells forever in the eternal Mind and reflects the charms of His goodness in expression, form,
24 outline, and color. It is Love which paints the petal with myriad hues, glances in the warm sunbeam, arches the cloud with the bow of beauty, blazons the night with
27 starry gems, and covers earth with loveliness.

The divine
loveliness

The embellishments of the person are poor substitutes for the charms of being, shining resplendent and eternal
30 over age and decay.

The recipe for beauty is to have less illusion and more Soul, to retreat from the belief of pain or pleasure

in the body into the unchanging calm and glorious freedom of spiritual harmony. 1

Love's
endowment

Love never loses sight of loveliness. Its halo rests upon 3
its object. One marvels that a friend can ever seem less
than beautiful. Men and women of riper
years and larger lessons ought to ripen into 6
health and immortality, instead of lapsing into darkness
or gloom. Immortal Mind feeds the body with supernal
freshness and fairness, supplying it with beautiful images 9
of thought and destroying the woes of sense which each
day brings to a nearer tomb.

Mental
sculpture

The sculptor turns from the marble to his model in 12
order to perfect his conception. We are all sculptors,
working at various forms, moulding and chisel-
ing thought. What is the model before mortal 15
mind? Is it imperfection, joy, sorrow, sin, suffering?
Have you accepted the mortal model? Are you repro-
ducing it? Then you are haunted in your work by vicious 18
sculptors and hideous forms. Do you not hear from all
mankind of the imperfect model? The world is holding
it before your gaze continually. The result is that you 21
are liable to follow those lower patterns, limit your life-
work, and adopt into your experience the angular outline
and deformity of matter models. 24

Perfect
models

To remedy this, we must first turn our gaze in the right
direction, and then walk that way. We must form perfect 27
models in thought and look at them continually,
or we shall never carve them out in grand and
noble lives. Let unselfishness, goodness, mercy, justice,
health, holiness, love — the kingdom of heaven — reign 30
within us, and sin, disease, and death will diminish until
they finally disappear.

1 Let us accept Science, relinquish all theories based on
 sense-testimony, give up imperfect models and illusive
 3 ideals; and so let us have one God, one Mind, and that
 one perfect, producing His own models of excellence.

Let the "male and female" of God's creating appear.
 6 Let us feel the divine energy of Spirit, bringing us into
 newness of life and recognizing no mortal nor
 material power as able to destroy. Let us re-
 9 joice that we are subject to the divine "powers that be."
 Such is the true Science of being. Any other theory of
 Life, or God, is delusive and mythological.

12 Mind is not the author of matter, and the creator of
 ideas is not the creator of illusions. Either there is no
 omnipotence, or omnipotence is the only power. God is
 15 the infinite, and infinity never began, will never end, and
 includes nothing unlike God. Whence then is soulless
 matter?

18 Life is, like Christ, "the same yesterday, and to-day,
 and forever." Organization and time have nothing to do
 with Life. You say, "I dreamed last night."

21 What a mistake is that! The I is Spirit. God
 never slumbers, and His likeness never dreams. Mortals
 are the Adam dreamers.

24 Sleep and apathy are phases of the dream that life, sub-
 stance, and intelligence are material. The mortal night-
 dream is sometimes nearer the fact of being than are the
 27 thoughts of mortals when awake. The night-dream has
 less matter as its accompaniment. It throws off some
 material fetters. It falls short of the skies, but makes its
 30 mundane flights quite ethereal.

Man is the reflection of Soul. He is the direct oppo-
 site of material sensation, and there is but one Ego. We

Renewed
selfhood

Illusive
dreams

	run into error when we divide Soul into souls, multiply	1
	Mind into minds and suppose error to be mind, then mind	
Philosophical blunders	to be in matter and matter to be a lawgiver,	3
	unintelligence to act like intelligence, and mor- tality to be the matrix of immortality.	
	Mortal existence is a dream; mortal existence has no	6
	real entity, but saith "It is I." Spirit is the Ego which	
Spirit the one Ego	never dreams, but understands all things;	
	which never errs, and is ever conscious; which	9
	never believes, but knows; which is never born and never dies. Spiritual man is the likeness of this Ego.	
	Man is not God, but like a ray of light which comes from	12
	the sun, man, the outcome of God, reflects God.	
	Mortal body and mind are one, and that one is called	
	man; but a mortal is not man, for man is immortal. A	15
Mortal existence a dream	mortal may be weary or pained, enjoy or suffer, according to the dream he entertains in sleep.	
	When that dream vanishes, the mortal finds himself	18
	experiencing none of these dream-sensations. To the observer, the body lies listless, undisturbed, and sensa- tionless, and the mind seems to be absent.	21
	Now I ask, Is there any more reality in the waking dream of mortal existence than in the sleeping dream?	
	There cannot be, since whatever appears to be a mortal	24
	man is a mortal dream. Take away the mortal mind, and matter has no more sense as a man than it has as a tree. But the spiritual, real man is immortal.	27
	Upon this stage of existence goes on the dance of mortal mind. Mortal thoughts chase one another like snowflakes, and drift to the ground. Science reveals Life as not being	30
	at the mercy of death, nor will Science admit that happi- ness is ever the sport of circumstance.	

1 Error is not real, hence it is not more imperative
as it hastens towards self-destruction. The so-called
3 belief of mortal mind apparent as an abscess
should not grow more painful before it suppu-
rates, neither should a fever become more severe before
6 it ends.

Error
self-destroyed

Fright is so great at certain stages of mortal belief
as to drive belief into new paths. In the illusion of
9 death, mortals wake to the knowledge of two
facts: (1) that they are not dead; (2) that
they have but passed the portals of a new belief. Truth
12 works out the nothingness of error in just these ways.
Sickness, as well as sin, is an error that Christ, Truth,
alone can destroy.

Illusion
of death

15 We must learn how mankind govern the body, —
whether through faith in hygiene, in drugs, or in will-
power. We should learn whether they govern
18 the body through a belief in the necessity of
sickness and death, sin and pardon, or govern
it from the higher understanding that the divine Mind
21 makes perfect, acts upon the so-called human mind
through truth, leads the human mind to relinquish all
error, to find the divine Mind to be the only Mind,
24 and the healer of sin, disease, death. This process of
higher spiritual understanding improves mankind until
error disappears, and nothing is left which deserves to
27 perish or to be punished.

Mortal mind's
disappearance

Ignorance, like intentional wrong, is not Science.
Ignorance must be seen and corrected before we can at-
tain harmony. Inharmonious beliefs, which
30 rob Mind, calling it matter, and deify their
own notions, imprison themselves in what they create.

Spiritual
ignorance

They are at war with Science, and as our Master said,
 "If a kingdom be divided against itself, that kingdom
 cannot stand." 1 3

Human ignorance of Mind and of the recuperative
 energies of Truth occasions the only skepticism regard-
 ing the pathology and theology of Christian Science. 6

Eternal man
 recognized

When false human beliefs learn even a little of their
 own falsity, they begin to disappear. A knowledge of
 error and of its operations must precede that
 understanding of Truth which destroys error,
 until the entire mortal, material error finally disappears,
 and the eternal verity, man created by and of Spirit,
 is understood and recognized as the true likeness of his
 Maker. 9 12

The false evidence of material sense contrasts strikingly
 with the testimony of Spirit. Material sense lifts its voice
 with the arrogance of reality and says: 15

Testimony
 of sense

I am wholly dishonest, and no man knoweth it. I can
 cheat, lie, commit adultery, rob, murder, and I elude
 detection by smooth-tongued villainy. Ani- 18
 mal in propensity, deceitful in sentiment,
 fraudulent in purpose, I mean to make my short span
 of life one gala day. What a nice thing is sin! How
 sin succeeds, where the good purpose waits! The world
 is my kingdom. I am enthroned in the gorgeousness
 of matter. But a touch, an accident, the law of God,
 may at any moment annihilate my peace, for all my
 fancied joys are fatal. Like bursting lava, I expand but
 to my own despair, and shine with the resplendency of
 consuming fire. 21 24 27 30

Spirit, bearing opposite testimony, saith:

I am Spirit. Man, whose senses are spiritual, is my

1 likeness. He reflects the infinite understanding, for I am
 Infinity. The beauty of holiness, the perfection of being,
 3 imperishable glory, — all are Mine, for I am
 God. I give immortality to man, for I am
 Truth. I include and impart all bliss, for I am Love.
 6 I give life, without beginning and without end, for I am
 Life. I am supreme and give all, for I am Mind. I am
 the substance of all, because I AM THAT I AM.

Testimony
of Soul

9 I hope, dear reader, I am leading you into the under-
 standing of your divine rights, your heaven-bestowed har-
 mony, — that, as you read, you see there is no
 12 cause (outside of erring, mortal, material sense
 which is not power) able to make you sick or
 sinful; and I hope that you are conquering this false sense.
 15 Knowing the falsity of so-called material sense, you can
 assert your prerogative to overcome the belief in sin, dis-
 ease, or death.

Heaven-
bestowed
prerogative

18 If you believe in and practise wrong knowingly, you
 can at once change your course and do right. Matter can
 make no opposition to right endeavors against
 21 sin or sickness, for matter is inert, mindless.
 Also, if you believe yourself diseased, you can
 alter this wrong belief and action without hindrance from
 24 the body.

Right
endeavor
possible

Do not believe in any supposed necessity for sin, dis-
 ease, or death, knowing (as you ought to know) that God
 27 never requires obedience to a so-called material law, for
 no such law exists. The belief in sin and death is de-
 stroyed by the law of God, which is the law of Life in-
 stead of death, of harmony instead of discord, of Spirit
 30 instead of the flesh.

The divine demand, "Be ye therefore perfect," is sci-

Patience
and final
perfection

entific, and the human footsteps leading to perfection are 1
indispensable. Individuals are consistent who, watching
and praying, can "run, and not be weary; . . . 3
walk, and not faint," who gain good rapidly
and hold their position, or attain slowly and
yield not to discouragement. God requires perfection, 6
but not until the battle between Spirit and flesh is fought
and the victory won. To stop eating, drinking, or being
clothed materially before the spiritual facts of existence 9
are gained step by step, is not legitimate. When we wait
patiently on God and seek Truth righteously, He directs
our path. Imperfect mortals grasp the ultimate of spir- 12
itual perfection slowly; but to *begin* aright and to con-
tinue the strife of demonstrating the great problem of
being, is doing much. 15

During the sensual ages, absolute Christian Science
may not be achieved prior to the change called death,
for we have not the power to demonstrate what we do 18
not understand. But the human self must be evangel-
ized. This task God demands us to accept lovingly
to-day, and to abandon so fast as practical the material, 21
and to work out the spiritual which determines the out-
ward and actual.

If you venture upon the quiet surface of error and are 24
in sympathy with error, what is there to disturb the waters?
What is there to strip off error's disguise?

If you launch your bark upon the ever-agitated but 27
healthful waters of truth, you will encounter storms.

The cross
and crown

Your good will be evil spoken of. This is the
cross. Take it up and bear it, for through it 30
you win and wear the crown. Pilgrim on earth, thy home
is heaven; stranger, thou art the guest of God.

Creation

*Thy throne is established of old:
Thou art from everlasting. — PSALMS.*

*For we know that the whole creation groaneth
and travaileth in pain together until now.
And not only they, but ourselves also,
which have the firstfruits of the Spirit,
even we ourselves groan within ourselves,
waiting for the adoption, to wit,
the redemption of our body. — PAUL.*

1 **E**ternal Truth is changing the universe. As mor-
tals drop off their mental swaddling-clothes, thought
3 expands into expression. "Let there be light,"
is the perpetual demand of Truth and Love,
changing chaos into order and discord into the
6 music of the spheres. The mythical human theories of
creation, anciently classified as the higher criticism, sprang
from cultured scholars in Rome and in Greece, but they
9 afforded no foundation for accurate views of creation by
the divine Mind.

Inadequate
theories
of creation

Mortal man has made a covenant with his eyes to be-
12 little Deity with human conceptions. In league
with material sense, mortals take limited views
of all things. That God is corporeal or material, no man
15 should affirm.

Finite views
of Deity

The human form, or physical finiteness, cannot be
made the basis of any true idea of the infinite Godhead.
18 Eye hath not seen Spirit, nor hath ear heard His voice.

	Progress takes off human shackles. The finite must	1
	yield to the infinite. Advancing to a higher plane of ac-	
No material creation	tion, thought rises from the material sense to	3
	the spiritual, from the scholastic to the in-	
	spirational, and from the mortal to the immortal. All	
	things are created spiritually. Mind, not matter, is the	6
	creator. Love, the divine Principle, is the Father and	
	Mother of the universe, including man.	
	The theory of three persons in one God (that is, a per-	9
Tritheism impossible	sonal Trinity or Tri-unity) suggests polythe-	
	ism, rather than the one ever-present I AM.	
	"Hear, O Israel: the Lord our God is one Lord."	12
	The everlasting I AM is not bounded nor compressed	
	within the narrow limits of physical humanity, nor can	
No divine corporeality	He be understood aright through mortal con-	15
	cepts. The precise form of God must be of	
	small importance in comparison with the sublime ques-	
	tion, What is infinite Mind or divine Love?	18
	Who is it that demands our obedience? He who, in	
	the language of Scripture, "doeth according to His will	
	in the army of heaven, and among the inhabitants of the	21
	earth; and none can stay His hand, or say unto Him,	
	What doest Thou?"	
	No form nor physical combination is adequate to rep-	24
	resent infinite Love. A finite and material sense of God	
	leads to formalism and narrowness; it chills the spirit of	
	Christianity.	27
	A limitless Mind cannot proceed from physical limita-	
	tions. Finiteness cannot present the idea or the vast-	
Limitless Mind	ness of infinity. A mind originating from a	30
	finite or material source must be limited and	
	finite. Infinite Mind is the creator, and creation is the	

1 infinite image or idea emanating from this Mind. If
Mind is within and without all things, then all is Mind;
3 and this definition is scientific.

If matter, so-called, is substance, then Spirit, matter's
unlikeness, must be shadow; and shadow cannot produce
6 substance. The theory that Spirit is not the
only substance and creator is pantheistic het-
erodoxy, which ultimates in sickness, sin, and death; it is
9 the belief in a bodily soul and a material mind, a soul
governed by the body and a mind in matter. This be-
lief is shallow pantheism.

Matter is not
substance

12 Mind creates His own likeness in ideas, and the sub-
stance of an idea is very far from being the supposed sub-
stance of non-intelligent matter. Hence the Father Mind
15 is not the father of matter. The material senses and
human conceptions would translate spiritual ideas into
material beliefs, and would say that an anthropomorphic
18 God, instead of infinite Principle, — in other words, divine
Love, — is the father of the rain, "who hath begotten the
drops of dew," who bringeth "forth Mazzaroth in his sea-
21 son," and guideth "Arcturus with his sons."

Finite mind manifests all sorts of errors, and thus
proves the material theory of mind in matter to be the
24 antipode of Mind. Who hath found finite life
or love sufficient to meet the demands of human
want and woe, — to still the desires, to satisfy the aspira-
27 tions? Infinite Mind cannot be limited to a finite form,
or Mind would lose its infinite character as inexhaustible
Love, eternal Life, omnipotent Truth.

Inexhaustible
divine Love

30 It would require an infinite form to contain infinite
Mind. Indeed, the phrase *infinite form* involves a con-
tradiction of terms. Finite man cannot be the image and

	likeness of the infinite God. A mortal, corporeal, or	1
	finite conception of God cannot embrace the glories of	
Infinite physique impossible	limitless, incorporeal Life and Love. Hence	3
	the unsatisfied human craving for something	
	better, higher, holier, than is afforded by a	
	material belief in a physical God and man. The insuffi-	6
	ciency of this belief to supply the true idea proves the	
	falsity of material belief.	
	Man is more than a material form with a mind inside,	9
Infinity's reflection	which must escape from its environments in	
	order to be immortal. Man reflects infinity,	
	and this reflection is the true idea of God.	12
	God expresses in man the infinite idea forever develop-	
	ing itself, broadening and rising higher and higher from	
	a boundless basis. Mind manifests all that exists in	15
	the infinitude of Truth. We know no more of man as	
	the true divine image and likeness, than we know of	
	God.	18
	The infinite Principle is reflected by the infinite idea	
	and spiritual individuality, but the material so-called senses	
	have no cognizance of either Principle or its idea. The	21
	human capacities are enlarged and perfected in propor-	
	tion as humanity gains the true conception of man and	
	God.	24
	Mortals have a very imperfect sense of the spiritual	
	man and of the infinite range of his thought. To him	
Individual permanency	belongs eternal Life. Never born and	27
	never dying, it were impossible for man, under	
	the government of God in eternal Science, to fall from his	
	high estate.	30
	Through spiritual sense you can discern the heart of	
	divinity, and thus begin to comprehend in Science the	

1 generic term *man*. Man is not absorbed in Deity, and
 man cannot lose his individuality, for he re-
 3 flects eternal Life; nor is he an isolated, soli-
 tary idea, for he represents infinite Mind, the sum of all
 substance.

God's man
discerned

6 In divine Science, man is the true image of God. The
 divine nature was best expressed in Christ Jesus, who
 threw upon mortals the truer reflection of God and lifted
 9 their lives higher than their poor thought-models would
 allow, — thoughts which presented man as fallen, sick,
 sinning, and dying. The Christlike understanding of
 12 scientific being and divine healing includes a perfect Prin-
 ciple and idea, — perfect God and perfect man, — as the
 basis of thought and demonstration.

15 If man was once perfect but has now lost his perfection,
 then mortals have never beheld in man the reflex image
 of God. The *lost* image is no image. The
 18 true likeness cannot be lost in divine reflection.
 Understanding this, Jesus said: "Be ye there-
 fore perfect, even as your Father which is in heaven is
 21 perfect."

The divine
image
not lost

Mortal thought transmits its own images, and forms
 its offspring after human illusions. God, Spirit, works
 24 spiritually, not materially. Brain or matter
 never formed a human concept. Vibration is
 not intelligence; hence it is not a creator. Immortal
 27 ideas, pure, perfect, and enduring, are transmitted by
 the divine Mind through divine Science, which corrects
 error with truth and demands spiritual thoughts, divine
 30 concepts, to the end that they may produce harmonious
 results.

Immortal
models

Deducing one's conclusions as to man from imperfec-

tion instead of perfection, one can no more arrive at the true conception or understanding of man, and make himself like it, than the sculptor can perfect his outlines from an imperfect model, or the painter can depict the form and face of Jesus, while holding in thought the character of Judas.

Spiritual
discovery

The conceptions of mortal, erring thought must give way to the ideal of all that is perfect and eternal. Through many generations human beliefs will be attaining diviner conceptions, and the immortal and perfect model of God's creation will finally be seen as the only true conception of being.

Science reveals the possibility of achieving all good, and sets mortals at work to discover what God has already done; but distrust of one's ability to gain the goodness desired and to bring out better and higher results, often hampers the trial of one's wings and ensures failure at the outset.

Requisite
change of
our ideals

Mortals must change their ideals in order to improve their models. A sick body is evolved from sick thoughts. Sickness, disease, and death proceed from fear. Sensualism evolves bad physical and moral conditions.

Selfishness and sensualism are educated in mortal mind by the thoughts ever recurring to one's self, by conversation about the body, and by the expectation of perpetual pleasure or pain from it; and this education is at the expense of spiritual growth. If we array thought in mortal vestures, it must lose its immortal nature.

If we look to the body for pleasure, we find pain; for Life, we find death; for Truth, we find error; for Spirit,

1 we find its opposite, matter. Now reverse this action.
 Look away from the body into Truth and Love,
 3 the Principle of all happiness, harmony, and
 immortality. Hold thought steadfastly to the endur-
 ing, the good, and the true, and you will bring these
 6 into your experience proportionably to their occupancy
 of your thoughts.

Thoughts
are things

The effect of mortal mind on health and happiness is
 9 seen in this: If one turns away from the body with such
 absorbed interest as to forget it, the body
 experiences no pain. Under the strong im-
 12 pulse of a desire to perform his part, a noted actor was
 accustomed night after night to go upon the stage and
 sustain his appointed task, walking about as actively
 15 as the youngest member of the company. This old man
 was so lame that he hobbled every day to the theatre, and
 sat aching in his chair till his cue was spoken, — a signal
 18 which made him as oblivious of physical infirmity as if
 he had inhaled chloroform, though he was in the full pos-
 session of his so-called senses.

Unreality
of pain

21 Detach sense from the body, or matter, which is only
 a form of human belief, and you may learn the meaning
 of God, or good, and the nature of the immu-
 24 table and immortal. Breaking away from the
 mutations of time and sense, you will neither
 lose the solid objects and ends of life nor your own iden-
 27 tity. Fixing your gaze on the realities supernal, you will
 rise to the spiritual consciousness of being, even as the bird
 which has burst from the egg and preens its wings for a
 30 skyward flight.

Immutable
identity
of man

We should forget our bodies in remembering good and
 the human race. Good demands of man every hour, in

	which to work out the problem of being. Consecration to good does not lessen man's dependence on God, but heightens it. Neither does consecration diminish man's obligations to God, but shows the paramount necessity of meeting them. Christian Science takes naught from the perfection of God, but it ascribes to Him the entire glory. By putting "off the old man with his deeds," mortals "put on immortality."	1
Forgetfulness of self		3
		6
	We cannot fathom the nature and quality of God's creation by diving into the shallows of mortal belief. We must reverse our feeble flutterings — our efforts to find life and truth in matter — and rise above the testimony of the material senses, above the mortal to the immortal idea of God. These clearer, higher views inspire the God-like man to reach the absolute centre and circumference of his being.	9
		12
		15
	Job said: "I have heard of Thee by the hearing of the ear: but now mine eye seeth Thee." Mortals will echo Job's thought, when the supposed pain and pleasure of matter cease to predominate. They will then drop the false estimate of life and happiness, of joy and sorrow, and attain the bliss of loving unselfishly, working patiently, and conquering all that is unlike God. Starting from a higher standpoint, one rises spontaneously, even as light emits light without effort; for "where your treasure is, there will your heart be also."	18
The true sense		21
		24
	The foundation of mortal discord is a false sense of man's origin. To begin rightly is to end rightly. Every concept which seems to begin with the brain begins falsely. Divine Mind is the only cause or Principle of existence. Cause does not exist in matter, in mortal mind, or in physical forms.	27
Mind the only cause		30

1 Mortals are egotists. They believe themselves to be
independent workers, personal authors, and even privi-
3 leged originators of something which Deity
would not or could not create. The creations
of mortal mind are material. Immortal spiritual man
6 alone represents the truth of creation.

Human
egotism

When mortal man blends his thoughts of existence
with the spiritual and works only as God works,
9 he will no longer grope in the dark and cling
to earth because he has not tasted heaven.
Carnal beliefs defraud us. They make man an involun-
12 tary hypocrite, — producing evil when he would create
good, forming deformity when he would outline grace
and beauty, injuring those whom he would bless. He
15 becomes a general mis-creator, who believes he is a
semi-god. His "touch turns hope to dust, the dust we
all have trod." He might say in Bible language: "The
18 good that I would, I do not: but the evil which I would
not, *that I do.*"

Mortal man
a mis-creator

There can be but one creator, who has created all.
21 Whatever seems to be a new creation, is but the discovery
of some distant idea of Truth; else it is a
new multiplication or self-division of mor-
24 tal thought, as when some finite sense peers from its
cloister with amazement and attempts to pattern the
infinite.

No new
creation

27 The multiplication of a human and mortal sense of per-
sons and things is not creation. A sensual thought, like
an atom of dust thrown into the face of spiritual im-
30 mensity, is dense blindness instead of a scientific eternal
consciousness of creation.

The fading forms of matter, the mortal body and ma-

	terial earth, are the fleeting concepts of the human mind.	1
Mind's true camera	They have their day before the permanent facts and their perfection in Spirit appear. The crude crea-	3
	tions of mortal thought must finally give place to the glorious forms which we sometimes behold in the camera of divine Mind, when the mental picture is spir-	6
	itual and eternal. Mortals must look beyond fading, finite forms, if they would gain the true sense of things. Where shall the gaze rest but in the unsearchable realm of Mind? We must look where we would walk, and we must act as possessing all power from Him in whom we have our being.	9 12
	As mortals gain more correct views of God and man, multitudinous objects of creation, which before were invisible, will become visible. When we	15
Self-completeness	realize that Life is Spirit, never in nor of matter, this understanding will expand into self-completeness, finding all in God, good, and needing no other consciousness.	18
Spiritual proofs of existence	Spirit and its formations are the only realities of being. Matter disappears under the microscope of Spirit. Sin	21
	is unsustained by Truth, and sickness and death were overcome by Jesus, who proved them to be forms of error. Spiritual living	24
	and blessedness are the only evidences, by which we can recognize true existence and feel the unspeakable peace which comes from an all-absorbing spiritual love.	27
	When we learn the way in Christian Science and recognize man's spiritual being, we shall behold and understand God's creation, — all the glories of earth and heaven and man.	30
	The universe of Spirit is peopled with spiritual beings,	

1 and its government is divine Science. Man is the off-
 spring, not of the lowest, but of the highest qualities of
 3 Mind. Man understands spiritual existence
 in proportion as his treasures of Truth and
 Love are enlarged. Mortals must gravitate Godward,
 6 their affections and aims grow spiritual, — they must near
 the broader interpretations of being, and gain some proper
 sense of the infinite, — in order that sin and mortality
 9 may be put off.

Godward
gravitation

This scientific sense of being, forsaking matter for
 Spirit, by no means suggests man's absorption into Deity
 12 and the loss of his identity, but confers upon man en-
 larged individuality, a wider sphere of thought and action,
 a more expansive love, a higher and more permanent
 15 peace.

The senses represent birth as untimely and death as
 irresistible, as if man were a weed growing apace or a
 18 flower withered by the sun and nipped by
 untimely frosts; but this is true only of a
 mortal, not of a man in God's image and likeness. The
 21 truth of being is perennial, and the error is unreal and
 obsolete.

Mortal birth
and death

Who that has felt the loss of human peace has not gained
 24 stronger desires for spiritual joy? The aspiration after
 heavenly good comes even before we discover
 what belongs to wisdom and Love. The loss
 27 of earthly hopes and pleasures brightens the ascending
 path of many a heart. The pains of sense quickly inform
 us that the pleasures of sense are mortal and that joy is
 30 spiritual.

Blessings
from pain

The pains of sense are salutary, if they wrench away
 false pleasurable beliefs and transplant the affections

Decapitation of error	from sense to Soul, where the creations of God are good,	1
	“rejoicing the heart.” Such is the sword of	
	Science, with which Truth decapitates error,	3
	materiality giving place to man’s higher individuality and destiny.	
Uses of adversity	Would existence without personal friends be to you	6
	a blank? Then the time will come when you will be	
	solitary, left without sympathy; but this	
	seeming vacuum is already filled with divine	9
	Love. When this hour of development comes, even if	
	you cling to a sense of personal joys, spiritual Love will	
	force you to accept what best promotes your growth.	12
	Friends will betray and enemies will slander, until the	
	lesson is sufficient to exalt you; for “man’s extremity	
	is God’s opportunity.” The author has experienced the	15
	foregoing prophecy and its blessings. Thus He teaches	
	mortals to lay down their fleshliness and gain spirituality.	
	This is done through self-abnegation. Universal Love	18
	is the divine way in Christian Science.	
	The sinner makes his own hell by doing evil, and the	
	saint his own heaven by doing right. The opposite per-	21
	secutions of material sense, aiding evil with evil, would	
	deceive the very elect.	
Beatific presence	Mortals must follow Jesus’ sayings and his demonstra-	24
	tions, which dominate the flesh. Perfect and infinite	
	Mind enthroned is heaven. The evil beliefs	
	which originate in mortals are hell. Man is the	27
	idea of Spirit; he reflects the beatific presence, illuming	
	the universe with light. Man is deathless, spiritual. He	
	is above sin or frailty. He does not cross the barriers	30
	of time into the vast forever of Life, but he coexists with	
	God and the universe.	

1 Every object in material thought will be destroyed, but
 the spiritual idea, whose substance is in Mind, is eternal.
 3 The offspring of God start not from matter
 or ephemeral dust. They are in and of Spirit,
 divine Mind, and so forever continue. God is one. The
 6 allness of Deity is His oneness. Generically man is one,
 and specifically man means all men.

The infinitude
 of God

It is generally conceded that God is Father, eternal, self-
 9 created, infinite. If this is so, the forever Father must
 have had children prior to Adam. The great I AM made
 all "that was made." Hence man and the spiritual uni-
 12 verse coexist with God.

Christian Scientists understand that, in a religious
 sense, they have the same authority for the appellative
 15 mother, as for that of brother and sister. Jesus said:
 "For whosoever shall do the will of my Father which
 is in heaven, the same is my brother, and sister, and
 18 mother."

When examined in the light of divine Science, mortals
 present more than is detected upon the surface, since
 21 inverted thoughts and erroneous beliefs must
 be counterfeits of Truth. Thought is bor-
 rowed from a higher source than matter, and
 24 by reversal, errors serve as waymarks to the one Mind,
 in which all error disappears in celestial Truth. The
 robes of Spirit are "white and glistening," like the raiment
 27 of Christ. Even in this world, therefore, "let thy gar-
 ments be always white." "Blessed is the man that en-
 dureth [overcometh] temptation: for when he is tried,
 30 [proved faithful], he shall receive the crown of life,
 which the Lord hath promised to them that love him."
 (James i. 12.)

Waymarks
 to eternal
 Truth

Science of Being

*That which was from the beginning, which we have heard,
which we have seen with our eyes, which we have looked upon,
and our hands have handled, of the Word of life, . . .
That which we have seen and heard declare we unto you,
that ye also may have fellowship with us:
and truly our fellowship is with the Father,
and with His Son Jesus Christ. — JOHN, First Epistle.*

*Here I stand. I can do no otherwise;
so help me God! Amen! — MARTIN LUTHER.*

Materialistic
challenge

In the material world, thought has brought to light 1
with great rapidity many useful wonders. With 3
like activity have thought's swift pinions been rising
towards the realm of the real, to the spiritual
cause of those lower things which give im- 6
pulse to inquiry. Belief in a material basis, from
which may be deduced all rationality, is slowly yielding
to the idea of a metaphysical basis, looking away from
matter to Mind as the cause of every effect. Material- 9
istic hypotheses challenge metaphysics to meet in final
combat. In this revolutionary period, like the shep-
herd-boy with his sling, woman goes forth to battle with 12
Goliath.

Confusion
confounded

In this final struggle for supremacy, semi-metaphysi- 15
cal systems afford no substantial aid to scientific meta-
physics, for their arguments are based on
the false testimony of the material senses as
well as on the facts of Mind. These semi-metaphysical 18

1 systems are one and all pantheistic, and savor of Pandemonium, a house divided against itself.

3 From first to last the supposed coexistence of Mind and matter and the mingling of good and evil have resulted from the philosophy of the serpent. Jesus' demonstrations sift the chaff from the wheat, and unfold the
6 unity and the reality of good, the unreality, the nothingness, of evil.

9 Human philosophy has made God manlike. Christian Science makes man Godlike. The first is error; the latter is truth. Metaphysics is above physics, and
12 matter does not enter into metaphysical premises or conclusions. The categories of metaphysics rest on one basis, the divine Mind. Metaphysics resolves
15 things into thoughts, and exchanges the objects of sense for the ideas of Soul.

Divine
metaphysics

18 These ideas are perfectly real and tangible to spiritual consciousness, and they have this advantage over the objects and thoughts of material sense, — they are good and eternal.

21 The testimony of the material senses is neither absolute nor divine. I therefore plant myself unreservedly on the teachings of Jesus, of his apostles, of
24 the prophets, and on the testimony of the Science of Mind. Other foundations there are none. All other systems — systems based wholly or partly on
27 knowledge gained through the material senses — are reeds shaken by the wind, not houses built on the rock.

Biblical
foundations

30 The theories I combat are these: (1) that all is matter; (2) that matter originates in Mind, and is as real as Mind, possessing intelligence and life. The first theory, that matter is everything, is quite as

Rejected
theories

reasonable as the second, that Mind and matter coexist 1
and cooperate. One only of the following statements can
be true: (1) that everything is matter; (2) that every- 3
thing is Mind. Which one is it?

Matter and Mind are opposites. One is contrary to 6
the other in its very nature and essence; hence both can-
not be real. If one is real, the other must be unreal. Only
by understanding that there is but one power, — not two 9
powers, matter and Mind, — are scientific and logical
conclusions reached. Few deny the hypothesis that in-
telligence, apart from man and matter, governs the uni- 12
verse; and it is generally admitted that this intelligence
is the eternal Mind or divine Principle, Love.

Prophetic
ignorance

The prophets of old looked for something higher than 15
the systems of their times; hence their fore-
sight of the new dispensation of Truth. But
they knew not what would be the precise nature of the 18
teaching and demonstration of God, divine Mind, in His
more infinite meanings, — the demonstration which was
to destroy sin, sickness, and death, establish the definition
of omnipotence, and maintain the Science of Spirit. 21

The pride of priesthood is the prince of this world. It 24
has nothing in Christ. Meekness and charity have divine
authority. Mortals think wickedly; consequently they
are wicked. They think sickly thoughts, and so become
sick. If sin makes sinners, Truth and Love alone can
unmake them. If a sense of disease produces suffering 27
and a sense of ease antidotes suffering, disease is mental,
not material. Hence the fact that the human mind alone
suffers, is sick, and that the divine Mind alone heals. 30

The life of Christ Jesus was not miraculous, but it was
indigenous to his spirituality, — the good soil wherein the

1 seed of Truth springs up and bears much fruit. Christ's
 Christianity is the chain of scientific being reappearing
 3 in all ages, maintaining its obvious correspondence with
 the Scriptures and uniting all periods in the design of
 God. Neither emasculation, illusion, nor insubordination
 6 exists in divine Science.

Jesus instructed his disciples whereby to heal the sick
 through Mind instead of matter. He knew that the phi-
 9 losophy, Science, and proof of Christianity were in Truth,
 casting out all inharmony.

In Latin the word rendered *disciple* signifies student;
 12 and the word indicates that the power of healing was not
 a supernatural gift to those learners, but the
 result of their cultivated spiritual understand-
 15 ing of the divine Science, which their Master demonstrated
 by healing the sick and sinning. Hence the universal ap-
 plication of his saying: "Neither pray I for these alone,
 18 but for them also which shall believe on me [understand
 me] through their word."

Studios
disciples

Our Master said, "But the Comforter . . . shall
 21 teach you all things." When the Science of Christianity
 appears, it will lead you into all truth. The
 Sermon on the Mount is the essence of this
 24 Science, and the eternal life, not the death of Jesus, is
 its outcome.

New
Testament
basis

Those, who are willing to leave their nets or to cast
 27 them on the right side for Truth, have the opportunity
 now, as aforetime, to learn and to practise
 Christian healing. The Scriptures contain it.
 30 The spiritual import of the Word imparts this power.
 But, as Paul says, "How shall they hear without a
 preacher? and how shall they preach, except they be

Modern
evangel

sent?" If sent, how shall they preach, convert, and heal
multitudes, except the people hear? 1

Spirituality
of Scripture

The spiritual sense of truth must be gained before 3
Truth can be understood. This sense is assimilated only
as we are honest, unselfish, loving, and meek.
In the soil of an "honest and good heart" the 6
seed must be sown; else it beareth not much fruit, for the
swinish element in human nature uproots it. Jesus said:
"Ye do err, not knowing the Scriptures." The spiritual 9
sense of the Scriptures brings out the scientific sense, and
is the new tongue referred to in the last chapter of Mark's
Gospel. 12

Jesus' parable of "the sower" shows the care our
Master took not to impart to dull ears and gross hearts
the spiritual teachings which dulness and grossness could 15
not accept. Reading the thoughts of the people, he said:
"Give not that which is holy unto the dogs, neither cast
ye your pearls before swine." 18

Unspiritual
contrasts

It is the spiritualization of thought and Christianization
of daily life, in contrast with the results of the ghastly farce
of material existence; it is chastity and purity, 21
in contrast with the downward tendencies
and earthward gravitation of sensualism and impurity,
which really attest the divine origin and operation of Chris- 24
tian Science. The triumphs of Christian Science are re-
corded in the destruction of error and evil, from which are
propagated the dismal beliefs of sin, sickness, and death. 27

God the
Principle
of all

The divine Principle of the universe must interpret the
universe. God is the divine Principle of all that repre- 30
sents Him and of all that really exists. Chris-
tian Science, as demonstrated by Jesus, alone
reveals the natural, divine Principle of Science.

1 Matter and its claims of sin, sickness, and death are
contrary to God, and cannot emanate from Him. There
3 is no *material* truth. The physical senses can take no
cognizance of God and spiritual Truth. Human belief
has sought out many inventions, but not one of them
6 can solve the problem of being without the divine Prin-
ciple of divine Science. Deductions from material hy-
potheses are not scientific. They differ from real Science
9 because they are not based on the divine law.

Divine Science reverses the false testimony of the ma-
terial senses, and thus tears away the foun-
12 dations of error. Hence the enmity between
Science and the senses, and the impossibility
of attaining perfect understanding till the errors of sense
15 are eliminated.

Science
versus
sense

The so-called laws of matter and of medical science have
never made mortals whole, harmonious, and immortal.
18 Man is harmonious when governed by Soul. Hence the
importance of understanding the truth of being, which
reveals the laws of spiritual existence.

21 God never ordained a material law to annul the spiritual
law. If there were such a material law, it would oppose
the supremacy of Spirit, God, and impugn the
24 wisdom of the creator. Jesus walked on the
waves, fed the multitude, healed the sick, and raised the
dead in direct opposition to material laws. His acts were
27 the demonstration of Science, overcoming the false claims
of material sense or law.

Spiritual law
the only law

Science shows that material, conflicting mortal opin-
30 ions and beliefs emit the effects of error at all times, but
this atmosphere of mortal mind cannot be destructive to
morals and health when it is opposed promptly and per-

	sistently by Christian Science. Truth and Love antidote	1
	this mental miasma, and thus invigorate and sustain ex-	
Material knowledge illusive	istence. Unnecessary knowledge gained from	3
	the five senses is only temporal, — the concep-	
	tion of mortal mind, the offspring of sense, not	
	of Soul, Spirit, — and symbolizes all that is evil and	6
	perishable. <i>Natural science</i> , as it is commonly called, is	
	not really natural nor scientific, because it is deduced from	
	the evidence of the material senses. Ideas, on the con-	9
	trary, are born of Spirit, and are not mere inferences	
	drawn from material premises.	
	The senses of Spirit abide in Love, and they demon-	12
	strate Truth and Life. Hence Christianity and the Sci-	
Five senses deceptive	ence which expounds it are based on spiritual	
	understanding, and they supersede the so-	15
	called laws of matter. Jesus demonstrated this great	
	verity. When what we erroneously term the five physical	
	senses are misdirected, they are simply the manifested	18
	beliefs of mortal mind, which affirm that life, substance,	
	and intelligence are material, instead of spiritual. These	
	false beliefs and their products constitute the flesh, and	21
	the flesh wars against Spirit.	
	Divine Science is absolute, and permits no half-way	
	position in learning its Principle and rule — establishing	24
Impossible partnership	it by demonstration. The conventional firm,	
	called matter and mind, God never formed.	
	Science and understanding, governed by the unerring and	27
	eternal Mind, destroy the imaginary copartnership, matter	
	and mind, formed only to be destroyed in a manner and	
	at a period as yet unknown. This suppositional partner-	30
	ship is already obsolete, for matter, examined in the light	
	of divine metaphysics, disappears.	

1 Matter has no life to lose, and Spirit never dies. A
 2 partnership of mind with matter would ignore omnipres-
 3 ent and omnipotent Mind. This shows that
 4 matter did not originate in God, Spirit, and is
 5 not eternal. Therefore matter is neither substantial, living,
 6 nor intelligent. The starting-point of divine Science is
 7 that God, Spirit, is All-in-all, and that there is no other
 8 might nor Mind, — that God is Love, and therefore He
 9 is divine Principle.

Spirit the
starting-point

To grasp the reality and order of being in its Science,
 you must begin by reckoning God as the divine Principle
 12 of all that really is. Spirit, Life, Truth, Love,
 13 combine as one, — and are the Scriptural names
 14 for God. All substance, intelligence, wisdom, being, im-
 15 mortality, cause, and effect belong to God. These are
 16 His attributes, the eternal manifestations of the infinite
 17 divine Principle, Love. No wisdom is wise but His
 18 wisdom; no truth is true, no love is lovely, no life is Life
 but the divine; no good is, but the good God bestows.

Divine
synonyms

Divine metaphysics, as revealed to spiritual understand-
 21 ing, shows clearly that all is Mind, and that Mind is
 22 God, omnipotence, omnipresence, omniscience,
 23 — that is, all power, all presence, all Science.
 24 Hence all is in reality the manifestation of Mind.

The divine
completeness

Our material human theories are destitute of Science.
 The true understanding of God is spiritual. It robs the
 27 grave of victory. It destroys the false evidence that mis-
 28 leads thought and points to other gods, or other so-called
 29 powers, such as matter, disease, sin, and death, superior
 30 or contrary to the one Spirit.

Truth, spiritually discerned, is scientifically understood.
 It casts out error and heals the sick.

	Having one God, one Mind, unfolds the power that	1
Universal brotherhood	heals the sick, and fulfils these sayings of Scripture, "I	
	am the Lord that healeth thee," and "I have	3
	found a ransom." When the divine precepts	
	are understood, they unfold the foundation of fellowship,	6
	in which one mind is not at war with another, but all have	
	one Spirit, God, one intelligent source, in accordance with	
	the Scriptural command: "Let this Mind be in you,	
	which was also in Christ Jesus." Man and his Maker	9
	are correlated in divine Science, and real consciousness	
	is cognizant only of the things of God.	
	The realization that all inharmony is unreal brings	12
	objects and thoughts into human view in their true light,	
	and presents them as beautiful and immortal. Harmony	
	in man is as real and immortal as in music. Discord is	15
	unreal and mortal.	
	If God is admitted to be the only Mind and Life,	
	there ceases to be any opportunity for sin and death.	18
Perfection requisite	When we learn in Science how to be perfect	
	even as our Father in heaven is perfect,	
	thought is turned into new and healthy channels, —	21
	towards the contemplation of things immortal and away	
	from materiality to the Principle of the universe, includ-	
	ing harmonious man.	24
	Material beliefs and spiritual understanding never	
	mingle. The latter destroys the former. Discord is the	
	<i>nothingness</i> named error. Harmony is the <i>somethingness</i>	27
	named Truth.	
	Nature and revelation inform us that like produces	
Like evolving like	like. Divine Science does not gather grapes	30
	from thorns nor figs from thistles. Intelli-	
	gence never produces non-intelligence; but matter is	

1 ever non-intelligent and therefore cannot spring from
 intelligence. To all that is unlike unerring and eternal
 3 Mind, this Mind saith, "Thou shalt surely die;" and else-
 where the Scripture says that dust returns to dust. The
 non-intelligent relapses into its own unreality. Matter
 6 never produces mind. The immortal never produces the
 mortal. Good cannot result in evil. As God Himself is
 good and is Spirit, goodness and spirituality must be im-
 9 mortal. Their opposites, evil and matter, are mortal
 error, and error has no creator. If goodness and spirit-
 uality are real, evil and materiality are unreal and can-
 12 not be the outcome of an infinite God, good.

Natural history presents vegetables and animals as
 preserving their original species, — like reproducing like.
 15 A mineral is not produced by a vegetable nor the man
 by the brute. In reproduction, the order of genus and
 species is preserved throughout the entire round of nature.
 18 This points to the spiritual truth and Science of being.
 Error relies upon a reversal of this order, asserts that
 Spirit produces matter and matter produces all the ills
 21 of flesh, and therefore that good is the origin of evil.
 These suppositions contradict even the order of material
 so-called science.

24 The realm of the real is Spirit. The unlikeness of Spirit
 is matter, and the opposite of the real is not divine, — it is
 a human concept. Matter is an error of state-
 27 ment. This error in the premise leads to errors
 in the conclusion in every statement into which it enters.
 Nothing we can say or believe regarding matter is immor-
 30 tal, for matter is temporal and is therefore a mortal phe-
 nomenon, a human concept, sometimes beautiful, always
 erroneous.

Material
error

	Is Spirit the source or creator of matter? Science re-	1
	veals nothing in Spirit out of which to create matter.	
Substance <i>versus</i> supposition	Divine metaphysics explains away matter.	3
	Spirit is the only substance and consciousness	
	recognized by divine Science. The material	
	senses oppose this, but there are no material senses, for	6
	matter has no mind. In Spirit there is no matter, even	
	as in Truth there is no error, and in good no evil. It is	
	a false supposition, the notion that there is real substance-	9
	matter, the opposite of Spirit. Spirit, God, is infinite,	
	all. Spirit can have no opposite.	
	That matter is substantial or has life and sensation, is	12
	one of the false beliefs of mortals, and exists only in a	
One cause supreme	supposititious mortal consciousness. Hence,	
	as we approach Spirit and Truth, we lose the	15
	consciousness of matter. The admission that there can	
	be material substance requires another admission, —	
	namely, that Spirit is not infinite and that matter is self-	18
	creative, self-existent, and eternal. From this it would	
	follow that there are two eternal causes, warring forever	
	with each other; and yet we say that Spirit is supreme	21
	and all-presence.	
	The belief of the eternity of matter contradicts the	
	demonstration of life as Spirit, and leads to the conclu-	24
	sion that if man is material, he originated in matter and	
	must return to dust, — logic which would prove his an-	
	nihilation.	27
	All that we term sin, sickness, and death is a mortal	
	belief. We define matter as error, because it is the oppo-	
Substance is Spirit	site of life, substance, and intelligence. Mat-	30
	ter, with its mortality, cannot be substantial	
	if Spirit is substantial and eternal. Which ought to	

1 be substance to us, — the erring, changing, and dying,
 the mutable and mortal, or the unerring, immutable,
 3 and immortal? A New Testament writer plainly describes faith, a quality of mind, as “the *substance* of things hoped for.”

6 The doom of matter establishes the conclusion that matter, slime, or protoplasm never originated in the immortal Mind, and is therefore not eternal. Matter is neither created by Mind nor for the manifestation and support of Mind.

Material
mortality

Ideas are tangible and real to immortal consciousness,
 12 and they have the advantage of being eternal. Spirit and matter can neither coexist nor co-operate, and one can no more create the other than Truth can create error, or *vice versa*.

Spiritual
tangibility

In proportion as the belief disappears that life and intelligence are in or of matter, the immortal facts of being are seen, and their only idea or intelligence is in God. Spirit is reached only through the understanding and demonstration of eternal Life and Truth and Love.

Every system of human philosophy, doctrine, and medicine is more or less infected with the pantheistic belief that there is mind in matter; but this belief contradicts alike revelation and right reasoning. A logical and scientific conclusion is reached only through the knowledge that there are not two bases of being, matter and mind, but one alone, — Mind.

Pantheistic
tendencies

30 Pantheism, starting from a material sense of God, seeks cause in effect, Principle in its idea, and life and intelligence in matter.

The things of God are beautiful	In the infinitude of Mind, matter must be unknown. 1
	Symbols and elements of discord and decay are not products of the infinite, perfect, and eternal <i>All</i> . 3
	From Love and from the light and harmony which are the abode of Spirit, only reflections of good can come. All things beautiful and harmless are ideas of Mind. Mind creates and multiplies them, and the product must be mental. 6
	Finite belief can never do justice to Truth in any direction. Finite belief limits all things, and would compress Mind, which is infinite, beneath a skull bone. Such belief can neither apprehend nor worship the infinite; and to accommodate its finite sense of the divisibility of Soul and substance, it seeks to divide the one Spirit into persons and souls. 15
Belief in many gods	Through this error, human belief comes to have "gods many and lords many." Moses declared as Jehovah's first command of the Ten: "Thou shalt have 18
	no other gods before me!" But behold the zeal of belief to establish the opposite error of many 21
	minds. The argument of the serpent in the allegory, "Ye shall be as gods," urges through every avenue the belief that Soul is in body, and that infinite Spirit, and Life, is 24
	in finite forms. 24
Sensationless body	Rightly understood, instead of possessing a sentient material form, man has a sensationless body; and God, the Soul of man and of all existence, being 27
	perpetual in His own individuality, harmony, and immortality, imparts and perpetuates these qualities in man, — through Mind, not matter. The only excuse 30
	for entertaining human opinions and rejecting the Science of being is our mortal ignorance of Spirit, — ignorance

1 which yields only to the understanding of divine Science,
the understanding by which we enter into the kingdom
3 of Truth on earth and learn that Spirit is infinite and
supreme. Spirit and matter no more commingle than
light and darkness. When one appears, the other dis-
6 appears.

Error presupposes man to be both mind and matter.
Divine Science contradicts the corporeal senses, rebukes
9 mortal belief, and asks: What is the Ego,
whence its origin and what its destiny? The
Ego-man is the reflection of the Ego-God; the Ego-man
12 is the image and likeness of perfect Mind, Spirit, divine
Principle.

God and
His image

The one Ego, the one Mind or Spirit called God, is
15 infinite individuality, which supplies all form and come-
liness and which reflects reality and divinity in individual
spiritual man and things.

The mind supposed to exist in matter or beneath a
skull bone is a myth, a misconceived sense and false
conception as to man and Mind. When we put off the
21 false sense for the true, and see that sin and mortality
have neither Principle nor permanency, we shall learn
that sin and mortality are without actual origin or right-
24 ful existence. They are native nothingness, out of which
error would simulate creation through a man formed from
dust.

Divine Science does not put new wine into old bottles,
Soul into matter, nor the infinite into the finite. Our
false views of matter perish as we grasp
30 the facts of Spirit. The old belief must be
cast out or the new idea will be spilled, and the in-
spiration, which is to change our standpoint, will be

The true
new idea

lost. Now, as of old, Truth casts out evils and heals the sick. 1

Figures of
being

The real Life, or Mind, and its opposite, the so-called material life and mind, are figured by two geometrical symbols, a circle or sphere and a straight line. The circle represents the infinite without beginning or end; the straight line represents the finite, which has both beginning and end. The sphere represents good, the self-existent and eternal individuality or Mind; the straight line represents evil, a belief in a self-made and temporary material existence. Eternal Mind and temporary material existence never unite in figure or in fact. 3 6 9 12

Opposite
symbols

A straight line finds no abiding-place in a curve, and a curve finds no adjustment to a straight line. Similarly, matter has no place in Spirit, and Spirit has no place in matter. Truth has no home in error, and error has no foothold in Truth. Mind cannot pass into non-intelligence and matter, nor can non-intelligence become Soul. At no point can these opposites mingle or unite. Even though they seem to touch, one is still a curve and the other a straight line. 15 18 21

There is no inherent power in matter; for all that is material is a material, human, mortal thought, always governing itself erroneously. 24

Truth is the intelligence of immortal Mind. Error is the so-called intelligence of mortal mind. 27

Truth is not
inverted

Whatever indicates the fall of man or the opposite of God or God's absence, is the Adam-dream, which is neither Mind nor man, for it is not begotten of the Father. The rule of inversion infers from error its opposite, Truth; but Truth is the light which 30

1 dispels error. As mortals begin to understand Spirit,
 they give up the belief that there is any true existence
 3 apart from God.

Mind is the source of all movement, and there is no
 inertia to retard or check its perpetual and harmonious
 6 action. Mind is the same Life, Love, and wis-
 dom "yesterday, and to-day, and forever."
 Matter and its effects — sin, sickness, and
 9 death — are states of mortal mind which act, react, and
 then come to a stop. They are not facts of Mind. They
 are not ideas, but illusions. Principle is absolute. It
 12 admits of no error, but rests upon understanding.

Source of
all life and
action

But what say prevalent theories? They insist that
 Life, or God, is one and the same with material life so-
 15 called. They speak of both Truth and error as *mind*,
 and of good and evil as *spirit*. They claim that to be
 life which is but the objective state of material sense, —
 18 such as the structural life of the tree and of material
 man, — and deem this the manifestation of the one Life,
 God.

21 This false belief as to what really constitutes life so
 detracts from God's character and nature, that the true
 sense of His power is lost to all who cling to
 24 this falsity. The divine Principle, or Life, can-
 not be practically demonstrated in length of days, as it
 was by the patriarchs, unless its Science be accurately
 27 stated. We must receive the divine Principle in the under-
 standing, and live it in daily life; and unless we so do, we
 can no more demonstrate Science, than we can teach and
 30 illustrate geometry by calling a curve a straight line or a
 straight line a sphere.

Spiritual
structure

Are mentality, immortality, consciousness, resident in

matter? It is not rational to say that Mind is infinite, 1
but dwells in finiteness, — in matter, — or that matter is
infinite and the medium of Mind. 3

Mind never
limited

If God were limited to man or matter, or if the infinite
could be circumscribed within the finite, God would be
corporeal, and unlimited Mind would seem 6
to spring from a limited body; but this is an
impossibility. Infinite Mind can have no starting-point,
and can return to no limit. It can never be in bonds, 9
nor be fully manifested through corporeality.

Material
recognition
impossible

Is God's image or likeness matter, or a mortal, sin,
sickness, and death? Can matter recognize Mind? 12
Can infinite Mind recognize matter? Can the
infinite dwell in the finite or know aught un-
like the infinite? Can Deity be known through 15
the material senses? Can the material senses, which re-
ceive no direct evidence of Spirit, give correct testimony
as to spiritual life, truth, and love? 18

The answer to all these questions must forever be in
the negative.

Our physical
insensibility
to Spirit

The physical senses can obtain no proof of God. They 21
can neither see Spirit through the eye nor hear it through
the ear, nor can they feel, taste, or smell Spirit.
Even the more subtle and misnamed ma- 24
terial elements are beyond the cognizance
of these senses, and are known only by the effects com-
monly attributed to them. 27

According to Christian Science, the only real senses
of man are spiritual, emanating from divine Mind.
Thought passes from God to man, but neither sensation 30
nor report goes from material body to Mind. The in-
tercommunication is always from God to His idea, man.

1 Matter is not sentient and cannot be cognizant of good
 or of evil, of pleasure or of pain. Man's individu-
 3 ality is not material. This Science of being obtains not
 alone hereafter in what men call Paradise, but here
 and now; it is the great fact of being for time and
 6 eternity.

What, then, is the material personality which suffers,
 sins, and dies? It is not man, the image and likeness
 9 of God, but man's counterfeit, the inverted
 likeness, the *unlikeness* called sin, sickness,
 and death. The unreality of the claim that a mortal is
 12 the true image of God is illustrated by the opposite na-
 tures of Spirit and matter, Mind and body, for one is
 intelligence while the other is non-intelligence.

The human
counterfeit

15 Is God a physical personality? Spirit is not physical.
 The belief that a material body is man is a false con-
 ception of man. The time has come for a
 18 finite conception of the infinite and of a ma-
 terial body as the seat of Mind to give place
 to a diviner sense of intelligence and its manifestations, —
 21 to the better understanding that Science gives of the
 Supreme Being, or divine Principle, and idea.

Material
misconceptions

By interpreting God as a corporeal Saviour but not as
 24 the saving Principle, or divine Love, we shall continue
 to seek salvation through pardon and not
 through reform, and resort to matter instead
 27 of Spirit for the cure of the sick. As mortals
 reach, through knowledge of Christian Science, a higher
 sense, they will seek to learn, not from matter, but from
 30 the divine Principle, God, how to demonstrate the Christ,
 Truth, as the healing and saving power.

Salvation
is through
reform

It is essential to understand, instead of believe, what

relates most nearly to the happiness of being. To seek 1
 Truth through belief in a human doctrine is not to un-
 derstand the infinite. We must not seek the immutable 3
 and immortal through the finite, mutable, and mortal,
 and so depend upon belief instead of demonstration, for
 this is fatal to a knowledge of Science. The understand- 6
 ing of Truth gives full faith in Truth, and spiritual un-
 derstanding is better than all burnt offerings.

The Master said, "No man cometh unto the Father 9
 [the divine Principle of being] but by me," Christ,
 Life, Truth, Love; for Christ says, "I am the way."
 Physical causation was put aside from first to 12
 last by this original man, Jesus. He knew that the
 divine Principle, Love, creates and governs all that
 is real. 15

Goodness
 a portion
 of God

In the Saxon and twenty other tongues *good* is the term
 for God. The Scriptures declare all that He
 made to be good, like Himself, — good in 18
 Principle and in idea. Therefore the spiritual
 universe is good, and reflects God as He is.

Spiritual
 thoughts

God's thoughts are perfect and eternal, are substance 21
 and Life. Material and temporal thoughts are human,
 involving error, and since God, Spirit, is the
 only cause, they lack a divine cause. The 24
 temporal and material are not then creations of Spirit.
 They are but counterfeits of the spiritual and eternal.
 Transitory thoughts are the antipodes of everlasting 27
 Truth, though (by the supposition of opposite qualities)
 error must also say, "I am true." But by this saying
 error, the lie, destroys itself. 30

Sin, sickness, and death are comprised in human ma-
 terial belief, and belong not to the divine Mind. They

1 are without a real origin or existence. They have neither
 Principle nor permanence, but belong, with all that is
 3 material and temporal, to the nothingness of error, which
 simulates the creations of Truth. All creations of Spirit
 are eternal; but creations of matter must return to dust.
 6 Error supposes man to be both mental and material.
 Divine Science contradicts this postulate and maintains
 man's spiritual identity.

9 We call the absence of Truth, *error*. Truth and error
 are unlike. In Science, Truth is divine, and the *infinite*
 God can have no unlikeness. Did God, Truth,
 12 create error? No! "Doth a fountain send
 forth at the same place sweet water and bitter?" God
 being everywhere and all-inclusive, how can He be absent
 15 or suggest the absence of omnipresence and omnipotence?
 How can there be more than *all*?

Divine
allness

Neither understanding nor truth accompanies error,
 18 nor is error the offshoot of Mind. Evil calls itself some-
 thing, when it is nothing. It saith, "I am man, but I am
 not the image and likeness of God;" whereas the Scrip-
 21 tures declare that man was made in God's likeness.

Error is false, mortal belief; it is illusion, without spir-
 itual identity or foundation, and it has no real existence.
 24 The supposition that life, substance, and in-
 telligence are *in* matter, or *of* it, is an error.
 Matter is neither a thing nor a person, but merely the
 27 objective supposition of Spirit's opposite. The five mate-
 rial senses testify to truth and error as united in a mind
 both good and evil. Their false evidence will finally
 30 yield to Truth, — to the recognition of Spirit and of the
 spiritual creation.

Error
unveiled

Truth cannot be contaminated by error. The state-

ment that *Truth is real* necessarily includes the correlated statement, that *error, Truth's unlikeness, is unreal.* 1

The great
conflict

The suppositional warfare between truth and error is 3
only the mental conflict between the evidence of the spir-
itual senses and the testimony of the material
senses, and this warfare between the Spirit and 6
flesh will settle all questions through faith in and the un-
derstanding of divine Love.

Superstition and understanding can never combine. 9
When the final physical and moral effects of Christian
Science are fully apprehended, the conflict between truth
and error, understanding and belief, Science and material 12
sense, foreshadowed by the prophets and inaugurated
by Jesus, will cease, and spiritual harmony reign. The
lightnings and thunderbolts of error may burst and flash 15
till the cloud is cleared and the tumult dies away in the
distance. Then the raindrops of divinity refresh the
earth. As St. Paul says: "There remaineth therefore 18
a rest to the people of God" (of Spirit).

The chief
stones in
the temple

The chief stones in the temple of Christian Science are
to be found in the following postulates: that Life is God, 21
good, and not evil; that Soul is sinless, not
to be found in the body; that Spirit is not, and
cannot be, materialized; that Life is not subject 24
to death; that the spiritual real man has no birth, no ma-
terial life, and no death.

The Christ-
element

Science reveals the glorious possibilities of immortal 27
man, forever unlimited by the mortal senses.
The Christ-element in the Messiah made him
the Way-shower, Truth and Life. 30

The eternal Truth destroys what mortals seem to have
learned from error, and man's real existence as a child

1 of God comes to light. Truth demonstrated is eternal
 life. Mortal man can never rise from the temporal *débris*
 3 of error, belief in sin, sickness, and death, until he learns
 that God is the only Life. The belief that life and sensa-
 tion are in the body should be overcome by the under-
 6 standing of what constitutes man as the image of God.
 Then Spirit will have overcome the flesh.

A wicked mortal is not the idea of God. He is little
 9 else than the expression of error. To suppose that sin,
 lust, hatred, envy, hypocrisy, revenge, have life
 abiding in them, is a terrible mistake. Life
 12 and Life's idea, Truth and Truth's idea, never make men
 sick, sinful, or mortal.

Wickedness
is not man

The fact that the Christ, or Truth, overcame and still
 15 overcomes death proves the "king of terrors" to be but
 a mortal belief, or error, which Truth destroys
 with the spiritual evidences of Life; and this
 18 shows that what appears to the senses to be death is but a
 mortal illusion, for to the real man and the real universe
 there is no death-process.

Death but
an illusion

21 The belief that matter has life results, by the universal
 law of mortal mind, in a belief in death. So man, tree,
 and flower are supposed to die; but the fact remains,
 24 that God's universe is spiritual and immortal.

The spiritual fact and the material belief of things are
 contradictions; but the spiritual is true, and therefore the
 27 material must be untrue. Life is not in matter.
 Therefore it cannot be said to pass out of mat-
 ter. Matter and death are mortal illusions. Spirit and
 30 all things spiritual are the real and eternal.

Spiritual
offspring

Man is not the offspring of flesh, but of Spirit, — of
 Life, not of matter. Because Life is God, Life must be

eternal, self-existent. Life is the everlasting I AM, the Being who was and is and shall be, whom nothing can erase. 1

Death no
advantage

If the Principle, rule, and demonstration of man's being are not in the least understood before what is termed death overtakes mortals, they will rise no higher spiritually in the scale of existence on account of that single experience, but will remain as material as before the transition, still seeking happiness through a material, instead of through a spiritual sense of life, and from selfish and inferior motives. That Life or Mind is finite and physical or is manifested through brain and nerves, is false. Hence Truth comes to destroy this error and its effects, — sickness, sin, and death. To the spiritual class, relates the Scripture: "On such the second death hath no power." 6 9 12 15

Future
purification

If the change called *death* destroyed the belief in sin, sickness, and death, happiness would be won at the moment of dissolution, and be forever permanent; but this is not so. Perfection is gained only by perfection. They who are unrighteous shall be unrighteous still, until in divine Science Christ, Truth, removes all ignorance and sin. 18 21

Sin is
punished

The sin and error which possess us at the instant of death do not cease at that moment, but endure until the death of these errors. To be wholly spiritual, man must be sinless, and he becomes thus only when he reaches perfection. The murderer, though slain in the act, does not thereby forsake sin. He is no more spiritual for believing that his body died and learning that his cruel mind died not. His thoughts are no purer until evil is disarmed by good. His body is as material as his mind, and *vice versa*. 24 27 30

1 The suppositions that sin is pardoned while unfor-
 2 saken, that happiness can be genuine in the midst of
 3 sin, that the so-called death of the body frees from sin,
 4 and that God's pardon is aught but the destruction of
 5 sin, — these are grave mistakes. We know that all will
 6 be changed "in the twinkling of an eye," when the last
 7 trump shall sound; but this last call of wisdom cannot
 8 come till mortals have already yielded to each lesser call
 9 in the growth of Christian character. Mortals need not
 10 fancy that belief in the experience of death will awaken
 11 them to glorified being.

12 Universal salvation rests on progression and probation,
 13 and is unattainable without them. Heaven is not a local-
 14 ity, but a divine state of Mind in which all the
 15 manifestations of Mind are harmonious and
 16 immortal, because sin is not there and man is
 17 found having no righteousness of his own, but in posses-
 18 sion of "the mind of the Lord," as the Scripture says.

Salvation
and
probation

19 "In the place where the tree falleth, there it shall
 20 be." So we read in Ecclesiastes. This text has been
 21 transformed into the popular proverb, "As the tree
 22 falls, so it must lie." As man falleth asleep, so shall he
 23 awake. As death findeth mortal man, so shall he be
 24 after death, until probation and growth shall effect the
 25 needed change. Mind never becomes dust. No resur-
 26 rection from the grave awaits Mind or Life, for the grave
 27 has no power over either.

28 No final judgment awaits mortals, for the judgment-
 29 day of wisdom comes hourly and continually,
 30 even the judgment by which mortal man is di-
 31 vested of all material error. As for spiritual error there
 32 is none.

Day of
judgment

When the last mortal fault is destroyed, then the final trump will sound which will end the battle of Truth with error and mortality; "but of that day and hour, knoweth no man." Here prophecy pauses. Divine Science alone can compass the heights and depths of being and reveal the infinite. 1
3
6

Primitive
error

Truth will be to us "the resurrection and the life" only as it destroys all error and the belief that Mind, the only immortality of man, can be fettered by the body, and Life be controlled by death. A sinful, sick, and dying mortal is not the likeness of God, the perfect and eternal. 9
12

Matter is the primitive belief of mortal mind, because this so-called mind has no cognizance of Spirit. To mortal mind, matter is substantial, and evil is real. The so-called senses of mortals are material. Hence the so-called life of mortals is dependent on matter. 15
18

Explaining the origin of material man and mortal mind, Jesus said: "Why do ye not understand my speech? Even because ye cannot hear my word. Ye are of your father, the devil [evil], and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it." 21
24

Immortal
man

This carnal material mentality, misnamed *mind*, is mortal. Therefore man would be annihilated, were it not for the spiritual real man's indissoluble connection with his God, which Jesus brought to light. In his resurrection and ascension, Jesus showed that a mortal man is not the real essence of manhood, and 27
30

1 that this unreal material mortality disappears in presence
of the reality.

3 Electricity is not a vital fluid, but the least material
form of illusive consciousness, — the material mindless-
ness, which forms no link between matter and
6 Mind, and which destroys itself. Matter and
mortal mind are but different strata of human belief. The
grosser substratum is named matter or body; the more
9 ethereal is called mind. This so-called mind and body
is the illusion called a mortal, a mind in matter. In reality
and in Science, both strata, mortal mind and mortal body,
12 are false representatives of man.

Elementary
electricity

The material so-called gases and forces are counter-
feits of the spiritual forces of divine Mind, whose potency
15 is Truth, whose attraction is Love, whose adhesion and
cohesion are Life, perpetuating the eternal facts of being.
Electricity is the sharp surplus of materiality which coun-
18 terfeits the true essence of spirituality or truth, — the
great difference being that electricity is not intelligent,
while spiritual truth is Mind.

21 There is no vapid fury of mortal mind — expressed in
earthquake, wind, wave, lightning, fire, bestial ferocity
— and this so-called mind is self-destroyed.

The counterfeit
forces

24 The manifestations of evil, which counterfeit
divine justice, are called in the Scriptures, "The anger
of the Lord." In reality, they show the self-destruction
27 of error or matter and point to matter's opposite, the
strength and permanency of Spirit. Christian Science
brings to light Truth and its supremacy, universal har-
mony, the entireness of God, good, and the nothingness
30 of evil.

The five physical senses are the avenues and instru-

	ments of human error, and they correspond with error.	1
Instruments of error	These senses indicate the common human belief, that life, substance, and intelligence are a unison of	3
	matter with Spirit. This is pantheism, and carries within itself the seeds of all error.	
	If man is both mind and matter, the loss of one finger would take away some quality and quantity of the man, for matter and man would be one.	6
Mortal verdict	The belief that matter thinks, sees, or feels is not more real than the belief that matter enjoys and suffers. This mortal belief, misnamed <i>man</i> , is error, saying:	9
	"Matter has intelligence and sensation. Nerves feel. Brain thinks and sins. The stomach can make a man cross. Injury can cripple and matter can kill man."	12
	This verdict of the so-called material senses victimizes mortals, taught, as they are by physiology and pathology, to revere false testimony, even the errors that are destroyed by Truth through spiritual sense and Science.	15 18
	The lines of demarcation between immortal man, repre- senting Spirit, and mortal man, representing the error that life and intelligence are in matter, show the	21
Mythical pleasure	pleasures and pains of matter to be myths, and human belief in them to be the father of mythology, in which matter is represented as divided into intelligent gods.	24
	Man's genuine selfhood is recognizable only in what is good and true. Man is neither self-made nor made by mortals. God created man.	27
	The inebriate believes that there is pleasure in intoxica- tion. The thief believes that he gains something by steal- ing, and the hypocrite that he is hiding himself. The Science of Mind corrects such mistakes, for Truth demon- strates the falsity of error.	30

1 The belief that a severed limb is aching in the old loca-
 tion, the sensation seeming to be in nerves which
 3 are no longer there, is an added proof of the un-
 reliability of physical testimony.

Severed
members

 God creates and governs the universe, including man.
 6 The universe is filled with spiritual ideas, which He
 evolves, and they are obedient to the Mind
 that makes them. Mortal mind would trans-
 9 form the spiritual into the material, and then
 recover man's original self in order to escape from the
 mortality of this error. Mortals are not like immortals,
 12 created in God's own image; but infinite Spirit being all,
 mortal consciousness will at last yield to the scientific fact
 and disappear, and the real sense of being, perfect and
 15 forever intact, will appear.

Mortals
unlike
immortals

 The manifestation of God through mortals is as light
 passing through the window-pane. The light and the
 18 glass never mingle, but as matter, the glass
 is less opaque than the walls. The mortal
 mind through which Truth appears most vividly is that
 21 one which has lost much materiality — much error — in
 order to become a better transparency for Truth. Then,
 like a cloud melting into thin vapor, it no longer hides
 24 the sun.

Goodness
transparent

 All that is called mortal thought is made up of error.
 The theoretical mind is matter, named *brain*, or *mate-*
 27 *rial consciousness*, the exact opposite of real
 Mind, or Spirit. Brainology teaches that
 mortals are created to suffer and die. It further
 30 teaches that when man is dead, his immortal soul is
 resurrected from death and mortality. Thus error the-
 orizes that spirit is born of matter and returns to mat-

Brainology
a myth

ter, and that man has a resurrection from dust; whereas
 Science unfolds the eternal verity, that man is the spiritual,
 eternal reflection of God.

Scientific
 purgation

Progress is born of experience. It is the ripening of
 mortal man, through which the mortal is dropped for
 the immortal. Either here or hereafter, suf-
 fering or Science must destroy all illusions
 regarding life and mind, and regenerate material sense
 and self. The old man with his deeds must be put off.
 Nothing sensual or sinful is immortal. The death of a
 false material sense and of sin, not the death of organic
 matter, is what reveals man and Life, harmonious, real,
 and eternal.

The so-called pleasures and pains of matter perish,
 and they must go out under the blaze of Truth, spiritual
 sense, and the actuality of being. Mortal belief must lose
 all satisfaction in error and sin in order to part with
 them.

Whether mortals will learn this sooner or later, and
 how long they will suffer the pangs of destruction, de-
 pends upon the tenacity of error.

Mixed
 testimony

The knowledge obtained from the corporeal senses
 leads to sin and death. When the evidence of Spirit
 and matter, Truth and error, seems to com-
 mingle, it rests upon foundations which time
 is wearing away. Mortal mind judges by the testimony
 of the material senses, until Science obliterates this false
 testimony. An improved belief is one step out of error,
 and aids in taking the next step and in understanding
 the situation in Christian Science.

Mortal belief is a liar from the beginning, not deserving
 power. It says to mortals, "You are wretched!" and they

1 think they are so; and nothing can change this state, until
 the belief changes. Mortal belief says, "You are happy!"
 3 and mortals are so; and no circumstance can
 alter the situation, until the belief on this sub-
 ject changes. Human belief says to mortals, "You are
 6 sick!" and this testimony manifests itself on the body as
 sickness. It is as necessary for a health-illusion, as for
 an illusion of sickness, to be instructed out of itself into
 9 the understanding of what constitutes health; for a change
 in either a health-belief or a belief in sickness affects the
 physical condition.

Belief an
autocrat

12 Erroneous belief is destroyed by truth. Change the
 evidence, and that disappears which before seemed real
 to this false belief, and the human conscious-
 15 ness rises higher. Thus the reality of being
 is attained and man found to be immortal. The only
 fact concerning any material concept is, that it is neither
 18 scientific nor eternal, but subject to change and dis-
 solution.

Self-
improvement

21 Faith is higher and more spiritual than belief. It is
 a chrysalis state of human thought, in which spiritual
 evidence, contradicting the testimony of mate-
 rial sense, begins to appear, and Truth, the
 24 ever-present, is becoming understood. Human thoughts
 have their degrees of comparison. Some thoughts are
 better than others. A belief in Truth is better than a
 27 belief in error, but no mortal testimony is founded on the
 divine rock. Mortal testimony can be shaken. Until
 belief becomes faith, and faith becomes spiritual under-
 30 standing, human thought has little relation to the actual
 or divine.

Faith higher
than belief

A mortal belief fulfils its own conditions. Sickness,

sin, and death are the vague realities of human conclusions. Life, Truth, and Love are the realities of divine Science. They dawn in faith and glow full-orbed in spiritual understanding. As a cloud hides the sun it cannot extinguish, so false belief silences for a while the voice of immutable harmony, but false belief cannot destroy Science armed with faith, hope, and fruition. 1
3
6

What is termed material sense can report only a mortal temporary sense of things, whereas spiritual sense can bear witness only to Truth. To material sense, the unreal is the real until this sense is corrected by Christian Science. 9
12

Truth's
witness

Spiritual sense, contradicting the material senses, involves intuition, hope, faith, understanding, fruition, reality. Material sense expresses the belief that mind is in matter. This human belief, alternating between a sense of pleasure and pain, hope and fear, life and death, never reaches beyond the boundary of the mortal or the unreal. When the real is attained, which is announced by Science, joy is no longer a trembler, nor is hope a cheat. Spiritual ideas, like numbers and notes, start from Principle, and admit no materialistic beliefs. Spiritual ideas lead up to their divine origin, God, and to the spiritual sense of being. 15
18
21
24

Angels are not etherealized human beings, evolving animal qualities in their wings; but they are celestial visitants, flying on spiritual, not material, pinions. Angels are pure thoughts from God, winged with Truth and Love, no matter what their individualism may be. Human conjecture confers upon angels its own forms of thought, marked with superstitious outlines, making them human creatures with suggestive 27
30

Thought-
angels

1 feathers; but this is only fancy. It has behind it no more
 reality than has the sculptor's thought when he carves
 3 his "Statue of Liberty," which embodies his concep-
 tion of an unseen quality or condition, but which has
 no physical antecedent reality save in the artist's own ob-
 6 servation and "chambers of imagery."

My angels are exalted thoughts, appearing at the door
 of some sepulchre, in which human belief has buried
 9 its fondest earthly hopes. With white fin-
 gers they point upward to a new and glo-
 rified trust, to higher ideals of life and its joys. Angels
 12 are God's representatives. These upward-soaring beings
 never lead towards self, sin, or materiality, but guide to
 the divine Principle of all good, whither every real indi-
 15 viduality, image, or likeness of God, gathers. By giving
 earnest heed to these spiritual guides they tarry with us,
 and we entertain "angels unawares."

Our angelic
messenger

18 Knowledge gained from material sense is figuratively
 represented in Scripture as a tree, bearing the fruits of
 sin, sickness, and death. Ought we not then
 21 to judge the knowledge thus obtained to be
 untrue and dangerous, since "the tree is known by his
 fruit"?

Knowledge
and Truth

24 Truth never destroys God's idea. Truth is spiritual,
 eternal substance, which cannot destroy the right reflec-
 tion. Corporeal sense, or error, may seem to hide Truth,
 27 health, harmony, and Science, as the mist obscures the
 sun or the mountain; but Science, the sunshine of Truth,
 will melt away the shadow and reveal the celestial
 30 peaks.

If man were solely a creature of the material senses,
 he would have no eternal Principle and would be mutable

	and mortal. Human logic is awry when it attempts	1
	to draw correct spiritual conclusions regarding life from	
Old and new man	matter. Finite sense has no true apprecia-	3
	tion of infinite Principle, God, or of His infi-	
	nite image or reflection, man. The mirage, which makes	
	trees and cities seem to be where they are not, illustrates	6
	the illusion of material man, who cannot be the image	
	of God.	
	So far as the scientific statement as to man is under-	9
	stood, it can be proved and will bring to light the true	
	reflection of God — the real man, or the <i>new</i> man (as	
	St. Paul has it).	12
	The temporal and unreal never touch the eternal and	
	real. The mutable and imperfect never touch the im-	
The tares and wheat	mutable and perfect. The inharmonious and	15
	self-destructive never touch the harmonious	
	and self-existent. These opposite qualities are the tares	
	and wheat, which never really mingle, though (to mortal	18
	sight) they grow side by side until the harvest; then, Sci-	
	ence separates the wheat from the tares, through the real-	
	ization of God as ever present and of man as reflecting	21
	the divine likeness.	
	Spirit is God, Soul; therefore Soul is not in matter. If	
	Spirit were in matter, God would have no representative,	24
The divine reflection	and matter would be identical with God.	
	The theory that soul, spirit, intelligence, in-	
	habits matter is taught by the schools. This theory is	27
	unscientific. The universe reflects and expresses the di-	
	vine substance or Mind; therefore God is seen only in the	
	spiritual universe and spiritual man, as the sun is seen in	30
	the ray of light which goes out from it. God is re-	
	vealed only in that which reflects Life, Truth, Love, —	

1 yea, which manifests God's attributes and power, even
 as the human likeness thrown upon the mirror, repeats
 3 the color, form, and action of the person in front of the
 mirror.

 Few persons comprehend what Christian Science
 6 means by the word *reflection*. To himself, mortal and
 material man seems to be substance, but his sense of
 substance involves error and therefore is material,
 9 temporal.

 On the other hand, the immortal, spiritual man is really
 substantial, and reflects the eternal substance, or Spirit,
 12 which mortals hope for. He reflects the divine, which
 constitutes the only real and eternal entity. This reflection
 seems to mortal sense transcendental, because the spiritual
 15 man's substantiality transcends mortal vision and is re-
 vealed only through divine Science.

 As God is substance and man is the divine image and
 18 likeness, man should wish for, and in reality has, only
 the substance of good, the substance of Spirit,
 not matter. The belief that man has any other
 21 substance, or mind, is not spiritual and breaks
 the First Commandment, Thou shalt have one God, one
 Mind. Mortal man seems to himself to be material sub-
 24 stance, while man is "image" (idea). Delusion, sin, dis-
 ease, and death arise from the false testimony of material
 sense, which, from a supposed standpoint outside the
 27 focal distance of infinite Spirit, presents an inverted image
 of Mind and substance with everything turned upside
 down.

 This falsity presupposes soul to be an unsubstantial
 30 dweller in material forms, and man to be material instead
 of spiritual. Immortality is not bounded by mortality.

Inverted
 images
 and ideas

Soul is not compassed by finiteness. Principle is not to be found in fragmentary ideas. 1

Identity
not lost

The material body and mind are temporal, but the real man is spiritual and eternal. The identity of the real man is not lost, but found through this explanation; for the conscious infinitude of existence and of all identity is thereby discerned and remains unchanged. It is impossible that man should lose aught that is real, when God is all and eternally his. The notion that mind is in matter, and that the so-called pleasures and pains, the birth, sin, sickness, and death of matter, are real, is a mortal belief; and this belief is all that will ever be lost. 3 6 9 12

Definition
of man

Continuing our definition of *man*, let us remember that harmonious and immortal man has existed forever, and is always beyond and above the mortal illusion of any life, substance, and intelligence as existent in matter. This statement is based on fact, not fable. The Science of being reveals man as perfect, even as the Father is perfect, because the Soul, or Mind, of the spiritual man is God, the divine Principle of all being, and because this real man is governed by Soul instead of sense, by the law of Spirit, not by the so-called laws of matter. 15 18 21 24

God is Love. He is therefore the divine, infinite Principle, called Person or God. Man's true consciousness is in the mental, not in any bodily or personal likeness to Spirit. Indeed, the body presents no proper likeness of divinity, though mortal sense would fain have us so believe. 27 30

Even in Christian Science, reproduction by Spirit's individual ideas is but the reflection of the creative power

1 of the divine Principle of those ideas. The reflection,
 through mental manifestation, of the multitudinous
 3 forms of Mind which people the realm of
 the real is controlled by Mind, the Principle
 governing the reflection. Multiplication of God's chil-
 6 dren comes from no power of propagation in matter, it
 is the reflection of Spirit.

Mental
propagation

The minutiae of lesser individualities reflect the one di-
 9 vine individuality and are comprehended in and formed
 by Spirit, not by material sensation. Whatever reflects
 Mind, Life, Truth, and Love, is spiritually conceived and
 12 brought forth; but the statement that man is conceived
 and evolved both spiritually and materially, or by both
 God and man, contradicts this eternal truth. All the
 15 vanity of the ages can never make both these contraries
 true. Divine Science lays the axe at the root of the illu-
 sion that life, or mind, is formed by or is in the material
 18 body, and Science will eventually destroy this illusion
 through the self-destruction of all error and the beatified
 understanding of the Science of Life.

21 The belief that pain and pleasure, life and death, holi-
 ness and unholiness, mingle in man, — that
 mortal, material man is the likeness of God
 24 and is himself a creator, — is a fatal error.

Error
defined

God, without the image and likeness of Himself, would
 be a nonentity, or Mind unexpressed. He would be
 27 without a witness or proof of His own na-
 ture. Spiritual man is the image or idea of
 God, an idea which cannot be lost nor sep-
 30 arated from its divine Principle. When the evidence
 before the material senses yielded to spiritual sense, the
 apostle declared that nothing could alienate him from

Man's entity
spiritual

God, from the sweet sense and presence of Life and Truth. 1

Man
inseparable
from Love

It is ignorance and false belief, based on a material sense of things, which hide spiritual beauty and goodness. Understanding this, Paul said: "Neither death, nor life, . . . nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God." This is the doctrine of Christian Science: that divine Love cannot be deprived of its manifestation, or object; that joy cannot be turned into sorrow, for sorrow is not the master of joy; that good can never produce evil; that matter can never produce mind nor life result in death. The perfect man — governed by God, his perfect Principle — is sinless and eternal. 15

Harmony
natural

Harmony is produced by its Principle, is controlled by it and abides with it. Divine Principle is the Life of man. Man's happiness is not, therefore, at the disposal of physical sense. Truth is not contaminated by error. Harmony in man is as beautiful as in music, and discord is unnatural, unreal. 21

The science of music governs tones. If mortals caught harmony through material sense, they would lose harmony, if time or accident robbed them of material sense. To be master of chords and discords, the science of music must be understood. Left to the decisions of material sense, music is liable to be misapprehended and lost in confusion. Controlled by belief, instead of understanding, music is, must be, imperfectly expressed. So man, not understanding the Science of being, — thrusting aside his divine Principle as incomprehensible, — is abandoned to conjectures, left in 30

1 the hands of ignorance, placed at the disposal of illusions,
 subjected to material sense which is discord. A discon-
 3 tented, discordant mortal is no more a *man* than discord
 is music.

A picture in the camera or a face reflected in the mirror
 6 is not the original, though resembling it. Man, in the
 likeness of his Maker, reflects the central light
 of being, the invisible God. As there is no cor-
 9 poreality in the mirrored form, which is but a reflection,
 so man, like all things real, reflects God, his divine Prin-
 ciple, not in a mortal body.

Human
 reflection

12 Gender also is a quality, not of God, but a character-
 istic of mortal mind. The verity that God's image is not
 a creator, though he reflects the creation of Mind, God,
 15 constitutes the underlying reality of reflection. "Then
 answered Jesus and said unto them: Verily, verily I say
 unto you, the Son can do nothing of himself, but what he
 18 seeth the Father do: for what things soever He doeth,
 these also doeth the Son likewise."

The inverted images presented by the senses, the de-
 21 flections of matter as opposed to the Science of spirit-
 ual reflection, are all unlike Spirit, God. In
 the illusion of life that is here to-day and
 24 gone to-morrow, man would be wholly mortal, were
 it not that Love, the divine Principle that obtains in
 divine Science, destroys all error and brings immor-
 27 tality to light. Because man is the reflection of his
 Maker, he is not subject to birth, growth, maturity, de-
 cay. These mortal dreams are of human origin, not
 30 divine.

Inverted
 images

The Sadducees reasoned falsely about the resurrec-
 tion, but not so blindly as the Pharisees, who believed

	error to be as immortal as Truth. The Pharisees thought	1
	that they could raise the spiritual from the material. They	
Jewish traditions	would first make life result in death, and then	3
	resort to death to reproduce spiritual life.	
	Jesus taught them how death was to be overcome by	
	spiritual Life, and demonstrated this beyond cavil.	6
	Life demonstrates Life. The immortality of Soul makes	
	man immortal. If God, who is Life, were parted for a	
Divinity not childless	moment from His reflection, man, during that	9
	moment there would be no divinity reflected.	
	The Ego would be unexpressed, and the Father would be	
	childless, — no Father.	12
	If Life or Soul and its representative, man, unite for	
	a period and then are separated as by a law of divorce to	
	be brought together again at some uncertain future time	15
	and in a manner unknown, — and this is the general	
	religious opinion of mankind, — we are left without a	
	rational proof of immortality. But man cannot be sep-	18
	arated for an instant from God, if man reflects God.	
	Thus Science proves man's existence to be intact.	
	The myriad forms of mortal thought, made manifest	21
	as matter, are not more distinct nor real to the mate-	
Thought-forms	rial senses than are the Soul-created forms	
	to spiritual sense, which cognizes Life as per-	24
	manent. Undisturbed amid the jarring testimony of the	
	material senses, Science, still enthroned, is unfolding	
	to mortals the immutable, harmonious, divine Principle,	27
	— is unfolding Life and the universe, ever present and	
	eternal.	
	God's man, spiritually created, is not material and	30
	mortal.	
	The parent of all human discord was the Adam-dream,	

1 the deep sleep, in which originated the delusion that life
 and intelligence proceeded from and passed into matter.
 3 This pantheistic error, or so-called *serpent*, in-
 sists still upon the opposite of Truth, saying,
 “Ye shall be as gods;” that is, I will make error as real
 6 and eternal as Truth.

The serpent's
whisper

Evil still affirms itself to be mind, and declares that
 there is more than one intelligence or God. It says:
 9 “There shall be lords and gods many. I declare that God
 makes evil minds and evil spirits, and that I aid Him.
 Truth shall change sides and be unlike Spirit. I will
 12 put spirit into what I call matter, and matter shall seem
 to have life as much as God, Spirit, who *is* the only Life.”

This error has proved itself to be error. Its life is found
 15 to be not Life, but only a transient, false sense of an ex-
 istence which ends in death. Error charges
 its lie to Truth and says: “The Lord knows
 18 it. He has made man mortal and material, out of mat-
 ter instead of Spirit.” Thus error partakes of its own
 nature and utters its own falsities. If we regard matter
 21 as intelligent, and Mind as both good and evil, every sin
 or supposed material pain and pleasure seems normal,
 a part of God's creation, and so weighs against our course
 24 Spiritward.

Bad results
from error

Truth has no beginning. The divine Mind is the Soul
 of man, and gives man dominion over all things. Man
 27 was not created from a material basis, nor
 bidden to obey material laws which Spirit never
 made; his province is in spiritual statutes, in the higher
 law of Mind.
 30

Higher
statutes

Above error's awful din, blackness, and chaos, the voice
 of Truth still calls: “Adam, where art thou? Conscious-

	ness, where art thou? Art thou dwelling in the belief	1
	that mind is in matter, and that evil is mind, or art thou	
The great question	in the living faith that there is and can be but	3
	one God, and keeping His commandment?"	
	Until the lesson is learned that God is the only Mind gov-	
	erning man, mortal belief will be afraid as it was in the	6
	beginning, and will hide from the demand, "Where art	
	thou?" This awful demand, "Adam, where art thou?"	
	is met by the admission from the head, heart, stomach,	9
	blood, nerves, etc.: "Lo, here I am, looking for happiness	
	and life in the body, but finding only an illusion, a blend-	
	ing of false claims, false pleasure, pain, sin, sickness, and	12
	death."	
	The Soul-inspired patriarchs heard the voice of Truth,	
	and talked with God as consciously as man talks with man.	15
	Jacob was <i>alone</i> , wrestling with error, — struggling	
	with a mortal sense of life, substance, and intelligence	
Wrestling of Jacob	as existent in matter with its false pleasures	18
	and pains, — when an angel, a message from	
	Truth and Love, appeared to him and smote the sinew,	
	or strength, of his error, till he saw its unreality; and	21
	Truth, being thereby understood, gave him spiritual	
	strength in this Peniel of divine Science. Then said	
	the spiritual evangel: "Let me go, for the day breaketh,"	24
	that is, the light of Truth and Love dawns upon thee.	
	But the patriarch, perceiving his error and his need	
	of help, did not loosen his hold upon this glorious light	27
	until his nature was transformed. When Jacob was	
	asked, "What is thy name?" he straightway answered;	
	and then his name was changed to Israel, for "as a prince"	30
	had he prevailed and had "power with God and with	
	men." Then Jacob questioned his deliverer, "Tell me,	

1 I pray thee, *thy* name;" but this appellation was withheld,
 for the messenger was not a corporeal being, but a name-
 3 less, incorporeal impartation of divine Love to man, which,
 to use the word of the Psalmist, *restored* his Soul, — gave
 him the spiritual sense of being and rebuked his material
 6 sense.

The result of Jacob's struggle thus appeared. He had
 conquered material error with the understanding of Spirit
 9 and of spiritual power. This changed the man.
 He was no longer called Jacob, but Israel, —
 a prince of God, or a soldier of God, who had fought
 12 a good fight. He was to become the father of those, who
 through earnest striving followed his demonstration of the
 power of Spirit over the material senses; and the children
 15 of earth who followed his example were to be called the
 children of Israel, until the Messiah should rename them.
 If these children should go astray, and forget that Life
 18 is God, good, and that good is not in elements which are
 not spiritual, — thus losing the divine power which heals
 the sick and sinning, — they were to be brought back
 21 through great tribulation, to be renamed in Christian
 Science and led to deny material sense, or mind in matter,
 even as the gospel teaches.

Israel the
new name

24 The Science of being shows it to be impossible for in-
 finite Spirit or Soul to be in a finite body or for man to
 have an intelligence separate from his Maker.
 27 It is a self-evident error to suppose that there
 can be such a reality as organic animal or vegetable life,
 when such so-called life always ends in death. Life is
 never for a moment extinct. Therefore it is never struc-
 30 tural nor organic, and is never absorbed nor limited by its
 own formations.

Life never
structural

	The artist is not in his painting. The picture is the artist's thought objectified. The human belief fancies that it delineates thought on matter, but what is matter? Did it exist prior to thought?	1 3
Thought seen as substance	Matter is made up of supposititious mortal mind-force; but all might is divine Mind. Thought will finally be understood and seen in all form, substance, and color, but without material accompaniments. The potter is not in the clay; else the clay would have power over the potter. God is His own infinite Mind, and expresses all.	6 9
	Day may decline and shadows fall, but darkness flees when the earth has again turned upon its axis. The sun is not affected by the revolution of the earth. So Science reveals Soul as God, untouched by sin and death, — as the central Life and intelligence around which circle harmoniously all things in the systems of Mind.	12 15
The central intelligence	Soul changeth not. We are commonly taught that there is a human soul which sins and is spiritually lost, — that soul may be lost, and yet be immortal. If Soul could sin, Spirit, Soul, would be flesh instead of Spirit. It is the belief of the flesh and of material sense which sins. If Soul sinned, Soul would die. Sin is the element of self-destruction, and spiritual death is oblivion. If there was sin in Soul, the annihilation of Spirit would be inevitable. The only Life is Spirit, and if Spirit should lose Life as God, good, then Spirit, which has no other existence, would be annihilated.	18 21 24 27
Soul imperishable	Mind is God, and God is not seen by material sense, because Mind is Spirit, which material sense cannot discern. There is neither growth, maturity, nor decay in Soul. These changes are the mutations of material sense,	30

1 the varying clouds of mortal belief, which hide the truth
of being.

3 What we term mortal mind or carnal mind, dependent
on matter for manifestation, is not Mind. God is Mind:
all that Mind, God, is, or hath made, is good, and He
6 made all. Hence evil is not made and is not real.

Soul is immortal because it is Spirit, which has no ele-
ment of self-destruction. Is man lost spiritually? No,
9 he can only lose a sense material. All sin is
of the flesh. It cannot be spiritual. Sin exists
here or hereafter only so long as the illusion of mind in
12 matter remains. It is a sense of sin, and not a sinful soul,
which is lost. Evil is destroyed by the sense of good.

Sin only of
the flesh

Through false estimates of soul as dwelling in sense
15 and of mind as dwelling in matter, belief strays into a
sense of temporary loss or absence of soul, spir-
itual truth. This state of error is the mortal
18 dream of life and substance as existent in matter, and is
directly opposite to the immortal reality of being. So long
as we believe that soul can sin or that immortal Soul is in
21 mortal body, we can never understand the Science of be-
ing. When humanity does understand this Science, it
will become the law of Life to man, — even the higher law
24 of Soul, which prevails over material sense through har-
mony and immortality.

Soul
impeccable

The objects cognized by the physical senses have not
27 the reality of substance. They are only what mortal
belief calls them. Matter, sin, and mortality lose all
supposed consciousness or claim to life or existence, as
30 mortals lay off a false sense of life, substance, and intelli-
gence. But the spiritual, eternal man is not touched by
these phases of mortality.

Sense-
dreams

How true it is that whatever is learned through material sense must be lost because such so-called knowledge is reversed by the spiritual facts of being in Science. That which material sense calls intangible, is found to be substance. What to material sense seems substance, becomes nothingness, as the sense-dream vanishes and reality appears.

The senses regard a corpse, not as man, but simply as matter. People say, "Man is dead;" but this death is the departure of a mortal's mind, not of matter. The matter is still there. The belief of that mortal that he must die occasioned his departure; yet you say that matter has caused his death.

Vain
ecstasies

People go into ecstasies over the sense of a corporeal Jehovah, though with scarcely a spark of love in their hearts; yet God *is* Love, and without Love, God, immortality cannot appear. Mortals try to believe without understanding Truth; yet God *is* Truth. Mortals claim that death is inevitable; but man's eternal Principle is ever-present Life. Mortals believe in a finite personal God; while God is infinite Love, which must be unlimited.

Man-made
theories

Our theories are based on finite premises, which cannot penetrate beyond matter. A personal sense of God and of man's capabilities necessarily limits faith and hinders spiritual understanding. It divides faith and understanding between matter and Spirit, the finite and the infinite, and so turns away from the intelligent and divine healing Principle to the inanimate drug.

Jesus' spiritual origin and his demonstration of divine Principle richly endowed him and entitled him to sonship

1 in Science. He was the son of a virgin. The term
 Christ Jesus, or Jesus the Christ (to give the full and
 3 proper translation of the Greek), may be ren-
 dered "Jesus the anointed," Jesus the God-
 crowned or the divinely royal man, as it is said of him in
 6 the first chapter of Hebrews: —

The one
 anointed

Therefore God, even thy God, hath anointed thee
 With the oil of gladness above thy fellows.

9 With this agrees another passage in the same chapter,
 which refers to the Son as "the brightness of His [God's]
 glory, and the express [expressed] image of His person
 12 [infinite Mind]." It is noteworthy that the phrase "ex-
 press image" in the Common Version is, in the Greek
 Testament, *character*. Using this word in its higher mean-
 15 ing, we may assume that the author of this remarkable
 epistle regarded Christ as the Son of God, the royal
 reflection of the infinite; and the cause given for the ex-
 18 altation of Jesus, Mary's son, was that he "loved right-
 ousness and hated iniquity." The passage is made
 even clearer in the translation of the late George R.
 21 Noyes, D.D.: "Who, being a brightness from His glory,
 and an image of His being."

Jesus of Nazareth was the most scientific man that
 24 ever trod the globe. He plunged beneath the material
 surface of things, and found the spiritual
 cause. To accommodate himself to imma-
 27 ture ideas of spiritual power, — for spirituality was pos-
 sessed only in a limited degree even by his disciples, —
 Jesus called the body, which by spiritual power he
 30 raised from the grave, "flesh and bones." To show
 that the substance of himself was Spirit and the body

Jesus the
 Scientist

no more perfect because of death and no less material 1
 until the ascension (his further spiritual exaltation),
 Jesus waited until the mortal or fleshly sense had re- 3
 linquished the belief of substance-matter, and spiritual
 sense had quenched all earthly yearnings. Thus he found
 the eternal Ego, and proved that he and the Father were 6
 inseparable as God and His reflection or spiritual man.
 Our Master gained the solution of being, demonstrating
 the existence of but one Mind without a second or equal. 9

The bodily
 resurrection

The Jews, who sought to kill this man of God, showed
 plainly that their material views were the parents of their
 wicked deeds. When Jesus spoke of repro- 12
 ducing his body, — knowing, as he did, that
 Mind was the builder, — and said, "Destroy this temple,
 and in three days I will raise it up," they thought that he 15
 meant their material temple instead of his body. To such
 materialists, the real man seemed a spectre, unseen and
 unfamiliar, and the body, which they laid in a sepulchre, 18
 seemed to be substance. This materialism lost sight of
 the true Jesus; but the faithful Mary saw him, and he
 presented to her, more than ever before, the true idea of 21
 Life and substance.

Opposition of
 materialists

Because of mortals' material and sinful belief, the
 spiritual Jesus was imperceptible to them. The higher 24
 his demonstration of divine Science carried
 the problem of being, and the more dis-
 tinctly he uttered the demands of its divine Principle, 27
 Truth and Love, the more odious he became to sinners
 and to those who, depending on doctrines and material
 laws to save them from sin and sickness, were submis- 30
 sive to death as being in supposed accord with the
 inevitable law of life. Jesus proved them wrong by

1 his resurrection, and said: "Whosoever liveth and believeth in me shall never die."

3 That saying of our Master, "I and my Father are one," separated him from the scholastic theology of the rabbis. His better understanding of God was a rebuke
6 to them. He knew of but one Mind and laid no claim to any other. He knew that the Ego was Mind instead of body and that matter, sin, and evil were not
9 Mind; and his understanding of this divine Science brought upon him the anathemas of the age.

Hebrew
theology

The opposite and false views of the people hid from
12 their sense Christ's sonship with God. They could not discern his spiritual existence. Their carnal
minds were at enmity with it. Their thoughts
15 were filled with mortal error, instead of with God's spiritual idea as presented by Christ Jesus. The likeness of
God we lose sight of through sin, which beclouds the spir-
18 itual sense of Truth; and we realize this likeness only when we subdue sin and prove man's heritage, the liberty
of the sons of God.

The true
sonship

21 Jesus' spiritual origin and understanding enabled him to demonstrate the facts of being, — to prove irrefutably
how spiritual Truth destroys material error,
24 heals sickness, and overcomes death. The divine conception of Jesus pointed to this truth and presented an illustration of creation. The history of Jesus
27 shows him to have been more spiritual than all other earthly personalities.

Immaculate
conception

Wearing in part a human form (that is, as it seemed
30 to mortal view), being conceived by a human mother, Jesus was the mediator between Spirit and the flesh, between Truth and error. Explaining and demonstrat-

	ing the way of divine Science, he became the way of	1
	salvation to all who accepted his word. From him mor-	
Jesus as mediator	tals may learn how to escape from evil. The	3
	real man being linked by Science to his Maker,	
	mortals need only turn from sin and lose sight of mortal	
	selfhood to find Christ, the real man and his relation to	6
	God, and to recognize the divine sonship. Christ, Truth,	
	was demonstrated through Jesus to prove the power of	
	Spirit over the flesh, — to show that Truth is made	9
	manifest by its effects upon the human mind and body,	
	healing sickness and destroying sin.	
	Jesus represented Christ, the true idea of God. Hence	12
	the warfare between this spiritual idea and perfunctory	
Spiritual government	religion, between spiritual clear-sightedness	
	and the blindness of popular belief, which led	15
	to the conclusion that the spiritual idea could be killed	
	by crucifying the flesh. The Christ-idea, or the Christ-	
	man, rose higher to human view because of the crucifixion,	18
	and thus proved that Truth was the master of death.	
	Christ presents the indestructible man, whom Spirit cre-	
	ates, constitutes, and governs. Christ illustrates that	21
	blending with God, his divine Principle, which gives man	
	dominion over all the earth.	
	The spiritual idea of God, as presented by Jesus, was	24
	scourged in person, and its Principle was rejected. That	
Deadness in sin	man was accounted a criminal who could	
	prove God's divine power by healing the	27
	sick, casting out evils, spiritualizing materialistic beliefs,	
	and raising the dead, — those dead in trespasses and	
	sins, satisfied with the flesh, resting on the basis of mat-	30
	ter, blind to the possibilities of Spirit and its correla-	
	tive truth.	

1 Jesus uttered things which had been "secret from the
 foundation of the world," — since material knowledge
 3 usurped the throne of the creative divine Principle, insisted
 on the might of matter, the force of falsity, the insignifi-
 cance of spirit, and proclaimed an anthropomorphic God.

6 Whosoever lives most the life of Jesus in this age
 and declares best the power of Christian Science, will
 drink of his Master's cup. Resistance to
 9 Truth will haunt his steps, and he will in-
 cur the hatred of sinners, till "wisdom is justified of
 her children." These blessed benedictions rest upon
 12 Jesus' followers: "If the world hate you, ye know that
 it hated me before it hated you;" "Lo, I am with you
 always," — that is, not only in all time, but in *all ways*
 15 and conditions.

The cup
of Jesus

The individuality of man is no less tangible because
 it is spiritual and because his life is not at the mercy of
 18 matter. The understanding of his spiritual individuality
 makes man more real, more formidable in truth, and en-
 ables him to conquer sin, disease, and death. Our Lord
 21 and Master presented himself to his disciples after his
 resurrection from the grave, as the self-same Jesus whom
 they had loved before the tragedy on Calvary.

24 To the materialistic Thomas, looking for the ideal
 Saviour in matter instead of in Spirit and to the testi-
 mony of the material senses and the body,
 27 more than to Soul, for an earnest of immor-
 tality, — to him Jesus furnished the proof that he was
 unchanged by the crucifixion. To this dull and doubt-
 30 ing disciple Jesus remained a fleshly reality, so long as
 the Master remained an inhabitant of the earth. Noth-
 ing but a display of matter could make existence real

Material
skepticism

to Thomas. For him to believe in matter was no task, 1
 but for him to conceive of the substantiality of Spirit —
 to know that nothing can efface Mind and immortality, in 3
 which Spirit reigns — was more difficult.

What
the senses
originate

Corporeal senses define diseases as realities; but the 6
 Scriptures declare that God made all, even while the cor-
 poreal senses are saying that matter causes
 disease and the divine Mind cannot or will
 not heal it. The material senses originate and 9
 support all that is material, untrue, selfish, or debased.
 They would put soul into soil, life into limbo, and doom
 all things to decay. We must silence this lie of material 12
 sense with the truth of spiritual sense. We must cause
 the error to cease that brought the belief of sin and death
 and would efface the pure sense of omnipotence. 15

Sickness
as discord

Is the sick man sinful above all others? No! but
 so far as he is discordant, he is not the image of God.
 Weary of their material beliefs, from which 18
 comes so much suffering, invalids grow more
 spiritual, as the error — or belief that life is in matter —
 yields to the reality of spiritual Life. 21

The Science of Mind denies the error of sensation in
 matter, and heals with Truth. Medical science treats
 disease as though disease were real, therefore right, and 24
 attempts to heal it with matter. If disease is right it is
 wrong to heal it. Material methods are temporary, and
 are not adapted to elevate mankind. 27

The governor is not subjected to the governed. In
 Science man is governed by God, divine Principle, as
 numbers are controlled and proved by His laws. Intelli- 30
 gence does not originate in numbers, but is manifested
 through them. The body does not include soul, but man-

1 ifests mortality, a false sense of soul. The delusion that
there is life in matter has no kinship with the Life supernal.

3 Science depicts disease as error, as matter *versus*
Mind, and error reversed as subserving the facts of
health. To calculate one's life-prospects
6 from a material basis, would infringe upon
spiritual law and misguide human hope. Having faith
in the divine Principle of health and spiritually under-
9 standing God, sustains man under all circumstances;
whereas the lower appeal to the general faith in material
means (commonly called nature) must yield to the all-
12 might of infinite Spirit.

Unscientific
introspection

Throughout the infinite cycles of eternal existence,
Spirit and matter neither concur in man nor in the universe.

15 The varied doctrines and theories which presuppose
life and intelligence to exist in matter are so many ancient
and modern mythologies. Mystery, miracle,
18 sin, and death will disappear when it becomes
fairly understood that the divine Mind controls man and
man has no Mind but God.

God the
only Mind

21 The divine Science taught in the original language
of the Bible came through inspiration, and needs inspi-
ration to be understood. Hence the misappre-
24 hension of the spiritual meaning of the Bible,
and the misinterpretation of the Word in
some instances by uninspired writers, who only wrote
27 down what an inspired teacher had said. A misplaced
word changes the sense and misstates the Science of
the Scriptures, as, for instance, to name Love as merely
30 an attribute of God; but we can by special and proper
capitalization speak of the love of Love, meaning by that
what the beloved disciple meant in one of his epistles,

Scriptures
misinterpreted

when he said, "God is love." Likewise we can speak of
the truth of Truth and of the life of Life, for Christ plainly
declared, "I am the way, the truth, and the life." 1 3

Interior
meaning

Metaphors abound in the Bible, and names are often
expressive of spiritual ideas. The most distinguished
theologians in Europe and America agree that 6
the Scriptures have both a spiritual and lit-
eral meaning. In Smith's Bible Dictionary it is said:
"The spiritual interpretation of Scripture must rest 9
upon both the literal and moral;" and in the learned
article on Noah in the same work, the familiar text,
Genesis vi. 3, "And the Lord said, My spirit shall not 12
always strive with man, for that he also is flesh," is quoted
as follows, from the original Hebrew: "And Jehovah
said, My spirit shall not forever rule [or be humbled] in 15
men, seeing that they are [or, in their error they are]
but flesh." Here the original text declares plainly the
spiritual fact of being, even man's eternal and harmo- 18
nious existence as image, idea, instead of matter (how-
ever transcendental such a thought appears), and avers
that this fact is not forever to be humbled by the belief 21
that man is flesh and matter, for according to that error
man is mortal.

Job, on the
resurrection

The one important interpretation of Scripture is the 24
spiritual. For example, the text, "In my flesh shall I
see God," gives a profound idea of the di-
vine power to heal the ills of the flesh, and 27
encourages mortals to hope in Him who healeth all our
diseases; whereas this passage is continually quoted
as if Job intended to declare that even if disease and 30
worms destroyed his body, yet in the latter days he should
stand in celestial perfection before Elohim, still clad

1 in material flesh, — an interpretation which is just the op-
posite of the true, as may be seen by studying the book
3 of Job. As Paul says, in his first epistle to the Corin-
thians, "Flesh and blood cannot inherit the kingdom of
God."

6 The Hebrew Lawgiver, slow of speech, despaired of
making the people understand what should be revealed
to him. When, led by wisdom to cast down his
9 rod, he saw it become a serpent, Moses fled be-
fore it; but wisdom bade him come back and
handle the serpent, and then Moses' fear departed. In
12 this incident was seen the actuality of Science. Matter
was shown to be a belief only. The serpent, evil, under
wisdom's bidding, was destroyed through understanding
15 divine Science, and this proof was a staff upon which to
lean. The illusion of Moses lost its power to alarm him,
when he discovered that what he apparently saw was really
18 but a phase of mortal belief.

Fear of the
serpent
overcome

It was scientifically demonstrated that leprosy was a
creation of mortal mind and not a condition of matter,
21 when Moses first put his hand into his bosom
and drew it forth white as snow with the dread
disease, and presently restored his hand to its natural con-
24 dition by the same simple process. God had lessened
Moses' fear by this proof in divine Science, and the in-
ward voice became to him the voice of God, which said:
27 "It shall come to pass, if they will not believe thee, neither
hearken to the voice of the first sign, that they will believe
the voice of the latter sign." And so it was in the coming
30 centuries, when the Science of being was demonstrated
by Jesus, who showed his students the power of Mind by
changing water into wine, and taught them how to handle

Leprosy
healed

serpents unharmed, to heal the sick and cast out evils in
proof of the supremacy of Mind. 1

Standpoints
changed

When understanding changes the standpoints of life and
intelligence from a material to a spiritual basis, we shall 3
gain the reality of Life, the control of Soul over
sense, and we shall perceive Christianity, or 6
Truth, in its divine Principle. This must be the climax
before harmonious and immortal man is obtained and his
capabilities revealed. It is highly important — in view 9
of the immense work to be accomplished before this recog-
nition of divine Science can come — to turn our thoughts
towards divine Principle, that finite belief may be pre- 12
pared to relinquish its error.

Saving the
inebriate

Man's wisdom finds no satisfaction in sin, since God
has sentenced sin to suffer. The necromancy of yester- 15
day foreshadowed the mesmerism and hypno-
tism of to-day. The drunkard thinks he enjoys
drunkenness, and you cannot make the inebriate leave 18
his besottedness, until his physical sense of pleasure yields
to a higher sense. Then he turns from his cups, as
the startled dreamer who awakens from an incubus in- 21
curred through the pains of distorted sense. A man who
likes to do wrong — finding pleasure in it and refraining
from it only through fear of consequences — is neither 24
a temperate man nor a reliable religionist.

Uses of
suffering

The sharp experiences of belief in the supposititious life
of matter, as well as our disappointments and ceaseless 27
woes, turn us like tired children to the arms
of divine Love. Then we begin to learn Life
in divine Science. Without this process of weaning, 30
"Canst thou by searching find out God?" It is easier
to desire Truth than to rid one's self of error. Mortals

1 may seek the understanding of Christian Science, but they
will not be able to glean from Christian Science the facts
3 of being without striving for them. This strife consists
in the endeavor to forsake error of every kind and to pos-
sess no other consciousness but good.

6 Through the wholesome chastisements of Love, we
are helped onward in the march towards righteousness,
peace, and purity, which are the landmarks
9 of Science. Beholding the infinite tasks of
truth, we pause, — wait on God. Then we push onward,
until boundless thought walks enraptured, and concep-
12 tion unconfined is winged to reach the divine glory.

A bright
outlook

In order to apprehend more, we must put into prac-
tice what we already know. We must recollect that
15 Truth is demonstrable when understood, and
that good is not understood until demonstrated.
If “faithful over a few things,” we shall be made rulers
18 over many; but the one unused talent decays and is lost.
When the sick or the sinning awake to realize their need
of what they have not, they will be receptive of divine
21 Science, which gravitates towards Soul and away from
material sense, removes thought from the body, and ele-
vates even mortal mind to the contemplation of some-
24 thing better than disease or sin. The true idea of God
gives the true understanding of Life and Love, robs the
grave of victory, takes away all sin and the delusion that
27 there are other minds, and destroys mortality.

Need and
supply

The effects of Christian Science are not so much seen
as felt. It is the “still, small voice” of Truth
30 uttering itself. We are either turning away
from this utterance, or we are listening to it and going
up higher. Willingness to become as a little child and

Childlike
receptivity

to leave the old for the new, renders thought receptive of
the advanced idea. Gladness to leave the false landmarks
and joy to see them disappear, — this disposition helps
to precipitate the ultimate harmony. The purification
of sense and self is a proof of progress. "Blessed are the
pure in heart: for they shall see God."

Narrow
pathway

Unless the harmony and immortality of man are be-
coming more apparent, we are not gaining the true idea
of God; and the body will reflect what gov-
erns it, whether it be Truth or error,
understanding or belief, Spirit or matter. Therefore
"acquaint now thyself with Him, and be at peace."
Be watchful, sober, and vigilant. The way is straight
and narrow, which leads to the understanding that God
is the only Life. It is a warfare with the flesh, in which
we must conquer sin, sickness, and death, either here
or hereafter, — certainly before we can reach the goal
of Spirit, or life in God.

Paul's
enlightenment

Paul was not at first a disciple of Jesus but a perse-
cutor of Jesus' followers. When the truth first appeared
to him in Science, Paul was made blind,
and his blindness was felt; but spiritual
light soon enabled him to follow the example and teach-
ings of Jesus, healing the sick and preaching Christian-
ity throughout Asia Minor, Greece, and even in imperial
Rome.

Paul writes, "If Christ [Truth] be not risen, then is
our preaching vain." That is, if the idea of the suprem-
acy of Spirit, which is the true conception of being,
come not to your thought, you cannot be benefited by
what I say.

Jesus said substantially, "He that believeth in me

1 shall not see death." That is, he who perceives the
 true idea of Life loses his belief in death. He who has
 3 the true idea of good loses all sense of evil,
 and by reason of this is being ushered into the
 undying realities of Spirit. Such a one abideth in Life, —
 6 life obtained not of the body incapable of supporting life,
 but of Truth, unfolding its own immortal idea. Jesus
 gave the true idea of being, which results in infinite bless-
 9 ings to mortals.

Abiding
in Life

In Colossians (iii. 4) Paul writes: "When Christ, who
 is our life, shall appear [be manifested], then shall ye also
 12 appear [be manifested] with him in glory."
 When spiritual being is understood in all its
 perfection, continuity, and might, then shall man be found
 15 in God's image. The absolute meaning of the apostolic
 words is this: Then shall man be found, in His likeness,
 perfect as the Father, indestructible in Life, "hid with
 18 Christ in God," — with Truth in divine Love, where
 human sense hath not seen man.

Indestructible
being

Paul had a clear sense of the demands of Truth upon
 21 mortals physically and spiritually, when he said: "Pre-
 sent your bodies a living sacrifice, holy, ac-
 ceptable unto God, which is your reasonable
 24 service." But he, who is begotten of the beliefs of the
 flesh and serves them, can never reach in this world the
 divine heights of our Lord. The time cometh when
 27 the spiritual origin of man, the divine Science which
 ushered Jesus into human presence, will be understood
 and demonstrated.

Consecration
required

30 When first spoken in any age, Truth, like the light,
 "shineth in darkness, and the darkness comprehended
 it not." A false sense of life, substance, and mind

hides the divine possibilities, and conceals scientific demonstration. 1

If we wish to follow Christ, Truth, it must be in the way of God's appointing. Jesus said, "He that believeth on me, the works that I do shall he do also." 3

Loving God
supremely

He, who would reach the source and find the divine remedy for every ill, must not try to climb the hill of Science by some other road. All nature teaches God's love to man, but man cannot love God supremely and set his whole affections on spiritual things, while loving the material or trusting in it more than in the spiritual. 6 9

We must forsake the foundation of material systems, however time-honored, if we would gain the Christ as our only Saviour. Not partially, but fully, the great healer of mortal mind is the healer of the body. 12 15

The purpose and motive to live aright can be gained now. This point won, you have started as you should. You have begun at the numeration-table of Christian Science, and nothing but wrong intention can hinder your advancement. Working and praying with true motives, your Father will open the way. "Who did hinder you, that ye should not obey the truth?" 18 21

Conversion
of Saul

Saul of Tarsus beheld the way — the Christ, or Truth — only when his uncertain sense of right yielded to a spiritual sense, which is always right. Then the man was changed. Thought assumed a nobler outlook, and his life became more spiritual. He learned the wrong that he had done in persecuting Christians, whose religion he had not understood, and in humility he took the new name of Paul. He beheld for the first time the true idea of Love, and learned a lesson in divine Science. 24 27 30

1 Reform comes by understanding that there is no abid-
ing pleasure in evil, and also by gaining an affection for
3 good according to Science, which reveals the immortal
fact that neither pleasure nor pain, appetite nor passion,
can exist in or of matter, while divine Mind can and does
6 destroy the false beliefs of pleasure, pain, or fear and all
the sinful appetites of the human mind.

 What a pitiful sight is malice, finding pleasure in re-
9 venge! Evil is sometimes a man's highest conception
of right, until his grasp on good grows stronger.
Then he loses pleasure in wickedness, and it
12 becomes his torment. The way to escape the misery of
sin is to cease sinning. There is no other way. Sin is
the image of the beast to be effaced by the sweat of agony.
15 It is a moral madness which rushes forth to clamor with
midnight and tempest.

Image of
the beast

 To the physical senses, the strict demands of Christian
18 Science seem peremptory; but mortals are has-
tening to learn that Life is God, good, and that
evil has in reality neither place nor power in the human or
21 the divine economy.

Peremptory
demands

 Fear of punishment never made man truly honest.
Moral courage is requisite to meet the wrong and to
24 proclaim the right. But how shall we re-
form the man who has more animal than
moral courage, and who has not the true idea of good?
27 Through human consciousness, convince the mortal of
his mistake in seeking material means for gaining hap-
piness. Reason is the most active human faculty. Let
30 that inform the sentiments and awaken the man's dor-
mant sense of moral obligation, and by degrees he will
learn the nothingness of the pleasures of human sense

Moral
courage

and the grandeur and bliss of a spiritual sense, which
 silences the material or corporeal. Then he not only will
 be saved, but *is* saved.

Final
 destruction
 of error

Mortals suppose that they can live without goodness,
 when God is good and the only real Life. What is the
 result? Understanding little about the divine
 Principle which saves and heals, mortals get
 rid of sin, sickness, and death only in belief. These errors
 are not thus really destroyed, and must therefore cling
 to mortals until, here or hereafter, they gain the true un-
 derstanding of God in the Science which destroys human
 delusions about Him and reveals the grand realities of
 His allness.

Promise
 perpetual

This understanding of man's power, when he is
 equipped by God, has sadly disappeared from Christian
 history. For centuries it has been dormant, a
 lost element of Christianity. Our missionaries
 carry the Bible to India, but can it be said that they
 explain it practically, as Jesus did, when hundreds of
 persons die there annually from serpent-bites? Under-
 standing spiritual law and knowing that there is no mate-
 rial law, Jesus said: "These signs shall follow them that
 believe, . . . they shall take up serpents, and if they
 drink any deadly thing, it shall not hurt them. They
 shall lay hands on the sick, and they shall recover." It
 were well had Christendom believed and obeyed this
 sacred saying.

Jesus' promise is perpetual. Had it been given only
 to his immediate disciples, the Scriptural passage would
 read *you*, not *they*. The purpose of his great life-work
 extends through time and includes universal humanity.
 Its Principle is infinite, reaching beyond the pale of a

1 single period or of a limited following. As time moves
on, the healing elements of pure Christianity will be fairly
3 dealt with; they will be sought and taught, and will glow
in all the grandeur of universal goodness.

A little leaven leavens the whole lump. A little under-
6 standing of Christian Science proves the truth of all that
I say of it. Because you cannot walk on the
water and raise the dead, you have no right to
9 question the great might of divine Science in these direc-
tions. Be thankful that Jesus, who was the true demon-
strator of Science, did these things, and left his example for
12 us. In Science we can use only what we understand. We
must prove our faith by demonstration.

Imitation
of Jesus

One should not tarry in the storm if the body is freez-
15 ing, nor should he remain in the devouring flames. Un-
til one is able to prevent bad results, he should avoid their
occasion. To be discouraged, is to resemble a pupil in
18 addition, who attempts to solve a problem of Euclid, and
denies the rule of the problem because he fails in his first
effort.

21 There is no hypocrisy in Science. Principle is impera-
tive. You cannot mock it by human will. Science is a
divine demand, not a human. Always right,
24 its divine Principle never repents, but main-
tains the claim of Truth by quenching error.
The pardon of divine mercy is the destruction of error. If
27 men understood their real spiritual source to be all bless-
edness, they would struggle for recourse to the spiritual
and be at peace; but the deeper the error into which mor-
tal mind is plunged, the more intense the opposition to
30 spirituality, till error yields to Truth.

Error
destroyed,
not pardoned

Human resistance to divine Science weakens in pro-

	portion as mortals give up error for Truth and the understanding of being superseded mere belief. Until the author of this book learned the vastness of Christian Science, the fixedness of mortal illusions, and the human hatred of Truth, she cherished sanguine hopes that Christian Science would meet with immediate and universal acceptance.	1 3 6
The hopeful outlook		
	When the following platform is understood and the letter and the spirit bear witness, the infallibility of divine metaphysics will be demonstrated.	9
	I. God is infinite, the only Life, substance, Spirit, or Soul, the only intelligence of the universe, including man. Eye hath neither seen God nor His image and likeness. Neither God nor the perfect man can be discerned by the material senses. The individuality of Spirit, or the infinite, is unknown, and thus a knowledge of it is left either to human conjecture or to the revelation of divine Science.	12 15 18
The deific supremacy		
	II. God is what the Scriptures declare Him to be, — Life, Truth, Love. Spirit is divine Principle, and divine Principle is Love, and Love is Mind, and Mind is not both good and bad, for God is Mind; therefore there is in reality one Mind only, because there is one God.	21 24
The deific definitions		
	III. The notion that both evil and good are real is a delusion of material sense, which Science annihilates. Evil is nothing, no thing, mind, nor power. As manifested by mankind it stands for a lie, nothing claiming to be something, — for lust, dishonesty, selfishness, envy, hypocrisy, slander, hate, theft, adultery, murder, dementia, insanity, inanity, devil, hell, with all the etceteras that word includes.	27 30
Evil obsolete		

1 IV. God is divine Life, and Life is no more confined
 to the forms which reflect it than substance is in its
 3 shadow. If life were in mortal man or mate-
 rial things, it would be subject to their limi-
 tations and would end in death. Life is Mind, the creator
 6 reflected in His creations. If He dwelt within what He
 creates, God would not be reflected but absorbed, and the
 Science of being would be forever lost through a mortal
 9 sense, which falsely testifies to a beginning and an
 end.

Life the
creator

V. The Scriptures imply that God is All-in-all. From
 12 this it follows that nothing possesses reality nor existence
 except the divine Mind and His ideas. The
 Scriptures also declare that God is Spirit.
 15 Therefore in Spirit all is harmony, and there can be no
 discord; all is Life, and there is no death. Everything
 in God's universe expresses Him.

Allness of
Spirit

18 VI. God is individual, incorporeal. He is divine Prin-
 ciple, Love, the universal cause, the only creator, and
 there is no other self-existence. He is all-
 21 inclusive, and is reflected by all that is real
 and eternal and by nothing else. He fills all space, and
 it is impossible to conceive of such omnipresence and in-
 24 dividuality except as infinite Spirit or Mind. Hence all
 is Spirit and spiritual.

The universal
cause

VII. Life, Truth, and Love constitute the triune Person
 27 called God, — that is, the triply divine Principle, Love.
 They represent a trinity in unity, three in
 one, — the same in essence, though multi-
 30 form in office: God the Father-Mother; Christ the spirit-
 ual idea of sonship; divine Science or the Holy Comforter.
 These three express in divine Science the threefold, essen-

Divine
trinity

tial nature of the infinite. They also indicate the divine Principle of scientific being, the intelligent relation of God to man and the universe. 1 3

VIII. Father-Mother is the name for Deity, which indicates His tender relationship to His spiritual creation. As the apostle expressed it in words which he quoted with approbation from a classic poet: 6
 "For we are also His offspring."

IX. Jesus was born of Mary. Christ is the true idea voicing good, the divine message from God to men speaking to the human consciousness. The Christ is incorporeal, spiritual, — yea, the divine image and likeness, dispelling the illusions of the senses; the Way, the Truth, and the Life, healing the sick and casting out evils, destroying sin, disease, and death. As Paul says: "There is one God, and one mediator between God and men, the man Christ Jesus." The corporeal man Jesus was human. 9 12 15 18

X. Jesus demonstrated Christ; he proved that Christ is the divine idea of God — the Holy Ghost, or Comforter, revealing the divine Principle, Love, and leading into all truth. 21

XI. Jesus was the son of a virgin. He was appointed to speak God's word and to appear to mortals in such a form of humanity as they could understand as well as perceive. Mary's conception of him was spiritual, for only purity could reflect Truth and Love, which were plainly incarnate in the good and pure Christ Jesus. He expressed the highest type of divinity, which a fleshly form could express in that age. Into the real and ideal man the fleshly element cannot enter. Thus it is that Christ illustrates the coincidence, 24 27 30

1 or spiritual agreement, between God and man in His
image.

3 XII. The word *Christ* is not properly a synonym for
Jesus, though it is commonly so used. Jesus was a human
name, which belonged to him in common with
6 other Hebrew boys and men, for it is identical
with the name Joshua, the renowned Hebrew leader. On
the other hand, Christ is not a name so much as the divine
9 title of Jesus. Christ expresses God's spiritual, eternal
nature. The name is synonymous with Messiah, and al-
ludes to the spirituality which is taught, illustrated, and
12 demonstrated in the life of which Christ Jesus was the
embodiment. The proper name of our Master in the
Greek was Jesus the Christ; but Christ Jesus better sig-
nifies the Godlike.

Messiah
or Christ

15 XIII. The advent of Jesus of Nazareth marked the
first century of the Christian era, but the Christ is
18 without beginning of years or end of days.
Throughout all generations both before and
after the Christian era, the Christ, as the spirit-
21 ual idea, — the reflection of God, — has come with some
measure of power and grace to all prepared to receive
Christ, Truth. Abraham, Jacob, Moses, and the prophets
24 caught glorious glimpses of the Messiah, or Christ, which
baptized these seers in the divine nature, the essence of
Love. The divine image, idea, or Christ was, is, and
27 ever will be inseparable from the divine Principle, God.
Jesus referred to this unity of his spiritual identity thus:
"Before Abraham was, I am;" "I and my Father are
30 one;" "My Father is greater than I." The one Spirit
includes all identities.

The divine
Principle
and idea

XIV. By these sayings Jesus meant, not that the hu-

	man Jesus was or is eternal, but that the divine idea or Christ was and is so and therefore antedated Abraham;	1
Spiritual oneness	not that the corporeal Jesus was one with the Father, but that the spiritual idea, Christ, dwells forever in the bosom of the Father, God, from which it illumines heaven and earth; not that the Father is greater than Spirit, which is God, but greater, infinitely greater, than the fleshly Jesus, whose earthly career was brief.	3 6 9
The Son's duality	XV. The invisible Christ was imperceptible to the so-called personal senses, whereas Jesus appeared as a bodily existence. This dual personality of the unseen and the seen, the spiritual and material, the eternal Christ and the corporeal Jesus manifest in flesh, continued until the Master's ascension, when the human, material concept, or Jesus, disappeared, while the spiritual self, or Christ, continues to exist in the eternal order of divine Science, taking away the sins of the world, as the Christ has always done, even before the human Jesus was incarnate to mortal eyes.	12 15 18
Eternity of the Christ	XVI. This was "the Lamb slain from the foundation of the world," — slain, that is, according to the testimony of the corporeal senses, but undying in the deific Mind. The Revelator represents the Son of man as saying (Revelation i. 17, 18): "I am the first and the last: I am he that liveth, and was dead [not understood]; and, behold, I am alive for evermore, [Science has explained me]." This is a mystical statement of the eternity of the Christ, and is also a reference to the human sense of Jesus crucified.	21 24 27 30
	XVII. Spirit being God, there is but one Spirit, for there can be but one infinite and therefore one God.	

1 There are neither spirits many nor gods many. There
 is no evil in Spirit, because God is Spirit. The theory,
 3 that Spirit is distinct from matter but must
 pass through it, or into it, to be individualized,
 would reduce God to dependency on matter, and establish
 6 a basis for pantheism.

Infinite
Spirit

 XVIII. Spirit, God, has created all in and of Him-
 self. Spirit never created matter. There is nothing in
 9 Spirit out of which matter could be made,
 for, as the Bible declares, without the Logos,
 the Æon or Word of God, "was not anything made
 12 that was made." Spirit is the only substance, the in-
 visible and indivisible infinite God. Things spiritual and
 eternal are substantial. Things material and temporal
 15 are insubstantial.

The only
substance

 XIX. Soul and Spirit being one, God and Soul are
 one, and this one never included in a limited mind or a
 18 limited body. Spirit is eternal, divine. Noth-
 ing but Spirit, Soul, can evolve Life, for Spirit
 is more than all else. Because Soul is immortal, it does
 21 not exist in mortality. Soul must be incorporeal to be
 Spirit, for Spirit is not finite. Only by losing the false
 sense of Soul can we gain the eternal unfolding of Life as
 24 immortality brought to light.

Soul and
Spirit one

 XX. Mind is the divine Principle, Love, and can pro-
 duce nothing unlike the eternal Father-Mother, God.
 27 Reality is spiritual, harmonious, immutable,
 immortal, divine, eternal. Nothing unspirit-
 ual can be real, harmonious, or eternal. Sin, sickness,
 30 and mortality are the suppositional antipodes of Spirit,
 and must be contradictions of reality.

The one
divine Mind

 XXI. The Ego is deathless and limitless, for limits

	would imply and impose ignorance. Mind is the I AM,	1
	or infinity. Mind never enters the finite. Intelligence	
The divine Ego	never passes into non-intelligence, or matter.	3
	Good never enters into evil, the unlimited into	
	the limited, the eternal into the temporal, nor the im-	
	mortal into mortality. The divine Ego, or individuality,	6
	is reflected in all spiritual individuality from the infini-	
	tesimal to the infinite.	
	XXII. Immortal man was and is God's image or idea,	9
	even the infinite expression of infinite Mind, and immor-	
The real manhood	tal man is coexistent and coeternal with that	
	Mind. He has been forever in the eternal	12
	Mind, God; but infinite Mind can never be in man, but	
	is reflected by man. The spiritual man's consciousness	
	and individuality are reflections of God. They are the	15
	emanations of Him who is Life, Truth, and Love. Im-	
	mortal man is not and never was material, but always	
	spiritual and eternal.	18
	XXIII. God is indivisible. A portion of God could	
	not enter man; neither could God's fulness be reflected	
Indivisibility of the infinite	by a single man, else God would be manifestly	21
	finite, lose the deific character, and become	
	less than God. Allness is the measure of the infinite, and	
	nothing less can express God.	24
	XXIV. God, the divine Principle of man, and man in	
	God's likeness are inseparable, harmonious, and eternal.	
God the parent Mind	The Science of being furnishes the rule of per-	27
	fection, and brings immortality to light. God	
	and man are not the same, but in the order of divine Sci-	
	ence, God and man coexist and are eternal. God is the	30
	parent Mind, and man is God's spiritual offspring.	
	XXV. God is individual and personal in a scientific	

1 sense, but not in any anthropomorphic sense. Therefore
 man, reflecting God, cannot lose his individuality; but as
 3 material sensation, or a soul in the body, blind
 mortals do lose sight of spiritual individuality.
 Material personality is not realism; it is not
 6 the reflection or likeness of Spirit, the perfect God. Sen-
 sualism is not bliss, but bondage. For true happiness,
 man must harmonize with his Principle, divine Love; the
 9 Son must be in accord with the Father, in conformity with
 Christ. According to divine Science, man is in a degree
 as perfect as the Mind that forms him. The truth of be-
 12 ing makes man harmonious and immortal, while error is
 mortal and discordant.

Man reflects
the perfect
God

XXVI. Christian Science demonstrates that none but
 15 the pure in heart can see God, as the gospel
 teaches. In proportion to his purity is man
 perfect; and perfection is the order of celestial
 18 being which demonstrates Life in Christ, Life's spiritual
 ideal.

Purity the
path to
perfection

XXVII. The true idea of man, as the reflection of the
 21 invisible God, is as incomprehensible to the limited senses
 as is man's infinite Principle. The visible uni-
 verse and material man are the poor counter-
 24 feits of the invisible universe and spiritual man. Eternal
 things (verities) are God's thoughts as they exist in the
 spiritual realm of the real. Temporal things are the
 27 thoughts of mortals and are the unreal, being the oppo-
 site of the real or the spiritual and eternal.

True idea
of man

XXVIII. Subject sickness, sin, and death to the rule
 30 of health and holiness in Christian Science,
 and you ascertain that this Science is demon-
 strably true, for it heals the sick and sinning as no

Truth
demonstrated

other system can. Christian Science, rightly understood, leads to eternal harmony. It brings to light the only living and true God and man as made in His likeness; whereas the opposite belief — that man originates in matter and has beginning and end, that he is both soul and body, both good and evil, both spiritual and material — terminates in discord and mortality, in the error which must be destroyed by Truth. The mortality of material man proves that error has been ingrafted into the premises and conclusions of material and mortal humanity.

Adam not
ideal man

XXIX. The word *Adam* is from the Hebrew *adamah*, signifying the *red color of the ground, dust, nothingness*. Divide the name Adam into two syllables, and it reads, *a dam*, or obstruction. This suggests the thought of something fluid, of mortal mind in solution. It further suggests the thought of that “darkness . . . upon the face of the deep,” when matter or dust was deemed the agent of Deity in creating man, — when matter, as that which is accursed, stood opposed to Spirit. Here *a dam* is not a mere play upon words; it stands for obstruction, error, even the supposed separation of man from God, and the obstacle which the serpent, sin, would impose between man and his creator. The dissection and definition of words, aside from their metaphysical derivation, is not scientific. Jehovah declared the ground was accursed; and from this ground, or matter, sprang Adam, notwithstanding God had blessed the earth “for man’s sake.” From this it follows that Adam was not the ideal man for whom the earth was blessed. The ideal man was revealed in due time, and was known as Christ Jesus.

1 XXX. The destruction of sin is the divine method of
 2 pardon. Divine Life destroys death, Truth destroys
 3 error, and Love destroys hate. Being de-
 4 stroyed, sin needs no other form of forgiveness.
 5 Does not God's pardon, destroying any one sin, prophesy
 6 and involve the final destruction of all sin?

Divine
pardon

7 XXXI. Since God is All, there is no room for His
 8 unlikeness. God, Spirit, alone created all, and called it
 9 good. Therefore evil, being contrary to good,
 10 is unreal, and cannot be the product of God.
 11 A sinner can receive no encouragement from the fact that
 12 Science demonstrates the unreality of evil, for the sinner
 13 would make a reality of sin, — would make that real
 14 which is unreal, and thus heap up "wrath against the
 15 day of wrath." He is joining in a conspiracy against
 16 himself, — against his own awakening to the awful un-
 17 reality by which he has been deceived. Only those, who
 18 repent of sin and forsake the unreal, can fully understand
 19 the unreality of evil.

Evil not
produced
by God

20 XXXII. As the mythology of pagan Rome has yielded
 21 to a more spiritual idea of Deity, so will our material
 22 theories yield to spiritual ideas, until the finite
 23 gives place to the infinite, sickness to health,
 24 sin to holiness, and God's kingdom comes "in
 25 earth, as it is in heaven." The basis of all health, sin-
 26 lessness, and immortality is the great fact that God is
 27 the only Mind; and this Mind must be not merely be-
 28 lieved, but it must be understood. To get rid of sin
 29 through Science, is to divest sin of any supposed mind
 30 or reality, and never to admit that sin can have intelli-
 31 gence or power, pain or pleasure. You conquer error by
 32 denying its verity. Our various theories will never lose

Basis of
health and
immortality

their imaginary power for good or evil, until we lose our
 faith in them and make life its own proof of harmony
 and God. 1 3

This text in the book of Ecclesiastes conveys the
 Christian Science thought, especially when the word
duty, which is not in the original, is omitted: "Let
 us hear the conclusion of the whole matter: Fear God,
 and keep His commandments: for this is the whole
 duty of man." In other words: Let us hear the con- 6 9
 clusion of the whole matter: love God and keep His
 commandments: for this is the whole of man in His
 image and likeness. Divine Love is infinite. Therefore 12
 all that really exists is in and of God, and manifests His
 love.

"Thou shalt have no other gods before me." (Exodus 15
 xx. 3.) The First Commandment is my favorite text.
 It demonstrates Christian Science. It inculcates the tri-
 unity of God, Spirit, Mind; it signifies that man shall 18
 have no other spirit or mind but God, eternal good, and
 that all men shall have one Mind. The divine Principle
 of the First Commandment bases the Science of being, by 21
 which man demonstrates health, holiness, and life eternal.
 One infinite God, good, unifies men and nations; con-
 stitutes the brotherhood of man; ends wars; fulfils the 24
 Scripture, "Love thy neighbor as thyself;" annihilates
 pagan and Christian idolatry, — whatever is wrong in
 social, civil, criminal, political, and religious codes; 27
 equalizes the sexes; annuls the curse on man, and leaves
 nothing that can sin, suffer, be punished or destroyed.

Some Objections Answered

And because I tell you the truth, ye believe me not.

Which of you convinceth me of sin?

And if I say the truth, why do ye not believe me? — JESUS.

But if the spirit of Him that raised up Jesus

from the dead dwell in you,

He that raised up Christ from the dead

shall also quicken your mortal bodies

by His spirit that dwelleth in you. — PAUL.

1 **T**he strictures on this volume would condemn to
 3 oblivion the truth, which is raising up thousands
 from helplessness to strength and elevating them from
 a theoretical to a practical Christianity. These criticisms
 are generally based on detached sentences or clauses sep-
 6 arated from their context. Even the Scriptures, which
 grow in beauty and consistency from one grand root, ap-
 pear contradictory when subjected to such usage. Jesus
 9 said, "Blessed are the pure in heart: for they shall see
 God" [Truth].

In Christian Science mere opinion is valueless. Proof
 12 is essential to a due estimate of this subject. Sneers at
 the application of the word *Science* to Chris-
 tianity cannot prevent that from being scien-
 15 tific which is based on divine Principle, demonstrated ac-
 cording to a divine given rule, and subjected to proof.
 The facts are so absolute and numerous in support of
 18 Christian Science, that misrepresentation and denuncia-

Supported
by facts

tion cannot overthrow it. Paul alludes to "doubtful dis- 1
putations." The hour has struck when proof and demon-
stration, instead of opinion and dogma, are summoned to 3
the support of Christianity, "making wise the simple."

Commands
of Jesus

In the result of some unqualified condemnations of 6
scientific Mind-healing, one may see with sorrow the sad
effects on the sick of denying Truth. He that
decries this Science does it presumptuously,
in the face of Bible history and in defiance of the direct 9
command of Jesus, "Go ye into all the world, and preach
the gospel," to which command was added the promise
that his students should cast out evils and heal the sick. 12
He bade the seventy disciples, as well as the twelve,
heal the sick in any town where they should be hospitably
received. 15

Christianity
scientific

If Christianity is not scientific, and Science is not of 18
God, then there is no invariable law, and truth becomes
an accident. Shall it be denied that a system
which works according to the Scriptures has
Scriptural authority?

Argument of
good works

Christian Science awakens the sinner, reclaims the 21
infidel, and raises from the couch of pain the helpless
invalid. It speaks to the dumb the words of
Truth, and they answer with rejoicing. It 24
causes the deaf to hear, the lame to walk, and the blind
to see. Who would be the first to disown the Christli-
ness of good works, when our Master says, "By their 27
fruits ye shall know them"?

If Christian Scientists were teaching or practising 30
pharmacy or obstetrics according to the common theo-
ries, no denunciations would follow them, even if their
treatment resulted in the death of a patient. The people

1 are taught in such cases to say, Amen. Shall I then be
smitten for healing and for teaching Truth as the Prin-
3 ciple of healing, and for proving my word by my deed?
James said: "Show me thy faith without thy works, and
I will show thee my faith by my works."

6 Is not finite mind ignorant of God's method? This
makes it doubly unfair to impugn and misrepresent the
facts, although, without this cross-bearing,
9 one might not be able to say with the apostle,
"None of these things move me." The sick, the halt,
and the blind look up to Christian Science with blessings,
12 and Truth will not be forever hidden by unjust parody
from the quickened sense of the people.

Personal
experience

Jesus strips all disguise from error, when his teachings
15 are fully understood. By parable and argument he ex-
plains the impossibility of good producing evil;
and he also scientifically demonstrates this great
18 fact, proving by what are wrongly called miracles, that
sin, sickness, and death are beliefs — illusive errors —
which he could and did destroy.

Proof from
miracles

21 It would sometimes seem as if truth were rejected be-
cause meekness and spirituality are the conditions of its
acceptance, while Christendom generally demands so
24 much less.

Anciently those apostles who were Jesus' students,
as well as Paul who was not one of his students, healed
27 the sick and reformed the sinner by their
religion. Hence the mistake which allows
words, rather than works, to follow such examples!
30 Whoever is the first meekly and conscientiously to press
along the line of gospel-healing, is often accounted a
heretic.

Example of
the disciples

	It is objected to Christian Science that it claims God	1
Strong position	as the only absolute Life and Soul, and man to be His	
	idea, — that is, His image. It should be	3
	added that this is claimed to represent the	
	normal, healthful, and sinless condition of man in divine	6
	Science, and that this claim is made because the Scrip-	
	tures say that God has created man in His own image	
	and after His likeness. Is it sacrilegious to assume that	
	God's likeness is not found in matter, sin, sickness, and	9
	death?	
Efficacy may be attested	Were it more fully understood that Truth heals and	
	that error causes disease, the opponents of a demonstrable	12
	Science would perhaps mercifully withhold	
	their misrepresentations, which harm the sick;	
	and until the enemies of Christian Science test its efficacy	15
	according to the rules which disclose its merits or de-	
	merits, it would be just to observe the Scriptural precept,	
	"Judge not."	18
The one divine method	There are various methods of treating disease, which	
	are not included in the commonly accepted systems; but	
	there is only one which should be presented	21
	to the whole world, and that is the Christian	
	Science which Jesus preached and practised and left to us	
	as his rich legacy.	24
	Why should one refuse to investigate this method	
	of treating disease? Why support the popular systems	
	of medicine, when the physician may perchance be an	27
	infidel and may lose ninety-and-nine patients, while	
	Christian Science cures its hundred? Is it because	
	allopathy and homœopathy are more fashionable and	30
	less spiritual?	
	In the Bible the word <i>Spirit</i> is so commonly applied	

1 to Deity, that Spirit and God are often regarded as syn-
 2 nonymous terms; and it is thus they are uniformly used
 3 and understood in Christian Science. As it
 4 is evident that the likeness of Spirit cannot be
 5 material, does it not follow that God cannot be in His
 6 unlikeness and work through drugs to heal the sick?
 7 When the omnipotence of God is preached and His ab-
 8 soluteness is set forth, Christian sermons will heal the
 9 sick.

Omnipotence
set forth

10 It is sometimes said, in criticising Christian Science,
 11 that the mind which contradicts itself neither knows
 12 itself nor what it is saying. It is indeed no
 13 small matter to know one's self; but in this
 14 volume of mine there are no contradictory
 15 statements, — at least none which are apparent to those
 16 who understand its propositions well enough to pass
 17 judgment upon them. One who understands Christian
 18 Science can heal the sick on the divine Principle of Chris-
 19 tian Science, and this practical proof is the only feasible
 20 evidence that one does understand this Science.

Contradictions
not found

21 Anybody, who is able to perceive the incongruity be-
 22 tween God's idea and poor humanity, ought to be able
 23 to discern the distinction (made by Christian Science)
 24 between God's man, made in His image, and the sinning
 25 race of Adam.

26 The apostle says: "For if a man think himself to be
 27 something, when he is nothing, he deceiveth himself."
 28 This thought of human, material nothingness, which
 29 Science inculcates, enrages the carnal mind and is the
 30 main cause of the carnal mind's antagonism.

It is not the purpose of Christian Science to "educate
 the idea of God, or treat it for disease," as is alleged

	by one critic. I regret that such criticism confounds <i>man</i>	1
	with Adam. When man is spoken of as made in God's	
God's idea the ideal man	image, it is not sinful and sickly mortal man	3
	who is referred to, but the ideal man, reflecting	
	God's likeness.	
	It is sometimes said that Christian Science teaches the	6
	nothingness of sin, sickness, and death, and then teaches	
Nothingness of error	how this nothingness is to be saved and healed.	
	The nothingness of nothing is plain; but we	9
	need to understand that error <i>is</i> nothing, and that its	
	nothingness is not saved, but must be demonstrated in	
	order to prove the somethingness — yea, the allness —	12
	of Truth. It is self-evident that we are harmonious only	
	as we cease to manifest evil or the belief that we suffer	
	from the sins of others. Disbelief in error destroys error,	15
	and leads to the discernment of Truth. There are no	
	vacuums. How then can this demonstration be "fraught	
	with falsities painful to behold"?	18
	We treat error through the understanding of Truth,	
	because Truth is error's antidote. If a dream ceases, it	
Truth antidotes error	is self-destroyed, and the terror is over. When	21
	a sufferer is convinced that there is no reality	
	in his belief of pain, — because matter has no sensation,	
	hence pain in matter is a false belief, — how can he suffer	24
	longer? Do you feel the pain of tooth-pulling, when you	
	believe that nitrous-oxide gas has made you unconscious?	
	Yet, in your concept, the tooth, the operation, and the	27
	forceps are unchanged.	
	Material beliefs must be expelled to make room for	
Serving two masters	spiritual understanding. We cannot serve both	30
	God and mammon at the same time; but is	
	not this what frail mortals are trying to do? Paul says:	

1 “The flesh lusteth against the Spirit, and the Spirit against
the flesh.” Who is ready to admit this?

3 It is said by one critic, that to verify this wonderful
philosophy Christian Science declares that whatever is
mortal or discordant has no origin, existence, nor real-
6 ness. Nothing really has Life but God, who is infinite
Life; hence all is Life, and death has no dominion. This
writer infers that if anything needs to be doctored, it
9 must be the one God, or Mind. Had he stated his syllo-
gism correctly, the conclusion would be that there is noth-
ing left to be doctored.

12 Critics should consider that the so-called mortal man
is not the reality of man. Then they would behold the
signs of Christ’s coming. Christ, as the spir-
15 itual or true idea of God, comes now as of
old, preaching the gospel to the poor, heal-
ing the sick, and casting out evils. Is it error which
18 is restoring an essential element of Christianity, —
namely, apostolic, divine healing? No; it is the Science
of Christianity which is restoring it, and is the light
21 shining in darkness, which the darkness comprehends
not.

Essential
element of
Christianity

24 If Christian Science takes away the popular gods, —
sin, sickness, and death, — it is Christ, Truth, who de-
stroys these evils, and so proves their nothingness.

27 The dream that matter and error are something
must yield to reason and revelation. Then mortals
will behold the nothingness of sickness and sin, and
sin and sickness will disappear from consciousness.
30 The harmonious will appear real, and the inharmoni-
ous unreal. These critics will then see that error
is indeed the nothingness, which they chide us for

naming nothing and which we desire neither to honor 1
nor to fear.

Medical theories virtually admit the nothingness of 3
hallucinations, even while treating them as disease; and
who objects to this? Ought we not, then, to approve
any cure, which is effected by making the disease appear 6
to be — what it really is — an illusion?

All disease
a delusion

Here is the difficulty: it is not generally understood how 9
one disease can be just as much a delusion as another. It
is a pity that the medical faculty and clergy
have not learned this, for Jesus established
this foundational fact, when devils, delusions, were cast 12
out and the dumb spake.

Elimination
of sickness

Are we irreverent towards sin, or imputing too much 15
power to God, when we ascribe to Him almighty Life
and Love? I deny His cooperation with evil,
because I desire to have no faith in evil or in
any power but God, good. Is it not well to eliminate from 18
so-called mortal mind that which, so long as it remains in
mortal mind, will show itself in forms of sin, sickness, and
death? Instead of tenaciously defending the supposed 21
rights of disease, while complaining of the suffering dis-
ease brings, would it not be well to abandon the defence,
especially when by so doing our own condition can be im- 24
proved and that of other persons as well?

Full fruitage
yet to come

I have never supposed the world would immediately 27
witness the full fruitage of Christian Science, or that sin,
disease, and death would not be believed for
an indefinite time; but this I do aver, that,
as a result of teaching Christian Science, ethics and 30
temperance have received an impulse, health has been
restored, and longevity increased. If such are the pres-

1 ent fruits, what will the harvest be, when this Science is
more generally understood?

3 As Paul asked of the unfaithful in ancient days, so
the rabbis of the present day ask concerning our heal-
ing and teaching, "Through breaking the law,
6 dishonorest thou God?" We have the gospel,
however, and our Master annulled material law by heal-
ing contrary to it. We propose to follow the Master's
9 example. We should subordinate material law to spiri-
tual law. Two essential points of Christian Science are,
that neither Life nor man dies, and that God is not the
12 author of sickness.

Law and
gospel

The chief difficulty in conveying the teachings of divine
Science accurately to human thought lies in this, that like
15 all other languages, English is inadequate to
the expression of spiritual conceptions and
propositions, because one is obliged to use material terms
18 in dealing with spiritual ideas. The elucidation of Chris-
tian Science lies in its spiritual sense, and this sense must
be gained by its disciples in order to grasp the meaning of
21 this Science. Out of this condition grew the prophecy
concerning the Christian apostles, "They shall speak with
new tongues."

Language
inadequate

24 Speaking of the things of Spirit while dwelling on
a material plane, material terms must be generally em-
ployed. Mortal thought does not at once catch the
27 higher meaning, and can do so only as thought is edu-
cated up to spiritual apprehension. To a certain extent
this is equally true of all learning, even that which is
30 wholly material.

In Christian Science, substance is understood to be
Spirit, while the opponents of Christian Science believe

	substance to be matter. They think of matter as some-	1
	thing and almost the only thing, and of the things which	
Substance	pertain to Spirit as next to nothing, or as very	3
spiritual	far removed from daily experience. Christian	
	Science takes exactly the opposite view.	
	To understand all our Master's sayings as recorded	6
	in the New Testament, sayings infinitely important,	
Both words	his followers must grow into that stature of	
and works	manhood in Christ Jesus which enables them	9
	to interpret his spiritual meaning. Then they know	
	how Truth casts out error and heals the sick. His	
	words were the offspring of his deeds, both of which	12
	must be understood. Unless the works are com-	
	prehended which his words explained, the words are	
	blind.	15
	The Master often refused to explain his words, because	
	it was difficult in a material age to apprehend spiritual	
	Truth. He said: "This people's heart is waxed gross,	18
	and their ears are dull of hearing, and their eyes they	
	have closed; lest at any time they should see with their	
	eyes, and hear with their ears, and should understand	21
	with their heart, and should be converted, and I should	
	heal them."	
	"The Word was made flesh." Divine Truth must be	24
	known by its effects on the body as well as on the mind,	
	before the Science of being can be demon-	
The divine	strated. Hence its embodiment in the incar-	27
life-link	nate Jesus, — that life-link forming the connection through	
	which the real reaches the unreal, Soul rebukes sense, and	
	Truth destroys error.	30
	In Jewish worship the Word was materially explained,	
	and the spiritual sense was scarcely perceived. The	

1 religion which sprang from half-hidden Israelitish history
 was pedantic and void of healing power. When we lose
 3 faith in God's power to heal, we distrust the
 divine Principle which demonstrates Christian
 Science, and then we cannot heal the sick. Neither can
 6 we heal through the help of Spirit, if we plant ourselves
 on a material basis.

Truth a
 present help

The author became a member of the orthodox Con-
 9 gregational Church in early years. Later she learned
 that her own prayers failed to heal her as did the prayers
 of her devout parents and the church; but when the
 12 spiritual sense of the creed was discerned in the Science
 of Christianity, this spiritual sense was a *present help*. It
 was the living, palpitating presence of Christ, Truth, which
 15 healed the sick.

We cannot bring out the practical proof of Christianity,
 which Jesus required, while error seems as potent and
 18 real to us as Truth, and while we make a per-
 sonal devil and an anthropomorphic God our
 starting-points, — especially if we consider Satan as a
 21 being coequal in power with Deity, if not superior to Him.
 Because such starting-points are neither spiritual nor
 scientific, they cannot work out the Spirit-rule of Christian
 24 healing, which proves the nothingness of error, discord,
 by demonstrating the all-inclusiveness of harmonious
 Truth.

Fatal
 premises

27 The Israelites centred their thoughts on the material
 in their attempted worship of the spiritual. To them
 matter was substance, and Spirit was shadow.
 30 They thought to worship Spirit from a ma-
 terial standpoint, but this was impossible. They might
 appeal to Jehovah, but their prayer brought down no

Fruitless
 worship

proof that it was heard, because they did not sufficiently
understand God to be able to demonstrate His power
to heal, — to make harmony the reality and discord the
unreality. 1 3

Spirit the
tangible

Our Master declared that his material body was not
spirit, evidently considering it a mortal and material be- 6
lief of flesh and bones, whereas the Jews took
a diametrically opposite view. To Jesus, not
materiality, but spirituality, was the reality of man's ex- 9
istence, while to the rabbis the spiritual was the intangi-
ble and uncertain, if not the unreal.

Ghosts
not realities

Would a mother say to her child, who is frightened at 12
imaginary ghosts and sick in consequence of the fear:
"I know that ghosts are real. They exist,
and are to be feared; but you must not be 15
afraid of them"?

Children, like adults, *ought* to fear a reality which
can harm them and which they do not understand, for 18
at any moment they may become its helpless victims;
but instead of increasing children's fears by declaring
ghosts to be real, merciless, and powerful, thus water- 21
ing the very roots of childish timidity, children should
be assured that their fears are groundless, that ghosts
are not realities, but traditional beliefs, erroneous and 24
man-made.

In short, children should be told not to believe in ghosts,
because there are no such things. If belief in their reality 27
is destroyed, terror of ghosts will depart and health be re-
stored. The objects of alarm will then vanish into noth-
ingness, no longer seeming worthy of fear or honor. To 30
accomplish a good result, it is certainly not irrational to
tell the truth about ghosts.

1 The Christianly scientific real is the sensuous unreal.
 Sin, disease, whatever seems real to material sense, is un-
 3 real in divine Science. The physical senses
 and Science have ever been antagonistic, and
 they will so continue, till the testimony of the physical
 6 senses yields entirely to Christian Science.

The real and
the unreal

How can a Christian, having the stronger evidence of
 Truth which contradicts the evidence of error, think of
 9 the latter as real or true, either in the form of sickness or
 of sin? All must admit that Christ is "the way, the
 truth, and the life," and that omnipotent Truth certainly
 12 does destroy error.

The age has not wholly outlived the sense of ghostly
 beliefs. It still holds them more or less. Time has not
 15 yet reached eternity, immortality, complete
 reality. All the real is eternal. Perfection
 underlies reality. Without perfection, nothing is wholly
 18 real. All things will continue to disappear, until per-
 fection appears and reality is reached. We must give up
 the spectral at all points. We must not continue to admit
 21 the somethingness of superstition, but we must yield up
 all belief in it and be wise. When we learn that error
 is not real, we shall be ready for progress, "forgetting
 24 those things which are behind."

Superstition
obsolete

The grave does not banish the ghost of materiality.
 So long as there are supposed limits to Mind, and those
 27 limits are human, so long will ghosts seem to continue.
 Mind is limitless. It never was material. The true idea
 of being is spiritual and immortal, and from this it follows
 30 that whatever is laid off is the ghost, some unreal belief.
 Mortal beliefs can neither demonstrate Christianity nor
 apprehend the reality of Life.

Christian warfare	Are the protests of Christian Science against the notion	1
	that there can be material life, substance, or mind "utter	
	falsities and absurdities," as some aver? Why	3
	then do Christians try to obey the Scriptures	
Healing omitted	and war against "the world, the flesh, and the devil"?	
	Why do they invoke the divine aid to enable them to leave	6
	all for Christ, Truth? Why do they use this phraseology,	
	and yet deny Christian Science, when it teaches precisely	
Scientific consistency	this thought? The words of divine Science find their	9
	immortality in deeds, for their Principle heals the sick	
	and spiritualizes humanity.	
	On the other hand, the Christian opponents of Chris-	12
Spiritual meaning	tian Science neither give nor offer any proofs that their	
	Master's religion can heal the sick. Surely	
	it is not enough to cleave to barren and desul-	15
	tory dogmas, derived from the traditions of the elders who	
	thereunto have set their seals.	
	Consistency is seen in example more than in precept.	18
	Inconsistency is shown by words without deeds, which	
	are like clouds without rain. If our words	
	fail to express our deeds, God will redeem that	21
	weakness, and out of the mouth of babes He will perfect	
	praise. The night of materiality is far spent, and with	
	the dawn Truth will waken men spiritually to hear and	24
	to speak the new tongue.	
	Sin should become unreal to every one. It is in itself	
	inconsistent, a divided kingdom. Its supposed realism	27
	has no divine authority, and I rejoice in the apprehension	
	of this grand verity.	
	The opponents of divine Science must be	30
	charitable, if they would be Christian. If the	
	letter of Christian Science appears inconsistent, they should	

1 gain the spiritual meaning of Christian Science, and then
the ambiguity will vanish.

3 The charge of inconsistency in Christianly scientific
methods of dealing with sin and disease is met by some-
thing practical, — namely, the proof of the
6 utility of these methods; and proofs are better
than mere verbal arguments or prayers which evince no
spiritual power to heal.

Practical
arguments

9 As for sin and disease, Christian Science says, in the
language of the Master, "Follow me; and let the dead
bury their dead." Let discord of every name and nature
12 be heard no more, and let the harmonious and true sense
of Life and being take possession of human consciousness.

What is the relative value of the two conflicting theo-
15 ries regarding Christian healing? One, according to
the commands of our Master, heals the sick. The other,
popular religion, declines to admit that Christ's religion
18 has exercised any systematic healing power since the first
century.

The statement that the teachings of Christian Sci-
21 ence in this work are "absolutely false, and the most
egregious fallacies ever offered for accept-
ance," is an opinion wholly due to a misap-
24 prehension both of the divine Principle and practice of
Christian Science and to a consequent inability to demon-
strate this Science. Without this understanding, no one
27 is capable of impartial or correct criticism, because demon-
stration and spiritual understanding are God's immortal
keynotes, proved to be such by our Master and evidenced
30 by the sick who are cured and by the sinners who are
reformed.

Conditions
of criticism

Strangely enough, we ask for material theories in sup-

	port of spiritual and eternal truths, when the two are so	1
	antagonistic that the material thought must become spir-	
Weakness of material theories	itualized before the spiritual fact is attained.	3
	So-called material existence affords no evidence	
	of spiritual existence and immortality. Sin,	
	sickness, and death do not prove man's entity or immor-	6
	tal. Discord can never establish the facts of harmony.	
	Matter is not the vestibule of Spirit.	
	Jesus reasoned on this subject practically, and con-	9
	trolled sickness, sin, and death on the basis of his spir-	
Irreconcilable differences	itality. Understanding the nothingness of	
	material things, he spoke of flesh and Spirit	12
	as the two opposites, — as error and Truth, not contrib-	
	uting in any way to each other's happiness and existence.	
	Jesus knew, "It is the spirit that quickeneth; the flesh	15
	profiteth nothing."	
	There is neither a present nor an eternal copartner-	
	ship between error and Truth, between flesh and Spirit.	18
Copartnership impossible	God is as incapable of producing sin, sick-	
	ness, and death as He is of experiencing these	
	errors. How then is it possible for Him to create man	21
	subject to this triad of errors, — man who is made in the	
	divine likeness?	
	Does God create a material man out of Himself, Spirit?	24
	Does evil proceed from good? Does divine Love com-	
	mit a fraud on humanity by making man inclined to sin,	
	and then punishing him for it? Would any one call it	27
	wise and good to create the primitive, and then punish its	
	derivative?	
	Does subsequent follow its antecedent? It does.	30
	Was there original self-creative sin? Then there must	
	have been more than one creator, more than one God.	

1 In common justice, we must admit that God will not
 2 punish man for doing what He created man
 3 capable of doing, and knew from the outset
 4 that man would do. God is "of purer eyes
 5 than to behold evil." We sustain Truth, not by accept-
 6 ing, but by rejecting a lie.

Two infinite
 creators
 absurd

Jesus said of personified evil, that it was "a liar, and
 the father of it." Truth creates neither a lie, a capacity
 9 to lie, nor a liar. If mankind would relinquish the belief
 10 that God makes sickness, sin, and death, or makes man
 11 capable of suffering on account of this malevolent triad,
 12 the foundations of error would be sapped and error's de-
 13 struction ensured; but if we theoretically endow mortals
 14 with the creativeness and authority of Deity, how dare we
 15 attempt to destroy what He hath made, or even to deny
 16 that God made man evil and made evil good?

History teaches that the popular and false notions
 18 about the Divine Being and character have originated
 19 in the human mind. As there is in reality but
 20 one God, one Mind, wrong notions about God
 21 must have originated in a false supposition, not in im-
 22 mortal Truth, and they are fading out. They are false
 23 claims, which will eventually disappear, according to the
 24 vision of St. John in the Apocalypse.

Anthropo-
 morphism

If what opposes God is real, there must be two
 powers, and God is not supreme and infinite. Can
 27 Deity be almighty, if another mighty and
 28 self-creative cause exists and sways man-
 29 kind? Has the Father "Life in Himself," as the Scrip-
 30 tures say, and, if so, can Life, or God, dwell in evil and
 31 create it? Can matter drive Life, Spirit, hence, and so
 32 defeat omnipotence?

One
 supremacy

Matter impotent	Is the woodman's axe, which destroys a tree's so-called	1
	life, superior to omnipotence? Can a leaden bullet de-	
	prive a man of Life, — that is, of God, who is	3
Scientific and Biblical facts	man's Life? If God is at the mercy of matter,	
	then matter is omnipotent. Such doctrines are "confu-	
	sion worse confounded." If two statements directly con-	6
	tradict each other and one is true, the other must be false.	
	Is Science thus contradictory?	
	Christian Science, understood, coincides with the	9
	Scriptures, and sustains logically and demonstratively	
	every point it presents. Otherwise it would	
	not be Science, and could not present its	12
	proofs. Christian Science is neither made up of contra-	
	dictory aphorisms nor of the inventions of those who scoff	
	at God. It presents the calm and clear verdict of Truth	15
	against error, uttered and illustrated by the prophets,	
	by Jesus, by his apostles, as is recorded throughout the	
	Scriptures.	18
	Why are the words of Jesus more frequently cited	
	for our instruction than are his remarkable works? Is	
	it not because there are few who have gained a true	21
	knowledge of the great import to Christianity of those	
	works?	
	Sometimes it is said: "Rest assured that whatever	24
Personal confidence	effect Christian Scientists may have on the sick, comes	
	through rousing within the sick a belief	
	that in the removal of disease these healers	27
	have wonderful power, derived from the Holy Ghost."	
	Is it likely that church-members have more faith in	
	some Christian Scientist, whom they have perhaps	30
	never seen and against whom they have been warned,	
	than they have in their own accredited and orthodox	

1 pastors, whom they have seen and have been taught
to love and to trust?

3 Let any clergyman try to cure his friends by their
faith in him. Will that faith heal them? Yet Scien-
tists will take the same cases, and cures will follow.
6 Is this because the patients have more faith in the Scien-
tist than in their pastor? I have healed infidels whose
only objection to this method was, that I as a Chris-
9 tian Scientist believed in the Holy Spirit, while they, the
patients, did not.

Even though you aver that the material senses are
12 indispensable to man's existence or entity, you must
change the human concept of life, and must at length
know yourself spiritually and scientifically. The evi-
15 dence of the existence of Spirit, Soul, is palpable only to
spiritual sense, and is not apparent to the material senses,
which cognize only that which is the opposite of Spirit.

18 True Christianity is to be honored wherever found,
but when shall we arrive at the goal which that word
implies? From Puritan parents, the discov-
21 erer of Christian Science early received her
religious education. In childhood, she often listened
with joy to these words, falling from the lips of her
24 saintly mother, "God is able to raise you up from sick-
ness;" and she pondered the meaning of that Scripture
she so often quotes: "And these signs shall follow them
27 that believe; . . . they shall lay hands on the sick,
and they shall recover."

30 A Christian Scientist and an opponent are like two
artists. One says: "I have spiritual ideals,
indestructible and glorious. When others see
them as I do, in their true light and loveliness, — and

Author's
parentage

Two different
artists

know that these ideals are real and eternal because drawn 1
 from Truth, — they will find that nothing is lost, and all
 is won, by a right estimate of what is real." 3

The other artist replies: "You wrong my experience.
 I have no mind-ideals except those which are both mental
 and material. It is true that materiality renders these 6
 ideals imperfect and destructible; yet I would not ex-
 change mine for thine, for mine give me such personal
 pleasure, and they are not so shockingly transcendental. 9
 They require less self-abnegation, and keep Soul well out
 of sight. Moreover, I have no notion of losing my old
 doctrines or human opinions." 12

Choose ye
 to-day

Dear reader, which mind-picture or externalized thought
 shall be real to you, — the material or the spiritual?
 Both you cannot have. You are bringing out 15
 your own ideal. This ideal is either temporal
 or eternal. Either Spirit or matter is your model. If you
 try to have two models, then you practically have none. 18
 Like a pendulum in a clock, you will be thrown back and
 forth, striking the ribs of matter and swinging between the
 real and the unreal. 21

Hear the wisdom of Job, as given in the excellent trans-
 lation of the late Rev. George R. Noyes, D.D.: —

Shall mortal man be more just than God? 24
 Shall man be more pure than his Maker?
 Behold, He putteth no trust in His ministering spirits,
 And His angels He chargeth with frailty. 27

Of old, the Jews put to death the Galilean Prophet,
 the best Christian on earth, for the truth he spoke and
 demonstrated, while to-day, Jew and Christian can unite 30
 in doctrine and denomination on the very basis of Jesus'
 words and works. The Jew believes that the Messiah or

1 Christ has not yet come; the Christian believes that
Christ is God. Here Christian Science intervenes, ex-
3 plains these doctrinal points, cancels the disagreement,
and settles the question. Christ, as the true spiritual idea,
is the ideal of God now and forever, here and everywhere.
6 The Jew who believes in the First Commandment is a
monotheist; he has one omnipresent God. Thus the Jew
unites with the Christian's doctrine that God is come and
9 is present now and forever. The Christian who believes
in the First Commandment is a monotheist. Thus he
virtually unites with the Jew's belief in one God, and
12 recognizes that Jesus Christ is not God, as Jesus himself
declared, but is the Son of God. This declaration of
Jesus, understood, conflicts not at all with another of his
15 sayings: "I and my Father are one," — that is, one in
quality, not in quantity. As a drop of water is one with
the ocean, a ray of light one with the sun, even so God
18 and man, Father and son, are one in being. The Scrip-
ture reads: "For in Him we live, and move, and have
our being."

21 I have revised SCIENCE AND HEALTH only to give a
clearer and fuller expression of its original meaning. Spir-
itual ideas unfold as we advance. A human perception of
24 divine Science, however limited, must be correct in order
to be Science and subject to demonstration. A germ of in-
finite Truth, though least in the kingdom of heaven, is the
27 higher hope on earth, but it will be rejected and reviled
until God prepares the soil for the seed. That which
when sown bears immortal fruit, enriches mankind only
30 when it is understood, — hence the many readings given
the Scriptures, and the requisite revisions of SCIENCE AND
HEALTH WITH KEY TO THE SCRIPTURES.

Christian Science Practice

*Why art thou cast down, O my soul [sense]?
And why art thou disquieted within me?
Hope thou in God; for I shall yet praise Him,
Who is the health of my countenance and my God. — PSALMS.*

*And these signs shall follow them that believe:
In my name shall they cast out devils:
they shall speak with new tongues; they shall take up serpents;
and if they drink any deadly thing, it shall not hurt them;
they shall lay hands on the sick, and they shall recover. — JESUS.*

A gospel
narrative

It is related in the seventh chapter of Luke's Gospel 1
that Jesus was once the honored guest of a certain
Pharisee, by name Simon, though he was quite unlike 3
Simon the disciple. While they were at meat, an unusual
incident occurred, as if to interrupt the scene
of Oriental festivity. A "strange woman" 6
came in. Heedless of the fact that she was debarred from
such a place and such society, especially under the stern
rules of rabbinical law, as positively as if she were a Hin- 9
doo pariah intruding upon the household of a high-caste
Brahman, this woman (Mary Magdalene, as she has
since been called) approached Jesus. According to the 12
custom of those days, he reclined on a couch with his
head towards the table and his bare feet away from it.
It was therefore easy for the Magdalen to come behind 15

1 the couch and reach his feet. She bore an alabaster jar
containing costly and fragrant oil, — sandal oil perhaps,
3 which is in such common use in the East. Breaking
the sealed jar, she perfumed Jesus' feet with the oil,
wiping them with her long hair, which hung loosely
6 about her shoulders, as was customary with women of her
grade.

Did Jesus spurn the woman? Did he repel her adora-
9 tion? No! He regarded her compassionately. Nor was
this all. Knowing what those around him
were saying in their hearts, especially his host,
12 — that they were wondering why, being a prophet, the
exalted guest did not at once detect the woman's immoral
status and bid her depart, — knowing this, Jesus rebuked
15 them with a short story or parable. He described two
debtors, one for a large sum and one for a smaller, who
were released from their obligations by their common
18 creditor. "Which of them will love him most?" was the
Master's question to Simon the Pharisee; and Simon re-
plied, "He to whom he forgave most." Jesus approved
21 the answer, and so brought home the lesson to all, follow-
ing it with that remarkable declaration to the woman,
"Thy sins are forgiven."

Parable of
the creditor

24 Why did he thus summarize her debt to divine Love?
Had she repented and reformed, and did his insight
detect this unspoken moral uprising? She
27 bathed his feet with her tears before she
anointed them with the oil. In the absence of other
proofs, was her grief sufficient evidence to warrant the
expectation of her repentance, reformation, and growth
30 in wisdom? Certainly there was encouragement in the
mere fact that she was showing her affection for a man

Divine
insight

of undoubted goodness and purity, who has since been
rightfully regarded as the best man that ever trod this
planet. Her reverence was unfeigned, and it was mani-
fested towards one who was soon, though they knew it
not, to lay down his mortal existence in behalf of all
sinners, that through his word and works they might be
redeemed from sensuality and sin. 1 3 6

Penitence or
hospitality

Which was the higher tribute to such ineffable affec-
tion, the hospitality of the Pharisee or the contrition of
the Magdalen? This query Jesus answered 9
by rebuking self-righteousness and declaring
the absolution of the penitent. He even said that this 12
poor woman had done what his rich entertainer had neg-
lected to do, — wash and anoint his guest's feet, a special
sign of Oriental courtesy. 15

Here is suggested a solemn question, a question indi-
cated by one of the needs of this age. Do Christian
Scientists seek Truth as Simon sought the Saviour, through 18
material conservatism and for personal homage? Jesus
told Simon that such seekers as he gave small reward
in return for the spiritual purgation which came through 21
the Messiah. If Christian Scientists are like Simon,
then it must be said of them also that they *love*
little. 24

Genuine
repentance

On the other hand, do they show their regard for
Truth, or Christ, by their genuine repentance, by their
broken hearts, expressed by meekness and 27
human affection, as did this woman? If
so, then it may be said of them, as Jesus said of the
unwelcome visitor, that they indeed love much, because 30
much is forgiven them.

Did the careless doctor, the nurse, the cook, and the

1 brusque business visitor sympathetically know the thorns
 they plant in the pillow of the sick and the heavenly
 3 homesick looking away from earth, — Oh, did
 they know! — this knowledge would do much
 more towards healing the sick and preparing their helpers
 6 for the “midnight call,” than all cries of “Lord, Lord!”
 The benign thought of Jesus, finding utterance in such
 words as “Take no thought for your life,” would heal
 9 the sick, and so enable them to rise above the supposed
 necessity for physical thought-taking and doctoring;
 but if the unselfish affections be lacking, and common
 12 sense and common humanity are disregarded, what men-
 tal quality remains, with which to evoke healing from
 the outstretched arm of righteousness?

Compassion
requisite

15 If the Scientist reaches his patient through divine
 Love, the healing work will be accomplished at one
 visit, and the disease will vanish into its native
 18 nothingness like dew before the morning sun-
 shine. If the Scientist has enough Christly affection to
 win his own pardon, and such commendation as the Mag-
 21 dalen gained from Jesus, then he is Christian enough to
 practise scientifically and deal with his patients compas-
 sionately; and the result will correspond with the spiritual
 24 intent.

Speedy
healing

If hypocrisy, stolidity, inhumanity, or vice finds its
 way into the chambers of disease through the would-be
 27 healer, it would, if it were possible, convert
 into a den of thieves the temple of the Holy
 Ghost, — the patient’s spiritual power to resuscitate him-
 30 self. The unchristian practitioner is not giving to mind
 or body the joy and strength of Truth. The poor suf-
 fering heart needs its rightful nutriment, such as peace,

Truth
desecrated

patience in tribulation, and a priceless sense of the dear Father's loving-kindness. 1

Moral evils
to be cast out

In order to cure his patient, the metaphysician must first cast moral evils out of himself and thus attain the spiritual freedom which will enable him to cast physical evils out of his patient; but heal he cannot, while his own spiritual barrenness debars him from giving drink to the thirsty and hinders him from reaching his patient's thought, — yea, while mental penury chills his faith and understanding. 3 6 9

The true
physician

The physician who lacks sympathy for his fellow-being is deficient in human affection, and we have the apostolic warrant for asking: "He that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?" Not having this spiritual affection, the physician lacks faith in the divine Mind and has not that recognition of infinite Love which alone confers the healing power. Such so-called Scientists will strain out gnats, while they swallow the camels of bigoted pedantry. 12 15 18 21

Source of
calmness

The physician must also watch, lest he be overwhelmed by a sense of the odiousness of sin and by the unveiling of sin in his own thoughts. The sick are terrified by their sick beliefs, and sinners should be affrighted by their sinful beliefs; but the Christian Scientist will be calm in the presence of both sin and disease, knowing, as he does, that Life is God and God is All. 24 27

If we would open their prison doors for the sick, we must first learn to bind up the broken-hearted. If we would heal by the Spirit, we must not hide the talent 30

1 of spiritual healing under the napkin of its form, nor
bury the *morale* of Christian Science in the grave-clothes
3 of its letter. The tender word and Christian
encouragement of an invalid, pitiful patience
with his fears and the removal of them, are better than
6 hecatombs of gushing theories, stereotyped borrowed
speeches, and the doling of arguments, which are but so
many parodies on legitimate Christian Science, aflame
9 with divine Love.

Genuine
healing

This is what is meant by seeking Truth, Christ, not
“for the loaves and fishes,” nor, like the Pharisee, with
12 the arrogance of rank and display of scholar-
ship, but like Mary Magdalene, from the sum-
mit of devout consecration, with the oil of gladness and
15 the perfume of *gratitude*, with tears of repentance and
with those hairs all numbered by the Father.

Gratitude
and humility

A Christian Scientist occupies the place at this period
18 of which Jesus spoke to his disciples, when he said: “Ye
are the salt of the earth.” “Ye are the light
of the world. A city that is set on an hill can-
21 not be hid.” Let us watch, work, and pray that this salt
lose not its saltiness, and that this light be not hid, but
radiate and glow into noontide glory.

The salt of
the earth

24 The infinite Truth of the Christ-cure has come to this
age through a “still, small voice,” through silent utter-
ances and divine anointing which quicken and increase
27 the beneficial effects of Christianity. I long to see the
consummation of my hope, namely, the student’s higher
attainments in this line of light.

30 Because Truth is infinite, error should be known as
nothing. Because Truth is omnipotent in goodness,
error, Truth’s opposite, has no might. Evil is but the

	counterpoise of nothingness. The greatest wrong is	1
	but a supposititious opposite of the highest right. The	
Real and counterfeit	confidence inspired by Science lies in the fact	3
	that Truth is real and error is unreal. Error	
	is a coward before Truth. Divine Science insists that	
	time will prove all this. Both truth and error have come	6
	nearer than ever before to the apprehension of mortals,	
	and truth will become still clearer as error is self-	
	destroyed.	9
	Against the fatal beliefs that error is as real as Truth,	
	that evil is equal in power to good if not superior, and that	
Results of faith in Truth	discord is as normal as harmony, even the hope	12
	of freedom from the bondage of sickness and	
	sin has little inspiration to nerve endeavor. When we	
	come to have more faith in the truth of being than we have	15
	in error, more faith in Spirit than in matter, more faith	
	in living than in dying, more faith in God than in man,	
	then no material suppositions can prevent us from healing	18
	the sick and destroying error.	
	That Life is not contingent on bodily conditions is	
	proved, when we learn that life and man survive this	21
Life independent of matter	body. Neither evil, disease, nor death can be	
	spiritual, and the material belief in them dis-	
	appears in the ratio of one's spiritual growth. Because	24
	matter has no consciousness or Ego, it cannot act; its	
	conditions are illusions, and these false conditions are the	
	source of all seeming sickness. Admit the existence of	27
	matter, and you admit that mortality (and therefore dis-	
	ease) has a foundation in fact. Deny the existence of	
	matter, and you can destroy the belief in material con-	30
	ditions. When fear disappears, the foundation of disease	
	is gone. Once let the mental physician believe in the	

1 reality of matter, and he is liable to admit also the reality
of all discordant conditions, and this hinders his de-
3 stroying them. Thus he is unfitted for the successful
treatment of disease.

In proportion as matter loses to human sense all en-
6 tity as man, in that proportion does man become its
master. He enters into a diviner sense of the
facts, and comprehends the theology of Jesus
9 as demonstrated in healing the sick, raising the dead,
and walking over the wave. All these deeds manifested
Jesus' control over the belief that matter is substance,
12 that it can be the arbiter of life or the constructor of any
form of existence.

Man's
entity

We never read that Luke or Paul made a reality of
15 disease in order to discover some means of healing it.
Jesus never asked if disease were acute or
chronic, and he never recommended atten-
18 tion to laws of health, never gave drugs, never prayed
to know if God were willing that a man should live. He
understood man, whose Life is God, to be immortal, and
21 knew that man has not two lives, one to be destroyed and
the other to be made indestructible.

The Christ
treatment

The prophylactic and therapeutic (that is, the prevent-
24 ive and curative) arts belong emphatically to Christian
Science, as would be readily seen, if psychology,
or the Science of Spirit, God, was understood.
27 Unscientific methods are finding their dead level. Lim-
ited to matter by their own law, what have they of the
advantages of Mind and immortality?

Matter not
medicine

30 No man is physically healed in wilful error or by it,
any more than he is morally saved in or by sin. It is
error even to murmur or to be angry over sin. To be

	every whit whole, man must be better spiritually as well	1
	as physically. To be immortal, we must forsake the	
No healing in sin	mortal sense of things, turn from the lie of false	3
	belief to Truth, and gather the facts of being	
	from the divine Mind. The body improves under the	
	same regimen which spiritualizes the thought; and if	6
	health is not made manifest under this regimen, this	
	proves that fear is governing the body. This is the law	
	of cause and effect, or like producing like.	9
	Homœopathy furnishes the evidence to the senses, that	
	symptoms, which might be produced by a certain drug,	
Like curing like	are removed by using the same drug which	12
	might cause the symptoms. This confirms	
	my theory that faith in the drug is the sole factor in the	
	cure. The effect, which mortal mind produces through	15
	one belief, it removes through an opposite belief, but it	
	uses the same medicine in both cases.	
	The moral and spiritual facts of health, whispered	18
	into thought, produce very direct and marked effects on	
	the body. A physical diagnosis of disease — since mor-	
	tal mind must be the cause of disease — tends to induce	21
	disease.	
	According to both medical testimony and individual	
	experience, a drug may eventually lose its supposed power	24
	and do no more for the patient. Hygienic	
Transient potency of drugs	treatment also loses its efficacy. Quackery	
	likewise fails at length to inspire the credulity	27
	of the sick, and then they cease to improve. These les-	
	sons are useful. They should naturally and genuinely	
	change our basis from sensation to Christian Science,	30
	from error to Truth, from matter to Spirit.	
	Physicians examine the pulse, tongue, lungs, to dis-	

1 cover the condition of matter, when in fact all is
 Mind. The body is the substratum of mortal mind,
 3 and this so-called mind must finally yield
 to the mandate of immortal Mind.

Diagnosis
of matter

Disquisitions on disease have a mental effect similar
 6 to that produced on children by telling ghost-stories in
 the dark. By those uninstructed in Christian
 Science, nothing is really understood of material
 9 existence. Mortals are believed to be here without their
 consent and to be removed as involuntarily, not knowing
 why nor when. As frightened children look everywhere
 12 for the imaginary ghost, so sick humanity sees danger in
 every direction, and looks for relief in all ways except the
 right one. Darkness induces fear. The adult, in bond-
 15 age to his beliefs, no more comprehends his real being
 than does the child; and the adult must be taken out of
 his darkness, before he can get rid of the illusive suffer-
 18 ings which throng the gloaming. The way in divine
 Science is the only way out of this condition.

Ghost-stories
inducing fear

I would not transform the infant at once into a
 21 man, nor would I keep the suckling a lifelong babe.
 No impossible thing do I ask when urging
 the claims of Christian Science; but because
 24 this teaching is in advance of the age, we
 should not deny our need of its spiritual unfoldment.
 Mankind will improve through Science and Christi-
 27 anity. The necessity for uplifting the race is father to
 the fact that Mind can do it; for Mind can impart
 purity instead of impurity, strength instead of weak-
 30 ness, and health instead of disease. Truth is an altera-
 tive in the entire system, and can make it "every whit
 whole."

Mind imparts
purity, health,
and beauty

Brain not intelligent	Remember, brain is not mind. Matter cannot be sick,	1
	and Mind is immortal. The mortal body is only an erro-	
	neous mortal belief of mind in matter. What	3
	you call matter was originally error in solu-	
	tion, elementary mortal mind, — likened by Milton to	
	“chaos and old night.” One theory about this mortal	6
	mind is, that its sensations can reproduce man, can form	
	blood, flesh, and bones. The Science of being, in which	
	all is divine Mind, or God and His idea, would be clearer	9
	in this age, but for the belief that matter is the medium	
	of man, or that man can enter his own embodied thought,	
	bind himself with his own beliefs, and then call his bonds	12
	material and name them divine law.	
Veritable success	When man demonstrates Christian Science absolutely,	
	he will be perfect. He can neither sin, suffer, be subject	15
	to matter, nor disobey the law of God. There-	
	fore he will be as the angels in heaven. Chris-	
	tian Science and Christianity are one. How, then, in	18
	Christianity any more than in Christian Science, can we	
	believe in the reality and power of both Truth and error,	
	Spirit and matter, and hope to succeed with contraries?	21
	Matter is not self-sustaining. Its false supports fail one	
	after another. Matter succeeds for a period only by	
	falsely parading in the vestments of law.	24
Recognition of benefits	“Whosoever shall deny me before men, him will I also	
	deny before my Father which is in heaven.” In Chris-	
	tian Science, a denial of Truth is fatal, while	27
	a just acknowledgment of Truth and of what	
	it has done for us is an effectual help. If pride, super-	
	stition, or any error prevents the honest recognition of	30
	benefits received, this will be a hindrance to the recovery	
	of the sick and the success of the student.	

1 If we are Christians on all moral questions, but are in
 darkness as to the physical exemption which Christian-
 3 ity includes, then we must have more faith
 in God on this subject and be more alive to
 His promises. It is easier to cure the most
 6 malignant disease than it is to cure sin. The author has
 raised up the dying, partly because they were willing to
 be restored, while she has struggled long, and perhaps in
 9 vain, to lift a student out of a chronic sin. Under all
 modes of pathological treatment, the sick recover more
 rapidly from disease than does the sinner from his sin.
 12 Healing is easier than teaching, if the teaching is faithfully
 done.

Disease far
 more docile
 than iniquity

15 The fear of disease and the love of sin are the sources
 of man's enslavement. "The fear of the Lord
 is the beginning of wisdom," but the Scriptures
 also declare, through the exalted thought of John, that
 18 "perfect Love casteth out fear."

Love frees
 from fear

21 The fear occasioned by ignorance can be cured; but
 to remove the effects of fear produced by sin, you must
 rise above both fear and sin. Disease is expressed not
 so much by the lips as in the functions of the body. Es-
 24 tablish the scientific sense of health, and you relieve the
 oppressed organ. The inflammation, decomposition, or
 deposit will abate, and the disabled organ will resume its
 healthy functions.

27 When the blood rushes madly through the veins or
 languidly creeps along its frozen channels, we call these
 conditions disease. This is a misconception.
 30 Mortal mind is producing the propulsion or the
 languor, and we prove this to be so when by mental means
 the circulation is changed, and returns to that standard

Mind
 circulates
 blood

which mortal mind has decided upon as essential for health. Anodynes, counter-irritants, and depletion never reduce inflammation scientifically, but the truth of being, whispered into the ear of mortal mind, will bring relief.

Mind can
destroy all ills

Hatred and its effects on the body are removed by Love. Because mortal mind seems to be conscious, the sick say: "How can my mind cause a disease I never thought of and knew nothing about, until it appeared on my body?" The author has answered this question in her explanation of disease as originating in human belief before it is consciously apparent on the body, which is in fact the objective state of mortal mind, though it is called matter. This mortal blindness and its sharp consequences show our need of divine metaphysics. Through immortal Mind, or Truth, we can destroy all ills which proceed from mortal mind.

Ignorance of the cause or approach of disease is no argument against the mental origin of disease. You confess to ignorance of the future and incapacity to preserve your own existence, and this belief helps rather than hinders disease. Such a state of mind induces sickness. It is like walking in darkness on the edge of a precipice. You cannot forget the belief of danger, and your steps are less firm because of your fear, and ignorance of mental cause and effect.

Temperature
is mental

Heat and cold are products of mortal mind. The body, when bereft of mortal mind, at first cools, and afterwards it is resolved into its primitive mortal elements. Nothing that lives ever dies, and *vice versa*. Mortal mind produces animal heat, and then expels it through the abandonment of a belief, or increases it to the point of self-destruction. Hence it is

1 mortal mind, not matter, which says, "I die." Heat
would pass from the body as painlessly as gas dissipates
3 into the air when it evaporates but for the belief that inflammation and pain must accompany the separation of heat from the body.

6 Chills and heat are often the form in which fever manifests itself. Change the mental state, and the chills and fever disappear. The old-school physician
9 proves this when his patient says, "I am better," but the patient believes that matter, not mind, has helped him. The Christian Scientist demonstrates
12 that divine Mind heals, while the hypnotist dispossesses the patient of his individuality in order to control him. No person is benefited by yielding his mentality to any
15 mental despotism or malpractice. All unscientific mental practice is erroneous and powerless, and should be understood and so rendered fruitless. The genuine Christian
18 Scientist is adding to his patient's mental and moral power, and is increasing his patient's spirituality while restoring him physically through divine Love.

Science
versus
hypnotism

21 Palsy is a belief that matter governs mortals, and can paralyze the body, making certain portions of
it motionless. Destroy the belief, show mortal
24 mind that muscles have no power to be lost, for Mind is supreme, and you cure the palsy.

Cure for
palsy

Consumptive patients always show great hopefulness and courage, even when they are supposed to be in
27 hopeless danger. This state of mind seems anomalous except to the expert in Christian
Science. This mental state is not understood, simply
30 because it is a stage of fear so excessive that it amounts to fortitude. The belief in consumption presents to mor-

Latent fear
diagnosed

tal thought a hopeless state, an image more terrifying than 1
 that of most other diseases. The patient turns involun-
 tarily from the contemplation of it, but though unacknowl- 3
 edged, the latent fear and the despair of recovery remain
 in thought.

Insidious
 concepts

Just so is it with the greatest sin. It is the most subtle, 6
 and does its work almost self-deceived. The diseases
 deemed dangerous sometimes come from the
 most hidden, undefined, and insidious beliefs. 9
 The pallid invalid, whom you declare to be wasting away
 with consumption of the blood, should be told that blood
 never gave life and can never take it away, — that Life is 12
 Spirit, and that there is more life and immortality in one
 good motive and act, than in all the blood which ever
 flowed through mortal veins and simulated a corporeal 15
 sense of life.

Remedy
 for fever

If the body is material, it cannot, for that very reason,
 suffer with a fever. Because the so-called material body 18
 is a mental concept and governed by mortal
 mind, it manifests only what that so-called
 mind expresses. Therefore the efficient remedy is to 21
 destroy the patient's false belief by both silently and au-
 dibly arguing the true facts in regard to harmonious
 being, — representing man as healthy instead of diseased, 24
 and showing that it is impossible for matter to suffer, to
 feel pain or heat, to be thirsty or sick. Destroy fear,
 and you end fever. Some people, mistaught as to Mind- 27
 science, inquire when it will be safe to check a fever.
 Know that in Science you cannot check a fever after ad-
 mitting that it must have its course. To fear and admit 30
 the power of disease, is to paralyze mental and scientific
 demonstration.

1 If your patient believes in taking cold, mentally con-
vince him that matter cannot take cold, and that thought
3 governs this liability. If grief causes suffering, convince
the sufferer that affliction is often the source of joy, and
that he should rejoice always in ever-present Love.

6 Invalids flee to tropical climates in order to save their
lives, but they come back no better than when they went
away. Then is the time to cure them through
9 Christian Science, and prove that they can
be healthy in all climates, when their fear of climate is
exterminated.

Climate
harmless

12 Through different states of mind, the body becomes
suddenly weak or abnormally strong, showing mortal
mind to be the producer of strength or weak-
15 ness. A sudden joy or grief has caused what
is termed instantaneous death. Because a belief origi-
nates unseen, the mental state should be continually
18 watched that it may not produce blindly its bad effects.
The author never knew a patient who did not recover
when the belief of the disease had gone. Remove the
21 leading error or governing fear of this lower so-called mind,
and you remove the cause of all disease as well as the mor-
bid or excited action of any organ. You also remove in
24 this way what are termed organic diseases as readily as
functional difficulties.

Mind
governs
body

27 The cause of all so-called disease is mental, a mortal
fear, a mistaken belief or conviction of the necessity and
power of ill-health; also a fear that Mind is helpless to
defend the life of man and incompetent to control it. With-
30 out this ignorant human belief, any circumstance is of it-
self powerless to produce suffering. It is latent belief in
disease, as well as the fear of disease, which associates sick-

ness with certain circumstances and causes the two to 1
 appear conjoined, even as poetry and music are repro-
 duced in union by human memory. Disease has no in- 3
 telligence. Unwittingly you sentence yourself to suffer.
 The understanding of this will enable you to commute this
 self-sentence, and meet every circumstance with truth. 6
 Disease is less than mind, and Mind can control it.

Latent
power

Without the so-called human mind, there can be no
 inflammatory nor torpid action of the system. Remove 9
 the error, and you destroy its effects. By
 looking a tiger fearlessly in the eye, Sir Charles
 Napier sent it cowering back into the jungle. An ani- 12
 mal may infuriate another by looking it in the eye, and
 both will fight for nothing. A man's gaze, fastened
 fearlessly on a ferocious beast, often causes the beast to 15
 retreat in terror. This latter occurrence represents the
 power of Truth over error, — the might of intelligence
 exercised over mortal beliefs to destroy them; whereas 18
 hypnotism and hygienic drilling and drugging, adopted
 to cure matter, is represented by two material erroneous
 bases. 21

Disease
powerless

Disease is not an intelligence to dispute the empire of
 Mind or to dethrone Mind and take the government into 24
 its own hands. Sickness is not a God-given,
 nor a self-constituted material power, which
 copes astutely with Mind and finally conquers it. God
 never endowed matter with power to disable Life or to 27
 chill harmony with a long and cold night of discord.
 Such a power, without the divine permission, is incon-
 ceivable; and if such a power could be divinely directed, 30
 it would manifest less wisdom than we usually find dis-
 played in human governments.

1 If disease can attack and control the body without
the consent of mortals, sin can do the same, for both
3 are errors, announced as partners in the be-
ginning. The Christian Scientist finds only
effects, where the ordinary physician looks for causes.
6 The real jurisdiction of the world is in Mind, controlling
every effect and recognizing all causation as vested in
divine Mind.

Jurisdiction
of Mind

9 A felon, on whom certain English students experi-
mented, fancied himself bleeding to death, and died be-
cause of that belief, when only a stream of
12 warm water was trickling over his arm. Had
he known his sense of bleeding was an illusion, he would
have risen above the false belief. Let the despairing in-
15 valid, inspecting the hue of her blood on a cambric hand-
kerchief, think of the experiment of those Oxford boys,
who caused the death of a man, when not a drop of his
18 blood was shed. Then let her learn the opposite state-
ment of Life as taught in Christian Science, and she will
understand that she is not dying on account of the state of
21 her blood, but is suffering from her belief that blood is
destroying her life. The so-called vital current does not
affect the invalid's health, but her belief produces the
24 very results she dreads.

Power of
imagination

Fevers are errors of various types. The quickened
pulse, coated tongue, febrile heat, dry skin, pain in the
27 head and limbs, are pictures drawn on the
body by a mortal mind. The images, held in
this disturbed mind, frighten conscious thought. Unless
30 the fever-picture, drawn by millions of mortals and im-
aged on the body through the belief that mind is in matter
and discord is as real as harmony, is destroyed through

Fevers the
effect of fear

Science, it may rest at length on some receptive thought, 1
 and become a fever case, which ends in a belief called
 death, which belief must be finally conquered by eternal 3
 Life. Truth is always the victor. Sickness and sin fall
 by their own weight. Truth is the rock of ages, the head-
 stone of the corner, "but on whomsoever it shall fall, it 6
 will grind him to powder."

**Misdirected
contention**

Contending for the evidence or indulging the demands
 of sin, disease, or death, we virtually contend against 9
 the control of Mind over body, and deny the
 power of Mind to heal. This false method
 is as though the defendant should argue for the plaintiff 12
 in favor of a decision which the defendant knows will
 be turned against himself.

**Benefits of
metaphysics**

The physical effects of fear illustrate its illusion. Gaz- 15
 ing at a chained lion, crouched for a spring, should not
 terrify a man. The body is affected only with
 the belief of disease produced by a so-called 18
 mind ignorant of the truth which chains disease. Noth-
 ing but the power of Truth can prevent the fear of
 error, and prove man's dominion over error. 21

**A higher
discovery**

Many years ago the author made a spiritual discov-
 ery, the scientific evidence of which has accumulated to
 prove that the divine Mind produces in man 24
 health, harmony, and immortality. Gradu-
 ally this evidence will gather momentum and clearness,
 until it reaches its culmination of scientific statement and 27
 proof. Nothing is more disheartening than to believe
 that there is a power opposite to God, or good, and that
 God endows this opposing power with strength to be used 30
 against Himself, against Life, health, harmony.

Every law of matter or the body, supposed to govern

1 man, is rendered null and void by the law of Life, God.
Ignorant of our God-given rights, we submit to unjust
3 decrees, and the bias of education enforces
this slavery. Be no more willing to suffer the
illusion that you are sick or that some disease is develop-
6 ing in the system, than you are to yield to a sinful tempta-
tion on the ground that sin has its necessities.

Ignorance
of our rights

When infringing some supposed law, you say that
9 there is danger. This fear is the danger and induces the
physical effects. We cannot in reality suffer
from breaking anything except a moral or
12 spiritual law. The so-called laws of mortal belief are
destroyed by the understanding that Soul is immortal,
and that mortal mind cannot legislate the times, periods,
15 and types of disease, with which mortals die. God is the
lawmaker, but He is not the author of barbarous codes.
In infinite Life and Love there is no sickness, sin, nor
18 death, and the Scriptures declare that we live, move, and
have our being in the infinite God.

No laws
of matter

Think less of the enactments of mortal mind, and you
21 will sooner grasp man's God-given dominion. You must
understand your way out of human theories
relating to health, or you will never believe
24 that you are quite free from some ailment. The har-
mony and immortality of man will never be reached
without the understanding that Mind is not in matter.
27 Let us banish sickness as an outlaw, and abide by the
rule of perpetual harmony, — God's law. It is man's
moral right to annul an unjust sentence, a sentence never
30 inflicted by divine authority.

God-given
dominion

Christ Jesus overruled the error which would impose
penalties for transgressions of the physical laws of

Begin rightly	health; he annulled supposed laws of matter, opposed	1
	to the harmonies of Spirit, lacking divine au- thority and having only human approval for their sanction.	3
Hygiene excessive	If half the attention given to hygiene were given to the study of Christian Science and to the spiritualization of thought, this alone would usher in the millen- nium. Constant bathing and rubbing to alter	6
	the secretions or to remove unhealthy exhalations from the cuticle receive a useful rebuke from Jesus' precept, "Take no thought . . . for the body." We must beware of making clean merely the outside of the platter.	9 12
	He, who is ignorant of what is termed hygienic law, is more receptive of spiritual power and of faith in one God, than is the devotee of supposed hygienic law, who comes to teach the so-called igno- rant one. Must we not then consider the so-called law of matter a canon "more honored in the breach than the observance"? A patient thoroughly booked in medi- cal theories is more difficult to heal through Mind than one who is not. This verifies the saying of our Master: "Whosoever shall not receive the kingdom of God as a little child, shall in no wise enter therein."	15 18 21
Blissful ignorance	One whom I rescued from seeming spiritual oblivion, in which the senses had engulfed him, wrote to me: "I should have died, but for the glorious Principle you teach, — supporting the power of Mind over the body and show- ing me the nothingness of the so-called pleasures and pains of sense. The treatises I had read and the medicines I had taken only abandoned me to more hopeless suffering and despair. Adherence to hygiene was useless. Mortal mind needed to be set right. The ailment was not bodily,	24 27 30

1 but mental, and I was cured when I learned my way in
Christian Science."

3 We need a clean body and a clean mind, — a body
rendered pure by Mind as well as washed by water.

One says: "I take good care of my body."

A clean mind
and body

6 To do this, the pure and exalting influence of
the divine Mind on the body is requisite, and the Christian
Scientist takes the best care of his body when he leaves
9 it most out of his thought, and, like the Apostle Paul, is
"willing rather to be absent from the body, and to be pres-
ent with the Lord."

12 A hint may be taken from the emigrant, whose filth
does not affect his happiness, because mind and body
rest on the same basis. To the mind equally gross, dirt
15 gives no uneasiness. It is the native element of such a
mind, which is symbolized, and not chafed, by its sur-
roundings; but impurity and uncleanness, which do
18 not trouble the gross, could not be borne by the refined.
This shows that the mind must be clean to keep the body
in proper condition.

21 The tobacco-user, eating or smoking poison for half a
century, sometimes tells you that the weed preserves
his health, but does this make it so? Does his
24 assertion prove the use of tobacco to be a salu-
brious habit, and man to be the better for it? Such in-
stances only prove the illusive physical effect of a false
27 belief, confirming the Scriptural conclusion concerning a
man, "As he thinketh in his heart, so is he."

Beliefs
illusive

30 The movement-cure — pinching and pounding the poor
body, to make it sensibly well when it ought to be in-
sensibly so — is another medical mistake, resulting from
the common notion that health depends on inert matter

instead of on Mind. Can matter, or what is termed
matter, either feel or act without mind? 1

Corporeal
penalties

We should relieve our minds from the depressing thought
that we have transgressed a material law and must of
necessity pay the penalty. Let us reassure
ourselves with the law of Love. God never
punishes man for doing right, for honest labor, or for
deeds of kindness, though they expose him to fatigue,
cold, heat, contagion. If man seems to incur the penalty
through matter, this is but a belief of mortal mind, not
an enactment of wisdom, and man has only to enter his
protest against this belief in order to annul it. Through
this action of thought and its results upon the body, the
student will prove to himself, by small beginnings, the
grand verities of Christian Science. 15

Not matter,
but Mind

If exposure to a draught of air while in a state of
perspiration is followed by chills, dry cough, influenza,
congestive symptoms in the lungs, or hints of
inflammatory rheumatism, your Mind-remedy
is safe and sure. If you are a Christian Scientist, such
symptoms are not apt to follow exposure; but if you
believe in laws of matter and their fatal effects when
transgressed, you are not fit to conduct your own case or
to destroy the bad effects of your belief. When the fear
subsides and the conviction abides that you have broken
no law, neither rheumatism, consumption, nor any other
disease will ever result from exposure to the weather. In
Science this is an established fact which all the evidence
before the senses can never overrule. 27

Sickness, sin, and death must at length quail before
the divine rights of intelligence, and then the power
of Mind over the entire functions and organs of the 30

1 human system will be acknowledged. It is proverbial
that Florence Nightingale and other philanthropists en-
3 gaged in humane labors have been able to
undergo without sinking fatigues and expo-
sures which ordinary people could not endure. The ex-
6 planation lies in the support which they derived from
the divine law, rising above the human. The spiritual
demand, quelling the material, supplies energy and en-
9 durance surpassing all other aids, and forestalls the
penalty which our beliefs would attach to our best
deeds. Let us remember that the eternal law of right,
12 though it can never annul the law which makes sin its
own executioner, exempts man from all penalties but
those due for wrong-doing.

Benefit of
philanthropy

15 Constant toil, deprivations, exposures, and all untow-
ard conditions, *if without sin*, can be experienced with-
out suffering. Whatever it is your duty to do,
18 you can do without harm to yourself. If you
sprain the muscles or wound the flesh, your
remedy is at hand. Mind decides whether or not the
21 flesh shall be discolored, painful, swollen, and inflamed.

Honest toil
has no
penalty

You say that you have not slept well or have overeaten.
You are a law unto yourself. Saying this and believing
24 it, you will suffer in proportion to your belief
and fear. Your sufferings are not the penalty
for having broken a law of matter, for it is a law of mortal
27 mind which you have disobeyed. You say or think, be-
cause you have partaken of salt fish, that you must be
thirsty, and you are thirsty accordingly, while the oppo-
site belief would produce the opposite result.
30

Our sleep
and food

Any supposed information, coming from the body or
from inert matter as if either were intelligent, is an illu-

	sion of mortal mind, — one of its dreams. Realize that	1
Doubtful evidence	the evidence of the senses is not to be accepted	
	in the case of sickness, any more than it is in	3
	the case of sin.	
	Expose the body to certain temperatures, and belief	
	says that you may catch cold and have catarrh; but no	6
Climate and belief	such result occurs without mind to demand	
	it and produce it. So long as mortals declare	
	that certain states of the atmosphere produce catarrh,	9
	fever, rheumatism, or consumption, those effects will	
	follow, — not because of the climate, but on account of	
	the belief. The author has in too many instances healed	12
	disease through the action of Truth on the minds of mor-	
	tals, and the corresponding effects of Truth on the body,	
	not to know that this is so.	15
	A blundering despatch, mistakenly announcing the	
	death of a friend, occasions the same grief that the friend's	
Erroneous despatch	real death would bring. You think that your	18
	anguish is occasioned by your loss. Another	
	despatch, correcting the mistake, heals your grief, and	
	you learn that your suffering was merely the result of	21
	your belief. Thus it is with all sorrow, sickness, and	
	death. You will learn at length that there is no cause	
	for grief, and divine wisdom will then be understood.	24
	Error, not Truth, produces all the suffering on earth.	
	If a Christian Scientist had said, while you were labor-	
	ing under the influence of the belief of grief, "Your sor-	27
Mourning causeless	row is without cause," you would not have	
	understood him, although the correctness of	
	the assertion might afterwards be proved to you. So,	30
	when our friends pass from our sight and we lament,	
	that lamentation is needless and causeless. We shall	

1 perceive this to be true when we grow into the understanding of Life, and know that there is no death.

3 Because mortal mind is kept active, must it pay the penalty in a softened brain? Who dares to say that actual
6 our limits of mental endurance, we conclude
that intellectual labor has been carried sufficiently far;
but when we realize that immortal Mind is ever active,
9 and that spiritual energies can neither wear out nor can so-called material law trespass upon God-given powers and resources, we are able to rest in Truth, refreshed by
12 the assurances of immortality, opposed to mortality.

Mind heals
brain-disease

Our thinkers do not die early because they faithfully perform the natural functions of being. If printers and
15 authors have the shortest span of earthly existence, it is not because they occupy the most important posts and perform the most vital functions in society. That man does not pay the severest penalty
18 who does the most good. By adhering to the realities of eternal existence, — instead of reading disquisitions on the inconsistent supposition that death comes in obedience
21 to the law of life, and that God punishes man for doing good, — one cannot suffer as the result of any labor of love, but grows stronger because of it. It is a law of so-called mortal mind, misnamed matter, which causes all things discordant.

Right never
punishable

27 The history of Christianity furnishes sublime proofs of the supporting influence and protecting power bestowed on man by his heavenly Father, omnipotent
30 Mind, who gives man faith and understanding whereby to defend himself, not only from temptation, but from bodily suffering.

Christian
history

The Christian martyrs were prophets of Christian Science. Through the uplifting and consecrating power of divine Truth, they obtained a victory over the corporeal senses, a victory which Science alone can explain. Stolidity, which is a resisting state of mortal mind, suffers less, only because it knows less of material law.

The Apostle John testified to the divine basis of Christian Science, when dire inflictions failed to destroy his body. Idolaters, believing in more than one mind, had "gods many," and thought that they could kill the body with matter, independently of mind.

Admit the common hypothesis that food is the nutriment of life, and there follows the necessity for another admission in the opposite direction, — that food has power to destroy Life, God, through a deficiency or an excess, a quality or a quantity. This is a specimen of the ambiguous nature of all material health-theories. They are self-contradictory and self-destructive, constituting a "kingdom divided against itself," which is "brought to desolation." If food was prepared by Jesus for his disciples, it cannot destroy life.

The fact is, food does not affect the absolute Life of man, and this becomes self-evident, when we learn that God is our Life. Because sin and sickness are not qualities of Soul, or Life, we have hope in immortality; but it would be foolish to venture beyond our present understanding, foolish to stop eating until we gain perfection and a clear comprehension of the living Spirit. In that perfect day of understanding, we shall neither eat to live nor live to eat.

If mortals think that food disturbs the harmonious functions of mind and body, either the food or this thought

1 must be dispensed with, for the penalty is coupled with
the belief. Which shall it be? If this decision be left
3 to Christian Science, it will be given in behalf
of the control of Mind over this belief and every
erroneous belief, or material condition. The less we
6 know or think about hygiene, the less we are predisposed
to sickness. Recollect that it is not the nerves, not mat-
ter, but mortal mind, which reports food as undigested.
9 Matter does not inform you of bodily derangements; it
is supposed to do so. This pseudo-mental testimony can
be destroyed only by the better results of Mind's oppo-
12 site evidence.

Diet and
digestion

Our dietetic theories first admit that food sustains the
life of man, and then discuss the certainty that food can
15 kill man. This false reasoning is rebuked in
Scripture by the metaphors about the fount
and stream, the tree and its fruit, and the kingdom di-
18 vided against itself. If God has, as prevalent theories
maintain, instituted laws that food shall support human
life, He cannot annul these regulations by an opposite
21 law that food shall be inimical to existence.

Scripture
rebukes

Materialists contradict their own statements. Their
belief in material laws and in penalties for their infrac-
24 tion is the ancient error that there is fraternity
between pain and pleasure, good and evil, God
and Satan. This belief totters to its falling before the
27 battle-axe of Science.

Ancient
confusion

A case of convulsions, produced by indigestion, came
under my observation. In her belief the woman had
30 chronic liver-complaint, and was then suffering from a
complication of symptoms connected with this belief. I
cured her in a few minutes. One instant she spoke de-

spairingly of herself. The next minute she said, "My food is all digested, and I should like something more to eat." 1 3

Ultimate
harmony

We cannot deny that Life is self-sustained, and we should never deny the everlasting harmony of Soul, simply because, to the mortal senses, there is seeming discord. It is our ignorance of God, the divine Principle, which produces apparent discord, and the right understanding of Him restores harmony. Truth will at length compel us all to exchange the pleasures and pains of sense for the joys of Soul. 6 9

Unnecessary
prostration

When the first symptoms of disease appear, dispute the testimony of the material senses with divine Science. Let your higher sense of justice destroy the false process of mortal opinions which you name law, and then you will not be confined to a sick-room nor laid upon a bed of suffering in payment of the last farthing, the last penalty demanded by error. "Agree with thine adversary quickly, whiles thou art in the way with him." Suffer no claim of sin or of sickness to grow upon the thought. Dismiss it with an abiding conviction that it is illegitimate, because you know that God is no more the author of sickness than He is of sin. You have no law of His to support the necessity either of sin or sickness, but you have divine authority for denying that necessity and healing the sick. 12 15 18 21 24

Treatment
of disease

"Agree to disagree" with approaching symptoms of chronic or acute disease, whether it is cancer, consumption, or smallpox. Meet the incipient stages of disease with as powerful mental opposition as a legislator would employ to defeat the passage of an inhuman law. Rise in the conscious strength of the 27 30

1 spirit of Truth to overthrow the plea of mortal mind,
alias matter, arrayed against the supremacy of Spirit.
 3 Blot out the images of mortal thought and its beliefs in
 sickness and sin. Then, when thou art delivered to the
 judgment of Truth, Christ, the judge will say, "Thou
 6 art whole!"

Instead of blind and calm submission to the incipient
 or advanced stages of disease, rise in rebellion against
 9 them. Banish the belief that you can possi-
 bly entertain a single intruding pain which can-
 not be ruled out by the might of Mind, and in this way
 12 you can prevent the development of pain in the body.
 No law of God hinders this result. It is error to suffer
 for aught but your own sins. Christ, or Truth, will de-
 15 stroy all other supposed suffering, and real suffering for
 your own sins will cease in proportion as the sin ceases.

Righteous
rebellion

Justice is the moral signification of law. Injustice de-
 18 clares the absence of law. When the body is supposed
 to say, "I am sick," never plead guilty. Since
 matter cannot talk, it must be mortal mind
 21 which speaks; therefore meet the intimation with a pro-
 test. If you say, "I am sick," you plead guilty. Then
 your adversary will deliver you to the judge (mortal
 24 mind), and the judge will sentence you. Disease has
 no intelligence to declare itself something and announce
 its name. Mortal mind alone sentences itself. Therefore
 27 make your own terms with sickness, and be just to yourself
 and to others.

Contradict
error

Mentally contradict every complaint from the body,
 30 and rise to the true consciousness of Life as
 Love, — as all that is pure, and bearing the
 fruits of Spirit. Fear is the fountain of sickness,

Sin to be
overcome

and you master fear and sin through divine Mind; hence 1
 it is through divine Mind that you overcome disease.
 Only while fear or sin remains can it bring forth death. 3
 To cure a bodily ailment, every broken moral law should
 be taken into account and the error be rebuked. Fear,
 which is an element of all disease, must be cast out to 6
 readjust the balance for God. Casting out evil and fear
 enables truth to outweigh error. The only course is to
 take antagonistic grounds against all that is opposed to 9
 the health, holiness, and harmony of man, God's image.

Illusions
about nerves

The physical affirmation of disease should always be 12
 met with the mental negation. Whatever benefit is pro-
 duced on the body, must be expressed men-
 tally, and thought should be held fast to this
 ideal. If you believe in inflamed and weak nerves, you 15
 are liable to an attack from that source. You will call it
 neuralgia, but we call it a belief. If you think that con-
 sumption is hereditary in your family, you are liable to 18
 the development of that thought in the form of what is
 termed pulmonary disease, unless Science shows you
 otherwise. If you decide that climate or atmosphere is 21
 unhealthy, it will be so to you. Your decisions will mas-
 ter you, whichever direction they take.

Guarding
the door

Reverse the case. Stand porter at the door of thought. 24
 Admitting only such conclusions as you wish realized in
 bodily results, you will control yourself har-
 moniously. When the condition is present 27
 which you say induces disease, whether it be air, exercise,
 heredity, contagion, or accident, then perform your office
 as porter and shut out these unhealthy thoughts and fears. 30
 Exclude from mortal mind the offending errors; then the
 body cannot suffer from them. The issues of pain or

1 pleasure must come through mind, and like a watchman
forsaking his post, we admit the intruding belief, forget-
3 ting that through divine help we can forbid this entrance.

The body seems to be self-acting, only because mortal
mind is ignorant of itself, of its own actions, and of their
6 results, — ignorant that the predisposing, re-
mote, and exciting cause of all bad effects is a
law of so-called mortal mind, not of matter. Mind is the
9 master of the corporeal senses, and can conquer sickness,
sin, and death. Exercise this God-given authority. Take
possession of your body, and govern its feeling and action.
12 Rise in the strength of Spirit to resist all that is unlike
good. God has made man capable of this, and nothing
can vitiate the ability and power divinely bestowed on
15 man.

The strength
of Spirit

Be firm in your understanding that the divine Mind
governs, and that in Science man reflects God's govern-
18 ment. Have no fear that matter can ache,
swell, and be inflamed as the result of a law
of any kind, when it is self-evident that matter can have
21 no pain nor inflammation. Your body would suffer no
more from tension or wounds than the trunk of a tree
which you gash or the electric wire which you stretch,
24 were it not for mortal mind.

No pain
in matter

When Jesus declares that "the light of the body is the
eye," he certainly means that light depends upon Mind,
27 not upon the complex humors, lenses, muscles, the iris
and pupil, constituting the visual organism.

Man is never sick, for Mind is not sick and matter
30 cannot be. A false belief is both the tempter
and the tempted, the sin and the sinner, the
disease and its cause. It is well to be calm in sickness;

No real
disease

to be hopeful is still better; but to understand that sickness is not real and that Truth can destroy its seeming reality, is best of all, for this understanding is the universal and perfect remedy. 1 3

Recuperation
mental

By conceding power to discord, a large majority of doctors depress mental energy, which is the only real recuperative power. Knowledge that we can accomplish the good we hope for, stimulates the system to act in the direction which Mind points out. The admission that any bodily condition is beyond the control of Mind disarms man, prevents him from helping himself, and enthrones matter through error. To those struggling with sickness, such admissions are discouraging, — as much so as would be the advice to a man who is down in the world, that he should not try to rise above his difficulties. 6 9 12 15

Experience has proved to the author the fallacy of material systems in general, — that their theories are sometimes pernicious, and that their denials are better than their affirmations. Will you bid a man let evils overcome him, assuring him that all misfortunes are from God, against whom mortals should not contend? Will you tell the sick that their condition is hopeless, unless it can be aided by a drug or climate? Are material means the only refuge from fatal chances? Is there no divine permission to conquer discord of every kind with harmony, with Truth and Love? 18 21 24 27

Arguing
wrongly

We should remember that Life is God, and that God is omnipotent. Not understanding Christian Science, the sick usually have little faith in it till they feel its beneficent influence. This shows that faith is not the healer in such cases. The sick 30

1 unconsciously argue for suffering, instead of against it.
They admit its reality, whereas they should deny it.
3 They should plead in opposition to the testimony of the
deceitful senses, and maintain man's immortality and
eternal likeness to God.

6 Like the great Exemplar, the healer should speak to
disease as one having authority over it, leaving Soul to
master the false evidences of the corporeal
9 senses and to assert its claims over mortal-
ity and disease. The same Principle cures both sin and
sickness. When divine Science overcomes faith in a car-
12 nal mind, and faith in God destroys all faith in sin and in
material methods of healing, then sin, disease, and death
will disappear.

Divine
authority

15 Prayers, in which God is not asked to heal but is be-
sought to take the patient to Himself, do not benefit the
sick. An ill-tempered, complaining, or deceit-
18 ful person should not be a nurse. The nurse
should be cheerful, orderly, punctual, patient, full of
faith, — receptive to Truth and Love.

Aids in
sickness

21 It is mental quackery to make disease a reality — to
hold it as something seen and felt — and then to attempt
its cure through Mind. It is no less erroneous
24 to believe in the real existence of a tumor, a
cancer, or decayed lungs, while you argue against their
reality, than it is for your patient to feel these ills in
27 physical belief. Mental practice, which holds disease
as a reality, fastens disease on the patient, and it may
appear in a more alarming form.

Mental
quackery

30 The knowledge that brain-lobes cannot kill a man nor
affect the functions of mind would prevent the brain from
becoming diseased, though a moral offence is indeed the

	worst of diseases. One should never hold in mind	1
Effacing images of disease	the thought of disease, but should efface from	
	thought all forms and types of disease, both for	3
	one's own sake and for that of the patient.	
Avoid talking disease	Avoid talking illness to the patient. Make no unnecessary inquiries relative to feelings or disease. Never	6
	startle with a discouraging remark about recovery, nor draw attention to certain symptoms as unfavorable, avoid speaking aloud the name of	9
	the disease. Never say beforehand how much you have to contend with in a case, nor encourage in the patient's	
	thought the expectation of growing worse before a crisis is passed.	12
False testimony refuted	The refutation of the testimony of material sense is not a difficult task in view of the conceded falsity of this	15
	testimony. The refutation becomes arduous, not because the testimony of sin or disease is	
	true, but solely on account of the tenacity of belief in its truth, due to the force of education and the overwhelming	18
	weight of opinions on the wrong side, — all teaching that the body suffers, as if matter could have sensation.	21
Healthful explanation	At the right time explain to the sick the power which their beliefs exercise over their bodies. Give them divine	
	and wholesome understanding, with which to combat their erroneous sense, and so efface the	24
	images of sickness from mortal mind. Keep distinctly in thought that man is the offspring of God, not of man;	27
	that man is spiritual, not material; that Soul is Spirit, outside of matter, never in it, never giving the body life and sensation. It breaks the dream of disease to understand that sickness is formed by the human mind, not by	30
	matter nor by the divine Mind.	

1 By not perceiving vital metaphysical points, not seeing
how mortal mind affects the body, — acting beneficially
3 or injuriously on the health, as well as on the
morals and the happiness of mortals, — we are
misled in our conclusions and methods. We throw the
6 mental influence on the wrong side, thereby actually in-
juring those whom we mean to bless.

Misleading
methods

Suffering is no less a mental condition than is enjoy-
9 ment. You cause bodily sufferings and increase them
by admitting their reality and continuance,
as directly as you enhance your joys by be-
12 lieving them to be real and continuous. When an ac-
cident happens, you think or exclaim, "I am hurt!"
Your thought is more powerful than your words, more
15 powerful than the accident itself, to make the injury
real.

Remedy for
accidents

Now reverse the process. Declare that you are not hurt
18 and understand the reason why, and you will find the
ensuing good effects to be in exact proportion to your
disbelief in physics, and your fidelity to divine meta-
21 physics, confidence in God as All, which the Scriptures
declare Him to be.

To heal the sick, one must be familiar with the great
24 verities of being. Mortals are no more material in their
waking hours than when they act, walk, see,
hear, enjoy, or suffer in dreams. We can
27 never treat mortal mind and matter separately, because
they combine as one. Give up the belief that mind
is, even temporarily, compressed within the skull, and
30 you will quickly become more manly or womanly. You
will understand yourself and your Maker better than
before.

Independent
mentality

Sometimes Jesus called a disease by name, as when he
 said to the epileptic boy, "Thou dumb and deaf spirit, I
 charge thee, come out of him, and enter no
 more into him." It is added that "the spirit
 [error] cried, and rent him sore and came out of him, and
 he was as one dead," — clear evidence that the malady
 was not material. These instances show the concessions
 which Jesus was willing to make to the popular ignorance
 of spiritual Life-laws. Often he gave no name to the
 distemper he cured. To the synagogue ruler's daughter,
 whom they called dead but of whom he said, "she is not
 dead, but sleepeth," he simply said, "Damsel, I say unto
 thee, arise!" To the sufferer with the withered hand
 he said, "Stretch forth thine hand," and it "was restored
 whole, like as the other."

Homœopathic remedies, sometimes not containing a
 particle of medicine, are known to relieve the symptoms
 of disease. What produces the change? It is
 the faith of the doctor and the patient, which
 reduces self-inflicted sufferings and produces a new effect
 upon the body. In like manner destroy the illusion of
 pleasure in intoxication, and the desire for strong drink
 is gone. Appetite and disease reside in mortal mind, not
 in matter.

So also faith, cooperating with a belief in the healing
 effects of time and medication, will soothe fear and change
 the belief of disease to a belief of health. Even a blind
 faith removes bodily ailments for a season, but hypnotism
 changes such ills into new and more difficult forms of dis-
 ease. The Science of Mind must come to the rescue,
 to work a radical cure. Then we understand the process.
 The great fact remains that evil is not mind. Evil has

1 no power, no intelligence, for God is good, and therefore
good is infinite, is All.

3 You say that certain material combinations produce
disease; but if the material body causes disease, can
matter cure what matter has caused? Mortal
6 mind prescribes the drug, and administers it.
Mortal mind plans the exercise, and puts the body through
certain motions. No gastric gas accumulates, not a se-
9 cretion nor combination can operate, apart from the
action of mortal thought, *alias* mortal mind.

Corporeal
combinations

So-called mortal mind sends its despatches over its
12 body, but this so-called mind is both the service and
message of this telegraphy. Nerves are un-
able to talk, and matter can return no an-
15 swer to immortal Mind. If Mind is the only actor, how
can mechanism be automatic? Mortal mind perpetuates
its own thought. It constructs a machine, manages it,
18 and then calls it material. A mill at work or the action
of a water-wheel is but a derivative from, and continua-
tion of, the primitive mortal mind. Without this force
21 the body is devoid of action, and this deadness shows
that so-called mortal life is mortal mind, not matter.

Automatic
mechanism

Scientifically speaking, there is no mortal mind out of
24 which to make material beliefs, springing from illusion.
This misnamed mind is not an entity. It is
only a false sense of matter, since matter is not
27 sensible. The one Mind, God, contains no mortal opin-
ions. All that is real is included in this immortal Mind.

Mental
strength

Our Master asked: "How can one enter into a strong
30 man's house and spoil his goods, except he first
bind the strong man?" In other words: How
can I heal the body, without beginning with so-called

Confirmation
in a parable

mortal mind, which directly controls the body? When 1
disease is once destroyed in this so-called mind, the fear
of disease is gone, and therefore the disease is thor- 3
oughly cured. Mortal mind is “the strong man,” which
must be held in subjection before its influence upon health
and morals can be removed. This error conquered, we 6
can despoil “the strong man” of his goods, — namely, of
sin and disease.

Eradicate
error from
thought

Mortals obtain the harmony of health, only as they 9
forsake discord, acknowledge the supremacy of divine
Mind, and abandon their material beliefs.
Eradicate the image of disease from the per- 12
turbed thought before it has taken tangible
shape in conscious thought, *alias* the body, and you pre-
vent the development of disease. This task becomes easy, 15
if you understand that every disease is an error, and has
no character nor type, except what mortal mind assigns to
it. By lifting thought above error, or disease, and con- 18
tending persistently for truth, you destroy error.

Mortal mind
controlled

When we remove disease by addressing the disturbed 21
mind, giving no heed to the body, we prove that thought
alone creates the suffering. Mortal mind
rules all that is mortal. We see in the body
the images of this mind, even as in optics we see painted 24
on the retina the image which becomes visible to the
senses. The action of so-called mortal mind must be
destroyed by the divine Mind to bring out the harmony 27
of being. Without divine control there is discord, mani-
fest as sin, sickness, and death.

The Scriptures plainly declare the baneful influence of 30
sinful thought on the body. Even our Master felt this.
It is recorded that in certain localities he did not many

1 mighty works “because of their unbelief” in Truth. Any
human error is its own enemy, and works against itself;
3 it does nothing in the right direction and much
in the wrong. If so-called mind is cherishing
evil passions and malicious purposes, it is not a healer,
6 but it engenders disease and death.

Mortal mind
not a healer

 If faith in the truth of being, which you impart mentally while destroying error, causes chemicalization (as
9 when an alkali is destroying an acid), it is because the truth of being must transform the
error to the end of producing a higher manifestation.
12 This fermentation should not aggravate the disease, but
should be as painless to man as to a fluid, since matter
has no sensation and mortal mind only feels and sees
15 materially.

Effect of
opposites

 What I term *chemicalization* is the upheaval produced
when immortal Truth is destroying erroneous mortal belief. Mental chemicalization brings sin and sickness to
18 the surface, forcing impurities to pass away, as is the case
with a fermenting fluid.

21 The only effect produced by medicine is dependent upon
mental action. If the mind were parted from the body,
could you produce any effect upon the brain
24 or body by applying the drug to either? Would
the drug remove paralysis, affect organization, or restore
will and action to cerebrum and cerebellum?

Medicine
and brain

27 Until the advancing age admits the efficacy and supremacy of Mind, it is better for Christian Scientists to leave
surgery and the adjustment of broken bones
30 and dislocations to the fingers of a surgeon,
while the mental healer confines himself chiefly to mental
reconstruction and to the prevention of inflammation.

Skilful
surgery

Christian Science is always the most skilful surgeon, but 1
 surgery is the branch of its healing which will be last
 acknowledged. However, it is but just to say that the 3
 author has already in her possession well-authenticated
 records of the cure, by herself and her students through
 mental surgery alone, of broken bones, dislocated joints, 6
 and spinal vertebræ.

Indestructible
 life of man

The time approaches when mortal mind will forsake 9
 its corporeal, structural, and material basis, when im-
 mortal Mind and its formations will be appre-
 hended in Science, and material beliefs will
 not interfere with spiritual facts. Man is indestructible 12
 and eternal. Sometime it will be learned that mortal
 mind constructs the mortal body with this mind's own
 mortal materials. In Science, no breakage nor dislocation 15
 can really occur. You say that accidents, injuries, and
 disease kill man, but this is not true. The life of man is
 Mind. The material body manifests only what mortal 18
 mind believes, whether it be a broken bone, disease, or sin.

The evil of
 mesmerism

We say that one human mind can influence another and 21
 in this way affect the body, but we rarely remember that
 we govern our own bodies. The error, mes-
 merism — or hypnotism, to use the recent term 24
 — illustrates the fact just stated. The operator would
 make his subjects believe that they cannot act voluntarily
 and handle themselves as they should do. If they yield
 to this influence, it is because their belief is not better 27
 instructed by spiritual understanding. Hence the proof
 that hypnotism is not scientific; Science cannot produce
 both disorder and order. The involuntary pleasure or 30
 pain of the person under hypnotic control is proved to be
 a belief without a real cause.

1 So the sick through their beliefs have induced their own
diseased conditions. The great difference between vol-
3 untary and involuntary mesmerism is that vol-
untary mesmerism is induced consciously and
should and does cause the perpetrator to suffer, while self-
6 mesmerism is induced unconsciously and by his mistake
a man is often instructed. In the first instance it is under-
9 stood that the difficulty is a mental illusion, while in the
second it is believed that the misfortune is a material effect.
The human mind is employed to remove the illusion in
one case, but matter is appealed to in the other. In real-
12 ity, both have their origin in the human mind, and can be
healed only by the divine Mind.

Wrong-doer
should suffer

15 You command the situation if you understand that
mortal existence is a state of self-deception and not the
truth of being. Mortal mind is constantly
producing on mortal body the results of false
18 opinions; and it will continue to do so, until mortal
error is deprived of its imaginary powers by Truth,
which sweeps away the gossamer web of mortal illusion.
21 The most Christian state is one of rectitude and spir-
itual understanding, and this is best adapted for heal-
ing the sick. Never conjure up some new discovery from
24 dark forebodings regarding disease and then acquaint
your patient with it.

Error's power
imaginary

27 The mortal so-called mind produces all that is unlike
the immortal Mind. The human mind determines the
nature of a case, and the practitioner improves
or injures the case in proportion to the truth
30 or error which influences his conclusions. The mental
conception and development of disease are not under-
stood by the patient, but the physician should be familiar

Disease-
production

with mental action and its effect in order to judge the case according to Christian Science. 1

Appetites to
be abandoned

If a man is an inebriate, a slave to tobacco, or the special servant of any one of the myriad forms of sin, meet and destroy these errors with the truth of being, — 3
by exhibiting to the wrong-doer the suffering 6
which his submission to such habits brings, and by convincing him that there is no real pleasure in false appetites. A corrupt mind is manifested in a corrupt body. 9
Lust, malice, and all sorts of evil are diseased beliefs, and you can destroy them only by destroying the wicked motives which produce them. If the evil is over in the repentant mortal mind, while its effects still remain on the individual, you can remove this disorder as God's law is fulfilled and reformation cancels the crime. The healthy sinner is the hardened sinner. 15

Temperance
reform

The temperance reform, felt all over our land, results from metaphysical healing, which cuts down every tree that brings not forth good fruit. This conviction, that there is no real pleasure in sin, 18
is one of the most important points in the theology of Christian Science. Arouse the sinner to this new and true view of sin, show him that sin confers no pleasure, and this knowledge strengthens his moral courage and increases his ability to master evil and to love good. 24

Sin or fear
the root of
sickness

Healing the sick and reforming the sinner are one and the same thing in Christian Science. Both cures require the same method and are inseparable in Truth. 27
Hatred, envy, dishonesty, fear, and so forth, make a man sick, and neither material medicine nor Mind can help him permanently, even in body, unless it makes him better mentally, and so delivers him 30

1 from his destroyers. The basic error is mortal mind.
Hatred inflames the brutal propensities. The indulgence
3 of evil motives and aims makes any man, who is above the
lowest type of manhood, a hopeless sufferer.

Christian Science commands man to master the propen-
6 sities, — to hold hatred in abeyance with kindness,
to conquer lust with chastity, revenge with
charity, and to overcome deceit with hon-
9 esty. Choke these errors in their early stages, if you
would not cherish an army of conspirators against
health, happiness, and success. They will deliver you
12 to the judge, the arbiter of truth against error. The
judge will deliver you to justice, and the sentence of
the moral law will be executed upon mortal mind and
15 body. Both will be manacled until the last farthing
is paid, — until you have balanced your account with
God. "Whatsoever a man soweth, that shall he also
18 reap." The good man finally can overcome his fear of
sin. This is sin's necessity, — to destroy itself. Im-
mortal man demonstrates the government of God, good,
21 in which is no power to sin.

Mental
conspirators

It were better to be exposed to every plague on earth
than to endure the cumulative effects of a guilty con-
24 science. The abiding consciousness of wrong-
doing tends to destroy the ability to do right.
If sin is not regretted and is not lessening, then it is
27 hastening on to physical and moral doom. You are con-
quered by the moral penalties you incur and the ills they
bring. The pains of sinful sense are less harmful than its
pleasures. Belief in material suffering causes mortals to
30 retreat from their error, to flee from body to Spirit, and
to appeal to divine sources outside of themselves.

Cumulative
repentance

	The Bible contains the recipe for all healing. "The	1
	leaves of the tree were for the healing of the nations."	
The leaves of healing	Sin and sickness are both healed by the same	3
	Principle. The tree is typical of man's divine	
	Principle, which is equal to every emergency, offering	
	full salvation from sin, sickness, and death. Sin will	6
	submit to Christian Science when, in place of modes and	
	forms, the power of God is understood and demonstrated	
	in the healing of mortals, both mind and body. "Per-	9
	fect Love casteth out fear."	
	The Science of being unveils the errors of sense, and	
	spiritual perception, aided by Science, reaches Truth.	12
Sickness will abate	Then error disappears. Sin and sickness will	
	abate and seem less real as we approach the	
	scientific period, in which mortal sense is subdued and	15
	all that is unlike the true likeness disappears. The moral	
	man has no fear that he will commit a murder, and he	
	should be as fearless on the question of disease.	18
	Resist evil — error of every sort — and it will flee from	
	you. Error is opposed to Life. We can, and ultimately	
Resist to the end	shall, so rise as to avail ourselves in every direc-	21
	tion of the supremacy of Truth over error, Life	
	over death, and good over evil, and this growth will go	
	on until we arrive at the fulness of God's idea, and no	24
	more fear that we shall be sick and die. Inharmony of	
	any kind involves weakness and suffering, — a loss of	
	control over the body.	27
	The depraved appetite for alcoholic drinks, tobacco,	
	tea, coffee, opium, is destroyed only by Mind's mastery	
Morbid cravings	of the body. This normal control is gained	30
	through divine strength and understanding.	
	There is no enjoyment in getting drunk, in becoming a	

1 fool or an object of loathing; but there is a very sharp
remembrance of it, a suffering inconceivably terrible to
3 man's self-respect. Puffing the obnoxious fumes of tobacco, or chewing a leaf naturally attractive to no creature except a loathsome worm, is at least disgusting.

6 Man's enslavement to the most relentless masters —
passion, selfishness, envy, hatred, and revenge — is conquered only by a mighty struggle. Every
9 hour of delay makes the struggle more severe.
If man is not victorious over the passions, they crush
out happiness, health, and manhood. Here Christian
12 Science is the sovereign panacea, giving strength to the
weakness of mortal mind, — strength from the immortal
and omnipotent Mind, — and lifting humanity above
15 itself into purer desires, even into spiritual power and
good-will to man.

Universal
panacea

Let the slave of wrong desire learn the lessons of Christian
18 Science, and he will get the better of that desire,
and ascend a degree in the scale of health, happiness,
and existence.

21 If delusion says, "I have lost my memory," contradict it. No faculty of Mind is lost. In Science, all
being is eternal, spiritual, perfect, harmoni-
24 ous in every action. Let the perfect model be
present in your thoughts instead of its demoralized opposite. This spiritualization of thought lets in the light,
27 and brings the divine Mind, Life not death, into your
consciousness.

Immortal
memory

There are many species of insanity. All sin is insanity
30 in different degrees. Sin is spared from
this classification, only because its method of
madness is in consonance with common mortal belief.

Sin a form
of insanity

Every sort of sickness is error, — that is, sickness is
loss of harmony. This view is not altered by the fact
that sin is worse than sickness, and sickness is not ac-
knowledgeed nor discovered to be error by many who are
sick.

There is a universal insanity of so-called health, which
mistakes fable for fact throughout the entire round of the
material senses, but this general craze cannot, in a scien-
tific diagnosis, shield the individual case from the special
name of insanity. Those unfortunate people who are
committed to insane asylums are only so many distinctly
defined instances of the baneful effects of illusion on mor-
tal minds and bodies.

Drugs and
brain-lobes

The supposition that we can correct insanity by the use
of purgatives and narcotics is in itself a mild species of
insanity. Can drugs go of their own accord
to the brain and destroy the so-called inflam-
mation of disordered functions, thus reaching mortal
mind through matter? Drugs do not affect a corpse, and
Truth does not distribute drugs through the blood, and
from them derive a supposed effect on intelligence and sen-
timent. A dislocation of the tarsal joint would produce
insanity as perceptibly as would congestion of the brain,
were it not that mortal mind thinks that the tarsal joint is
less intimately connected with the mind than is the brain.
Reverse the belief, and the results would be perceptibly
different.

Matter and
animate error

The unconscious thought in the corporeal substra-
tum of brain produces no effect, and that condition of
the body which we call sensation in matter
is unreal. Mortal mind is ignorant of it-
self, — ignorant of the errors it includes and of their

1 effects. Intelligent matter is an impossibility. You
may say: "But if disease obtains in matter, why do
3 you insist that disease is formed by mortal mind and
not by matter?" *Mortal mind* and body combine as
one, and the nearer matter approaches its final state-
6 ment, — animate error called nerves, brain, mind, — the
more prolific it is likely to become in sin and disease-
beliefs.

9 Unconscious mortal mind — *alias* matter, brain — can-
not dictate terms to consciousness nor say, "I am sick."
The belief, that the unconscious substratum
12 of mortal mind, termed the body, suffers and
reports disease independently of this so-called conscious
mind, is the error which prevents mortals from knowing
15 how to govern their bodies.

Dictation
of error

The so-called conscious mortal mind is believed to be
superior to its unconscious substratum, matter, and
18 the stronger never yields to the weaker, ex-
cept through fear or choice. The animate
should be governed by God alone. The real man is
21 spiritual and immortal, but the mortal and imperfect
so-called "children of men" are counterfeits from the
beginning, to be laid aside for the pure reality. This
24 mortal is put off, and the new man or real man is put
on, in proportion as mortals realize the Science of man
and seek the true model.

So-called
superiority

27 We have no right to say that life depends on matter
now, but will not depend on it after death. We cannot
spend our days here in ignorance of the Science
30 of Life, and expect to find beyond the grave
a reward for this ignorance. Death will not make us
harmonious and immortal as a recompense for ignorance.

Death no
benefactor

If here we give no heed to Christian Science, which is spiritual and eternal, we shall not be ready for spiritual Life hereafter. 1 3

Life eternal
and present

"This is life eternal," says Jesus, — *is*, not *shall be*; and then he defines everlasting life as a present knowledge of his Father and of himself, — the knowledge of Love, Truth, and Life. "This is life eternal, that they might know Thee, the only true God, and Jesus Christ, whom Thou hast sent." The Scriptures say, "Man shall not live by bread *alone*, but by every word that proceedeth out of the mouth of God," showing that Truth is the actual life of man; but mankind objects to making this teaching practical. 6 9 12

Love casteth
out fear

Every trial of our faith in God makes us stronger. The more difficult seems the material condition to be overcome by Spirit, the stronger should be our faith and the purer our love. The Apostle John says: "There is no fear in Love, but perfect Love casteth out fear. . . . He that feareth is not made perfect in Love." Here is a definite and inspired proclamation of Christian Science. 15 18 21

MENTAL TREATMENT ILLUSTRATED

Be not
afraid

The Science of mental practice is susceptible of no misuse. Selfishness does not appear in the practice of Truth or Christian Science. If mental practice is abused or is used in any way except to promote right thinking and doing, the power to heal mentally will diminish, until the practitioner's healing ability is wholly lost. Christian scientific practice begins with Christ's keynote of harmony, "Be not afraid!" 24 27 30

1 Said Job: "The thing which I greatly feared is come upon me."

3 My first discovery in the student's practice was this:
If the student silently called the disease by name, when
he argued against it, as a general rule the body
6 would respond more quickly, — just as a per-
son replies more readily when his name is spoken; but
this was because the student was not perfectly attuned to
9 divine Science, and needed the arguments of truth for
reminders. If Spirit or the power of divine Love bear
witness to the truth, this is the ultimatum, the scientific
12 way, and the healing is instantaneous.

Naming
diseases

It is recorded that once Jesus asked the name of a dis-
ease, — a disease which moderns would call *dementia*.
15 The demon, or evil, replied that his name was
Legion. Thereupon Jesus cast out the evil,
and the insane man was changed and straightway be-
18 came whole. The Scripture seems to import that Jesus
caused the evil to be self-seen and so destroyed.

Evils cast
out

The procuring cause and foundation of all sickness is
21 fear, ignorance, or sin. Disease is always induced by a
false sense mentally entertained, not destroyed.
Disease is an image of thought externalized.

Fear as the
foundation

24 The mental state is called a material state. Whatever
is cherished in mortal mind as the physical condition is
imaged forth on the body.

27 Always begin your treatment by allaying the fear
of patients. Silently reassure them as to their exemp-
tion from disease and danger. Watch the re-
30 sult of this simple rule of Christian Science,
and you will find that it alleviates the symptoms of every
disease. If you succeed in wholly removing the fear,

Unspoken
pleading

your patient is healed. The great fact that God lovingly governs all, never punishing aught but sin, is your standpoint, from which to advance and destroy the human fear of sickness. Mentally and silently plead the case scientifically for Truth. You may vary the arguments to meet the peculiar or general symptoms of the case you treat, but be thoroughly persuaded in your own mind concerning the truth which you think or speak, and you will be the victor.

Eloquent
silence

You may call the disease by name when you mentally deny it; but by naming it audibly, you are liable under some circumstances to impress it upon the thought. The power of Christian Science and divine Love is omnipotent. It is indeed adequate to unclasp the hold and to destroy disease, sin, and death.

Insistence
requisite

To prevent disease or to cure it, the power of Truth, of divine Spirit, must break the dream of the material senses. To heal by argument, find the type of the ailment, get its name, and array your mental plea against the physical. Argue at first mentally, not audibly, that the patient has no disease, and conform the argument so as to destroy the evidence of disease. Mentally insist that harmony is the fact, and that sickness is a temporal dream. Realize the presence of health and the fact of harmonious being, until the body corresponds with the normal conditions of health and harmony.

The cure
of infants

If the case is that of a young child or an infant, it needs to be met mainly through the parent's thought, silently or audibly on the aforesaid basis of Christian Science. The Scientist knows that there can be no hereditary disease, since matter is not intelligent

1 and cannot transmit good or evil intelligence to man, and
God, the only Mind, does not produce pain in matter.
3 The act of yielding one's thoughts to the undue contem-
plation of physical wants or conditions induces those very
conditions. A single requirement, beyond what is neces-
6 sary to meet the simplest needs of the babe is harmful.
Mind regulates the condition of the stomach, bowels, and
food, the temperature of children and of men, and matter
9 does not. The wise or unwise views of parents and other
persons on these subjects produce good or bad effects on
the health of children.

12 The daily ablutions of an infant are no more natural
nor necessary than would be the process of taking a fish
out of water every day and covering it with dirt
15 in order to make it thrive more vigorously in its
own element. "Cleanliness is next to godliness," but
washing should be only for the purpose of keeping the
18 body clean, and this can be effected without scrubbing the
whole surface daily. Water is not the natural habitat of
humanity. I insist on bodily cleanliness within and with-
21 out. I am not patient with a speck of dirt; but in caring
for an infant one need not wash his little body all over each
day in order to keep it sweet as the new-blown flower.

Ablutions for
cleanliness

24 Giving drugs to infants, noticing every symptom of
flatulency, and constantly directing the mind to such
signs, — that mind being laden with illusions
27 about disease, health-laws, and death, — these
actions convey mental images to children's budding
thoughts, and often stamp them there, making it probable
30 at any time that such ills may be reproduced in the very
ailments feared. A child may have worms, if you say so,
or any other malady, timorously held in the beliefs con-

Juvenile
ailments

cerning his body. Thus are laid the foundations of the
 belief in disease and death, and thus are children educated
 into discord.

Cure of
 insanity

The treatment of insanity is especially interesting.
 However obstinate the case, it yields more readily than
 do most diseases to the salutary action of
 truth, which counteracts error. The argu-
 ments to be used in curing insanity are the same as in
 other diseases: namely, the impossibility that matter,
 brain, can control or derange mind, can suffer or cause
 suffering; also the fact that truth and love will establish
 a healthy state, guide and govern mortal mind or the
 thought of the patient, and destroy all error, whether it is
 called dementia, hatred, or any other discord.

To fix truth steadfastly in your patients' thoughts, ex-
 plain Christian Science to them, but not too soon, — not
 until your patients are prepared for the explanation, —
 lest you array the sick against their own interests by troub-
 ling and perplexing their thought. The Christian Scien-
 tist's argument rests on the Christianly scientific basis of
 being. The Scripture declares, "The Lord He is God
 [good]; there is none else beside Him." Even so, harmony
 is universal, and discord is unreal. Christian Science de-
 clares that Mind is substance, also that matter neither
 feels, suffers, nor enjoys. Hold these points strongly in
 view. Keep in mind the verity of being, — that man is
 the image and likeness of God, in whom all being is
 painless and permanent. Remember that man's perfec-
 tion is real and unimpeachable, whereas imperfection is
 blameworthy, unreal, and is not brought about by divine
 Love.

Matter cannot be inflamed. Inflammation is fear, an

1 excited state of mortals which is not normal. Immor-
tal Mind is the only cause; therefore disease is neither a
3 cause nor an effect. Mind in every case is the
eternal God, good. Sin, disease, and death
have no foundations in Truth. Inflammation as a mor-
6 tal belief quickens or impedes the action of the system,
because thought moves quickly or slowly, leaps or halts
when it contemplates unpleasant things, or when the in-
9 dividual looks upon some object which he dreads. In-
flammation never appears in a part which mortal thought
does not reach. That is why opiates relieve inflammation.
12 They quiet the thought by inducing stupefaction and by
resorting to matter instead of to Mind. Opiates do not
remove the pain in any scientific sense. They only ren-
15 der mortal mind temporarily less fearful, till it can master
an erroneous belief.

Matter is
not inflamed

Note how thought makes the face pallid. It either re-
18 tards the circulation or quickens it, causing a pale or
flushed cheek. In the same way thought in-
creases or diminishes the secretions, the action
21 of the lungs, of the bowels, and of the heart. The mus-
cles, moving quickly or slowly and impelled or palsied by
thought, represent the action of all the organs of the hu-
24 man system, including brain and viscera. To remove
the error producing disorder, you must calm and instruct
mortal mind with immortal Truth.

Truth calms
the thought

27 Etherization will apparently cause the body to dis-
appear. Before the thoughts are fully at rest, the limbs
will vanish from consciousness. Indeed, the
30 whole frame will sink from sight along with
surrounding objects, leaving the pain standing forth as
distinctly as a mountain-peak, as if it were a separate

Effects of
etherization

bodily member. At last the agony also vanishes. This process shows the pain to be in the mind, for the inflammation is not suppressed; and the belief of pain will presently return, unless the mental image occasioning the pain be removed by recognizing the truth of being.

Sedatives
valueless

A hypodermic injection of morphine is administered to a patient, and in twenty minutes the sufferer is quietly asleep. To him there is no longer any pain. Yet any physician — allopathic, homœopathic, botanic, eclectic — will tell you that the troublesome material cause is unremoved, and that when the soporific influence of the opium is exhausted, the patient will find himself in the same pain, unless the belief which occasions the pain has meanwhile been changed. Where is the pain while the patient sleeps?

The so-called
physical ego

The material body, which you call *me*, is mortal mind, and this mind is material in sensation, even as the body, which has originated from this material sense and been developed according to it, is material. This materialism of parent and child is only in mortal mind, as the dead body proves; for when the mortal has resigned his body to dust, the body is no longer the parent, even in appearance.

Evil thought
depletes

The sick know nothing of the mental process by which they are depleted, and next to nothing of the metaphysical method by which they can be healed. If they ask about their disease, tell them only what is best for them to know. Assure them that they think too much about their ailments, and have already heard too much on that subject. Turn their thoughts away from their bodies to higher objects. Teach them that their being is sustained by

1 Spirit, not by matter, and that they find health, peace,
and harmony in God, divine Love.

3 Give sick people credit for sometimes knowing more
than their doctors. Always support their trust in the
power of Mind to sustain the body. Never
6 tell the sick that they have more courage
than strength. Tell them rather, that their strength
is in proportion to their courage. If you make the sick
9 realize this great truism, there will be no reaction from
over-exertion or from excited conditions. Maintain
the facts of Christian Science, — that Spirit is God, and
12 therefore cannot be sick; that what is termed matter
cannot be sick; that all causation is Mind, acting
through spiritual law. Then hold your ground with
15 the unshaken understanding of Truth and Love, and
you will win. When you silence the witness against your
plea, you destroy the evidence, for the disease disap-
18 pears. The evidence before the corporeal senses is not
the Science of immortal man.

Helpful
encouragement

To the Christian Science healer, sickness is a dream
21 from which the patient needs to be awakened. Dis-
ease should not appear real to the physician,
since it is demonstrable that the way to
24 cure the patient is to make disease unreal to him. To
do this, the physician must understand the unreality
of disease in Science.

Disease to be
made unreal

27 Explain audibly to your patients, as soon as they can
bear it, the complete control which Mind holds over the
body. Show them how mortal mind seems to induce
30 disease by certain fears and false conclusions, and how
divine Mind can cure by opposite thoughts. Give your
patients an underlying understanding to support them

and to shield them from the baneful effects of their own conclusions. Show them that the conquest over sickness, as well as over sin, depends on mentally destroying all belief in material pleasure or pain.

Christian
pleading

Stick to the truth of being in contradistinction to the error that life, substance, or intelligence can be in matter. Plead with an honest conviction of truth and a clear perception of the unchanging, unerring, and certain effect of divine Science. Then, if your fidelity is half equal to the truth of your plea, you will heal the sick.

Truthful
arguments

It must be clear to you that sickness is no more the reality of being than is sin. This mortal dream of sickness, sin, and death should cease through Christian Science. Then one disease would be as readily destroyed as another. Whatever the belief is, if arguments are used to destroy it, the belief must be repudiated, and the negation must extend to the supposed disease and to whatever decides its type and symptoms. Truth is affirmative, and confers harmony. All metaphysical logic is inspired by this simple rule of Truth, which governs all reality. By the truthful arguments you employ, and especially by the spirit of Truth and Love which you entertain, you will heal the sick.

Morality
required

Include moral as well as physical belief in your efforts to destroy error. Cast out all manner of evil. "Preach the gospel to every creature." Speak the truth to every form of error. Tumors, ulcers, tubercles, inflammation, pain, deformed joints, are waking dream-shadows, dark images of mortal thought, which flee before the light of Truth.

1 A moral question may hinder the recovery of the sick.
Lurking error, lust, envy, revenge, malice, or hate will
3 perpetuate or even create the belief in disease. Errors
of all sorts tend in this direction. Your true course is
to destroy the foe, and leave the field to God, Life, Truth,
6 and Love, remembering that God and His ideas alone
are real and harmonious.

 If your patient from any cause suffers a relapse, meet
9 the cause mentally and courageously, knowing that
there can be no reaction in Truth. Neither
disease itself, sin, nor fear has the power to
12 cause disease or a relapse. Disease has no intelligence
with which to move itself about or to change itself from
one form to another. If disease moves, mind, not mat-
15 ter, moves it; therefore be sure that you move it off.
Meet every adverse circumstance as its master. Ob-
serve mind instead of body, lest aught unfit for develop-
18 ment enter thought. Think less of material conditions
and more of spiritual.

Relapse
unnecessary

 Mind produces all action. If the action proceeds from
21 Truth, from immortal Mind, there is harmony; but mor-
tal mind is liable to any phase of belief. A
relapse cannot in reality occur in mortals or
24 so-called mortal minds, for there is but one
Mind, one God. Never fear the mental malpractitioner,
the mental assassin, who, in attempting to rule mankind,
27 tramples upon the divine Principle of metaphysics, for God
is the only power. To succeed in healing, you must con-
quer your own fears as well as those of your patients, and
30 rise into higher and holier consciousness.

Conquer
beliefs
and fears

 If it is found necessary to treat against relapse, know
that disease or its symptoms cannot change forms, nor

	go from one part to another, for Truth destroys disease.	1
True government of man	There is no metastasis, no stoppage of harmonious	
	action, no paralysis. Truth not error, Love	3
	not hate, Spirit not matter, governs man. If	
	students do not readily heal themselves, they should	
	early call an experienced Christian Scientist to aid	6
	them. If they are unwilling to do this for themselves,	
	they need only to know that error cannot produce this	
	unnatural reluctance.	9
	Instruct the sick that they are not helpless victims,	
	for if they will only accept Truth, they can resist disease	
Positive reassurance	and ward it off, as positively as they can the	12
	temptation to sin. This fact of Christian Sci-	
	ence should be explained to invalids when they are in a	
	fit mood to receive it, — when they will not array them-	15
	selves against it, but are ready to become receptive to the	
	new idea. The fact that Truth overcomes both disease	
	and sin reassures depressed hope. It imparts a healthy	18
	stimulus to the body, and regulates the system. It in-	
	creases or diminishes the action, as the case may require,	
	better than any drug, alterative, or tonic.	21
	Mind is the natural stimulus of the body, but erro-	
	neous belief, taken at its best, is not promotive of health	
Proper stimulus	or happiness. Tell the sick that they can	24
	meet disease fearlessly, if they only realize	
	that divine Love gives them all power over every physical	
	action and condition.	27
	If it becomes necessary to startle mortal mind to break	
	its dream of suffering, vehemently tell your patient that	
Awaken the patient	he must awake. Turn his gaze from the false	30
	evidence of the senses to the harmonious facts	
	of Soul and immortal being. Tell him that he suffers	

1 only as the insane suffer, from false beliefs. The only
difference is, that insanity implies belief in a diseased
3 brain, while physical ailments (so-called) arise from the
belief that other portions of the body are deranged. De-
rangement, or *disarrangement*, is a word which conveys
6 the true definition of all human belief in ill-health, or dis-
turbed harmony. Should you thus startle mortal mind
in order to remove its beliefs, afterwards make known
9 to the patient your motive for this shock, showing him
that it was to facilitate recovery.

If a crisis occurs in your treatment, you must treat
12 the patient less for the disease and more for the mental
disturbance or fermentation, and subdue the
symptoms by removing the belief that this
15 chemicalization produces pain or disease. Insist vehe-
mently on the great fact which covers the whole ground,
that God, Spirit, is all, and that there is none beside
18 Him. There is *no disease*. When the supposed suffer-
ing is gone from mortal mind, there can be no pain; and
when the fear is destroyed, the inflammation will sub-
21 side. Calm the excitement sometimes induced by chemi-
calization, which is the alterative effect produced by
Truth upon error, and sometimes explain the symptoms
24 and their cause to the patient.

How to
treat a crisis

It is no more Christianly scientific to see disease than
it is to experience it. If you would destroy the sense
27 of disease, you should not build it up by
wishing to see the forms it assumes or by
employing a single material application for
its relief. The perversion of Mind-science is like as-
30serting that the products of eight multiplied by five, and
of seven by ten, are both forty, and that their combined

No perversion
of Mind-
science

sum is fifty, and then calling the process mathematics. 1
 Wiser than his persecutors, Jesus said: "If I by Beelzebub cast out devils, by whom do your children cast them out?" 3

Effect of
this book

If the reader of this book observes a great stir throughout his whole system, and certain moral and physical symptoms seem aggravated, these indications are favorable. Continue to read, and the book will become the physician, allaying the tremor which Truth often brings to error when destroying it. 6 9

Disease
neutralized

Patients, unfamiliar with the cause of this commotion and ignorant that it is a favorable omen, may be alarmed. If such be the case, explain to them the law of this action. As when an acid and alkali meet and bring out a third quality, so mental and moral chemistry changes the material base of thought, giving more spirituality to consciousness and causing it to depend less on material evidence. These changes which go on in mortal mind serve to reconstruct the body. Thus Christian Science, by the alchemy of Spirit, destroys sin and death. 12 15 18 21

Bone-healing
by surgery

Let us suppose two parallel cases of bone-disease, both similarly produced and attended by the same symptoms. A surgeon is employed in one case, and a Christian Scientist in the other. The surgeon, holding that matter forms its own conditions and renders them fatal at certain points, entertains fears and doubts as to the ultimate outcome of the injury. Not holding the reins of government in his own hands, he believes that something stronger than Mind — namely, matter — governs the case. His treatment is therefore tentative. This mental state invites defeat. The belief 24 27 30

1 that he has met his master in matter and may not be
able to mend the bone, increases his fear; yet this belief
3 should not be communicated to the patient, either ver-
bally or otherwise, for this fear greatly diminishes the
tendency towards a favorable result. Remember that the
6 unexpressed belief oftentimes affects a sensitive patient
more strongly than the expressed thought.

9 The Christian Scientist, understanding scientifically
that all is Mind, commences with mental causation, the
truth of being, to destroy the error. This cor-
rective is an alterative, reaching to every part
12 of the human system. According to Scripture, it searches
“the joints and marrow,” and it restores the harmony of
man.

Scientific
corrective

15 The matter-physician deals with matter as both his foe
and his remedy. He regards the ailment as weakened or
strengthened according to the evidence which
18 matter presents. The metaphysician, making
Mind his basis of operation irrespective of matter and
regarding the truth and harmony of being as superior to
21 error and discord, has rendered himself strong, instead
of weak, to cope with the case; and he proportionately
strengthens his patient with the stimulus of courage and
24 conscious power. Both Science and consciousness are
now at work in the economy of being according to the law
of Mind, which ultimately asserts its absolute supremacy.

Coping with
difficulties

27 Ossification or any abnormal condition or derange-
ment of the body is as directly the action of mortal
mind as is dementia or insanity. Bones have
30 only the substance of thought which forms
them. They are only phenomena of the mind of mor-
tals. The so-called substance of bone is formed first

Formation
from thought

by the parent's mind, through self-division. Soon the
 child becomes a separate, individualized mortal mind,
 which takes possession of itself and its own thoughts of
 bones. 1 3

Accidents
 unknown
 to God

Accidents are unknown to God, or immortal Mind,
 and we must leave the mortal basis of belief 6
 and unite with the one Mind, in order to
 change the notion of chance to the proper sense
 of God's unerring direction and thus bring out harmony. 9

Under divine Providence there can be no accidents,
 since there is no room for imperfection in perfection.

Opposing
 mentality

In medical practice objections would be raised if one 12
 doctor should administer a drug to counteract the work-
 ing of a remedy prescribed by another doctor.
 It is equally important in metaphysical prac- 15
 tice that the *minds* which surround your patient should
 not act against your influence by continually expressing
 such opinions as may alarm or discourage, — either by 18
 giving antagonistic advice or through unspoken thoughts
 resting on your patient. While it is certain that the
 divine Mind can remove any obstacle, still you need the 21
 ear of your auditor. It is not more difficult to make your-
 self heard mentally while others are thinking about your
 patients or conversing with them, if you understand 24
 Christian Science — the oneness and the allness of divine
 Love; but it is well to be alone with God and the sick
 when treating disease. 27

Mind removes
 scrofula

To prevent or to cure scrofula and other so-called he-
 reditary diseases, you must destroy the belief in these ills
 and the faith in the possibility of their trans- 30
 mission. The patient may tell you that he
 has a humor in the blood, a scrofulous diathesis. His

1 parents or some of his progenitors farther back have so
believed. Mortal mind, not matter, induces this con-
3 clusion and its results. You will have humors, just so
long as you believe them to be safety-valves or to be
ineradicable.

6 If the case to be mentally treated is consumption, take
up the leading points included (according to belief) in
this disease. Show that it is not inherited;
9 that inflammation, tubercles, hemorrhage, and
decomposition are beliefs, images of mortal thought su-
perimposed upon the body; that they are not the truth
12 of man; that they should be treated as error and put out
of thought. Then these ills will disappear.

Nothing to
consume

15 If the body is diseased, this is but one of the beliefs of
mortal mind. Mortal man will be less mortal, when he
learns that matter never sustained existence
and can never destroy God, who is man's Life.

The lungs
re-formed

18 When this is understood, mankind will be more spiritual
and know that there is nothing to consume, since Spirit,
God, is All-in-all. What if the belief is consumption?
21 God is more to a man than his belief, and the less we ac-
knowledge matter or its laws, the more immortality we
possess. Consciousness constructs a better body when
24 faith in matter has been conquered. Correct material
belief by spiritual understanding, and Spirit will form
you anew. You will never fear again except to offend
27 God, and you will never believe that heart or any por-
tion of the body can destroy you.

30 If you have sound and capacious lungs and want
them to remain so, be always ready with the
mental protest against the opposite belief in
heredity. Discard all notions about lungs, tubercles, in-

Soundness
maintained

herited consumption, or disease arising from any circumstance, and you will find that mortal mind, when instructed by Truth, yields to divine power, which steers the body into health. 1 3

Our footsteps
heavenward

The discoverer of Christian Science finds the path less difficult when she has the high goal always before her thoughts, than when she counts her footsteps in endeavoring to reach it. When the destination is desirable, expectation speeds our progress. The struggle for Truth makes one strong instead of weak, resting instead of wearying one. If the belief in death were obliterated, and the understanding obtained that there is no death, this would be a "tree of life," known by its fruits. Man should renew his energies and endeavors, and see the folly of hypocrisy, while also learning the necessity of working out his own salvation. When it is learned that disease cannot destroy life, and that mortals are not saved from sin or sickness by death, this understanding will quicken into newness of life. It will master either a desire to die or a dread of the grave, and thus destroy the great fear that besets mortal existence. 6 9 12 15 18 21

Christian
standard

The relinquishment of all faith in death and also of the fear of its sting would raise the standard of health and morals far beyond its present elevation, and would enable us to hold the banner of Christianity aloft with unflinching faith in God, in Life eternal. Sin brought death, and death will disappear with the disappearance of sin. Man is immortal, and the body cannot die, because matter has no life to surrender. The human concepts named matter, death, disease, sickness, and sin are all that can be destroyed. 24 27 30

1 If it is true that man lives, this fact can never change
in Science to the opposite belief that man dies. Life is
3 the law of Soul, even the law of the spirit of
Truth, and Soul is never without its represent-
ative. Man's individual being can no more
6 die nor disappear in unconsciousness than can Soul, for
both are immortal. If man believes in death now, he
must disbelieve in it when learning that there is no reality
9 in death, since the truth of being is deathless. The be-
lief that existence is contingent on matter must be met
and mastered by Science, before Life can be understood
12 and harmony obtained.

Life not
contingent
on matter

Death is but another phase of the dream that exist-
ence can be material. Nothing can interfere with the
15 harmony of being nor end the existence of
man in Science. Man is the same after as
before a bone is broken or the body guillotined. If man
18 is never to overcome death, why do the Scriptures say,
"The last enemy that shall be destroyed is death"? The
tenor of the Word shows that we shall obtain the victory
21 over death in proportion as we overcome sin. The great
difficulty lies in ignorance of what God is. God, Life,
Truth, and Love make man undying. Immortal Mind,
24 governing all, must be acknowledged as supreme in the
physical realm, so-called, as well as in the spiritual.

Mortality
vanquished

Called to the bed of death, what material remedy has
27 man when all such remedies have failed? Spirit is his
last resort, but it should have been his first
and only resort. The dream of death must
30 be mastered by Mind here or hereafter. Thought
will waken from its own material declaration, "I am
dead," to catch this trumpet-word of Truth, "There

No death
nor inaction

is no death, no inaction, diseased action, overaction, nor reaction." 1

Vision
opening

Life is real, and death is the illusion. A demonstra- 3
tion of the facts of Soul in Jesus' way resolves the dark
visions of material sense into harmony and
immortality. Man's privilege at this supreme 6
moment is to prove the words of our Master: "If a man
keep my saying, he shall never see death." To divest
thought of false trusts and material evidences in order 9
that the spiritual facts of being may appear, — this is
the great attainment by means of which we shall sweep
away the false and give place to the true. Thus we may 12
establish in truth the temple, or body, "whose builder
and maker is God."

Intelligent
consecration

We should consecrate existence, not "to the unknown 15
God" whom we "ignorantly worship," but to the eternal
builder, the everlasting Father, to the Life
which mortal sense cannot impair nor mortal 18
belief destroy. We must realize the ability of mental
might to offset human misconceptions and to replace them
with the life which is spiritual, not material. 21

The present
immortality

The great spiritual fact must be brought out that man
is, not *shall be*, perfect and immortal. We must hold 24
forever the consciousness of existence, and
sooner or later, through Christ and Christian
Science, we must master sin and death. The evidence
of man's immortality will become more apparent, as ma- 27
terial beliefs are given up and the immortal facts of being
are admitted.

The author has healed hopeless organic disease, and 30
raised the dying to life and health through the under-
standing of God as the only Life. It is a sin to believe

1 that aught can overpower omnipotent and eternal Life,
and this Life must be brought to light by the understand-
3 ing that there is no death, as well as by other
graces of Spirit. We must begin, however,
with the more simple demonstrations of control, and
6 the sooner we begin the better. The final demonstration
takes time for its accomplishment. When walking, we
are guided by the eye. We look before our feet, and if
9 we are wise, we look beyond a single step in the line of
spiritual advancement.

Careful
guidance

The corpse, deserted by thought, is cold and decays,
12 but it never suffers. Science declares that man is sub-
ject to Mind. Mortal mind affirms that mind
is subordinate to the body, that the body is
15 dying, that it must be buried and decomposed
into dust; but mortal mind's affirmation is not true.
Mortals waken from the dream of death with bodies un-
18 seen by those who think that they bury the body.

Clay
replying to
the potter

If man did not exist before the material organization
began, he could not exist after the body is disintegrated.
21 If we live after death and are immortal, we
must have lived before birth, for if Life ever
had any beginning, it must also have an ending, even ac-
24 cording to the calculations of natural science. Do you
believe this? No! Do you understand it? No! This
is why you doubt the statement and do not demonstrate
27 the facts it involves. We must have faith in all the say-
ings of our Master, though they are not included in the
teachings of the schools, and are not understood gener-
ally by our ethical instructors.
30

Continuity
of existence

Jesus said (John viii. 51), "If a man keep my saying,
he shall never see death." That statement is not con-

	fined to spiritual life, but includes all the phenomena of existence. Jesus demonstrated this, healing the dying and raising the dead. Mortal mind must part with error, must put off itself with its deeds, and immortal manhood, the Christ ideal, will appear. Faith should enlarge its borders and strengthen its base by resting upon Spirit instead of matter. When man gives up his belief in death, he will advance more rapidly towards God, Life, and Love. Belief in sickness and death, as certainly as belief in sin, tends to shut out the true sense of Life and health. When will mankind wake to this great fact in Science?	1 3 6 9 12
Life all-inclusive	I here present to my readers an allegory illustrative of the law of divine Mind and of the supposed laws of matter and hygiene, an allegory in which the plea of Christian Science heals the sick.	15
A mental court case	Suppose a mental case to be on trial, as cases are tried in court. A man is charged with having committed liver-complaint. The patient feels ill, ruminates, and the trial commences. Personal Sense is the plaintiff. Mortal Man is the defendant. False Belief is the attorney for Personal Sense. Mortal Minds, Materia Medica, Anatomy, Physiology, Hypnotism, Envy, Greed and Ingratitude, constitute the jury. The courtroom is filled with interested spectators, and Judge Medicine is on the bench.	18 21 24
	The evidence for the prosecution being called for, a witness testifies thus: —	27
	I represent Health-laws. I was present on certain nights when the prisoner, or patient, watched with a sick friend. Although I have the superintendence of human affairs, I was personally abused on those occasions. I was told that	30

1 I must remain silent until called for at this trial, when I
would be allowed to testify in the case. Notwithstanding
3 my rules to the contrary, the prisoner watched with the sick
every night in the week. When the sick mortal was thirsty,
the prisoner gave him drink. During all this time the pris-
6 oner attended to his daily labors, partaking of food at ir-
regular intervals, sometimes going to sleep immediately
after a heavy meal. At last he committed liver-complaint,
9 which I considered criminal, inasmuch as this offence is
deemed punishable with death. Therefore I arrested Mor-
tal Man in behalf of the state (namely, the body) and cast
12 him into prison.

At the time of the arrest the prisoner summoned Physi-
ology, Materia Medica, and Hypnotism to prevent his pun-
15 ishment. The struggle on their part was long. Materia
Medica held out the longest, but at length all these assist-
ants resigned to me, Health-laws, and I succeeded in get-
18 ting Mortal Man into close confinement until I should
release him.

The next witness is called: —

21 I am Coated Tongue. I am covered with a foul fur,
placed on me the night of the liver-attack. Morbid Secre-
tion hypnotized the prisoner and took control of his mind,
24 making him despondent.

Another witness takes the stand and testifies: —

I am Sallow Skin. I have been dry, hot, and chilled by
27 turns since the night of the liver-attack. I have lost my
healthy hue and become unsightly, although nothing on my
part has occasioned this change. I practise daily ablutions
30 and perform my functions as usual, but I am robbed of my
good looks.

The next witness testifies: —

1

I am Nerve, the State Commissioner for Mortal Man. I am intimately acquainted with the plaintiff, Personal Sense, and know him to be truthful and upright, whereas Mortal Man, the prisoner at the bar, is capable of falsehood. I was witness to the crime of liver-complaint. I knew the prisoner would commit it, for I convey messages from my residence in matter, *alias* brain, to body.

3

6

Another witness is called for by the Court of Error and says: —

9

I am Mortality, Governor of the Province of Body, in which Mortal Man resides. In this province there is a statute regarding disease, — namely, that he upon whose person disease is found shall be treated as a criminal and punished with death.

12

15

The Judge asks if by doing good to his neighbor, it is possible for man to become diseased, transgress the laws, and merit punishment, and Governor Mortality replies in the affirmative.

18

Another witness takes the stand and testifies: —

I am Death. I was called for, shortly after the report of the crime, by the officer of the Board of Health, who protested that the prisoner had abused him, and that my presence was required to confirm his testimony. One of the prisoner's friends, Materia Medica, was present when I arrived, endeavoring to assist the prisoner to escape from the hands of justice, *alias* nature's so-called law; but my appearance with a message from the Board of Health changed the purpose of Materia Medica, and he decided at once that the prisoner should die.

21

24

27

30

1 The testimony for the plaintiff, Personal Sense, being
closed, Judge Medicine arises, and with great solemnity
3 addresses the jury of Mortal Minds. He an-
alyzes the offence, reviews the testimony, and
explains the law relating to liver-complaint.

Judge
Medicine
charges
the jury

6 His conclusion is, that laws of nature render disease
homicidal. In compliance with a stern duty, his Honor,
Judge Medicine, urges the jury not to allow their judg-
9 ment to be warped by the irrational, unchristian sugges-
tions of Christian Science. The jury must regard in such
cases only the evidence of Personal Sense against Mortal
12 Man.

As the Judge proceeds, the prisoner grows restless. His
sallow face blanches with fear, and a look of despair and
15 death settles upon it. The case is given to the jury. A
brief consultation ensues, and the jury returns a verdict
of "Guilty of liver-complaint in the first degree."

18 Judge Medicine then proceeds to pronounce the solemn
sentence of death upon the prisoner. Because he has
loved his neighbor as himself, Mortal Man has
21 been guilty of benevolence in the first degree,
and this has led him into the commission of the second
crime, liver-complaint, which material laws condemn as
24 homicide. For this crime Mortal Man is sentenced to
be tortured until he is dead. "May God have mercy on
your soul," is the Judge's solemn peroration.

Mortal Man
sentenced

27 The prisoner is then remanded to his cell (sick-bed),
and Scholastic Theology is sent for to prepare the fright-
ened sense of Life, God, — which sense must be immortal,
30 — for *death*.

Ah! but Christ, Truth, the spirit of Life and the
friend of Mortal Man, can open wide those prison doors

Appeal to
a higher
tribunal

and set the captive free. Swift on the wings of divine Love, there comes a despatch: "Delay the execution; the prisoner is not guilty." Consternation fills the prison-yard. Some exclaim, "It is contrary to law and justice." Others say, "The law of Christ supersedes *our* laws; let us follow Christ."

Counsel for
defence

After much debate and opposition, permission is obtained for a trial in the Court of Spirit, where Christian Science is allowed to appear as counsel for the unfortunate prisoner. Witnesses, judges, and jurors, who were at the previous Court of Error, are now summoned to appear before the bar of Justice and eternal Truth.

When the case for Mortal Man *versus* Personal Sense is opened, Mortal Man's counsel regards the prisoner with the utmost tenderness. The counsel's earnest, solemn eyes, kindling with hope and triumph, look upward. Then Christian Science turns suddenly to the supreme tribunal, and opens the argument for the defence: —

The prisoner at the bar has been unjustly sentenced. His trial was a tragedy, and is morally illegal. Mortal Man has had no proper counsel in the case. All the testimony has been on the side of Personal Sense, and we shall unearth this foul conspiracy against the liberty and life of Man. The only valid testimony in the case shows the alleged crime never to have been committed. The prisoner is not proved "worthy of death, or of bonds."

Your Honor, the lower court has sentenced Mortal Man to die, but God made Man immortal and amenable to Spirit only. Denying justice to the body, that court com-

1 mended man's immortal Spirit to heavenly mercy, — Spirit
which is God Himself and Man's only lawgiver! Who or
3 what has sinned? Has the body or has Mortal Mind
committed a criminal deed? Counsellor False Belief has
argued that the body should die, while Reverend Theology
6 would console conscious Mortal Mind, which alone is capable
of sin and suffering. The body committed no offence.
Mortal Man, in obedience to higher law, helped his fellow-
9 man, an act which should result in good to himself as well
as to others.

The law of our Supreme Court decrees that whosoever
12 *sinneth* shall die; but good deeds are immortal, bringing
joy instead of grief, pleasure instead of pain, and life
instead of death. If liver-complaint was committed by
15 trampling on Laws of Health, this was a good deed, for the
agent of those laws is an outlaw, a destroyer of Mortal
Man's liberty and rights. Laws of Health should be sen-
18 tenced to die.

Watching beside the couch of pain in the exercise of a
love that "is the fulfilling of the law," — doing "unto
21 others as ye would that they should do unto you," — this
is no infringement of law, for no demand, human or divine,
renders it just to punish a man for acting justly. If mor-
24 tals sin, our Supreme Judge in equity decides what penalty
is due for the sin, and Mortal Man can suffer only for his
sin. For naught else can he be punished, according to the
27 law of Spirit, God.

Then what jurisdiction had his Honor, Judge Medicine,
in this case? To him I might say, in Bible language, "Sit-
30 test thou to judge . . . after the law, and commandest . . .
to be smitten contrary to the law?" The only jurisdiction
to which the prisoner can submit is that of Truth, Life, and
33 Love. If they condemn him not, neither shall Judge Medi-
cine condemn him; and I ask that the prisoner be restored
to the liberty of which he has been unjustly deprived.

The principal witness (the officer of the Health-laws) 1
 deposed that he was an eye-witness to the good deeds for
 which Mortal Man is under sentence of death. After be- 3
 traying him into the hands of your law, the Health-agent
 disappeared, to reappear however at the trial as a witness
 against Mortal Man and in the interest of Personal Sense, 6
 a murderer. Your Supreme Court must find the pris-
 oner on the night of the alleged offence to have been acting
 within the limits of the divine law, and in obedience 9
 thereto. Upon this statute hangs all the law and testimony.
 Giving a cup of cold water in Christ's name, is a Christian
 service. Laying down his life for a good deed, Mortal Man 12
 should find it again. Such acts bear their own justifica-
 tion, and are under the protection of the Most High.

Prior to the night of his arrest, the prisoner summoned 15
 two professed friends, Materia Medica and Physiology, to
 prevent his committing liver-complaint, and thus save him
 from arrest. But they brought with them Fear, the sheriff, 18
 to precipitate the result which they were called to prevent.
 It was Fear who handcuffed Mortal Man and would now
 punish him. You have left Mortal Man no alternative. 21
 He must obey your law, fear its consequences, and be pun-
 ished for his fear. His friends struggled hard to rescue the
 prisoner from the penalty they considered justly due, but 24
 they were compelled to let him be taken into custody, tried,
 and condemned. Thereupon Judge Medicine sat in judg-
 ment on the case, and substantially charged the jury, twelve 27
 Mortal Minds, to find the prisoner guilty. His Honor sen-
 tenced Mortal Man to die for the very deeds which the di-
 vine law compels man to commit. Thus the Court of Error 30
 construed obedience to the law of divine Love as disobedi-
 ence to the law of Life. Claiming to protect Mortal Man
 in right-doing, that court pronounced a sentence of death 33
 for doing right.

One of the principal witnesses, Nerve, testified that he

1 was a ruler of Body, in which province Mortal Man resides.
He also testified that he was on intimate terms with the
3 plaintiff, and knew Personal Sense to be truthful; that he
knew Man, and that Man was made in the image of God,
but was a criminal. This is a foul aspersion on man's
6 Maker. It blots the fair escutcheon of omnipotence. It indicates malice aforethought, a determination to condemn Man in the interest of Personal Sense. At the bar of Truth,
9 in the presence of divine Justice, before the Judge of our higher tribunal, the Supreme Court of Spirit, and before its jurors, the Spiritual Senses, I proclaim this witness,
12 Nerve, to be destitute of intelligence and truth and to be a false witness.

Man self-destroyed; the testimony of matter respected;
15 Spirit not allowed a hearing; Soul a criminal though recommended to mercy; the helpless innocent body tortured, — these are the terrible records of your Court of Error, and I ask that the Supreme Court of Spirit reverse this decision.

Here the opposing counsel, False Belief, called Christian Science to order for contempt of court. Various
21 notables — Materia Medica, Anatomy, Physiology, Scholastic Theology, and Jurisprudence — rose to the question of expelling Christian Science from the bar, for such
24 high-handed illegality. They declared that Christian Science was overthrowing the judicial proceedings of a regularly constituted court.

But Judge Justice of the Supreme Court of Spirit overruled their motions on the ground that unjust usages
30 were not allowed at the bar of Truth, which ranks above the lower Court of Error.

The attorney, Christian Science, then read from the
33 supreme statute-book, the Bible, certain extracts on the

Rights of Man, remarking that the Bible was better authority than Blackstone: — 1

Let us make man in our image, after our likeness; and let them have dominion. 3

Behold, I give unto you power . . . over all the power of the enemy: and nothing shall by any means hurt you. 6

If a man keep my saying, he shall never see death.

Then Christian Science proved the witness, Nerve, to be a perjurer. Instead of being a ruler in the Province of Body, in which Mortal Man was reported to reside, Nerve was an insubordinate citizen, putting in false claims to office and bearing false witness against Man. Turning suddenly to Personal Sense, by this time silent, Christian Science continued: — 9 12

I ask your arrest in the name of Almighty God on three distinct charges of crime, to wit: perjury, treason, and conspiracy against the rights and life of man. 15

Then Christian Science continued: — 18

Another witness, equally inadequate, said that on the night of the crime a garment of foul fur was spread over him by Morbid Secretion, while the facts in the case show that this fur is a foreign substance, imported by False Belief, the attorney for Personal Sense, who is in partnership with Error and smuggles Error's goods into market without the inspection of Soul's government officers. When the Court of Truth summoned Furred Tongue for examination, he disappeared and was never heard of more. 21 24 27

Morbid Secretion is not an importer or dealer in fur, but we have heard Materia Medica explain how this fur is manufactured, and we know Morbid Secretion to be on friendly terms with the firm of Personal Sense, Error, & 30

1 Co., receiving pay from them and introducing their goods
into the market. Also, be it known that False Belief, the
3 counsel for the plaintiff, Personal Sense, is a buyer for this
firm. He manufactures for it, keeps a furnishing store,
and advertises largely for his employers.

6 Death testified that he was absent from the Province of
Body, when a message came from False Belief, command-
ing him to take part in the homicide. At this request
9 Death repaired to the spot where the liver-complaint was
in process, frightening away Materia Medica, who was then
manacled the prisoner in the attempt to save him. True,
12 Materia Medica was a misguided participant in the misdeed
for which the Health-officer had Mortal Man in custody,
though Mortal Man was innocent.

15 Christian Science turned from the abashed witnesses,
his words flashing as lightning in the perturbed faces
of these worthies, Scholastic Theology, Materia Medica,
18 Physiology, the blind Hypnotism, and the masked Per-
sonal Sense, and said: —

God will smite you, O whited walls, for injuring in your
21 ignorance the unfortunate Mortal Man who sought your
aid in his struggles against liver-complaint and Death.
You came to his rescue, only to fasten upon him an offence
24 of which he was innocent. You aided and abetted Fear
and Health-laws. You betrayed Mortal Man, meanwhile
declaring Disease to be God's servant and the righteous
27 executor of His laws. Our higher statutes declare you all,
witnesses, jurors, and judges, to be offenders, awaiting the
sentence which General Progress and Divine Love will
30 pronounce.

We send our best detectives to whatever locality is re-
ported to be haunted by Disease, but on visiting the spot,
33 they learn that Disease was never there, for he could not

possibly elude their search. Your Material Court of Errors, 1
 when it condemned Mortal Man on the ground of hygienic
 disobedience, was manipulated by the oleaginous machina- 3
 tions of the counsel, False Belief, whom Truth arraigns
 before the supreme bar of Spirit to answer for his crime.
 Morbid Secretion is taught how to make sleep befool reason 6
 before sacrificing mortals to their false gods.

Mortal Minds were deceived by your attorney, False Be-
 lief, and were influenced to give a verdict delivering Mortal 9
 Man to Death. Good deeds are transformed into crimes,
 to which you attach penalties; but no warping of justice
 can render disobedience to the so-called laws of Matter 12
 disobedience to God, or an act of homicide. Even penal
 law holds homicide, under stress of circumstances, to be
 justifiable. Now what greater justification can any deed 15
 have, than that it is for the good of one's neighbor? Where-
 fore, then, in the name of outraged justice, do you sentence
 Mortal Man for ministering to the wants of his fellow-man 18
 in obedience to divine law? You cannot trample upon the
 decree of the Supreme Bench. Mortal Man has his appeal
 to Spirit, God, who sentences only for sin. 21

The false and unjust beliefs of your human mental legis-
 lators compel them to enact wicked laws of sickness and so 24
 forth, and then render obedience to these laws punishable
 as crime. In the presence of the Supreme Lawgiver, stand-
 ing at the bar of Truth, and in accordance with the divine
 statutes, I repudiate the false testimony of Personal Sense. 27
 I ask that he be forbidden to enter against Mortal Man
 any more suits to be tried at the Court of Material Error.
 I appeal to the just and equitable decisions of divine Spirit 30
 to restore to Mortal Man the rights of which he has been
 deprived.

Here the counsel for the defence closed, and the Chief 33
 Justice of the Supreme Court, with benign and imposing

1 presence, comprehending and defining all law and evi-
dence, explained from his statute-book, the
3 Bible, that any so-called law, which under-
takes to punish aught but sin, is null and void.

He also decided that the plaintiff, Personal Sense, be
6 not permitted to enter any suits at the bar of Soul, but
be enjoined to keep perpetual silence, and in case of
temptation, to give heavy bonds for good behavior. He
9 concluded his charge thus: —

The plea of False Belief we deem unworthy of a hearing.
Let what False Belief utters, now and forever, fall into
12 oblivion, “unknelled, uncoffined, and unknown.” Accord-
ing to our statute, Material Law is a liar who cannot bear
witness against Mortal Man, neither can Fear arrest Mortal
15 Man nor can Disease cast him into prison. Our law refuses
to recognize Man as sick or dying, but holds him to be for-
ever in the image and likeness of his Maker. Reversing the
18 testimony of Personal Sense and the decrees of the Court of
Error in favor of Matter, Spirit decides in favor of Man
and against Matter. We further recommend that Materia
21 Medica adopt Christian Science and that Health-laws,
Mesmerism, Hypnotism, Oriental Witchcraft, and Esoteric
Magic be publicly executed at the hands of our sheriff,
24 Progress.

The Supreme Bench decides in favor of intelligence, that
no law outside of divine Mind can punish or reward Mortal
27 Man. Your personal jurors in the Court of Error are
myths. Your attorney, False Belief, is an impostor, per-
suading Mortal Minds to return a verdict contrary to law
30 and gospel. The plaintiff, Personal Sense, is recorded in
our Book of books as a liar. Our great Teacher of mental
jurisprudence speaks of him also as “a murderer from the
33 beginning.” We have no trials for sickness before the tri-

bunal of divine Spirit. There, Man is adjudged innocent 1
 of transgressing physical laws, because there are no such
 laws. Our statute is spiritual, our Government is divine. 3
 "Shall not the Judge of all the earth do right?"

Divine
 verdict

The Jury of Spiritual Senses agreed at once upon a
 verdict, and there resounded throughout the vast audience- 6
 chamber of Spirit the cry, Not guilty. Then
 the prisoner rose up regenerated, strong, free.
 We noticed, as he shook hands with his counsel, Chris- 9
 tian Science, that all sallowness and debility had dis-
 appeared. His form was erect and commanding, his
 countenance beaming with health and happiness. Divine 12
 Love had cast out fear. Mortal Man, no longer sick
 and in prison, walked forth, his feet "beautiful upon the
 mountains," as of one "that bringeth good tidings." 15

Christ
 the great
 physician

Neither animal magnetism nor hypnotism enters into
 the practice of Christian Science, in which truth cannot
 be reversed, but the reverse of error is true. 18
 An improved belief cannot retrograde. When
 Christ changes a belief of sin or of sickness into
 a better belief, then belief melts into spiritual understand- 21
 ing, and sin, disease, and death disappear. Christ, Truth,
 gives mortals temporary food and clothing until the ma-
 terial, transformed with the ideal, disappears, and man 24
 is clothed and fed spiritually. St. Paul says, "Work
 out your own salvation with fear and trembling:" Jesus
 said, "Fear not, little flock; for it is your Father's good 27
 pleasure to give you the kingdom." This truth is
 Christian Science.

Christian Scientists, be a law to yourselves that mental 30
 malpractice cannot harm you either when asleep or when
 awake.

Teaching Christian Science

*Give instruction to a wise man,
and he will be yet wiser:
teach a just man,
and he will increase in learning. — PROVERBS.*

1 **W**hen the discoverer of Christian Science is con-
sulted by her followers as to the propriety, advan-
3 tage, and consistency of systematic medical
study, she tries to show them that under ordi-
nary circumstances a resort to faith in corporeal means
6 tends to deter those, who make such a compromise, from
entire confidence in omnipotent Mind as really possessing
all power. While a course of medical study is at times
9 severely condemned by some Scientists, she feels, as she
always has felt, that all are privileged to work out their
own salvation according to their light, and that our motto
12 should be the Master's counsel, "Judge not, that ye be
not judged."

Study of
medicine

If patients fail to experience the healing power of
15 Christian Science, and think they can be benefited by
certain ordinary physical methods of medical
treatment, then the Mind-physician should
18 give up such cases, and leave invalids free to resort to
whatever other systems they fancy will afford relief.
Thus such invalids may learn the value of the apostolic
precept: "Reprove, rebuke, exhort with all longsuffering
21 and doctrine." If the sick find these material expedients

Failure's
lessons

unsatisfactory, and they receive no help from them, these 1
 very failures may open their blind eyes. In some way,
 sooner or later, all must rise superior to materiality, and 3
 suffering is oft the divine agent in this elevation. "All
 things work together for good to them that love God," is
 the dictum of Scripture. 6

Refuge and
 strength

If Christian Scientists ever fail to receive aid from
 other Scientists, — their brethren upon whom they may
 call, — God will still guide them into the right 9
 use of temporary and eternal means. Step by
 step will those who trust Him find that "God is our refuge
 and strength, a very present help in trouble." 12

Charity
 to those
 opposed

Students are advised by the author to be charitable
 and kind, not only towards differing forms of religion
 and medicine, but to those who hold these dif- 15
 fering opinions. Let us be faithful in pointing
 the way through Christ, as we understand it,
 but let us also be careful always to "judge righteous judg- 18
 ment," and never to condemn rashly. "Whosoever shall
 smite thee on thy right cheek, turn to him the other also."
 That is, Fear not that he will smite thee again for thy for- 21
 bearance. If ecclesiastical sects or medical schools turn
 a deaf ear to the teachings of Christian Science, then part
 from these opponents as did Abraham when he parted 24
 from Lot, and say in thy heart: "Let there be no strife, I
 pray thee, between me and thee, and between my herd-
 men and thy herdmen, for we be brethren." Immortals, 27
 or God's children in divine Science, are one harmonious
 family; but mortals, or the "children of men" in material
 sense, are discordant and oftentimes false brethren. 30

The teacher must make clear to students the Science
 of healing, especially its ethics, — that all is Mind, and

1 that the Scientist must conform to God's requirements.
Also the teacher must thoroughly fit his students to defend
3 themselves against sin, and to guard against the
attacks of the would-be *mental assassin*, who
attempts to kill morally and physically. No
6 hypothesis as to the existence of another power should
interpose a doubt or fear to hinder the demonstration of
Christian Science. Unfold the latent energies and capacities
9 for good in your pupil. Teach the great possibilities
of man endued with divine Science. Teach the dangerous
possibility of dwarfing the spiritual understanding and
12 demonstration of Truth by sin, or by recourse to material
means for healing. Teach the meekness and might of life
"hid with Christ in God," and there will be no desire for
15 other healing methods. You render the divine law of
healing obscure and void, when you weigh the human in
the scale with the divine, or limit in any direction of
18 thought the omnipresence and omnipotence of God.

Conforming
to explicit
rules

Christian Science silences human will, quiets fear with
Truth and Love, and illustrates the unlabored motion
21 of the divine energy in healing the sick. Self-
seeking, envy, passion, pride, hatred, and
revenge are cast out by the divine Mind which heals
24 disease. The human will which maketh and worketh a lie,
hiding the divine Principle of harmony, is destructive to
health, and is the cause of disease rather than its cure.

Divine
energy

27 There is great danger in teaching Mind-healing indis-
criminately, thus disregarding the morals of the student
and caring only for the fees. Recalling Jeffer-
30 son's words about slavery, "I tremble, when I
remember that God is just," the author trembles whenever
she sees a man, for the petty consideration of money,

Blight of
avarice

teaching his slight knowledge of Mind-power, — per- 1
 haps communicating his own bad morals, and in this way
 dealing pitilessly with a community unprepared for self- 3
 defence.

A thorough perusal of the author's publications heals 6
 sickness. If patients sometimes seem worse while read-
 ing this book, the change may either arise from the alarm
 of the physician, or it may mark the crisis of the disease.
 Perseverance in the perusal of the book has generally 9
 completely healed such cases.

Exclusion of
malpractice

Whoever practises the Science the author teaches, 12
 through which Mind pours light and healing upon this
 generation, can practise on no one from sin-
 ister or malicious motives without destroying
 his own power to heal and his own health. Good must 15
 dominate in the thoughts of the healer, or his demon-
 stration is protracted, dangerous, and impossible in Sci-
 ence. A wrong motive involves defeat. In the Science 18
 of Mind-healing, it is imperative to be honest, for victory
 rests on the side of immutable right. To understand
 God strengthens hope, enthrones faith in Truth, and 21
 verifies Jesus' word: "Lo, I am with you alway, even
 unto the end of the world."

Iniquity
overcome

Resisting evil, you overcome it and prove its nothing- 24
 ness. Not human platitudes, but divine beatitudes, re-
 flect the spiritual light and might which heal
 the sick. The exercise of will brings on a 27
 hypnotic state, detrimental to health and integrity of
 thought. This must therefore be watched and guarded
 against. Covering iniquity will prevent prosperity and the 30
 ultimate triumph of any cause. Ignorance of the error
 to be eradicated oftentimes subjects you to its abuse.

1 The heavenly law is broken by trespassing upon
man's individual right of self-government. We have no
3 authority in Christian Science and no moral
right to attempt to influence the thoughts of
others, except it be to benefit them. In men-
6 tal practice you must not forget that erring human opin-
ions, conflicting selfish motives, and ignorant attempts
to do good may render you incapable of knowing or
9 judging accurately the need of your fellow-men. There-
fore the rule is, heal the sick when called upon for aid,
and save the victims of the mental assassins.

No trespass
on human
rights

12 Ignorance, subtlety, or false charity does not for-
ever conceal error; evil will in time disclose and pun-
ish itself. The recuperative action of the
15 system, when mentally sustained by Truth,
goes on naturally. When sin or sickness —
the reverse of harmony — seems true to material sense,
18 impart without frightening or discouraging the pa-
tient the truth and spiritual understanding, which de-
stroy disease. Expose and denounce the claims of
21 evil and disease in all their forms, but realize no
reality in them. A sinner is not reformed merely
by assuring him that he cannot be a sinner because
24 there is no sin. To put down the claim of sin,
you must detect it, remove the mask, point out the
illusion, and thus get the victory over sin and so prove
27 its unreality. The sick are not healed merely by
declaring there is no sickness, but by knowing that
there is none.

Expose sin
without
believing in it

30 A sinner is afraid to cast the first stone. He may
say, as a subterfuge, that evil is unreal, but to know it,
he must demonstrate his statement. To assume that

	there are no claims of evil and yet to indulge them, is	1
	a moral offence. Blindness and self-righteousness cling	
Wicked evasions	fast to iniquity. When the Publican's wail	3
	went out to the great heart of Love, it won his	
	humble desire. Evil which obtains in the bodily senses,	
	but which the heart condemns, has no foundation; but if	6
	evil is uncondemned, it is undenied and nurtured. Under	
	such circumstances, to say that there is no evil, is an evil	
	in itself. When needed tell the truth concerning the lie.	9
	Evasion of Truth cripples integrity, and casts thee down	
	from the pinnacle.	
	Christian Science rises above the evidence of the cor-	12
	poreal senses; but if you have not risen above sin your-	
Truth's grand results	self, do not congratulate yourself upon your	
	blindness to evil or upon the good you know	15
	and <i>do</i> not. A dishonest position is far from Christianly	
	scientific. "He that covereth his sins shall not prosper:	
	but whoso confesseth and forsaketh them shall have	18
	mercy." Try to leave on every student's mind the strong	
	impress of divine Science, a high sense of the moral and	
	spiritual qualifications requisite for healing, well knowing	21
	it to be impossible for error, evil, and hate to accomplish	
	the grand results of Truth and Love. The reception or	
	pursuit of instructions opposite to absolute Christian	24
	Science must always hinder scientific demonstration.	
	If the student adheres strictly to the teachings of Chris-	
	tian Science and ventures not to break its rules, he can-	27
Adherence to righteousness	not fail of success in healing. It is Christian	
	Science to do right, and nothing short of right-	
	doing has any claim to the name. To talk the right and	30
	live the wrong is foolish deceit, doing one's self the most	
	harm. Fettered by sin yourself, it is difficult to free	

1 another from the fetters of disease. With your own wrists
manacled, it is hard to break another's chains. A little
3 leaven causes the whole mass to ferment. A grain of
Christian Science does wonders for mortals, so omnipotent is Truth, but more of Christian Science must be
6 gained in order to continue in well doing.

The wrong done another reacts most heavily against one's self. Right adjusts the balance sooner or later.

9 Think it "easier for a camel to go through
the eye of a needle," than for you to benefit
yourself by injuring others. Man's moral mercury, rising or falling, registers his healing ability and fitness to
12 teach. You should practise well what you know, and
you will then advance in proportion to your honesty
15 and fidelity, — qualities which insure success in this
Science; but it requires a higher understanding to teach
this subject properly and correctly than it does to heal
18 the most difficult case.

Right adjusts
the balance

The baneful effect of evil associates is less seen than felt. The inoculation of evil human thoughts ought to
21 be understood and guarded against. The
first impression, made on a mind which is
attracted or repelled according to personal merit or demerit, is a good detective of individual character. Certain
24 minds meet only to separate through simultaneous
repulsion. They are enemies without the preliminary
27 offence. The impure are at peace with the impure.
Only virtue is a rebuke to vice. A proper teacher of Christian Science improves the health and the morals of his
30 student if the student practises what he is taught, and
unless this result follows, the teacher is a Scientist only
in name.

Inoculation
of thought

Three classes of neophytes	There is a large class of thinkers whose bigotry and	1
	conceit twist every fact to suit themselves. Their creed	
	teaches belief in a mysterious, supernatural	3
	God, and in a natural, all-powerful devil. An-	
	other class, still more unfortunate, are so depraved that	6
Touchstone of Science	they appear to be innocent. They utter a falsehood,	
	while looking you blandly in the face, and they never	
	fail to stab their benefactor in the back. A third class	9
	of thinkers build with solid masonry. They are sincere,	
	generous, noble, and are therefore open to the approach	12
False claims annihilated	and recognition of Truth. To teach Christian Science	
	to such as these is no task. They do not incline long-	
	ingly to error, whine over the demands of Truth, nor	
	play the traitor for place and power.	
	Some people yield slowly to the touch of Truth. Few	15
False claims annihilated	yield without a struggle, and many are reluctant to ac-	
	knowledge that they have yielded; but un-	
	less this admission is made, evil will boast	18
	itself above good. The Christian Scientist has enlisted	
	to lessen evil, disease, and death; and he will overcome	21
False claims annihilated	them by understanding their nothingness and the allness	
	of God, or good. Sickness to him is no less a temptation	
	than is sin, and he heals them both by understanding	
	God's power over them. The Christian Scientist knows	24
	that they are errors of belief, which Truth can and will	
False claims annihilated	destroy.	
	Who, that has felt the perilous beliefs in life, substance,	27
	and intelligence separated from God, can say that there	
	is no error of belief? Knowing the claim of	
	animal magnetism, that all evil combines in	30
False claims annihilated	the belief of life, substance, and intelligence in matter,	
	electricity, animal nature, and organic life, who will deny	

1 that these are the errors which Truth must and will an-
nihilate? Christian Scientists must live under the con-
3 stant pressure of the apostolic command to come out from
the material world and be separate. They must re-
nounce aggression, oppression and the pride of power.
6 Christianity, with the crown of Love upon her brow,
must be their queen of life.

Students of Christian Science, who start with its letter
9 and think to succeed without the spirit, will either make
shipwreck of their faith or be turned sadly
awry. They must not only seek, but strive,
12 to enter the narrow path of Life, for "wide is the gate,
and broad is the way, that leadeth to destruction, and
many there be which go in thereat." Man walks in the
15 direction towards which he looks, and where his treasure
is, there will his heart be also. If our hopes and affec-
tions are spiritual, they come from above, not from be-
18 neath, and they bear as of old the fruits of the Spirit.

Treasure
in heaven

Every Christian Scientist, every conscientious teacher
of the Science of Mind-healing, knows that human will
21 is not Christian Science, and he must recog-
nize this in order to defend himself from the
influence of human will. He feels morally obligated to
24 open the eyes of his students that they may perceive the
nature and methods of error of every sort, especially any
subtle degree of evil, deceived and deceiving. All mental
27 malpractice arises from ignorance or malice aforethought.
It is the injurious action of one mortal mind controlling
another from wrong motives, and it is practised either
30 with a mistaken or a wicked purpose.

Obligations
of teachers

Show your student that mental malpractice tends to
blast moral sense, health, and the human life. Instruct

	him how to bar the door of his thought against this	1
	seeming power, — a task not difficult, when one under-	
Indispensable defence	stands that evil has in reality no power.	3
	Incorrect reasoning leads to practical error.	
	The wrong thought should be arrested before it has a	
	chance to manifest itself.	6
	Walking in the light, we are accustomed to the light	
	and require it; we cannot see in darkness. But eyes ac-	
Egotistic darkness	customed to darkness are pained by the light.	9
	When outgrowing the old, you should not fear	
	to put on the new. Your advancing course may pro-	
	voke envy, but it will also attract respect. When error	12
	confronts you, withhold not the rebuke or the explana-	
	tion which destroys error. Never breathe an immoral	
	atmosphere, unless in the attempt to purify it. Better is	15
	the frugal intellectual repast with contentment and virtue,	
	than the luxury of learning with egotism and vice.	
	Right is radical. The teacher must know the truth	18
	himself. He must live it and love it, or he cannot impart	
Unwarranted expectations	it to others. We soil our garments with con-	21
	servatism, and afterwards we must wash them	
	clean. When the spiritual sense of Truth unfolds its	
	harmonies, you take no risks in the policy of error. Ex-	24
	pect to heal simply by repeating the author's words, by	
	right talking and wrong acting, and you will be disap-	
	pointed. Such a practice does not demonstrate the	
	Science by which divine Mind heals the sick.	27
	Acting from sinful motives destroys your power of	
	healing from the right motive. On the other hand, if	
Reliable authority	you had the inclination or power to practise	30
	wrongly and then should adopt Christian	
	Science, the wrong power would be destroyed. You do	

1 not deny the mathematician's right to distinguish the cor-
rect from the incorrect among the examples on the black-
3 board, nor disbelieve the musician when he distinguishes
concord from discord. In like manner it should be granted
that the author understands what she is saying.

6 Right and wrong, truth and error, will be at strife in
the minds of students, until victory rests on the side of
invincible truth. Mental chemicalization fol-
9 lows the explanation of Truth, and a higher
basis is thus won; but with some individuals the morbid
moral or physical symptoms constantly reappear. I
12 have never witnessed so decided effects from the use of
material remedies as from the use of spiritual.

Winning
the field

Teach your student that he must know himself be-
15 fore he can know others and minister to human needs.
Honesty is spiritual power. Dishonesty is
human weakness, which forfeits divine help.

Knowledge
and honesty

18 You uncover sin, not in order to injure, but in order
to bless the corporeal man; and a right motive has
its reward. Hidden sin is spiritual wickedness in high
21 places. The masquerader in this Science thanks God
that there is no evil, yet serves evil in the name of
good.

24 You should treat sickness mentally just as you would
sin, except that you must not tell the patient that he is
sick nor give names to diseases, for such a
27 course increases fear, the foundation of dis-
ease, and impresses more deeply the wrong mind-picture.
A Christian Scientist's medicine is Mind, the divine Truth
30 that makes man free. A Christian Scientist never recom-
mends material hygiene, never manipulates. He does
not trespass on the rights of mind nor can he practise

Metaphysical
treatment

animal magnetism or hypnotism. It need not be added 1
that the use of tobacco or intoxicating drinks is not in
harmony with Christian Science. 3

Impotence
of hate

Teach your students the omnipotence of Truth, which
illustrates the impotence of error. The understanding,
even in a degree, of the divine All-power de- 6
— destroys fear, and plants the feet in the true path,
— the path which leads to the house built without hands
“eternal in the heavens.” Human hate has no legiti- 9
mate mandate and no kingdom. Love is enthroned.
That evil or matter has neither intelligence nor power,
is the doctrine of absolute Christian Science, and this is 12
the great truth which strips all disguise from error.

Love the
incentive

He, who understands in a sufficient degree the Princi-
ple of Mind-healing, points out to his student error as 15
well as truth, the wrong as well as the right
practice. Love for God and man is the true
incentive in both healing and teaching. Love inspires, 18
illuminates, designates, and leads the way. Right motives
give pinions to thought, and strength and freedom to
speech and action. Love is priestess at the altar of 21
Truth. Wait patiently for divine Love to move upon the
waters of mortal mind, and form the perfect concept.
Patience must “have her perfect work.” 24

Continuity
of interest

Do not dismiss students at the close of a class term,
feeling that you have no more to do for them. Let your
loving care and counsel support all their feeble 27
footsteps, until your students tread firmly in
the straight and narrow way. The superiority of spir-
itual power over sensuous is the central point of Chris- 30
tian Science. Remember that the letter and mental
argument are only human auxiliaries to aid in bringing

1 thought into accord with the spirit of Truth and Love,
which heals the sick and the sinner.

3 A mental state of self-condemnation and guilt or a
faltering and doubting trust in Truth are unsuitable
conditions for healing the sick. Such mental
6 states indicate weakness instead of strength.

Weakness
and guilt

Hence the necessity of being right yourself in order to
teach this Science of healing. You must utilize the moral
9 might of Mind in order to walk over the waves of error
and support your claims by demonstration. If you are
yourself lost in the belief and fear of disease or sin, and
12 if, knowing the remedy, you fail to use the energies of
Mind in your own behalf, you can exercise little or no
power for others' help. "First cast out the beam out
15 of thine own eye; and then shalt thou see clearly to cast
out the mote out of thy brother's eye."

The student, who receives his knowledge of Christian
18 Science, or metaphysical healing, from a human teacher,
may be mistaken in judgment and demonstra-
tion, but God cannot mistake. God selects
21 for the highest service one who has grown into such a
fitness for it as renders any abuse of the mission an im-
possibility. The All-wise does not bestow His highest
24 trusts upon the unworthy. When He commissions a mes-
senger, it is one who is spiritually near Himself. No per-
son can misuse this mental power, if he is taught of God
27 to discern it.

The trust of
the All-wise

This strong point in Christian Science is not to be
overlooked, — that the same fountain cannot send forth
30 both sweet waters and bitter. The higher
your attainment in the Science of mental
healing and teaching, the more impossible it will be-

Integrity
assured

come for you intentionally to influence mankind adverse 1
to its highest hope and achievement.

Teaching or practising in the name of Truth, but con- 3
trary to its spirit or rules, is most dangerous quackery.

Chicanery
impossible

Strict adherence to the divine Principle and 6
rules of the scientific method has secured

the only success of the students of Christian Science. 9
This alone entitles them to the high standing which

most of them hold in the community, a reputation ex-
perimentally justified by their efforts. Whoever af- 12

firms that there is more than one Principle and method
of demonstrating Christian Science greatly errs, igno- 15

rantly or intentionally, and separates himself from the
true conception of Christian Science healing and from
its possible demonstration.

Any dishonesty in your theory and practice betrays a
gross ignorance of the method of the Christ-cure. Science 18

No dishonest
concessions

makes no concessions to persons or opinions.
One must abide in the *morale* of truth or he

cannot demonstrate the divine Principle. So long as
matter is the basis of practice, illness cannot be effica- 21

ciously treated by the metaphysical process. Truth does
the work, and you must both understand and abide by the

divine Principle of your demonstration. 24

A Christian Scientist requires my work SCIENCE AND
HEALTH for his textbook, and so do all his students and 27

This volume
indispensable

patients. Why? *First*: Because it is the voice
of Truth to this age, and contains the full

statement of Christian Science, or the Science of healing
through Mind. *Second*: Because it was the first book 30

known, containing a thorough statement of Christian
Science. Hence it gave the first rules for demonstrating

1 this Science, and registered the revealed Truth uncon-
taminated by human hypotheses. Other works, which
3 have borrowed from this book without giving it credit,
have adulterated the Science. *Third*: Because this book
has done more for teacher and student, for healer and
6 patient, than has been accomplished by other books.

Since the divine light of Christian Science first dawned
upon the author, she has never used this newly discovered
9 power in any direction which she fears to have
fairly understood. Her prime object, since
entering this field of labor, has been to prevent suffering,
12 not to produce it. That we cannot scientifically both
cure and cause disease is self-evident. In the legend of
the shield, which led to a quarrel between two knights
15 because each of them could see but one face of it, both
sides were beautiful according to their degree; but to
mental malpractice, prolific of evil, there is no good as-
18 pect, either silvern or golden.

Purity of
science

Christian Science is not an exception to the general
rule, that there is no excellence without labor in a direct
21 line. One cannot scatter his fire, and at the
same time hit the mark. To pursue other
vocations and advance rapidly in the demonstration of
24 this Science, is not possible. Departing from Christian
Science, some learners commend diet and hygiene.
They even practise these, intending thereby to initiate
27 the cure which they mean to complete with Mind, as if
the non-intelligent could aid Mind! The Scientist's
demonstration rests on one Principle, and there must
30 and can be no opposite rule. Let this Principle be ap-
plied to the cure of disease without exploiting other
means.

Backsliders
and mistakes

	Mental quackery rests on the same platform as all	1
	other quackery. The chief plank in this platform is the	
Mental	doctrine that Science has two principles in	3
charlatanism	partnership, one good and the other evil, —	
	one spiritual, the other material, — and that these two	
	may be simultaneously at work on the sick. This	6
	theory is supposed to favor practice from both a mental	
	and a material standpoint. Another plank in the plat-	
	form is this, that error will finally have the same effect	9
	as truth.	
	It is anything but scientifically Christian to think of	
	aiding the divine Principle of healing or of trying to sus-	12
Divinity	tain the human body until the divine Mind	
ever ready	is ready to take the case. Divinity is always	
	ready. <i>Semper paratus</i> is Truth's motto. Having seen	15
	so much suffering from quackery, the author desires to	
	keep it out of Christian Science. The two-edged sword	
	of Truth must turn in every direction to guard "the tree	18
	of life."	
	Sin makes deadly thrusts at the Christian Scientist as	
	ritualism and creed are summoned to give place to higher	21
The panoply	law, but Science will ameliorate mortal malice.	
of wisdom	The Christianly scientific man reflects the	
	divine law, thus becoming a law unto himself. He does	24
	violence to no man. Neither is he a false accuser. The	
	Christian Scientist wisely shapes his course, and is hon-	27
	est and consistent in following the leadings of divine	
	Mind. He must prove, through living as well as heal-	
	ing and teaching, that Christ's way is the only one	
	by which mortals are radically saved from sin and	30
	sickness.	
	Christianity causes men to turn naturally from matter	

1 to Spirit, as the flower turns from darkness to light.
Man then appropriates those things which “eye hath
3 not seen nor ear heard.” Paul and John
had a clear apprehension that, as mortal man
achieves no worldly honors except by sacrifice,
6 so he must gain heavenly riches by forsaking all worldli-
ness. Then he will have nothing in common with the
worldling’s affections, motives, and aims. Judge not the
9 future advancement of Christian Science by the steps
already taken, lest you yourself be condemned for fail-
ing to take the first step.

Advancement
by sacrifice

12 Any attempt to heal mortals with erring mortal mind,
instead of resting on the omnipotence of the divine
Mind, must prove abortive. Committing the
15 bare process of mental healing to frail mor-
tals, untaught and unrestrained by Christian Science,
is like putting a sharp knife into the hands of a blind
18 man or a raging maniac, and turning him loose in
the crowded streets of a city. Whether animated by
malice or ignorance, a false practitioner will work mis-
chief, and ignorance is more harmful than wilful wicked-
21 ness, when the latter is distrusted and thwarted in its
incipiency.

Dangerous
knowledge

24 To mortal sense Christian Science seems abstract, but
the process is simple and the results are sure if the Science
is understood. The tree must be good, which
27 produces good fruit. Guided by divine Truth
and not guesswork, the *theologus* (that is, the student —
the Christian and scientific expounder — of the divine
law) treats disease with more certain results than any
30 other healer on the globe. The Christian Scientist should
understand and adhere strictly to the rules of divine meta-

Certainty
of results

physics as laid down in this work, and rest his demonstration on this sure basis. 1

Ontology
defined

Ontology is defined as "the science of the necessary constituents and relations of all beings," and it underlies all metaphysical practice. Our system of Mind-healing rests on the apprehension of the nature and essence of all being, — on the divine Mind and Love's essential qualities. Its pharmacy is moral, and its medicine is intellectual and spiritual, though used for physical healing. Yet this most fundamental part of metaphysics is the one most difficult to understand and demonstrate, for to the material thought all is material, till such thought is rectified by Spirit. 3 6 9 12

Mischievous
imagination

Sickness is neither imaginary nor unreal, — that is, to the frightened, false sense of the patient. Sickness is more than fancy; it is solid conviction. It is therefore to be dealt with through right apprehension of the truth of being. If Christian healing is abused by mere smatterers in Science, it becomes a tedious mischief-maker. Instead of scientifically effecting a cure, it starts a petty crossfire over every cripple and invalid, buffeting them with the superficial and cold assertion, "Nothing ails you." 15 18 21

Author's early
instructions

When the Science of Mind was a fresh revelation to the author, she had to impart, while teaching its grand facts, the hue of spiritual ideas from her own spiritual condition, and she had to do this orally through the meagre channel afforded by language and by her manuscript circulated among the students. As former beliefs were gradually expelled from her thought, the teaching became clearer, until finally the shadow of old errors was no longer cast upon divine Science. 24 27 30

Proof by
induction

1 I do not maintain that anyone can exist in the flesh
without food and raiment; but I do believe that the
3 real man is immortal and that he lives in
Spirit, not matter. Christian Science must
be accepted at this period by induction. We admit the
6 whole, because a part is proved and that part illustrates
and proves the entire Principle. Christian Science can
be taught only by those who are morally advanced and
9 spiritually endowed, for it is not superficial, nor is it
discerned from the standpoint of the human senses.
Only by the illumination of the spiritual sense, can
12 the light of understanding be thrown upon this Science,
because Science reverses the evidence before the material
senses and furnishes the eternal interpretation of God and
15 man.

If you believe that you are sick, should you say, "I am
sick"? No, but you should tell your belief sometimes,
18 if this be requisite to protect others. If you commit a
crime, should you acknowledge to yourself that you are
a criminal? Yes. Your responses should differ because
21 of the different effects they produce. Usually to admit
that you are sick, renders your case less curable, while
to recognize your sin, aids in destroying it. Both sin and
24 sickness are error, and Truth is their remedy. The truth
regarding error is, that error is not true, hence it is unreal.
To prove scientifically the error or unreality of sin, you
27 must first see the claim of sin, and then destroy it.
Whereas, to prove scientifically the error or unreality of
disease, you must mentally unsee the disease; then you
30 will not feel it, and it is destroyed.

Systematic teaching and the student's spiritual growth
and experience in practice are requisite for a thorough

	comprehension of Christian Science. Some individuals assimilate truth more readily than others, but any student, who adheres to the divine rules of Christian Science and imbibes the spirit of Christ, can demonstrate Christian Science, cast out error, heal the sick, and add continually to his store of spiritual understanding, potency, enlightenment, and success.	1
Rapidity of assimilation		3
		6
	If the student goes away to practise Truth's teachings only in part, dividing his interests between God and mammon and substituting his own views for Truth, he will inevitably reap the error he sows. Whoever would demonstrate the healing of Christian Science must abide strictly by its rules, heed every statement, and advance from the rudiments laid down. There is nothing difficult nor toilsome in this task, when the way is pointed out; but self-denial, sincerity, Christianity, and persistence alone win the prize, as they usually do in every department of life.	9
Divided loyalty		12
		15
		18
	Anatomy, when conceived of spiritually, is mental self-knowledge, and consists in the dissection of thoughts to discover their quality, quantity, and origin. Are thoughts divine or human? That is the important question. This branch of study is indispensable to the excision of error. The anatomy of Christian Science teaches when and how to probe the self-inflicted wounds of selfishness, malice, envy, and hate. It teaches the control of mad ambition. It unfolds the hallowed influences of unselfishness, philanthropy, spiritual love. It urges the government of the body both in health and in sickness. The Christian Scientist, through understanding mental anatomy, discerns and	21
Anatomy defined		24
		27
		30

1 deals with the real cause of disease. The material physi-
cian gropes among phenomena, which fluctuate every in-
3 stant under influences not embraced in his diagnosis, and
so he may stumble and fall in the darkness.

Teacher and student should also be familiar with the
6 obstetrics taught by this Science. To attend properly
the birth of the new child, or divine idea,
you should so detach mortal thought from its
9 material conceptions, that the birth will be natural and
safe. Though gathering new energy, this idea cannot
injure its useful surroundings in the travail of spiritual
12 birth. A spiritual idea has not a single element of error,
and this truth removes properly whatever is offensive.
The new idea, conceived and born of Truth and Love, is
15 clad in white garments. Its beginning will be meek, its
growth sturdy, and its maturity undecaying. When
this new birth takes place, the Christian Science infant
18 is born of the Spirit, born of God, and can cause the
mother no more suffering. By this we know that Truth
is here and has fulfilled its perfect work.

Scientific
obstetrics

21 To decide quickly as to the proper treatment of error —
whether error is manifested in forms of sickness, sin,
or death — is the first step towards destroy-
24 ing error. Our Master treated error through
Mind. He never enjoined obedience to the laws of nature,
if by these are meant laws of matter, nor did he use drugs.
27 There is a law of God applicable to healing, and it is a
spiritual law instead of material. The sick are not healed
by inanimate matter or drugs, as they believe that they
30 are. Such seeming medical effect or action is that of so-
called mortal mind.

Unhesitating
decision

It has been said to the author, "The world is bene-

	fited by you, but it feels your influence without seeing	1
	you. Why do you not make yourself more widely	
Seclusion of the author	known?" Could her friends know how little	3
	time the author has had, in which to make	
	herself outwardly known except through her laborious	
	publications, — and how much time and toil are still re-	6
	quired to establish the stately operations of Christian	
	Science, — they would understand why she is so secluded.	
	Others could not take her place, even if willing so to do.	9
	She therefore remains unseen at her post, seeking no self-	
	aggrandizement but praying, watching, and working for	
	the redemption of mankind.	12
	If from an injury or from any cause, a Christian Scien-	
	tist were seized with pain so violent that he could not	
	treat himself mentally, — and the Scientists had failed	15
	to relieve him, — the sufferer could call a surgeon, who	
	would give him a hypodermic injection, then, when the	
	belief of pain was lulled, he could handle his own case	18
	mentally. Thus it is that we "prove all things; [and]	
	hold fast that which is good."	
	In founding a pathological system of Christianity, the	21
	author has labored to expound divine Principle, and not	
The right motive and its reward	to exalt personality. The weapons of bigotry,	
	ignorance, envy, fall before an honest heart.	24
	Adulterating Christian Science, makes it void.	
	Falsity has no foundation. "The hireling fleeth, because	
	he is an hireling, and careth not for the sheep." Neither	27
	dishonesty nor ignorance ever founded, nor can they over-	
	throw a scientific system of ethics.	

Recapitulation

*For precept must be upon precept, precept upon precept;
line upon line, line upon line;
here a little, and there a little. — ISAIAH.*

- 1 **T**his chapter is from the first edition of the author's
class-book, copyrighted in 1870. After much labor
3 and increased spiritual understanding, she revised that
treatise for this volume in 1875. Absolute Christian
Science pervades its statements, to elucidate scientific
6 metaphysics.

QUESTIONS AND ANSWERS

Question. — What is God?

- 9 *Answer.* — God is incorporeal, divine, supreme, infinite
Mind, Spirit, Soul, Principle, Life, Truth, Love.

Question. — Are these terms synonymous?

- 12 *Answer.* — They are. They refer to one absolute God.
They are also intended to express the nature, essence, and
wholeness of Deity. The attributes of God are justice,
15 mercy, wisdom, goodness, and so on.

Question. — Is there more than one God or Principle?

- Answer.* — There is not. Principle and its idea is one,
18 and this one is God, omnipotent, omniscient, and omni-

present Being, and His reflection is man and the universe. 1
Omni is adopted from the Latin adjective signifying *all*.
 Hence God combines all-power or potency, all-science 3
 or true knowledge, all-presence. The varied manifesta-
 tions of Christian Science indicate Mind, never matter,
 and have one Principle. 6

Question. — What are spirits and souls?

Answer. — To human belief, they are personalities
 constituted of mind and matter, life and death, truth and 9
 error, good and evil; but these contrasting
 pairs of terms represent contraries, as Chris-
 tian Science reveals, which neither dwell together nor 12
 assimilate. Truth is immortal; error is mortal. Truth
 is limitless; error is limited. Truth is intelligent; error
 is non-intelligent. Moreover, Truth is real, and error is 15
 unreal. This last statement contains the point you will
 most reluctantly admit, although first and last it is the
 most important to understand. 18

Real *versus*
 unreal

The term *souls* or *spirits* is as improper as the term
gods. Soul or Spirit signifies Deity and nothing else.
 There is no finite soul nor spirit. Soul or 21
 Spirit means only one Mind, and cannot be
 rendered in the plural. Heathen mythology and Jewish
 theology have perpetuated the fallacy that intelligence,
 soul, and life can be in matter; and idolatry and ritualism 24
 are the outcome of all man-made beliefs. The Science
 of Christianity comes with fan in hand to separate the 27
 chaff from the wheat. Science will declare God aright,
 and Christianity will demonstrate this declaration and
 its divine Principle, making mankind better physically, 30
 morally, and spiritually.

Mankind
 redeemed

1 *Question.* — What are the demands of the Science of Soul?

3 *Answer.* — The first demand of this Science is, "Thou shalt have no other gods before me." This *me* is Spirit. Therefore the command means this: Thou shalt
6 have no intelligence, no life, no substance, no truth, no love, but that which is spiritual. The second is like unto it, "Thou shalt love thy neighbor as thyself."
9 It should be thoroughly understood that all men have one Mind, one God and Father, one Life, Truth, and Love. Mankind will become perfect in proportion as this fact
12 becomes apparent, war will cease and the true brotherhood of man will be established. Having no other gods, turning to no other but the one perfect Mind to guide
15 him, man is the likeness of God, pure and eternal, having that Mind which was also in Christ.

Two chief
commands

Science reveals Spirit, Soul, as not in the body, and
18 God as not in man but as reflected by man. The greater cannot be in the lesser. The belief that the greater can be in the lesser is an error that
21 works ill. This is a leading point in the Science of Soul, that Principle is not in its idea. Spirit, Soul, is not confined in man, and is never in matter. We reason im-
24 perfectly from effect to cause, when we conclude that matter is the effect of Spirit; but *a priori* reasoning shows material existence to be enigmatical. Spirit gives
27 the true mental idea. We cannot interpret Spirit, Mind, through matter. Matter neither sees, hears, nor feels.

Soul
not confined
in body

Reasoning from cause to effect in the Science of Mind,
30 we begin with Mind, which must be understood through the idea which expresses it and cannot be learned from its opposite, matter. Thus we

Sinlessness of
Mind, Soul

arrive at Truth, or intelligence, which evolves its own
 unerring idea and never can be coordinate with human
 illusions. If Soul sinned, it would be mortal, for sin is
 mortality's self, because it kills itself. If Truth is im-
 mortal, error must be mortal, because error is unlike
 Truth. Because Soul is immortal, Soul cannot sin, for
 sin is not the eternal verity of being.

Question. — What is the scientific statement of being?

Answer. — There is no life, truth, intelligence, nor sub-
 stance in matter. All is infinite Mind and its infinite
 manifestation, for God is All-in-all. Spirit is immortal
 Truth; matter is mortal error. Spirit is the real and
 eternal; matter is the unreal and temporal. Spirit is
 God, and man is His image and likeness. Therefore
 man is not material; he is spiritual.

Question. — What is substance?

Answer. — Substance is that which is eternal and inca-
 pable of discord and decay. Truth, Life, and Love are
 substance, as the Scriptures use this word in
 Hebrews: "The substance of things hoped
 for, the evidence of things not seen." Spirit, the synonym
 of Mind, Soul, or God, is the only real substance. The
 spiritual universe, including individual man, is a com-
 pound idea, reflecting the divine substance of Spirit.

Question. — What is Life?

Answer. — Life is divine Principle, Mind, Soul, Spirit.
 Life is without beginning and without end.
 Eternity, not time, expresses the thought of
 Life, and time is no part of eternity. One ceases in
 proportion as the other is recognized. Time is finite;

Spiritual
 synonyms

Eternity
 of Life

1 eternity is forever infinite. Life is neither in nor of mat-
 2 ter. What is termed matter is unknown to Spirit, which
 3 includes in itself all substance and is Life eternal. Mat-
 4 ter is a human concept. Life is divine Mind. Life is not
 5 limited. Death and finiteness are unknown to Life. If
 6 Life ever had a beginning, it would also have an ending.

Question. — What is intelligence?

Answer. — Intelligence is omniscience, omnipresence,
 9 and omnipotence. It is the primal and eternal quality
 10 of infinite Mind, of the triune Principle, — Life, Truth,
 11 and Love, — named God.

12 *Question.* — What is Mind?

Answer. — Mind is God. The exterminator of error
 13 is the great truth that God, good, is the *only* Mind, and
 14 that the supposititious opposite of infinite Mind
 15 — called *devil* or evil — is not Mind, is not
 16 Truth, but error, without intelligence or reality. There
 17 can be but one Mind, because there is but one God; and
 18 if mortals claimed no other Mind and accepted no other,
 19 sin would be unknown. We can have but one Mind, if
 20 that one is infinite. We bury the sense of infinitude,
 21 when we admit that, although God is infinite, evil has a
 22 place in this infinity, for evil can have no place, where all
 23 space is filled with God.

True sense of
 infinitude

We lose the high signification of omnipotence, when
 24 after admitting that God, or good, is omnipresent and
 25 has all-power, we still believe there is another
 26 power, named *evil*. This belief that there
 27 is more than one mind is as pernicious to divine theology
 28 as are ancient mythology and pagan idolatry. With
 29
 30

The sole
 governor

one Father, even God, the whole family of man would
 be brethren; and with one Mind and that God, or good,
 the brotherhood of man would consist of Love and Truth,
 and have unity of Principle and spiritual power which
 constitute divine Science. The supposed existence of
 more than one mind was the basic error of idolatry. This
 error assumed the loss of spiritual power, the loss of the
 spiritual presence of Life as infinite Truth without an
 unlikeness, and the loss of Love as ever present and
 universal.

The divine
 standard of
 perfection

Divine Science explains the abstract statement that
 there is one Mind by the following self-evident propo-
 sition: If God, or good, is real, then evil, the
 unlikeness of God, is unreal. And evil can
 only seem to be real by giving reality to the
 unreal. The children of God have but one Mind. How
 can good lapse into evil, when God, the Mind of man,
 never sins? The standard of perfection was originally
 God and man. Has God taken down His own standard,
 and has man fallen?

Indestructible
 relationship

God is the creator of man, and, the divine Principle
 of man remaining perfect, the divine idea or reflection,
 man, remains perfect. Man is the expression
 of God's being. If there ever was a moment
 when man did not express the divine perfec-
 tion, then there was a moment when man did not express
 God, and consequently a time when Deity was unex-
 pressed — that is, without entity. If man has lost per-
 fection, then he has lost his perfect Principle, the divine
 Mind. If man ever existed without this perfect Principle
 or Mind, then man's existence was a myth.

The relations of God and man, divine Principle and

1 idea, are indestructible in Science; and Science knows
no lapse from nor return to harmony, but holds the divine
3 order or spiritual law, in which God and all that He cre-
ates are perfect and eternal, to have remained unchanged
in its eternal history.

6 The unlikeness of Truth, — named *error*, — the op-
posite of Science, and the evidence before the five cor-
poreal senses, afford no indication of the grand
9 facts of being; even as these so-called senses
receive no intimation of the earth's motions or of the
science of astronomy, but yield assent to astronomical
12 propositions on the authority of natural science.

Celestial
evidence

The facts of divine Science should be admitted, —
although the evidence as to these facts is not supported
15 by evil, by matter, or by material sense, — because the
evidence that God and man coexist is fully sustained by
spiritual sense. Man is, and forever has been, God's re-
18 flection. God is infinite, therefore ever present, and
there is no other power nor presence. Hence the spirit-
uality of the universe is the only fact of creation. "Let
21 God be true, but every [material] man a liar."

Question. — Are doctrines and creeds a benefit to man?

Answer. — The author subscribed to an orthodox
24 creed in early youth, and tried to adhere to it until she
caught the first gleam of that which inter-
prets God as above mortal sense. This
27 view rebuked human beliefs, and gave the spiritual im-
port, expressed through Science, of all that proceeds
from the divine Mind. Since then her highest creed has
30 been divine Science, which, reduced to human apprehen-
sion, she has named Christian Science. This Science

The test of
experience

teaches man that God is the only Life, and that this Life is Truth and Love; that God is to be understood, adored, and demonstrated; that divine Truth casts out suppositional error and heals the sick. 1 3

God's law
destroys evil

The way which leads to Christian Science is straight and narrow. God has set His signet upon Science, making it coordinate with all that is real and only with that which is harmonious and eternal. 6
Sickness, sin, and death, being inharmonious, do not originate in God nor belong to His government. His law, rightly understood, destroys them. Jesus furnished proofs of these statements. 9 12

Question. — What is error?

Evanescent
materiality

Answer. — Error is a supposition that pleasure and pain, that intelligence, substance, life, are existent in matter. Error is neither Mind nor one of Mind's faculties. Error is the contradiction of Truth. 15
Error is a belief without understanding. Error is unreal because untrue. It is that which seemeth to be and is not. 18
If error were true, its truth would be error, and we should have a self-evident absurdity — namely, *erroneous truth*. 21
Thus we should continue to lose the standard of Truth.

Question. — Is there no sin?

Unrealities
that seem
real

Answer. — All reality is in God and His creation, harmonious and eternal. That which He creates is good, and He makes all that is made. Therefore 24
the only reality of sin, sickness, or death is 27
the awful fact that unrealities seem real to human, erring belief, until God strips off their disguise. They are not true, because they are not of God. We learn in Christian 30

1 Science that all inharmony of mortal mind or body is illu-
sion, possessing neither reality nor identity though seeming
3 to be real and identical.

The Science of Mind disposes of all evil. Truth, God,
is not the father of error. Sin, sickness, and death are
6 to be classified as effects of error. Christ
came to destroy the belief of sin. The God-
principle is omnipresent and omnipotent. God is every-
9 where, and nothing apart from Him is present or has
power. Christ is the ideal Truth, that comes to heal
sickness and sin through Christian Science, and attributes
12 all power to God. Jesus is the name of the man who,
more than all other men, has presented Christ, the true
idea of God, healing the sick and the sinning and destroy-
15 ing the power of death. Jesus is the human man, and
Christ is the divine idea; hence the duality of Jesus the
Christ.

Christ the
ideal Truth

18 In an age of ecclesiastical despotism, Jesus introduced
the teaching and practice of Christianity, affording the
proof of Christianity's truth and love; but to
21 reach his example and to test its unerring Sci-
ence according to his rule, healing sickness, sin, and
death, a better understanding of God as divine Prin-
24 ciple, Love, rather than personality or the man Jesus, is
required.

Jesus not
God

Jesus established what he said by demonstration,
27 thus making his acts of higher importance than his
words. He proved what he taught. This
is the Science of Christianity. Jesus *proved*
30 the Principle, which heals the sick and casts out error,
to be divine. Few, however, except his students un-
derstood in the least his teachings and their glorious

Jesus not
understood

proofs, — namely, that Life, Truth, and Love (the Principle of this unacknowledged Science) destroy all error, evil, disease, and death. 1
3

Miracles
rejected

The reception accorded to Truth in the early Christian era is repeated to-day. Whoever introduces the Science of Christianity will be scoffed at and scourged with worse cords than those which cut the flesh. To the ignorant age in which it first appears, Science seems to be a mistake, — hence the misinterpretation and consequent maltreatment which it receives. Christian marvels (and *marvel* is the simple meaning of the Greek word rendered *miracle* in the New Testament) will be misunderstood and misused by many, until the glorious Principle of these marvels is gained. 6
9
12
15

Divine
fulfilment

If sin, sickness, and death are as real as Life, Truth, and Love, then they must all be from the same source; God must be their author. Now Jesus came to destroy sin, sickness, and death; yet the Scriptures aver, "I am not come to destroy, but to fulfil." Is it possible, then, to believe that the evils which Jesus lived to destroy are real or the offspring of the divine will? 18
21

Truth
destroys
falsity

Despite the hallowing influence of Truth in the destruction of error, must error still be immortal? Truth spares all that is true. If evil is real, Truth must make it so; but error, not Truth, is the author of the unreal, and the unreal vanishes, while all that is real is eternal. The apostle says that the mission of Christ is to "destroy the works of the devil." Truth destroys falsity and error, for light and darkness cannot dwell together. Light extinguishes the 24
27
30

1 darkness, and the Scripture declares that there is "no
 night there." To Truth there is no error, — all is Truth.
 3 To infinite Spirit there is no matter, — all is Spirit, divine
 Principle and its idea.

Question. — What is man?

6 *Answer.* — Man is not matter; he is not made up of
 brain, blood, bones, and other material elements. The
 Scriptures inform us that man is made in
 9 the image and likeness of God. Matter is
 not that likeness. The likeness of Spirit cannot be so
 unlike Spirit. Man is spiritual and perfect; and be-
 12 cause he is spiritual and perfect, he must be so under-
 stood in Christian Science. Man is idea, the image, of
 Love; he is not physique. He is the compound idea of
 15 God, including all right ideas; the generic term for
 all that reflects God's image and likeness; the conscious
 identity of being as found in Science, in which man is
 18 the reflection of God, or Mind, and therefore is eternal;
 that which has no separate mind from God; that which
 has not a single quality underived from Deity; that which
 21 possesses no life, intelligence, nor creative power of his
 own, but reflects spiritually all that belongs to his Maker.

Fleshly
factors unreal

And God said: "Let us make man in our image, after
 24 our likeness; and let them have dominion over the fish
 of the sea, and over the fowl of the air, and over the cattle,
 and over all the earth, and over every creeping thing that
 27 creepeth upon the earth."

Man is incapable of sin, sickness, and death. The
 real man cannot depart from holiness, nor
 30 can God, by whom man is evolved, engender
 the capacity or freedom to sin. A mortal sinner is not

Man
unfallen

God's man. Mortals are the counterfeits of immortals. 1
 They are the children of the wicked one, or the one evil,
 which declares that man begins in dust or as a material 3
 embryo. In divine Science, God and the real man are
 inseparable as divine Principle and idea.

Error, urged to its final limits, is self-destroyed. 6
 Error will cease to claim that soul is in body, that life
 and intelligence are in matter, and that
 this matter is man. God is the Principle of 9
 man, and man is the idea of God. Hence man is not
 mortal nor material. Mortals will disappear, and im-
 mortals, or the children of God, will appear as the only 12
 and eternal verities of man. Mortals are not fallen chil-
 dren of God. They never had a perfect state of being,
 which may subsequently be regained. They were, from 15
 the beginning of mortal history, "conceived in sin and
 brought forth in iniquity." Mortality is finally swallowed
 up in immortality. Sin, sickness, and death must dis- 18
 appear to give place to the facts which belong to immortal
 man.

Learn this, O mortal, and earnestly seek the spiritual 21
 status of man, which is outside of all material selfhood.
 Remember that the Scriptures say of mortal
 man: "As for man, his days are as grass: as 24
 a flower of the field, so he flourisheth. For the wind
 passeth over it, and it is gone; and the place thereof shall
 know it no more." 27

When speaking of God's children, not the children of
 men, Jesus said, "The kingdom of God is within you;"
 that is, Truth and Love reign in the real 30
 man, showing that man in God's image is
 unfallen and eternal. Jesus beheld in Science the per-

Mortals are
not immortals

Imperishable
identity

The kingdom
within

1 fect man, who appeared to him where sinning mortal
 man appears to mortals. In this perfect man the Saviour
 3 saw God's own likeness, and this correct view of man
 healed the sick. Thus Jesus taught that the kingdom
 of God is intact, universal, and that man is pure and holy.
 6 Man is not a material habitation for Soul; he is himself
 spiritual. Soul, being Spirit, is seen in nothing imperfect
 nor material.

9 Whatever is material is mortal. To the five corporeal
 senses, man appears to be matter and mind united; but
 Christian Science reveals man as the idea of
 12 God, and declares the corporeal senses to be
 mortal and erring illusions. Divine Science
 shows it to be impossible that a material body, though
 15 interwoven with matter's highest stratum, misnamed
 mind, should be man, — the genuine and perfect man,
 the immortal idea of being, indestructible and eternal.
 18 Were it otherwise, man would be annihilated.

Material
body never
God's idea

Question. — What are body and Soul?

Answer. — Identity is the reflection of Spirit, the re-
 21 flection in multifarious forms of the living Principle,
 Love. Soul is the substance, Life, and intelli-
 gence of man, which is individualized, but not
 24 in matter. Soul can never reflect anything inferior to
 Spirit.

Reflection
of Spirit

 Man is the expression of Soul. The Indians caught
 27 some glimpses of the underlying reality, when
 they called a certain beautiful lake "the smile
 of the Great Spirit." Separated from man,
 30 who expresses Soul, Spirit would be a nonentity; man,
 divorced from Spirit, would lose his entity. But there is,

Man
inseparable
from Spirit

there can be, no such division, for man is coexistent with God. 1

A vacant
domicile

What evidence of Soul or of immortality have you 3
within mortality? Even according to the teachings of
natural science, man has never beheld Spirit
or Soul leaving a body or entering it. What 6
basis is there for the theory of indwelling spirit, except
the claim of mortal belief? What would be thought of
the declaration that a house was inhabited, and by a cer- 9
tain class of persons, when no such persons were ever seen
to go into the house or to come out of it, nor were they
even visible through the windows? Who can see a soul 12
in the body?

Question. — Does brain think, and do nerves feel, and 15
is there intelligence in matter?

Harmonious
functions

Answer. — No, not if God is true and mortal man a 18
liar. The assertion that there can be pain or pleasure
in matter is erroneous. That body is most 18
harmonious in which the discharge of the nat-
ural functions is least noticeable. How can intelligence
dwell in matter when matter is non-intelligent and 21
brain-lobes cannot think? Matter cannot perform the
functions of Mind. Error says, "I am man;" but this
belief is mortal and far from actual. From beginning 24
to end, whatever is mortal is composed of material hu-
man beliefs and of nothing else. That only is real which
reflects God. St. Paul said, "But when it pleased God, 27
who separated me from my mother's womb, and called me
by His grace, . . . I conferred not with flesh and blood."

Mortal man is really a self-contradictory phrase, for 30
man is not mortal, "neither indeed can be;" man is im-

1 mortal. If a child is the offspring of physical sense and
not of Soul, the child must have a material, not a spiri-
3 tual origin. With what truth, then, could the
Scriptural rejoicing be uttered by any mother,
“I have gotten a man from the Lord”? On the con-
6 trary, if aught comes from God, it cannot be mortal and
material; it must be immortal and spiritual.

Immortal
birthright

Matter is neither self-existent nor a product of Spirit.
9 An image of mortal thought, reflected on the retina, is
all that the eye beholds. Matter cannot see,
feel, hear, taste, nor smell. It is not self-
12 cognizant, — cannot feel itself, see itself, nor
understand itself. Take away so-called mortal mind,
which constitutes matter’s supposed selfhood, and matter
15 can take no cognizance of matter. Does that which we
call dead ever see, hear, feel, or use any of the physical
senses?

Matter’s
supposed
selfhood

18 “In the beginning God created the heaven and the
earth. And the earth was without form, and void; and
darkness was upon the face of the deep.”
21 (Genesis i. 1, 2.) In the vast forever, in the
Science and truth of being, the only facts are Spirit
and its innumerable creations. Darkness and chaos
24 are the imaginary opposites of light, understanding,
and eternal harmony, and they are the elements of
nothingness.

Chaos and
darkness

27 We admit that black is not a color, because it reflects
no light. So evil should be denied identity or power,
because it has none of the divine hues. Paul
30 says: “For the invisible things of Him, from
the creation of the world, are clearly seen, being under-
stood by the things that are made.” (Romans i. 20.)

Spiritual
reflection

When the substance of Spirit appears in Christian Science, the nothingness of matter is recognized. Where the spirit of God is, and there is no place where God is not, evil becomes nothing, — the opposite of the something of Spirit. If there is no spiritual reflection, then there remains only the darkness of vacuity and not a trace of heavenly tints.

Harmony
from Spirit

Nerves are an element of the belief that there is sensation in matter, whereas matter is devoid of sensation. Consciousness, as well as action, is governed by Mind, — is in God, the origin and governor of all that Science reveals. Material sense has its realm apart from Science in the unreal. Harmonious action proceeds from Spirit, God. Inharmony has no Principle; its action is erroneous and presupposes man to be in matter. Inharmony would make matter the cause as well as the effect of intelligence, or Soul, thus attempting to separate Mind from God.

Evil
non-existent

Man is not God, and God is not man. Again, God, or good, never made man capable of sin. It is the opposite of good — that is, evil — which seems to make men capable of wrong-doing. Hence, evil is but an illusion, and it has no real basis. Evil is a false belief. God is not its author. The supposititious parent of evil is a lie.

Vapor and
nothingness

The Bible declares: "All things were made by Him [the divine Word]; and without Him was not anything made that was made." This is the eternal verity of divine Science. If sin, sickness, and death were understood as nothingness, they would disappear. As vapor melts before the sun, so evil would vanish before the reality of good. One must hide the

1 other. How important, then, to choose good as the
reality! Man is tributary to God, Spirit, and to nothing
3 else. God's being is infinity, freedom, harmony, and
boundless bliss. "Where the Spirit of the Lord is,
there is liberty." Like the archpriests of yore, man is
6 free "to enter into the holiest," — the realm of God.

Material sense never helps mortals to understand
Spirit, God. Through spiritual sense only, man com-
9 prehends and loves Deity. The various con-
tradictions of the Science of Mind by the ma-
terial senses do not change the unseen Truth, which re-
12 mains forever intact. The forbidden fruit of knowledge,
against which wisdom warns man, is the testimony of
error, declaring existence to be at the mercy of death,
15 and good and evil to be capable of commingling. This
is the significance of the Scripture concerning this "tree
of the knowledge of good and evil," — this growth of
18 material belief, of which it is said: "In the day that thou
eatest thereof thou shalt surely die." Human hypotheses
first assume the reality of sickness, sin, and death, and
21 then assume the necessity of these evils because of their
admitted actuality. These human verdicts are the pro-
curers of all discord.

24 If Soul sins, it must be mortal. Sin has the elements
of self-destruction. It cannot sustain itself. If sin is
supported, God must uphold it, and this is
27 impossible, since Truth cannot support error.
Soul is the divine Principle of man and never sins, —
hence the immortality of Soul. In Science we learn that
30 it is material sense, not Soul, which sins; and it will be
found that it is the sense of sin which is lost, and not a
sinful soul. When reading the Scriptures, the substitu-

The fruit
forbidden

Sense and
pure Soul

tion of the word *sense* for *soul* gives the exact meaning in 1
a majority of cases.

Soul
defined

Human thought has adulterated the meaning of the 3
word *soul* through the hypothesis that soul is both an evil
and a good intelligence, resident in matter.
The proper use of the word *soul* can always 6
be gained by substituting the word *God*, where the deific
meaning is required. In other cases, use the word *sense*,
and you will have the scientific signification. As used 9
in Christian Science, Soul is properly the synonym of
Spirit, or God; but out of Science, soul is identical with
sense, with material sensation. 12

Question. — Is it important to understand these ex-
planations in order to heal the sick?

Sonship
of Jesus

Answer. — It is, since Christ is "the way" and the 15
truth casting out all error. Jesus called himself "the
Son of man," but not the son of Joseph. As
woman is but a species of the genera, he was 18
literally the Son of Man. Jesus was the highest human
concept of the perfect man. He was inseparable from
Christ, the Messiah, — the divine idea of God outside 21
the flesh. This enabled Jesus to demonstrate his con-
trol over matter. Angels announced to the Wisemen of
old this dual appearing, and angels whisper it, through 24
faith, to the hungering heart in every age.

Sickness
erroneous

Sickness is part of the error which Truth casts out.
Error will not expel error. Christian Science is the law 27
of Truth, which heals the sick on the basis
of the one Mind or God. It can heal in no
other way, since the human, mortal mind so-called is not 30
a healer, but causes the belief in disease.

1 Then comes the question, how do drugs, hygiene, and
 3 animal magnetism heal? It may be affirmed that they
 6 do not heal, but only relieve suffering tempo-
 9 rarily, exchanging one disease for another.
 12 We classify disease as error, which nothing but Truth or
 15 Mind can heal, and this Mind must be divine, not human.
 18 Mind transcends all other power, and will ultimately su-
 21 persede all other means in healing. In order to heal by
 24 Science, you must not be ignorant of the moral and spir-
 27 itual demands of Science nor disobey them. Moral igno-
 30 rance or sin affects your demonstration, and hinders its
 approach to the standard in Christian Science.

True healing
transcendent

15 After the author's sacred discovery, she affixed the
 18 name "Science" to Christianity, the name "error" to
 21 corporeal sense, and the name "substance" to
 24 Mind. Science has called the world to battle
 27 over this issue and its demonstration, which
 30 heals the sick, destroys error, and reveals the universal
 harmony. To those natural Christian Scientists, the an-
 cient worthies, and to Christ Jesus, God certainly revealed
 the spirit of Christian Science, if not the absolute letter.

Terms
adopted by
the author

24 Because the Science of Mind seems to bring into dis-
 27 honor the ordinary scientific schools, which wrestle with
 30 material observations alone, this Science has
 met with opposition; but if any system honors
 God, it ought to receive aid, not opposition, from all think-
 ing persons. And Christian Science does honor God as
 no other theory honors Him, and it does this in the way
 of His appointing, by doing many wonderful works
 through the divine name and nature. One must fulfil
 one's mission without timidity or dissimulation, for to be
 well done, the work must be done unselfishly. Christianity

Science
the way

will never be based on a divine Principle and so found to be unerring, until its absolute Science is reached. When this is accomplished, neither pride, prejudice, bigotry, nor envy can wash away its foundation, for it is built upon the rock, Christ.

Question. — Does Christian Science, or metaphysical healing, include medication, material hygiene, mesmerism, hypnotism, theosophy, or spiritualism?

Answer. — Not one of them is included in it. In divine Science, the supposed laws of matter yield to the law of Mind. What are termed natural science and material laws are the objective states of mortal mind. The physical universe expresses the conscious and unconscious thoughts of mortals. Physical force and mortal mind are one. Drugs and hygiene oppose the supremacy of the divine Mind. Drugs and inert matter are unconscious, mindless. Certain results, supposed to proceed from drugs, are really caused by the faith in them which the false human consciousness is educated to feel.

Mesmerism is mortal, material illusion. Animal magnetism is the voluntary or involuntary action of error in all its forms; it is the human antipode of divine Science. Science must triumph over material sense, and Truth over error, thus putting an end to the hypotheses involved in all false theories and practices.

Question. — Is materiality the concomitant of spirituality, and is material sense a necessary preliminary to the understanding and expression of Spirit?

Mindless
methods

Animal
magnetism
error

1 *Answer.* — If error is necessary to define or to reveal
 Truth, the answer is yes; but not otherwise. *Material*
 3 *sense* is an absurd phrase, for matter has no
 sensation. Science declares that Mind, not
 matter, sees, hears, feels, speaks. Whatever contradicts
 6 this statement is the false sense, which ever betrays
 mortals into sickness, sin, and death. If the unimpor-
 tant and evil appear, only soon to disappear because
 9 of their uselessness or their iniquity, then these ephemer-
 al views of error ought to be obliterated by Truth.
 Why malign Christian Science for instructing mortals how
 12 to make sin, disease, and death appear more and more
 unreal?

Error only
ephemeral

15 Emerge gently from matter into Spirit. Think not
 to thwart the spiritual ultimate of all things, but come
 naturally into Spirit through better health and
 morals and as the result of spiritual growth.
 18 Not death, but the understanding of Life, makes man im-
 mortal. The belief that life can be in matter or soul in
 body, and that man springs from dust or from an egg,
 21 is the result of the mortal error which Christ, or Truth,
 destroys by fulfilling the spiritual law of being, in which
 man is perfect, even as the "Father which is in heaven
 24 is perfect." If thought yields its dominion to other
 powers, it cannot outline on the body its own beautiful
 images, but it effaces them and delineates foreign agents,
 27 called disease and sin.

Scientific
translations

 The heathen gods of mythology controlled war and
 agriculture as much as nerves control sensation or
 30 muscles measure strength. To say that
 strength is in matter, is like saying that the
 power is in the lever. The notion of any life or intelli-

Material
beliefs

gence in matter is without foundation in fact, and you 1
 can have no faith in falsehood when you have learned
 falsehood's true nature. 3

Sense *versus*
 Soul

Suppose one accident happens to the eye, another to
 the ear, and so on, until every corporeal sense is quenched.
 What is man's remedy? To die, that he may 6
 regain these senses? Even then he must gain
 spiritual understanding and spiritual sense in order to
 possess immortal consciousness. Earth's preparatory 9
 school must be improved to the utmost. In reality man
 never dies. The belief that he dies will not establish his
 scientific harmony. Death is not the result of Truth but 12
 of error, and one error will not correct another.

Death
 an error

Jesus proved by the prints of the nails, that his body
 was the same immediately after death as before. If death 15
 restores sight, sound, and strength to man,
 then death is not an enemy but a better friend
 than Life. Alas for the blindness of belief, which makes 18
 harmony conditional upon death and matter, and yet
 supposes Mind unable to produce harmony! So long
 as this error of belief remains, mortals will continue mor- 21
 tal in belief and subject to chance and change.

Permanent
 sensibility

Sight, hearing, all the spiritual senses of man, are
 eternal. They cannot be lost. Their reality and immor- 24
 tality are in Spirit and understanding, not in
 matter, — hence their permanence. If this
 were not so, man would be speedily annihilated. If the 27
 five corporeal senses were the medium through which
 to understand God, then palsy, blindness, and deafness
 would place man in a terrible situation, where he would 30
 be like those "having no hope, and without God in the
 world;" but as a matter of fact, these calamities often

1 drive mortals to seek and to find a higher sense of happiness and existence.

3 Life is deathless. Life is the origin and ultimate of man, never attainable through death, but gained by walking in the pathway of Truth both before and
6 after that which is called death. There is more Christianity in seeing and hearing spiritually than materially. There is more Science in the perpetual
9 exercise of the Mind-faculties than in their loss. Lost they cannot be, while Mind remains. The apprehension of this gave sight to the blind and hearing to the deaf centuries ago, and it will repeat the wonder.

Exercise of
Mind-faculties

Question. — You speak of belief. Who or what is it that believes?

15 *Answer.* — Spirit is all-knowing; this precludes the need of believing. Matter cannot believe, and Mind understands. The body cannot believe. The
18 believer and belief are one and are mortal. Christian evidence is founded on Science or demonstrable Truth, flowing from immortal Mind, and there is in reality no such thing as *mortal* mind. Mere
21 belief is blindness without Principle from which to explain the reason of its hope. The belief that life is sentient and intelligent matter is erroneous.

Understanding
versus belief

The Apostle James said, "Show me thy faith without thy works, and I will show thee my faith by my works."
27 The understanding that Life is God, Spirit, lengthens our days by strengthening our trust in the deathless reality of Life, its almightiness and immortality.
30 This faith relies upon an understood Principle. This Principle makes whole the diseased, and brings out the

	enduring and harmonious phases of things. The result	1
	of our teachings is their sufficient confirmation. When,	
Confirmation by healing	on the strength of these instructions, you are	3
	able to banish a severe malady, the cure shows	
	that you understand this teaching, and therefore you re-	
	ceive the blessing of Truth.	6
	The Hebrew and Greek words often translated <i>belief</i>	
	differ somewhat in meaning from that conveyed by the	
Belief and firm trust	English verb <i>believe</i> ; they have more the sig-	9
	nificance of faith, understanding, trust, con-	
	stancy, firmness. Hence the Scriptures often appear in	
	our common version to approve and endorse belief, when	12
	they mean to enforce the necessity of understanding.	
	<i>Question.</i> — Do the five corporeal senses constitute	
	man?	15
	<i>Answer.</i> — Christian Science sustains with immortal	
	proof the impossibility of any material sense, and defines	
All faculties from Mind	these so-called senses as <i>mortal beliefs</i> , the	18
	testimony of which cannot be true either of	
	man or of his Maker. The corporeal senses can take no	
	cognizance of spiritual reality and immortality. Nerves	21
	have no more sensation, apart from what belief be-	
	stows upon them, than the fibres of a plant. Mind alone	
	possesses all faculties, perception, and comprehension.	24
	Therefore mental endowments are not at the mercy of	
	organization and decomposition, — otherwise the very	
	worms could unfashion man. If it were possible for the	27
	real senses of man to be injured, Soul could reproduce	
	them in all their perfection; but they cannot be dis-	
	turbed nor destroyed, since they exist in immortal Mind,	30
	not in matter.	

1 The less mind there is manifested in matter the better.
 When the unthinking lobster loses its claw, the claw grows
 3 again. If the Science of Life were understood,
 it would be found that the senses of Mind are
 never lost and that matter has no sensation. Then the
 6 human limb would be replaced as readily as the lobster's
 claw, — not with an artificial limb, but with the genuine
 one. Any hypothesis which supposes life to be in matter
 9 is an educated belief. In infancy this belief is not equal
 to guiding the hand to the mouth; and as consciousness
 develops, this belief goes out, — yields to the reality of
 12 everlasting Life.

Possibilities
 of Life

Corporeal sense defrauds and lies; it breaks all the
 commands of the Mosaic Decalogue to meet its own de-
 15 mands. How then can this sense be the God-
 given channel to man of divine blessings or
 understanding? How can man, reflecting God, be de-
 18 pendent on material means for knowing, hearing, seeing?
 Who dares to say that the senses of man can be at one time
 the medium for sinning against God, at another the me-
 21 dium for obeying God? An affirmative reply would con-
 tradict the Scripture, for the same fountain sendeth not
 forth sweet waters and bitter.

Decalogue
 disregarded

24 The corporeal senses are the only source of evil or
 error. Christian Science shows them to be false, be-
 cause matter has no sensation, and no organic
 27 construction can give it hearing and sight nor
 make it the medium of Mind. Outside the
 material sense of things, all is harmony. A wrong sense
 of God, man, and creation is *non-sense*, want of sense.
 30 Mortal belief would have the material senses sometimes
 good and sometimes bad. It assures mortals that there

Organic
 construction
 valueless

is real pleasure in sin; but the grand truths of Christian Science dispute this error. 1

Will-power
an animal
propensity

Will-power is but a product of belief, and this belief 3
commits depredations on harmony. Human will is an
animal propensity, not a faculty of Soul.
Hence it cannot govern man aright. Chris- 6
tian Science reveals Truth and Love as the
motive-powers of man. Will — blind, stubborn, and head-
long — cooperates with appetite and passion. From this 9
cooperation arises its evil. From this also comes its pow-
erlessness, since all power belongs to God, good.

Theories
helpless

The Science of Mind needs to be understood. Until 12
it is understood, mortals are more or less deprived of
Truth. Human theories are helpless to make
man harmonious or immortal, since he is so 15
already, according to Christian Science. Our only need
is to know this and reduce to practice the real man's di-
vine Principle, Love. 18

True nature
and origin

"Quench not the Spirit. Despise not prophesyings."
Human belief — or knowledge gained from the so-called 21
material senses — would, by fair logic, anni-
hilate man along with the dissolving elements
of clay. The scientifically Christian explanations of the 24
nature and origin of man destroy all material sense with
immortal testimony. This immortal testimony ushers
in the spiritual sense of being, which can be obtained
in no other way. 27

Sleep an
illusion

Sleep and mesmerism explain the mythical nature of
material sense. Sleep shows material sense as either 30
oblivion, nothingness, or an illusion or dream.
Under the mesmeric illusion of belief, a man
will think that he is freezing when he is warm, and that he

1 is swimming when he is on dry land. Needle-thrusts will
not hurt him. A delicious perfume will seem intolerable.
3 Animal magnetism thus uncovers material sense, and
shows it to be a belief without actual foundation or va-
lidity. Change the belief, and the sensation changes.
6 Destroy the belief, and the sensation disappears.

Material man is made up of involuntary and voluntary
error, of a negative right and a positive wrong, the latter
9 calling itself right. Man's spiritual individual-
ity is never wrong. It is the likeness of man's
Maker. Matter cannot connect mortals with the true
12 origin and facts of being, in which all must end. It is only
by acknowledging the supremacy of Spirit, which annuls
the claims of matter, that mortals can lay off mortality and
15 find the indissoluble spiritual link which establishes man
forever in the divine likeness, inseparable from his creator.

Man linked
with Spirit

The belief that matter and mind are one, — that mat-
18 ter is awake at one time and asleep at another, some-
times presenting no appearance of mind, —
this belief culminates in another belief, that
21 man dies. Science reveals material man as never the real
being. The dream or belief goes on, whether our eyes are
closed or open. In sleep, memory and consciousness are
24 lost from the body, and they wander whither they will
apparently with their own separate embodiment. Per-
sonality is not the individuality of man. A wicked man
27 may have an attractive personality.

Material man
as a dream

When we are awake, we dream of the pains and pleas-
ures of matter. Who will say, even though he
30 does not understand Christian Science, that
this dream — rather than the dreamer — may
not be mortal man? Who can rationally say otherwise,

Spiritual
existence the
one fact

when the dream leaves mortal man intact in body and thought, although the so-called dreamer is unconscious? For right reasoning there should be but one fact before the thought, namely, spiritual existence. In reality there is no other existence, since Life cannot be united to its unlikeness, mortality.

Mind one
and all

Being is holiness, harmony, immortality. It is already proved that a knowledge of this, even in small degree, will uplift the physical and moral standard of mortals, will increase longevity, will purify and elevate character. Thus progress will finally destroy all error, and bring immortality to light. We know that a statement proved to be good must be correct. New thoughts are constantly obtaining the floor. These two contradictory theories — that matter is something, or that all is Mind — will dispute the ground, until one is acknowledged to be the victor. Discussing his campaign, General Grant said: "I propose to fight it out on this line, if it takes all summer." Science says: All is Mind and Mind's idea. You must fight it out on this line. Matter can afford you no aid.

Scientific
ultimatum

The notion that mind and matter commingle in the human illusion as to sin, sickness, and death must eventually submit to the Science of Mind, which denies this notion. *God is Mind, and God is infinite; hence all is Mind.* On this statement rests the Science of being, and the Principle of this Science is divine, demonstrating harmony and immortality.

The conservative theory, long believed, is that there are two factors, matter and mind, uniting on some impossible basis. This theory would keep truth and error always at war. Victory would perch on neither banner.

1 On the other hand, Christian Science speedily shows
 Truth to be triumphant. To corporeal sense, the sun
 3 appears to rise and set, and the earth to stand
 still; but astronomical science contradicts this,
 and explains the solar system as working on a differ-
 6 ent plan. All the evidence of physical sense and all the
 knowledge obtained from physical sense must yield to
 Science, to the immortal truth of all things.

Victory
for Truth

9 *Question.* — Will you explain sickness and show how it
 is to be healed?

Answer. — The method of Christian Science Mind-heal-
 12 ing is touched upon in a previous chapter entitled Christian
 Science Practice. A full answer to the above
 question involves teaching, which enables the
 15 healer to demonstrate and prove for himself the Principle
 and rule of Christian Science or metaphysical healing.

Mental
preparation

Mind must be found superior to all the beliefs of the
 18 five corporeal senses, and able to destroy all ills. Sick-
 ness is a belief, which must be annihilated by
 the divine Mind. Disease is an experience of
 21 so-called mortal mind. It is fear made manifest on the
 body. Christian Science takes away this physical sense
 of discord, just as it removes any other sense of moral or
 24 mental inharmony. That man is material, and that mat-
 ter suffers, — these propositions can only seem real and
 natural in illusion. Any sense of soul in matter is not the
 27 reality of being.

Mind destroys
all ills

If Jesus awakened Lazarus from the dream, illusion, of
 death, this proved that the Christ could improve on a false
 30 sense. Who dares to doubt this consummate test of the
 power and willingness of divine Mind to hold man forever

intact in his perfect state, and to govern man’s entire
action? Jesus said: “Destroy this temple [body], and
in three days I [Mind] will raise it up;” and he did this
for tired humanity’s reassurance.

Inexhaustible
divine Love

Is it not a species of infidelity to believe that so great
a work as the Messiah’s was done for himself or for God,
who needed no help from Jesus’ example to
preserve the eternal harmony? But mortals
did need this help, and Jesus pointed the way for them.
Divine Love always has met and always will meet every
human need. It is not well to imagine that Jesus demon-
strated the divine power to heal only for a select number
or for a limited period of time, since to all mankind and
in every hour, divine Love supplies all good.

Reason
and Science

The miracle of grace is no miracle to Love. Jesus
demonstrated the inability of corporeality, as well as the
infinite ability of Spirit, thus helping erring
human sense to flee from its own convictions
and seek safety in divine Science. Reason, rightly di-
rected, serves to correct the errors of corporeal sense; but
sin, sickness, and death will seem real (even as the ex-
periences of the sleeping dream seem real) until the Sci-
ence of man’s eternal harmony breaks their illusion with
the unbroken reality of scientific being.

Which of these two theories concerning man are you
ready to accept? One is the mortal testimony, changing,
dying, unreal. The other is the eternal and real evidence,
bearing Truth’s signet, its lap piled high with immortal
fruits.

Our Master cast out devils (evils) and healed the sick.
It should be said of his followers also, that they cast fear
and all evil out of themselves and others and heal the sick.

1 God will heal the sick through man, whenever man is
governed by God. Truth casts out error now
3 as surely as it did nineteen centuries ago. All
of Truth is not understood; hence its healing power is not
fully demonstrated.

Followers
of Jesus

6 If sickness is true or the idea of Truth, you cannot
destroy sickness, and it would be absurd to try. Then
classify sickness and error as our Master did,
9 when he spoke of the sick, "whom Satan hath
bound," and find a sovereign antidote for error in the life-
giving power of Truth acting on human belief, a power
12 which opens the prison doors to such as are bound, and
sets the captive free physically and morally.

Destruction
of all evil

When the illusion of sickness or sin tempts you, cling
15 steadfastly to God and His idea. Allow nothing but His
likeness to abide in your thought. Let neither
fear nor doubt overshadow your clear sense and
18 calm trust, that the recognition of life harmonious — as
Life eternally is — can destroy any painful sense of, or
belief in, that which Life is not. Let Christian Science,
21 instead of corporeal sense, support your understanding of
being, and this understanding will supplant error with
Truth, replace mortality with immortality, and silence dis-
24 cord with harmony.

Steadfast and
calm trust

Question. — How can I progress most rapidly in the
understanding of Christian Science?

27 *Answer.* — Study thoroughly the letter and imbibe
the spirit. Adhere to the divine Principle of Chris-
tian Science and follow the behests of God,
30 abiding steadfastly in wisdom, Truth, and
Love. In the Science of Mind, you will soon ascertain

Rudiments
and growth

that error cannot destroy error. You will also learn 1
 that in Science there is no transfer of evil suggestions
 from one mortal to another, for there is but one Mind, 3
 and this ever-present omnipotent Mind is reflected by
 man and governs the entire universe. You will learn
 that in Christian Science the first duty is to obey 6
 God, to have one Mind, and to love another as
 yourself.

Condition of progress

We all must learn that Life is God. Ask yourself: 9
 Am I living the life that approaches the supreme good?
 Am I demonstrating the healing power of
 Truth and Love? If so, then the way will 12
 grow brighter "unto the perfect day." Your fruits
 will prove what the understanding of God brings to man.
 Hold perpetually this thought, — that it is the spiritual 15
 idea, the Holy Ghost and Christ, which enables you to
 demonstrate, with scientific certainty, the rule of healing,
 based upon its divine Principle, Love, underlying, over- 18
 lying, and encompassing all true being.

Triumph over death

"The sting of death is sin; and the strength of sin is
 the law," — the law of mortal belief, at war with the 21
 facts of immortal Life, even with the spiritual
 law which says to the grave, "Where is thy
 victory?" But "when this corruptible shall have put 24
 on incorruption, and this mortal shall have put on im-
 mortality, then shall be brought to pass the saying that
 is written, Death is swallowed up in victory." 27

Question. — Have Christian Scientists any religious
 creed?

Answer. — They have not, if by that term is meant 30
 doctrinal beliefs. The following is a brief exposition of

1 the important points, or religious tenets, of Christian
Science: —

3 1. As adherents of Truth, we take the inspired Word
of the Bible as our sufficient guide to eternal Life.

6 2. We acknowledge and adore one supreme and in-
finite God. We acknowledge His Son, one Christ; the
Holy Ghost or divine Comforter; and man in God's
image and likeness.

9 3. We acknowledge God's forgiveness of sin in the
destruction of sin and the spiritual understanding that
casts out evil as unreal. But the belief in sin is pun-
12 ished so long as the belief lasts.

4. We acknowledge Jesus' atonement as the evi-
dence of divine, efficacious Love, unfolding man's unity
15 with God through Christ Jesus the Way-shower; and
we acknowledge that man is saved through Christ,
through Truth, Life, and Love as demonstrated by the
18 Galilean Prophet in healing the sick and overcoming
sin and death.

5. We acknowledge that the crucifixion of Jesus and
21 his resurrection served to uplift faith to understand eter-
nal Life, even the allness of Soul, Spirit, and the noth-
ingness of matter.

24 6. And we solemnly promise to watch, and pray for
that Mind to be in us which was also in Christ Jesus; to
do unto others as we would have them do unto us; and
27 to be merciful, just, and pure.

Key to the Scriptures

*These things saith He that is holy,
He that is true,
He that hath the key of David,
He that openeth, and no man shutteth;
and shutteth, and no man openeth;
I know thy works:
behold, I have set before thee an open door,
and no man can shut it. — REVELATION.*

Genesis

*And I appeared unto Abraham, unto Isaac,
and unto Jacob by the name of God Almighty;
but by My name Jehovah was I not known to them. — EXODUS.*

*All things were made by Him;
and without Him was not anything made that was made.
In Him was life; and the life was the light of men. — JOHN.*

1 **S**cientific interpretation of the Scriptures prop-
erly starts with the beginning of the Old Testa-
3 ment, chiefly because the spiritual import of
the Word, in its earliest articulations, often
seems so smothered by the immediate context as to
6 require explication; whereas the New Testament narra-
tives are clearer and come nearer the heart. Jesus il-
lumines them, showing the poverty of mortal existence,
9 but richly recompensing human want and woe with
spiritual gain. The incarnation of Truth, that amplifi-
cation of wonder and glory which angels could only
12 whisper and which God illustrated by light and har-
mony, is consonant with ever-present Love. So-called
mystery and miracle, which subserve the end of natural
15 good, are explained by that Love for whose rest the
weary ones sigh when needing something more native
to their immortal cravings than the history of perpetual
18 evil.

Spiritual
interpretation

	A second necessity for beginning with Genesis is that	1
Spiritual overture	the living and real prelude of the older Scriptures is so brief that it would almost seem, from the preponderance of unreality in the entire nar- rative, as if reality did not predominate over unreality, the light over the dark, the straight line of Spirit over the mortal deviations and inverted images of the creator and His creation.	3 6
Deflection of being	Spiritually followed, the book of Genesis is the history of the untrue image of God, named a sinful mortal. This deflection of being, rightly viewed, serves to suggest the proper reflection of God and the spiritual actuality of man, as given in the first chapter of Genesis. Even thus the crude forms of human thought take on higher symbols and significations, when scien- tifically Christian views of the universe appear, illuminat- ing time with the glory of eternity.	9 12 15
	In the following exegesis, each text is followed by its spiritual interpretation according to the teachings of Chris- tian Science.	18
	EXEGESIS	21
	<i>Genesis</i> i. 1. In the beginning God created the heaven and the earth.	
Ideas and identities	The infinite has no beginning. This word <i>beginning</i> is employed to signify <i>the only</i> , — that is, the eternal ver- ity and unity of God and man, including the universe. The creative Principle — Life, Truth, and Love — is God. The universe reflects God. There is but one creator and one creation. This crea-	24 27

1 tion consists of the unfolding of spiritual ideas and their
identities, which are embraced in the infinite Mind and
3 forever reflected. These ideas range from the infinitesimal to infinity, and the highest ideas are the sons and daughters of God.

6 *Genesis* i. 2. And the earth was without form, and void; and darkness was upon the face of the deep. And the spirit of God moved upon the face of the waters.

9 The divine Principle and idea constitute spiritual harmony, — heaven and eternity. In the universe of Truth, matter is unknown. No supposition of error
12 enters there. Divine Science, the Word of God, saith to the darkness upon the face of error, “God is All-in-all,” and the light of ever-present Love illumines
15 the universe. Hence the eternal wonder, — that infinite space is peopled with God’s ideas, reflecting Him in countless spiritual forms.

Spiritual
harmony

18 *Genesis* i. 3. And God said, Let there be light: and there was light.

Immortal and divine Mind presents the idea of God:
21 *first*, in light; *second*, in reflection; *third*, in spiritual and immortal forms of beauty and goodness. But
this Mind creates no element nor symbol of
24 discord and decay. God creates neither erring thought, mortal life, mutable truth, nor variable love.

Mind’s idea
faultless

27 *Genesis* i. 4. And God saw the light, that it was good: and God divided the light from the darkness.

God, Spirit, dwelling in infinite light and harmony

from which emanates the true idea, is never reflected by
aught but the good. 1

Genesis i. 5. And God called the light Day, and the 3
darkness He called Night. And the evening and the morn-
ing were the first day.

Light
preceding
the sun

All questions as to the divine creation being both 6
spiritual and material are answered in this passage, for
though solar beams are not yet included in
the record of creation, still there is light. This 9
light is not from the sun nor from volcanic flames, but it
is the revelation of Truth and of spiritual ideas. This
also shows that there is no place where God's light is not 12
seen, since Truth, Life, and Love fill immensity and are
ever-present. Was not this a revelation instead of a
creation? 15

Evenings and
mornings

The successive appearing of God's ideas is represented
as taking place on so many *evenings* and *mornings*, —
words which indicate, in the absence of solar 18
time, spiritually clearer views of Him, views
which are not implied by material darkness and dawn.
Here we have the explanation of another passage of 21
Scripture, that "one day is with the Lord as a thousand
years." The rays of infinite Truth, when gathered into
the focus of ideas, bring light instantaneously, whereas 24
a thousand years of human doctrines, hypotheses, and
vague conjectures emit no such effulgence.

Spirit *versus*
darkness

Did infinite Mind create matter, and call it *light*? 27
Spirit is light, and the contradiction of Spirit is matter,
darkness, and darkness obscures light. Mate-
rial sense is nothing but a supposition of the 30
absence of Spirit. No solar rays nor planetary revolutions

1 form the day of Spirit. Immortal Mind makes its own
record, but mortal mind, sleep, dreams, sin, disease, and
3 death have no record in the first chapter of Genesis.

Genesis i. 6. And God said, Let there be a firmament in
the midst of the waters, and let it divide the waters from
6 the waters.

Spiritual understanding, by which human conception,
material sense, is separated from Truth, is the firmament.
9 The divine Mind, not matter, creates all iden-
tities, and they are forms of Mind, the ideas of
Spirit apparent only as Mind, never as mindless matter
12 nor the so-called material senses.

Spiritual
firmament

Genesis i. 7. And God made the firmament, and divided
the waters which were under the firmament from the waters
15 which were above the firmament: and it was so.

Spirit imparts the understanding which uplifts con-
sciousness and leads into all truth. The Psalmist saith:
18 "The Lord on high is mightier than the noise
of many waters, yea, than the mighty waves of
the sea." Spiritual sense is the discernment of spiritual
21 good. Understanding is the line of demarcation between
the real and unreal. Spiritual understanding unfolds
Mind, — Life, Truth, and Love, — and demonstrates the
24 divine sense, giving the spiritual proof of the universe in
Christian Science.

Understanding
imparted

This understanding is not intellectual, is not the result
27 of scholarly attainments; it is the reality of all things
brought to light. God's ideas reflect the im-
mortal, unerring, and infinite. The mortal,
30 erring, and finite are human beliefs, which apportion to

Original
reflected

themselves a task impossible for them, that of distinguish- 1
 ing between the false and the true. Objects utterly un-
 like the original do not reflect that original. Therefore 3
 matter, not being the reflection of Spirit, has no real en-
 tity. Understanding is a quality of God, a quality which
 separates Christian Science from supposition and makes 6
 Truth final.

Genesis i. 8. And God called the firmament Heaven.
 And the evening and the morning were the second day. 9

Through divine Science, Spirit, God, unites under-
 standing to eternal harmony. The calm and exalted
 thought or spiritual apprehension is at peace. 12
 Thus the dawn of ideas goes on, forming each
 successive stage of progress.

Genesis i. 9. And God said, Let the waters under the 15
 heaven be gathered together unto one place, and let the dry
 land appear: and it was so.

Spirit, God, gathers unformed thoughts into their 18
 proper channels, and unfolds these thoughts,
 even as He opens the petals of a holy purpose
 in order that the purpose may appear. 21

Genesis i. 10. And God called the dry land Earth; and 24
 the gathering together of the waters called He Seas: and
 God saw that it was good.

Here the human concept and divine idea seem con-
 fused by the translator, but they are not so in the scien-
 tifically Christian meaning of the text. Upon 27
 Adam devolved the pleasurable task of find-
 ing names for all material things, but Adam has not yet

Exalted
 thought

Unfolding
 of thoughts

Spirit names
 and blesses

1 appeared in the narrative. In metaphor, the *dry land*
 illustrates the absolute formations instituted by Mind,
 3 while *water* symbolizes the elements of Mind. Spirit duly
 feeds and clothes every object, as it appears in the line
 of spiritual creation, thus tenderly expressing the father-
 6 hood and motherhood of God. Spirit names and blesses
 all. Without natures particularly defined, objects and
 subjects would be obscure, and creation would be full of
 9 nameless offspring, — wanderers from the parent Mind,
 strangers in a tangled wilderness.

Genesis i. 11. And God said, Let the earth bring forth
 12 grass, the herb yielding seed, and the fruit tree yielding
 fruit after his kind, whose seed is in itself, upon the earth:
 and it was so.

15 The universe of Spirit reflects the creative power of
 the divine Principle, or Life, which reproduces the multi-
 tudinous forms of Mind and governs the mul-
 18 tiplication of the compound idea man. The
 tree and herb do not yield fruit because of any propagat-
 ing power of their own, but because they reflect the Mind
 21 which includes all. A material world implies a mortal
 mind and man a creator. The scientific divine creation
 declares immortal Mind and the universe created by God.

Divine
propagation

24 Infinite Mind creates and governs all, from the men-
 tal molecule to infinity. This divine Principle of all
 expresses Science and art throughout His
 27 creation, and the immortality of man and the
 universe. Creation is ever appearing, and must ever con-
 tinue to appear from the nature of its inexhaustible source.
 30 Mortal sense inverts this appearing and calls ideas mate-
 rial. Thus misinterpreted, the divine idea seems to fall

Ever-
appearing
creation

to the level of a human or material belief, called mortal 1
 man. But the seed is in itself, only as the divine Mind
 is All and reproduces all — as Mind is the multiplier, 3
 and Mind's infinite idea, man and the universe, is the
 product. The only intelligence or substance of a thought,
 a seed, or a flower is God, the creator of it. Mind is the 6
 Soul of all. Mind is Life, Truth, and Love which gov-
 erns all.

Genesis i. 12. And the earth brought forth grass, and 9
 herb yielding seed after his kind, and the tree yielding
 fruit, whose seed was in itself, after his kind: and God saw
 that it was good. 12

Mind's pure
 thought

God determines the gender of His own ideas. Gen-
 der is mental, not material. The seed within itself is
 the pure thought emanating from divine 15
 Mind. The feminine gender is not yet ex-
 pressed in the text. *Gender* means simply *kind* or *sort*,
 and does not necessarily refer either to masculinity or 18
 femininity. The word is not confined to sexuality, and
 grammars always recognize a neuter gender, neither
 male nor female. The Mind or intelligence of produc- 21
 tion names the female gender last in the ascending order
 of creation. The intelligent individual idea, be it male
 or female, rising from the lesser to the greater, unfolds 24
 the infinitude of Love.

Genesis i. 13. And the evening and the morning were 27
 the third day.

The third stage in the order of Christian Science is an
 important one to the human thought, letting in the light

1 of spiritual understanding. This period corresponds to
the resurrection, when Spirit is discerned to be the Life of
3 all, and the deathless Life, or Mind, dependent
upon no material organization. Our Master
reappeared to his students, — to their apprehension he
6 rose from the grave, — on the third day of his ascending
thought, and so presented to them the certain sense of
eternal Life.

Rising to
the light

9 *Genesis* i. 14. And God said, Let there be lights in the
firmament of the heaven, to divide the day from the night;
and let them be for signs, and for seasons, and for days,
12 and years.

Spirit creates no other than heavenly or celestial bodies,
but the stellar universe is no more celestial than our earth.
15 This text gives the idea of the rarefaction of
thought as it ascends higher. God forms and
peoples the universe. The light of spiritual understand-
18 ing gives gleams of the infinite only, even as *nebulæ* indi-
cate the immensity of space.

Rarefaction
of thought

So-called mineral, vegetable, and animal substances
21 are no more contingent now on time or material struc-
ture than they were when "the morning stars
sang together." Mind made the "plant of
24 the field before it was in the earth." The periods of
spiritual ascension are the days and seasons of Mind's
creation, in which beauty, sublimity, purity, and holiness
27 — yea, the divine nature — appear in man and the uni-
verse never to disappear.

Divine nature
appearing

Knowing the Science of creation, in which all is Mind
30 and its ideas, Jesus rebuked the material thought of his
fellow-countrymen: "Ye can discern the face of the

	sky; but can ye not discern the signs of the times?"	1
Spiritual ideas apprehended	How much more should we seek to apprehend the spiritual ideas of God, than to dwell on the objects	3
	of sense! To discern the rhythm of Spirit	
	and to be holy, thought must be purely spiritual.	
	<i>Genesis</i> i. 15. And let them be for lights in the firmament of the heaven, to give light upon the earth: and it was so.	6
	Truth and Love enlighten the understanding, in whose	9
	"light shall we see light;" and this illumination is reflected spiritually by all who walk in the light and turn away from a false material sense.	12
	<i>Genesis</i> i. 16. And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: He made the stars also.	15
Geology a failure	The sun is a metaphorical representation of Soul outside the body, giving existence and intelligence to the universe. Love alone can impart the limitless idea of infinite Mind. Geology has never explained the earth's formations; it cannot explain them.	18
	There is no Scriptural allusion to solar light until time has been already divided into evening and morning; and the allusion to fluids (<i>Genesis</i> i. 2) indicates a supposed formation of matter by the resolving of fluids into solids,	21
	analogous to the suppositional resolving of thoughts into material things.	24
	Light is a symbol of Mind, of Life, Truth, and Love,	27
Spiritual subdivision	and not a vitalizing property of matter. Science reveals only one Mind, and this one shining by its own light and governing the universe, including	30

1 man, in perfect harmony. This Mind forms ideas, its
own images, subdivides and radiates their borrowed light,
3 intelligence, and so explains the Scripture phrase, "whose
seed is in itself." Thus God's ideas "multiply and re-
plenish the earth." The divine Mind supports the sub-
6 limity, magnitude, and infinitude of spiritual creation.

Genesis i. 17, 18. And God set them in the firmament of
the heaven, to give light upon the earth, and to rule over
9 the day and over the night, and to divide the light from the
darkness: and God saw that it was good.

In divine Science, which is the seal of Deity and has
12 the impress of heaven, God is revealed as in-
finite light. In the eternal Mind, no night is
there.

Darkness
scattered

15 *Genesis i. 19.* And the evening and the morning were
the fourth day.

The changing glow and full effulgence of God's infi-
18 nite ideas, images, mark the periods of progress.

Genesis i. 20. And God said, Let the waters bring forth
abundantly the moving creature that hath life, and fowl
21 that may fly above the earth in the open firmament of
heaven.

To mortal mind, the universe is liquid, solid, and aëri-
24 form. Spiritually interpreted, rocks and mountains stand
for solid and grand ideas. Animals and mor-
tals metaphorically present the gradation of
27 mortal thought, rising in the scale of intelligence, taking
form in masculine, feminine, or neuter gender. The
fowls, which fly above the earth in the open firmament

Soaring
aspirations

of heaven, correspond to aspirations soaring beyond and
above corporeality to the understanding of the incorporeal
and divine Principle, Love. 1 3

Genesis i. 21. And God created great whales, and every
living creature that moveth, which the waters brought forth
abundantly, after their kind, and every winged fowl after
his kind: and God saw that it was good. 6

Seraphic
symbols

Spirit is symbolized by strength, presence, and power,
and also by holy thoughts, winged with Love. These an- 9
gels of His presence, which have the holiest
charge, abound in the spiritual atmosphere of
Mind, and consequently reproduce their own character- 12
istics. Their individual forms we know not, but we do
know that their natures are allied to God's nature; and
spiritual blessings, thus typified, are the externalized, yet 15
subjective, states of faith and spiritual understanding.

Genesis i. 22. And God blessed them, saying, Be fruit-
ful, and multiply, and fill the waters in the seas; and let
fowl multiply in the earth. 18

Multiplication
of pure ideas

Spirit blesses the multiplication of its own pure and
perfect ideas. From the infinite elements of the one 21
Mind emanate all form, color, quality, and
quantity, and these are mental, both primarily
and secondarily. Their spiritual nature is discerned only 24
through the spiritual senses. Mortal mind inverts the true
likeness, and confers animal names and natures upon its
own misconceptions. Ignorant of the origin and opera- 27
tions of mortal mind, — that is, ignorant of itself, — this
so-called mind puts forth its own qualities, and claims
God as their author; albeit God is ignorant of the ex- 30

1 istence of both this mortal mentality, so-called, and its
 claim, for the claim usurps the deific prerogatives and is
 3 an attempted infringement on infinity.

Genesis i. 23. And the evening and the morning were
 the fifth day.

6 Advancing spiritual steps in the teeming universe of
 Mind lead on to spiritual spheres and exalted beings. To
 material sense, this divine universe is dim and
 9 distant, gray in the sombre hues of twilight;
 but anon the veil is lifted, and the scene shifts into light.
 In the record, time is not yet measured by solar revolutions,
 12 and the motions and reflections of deific power cannot be
 apprehended until divine Science becomes the interpreter.

Spiritual
 spheres

Genesis i. 24. And God said, Let the earth bring forth
 15 the living creature after his kind, cattle, and creeping thing,
 and beast of the earth after his kind: and it was so.

18 Spirit diversifies, classifies, and individualizes all
 thoughts, which are as eternal as the Mind
 conceiving them; but the intelligence, exist-
 ence, and continuity of all individuality remain in God,
 21 who is the divinely creative Principle thereof.

Continuity
 of thoughts

Genesis i. 25. And God made the beast of the earth after
 his kind, and cattle after their kind, and everything that
 24 creepeth upon the earth after his kind: and God saw that
 it was good.

27 God creates all forms of reality. His thoughts are
 spiritual realities. So-called mortal mind — being non-
 existent and consequently not within the range of im-

God's thoughts are spiritual realities	mortal existence — could not by simulating deific power	1
	invert the divine creation, and afterwards recreate per-	
	sons or things upon its own plane, since noth-	3
	ing exists beyond the range of all-inclusive	
Qualities of thought	infinity, in which and of which God is the	
	sole creator. Mind, joyous in strength, dwells in the	6
	realm of Mind. Mind's infinite ideas run and dis-	
	port themselves. In humility they climb the heights of	
	holiness.	9
	Moral courage is "the lion of the tribe of Juda," the	
	king of the mental realm. Free and fearless it roams in	
	the forest. Undisturbed it lies in the open	12
	field, or rests in "green pastures, . . . beside	
	the still waters." In the figurative transmission from the	
	divine thought to the human, diligence, promptness, and	15
	perseverance are likened to "the cattle upon a thousand	
	hills." They carry the baggage of stern resolve, and	
	keep pace with highest purpose. Tenderness accompa-	18
	nies all the might imparted by Spirit. The individ-	
	uality created by God is not carnivorous, as witness the	
Creatures of God useful	millennial estate pictured by Isaiah: —	21
	The wolf also shall dwell with the lamb,	
	And the leopard shall lie down with the kid;	
	And the calf and the young lion, and the fatling together;	24
	And a little child shall lead them.	
	Understanding the control which Love held over all,	
	Daniel felt safe in the lions' den, and Paul proved the	27
	viper to be harmless. All of God's creatures,	
	moving in the harmony of Science, are harm-	
	less, useful, indestructible. A realization of this grand	30
	verity was a source of strength to the ancient worthies.	

1 It supports Christian healing, and enables its possessor
to emulate the example of Jesus. "And God saw that
3 it was good."

Patience is symbolized by the tireless worm, creeping
over lofty summits, persevering in its intent. The ser-
6 pent of God's creating is neither subtle nor
poisonous, but is a wise idea, charming in its
adroitness, for Love's ideas are subject to the Mind which
9 forms them, — the power which changeth the serpent
into a staff.

The serpent
harmless

Genesis i. 26. And God said, Let us make man in our
12 image, after our likeness; and let them have dominion over
the fish of the sea, and over the fowl of the air, and over
the cattle, and over all the earth, and over every creeping
15 thing that creepeth upon the earth.

The eternal Elohim includes the forever universe.
The name Elohim is in the plural, but this plurality of
18 Spirit does not imply more than one God, nor
does it imply three persons in one. It relates
to the oneness, the tri-unity of Life, Truth, and Love.
21 "Let *them* have dominion." Man is the family name
for all ideas, — the sons and daughters of God. All that
God imparts moves in accord with Him, reflecting good-
24 ness and power.

Elohistic
plurality

Your mirrored reflection is your own image or like-
ness. If you lift a weight, your reflection does this also.
27 If you speak, the lips of this likeness move in
accord with yours. Now compare man before
the mirror to his divine Principle, God. Call the mirror
30 divine Science, and call man the reflection. Then note

Reflected
likeness

how true, according to Christian Science, is the reflection 1
to its original. As the reflection of yourself appears in
the mirror, so you, being spiritual, are the reflection of 3
God. The substance, Life, intelligence, Truth, and Love,
which constitute Deity, are reflected by His creation;
and when we subordinate the false testimony of the 6
corporeal senses to the facts of Science, we shall see
this true likeness and reflection everywhere.

Love imparts
beauty

God fashions all things, after His own likeness. Life 9
is reflected in existence, Truth in truthfulness, God in
goodness, which impart their own peace and
permanence. Love, redolent with unselfish- 12
ness, bathes all in beauty and light. The grass beneath
our feet silently exclaims, "The meek shall inherit the
earth." The modest arbutus sends her sweet breath to 15
heaven. The great rock gives shadow and shelter. The
sunlight glints from the church-dome, glances into the
prison-cell, glides into the sick-chamber, brightens the 18
flower, beautifies the landscape, blesses the earth. Man,
made in His likeness, possesses and reflects God's domin-
ion over all the earth. Man and woman as coexistent 21
and eternal with God forever reflect, in glorified quality,
the infinite Father-Mother God.

Genesis i. 27. So God created man in His own image, 24
in the image of God created He him; male and female
created He them.

Ideal man
and woman

To emphasize this momentous thought, it is repeated 27
that God made man in His own image, to reflect the
divine Spirit. It follows that *man* is a generic
term. Masculine, feminine, and neuter gen- 30
ders are human concepts. In one of the ancient lan-

1 guages the word for *man* is used also as the synonym of
mind. This definition has been weakened by anthropo-
 3 morphism, or a humanization of Deity. The word *an-*
thropomorphic, in such a phrase as "an anthropomorphic
 God," is derived from two Greek words, signifying *man*
 6 and *form*, and may be defined as a mortally mental at-
 tempt to reduce Deity to corporeality. The life-giving
 quality of Mind is Spirit, not matter. The ideal man
 9 corresponds to creation, to intelligence, and to Truth.
 The ideal woman corresponds to Life and to Love. In
 divine Science, we have not as much authority for con-
 12 sidering God masculine, as we have for considering
 Him feminine, for Love imparts the clearest idea of
 Deity.

15 The world believes in many persons; but if God is per-
 sonal, there is but one person, because there is but one
 God. His personality can only be reflected,
 18 not transmitted. God has countless ideas, and
 they all have one Principle and parentage. The only
 proper symbol of God as person is Mind's infinite ideal.
 21 What is this ideal? Who shall behold it? This ideal
 is God's own image, spiritual and infinite. Even eternity
 can never reveal the whole of God, since there is no limit
 24 to infinitude or to its reflections.

Divine
personality

Genesis i. 28. And God blessed them, and God said unto
 them, Be fruitful, and multiply, and replenish the earth,
 27 and subdue it; and have dominion over the fish of the sea,
 and over the fowl of the air, and over every living thing
 that moveth upon the earth.

30 Divine Love blesses its own ideas, and causes them to
 multiply, — to manifest His power. Man is not made

Birthright
of man

to till the soil. His birthright is dominion, not sub- 1
jection. He is lord of the belief in earth
and heaven, — himself subordinate alone to 3
his Maker. This is the Science of being.

Genesis i. 29, 30. And God said, Behold, I have given 6
you every herb bearing seed, which is upon the face of all
the earth, and every tree, in the which is the fruit of a tree
yielding seed; to you it shall be for meat. And to every 9
beast of the earth, and to every fowl of the air, and to
everything that creepeth upon the earth, wherein there is
life, I have given every green herb for meat: and it
was so. 12

Assistance in
brotherhood

God gives the lesser idea of Himself for a link to the
greater, and in return, the higher always protects the
lower. The rich in spirit help the poor in 15
one grand brotherhood, all having the same
Principle, or Father; and blessed is that man who seeth
his brother's need and supplieth it, seeking his own in 18
another's good. Love giveth to the least spiritual idea
might, immortality, and goodness, which shine through
all as the blossom shines through the bud. All the varied 21
expressions of God reflect health, holiness, immortality —
infinite Life, Truth, and Love.

Genesis i. 31. And God saw everything that He had 24
made, and, behold, it was very good. And the evening and
the morning were the sixth day.

The divine Principle, or Spirit, comprehends and ex- 27
presses all, and all must therefore be as perfect as the
divine Principle is perfect. Nothing is new to Spirit.

1 Nothing can be novel to eternal Mind, the author of all
things, who from all eternity knoweth His own ideas.
3 Deity was satisfied with His work. How could
He be otherwise, since the spiritual creation
was the outgrowth, the emanation, of His infinite self-
6 containment and immortal wisdom?

Perfection
of creation

Genesis ii. 1. Thus the heavens and the earth were
finished, and all the host of them.

9 Thus the ideas of God in universal being are complete
and forever expressed, for Science reveals infinity and
the fatherhood and motherhood of Love. Hu-
12 man capacity is slow to discern and to grasp
God's creation and the divine power and presence which
go with it, demonstrating its spiritual origin. Mortals
15 can never know the infinite, until they throw off the old
man and reach the spiritual image and likeness. What
can fathom infinity! How shall we declare Him, till,
18 in the language of the apostle, "we all come in the unity
of the faith, and of the knowledge of the Son of God, unto
a perfect man, unto the measure of the stature of the ful-
21 ness of Christ"?

Infinity
measureless

Genesis ii. 2. And on the seventh day God ended His
work which He had made; and He rested on the seventh
24 day from all His work which He had made.

God rests in action. Imparting has not impoverished,
can never impoverish, the divine Mind. No
27 exhaustion follows the action of this Mind,
according to the apprehension of divine Science. The

Resting in
holy work

highest and sweetest rest, even from a human standpoint, 1
is in holy work.

Love
and man
coexistent

Unfathomable Mind is expressed. The depth, breadth, 3
height, might, majesty, and glory of infinite Love fill all
space. That is enough! Human language
can repeat only an infinitesimal part of what 6
exists. The absolute ideal, man, is no more seen nor
comprehended by mortals, than is his infinite Principle,
Love. Principle and its idea, man, are coexistent and 9
eternal. The numerals of infinity, called *seven days*, can
never be reckoned according to the calendar of time.
These days will appear as mortality disappears, and they 12
will reveal eternity, newness of Life, in which all sense of
error forever disappears and thought accepts the divine
infinite calculus. 15

Genesis ii. 4, 5. These are the generations of the heavens
and of the earth when they were created, in the day that the
Lord God [Jehovah] made the earth and the heavens, and 18
every plant of the field before it was in the earth, and every
herb of the field before it grew: for the Lord God [Jehovah]
had not caused it to rain upon the earth, and there was not 21
a man to till the ground.

Growth is
from Mind

Here is the emphatic declaration that God creates all
through Mind, not through matter, — that the plant 24
grows, not because of seed or soil, but because
growth is the eternal mandate of Mind. Mor-
tal thought drops into the ground, but the immortal creat- 27
ing thought is from above, not from beneath. Because
Mind makes all, there is nothing left to be made by a
lower power. Spirit acts through the Science of Mind, 30
never causing man to till the ground, but making him

1 superior to the soil. Knowledge of this lifts man above
the sod, above earth and its environments, to conscious
3 spiritual harmony and eternal being.

Here the inspired record closes its narrative of being
that is without beginning or end. All that is made is
6 the work of God, and all is good. We leave
this brief, glorious history of spiritual creation
(as stated in the first chapter of Genesis) in the hands of
9 God, not of man, in the keeping of Spirit, not matter, —
joyfully acknowledging now and forever God's supremacy,
omnipotence, and omnipresence.

Spiritual
narrative

12 The harmony and immortality of man are intact. We
should look away from the opposite supposition that man
is created materially, and turn our gaze to the spiritual
15 record of creation, to that which should be engraved on
the understanding and heart "with the point of a diamond"
and the pen of an angel.

18 The reader will naturally ask if there is nothing more
about creation in the book of Genesis. Indeed there is,
but the continued account is mortal and material.

21 *Genesis* ii. 6. But there went up a mist from the earth,
and watered the whole face of the ground.

The Science and truth of the divine creation have been
24 presented in the verses already considered, and now the
opposite error, a material view of creation, is
to be set forth. The second chapter of Gene-
27 sis contains a statement of this material view of God and
the universe, a statement which is the exact opposite of
scientific truth as before recorded. The history of error
30 or matter, if veritable, would set aside the omnipotence

The story
of error

of Spirit; but it is the false history in contradistinction to the true. 1

The two
records

The Science of the first record proves the falsity of the second. If one is true, the other is false, for they are antagonistic. The first record assigns all might and government to God, and endows man out of God's perfection and power. The second record chronicles man as mutable and mortal, — as having broken away from Deity and as revolving in an orbit of his own. Existence, separate from divinity, Science explains as impossible. 3 6 9

This second record unmistakably gives the history of error in its externalized forms, called life and intelligence in matter. It records pantheism, opposed to the supremacy of divine Spirit; but this state of things is declared to be temporary and this man to be mortal, — dust returning to dust. 12 15

Erroneous
representation

In this erroneous theory, matter takes the place of Spirit. Matter is represented as the life-giving principle of the earth. Spirit is represented as entering matter in order to create man. God's glowing denunciations of man when not found in His image, the likeness of Spirit, convince reason and coincide with revelation in declaring this material creation false. 18 21 24

Hypothetical
reversal

This latter part of the second chapter of Genesis, which portrays Spirit as supposedly cooperating with matter in constructing the universe, is based on some hypothesis of error, for the Scripture just preceding declares God's work to be finished. Does Life, Truth, and Love produce death, error, and hatred? Does the creator condemn His own creation? Does the unerring Principle of divine law change or repent? It can- 27 30

1 not be so. Yet one might so judge from an unintelligent
perusal of the Scriptural account now under comment.

3 Because of its false basis, the mist of obscurity evolved
by error deepens the false claim, and finally declares that
6 God knows error and that error can improve
His creation. Although presenting the exact
opposite of Truth, the lie claims to be truth. The crea-
9 tions of matter arise from a mist or false claim, or from
mystification, and not from the firmament, or under-
standing, which God erects between the true and false.
In error everything comes from beneath, not from above.
12 All is material myth, instead of the reflection of
Spirit.

Mist, or
false claim

15 It may be worth while here to remark that, according
to the best scholars, there are clear evidences of two dis-
tinct documents in the early part of the book of
Genesis. One is called the Elohistic, because
18 the Supreme Being is therein called Elohim. The other
document is called the Jehovistic, because Deity therein is
always called Jehovah, — or Lord God, as our common
21 version translates it.

Distinct
documents

24 Throughout the first chapter of Genesis and in three
verses of the second, — in what we understand to be the
spiritually scientific account of creation, — it is
Elohim (God) who creates. From the fourth
verse of chapter two to chapter five, the creator is called
27 Jehovah, or the Lord. The different accounts become
more and more closely intertwined to the end of chapter
twelve, after which the distinction is not definitely trace-
30 able. In the historic parts of the Old Testament, it is
usually Jehovah, peculiarly the divine sovereign of the
Hebrew people, who is referred to.

Jehovah
or Elohim

Gods of the heathen	The idolatry which followed this material mythology is	1
	seen in the Phœnician worship of Baal, in the Moabitish	
	god Chemosh, in the Moloch of the Amorites,	3
	in the Hindoo Vishnu, in the Greek Aphro-	
	dite, and in a thousand other so-called deities.	
Jehovah a tribal deity	It was also found among the Israelites, who constantly	6
	went after "strange gods." They called the Supreme	
	Being by the national name of Jehovah. In	
	that name of Jehovah, the true idea of God	9
	seems almost lost. God becomes "a man of war," a	
	tribal god to be worshipped, rather than Love, the divine	
	Principle to be lived and loved.	12
	<i>Genesis ii. 7. And the Lord God [Jehovah] formed man</i>	
	<i>of the dust of the ground, and breathed into his nostrils</i>	
	<i>the breath of life; and man became a living soul.</i>	15
Creation reversed	Did the divine and infinite Principle become a finite	
	deity, that He should now be called Jehovah? With	
	a single command, Mind had made man,	18
	both male and female. How then could a	
	material organization become the basis of man? How	
	could the non-intelligent become the medium of Mind,	21
	and error be the enunciator of Truth? Matter is not	
	the reflection of Spirit, yet God is reflected in all His	
	creation. Is this addition to His creation real or un-	24
	real? Is it the truth, or is it a lie concerning man and	
	God?	
	It must be a lie, for God presently curses the ground.	27
	Could Spirit evolve its opposite, matter, and give matter	
	ability to sin and suffer? Is Spirit, God, injected into	
	dust, and eventually ejected at the demand of matter?	30
	Does Spirit enter dust, and lose therein the divine nature	

1 and omnipotence? Does Mind, God, enter matter to be-
 2 come there a mortal sinner, animated by the breath of
 3 God? In this narrative, the validity of matter is opposed,
 not the validity of Spirit or Spirit's creations. Man re-
 4 flects God; *mankind* represents the Adamic race, and is
 5 a human, not a divine, creation.

The following are some of the equivalents of the term
man in different languages. In the Saxon, *mankind*, a
 9 *woman*, *any one*; in the Welsh, *that which rises*
up, — the primary sense being *image*, *form*; in
 the Hebrew, *image*, *similitude*; in the Icelandic, *mind*.

Definitions
 of man

12 The following translation is from the Icelandic: —

And God said, Let us make man after our mind and
 our likeness; and God shaped man after His mind; after
 15 God's mind shaped He him; and He shaped them male and
 female.

In the Gospel of John, it is declared that all things were
 18 made through the Word of God, "and without Him [the
logos, or *word*] was not anything made that
 was made." Everything good or worthy, God
 21 made. Whatever is valueless or baneful, He did not
 make, — hence its unreality. In the Science of Genesis
 we read that He saw everything which He had made,
 24 "and, behold, it was very good." The corporeal senses
 declare otherwise; and if we give the same heed to the
 history of error as to the records of truth, the Scriptural
 27 record of sin and death favors the false conclusion of the
 material senses. Sin, sickness, and death must be deemed
 as devoid of reality as they are of good, God.

No baneful
 creation

30 *Genesis* ii. 9. And out of the ground made the Lord God
 [Jehovah] to grow every tree that is pleasant to the sight,

and good for food; the tree of life also, in the midst of the garden, and the tree of knowledge of good and evil. 1

Contradicting
first creation

The previous and more scientific record of creation declares that God made "every plant of the field before it was in the earth." This opposite declaration, this statement that life issues from matter, contradicts the teaching of the first chapter, — namely, that all Life is God. Belief is less than understanding. Belief involves theories of material hearing, sight, touch, taste, and smell, termed the five senses. The appetites and passions, sin, sickness, and death, follow in the train of this error of a belief in intelligent matter. 3 6 9 12

Record of
error

The first mention of evil is in the legendary Scriptural text in the second chapter of Genesis. God pronounced good all that He created, and the Scriptures declare that He created all. The "tree of life" stands for the idea of Truth, and the sword which guards it is the type of divine Science. The "tree of knowledge" stands for the erroneous doctrine that the knowledge of evil is as real, hence as God-bestowed, as the knowledge of good. Was evil instituted through God, Love? Did He create this fruit-bearer of sin in contradiction of the first creation? This second biblical account is a picture of error throughout. 15 18 21 24

Genesis ii. 15. And the Lord God [Jehovah] took the man, and put him into the garden of Eden, to dress it and to keep it. 27

The name Eden, according to Cruden, means *pleasure, delight*. In this text Eden stands for the mortal, mate- 30

1 rial body. God could not put Mind into matter nor in-
finite Spirit into finite form to dress it and
3 keep it, — to make it beautiful or to cause it
to live and grow. Man is God's reflection, needing no
cultivation, but ever beautiful and complete.

Garden of
Eden

6 *Genesis* ii. 16, 17. And the Lord God [Jehovah] com-
manded the man, saying, Of every tree of the garden thou
mayest freely eat: but of the tree of the knowledge of good
9 and evil, thou shalt not eat of it: for in the day that thou
eatest thereof thou shalt surely die.

Here the metaphor represents God, Love, as tempting
12 man, but the Apostle James says: "God cannot be
tempted with evil, neither tempteth He any
man." It is true that a knowledge of evil would
15 make man mortal. It is plain also that mate-
rial perception, gathered from the corporeal senses, consti-
tutes evil and mortal knowledge. But is it true that God,
18 good, made "the tree of life" to be the tree of death to His
own creation? Has evil the reality of good? Evil is un-
real because it is a lie, — false in every statement.

No temptation
from God

21 *Genesis* ii. 19. And out of the ground the Lord God
[Jehovah] formed every beast of the field, and every fowl
of the air; and brought them unto Adam to see what he
24 would call them: and whatsoever Adam called every living
creature, that was the name thereof.

Here the lie represents God as repeating creation, but
27 doing so materially, not spiritually, and ask-
ing a prospective sinner to help Him. Is the
Supreme Being retrograding, and is man giving up his
30 dignity? Was it requisite for the formation of man

Creation's
counterfeit

that dust should become sentient, when all being is the reflection of the eternal Mind, and the record declares that God has already created man, both male and female? That Adam gave the name and nature of animals, is solely mythological and material. It cannot be true that man was ordered to create man anew in partnership with God; this supposition was a dream, a myth.

Genesis ii. 21, 22. And the Lord God [Jehovah, Yawah] caused a deep sleep to fall upon Adam, and he slept: and He took one of his ribs, and closed up the flesh instead thereof; and the rib, which the Lord God [Jehovah] had taken from man, made He a woman, and brought her unto the man.

Hypnotic
surgery

Here falsity, error, credits Truth, God, with inducing a sleep or hypnotic state in Adam in order to perform a surgical operation on him and thereby create woman. This is the first record of magnetism. Beginning creation with darkness instead of light, — materially rather than spiritually, — error now simulates the work of Truth, mocking Love and declaring what great things error has done. Beholding the creations of his own dream and calling them real and God-given, Adam — *alias* error — gives them names. Afterwards he is supposed to become the basis of the creation of woman and of his own kind, calling them *mankind*, — that is, a kind of man.

Mental
midwifery

But according to this narrative, surgery was first performed mentally and without instruments; and this may be a useful hint to the medical faculty. Later in human history, when the forbidden

1 fruit was bringing forth fruit of its own kind, there
 came a suggestion of change in the *modus operandi*, —
 3 that man should be born of woman, not woman again
 taken from man. It came about, also, that instruments
 were needed to assist the birth of mortals. The first
 6 system of suggestive obstetrics has changed. Another
 change will come as to the nature and origin of man,
 and this revelation will destroy the *dream* of existence,
 9 reinstate reality, usher in Science and the glorious fact
 of creation, that both man and woman proceed from
 God and are His eternal children, belonging to no lesser
 12 parent.

Genesis iii. 1-3. Now the serpent was more subtle than
 any beast of the field which the Lord God [Jehovah] had
 15 made. And he said unto the woman, Yea, hath God said,
 Ye shall not eat of every tree of the garden? And the
 woman said unto the serpent, We may eat of the fruit of
 18 the trees of the garden: but of the fruit of the tree which is
 in the midst of the garden, God hath said, Ye shall not eat
 of it, neither shall ye touch it, lest ye die.

21 Whence comes a talking, lying serpent to tempt the
 children of divine Love? The serpent enters into the
 metaphor only as evil. We have nothing in the
 24 animal kingdom which represents the species
 described, — a talking serpent, — and should rejoice that
 evil, by whatever figure presented, contradicts itself and
 27 has neither origin nor support in Truth and good. Seeing
 this, we should have faith to fight all claims of evil, be-
 cause we know that they are worthless and unreal.

30 Adam, the synonym for error, stands for a belief of
 material mind. He begins his reign over man some-

Mythical
 serpent

Error or Adam	what mildly, but he increases in falsehood and his days	1
	become shorter. In this development, the im-	
	mortal, spiritual law of Truth is made manifest	3
	as forever opposed to mortal, material sense.	
Divine providence	In divine Science, man is sustained by God, the divine	
	Principle of being. The earth, at God's command, brings	6
	forth food for man's use. Knowing this, Jesus	
	once said, "Take no thought for your life,	
	what ye shall eat, or what ye shall drink," — presuming	9
	not on the prerogative of his creator, but recognizing God,	
	the Father and Mother of all, as able to feed and clothe	
	man as He doth the lilies.	12
	<i>Genesis</i> iii. 4, 5. And the serpent said unto the woman,	
	Ye shall not surely die: for God doth know that in the day	
	ye eat thereof, then your eyes shall be opened; and ye shall	15
	be as gods, knowing good and evil.	
Error's assumption	This myth represents error as always asserting its su-	
	periority over truth, giving the lie to divine Science and	18
	saying, through the material senses: "I can	
	open your eyes. I can do what God has not	
	done for you. Bow down to me and have another god.	21
	Only admit that I am real, that sin and sense are more	
	pleasant to the eyes than spiritual Life, more to be de-	
	sired than Truth, and I shall know you, and you will be	24
	mine." Thus Spirit and flesh war.	
Scriptural allegory	The history of error is a dream-narrative. The dream	
	has no reality, no intelligence, no mind; therefore the	27
	dreamer and dream are one, for neither is	
	true nor real. <i>First</i> , this narrative supposes	
	that something springs from nothing, that matter pre-	30
	cedes mind. <i>Second</i> , it supposes that mind enters matter,	

1 and matter becomes living, substantial, and intelligent.
 The order of this allegory — the belief that everything
 3 springs from dust instead of from Deity — has been main-
 tained in all the subsequent forms of belief. This is the
 error, — that mortal man starts materially, that non-
 6 intelligence becomes intelligence, that mind and soul are
 both right and wrong.

It is well that the upper portions of the brain represent
 9 the higher moral sentiments, as if hope were ever prophe-
 sying thus: The human mind will sometime
 rise above all material and physical sense, ex-
 12 changing it for spiritual perception, and exchanging hu-
 man concepts for the divine consciousness. Then man
 will recognize his God-given dominion and being.

Higher
hope

15 If, in the beginning, man's body originated in non-
 intelligent dust, and mind was afterwards put into body
 by the creator, why is not this divine order
 18 still maintained by God in perpetuating the
 species? Who will say that minerals, vegetables, and
 animals have a propagating property of their own?
 21 Who dares to say either that God is in matter or that
 matter exists without God? Has man sought out other
 creative inventions, and so changed the method of his
 24 Maker?

Biological
inventions

Which institutes Life, — matter or Mind? Does Life
 begin with Mind or with matter? Is Life sustained by
 27 matter or by Spirit? Certainly not by both, since flesh
 wars against Spirit and the corporeal senses can take no
 cognizance of Spirit. The mythologic theory of mate-
 30 rial life at no point resembles the scientifically Christian
 record of man as created by Mind in the image and like-
 ness of God and having dominion over all the earth. Did

God at first create one man unaided, — that is, Adam, — 1
 but afterwards require the union of the two sexes in order
 to create the rest of the human family? No! God makes 3
 and governs all.

Progeny
 cursed

All human knowledge and material sense must be
 gained from the five corporeal senses. Is this knowledge 6
 safe, when eating its first fruits brought death?
 "In the day that thou eatest thereof thou shalt
 surely die," was the prediction in the story under consid- 9
 eration. Adam and his progeny were cursed, not blessed;
 and this indicates that the divine Spirit, or Father, con-
 demns material man and remands him to dust. 12

Genesis iii. 9, 10. And the Lord God [Jehovah] called
 unto Adam, and said unto him, Where art thou? And he
 said, I heard Thy voice in the garden, and I was afraid, 15
 because I was naked; and I hid myself.

Shame the
 effect of sin

Knowledge and pleasure, evolved through material
 sense, produced the immediate fruits of fear and shame. 18
 Ashamed before Truth, error shrank abashed
 from the divine voice calling out to the cor-
 poreal senses. Its summons may be thus paraphrased: 21
 "Where art thou, man? Is Mind in matter? Is Mind
 capable of error as well as of truth, of evil as well as of
 good, when God is All and He is Mind and there is but 24
 one God, hence one Mind?"

Fear comes
 of error

Fear was the first manifestation of the error of mate-
 rial sense. Thus error began and will end the dream of 27
 matter. In the allegory the body had been
 naked, and Adam knew it not; but now error
 demands that *mind* shall see and feel through matter, the 30
 five senses. The first impression material man had of

1 himself was one of nakedness and shame. Had he lost
man's rich inheritance and God's behest, dominion over
3 all the earth? No! This had never been bestowed on
Adam.

Genesis iii. 11, 12. And He said, Who told thee that
6 thou wast naked? Hast thou eaten of the tree, whereof I
commanded thee that thou shouldst not eat? And the man
said, The woman whom Thou gavest to be with me, she gave
9 me of the tree, and I did eat.

Here there is an attempt to trace all human errors
directly or indirectly to God, or good, as if He were the
12 creator of evil. The allegory shows that the
snake-talker utters the first voluble lie, which
beguiles the woman and demoralizes the man. Adam,
15 *alias mortal error*, charges God and woman with his own
dereliction, saying, "The woman, whom Thou gavest
me, is responsible." According to this belief, the rib taken
18 from Adam's side has grown into an evil mind, named
woman, who aids man to make sinners more rapidly than
he can alone. Is this an help meet for man?

The beguiling
first lie

21 Materiality, so obnoxious to God, is already found in the
rapid deterioration of the bone and flesh which came from
Adam to form Eve. The belief in material life and in-
24 telligence is growing worse at every step, but error has its
suppositional day and multiplies until the end thereof.

Truth, cross-questioning man as to his knowledge of
27 error, finds woman the first to confess her fault. She
says, "The serpent beguiled me, and I did
eat;" as much as to say in meek penitence,
30 "Neither man nor God shall father my fault." She has
already learned that corporeal sense is the serpent. Hence

False
womanhood

she is first to abandon the belief in the material origin of 1
 man and to discern spiritual creation. This hereafter
 enabled woman to be the mother of Jesus and to behold 3
 at the sepulchre the risen Saviour, who was soon to mani-
 fest the deathless man of God's creating. This enabled
 woman to be first to interpret the Scriptures in their true 6
 sense, which reveals the spiritual origin of man.

Genesis iii. 14, 15. And the Lord God [Jehovah] said
 unto the serpent, . . . I will put enmity between thee and 9
 the woman, and between thy seed and her seed; it shall
 bruise thy head, and thou shalt bruise his heel.

Spirit and
 flesh

This prophecy has been fulfilled. The Son of the Virgin- 12
 mother unfolded the remedy for Adam, or error; and the
 Apostle Paul explains this warfare between the
 idea of divine power, which Jesus presented, 15
 and mythological material intelligence called *energy* and
 opposed to Spirit.

Paul says in his epistle to the Romans: "The carnal 18
 mind is enmity against God; for it is not subject to the
 law of God, neither indeed can be. So then they that
 are in the flesh cannot please God. But ye are not in the 21
 flesh, but in the Spirit, if so be that the spirit of God dwell
 in you."

Bruising
 sin's head

There will be greater mental opposition to the spirit- 24
 ual, scientific meaning of the Scriptures than there has
 ever been since the Christian era began. The
 serpent, material sense, will bite the heel of 27
 the woman, — will struggle to destroy the spiritual idea
 of Love; and the woman, this idea, will bruise the head
 of lust. The spiritual idea has given the understanding 30

1 a foothold in Christian Science. The seed of Truth and
the seed of error, of belief and of understanding, — yea,
3 the seed of Spirit and the seed of matter, — are the wheat
and tares which time will separate, the one to be burned,
the other to be garnered into heavenly places.

6 *Genesis* iii. 16. Unto the woman He said, I will greatly
multiply thy sorrow and thy conception: in sorrow thou
shalt bring forth children; and thy desire shall be to thy
9 husband, and he shall rule over thee.

Divine Science deals its chief blow at the supposed ma-
terial foundations of life and intelligence. It dooms idol-
12 atry. A belief in other gods, other creators,
and other creations must go down before Chris-
tian Science. It unveils the results of sin as shown in
15 sickness and death. When will man pass through the
open gate of Christian Science into the heaven of Soul,
into the heritage of the first born among men? Truth is
18 indeed "the way."

Judgment
on error

Genesis iii. 17-19. And unto Adam He said, Because
thou hast hearkened unto the voice of thy wife, and hast
21 eaten of the tree of which I commanded thee, saying, Thou
shalt not eat of it: cursed is the ground for thy sake; in
sorrow shalt thou eat of it all the days of thy life: thorns
24 also and thistles shall it bring forth to thee; and thou shalt
eat the herb of the field: in the sweat of thy face shalt thou
eat bread, till thou return unto the ground; for out of it
27 wast thou taken: for dust thou art, and unto dust shalt
thou return.

In the first chapter of Genesis we read: "And God
30 called the dry land Earth; and the gathering together

	of the waters called He Seas." In the Apocalypse it is	1
	written: "And I saw a new heaven and a new earth: for	
New earth and no more sea	the first heaven and the first earth were passed	3
	away; and there was no more sea." In St.	
	John's vision, heaven and earth stand for spir-	
	itual ideas, and the sea, as a symbol of tempest-tossed	6
	human concepts advancing and receding, is represented	
	as having passed away. The divine understanding reigns,	
	is <i>all</i> , and there is no other consciousness.	9
	The way of error is awful to contemplate. The illu-	
	sion of sin is without hope or God. If man's spiritual	
The fall of error	gravitation and attraction to one Father, in	12
	whom we "live, and move, and have our be-	
	ing," should be lost, and if man should be governed by	
	corporeality instead of divine Principle, by body instead	15
	of by Soul, man would be annihilated. Created by flesh	
	instead of by Spirit, starting from matter instead of from	
	God, mortal man would be governed by himself. The	18
	blind leading the blind, both would fall.	
	Passions and appetites must end in pain. They are	
	"of few days, and full of trouble." Their supposed joys	21
	are cheats. Their narrow limits belittle their gratifica-	
	tions, and hedge about their achievements with thorns.	
	Mortal mind accepts the erroneous, material concep-	24
	tion of life and joy, but the true idea is gained from the	
True attainment	immortal side. Through toil, struggle, and sor-	
	row, what do mortals attain? They give up	27
	their belief in perishable life and happiness; the mortal	
	and material return to dust, and the immortal is reached.	
	<i>Genesis</i> iii. 22-24. And the Lord God [Jehovah] said,	30
	Behold, the man is become as one of us, to know good	

1 and evil: and now, lest he put forth his hand, and take
 also of the tree of life, and eat, and live forever; therefore
 3 the Lord God [Jehovah] sent him forth from the garden
 of Eden, to till the ground from whence he was taken.
 So He drove out the man: and He placed at the east
 6 of the garden of Eden Cherubims, and a flaming sword
 which turned every way, to keep the way of the tree of
 life.

9 A knowledge of evil was never the essence of divin-
 ity or manhood. In the first chapter of Genesis, evil
 has no local habitation nor name. Crea-
 12 tion is there represented as spiritual, entire,
 and good. "Whatsoever a man soweth, that shall he
 also reap." Error excludes itself from harmony. Sin
 15 is its own punishment. Truth guards the gateway
 to harmony. Error tills its own barren soil and buries
 itself in the ground, since ground and dust stand for
 18 nothingness.

Justice and
recompense

No one can reasonably doubt that the purpose of this
 allegory — this second account in Genesis — is to depict
 21 the falsity of error and the effects of error.
 Subsequent Bible revelation is coordinate
 with the Science of creation recorded in the
 24 first chapter of Genesis. Inspired writers interpret the
 Word spiritually, while the ordinary historian interprets
 it literally. Literally taken, the text is made to appear
 27 contradictory in some places, and divine Love, which
 blessed the earth and gave it to man for a possession, is
 represented as changeable. The literal meaning would
 30 imply that God withheld from man the opportunity to
 reform, lest man should improve it and become better;
 but this is not the nature of God, who is Love always, —

Inspired
interpretation

Love infinitely wise and altogether lovely, who “seeketh
not her own.” 1

Spiritual
gateway

Truth should, and does, drive error out of all selfhood. 3
Truth is a two-edged sword, guarding and guiding.

Truth places the cherub wisdom at the gate
of understanding to note the proper guests. 6

Radiant with mercy and justice, the sword of Truth
gleams afar and indicates the infinite distance between
Truth and error, between the material and spiritual, — 9
the unreal and the real.

Contrasted
testimony

The sun, giving light and heat to the earth, is a figure
of divine Life and Love, enlightening and sustaining the 12

universe. The “tree of life” is significant of
eternal reality or being. The “tree of knowl- 15

edge” typifies unreality. The testimony of the serpent is
significant of the illusion of error, of the false claims that

misrepresent God, good. Sin, sickness, and death have
no record in the Elohist introduction of Genesis, in which 18

God creates the heavens, earth, and man. Until that
which contradicts the truth of being enters into the arena,

evil has no history, and evil is brought into view only as 21
the unreal in contradistinction to the real and eternal.

Genesis iv. 1. And Adam knew Eve his wife; and she
conceived, and bare Cain, and said, I have gotten a man 24
from the Lord [Jehovah].

Erroneous
conception

This account is given, not of immortal man, but of mortal
man, and of sin which is temporal. As both mortal 27

man and sin have a beginning, they must
consequently have an end, while the sinless,

real man is eternal. Eve's declaration, “I have gotten 30
a man from the Lord,” supposes God to be the author

1 of sin and sin's progeny. This false sense of existence
 is fratricidal. In the words of Jesus, it (evil, devil) is
 3 "a murderer from the beginning." Error begins by
 reckoning life as separate from Spirit, thus sapping the
 foundations of immortality, as if life and immortality
 6 were something which matter can both give and take
 away.

What can be the standard of good, of Spirit, of Life,
 9 or of Truth, if they produce their opposites, such as evil,
 matter, error, and death? God could never
 impart an element of evil, and man possesses
 12 nothing which he has not derived from God. How then
 has man a basis for wrong-doing? Whence does he
 obtain the propensity or power to do evil? Has Spirit
 15 resigned to matter the government of the universe?

Only one
 standard

The Scriptures declare that God condemned this lie as
 to man's origin and character by condemning its symbol,
 18 the serpent, to grovel beneath all the beasts
 of the field. It is false to say that Truth and
 error commingle in creation. In parable and argument,
 21 this falsity is exposed by our Master as self-evidently
 wrong. Disputing these points with the Pharisees and
 arguing for the Science of creation, Jesus said: "Do men
 24 gather grapes of thorns?" Paul asked: "What com-
 munion hath light with darkness? And what concord
 hath Christ with Belial?"

A type of
 falsehood

27 The divine origin of Jesus gave him more than human
 power to expound the facts of creation, and demonstrate
 the one Mind which makes and governs man
 30 and the universe. The Science of creation,
 so conspicuous in the birth of Jesus, inspired his wisest
 and least-understood sayings, and was the basis of his

Scientific
 offspring

marvellous demonstrations. Christ is the offspring of Spirit, and spiritual existence shows that Spirit creates neither a wicked nor a mortal man, lapsing into sin, sickness, and death. 1 3

Cleansing
upheaval

In Isaiah we read: "I make peace, and create evil. I the Lord do all these things;" but the prophet referred to divine law as stirring up the belief in evil to its utmost, when bringing it to the surface and reducing it to its common denominator, nothingness. The muddy river-bed must be stirred in order to purify the stream. In moral chemicalization, when the symptoms of evil, illusion, are aggravated, we may think in our ignorance that the Lord hath wrought an evil; but we ought to know that God's law uncovers so-called sin and its effects, only that Truth may annihilate all sense of evil and all power to sin. 6 9 12 15

Allegiance
to Spirit

Science renders "unto Cæsar the things which are Cæsar's; and unto God the things that are God's." It saith to the human sense of sin, sickness, and death, "God never made you, and you are a false sense which hath no knowledge of God." The purpose of the Hebrew allegory, representing error as assuming a divine character, is to teach mortals never to believe a lie. 18 21 24

Genesis iv. 3, 4. Cain brought of the fruit of the ground an offering unto the Lord [Jehovah]. And Abel, he also brought of the firstlings of his flock, and of the fat thereof. 27

Spiritual and
material

Cain is the type of mortal and material man, conceived in sin and "shapen in iniquity;" he is not the type of Truth and Love. Material in origin and sense, he brings a material offering to God. Abel 30

1 takes his offering from the firstlings of the flock. A lamb
is a more animate form of existence, and more nearly re-
3 sembles a mind-offering than does Cain's fruit. Jealous
of his brother's gift, Cain seeks Abel's life, instead of mak-
ing his own gift a higher tribute to the Most High.

6 *Genesis* iv. 4, 5. And the Lord [Jehovah] had respect
unto Abel, and to his offering: but unto Cain, and to his
offering, He had not respect.

9 Had God more respect for the homage bestowed through
a gentle animal than for the worship expressed by Cain's
fruit? No; but the lamb was a more spiritual type of
12 even the human concept of Love than the herbs of the
ground could be.

Genesis iv. 8. Cain rose up against Abel his brother, and
15 slew him.

The erroneous belief that life, substance, and intelli-
gence can be material ruptures the life and brotherhood
18 of man at the very outset.

Genesis iv. 9. And the Lord [Jehovah] said unto Cain,
Where is Abel thy brother? And he said, I know not: Am
21 I my brother's keeper?

Here the serpentine lie invents new forms. At first it
usurps divine power. It is supposed to say
24 in the first instance, "Ye shall be as gods."
Now it repudiates even the human duty of man towards
his brother.

Brotherhood
repudiated

27 *Genesis* iv. 10, 11. And He [Jehovah] said, . . . The
voice of thy brother's blood crieth unto Me from the ground.
And now art thou cursed from the earth.

Murder
brings
its curse

The belief of life in matter sins at every step. It in- 1
 curs divine displeasure, and it would kill Jesus that it
 might be rid of troublesome Truth. Material 3
 beliefs would slay the spiritual idea when-
 ever and wherever it appears. Though error hides
 behind a lie and excuses guilt, error cannot forever be 6
 concealed. Truth, through her eternal laws, unveils
 error. Truth causes sin to betray itself, and sets upon
 error the mark of the beast. Even the disposition to 9
 excuse guilt or to conceal it is punished. The avoidance
 of justice and the denial of truth tend to perpetuate sin,
 invoke crime, jeopardize self-control, and mock divine 12
 mercy.

Genesis iv. 15. And the Lord [Jehovah] said unto him,
 Therefore whosoever slayeth Cain, vengeance shall be taken 15
 on him sevenfold. And the Lord [Jehovah] set a mark
 upon Cain, lest any finding him should kill him.

Retribution
and remorse

"They that take the sword shall perish with the 18
 sword." Let Truth uncover and destroy error in God's
 own way, and let human justice pattern the
 divine. Sin will receive its full penalty, both 21
 for what it is and for what it does. Justice marks
 the sinner, and teaches mortals not to remove the
 waymarks of God. To envy's own hell, justice con- 24
 signs the lie which, to advance itself, breaks God's
 commandments.

Genesis iv. 16. And Cain went out from the presence of 27
 the Lord [Jehovah], and dwelt in the land of Nod.

The sinful misconception of Life as something less

1 than God, having no truth to support it, falls back upon
itself. This error, after reaching the climax of suffering,
3 yields to Truth and returns to dust; but it
is only mortal man and not the real man,
who dies. The image of Spirit cannot be effaced, since it
6 is the idea of Truth and changes not, but becomes more
beautifully apparent at error's demise.

Climax of
suffering

In divine Science, the material man is shut out from
9 the presence of God. The five corporeal senses cannot
take cognizance of Spirit. They cannot come
into His presence, and must dwell in dream-
12 land, until mortals arrive at the understanding that ma-
terial life, with all its sin, sickness, and death, is an illu-
sion, against which divine Science is engaged in a warfare
15 of extermination. The great verities of existence are
never excluded by falsity.

Dwelling in
dreamland

All error proceeds from the evidence before the mate-
18 rial senses. If man is material and originates in an
egg, who shall say that he is not primarily
dust? May not Darwin be right in think-
21 ing that apehood preceded mortal manhood? Minerals
and vegetables are found, according to divine Science,
to be the creations of erroneous thought, not of matter.
24 Did man, whom God created with a word, originate
in an egg? When Spirit made all, did it leave aught
for matter to create? Ideas of Truth alone are reflected
27 in the myriad manifestations of Life, and thus it is
seen that man springs solely from Mind. The belief
that matter supports life would make Life, or God,
30 mortal.

Man springs
from Mind

The text, "In the day that the Lord God [Jehovah
God] made the earth and the heavens," introduces the

	record of a material creation which followed the spiritual,	1
	— a creation so wholly apart from God's, that Spirit	
Material inception	had no participation in it. In God's creation	3
	ideas became productive, obedient to Mind.	
	There was no rain and "not a man to till the ground."	
	Mind, instead of matter, being the producer, Life was	6
	self-sustained. Birth, decay, and death arise from the	
	material sense of things, not from the spiritual, for in	
	the latter Life consisteth not of the things which a man	9
	eateth. Matter cannot change the eternal fact that	
	man exists because God exists. Nothing is new to the	
	infinite Mind.	12
	In Science, Mind neither produces matter nor does	
	matter produce mind. No mortal mind has the might	
First evil suggestion	or right or wisdom to create or to destroy.	15
	All is under the control of the one Mind,	
	even God. The first statement about evil, — the first	
	suggestion of more than the one Mind, — is in the fable	18
	of the serpent. The facts of creation, as previously re-	
	corded, include nothing of the kind.	
	The serpent is supposed to say, "Ye shall be as gods,"	21
	but these gods must be evolved from materiality and be	
Material personality	the very antipodes of immortal and spiritual	24
	being. Man is the likeness of Spirit, but a	
	material personality is not this likeness. Therefore man,	
	in this allegory, is neither a lesser god nor the image and	
	likeness of the one God.	27
	Material, erroneous belief reverses understanding and	
	truth. It declares mind to be in and of matter, so-called	
	mortal life to be Life, infinity to enter man's nostrils	30
	so that matter becomes spiritual. Error begins with	
	corporeality as the producer instead of divine Prin-	

1 ciple, and explains Deity through mortal and finite con-
ceptions.

3 "Behold, the man is become as one of us." This could
not be the utterance of Truth or Science, for according
to the record, material man was fast degenerating and
6 never had been divinely conceived.

The condemnation of mortals to till the ground means
this, — that mortals should so improve material belief
9 by thought tending spiritually upward as to
destroy materiality. Man, created by God,
was given dominion over the whole earth. The notion
12 of a material universe is utterly opposed to the theory
of man as evolved from Mind. Such fundamental errors
send falsity into all human doctrines and conclusions,
15 and do not accord infinity to Deity. Error tills the
whole ground in this material theory, which is entirely a
false view, destructive to existence and happiness. Out-
18 side of Christian Science all is vague and hypothetical, the
opposite of Truth; yet this opposite, in its false view of
God and man, impudently demands a blessing.

Mental
tillage

21 The translators of this record of scientific creation
entertained a false sense of being. They believed in
the existence of matter, its propagation and
24 power. From that standpoint of error, they
could not apprehend the nature and operation of Spirit.
Hence the seeming contradiction in that Scripture, which
27 is so glorious in its spiritual signification. Truth has
but one reply to all error, — to sin, sickness, and death:
"Dust [nothingness] thou art, and unto dust [nothingness]
30 shalt thou return."

Erroneous
standpoint

"As in Adam [error] all die, even so in Christ [Truth]
shall all be made alive." The mortality of man is a

	myth, for man is immortal. The false belief that spirit is	1
	now submerged in matter, at some future time to be eman-	
Mortality mythical	cipated from it, — this belief alone is mortal.	3
	Spirit, God, never germinates, but is “the same	
	yesterday, and to-day, and forever.” If Mind, God, cre-	
	ates error, that error must exist in the divine Mind, and	6
	this assumption of error would dethrone the perfection	
	of Deity.	
	Is Christian Science contradictory? Is the divine	9
	Principle of creation misstated? Has God no Science to	
No truth from a material basis	declare Mind, while matter is governed by un-	
	erring intelligence? “There went up a mist	12
	from the earth.” This represents error as	
	starting from an idea of good on a material basis. It	
	supposes God and man to be manifested only through	15
	the corporeal senses, although the material senses can	
	take no cognizance of Spirit or the spiritual idea.	
	Genesis and the Apocalypse seem more obscure than	18
	other portions of the Scripture, because they cannot	
	possibly be interpreted from a material standpoint. To	
	the author, they are transparent, for they contain the deep	21
	divinity of the Bible.	
	Christian Science is dawning upon a material age.	
	The great spiritual facts of being, like rays of light, shine	24
Dawning of spiritual facts	in the darkness, though the darkness, com-	
	prehending them not, may deny their reality.	
	The proof that the system stated in this book is Chris-	27
	tianly scientific resides in the good this system accom-	
	plishes, for it cures on a divine demonstrable Principle	
	which all may understand.	30
	If mathematics should present a thousand different	
	examples of one rule, the proving of one example would	

1 authenticate all the others. A simple statement of Chris-
 2 tian Science, if demonstrated by healing, contains the
 3 proof of all here said of Christian Science. If
 4 one of the statements in this book is true, every
 5 one must be true, for not one departs from the stated sys-
 6 tem and rule. You can prove for yourself, dear reader,
 7 the Science of healing, and so ascertain if the author has
 8 given you the correct interpretation of Scripture.

Proof given
in healing

9 The late Louis Agassiz, by his microscopic examination
 10 of a vulture's ovum, strengthens the thinker's conclusions
 11 as to the scientific theory of creation. Agassiz
 12 was able to see in the egg the earth's atmos-
 13 phere, the gathering clouds, the moon and stars, while the
 14 germinating speck of so-called embryonic life seemed a
 15 small sun. In its history of mortality, Darwin's theory
 16 of evolution from a material basis is more consistent than
 17 most theories. Briefly, this is Darwin's theory, — that
 18 Mind produces its opposite, matter, and endues matter
 19 with power to recreate the universe, including man. Ma-
 20 terial evolution implies that the great First Cause must
 21 become material, and afterwards must either return to
 22 Mind or go down into dust and nothingness.

Embryonic
evolution

23 The Scriptures are very sacred. Our aim must be to
 24 have them understood spiritually, for only by this under-
 25 standing can truth be gained. The true the-
 26 ory of the universe, including man, is not in
 27 material history but in spiritual development.
 28 Inspired thought relinquishes a material, sensual, and
 29 mortal theory of the universe, and adopts the spiritual and
 30 immortal.

True theory
of the
universe

It is this spiritual perception of Scripture, which lifts
 humanity out of disease and death and inspires faith.

	"The Spirit and the bride say, Come! . . . and whoso-	1
	ever will, let him take the water of life freely." Christian	
Scriptural perception	Science separates error from truth, and breathes	3
	through the sacred pages the spiritual sense of	
	life, substance, and intelligence. In this Science, we dis-	
	cover man in the image and likeness of God. We see that	6
	man has never lost his spiritual estate and his eternal	
	harmony.	
	How little light or heat reach our earth when clouds	9
	cover the sun's face! So Christian Science can be seen	
The clouds dissolving	only as the clouds of corporeal sense roll away.	
	Earth has little light or joy for mortals before	12
	Life is spiritually learned. Every agony of mortal error	
	helps error to destroy error, and so aids the apprehension	
	of immortal Truth. This is the new birth going on	15
	hourly, by which men may entertain angels, the true	
	ideas of God, the spiritual sense of being.	
	Speaking of the origin of mortals, a famous naturalist	18
	says: "It is very possible that many general statements	
Prediction of a naturalist	now current, about birth and generation, will	
	be changed with the progress of information."	21
	Had the naturalist, through his tireless researches, gained	
	the diviner side in Christian Science, — so far apart from	
	his material sense of animal growth and organization, —	24
	he would have blessed the human race more abundantly.	
	Natural history is richly endowed by the labors and	
	genius of great men. Modern discoveries have brought	27
Methods of reproduction	to light important facts in regard to so-called	
	embryonic life. Agassiz declares ("Methods	
	of Study in Natural History," page 275): "Certain ani-	30
	mals, besides the ordinary process of generation, also	
	increase their numbers naturally and constantly by self-	

1 division." This discovery is corroborative of the Science
 of Mind, for this discovery shows that the multiplication
 3 of certain animals takes place apart from sexual condi-
 tions. The supposition that life germinates in eggs and
 must decay after it has grown to maturity, if not before,
 6 is shown by divine metaphysics to be a mistake, — a
 blunder which will finally give place to higher theories
 and demonstrations.

9 Creatures of lower forms of organism are supposed
 to have, as classes, three different methods of reproduc-
 tion and to multiply their species sometimes
 12 through eggs, sometimes through buds, and
 sometimes through self-division. According to recent
 lore, successive generations do not begin with the *birth* of
 15 new individuals, or personalities, but with the formation
 of the nucleus, or egg, from which one or more individu-
 alities subsequently emerge; and we must therefore look
 18 upon the simple ovum as the germ, the starting-point, of
 the most complicated corporeal structures, including those
 which we call human. Here these material researches
 21 culminate in such vague hypotheses as must necessarily
 attend false systems, which rely upon physics and are de-
 void of metaphysics.

The three
 processes

24 In one instance a celebrated naturalist, Agassiz, dis-
 covers the pathway leading to divine Science, and beards
 the lion of materialism in its den. At that
 27 point, however, even this great observer mis-
 takes nature, forsakes Spirit as the divine origin of
 creative Truth, and allows matter and material law to
 30 usurp the prerogatives of omnipotence. He absolutely
 drops from his summit, coming down to a belief in the
 material origin of man, for he virtually affirms that

Deference to
 material law

the germ of humanity is in a circumscribed and non-intelligent egg. 1

If this be so, whence cometh Life, or Mind, to the human race? Matter surely does not possess Mind. 3

Deep-
reaching
interrogations

God is the Life, or intelligence, which forms and preserves the individuality and identity 6

of animals as well as of men. God cannot become finite, and be limited within material bounds. 6

Spirit cannot become matter, nor can Spirit be developed through its opposite. Of what avail is it to investigate 9

what is miscalled material life, which ends, even as it begins, in nameless nothingness? The true sense of being 12

and its eternal perfection should appear now, even as it will hereafter. 12

Error of thought is reflected in error of action. The continual contemplation of existence as material and corporeal — as beginning and ending, and with 15

Stages of
existence

birth, decay, and dissolution as its component stages — hides the true and spiritual Life, and causes 18

our standard to trail in the dust. If Life has any starting-point whatsoever, then the great I AM is a myth. If Life 21

is God, as the Scriptures imply, then Life is not embryonic, it is infinite. An egg is an impossible enclosure for 24

Deity. 24

Embryology supplies no instance of one species producing its opposite. A serpent never begets a bird, nor does a lion bring forth a lamb. Amalgamation is deemed 27

monstrous and is seldom fruitful, but it is not so hideous and absurd as the supposition that Spirit — the pure and 30

holy, the immutable and immortal — can originate the impure and mortal and dwell in it. As Christian Science 30

repudiates self-evident impossibilities, the material senses

1 must father these absurdities, for both the material senses
and their reports are unnatural, impossible, and unreal.

3 Either Mind produces, or it is produced. If Mind is
first, it cannot produce its opposite in quality and quantity,
called matter. If matter is first, it cannot pro-
6 duce Mind. Like produces like. In natural
history, the bird is not the product of a beast. In spiritual
history, matter is not the progenitor of Mind.

The real
producer

9 One distinguished naturalist argues that mortals spring
from eggs and in races. Mr. Darwin admits this, but he
adds that mankind has ascended through all
12 the lower grades of existence. Evolution de-
scribes the gradations of human belief, but it does not
acknowledge the method of divine Mind, nor see that ma-
15 terial methods are impossible in divine Science and that
all Science is of God, not of man.

The ascent
of species

Naturalists ask: "What can there be, of a material
18 nature, transmitted through these bodies called eggs, —
themselves composed of the simplest material
elements, — by which all peculiarities of an-
21 cestry, belonging to either sex, are brought down from
generation to generation?" The question of the natu-
ralist amounts to this: How can matter originate or trans-
24 mit mind? We answer that it cannot. Darkness and
doubt encompass thought, so long as it bases creation on
materiality. From a material standpoint, "Canst thou
27 by searching find out God?" All must be Mind, or
else all must be matter. Neither can produce the other.
Mind is immortal; but error declares that the material
30 seed must decay in order to propagate its species, and
the resulting germ is doomed to the same routine.

Transmitted
peculiarities

The ancient and hypothetical question, Which is first,

	the egg or the bird? is answered, if the egg produces the	1
	parent. But we cannot stop here. Another question	
Causation not in matter	follows: Who or what produces the parent of	3
	the egg? That the earth was hatched from the	
	"egg of night" was once an accepted theory. Heathen	
	philosophy, modern geology, and all other material hy-	6
	potheses deal with causation as contingent on matter	
	and as necessarily apparent to the corporeal senses, even	
	where the proof requisite to sustain this assumption is un-	9
	discovered. Mortal theories make friends of sin, sickness,	
	and death; whereas the spiritual scientific facts of exist-	
	ence include no member of this dolorous and fatal triad.	12
	Human experience in mortal life, which starts from an	
	egg, corresponds with that of Job, when he says, "Man	
Emergence of mortals	that is born of a woman is of few days, and	15
	full of trouble." Mortals must emerge from	
	this notion of material life as all-in-all. They must peck	
	open their shells with Christian Science, and look outward	18
	and upward. But thought, loosened from a material	
	basis but not yet instructed by Science, may become wild	
	with freedom and so be self-contradictory.	21
	From a material source flows no remedy for sorrow,	
	sin, and death, for the redeeming power, from the ills	
Persistence of species	they occasion, is not in egg nor in dust. The	24
	blending tints of leaf and flower show the	
	order of matter to be the order of mortal mind. The	
	intermixture of different species, urged to its utmost	27
	limits, results in a return to the original species. Thus	
	it is learned that matter is a manifestation of mortal	
	mind, and that matter always surrenders its claims when	30
	the perfect and eternal Mind is understood.	

Naturalists describe the origin of mortal and material

1 existence in the various forms of embryology, and ac-
 2 company their descriptions with important observations,
 3 which should awaken thought to a higher and
 purer contemplation of man's origin. This
 4 clearer consciousness must precede an under-
 5 standing of the harmony of being. Mortal thought must
 6 obtain a better basis, get nearer the truth of being, or
 health will never be universal, and harmony will never
 7 become the standard of man.

Better basis
 than
 embryology

One of our ablest naturalists has said: "We have no
 right to assume that individuals have grown or been
 12 formed under circumstances which made material con-
 ditions essential to their maintenance and reproduction,
 or important to their origin and first introduction."
 15 Why, then, is the naturalist's basis so materialistic,
 and why are his deductions generally material?

Adam was created before Eve. In this instance, it is
 18 seen that the maternal egg never brought forth Adam.
 Eve was formed from Adam's rib, not from a
 foetal ovum. Whatever theory may be adopted
 21 by general mortal thought to account for human origin,
 that theory is sure to become the signal for the appear-
 ance of its method in finite forms and operations. If con-
 24 sentaneous human belief agrees upon an ovum as the
 point of emergence for the human race, this potent belief
 will immediately supersede the more ancient supersti-
 27 tion about the creation from dust or from the rib of our
 primeval father.

All nativity
 in thought

You may say that mortals are formed before they
 30 think or know aught of their origin, and you
 may also ask how belief can affect a result
 which precedes the development of that belief. It can

Being is
 immortal

only be replied, that Christian Science reveals what "eye hath not seen," — even the cause of all that exists, — for the universe, inclusive of man, is as eternal as God, who is its divine immortal Principle. There is no such thing as mortality, nor are there properly any mortal beings, because being is immortal, like Deity, — or, rather, being and Deity are inseparable.

Error is always error. It is *no thing*. Any statement of life, following from a misconception of life, is erroneous, because it is destitute of any knowledge of the so-called selfhood of life, destitute of any knowledge of its origin or existence. The mortal is unconscious of his foetal and infantile existence; but as he grows up into another false claim, that of self-conscious matter, he learns to say, "I am somebody; but who made me?" Error replies, "God made you." The first effort of error has been and is to impute to God the creation of whatever is sinful and mortal; but infinite Mind sets at naught such a mistaken belief.

Jesus defined this opposite of God and His creation better than we can, when he said, "He is a liar, and the father of it." Jesus also said, "Have not I chosen you twelve, and one of you is a devil?" This he said of Judas, one of Adam's race. Jesus never intimated that God made a devil, but he did say, "Ye are of your father, the devil." All these sayings were to show that mind in matter is the author of itself, and is simply a falsity and illusion.

It is the general belief that the lower animals are less sickly than those possessing higher organizations, especially those of the human form. This would indicate that there is less disease in propor-

Our
conscious
development

Mendacity
of error

Ailments
of animals

1 tion as the force of mortal mind is less pungent or sensi-
 tive, and that health attends the absence of mortal mind.
 3 A fair conclusion from this might be, that it is the human
 belief, and not the divine arbitrament, which brings the
 physical organism under the yoke of disease.

6 An inquirer once said to the discoverer of Christian
 Science: "I like your explanations of truth, but I do
 not comprehend what you say about error."

Ignorance the
 sign of error

9 This is the nature of error. The mark of igno-
 rance is on its forehead, for it neither understands nor
 can be understood. Error would have itself received as
 12 mind, as if it were as real and God-created as truth; but
 Christian Science attributes to error neither entity nor
 power, because error is neither mind nor the outcome of
 15 Mind.

Searching for the origin of man, who is the reflection
 of God, is like inquiring into the origin of God, the self-
 18 existent and eternal. Only impotent error
 would seek to unite Spirit with matter, good
 with evil, immortality with mortality, and call this
 21 sham unity *man*, as if man were the offspring of both
 Mind and matter, of both Deity and humanity. Crea-
 tion rests on a spiritual basis. We lose our standard of
 24 perfection and set aside the proper conception of Deity,
 when we admit that the perfect is the author of aught
 that can become imperfect, that God bestows the power
 27 to sin, or that Truth confers the ability to err. Our
 great example, Jesus, could restore the individualized
 manifestation of existence, which seemed to vanish in
 30 death. Knowing that God was the Life of man, Jesus
 was able to present himself unchanged after the cruci-
 fixation. Truth fosters the idea of Truth, and not the be-

The origin
 of divinity

lief in illusion or error. That which is real, is sustained
by Spirit. 1

Genera
classified

Vertebrata, articulata, mollusca, and radiata are mor- 3
tal and material concepts classified, and are supposed to
possess life and mind. These false beliefs
will disappear, when the radiation of Spirit 6
destroys forever all belief in intelligent matter. Then
will the new heaven and new earth appear, for the for-
mer things will have passed away. 9

The
Christian's
privilege

Mortal belief infolds the conditions of sin. Mortal
belief dies to live again in renewed forms, only to go out
at last forever; for life everlasting is not to be 12
gained by dying. Christian Science may ab-
sorb the attention of sage and philosopher, but
the Christian alone can fathom it. It is made known 15
most fully to him who understands best the divine Life.
Did the origin and the enlightenment of the race come
from the deep sleep which fell upon Adam? Sleep is 18
darkness, but God's creative mandate was, "Let there be
light." In sleep, cause and effect are mere illusions.
They seem to be something, but are not. Oblivion and 21
dreams, not realities, come with sleep. Even so goes on
the Adam-belief, of which mortal and material life is the
dream. 24

Ontology
versus
physiology

Ontology receives less attention than physiology. Why?
Because mortal mind must waken to spiritual
life before it cares to solve the problem of 27
being, hence the author's experience; but when
that awakening comes, existence will be on a new stand-
point. 30

It is related that a father plunged his infant babe, only
a few hours old, into the water for several minutes, and

1 repeated this operation daily, until the child could remain
under water twenty minutes, moving and playing with-
3 out harm, like a fish. Parents should remember this,
and learn how to develop their children properly on dry
land.

6 Mind controls the birth-throes in the lower realms of
nature, where parturition is without suffering. Vege-
tables, minerals, and many animals suffer no
9 pain in multiplying; but human propagation
has its suffering because it is a false belief. Christian Sci-
ence reveals harmony as proportionately increasing as the
12 line of creation rises towards spiritual man, — towards
enlarged understanding and intelligence; but in the line
of the corporeal senses, the less a mortal knows of sin,
15 disease, and mortality, the better for him, — the less pain
and sorrow are his. When the mist of mortal mind evap-
orates, the curse will be removed which says to woman,
18 "In sorrow thou shalt bring forth children." Divine
Science rolls back the clouds of error with the light of
Truth, and lifts the curtain on man as never born and as
21 never dying, but as coexistent with his creator.

Popular theology takes up the history of man as if he
began materially right, but immediately fell into mental
24 sin; whereas revealed religion proclaims the Science of
Mind and its formations as being in accordance with
the first chapter of the Old Testament, when God, Mind,
27 spake and it was done.

The curse
removed

The Apocalypse

*Blessed is he that readeth,
and they that hear the words of this prophecy,
and keep those things which are written therein:
for the time is at hand. — REVELATION.*

*Great is the Lord,
and greatly to be praised in the city of our God,
in the mountain of His holiness. — PSALMS.*

St. John writes, in the tenth chapter of his book of Revelation: — 1

And I saw another mighty angel come down from heaven, 3
clothed with a cloud: and a rainbow was upon his head, and
his face was as it were the sun, and his feet as pillars of
fire: and he had in his hand a little book open: and he 6
set his right foot upon the sea, and his left foot on the
earth.

This angel or message which comes from God, clothed 9
with a cloud, prefigures divine Science. To mortal sense
Science seems at first obscure, abstract, and
dark; but a bright promise crowns its brow. 12
When understood, it is Truth's prism and praise. When
you look it fairly in the face, you can heal by its means,
and it has for you a light above the sun, for God "is the 15
light thereof." Its feet are pillars of fire, foundations
of Truth and Love. It brings the baptism of the Holy
Ghost, whose flames of Truth were prophetically de- 18
scribed by John the Baptist as consuming error.

The new
Evangel

1 This angel had in his hand "a little book," open for
all to read and understand. Did this same book contain
3 the revelation of divine Science, the "right
foot" or dominant power of which was upon
the sea, — upon elementary, latent error, the source of
6 all error's visible forms? The angel's left foot was upon
the earth; that is, a secondary power was exercised upon
visible error and audible sin. The "still, small voice"
9 of scientific thought reaches over continent and ocean
to the globe's remotest bound. The inaudible voice of
Truth is, to the human mind, "as when a lion roareth."
12 It is heard in the desert and in dark places of fear. It
arouses the "seven thunders" of evil, and stirs their latent
forces to utter the full diapason of secret tones. Then is
15 the power of Truth demonstrated, — made manifest in
the destruction of error. Then will a voice from harmony
cry: "Go and take the little book. . . . Take it, and eat
18 it up; and it shall make thy belly bitter, but it shall be in
thy mouth sweet as honey." Mortals, obey the heavenly
evangel. Take divine Science. Read this book from
21 beginning to end. Study it, ponder it. It will be indeed
sweet at its first taste, when it heals you; but murmur not
over Truth, if you find its digestion bitter. When you
24 approach nearer and nearer to this divine Principle, when
you eat the divine body of this Principle, — thus partak-
ing of the nature, or primal elements, of Truth and Love,
27 — do not be surprised nor discontented because you must
share the hemlock cup and eat the bitter herbs; for the
Israelites of old at the Paschal meal thus prefigured this
30 perilous passage out of bondage into the El Dorado of faith
and hope.

The twelfth chapter of the Apocalypse, or Revela-

	tion of St. John, has a special suggestiveness in connection with the nineteenth century. In the opening of the sixth seal, typical of six thousand years since Adam, the distinctive feature has reference to the present age.	1
To-day's lesson		3
	<i>Revelation</i> xii. 1. And there appeared a great wonder in heaven; a woman clothed with the sun, and the moon under her feet, and upon her head a crown of twelve stars.	6
		9
True estimate of God's messenger	Heaven represents harmony, and divine Science interprets the Principle of heavenly harmony. The great miracle, to human sense, is divine Love, and the grand necessity of existence is to gain the true idea of what constitutes the kingdom of heaven in man. This goal is never reached while we hate our neighbor or entertain a false estimate of anyone whom God has appointed to voice His Word. Again, without a correct sense of its highest visible idea, we can never understand the divine Principle. The botanist must know the genus and species of a plant in order to classify it correctly. As it is with things, so is it with persons.	12
		15
		18
		21
Persecution harmful	Abuse of the motives and religion of St. Paul hid from view the apostle's character, which made him equal to his great mission. Persecution of all who have spoken something new and better of God has not only obscured the light of the ages, but has been fatal to the persecutors. Why? Because it has hid from them the true idea which has been presented. To misunderstand Paul, was to be ignorant of the divine idea he taught. Ignorance of the divine idea betrays at once a greater ignorance of the divine Principle of the idea — igno-	24
		27
		30

1 rance of Truth and Love. The understanding of Truth
and Love, the Principle which works out the ends of eternal
3 good and destroys both faith in evil and the practice of
evil, leads to the discernment of the divine idea.

Agassiz, through his microscope, saw the sun in an
6 egg at a point of so-called embryonic life. Because of
his more spiritual vision, St. John saw an
"angel standing in the sun." The Revelator
9 beheld the spiritual idea from the mount of vision.
Purity was the symbol of Life and Love. The Revelator
saw also the spiritual ideal as a woman clothed in light, a
12 bride coming down from heaven, wedded to the Lamb
of Love. To John, "the bride" and "the Lamb" repre-
sented the correlation of divine Principle and spiritual idea,
15 God and His Christ, bringing harmony to earth.

Espousals
supernal

John saw the human and divine coincidence, shown in
the man Jesus, as divinity embracing humanity in Life
18 and its demonstration, — reducing to human
perception and understanding the Life which
is God. In divine revelation, material and corporeal self-
21 hood disappear, and the spiritual idea is understood.

Divinity and
humanity

The woman in the Apocalypse symbolizes generic man,
the spiritual idea of God; she illustrates the coincidence
24 of God and man as the divine Principle and
divine idea. The Revelator symbolizes Spirit
by the sun. The spiritual idea is clad with the radiance
27 of spiritual Truth, and matter is put under her feet. The
light portrayed is really neither solar nor lunar, but spirit-
ual Life, which is "the light of men." In the first chapter
30 of the Fourth Gospel it is written, "There was a man sent
from God . . . to bear witness of that Light."

Spiritual
sunlight

John the Baptist prophesied the coming of the im-

	maculate Jesus, and John saw in those days the spiritual	1
Spiritual idea revealed	idea as the Messiah, who would baptize with the Holy	
	Ghost, — divine Science. As Elias presented	3
	the idea of the fatherhood of God, which Jesus	
	afterwards manifested, so the Revelator completed this	
	figure with woman, typifying the spiritual idea of God's	6
	motherhood. The moon is under her feet. This idea	
	reveals the universe as secondary and tributary to Spirit,	
	from which the universe borrows its reflected light, sub-	9
	stance, life, and intelligence.	
Spiritual idea crowned	The spiritual idea is crowned with twelve stars. The	
	twelve tribes of Israel with all mortals, — separated by	12
	belief from man's divine origin and the true	
	idea, — will through much tribulation yield to	
	the activities of the divine Principle of man in the har-	15
	mony of Science. These are the stars in the crown of	
	rejoicing. They are the lamps in the spiritual heavens	
	of the age, which show the workings of the spiritual idea	18
	by healing the sick and the sinning, and by manifesting	
	the light which shines "unto the perfect day" as the night	
	of materialism wanes.	21
	<i>Revelation</i> xii. 2. And she being with child cried, travail-	
	ing in birth, and pained to be delivered.	
Travail and joy	Also the spiritual idea is typified by a woman in trav-	24
	ail, waiting to be delivered of her sweet promise, but re-	
	membering no more her sorrow for joy that	
	the birth goes on; for great is the idea, and the	27
	travail portentous.	
	<i>Revelation</i> xii. 3. And there appeared another wonder in	
	heaven; and behold a great red dragon, having seven heads	30
	and ten horns, and seven crowns upon his heads.	

1 Human sense may well marvel at discord, while, to a
 diviner sense, harmony is the real and discord the unreal.
 3 We may well be astonished at sin, sickness, and
 death. We may well be perplexed at human
 fear; and still more astounded at hatred, which lifts
 6 its hydra head, showing its horns in the many inventions
 of evil. But why should we stand aghast at nothingness?
 The great red dragon symbolizes a lie, — the belief
 9 that substance, life, and intelligence can be material.
 This dragon stands for the sum total of human error.
 The ten horns of the dragon typify the belief that mat-
 12 ter has power of its own, and that by means of an
 evil mind in matter the Ten Commandments can be
 broken.

The dragon
as a type

15 The Revelator lifts the veil from this embodiment of
 all evil, and beholds its awful character; but he also
 sees the nothingness of evil and the allness of
 18 God. The Revelator sees that old serpent,
 whose name is devil or evil, holding untiring watch, that
 he may bite the heel of truth and seemingly impede the
 21 offspring of the spiritual idea, which is prolific in health,
 holiness, and immortality.

The sting of
the serpent

24 *Revelation xii. 4.* And his tail drew the third part of the
 stars of heaven, and did cast them to the earth: and the
 dragon stood before the woman which was ready to be
 delivered, for to devour her child as soon as it was born.

27 The serpentine form stands for subtlety, winding its
 way amidst all evil, but doing this in the name of good.
 Its sting is spoken of by Paul, when he refers
 30 to "spiritual wickedness in high places." It
 is the animal instinct in mortals, which would impel

Animal
tendency

them to devour each other and cast out devils through
Beelzebub. 1

As of old, evil still charges the spiritual idea with error's
own nature and methods. This malicious animal in- 3
stinct, of which the dragon is the type, incites mortals to
kill morally and physically even their fellow-mortals, and 6
worse still, to charge the innocent with the crime. This
last infirmity of sin will sink its perpetrator into a night
without a star. 9

Malicious
barbarity

The author is convinced that the accusations against
Jesus of Nazareth and even his crucifixion were instigated 12
by the criminal instinct here described. The
Revelator speaks of Jesus as the Lamb of God
and of the dragon as warring against innocence. Since Jesus
must have been tempted in all points, he, the immaculate, 15
met and conquered sin in every form. The brutal bar-
barity of his foes could emanate from no source except the
highest degree of human depravity. Jesus "*opened not* 18
his mouth." Until the majesty of Truth should be demon-
strated in divine Science, the spiritual idea was arraigned
before the tribunal of so-called mortal mind, which was 21
unloosed in order that the false claim of mind in matter
might uncover its own crime of defying immortal Mind.

Doom of
the dragon

From Genesis to the Apocalypse, sin, sickness, and 24
death, envy, hatred, and revenge, — all evil, — are typi-
fied by a serpent, or animal subtlety. Jesus
said, quoting a line from the Psalms, "They 27
hated me without a cause." The serpent is perpetually
close upon the heel of harmony. From the beginning
to the end, the serpent pursues with hatred the spiritual 30
idea. In Genesis, this allegorical, talking serpent typi-
fies mortal mind, "more subtle than any beast of the

1 field." In the Apocalypse, when nearing its doom, this
 evil increases and becomes the great red dragon, swollen
 3 with sin, inflamed with war against spirituality, and ripe
 for destruction. It is full of lust and hate, loathing the
 brightness of divine glory.

6 *Revelation* xii. 5. And she brought forth a man child,
 who was to rule all nations with a rod of iron: and her
 child was caught up unto God, and to His throne.

9 Led on by the grossest element of mortal mind, Herod
 decreed the death of every male child in order that the
 man Jesus, the masculine representative of the
 12 spiritual idea, might never hold sway and de-
 prive Herod of his crown. The impersonation of the
 spiritual idea had a brief history in the earthly life of our
 15 Master; but "of his kingdom there shall be no end,"
 for Christ, God's idea, will eventually rule all nations
 and peoples — imperatively, absolutely, finally — with di-
 18 vine Science. This immaculate idea, represented first
 by man and, according to the Revelator, last by woman,
 will baptize with fire; and the fiery baptism will burn up
 21 the chaff of error with the fervent heat of Truth and Love,
 melting and purifying even the gold of human character.
 After the stars sang together and all was primeval har-
 24 mony, the material lie made war upon the spiritual idea;
 but this only impelled the idea to rise to the zenith of
 demonstration, destroying sin, sickness, and death, and
 27 to be caught up unto God, — to be found in its divine
 Principle.

The conflict
 with purity

30 *Revelation* xii. 6. And the woman fled into the wilder-
 ness, where she hath a place prepared of God.

Spiritual
guidance

As the children of Israel were guided triumphantly 1
 through the Red Sea, the dark ebbing and flowing tides
 of human fear, — as they were led through the 3
 wilderness, walking wearily through the great
 desert of human hopes, and anticipating the promised
 joy, — so shall the spiritual idea guide all right desires 6
 in their passage from sense to Soul, from a material sense
 of existence to the spiritual, up to the glory prepared for
 them who love God. Stately Science pauses not, but 9
 moves before them, a pillar of cloud by day and of fire
 by night, leading to divine heights.

If we remember the beautiful description which Sir 12
 Walter Scott puts into the mouth of Rebecca the Jewess
 in the story of *Ivanhoe*, —

When Israel, of the Lord beloved, 15
 Out of the land of bondage came,
 Her fathers' God before her moved,
 An awful guide, in smoke and flame, — 18

we may also offer the prayer which concludes the same
 hymn, —

And oh, when stoops on Judah's path 21
 In shade and storm the frequent night,
 Be Thou, longsuffering, slow to wrath,
 A burning and a shining light! 24

Revelation xii. 7, 8. And there was war in heaven:
 Michael and his angels fought against the dragon; and the
 dragon fought, and his angels, and prevailed not; neither 27
 was their place found any more in heaven.

Angelic
offices

The Old Testament assigns to the angels, God's divine 30
 messages, different offices. Michael's charac-
 teristic is spiritual strength. He leads the
 hosts of heaven against the power of sin, Satan, and

1 fights the holy wars. Gabriel has the more quiet task
 of imparting a sense of the ever-presence of ministering
 3 Love. These angels deliver us from the depths. Truth
 and Love come nearer in the hour of woe, when strong
 faith or spiritual strength wrestles and prevails through
 6 the understanding of God. The Gabriel of His presence
 has no contests. To infinite, ever-present Love, all is
 Love, and there is no error, no sin, sickness, nor death.
 9 Against Love, the dragon warreth not long, for he is
 killed by the divine Principle. Truth and Love prevail
 against the dragon because the dragon cannot war with
 12 them. Thus endeth the conflict between the flesh and
 Spirit.

Revelation xii. 9. And the great dragon was cast out,
 15 that old serpent, called the devil, and Satan, which deceiv-
 eth the whole world: he was cast out into the earth, and his
 angels were cast out with him.

18 That false claim — that ancient belief, that old serpent
 whose name is devil (evil), claiming that there is intelli-
 gence in matter either to benefit or to injure
 21 men — is pure delusion, the red dragon; and
 it is cast out by Christ, Truth, the spiritual
 idea, and so proved to be powerless. The words “cast
 24 unto the earth” show the dragon to be nothingness, dust
 to dust; and therefore, in his pretence of being a talker,
 he must be a lie from the beginning. His angels, or mes-
 27 sages, are cast out with their author. The beast and the
 false prophets are lust and hypocrisy. These wolves in
 sheep’s clothing are detected and killed by innocence, the
 30 Lamb of Love.

Dragon
 cast down
 to earth

Divine Science shows how the Lamb slays the wolf.

Warfare
with error

Innocence and Truth overcome guilt and error. Ever 1
since the foundation of the world, ever since error would
establish material belief, evil has tried to slay 3
the Lamb; but Science is able to destroy this
lie, called evil. The twelfth chapter of the Apocalypse
typifies the divine method of warfare in Science, and the 6
glorious results of this warfare. The following chapters
depict the fatal effects of trying to meet error with error.
The narrative follows the order used in Genesis. In 9
Genesis, first the true method of creation is set forth and
then the false. Here, also, the Revelator first exhibits
the true warfare and then the false. 12

Revelation xii. 10-12. And I heard a loud voice saying
in heaven, Now is come salvation, and strength, and the 15
kingdom of our God, and the power of His Christ: for the
accuser of our brethren is cast down, which accused them
before our God day and night. And they overcame him by
the blood of the Lamb, and by the word of their testimony; 18
and they loved not their lives unto the death. Therefore
rejoice, ye heavens, and ye that dwell in them. Woe to the
inhabiters of the earth and of the sea! for the devil is 21
come down unto you, having great wrath, because he
knoweth that he hath but a short time.

Pæan of
jubilee

For victory over a single sin, we give thanks and mag- 24
nify the Lord of Hosts. What shall we say of the mighty
conquest over all sin? A louder song, sweeter
than has ever before reached high heaven, 27
now rises clearer and nearer to the great heart of Christ;
for the accuser is not there, and Love sends forth her
primal and everlasting strain. Self-abnegation, by which 30
we lay down all for Truth, or Christ, in our warfare against
error, is a rule in Christian Science. This rule clearly

1 interprets God as divine Principle, — as Life, represented
by the Father; as Truth, represented by the Son; as Love,
3 represented by the Mother. Every mortal at some period,
here or hereafter, must grapple with and overcome the
mortal belief in a power opposed to God.

6 The Scripture, "Thou hast been faithful over a few
things, I will make thee ruler over many," is literally ful-
filled, when we are conscious of the supremacy
9 of Truth, by which the nothingness of error
is seen; and we know that the nothingness of error is in
proportion to its wickedness. He that touches the hem
12 of Christ's robe and masters his mortal beliefs, animality,
and hate, rejoices in the proof of healing, — in a sweet
and certain sense that God is Love. Alas for those who
15 break faith with divine Science and fail to strangle the
serpent of sin as well as of sickness! They are dwellers
still in the deep darkness of belief. They are in the surg-
18 ing sea of error, not struggling to lift their heads above the
drowning wave.

The robe
of Science

What must the end be? They must eventually expi-
21 ate their sin through suffering. The sin, which one has
made his bosom companion, comes back to him
at last with accelerated force, for the devil
24 knoweth his time is short. Here the Scriptures declare
that evil is temporal, not eternal. The dragon is at last
stung to death by his own malice; but how many periods
27 of torture it may take to remove all sin, must depend upon
sin's obduracy.

Expiation by
suffering

30 *Revelation* xii. 13. And when the dragon saw that he
was cast unto the earth, he persecuted the woman which
brought forth the man child.

Apathy to occultism	The march of mind and of honest investigation will	1
	bring the hour when the people will chain, with fetters of	
	some sort, the growing occultism of this period.	3
	The present apathy as to the tendency of	
	certain active yet unseen mental agencies will finally be	
	shocked into another extreme mortal mood, — into human	6
	indignation; for one extreme follows another.	
	<i>Revelation</i> xii. 15, 16. And the serpent cast out of his	
	mouth water as a flood, after the woman, that he might	9
	cause her to be carried away of the flood. And the earth	
	helped the woman, and the earth opened her mouth, and	
	swallowed up the flood which the dragon cast out of his	12
	mouth.	
Receptive hearts	Millions of unprejudiced minds — simple seekers for	
	Truth, weary wanderers, athirst in the desert — are wait-	15
	ing and watching for rest and drink. Give	
	them a cup of cold water in Christ's name,	
	and never fear the consequences. What if the old dragon	18
	should send forth a new flood to drown the Christ-idea?	
	He can neither drown your voice with its roar, nor again	
	sink the world into the deep waters of chaos and old night.	21
	In this age the earth will help the woman; the spiritual	
	idea will be understood. Those ready for the blessing	
	you impart will give thanks. The waters will be paci-	24
	fied, and Christ will command the wave.	
Hidden ways of iniquity	When God heals the sick or the sinning, they should	
	know the great benefit which Mind has wrought. They	27
	should also know the great delusion of mor-	
	tal mind, when it makes them sick or sinful.	
	Many are willing to open the eyes of the people to the	30
	power of good resident in divine Mind, but they are	

1 not so willing to point out the evil in human thought,
and expose evil's hidden mental ways of accomplishing
3 iniquity.

Why this backwardness, since exposure is necessary
to ensure the avoidance of the evil? Because people like
6 you better when you tell them their virtues
than when you tell them their vices. It re-
quires the spirit of our blessed Master to tell a man his
9 faults, and so risk human displeasure for the sake of doing
right and benefiting our race. Who is telling mankind
of the foe in ambush? Is the informer one who sees the
12 foe? If so, listen and be wise. Escape from evil, and
designate those as unfaithful stewards who have seen the
danger and yet have given no warning.

Christly
warning

15 At all times and under all circumstances, overcome
evil with good. Know thyself, and God will supply
the wisdom and the occasion for a victory
18 over evil. Clad in the panoply of Love,
human hatred cannot reach you. The cement of a
higher humanity will unite all interests in the one
21 divinity.

The armor
of divinity

Through trope and metaphor, the Revelator, immortal
scribe of Spirit and of a true idealism, furnishes the
24 mirror in which mortals may see their own
image. In significant figures he depicts the
thoughts which he beholds in mortal mind. Thus he
27 rebukes the conceit of sin, and foreshadows its doom.
With his spiritual strength, he has opened wide the gates
of glory, and illumined the night of paganism with the
sublime grandeur of divine Science, outshining sin, sorcery,
30 lust, and hypocrisy. He takes away mitre and sceptre.
He enthrones pure and undefiled religion, and lifts on

Pure religion
enthroned

high only those who have washed their robes white in
obedience and suffering. 1

Native
nothingness
of sin

Thus we see, in both the first and last books of the 3
Bible, — in Genesis and in the Apocalypse, — that sin
is to be Christianly and scientifically reduced
to its native nothingness. “Love one an- 6
other” (I John, iii. 23), is the most simple and profound
counsel of the inspired writer. In Science we are chil-
dren of God; but whatever is of material sense, or mor- 9
tal, belongs not to His children, for materiality is the
inverted image of spirituality.

Fulfillment
of the Law

Love fulfils the law of Christian Science, and nothing 12
short of this divine Principle, understood and demon-
strated, can ever furnish the vision of the
Apocalypse, open the seven seals of error with 15
Truth, or uncover the myriad illusions of sin, sickness,
and death. Under the supremacy of Spirit, it will be seen
and acknowledged that matter must disappear. 18

In Revelation xxi. 1 we read: —

And I saw a new heaven and a new earth: for the first
heaven and the first earth were passed away; and there was 21
no more sea.

Man's
present
possibilities

The Revelator had not yet passed the transitional
stage in human experience called death, but he already 24
saw a new heaven and a new earth. Through
what sense came this vision to St. John? Not
through the material visual organs for seeing, for optics 27
are inadequate to take in so wonderful a scene. Were this
new heaven and new earth terrestrial or celestial, mate-

1 rial or spiritual? They could not be the former, for the
 human sense of space is unable to grasp such a view.
 3 The Revelator was on our plane of existence, while yet
 beholding what the eye cannot see, — that which is in-
 visible to the uninspired thought. This testimony of Holy
 6 Writ sustains the fact in Science, that the heavens and
 earth to one human consciousness, that consciousness
 which God bestows, are spiritual, while to another, the
 9 unillumined human mind, the vision is material. This
 shows unmistakably that what the human mind terms
 matter and spirit indicates states and stages of con-
 12 sciousness.

Accompanying this scientific consciousness was an-
 other revelation, even the declaration from heaven, su-
 15 preme harmony, that God, the divine Principle
 of harmony, is ever with men, and they are
 His people. Thus man was no longer regarded as a mis-
 18 erable sinner, but as the blessed child of God. Why?
 Because St. John's corporeal sense of the heavens and
 earth had vanished, and in place of this false sense was
 21 the spiritual sense, the subjective state by which he could
 see the new heaven and new earth, which involve the
 spiritual idea and consciousness of reality. This is Scrip-
 24 tural authority for concluding that such a recognition of
 being is, and has been, possible to men in this present
 state of existence, — that we can become conscious,
 27 here and now, of a cessation of death, sorrow, and pain.
 This is indeed a foretaste of absolute Christian Science.
 Take heart, dear sufferer, for this reality of being will
 30 surely appear sometime and in some way. There will
 be no more pain, and all tears will be wiped away. When
 you read this, remember Jesus' words, "The kingdom of

Nearness
of Deity

God is within you." This spiritual consciousness is 1
therefore a present possibility.

The Revelator also takes in another view, adapted to 3
console the weary pilgrim, journeying "uphill all the way."

He writes, in Revelation xxi. 9: —

And there came unto me one of the seven angels which 6
had the seven vials full of the seven last plagues, and talked
with me, saying, Come hither, I will show thee the bride,
the Lamb's wife. 9

Vials of
wrath and
consolation

This ministry of Truth, this message from divine Love,
carried John away in spirit. It exalted him till he be-
came conscious of the spiritual facts of being 12
and the "New Jerusalem, coming down from
God, out of heaven," — the spiritual outpour-
ing of bliss and glory, which he describes as the city 15
which "lieth foursquare." The beauty of this text is,
that the sum total of human misery, represented by
the seven angelic vials full of seven plagues, has full 18
compensation in the law of Love. Note this, — that the
very message, or swift-winged thought, which poured
forth hatred and torment, brought also the experience 21
which at last lifted the seer to behold the great city, the
four equal sides of which were heaven-bestowed and
heaven-bestowing. 24

Spiritual
wedlock

Think of this, dear reader, for it will lift the sack-
cloth from your eyes, and you will behold the soft-
winged dove descending upon you. The very 27
circumstance, which your suffering sense
deems wrathful and afflictive, Love can make an angel
entertained unawares. Then thought gently whispers: 30

1 "Come hither! Arise from your false consciousness
 into the true sense of Love, and behold the Lamb's
 3 wife, — Love wedded to its own spiritual idea." Then
 cometh the marriage feast, for this revelation will de-
 stroy forever the physical plagues imposed by material
 6 sense.

This sacred city, described in the Apocalypse (xxi. 16)
 as one that "lieth foursquare" and cometh "down from
 9 God, out of heaven," represents the light and
 glory of divine Science. The builder and
 maker of this New Jerusalem is God, as we read in the
 12 book of Hebrews; and it is "a city which hath founda-
 tions." The description is metaphoric. Spiritual teach-
 ing must always be by symbols. Did not Jesus illustrate
 15 the truths he taught by the mustard-seed and the prodi-
 gal? Taken in its allegorical sense, the description of
 the city as foursquare has a profound meaning. The
 18 four sides of our city are the Word, Christ, Christianity,
 and divine Science; "and the gates of it shall not be shut
 at all by day: for there shall be no night there." This
 21 city is wholly spiritual, as its four sides indicate.

The city
 foursquare

As the Psalmist saith, "Beautiful for situation, the
 joy of the whole earth, is mount Zion, on the sides of
 24 the north, the city of the great King." It is
 indeed a city of the Spirit, fair, royal, and
 square. Northward, its gates open to the North Star,
 27 the Word, the polar magnet of Revelation; eastward,
 to the star seen by the Wisemen of the Orient, who fol-
 lowed it to the manger of Jesus; southward, to the
 30 genial tropics, with the Southern Cross in the skies,
 — the Cross of Calvary, which binds human society
 into solemn union; westward, to the grand realization

The royally
 divine gates

of the Golden Shore of Love and the Peaceful Sea of Harmony. 1

Revelation's
pure zenith

This heavenly city, lighted by the Sun of Righteousness, — this New Jerusalem, this infinite All, which to us seems hidden in the mist of remoteness, — reached St. John's vision while yet he tabernacled with mortals. 3 6

In Revelation xxi. 22, further describing this holy city, the beloved Disciple writes: — 9

And I saw no temple therein: for the Lord God Almighty and the Lamb are the temple of it.

The shrine
celestial

There was no temple, — that is, no material structure in which to worship God, for He must be worshipped in spirit and in love. The word *temple* also means *body*. The Revelator was familiar with Jesus' use of this word, as when Jesus spoke of his material body as the temple to be temporarily rebuilt (John ii. 21). What further indication need we of the real man's incorporeality than this, that John saw heaven and earth with "no temple [body] therein"? This kingdom of God "is within you," — is within reach of man's consciousness here, and the spiritual idea reveals it. In divine Science, man possesses this recognition of harmony consciously in proportion to his understanding of God. 12 15 18 21 24

Divine sense
of Deity

The term Lord, as used in our version of the Old Testament, is often synonymous with Jehovah, and expresses the Jewish concept, not yet elevated to deific apprehension through spiritual transfiguration. Yet the word gradually approaches a higher meaning. This human sense of Deity yields to the divine 27 30

1 sense, even as the material sense of personality yields
 to the incorporeal sense of God and man as the infinite
 3 Principle and infinite idea, — as one Father with His uni-
 versal family, held in the gospel of Love. The Lamb's
 wife presents the unity of male and female as no longer
 6 two wedded individuals, but as two individual natures
 in one; and this compounded spiritual individuality re-
 flects God as Father-Mother, not as a corporeal being.
 9 In this divinely united spiritual consciousness, there is no
 impediment to eternal bliss, — to the perfectibility of
 God's creation.

12 This spiritual, holy habitation has no boundary
 nor limit, but its four cardinal points are: first, the
 Word of Life, Truth, and Love; second,
 15 the Christ, the spiritual idea of God; third,
 Christianity, which is the outcome of the divine Prin-
 ciple of the Christ-idea in Christian history; fourth,
 18 Christian Science, which to-day and forever interprets
 this great example and the great Exemplar. This city
 of our God has no need of sun or satellite, for Love
 21 is the light of it, and divine Mind is its own interpreter.
 All who are saved must walk in this light. Mighty
 potentates and dynasties will lay down their honors
 24 within the heavenly city. Its gates open towards light
 and glory both within and without, for all is good, and
 nothing can enter that city, which "defileth, . . . or
 27 maketh a lie."

The city of
 our God

The writer's present feeble sense of Christian Science
 closes with St. John's Revelation as recorded by the
 30 great apostle, for his vision is the acme of this Science
 as the Bible reveals it.

In the following Psalm one word shows, though faintly,

the light which Christian Science throws on the Scriptures 1
 by substituting for the corporeal sense, the incorporeal
 or spiritual sense of Deity: — 3

PSALM XXIII

[DIVINE LOVE] is my shepherd; I shall not want.
 [LOVE] maketh me to lie down in green pastures: 6
 [LOVE] leadeth me beside the still waters.
 [LOVE] restoreth my soul [spiritual sense]: [LOVE] lead-
 eth me in the paths of righteousness for His name's sake. 9
 Yea, though I walk through the valley of the shadow of
 death, I will fear no evil: for [LOVE] is with me; [LOVE's]
 rod and [LOVE's] staff they comfort me. 12
 [LOVE] prepareth a table before me in the presence of
 mine enemies: [LOVE] anointeth my head with oil; my cup
 runneth over. 15
 Surely goodness and mercy shall follow me all the days of
 my life; and I will dwell in the house [the consciousness]
 of [LOVE] for ever. 18

Glossary

*These things saith He that is holy, He that is true,
He that hath the key of David,
He that openeth, and no man shutteth;
and shutteth, and no man openeth;
I know thy works:
behold, I have set before thee an open door,
and no man can shut it. — REVELATION.*

1 **I**n Christian Science we learn that the substitution of
the spiritual for the material definition of a Scrip-
3 tural word often elucidates the meaning of the inspired
writer. On this account this chapter is added. It con-
tains the metaphysical interpretation of Bible terms,
6 giving their spiritual sense, which is also their original
meaning.

9 **ABEL.** Watchfulness; self-offering; surrendering to
the creator the early fruits of experience.

ABRAHAM. Fidelity; faith in the divine Life and in the
eternal Principle of being.
12 This patriarch illustrated the purpose of Love to create
trust in good, and showed the life-preserving power of
spiritual understanding.

15 **ADAM.** Error; a falsity; the belief in "original sin,"
sickness, and death; evil; the opposite of good, — of God
and His creation; a curse; a belief in intelligent matter,

finiteness, and mortality; "dust to dust;" red sand- 1
 stone; nothingness; the first god of mythology; not
 God's man, who represents the one God and is His own 3
 image and likeness; the opposite of Spirit and His crea-
 tions; that which is not the image and likeness of good,
 but a material belief, opposed to the one Mind, or Spirit; 6
 a so-called finite mind, producing other minds, thus mak-
 ing "gods many and lords many" (I Corinthians viii. 5);
 a product of nothing as the mimicry of something; an 9
 unreality as opposed to the great reality of spiritual ex-
 istence and creation; a so-called man, whose origin,
 substance, and mind are found to be the antipode of 12
 God, or Spirit; an inverted image of Spirit; the image
 and likeness of what God has not created, namely, mat-
 ter, sin, sickness, and death; the opposer of Truth, 15
 termed error; Life's counterfeit, which ultimates in
 death; the opposite of Love, called hate; the usurper
 of Spirit's creation, called self-creative matter; immor- 18
 tality's opposite, mortality; that of which wisdom saith,
 "Thou shalt surely die."

The name Adam represents the false supposition that 21
 Life is not eternal, but has beginning and end; that the
 infinite enters the finite, that intelligence passes into non-
 intelligence, and that Soul dwells in material sense; that 24
 immortal Mind results in matter, and matter in mortal
 mind; that the one God and creator entered what He cre-
 ated, and then disappeared in the atheism of matter. 27

ADVERSARY. An adversary is one who opposes, denies,
 disputes, not one who constructs and sustains reality and
 Truth. Jesus said of the devil, "He was a murderer from 30
 the beginning, . . . he is a liar and the father of it."

1 This view of Satan is confirmed by the name often conferred upon him in Scripture, the "adversary."

3 **ALMIGHTY.** All-power; infinity; omnipotence.

ANGELS. God's thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality.

ARK. Safety; the idea, or reflection, of Truth, proved to be as immortal as its Principle; the understanding of Spirit, destroying belief in matter.

God and man coexistent and eternal; Science showing that the spiritual realities of all things are created by Him and exist forever. The ark indicates temptation overcome and followed by exaltation.

15 **ASHER** (Jacob's son). Hope and faith; spiritual compensation; the ills of the flesh rebuked.

BABEL. Self-destroying error; a kingdom divided against itself, which cannot stand; material knowledge.

The higher false knowledge builds on the basis of evidence obtained from the five corporeal senses, the more confusion ensues, and the more certain is the downfall of its structure.

BAPTISM. Purification by Spirit; submergence in Spirit.

We are "willing rather to be absent from the body, and to be present with the Lord." (II Corinthians v. 8.)

BELIEVING. Firmness and constancy; not a faltering
nor a blind faith, but the perception of spiritual Truth. 1
Mortal thoughts, illusion. 3

BENJAMIN (Jacob's son). A physical belief as to life,
substance, and mind; human knowledge, or so-called
mortal mind, devoted to matter; pride; envy; fame; 6
illusion; a false belief; error masquerading as the pos-
sessor of life, strength, animation, and power to act.

Renewal of affections; self-offering; an improved 9
state of mortal mind; the introduction of a more spiritual
origin; a gleam of the infinite idea of the infinite Prin-
ciple; a spiritual type; that which comforts, consoles, 12
and supports.

BRIDE. Purity and innocence, conceiving man in the
idea of God; a sense of Soul, which has spiritual bliss 15
and enjoys but cannot suffer.

BRIDEGROOM. Spiritual understanding; the pure con-
sciousness that God, the divine Principle, creates man 18
as His own spiritual idea, and that God is the only crea-
tive power.

BURIAL. Corporeality and physical sense put out of 21
sight and hearing; annihilation. Submergence in Spirit;
immortality brought to light.

CANAAN (the son of Ham). A sensuous belief; the 24
testimony of what is termed material sense; the error
which would make man mortal and would make mortal
mind a slave to the body. 27

CHILDREN. The spiritual thoughts and representa-
tives of Life, Truth, and Love.

1 Sensual and mortal beliefs; counterfeits of creation,
 whose better originals are God's thoughts, not in em-
 3 bryo, but in maturity; material suppositions of life, sub-
 stance, and intelligence, opposed to the Science of being.

CHILDREN OF ISRAEL. The representatives of Soul, not
 6 corporeal sense; the offspring of Spirit, who, having
 wrestled with error, sin, and sense, are governed by divine
 Science; some of the ideas of God beheld as men, casting
 9 out error and healing the sick; Christ's offspring.

CHRIST. The divine manifestation of God, which comes
 to the flesh to destroy incarnate error.

12 **CHURCH.** The structure of Truth and Love; what-
 ever rests upon and proceeds from divine Principle.

The Church is that institution, which affords proof of
 15 its utility and is found elevating the race, rousing the
 dormant understanding from material beliefs to the ap-
 prehension of spiritual ideas and the demonstration of
 18 divine Science, thereby casting out devils, or error, and
 healing the sick.

CREATOR. Spirit; Mind; intelligence; the animating
 21 divine Principle of all that is real and good; self-existent
 Life, Truth, and Love; that which is perfect and eternal;
 the opposite of matter and evil, which have no Prin-
 24 ciple; God, who made all that was made and could not
 create an atom or an element the opposite of Himself.

DAN (Jacob's son). Animal magnetism; so-called mor-
 27 tal mind controlling mortal mind; error, working out
 the designs of error; one belief preying upon another.

DAY. The irradiance of Life; light, the spiritual idea of Truth and Love. 1

“And the evening and the morning were the first day.” 3
(Genesis i. 5.) The objects of time and sense disappear in the illumination of spiritual understanding, and Mind measures time according to the good that is unfolded. 6
This unfolding is God’s day, and “there shall be no night there.”

DEATH. An illusion, the lie of life in matter; the unreal and untrue; the opposite of Life. 9

Matter has no life, hence it has no real existence. Mind is immortal. The flesh, warring against Spirit; that which frets itself free from one belief only to be fettered by another, until every belief of life where Life is not yields to eternal Life. Any material evidence of death is false, for it contradicts the spiritual facts of being. 12 15

DEVIL. Evil; a lie; error; neither corporeality nor mind; the opposite of Truth; a belief in sin, sickness, and death; animal magnetism or hypnotism; the lust of the flesh, which saith: “I am life and intelligence in matter. There is more than one mind, for I am mind, — a wicked mind, self-made or created by a tribal god and put into the opposite of mind, termed matter, thence to reproduce a mortal universe, including man, not after the image and likeness of Spirit, but after its own image.” 18 21 24

DOVE. A symbol of divine Science; purity and peace; hope and faith. 27

DUST. Nothingness; the absence of substance, life, or intelligence.

1 **EARS.** Not organs of the so-called corporeal senses,
but spiritual understanding.

3 Jesus said, referring to spiritual perception, "Having
ears, hear ye not?" (Mark viii. 18.)

6 **EARTH.** A sphere; a type of eternity and immortality,
which are likewise without beginning or end.

To material sense, earth is matter; to spiritual sense,
it is a compound idea.

9 **ELIAS.** Prophecy; spiritual evidence opposed to mate-
rial sense; Christian Science, with which can be discerned
the spiritual fact of whatever the material senses behold;
12 the basis of immortality.

"Elias truly shall first come and restore all things."
(Matthew xvii. 11.)

15 **ERROR.** See chapter on Recapitulation, page 472.

18 **EUPHRATES** (river). Divine Science encompassing
the universe and man; the true idea of God; a type
of the glory which is to come; metaphysics taking the
place of physics; the reign of righteousness. The atmos-
phere of human belief before it accepts sin, sickness, or
21 death; a state of mortal thought, the only error of which
is limitation; finity; the opposite of infinity.

24 **EVE.** A beginning; mortality; that which does not
last forever; a finite belief concerning life, substance,
and intelligence in matter; error; the belief that the hu-
man race originated materially instead of spiritually, —
27 that man started first from dust, second from a rib, and
third from an egg.

EVENING. Mistiness of mortal thought; weariness of mortal mind; obscured views; peace and rest. 1

EYES. Spiritual discernment, — not material but mental. 3

Jesus said, thinking of the outward vision, "Having eyes, see ye not?" (Mark viii. 18.) 6

FAN. Separator of fable from fact; that which gives action to thought.

FATHER. Eternal Life; the one Mind; the divine Principle, commonly called God. 9

FEAR. Heat; inflammation; anxiety; ignorance; error; desire; caution. 12

FIRE. Fear; remorse; lust; hatred; destruction; affliction purifying and elevating man.

FIRMAMENT. Spiritual understanding; the scientific line of demarcation between Truth and error, between Spirit and so-called matter. 15

FLESH. An error of physical belief; a supposition that life, substance, and intelligence are in matter; an illusion; a belief that matter has sensation. 18

GAD (Jacob's son). Science; spiritual being understood; haste towards harmony. 21

GETHSEMANE. Patient woe; the human yielding to the divine; love meeting no response, but still remaining love. 24

1 **GHOST.** An illusion; a belief that mind is outlined
and limited; a supposition that spirit is finite.

3 **GIHON** (river). The rights of woman acknowledged
morally, civilly, and socially.

6 **GOD.** The great I AM; the all-knowing, all-seeing,
all-acting, all-wise, all-loving, and eternal; Principle;
Mind; Soul; Spirit; Life; Truth; Love; all substance;
intelligence.

9 **GODS.** Mythology; a belief that life, substance, and
intelligence are both mental and material; a supposition
of sentient physicality; the belief that infinite Mind is in
12 finite forms; the various theories that hold mind to be a
material sense, existing in brain, nerve, matter; supposi-
titious minds, or souls, going in and out of matter, erring
15 and mortal; the serpents of error, which say, "Ye shall
be as gods."

18 God is one God, infinite and perfect, and cannot be-
come finite and imperfect.

GOOD. God; Spirit; omnipotence; omniscience; om-
nipresence; omni-action.

21 **HAM** (Noah's son). Corporeal belief; sensuality;
slavery; tyranny.

24 **HEART.** Mortal feelings, motives, affections, joys, and
sorrows.

27 **HEAVEN.** Harmony; the reign of Spirit; government
by divine Principle; spirituality; bliss; the atmosphere
of Soul.

HELL. Mortal belief; error; lust; remorse; hatred; 1
 revenge; sin; sickness; death; suffering and self-de-
 struction; self-imposed agony; effects of sin; that which 3
 “worketh abomination or maketh a lie.”

HIDDEKEL (river). Divine Science understood and 6
 acknowledged.

HOLY GHOST. Divine Science; the development of
 eternal Life, Truth, and Love.

I, or EGO. Divine Principle; Spirit; Soul; incor- 9
 poreal, unerring, immortal, and eternal Mind.

There is but one I, or Us, but one divine Principle, or
 Mind, governing all existence; man and woman un- 12
 changed forever in their individual characters, even as
 numbers which never blend with each other, though they
 are governed by one Principle. All the objects of God’s 15
 creation reflect one Mind, and whatever reflects not this
 one Mind, is false and erroneous, even the belief that
 life, substance, and intelligence are both mental and 18
 material.

I AM. God; incorporeal and eternal Mind; divine 21
 Principle; the only Ego.

IN. A term obsolete in Science if used with reference
 to Spirit, or Deity.

INTELLIGENCE. Substance; self-existent and eternal 24
 Mind; that which is never unconscious nor limited.

See chapter on Recapitulation, page 469.

1 **ISSACHAR** (Jacob's son). A corporeal belief; the
 offspring of error; envy; hatred; selfishness; self-will;
3 lust.

JACOB. A corporeal mortal embracing duplicity, re-
 pentance, sensualism. Inspiration; the revelation of
6 Science, in which the so-called material senses yield to
 the spiritual sense of Life and Love.

JAPHET (Noah's son). A type of spiritual peace, flow-
9 ing from the understanding that God is the divine Prin-
 ciple of all existence, and that man is His idea, the child
 of His care.

12 **JERUSALEM.** Mortal belief and knowledge obtained
 from the five corporeal senses; the pride of power and
 the power of pride; sensuality; envy; oppression; tyr-
15 anny. Home, heaven.

JESUS. The highest human corporeal concept of the
 divine idea, rebuking and destroying error and bringing
18 to light man's immortality.

JOSEPH. A corporeal mortal; a higher sense of Truth
 rebuking mortal belief, or error, and showing the immor-
21 tality and supremacy of Truth; pure affection blessing
 its enemies.

JUDAH. A corporeal material belief progressing and
24 disappearing; the spiritual understanding of God and
 man appearing.

KINGDOM OF HEAVEN. The reign of harmony in divine Science; the realm of unerring, eternal, and omnipotent Mind; the atmosphere of Spirit, where Soul is supreme. 1 3

KNOWLEDGE. Evidence obtained from the five corporeal senses; mortality; beliefs and opinions; human theories, doctrines, hypotheses; that which is not divine and is the origin of sin, sickness, and death; the opposite of spiritual Truth and understanding. 6

LAMB OF GOD. The spiritual idea of Love; self-immolation; innocence and purity; sacrifice. 9

LEVI (Jacob's son). A corporeal and sensual belief; mortal man; denial of the fulness of God's creation; ecclesiastical despotism. 12

LIFE. See chapter on Recapitulation, page 468.

LORD. In the Hebrew, this term is sometimes employed as a title, which has the inferior sense of master, or ruler. In the Greek, the word *kurios* almost always has this lower sense, unless specially coupled with the name God. Its higher signification is Supreme Ruler. 15 18

LORD GOD. Jehovah.

This double term is not used in the first chapter of Genesis, the record of spiritual creation. It is introduced in the second and following chapters, when the spiritual sense of God and of infinity is disappearing from the recorder's thought, — when the true scientific statements of the Scriptures become clouded through a 21 24

1 physical sense of God as finite and corporeal. From this
 follow idolatry and mythology, — belief in many gods, or
 3 material intelligences, as the opposite of the one Spirit,
 or intelligence, named Elohim, or God.

MAN. The compound idea of infinite Spirit; the spiritual
 6 image and likeness of God; the full representation of
 Mind.

MATTER. Mythology; mortality; another name for
 9 mortal mind; illusion; intelligence, substance, and life
 in non-intelligence and mortality; life resulting in death,
 and death in life; sensation in the sensationless; mind
 12 originating in matter; the opposite of Truth; the opposite
 of Spirit; the opposite of God; that of which immortal
 Mind takes no cognizance; that which mortal mind sees,
 15 feels, hears, tastes, and smells only in belief.

MIND. The only I, or Us; the only Spirit, Soul, divine
 Principle, substance, Life, Truth, Love; the one God;
 18 not that which is *in* man, but the divine Principle, or God,
 of whom man is the full and perfect expression; Deity,
 which outlines but is not outlined.

21 **MIRACLE.** That which is divinely natural, but must
 be learned humanly; a phenomenon of Science.

MORNING. Light; symbol of Truth; revelation and
 24 progress.

MORTAL MIND. Nothing claiming to be something,
 for Mind is immortal; mythology; error creating other
 27 errors; a suppositional material sense, *alias* the belief

that sensation is in matter, which is sensationless; a belief that life, substance, and intelligence are in and of matter; the opposite of Spirit, and therefore the opposite of God, or good; the belief that life has a beginning and therefore an end; the belief that man is the offspring of mortals; the belief that there can be more than one creator; idolatry; the subjective states of error; material senses; that which neither exists in Science nor can be recognized by the spiritual sense; sin; sickness; death. 1 3 6 9

MOSES. A corporeal mortal; moral courage; a type of moral law and the demonstration thereof; the proof that, without the gospel, — the union of justice and affection, — there is something spiritually lacking, since justice demands penalties under the law. 12 15

MOTHER. God; divine and eternal Principle; Life, Truth, and Love.

NEW JERUSALEM. Divine Science; the spiritual facts and harmony of the universe; the kingdom of heaven, or reign of harmony. 18

NIGHT. Darkness; doubt; fear. 21

NOAH. A corporeal mortal; knowledge of the nothingness of material things and of the immortality of all that is spiritual. 24

OIL. Consecration; charity; gentleness; prayer; heavenly inspiration.

PHARISEE. Corporeal and sensuous belief; self-righteousness; vanity; hypocrisy. 27

1 **PISON** (river). The love of the good and beautiful, and their immortality.

3 **PRINCIPLE.** See chapter on Recapitulation, page 465.

PROPHET. A spiritual seer; disappearance of material sense before the conscious facts of spiritual Truth.

6 **PURSE.** Laying up treasures in matter; error.

RED DRAGON. Error; fear; inflammation; sensuality; subtlety; animal magnetism; envy; revenge.

9 **RESURRECTION.** Spiritualization of thought; a new and higher idea of immortality, or spiritual existence; material belief yielding to spiritual understanding.

12 **REUBEN** (Jacob's son). Corporeality; sensuality; delusion; mortality; error.

RIVER. Channel of thought.

15 When smooth and unobstructed, it typifies the course of Truth; but muddy, foaming, and dashing, it is a type of error.

18 **ROCK.** Spiritual foundation; Truth. Coldness and stubbornness.

21 **SALVATION.** Life, Truth, and Love understood and demonstrated as supreme over all; sin, sickness, and death destroyed.

SEAL. The signet of error revealed by Truth.

- SERPENT** (*ophis*, in Greek; *nacash*, in Hebrew). 1
 Subtlety; a lie; the opposite of Truth, named error;
 the first statement of mythology and idolatry; the belief 3
 in more than one God; animal magnetism; the first lie
 of limitation; finity; the first claim that there is an oppo-
 site of Spirit, or good, termed matter, or evil; the first 6
 delusion that error exists as fact; the first claim that sin,
 sickness, and death are the realities of life. The first
 audible claim that God was not omnipotent and that 9
 there was another power, named *evil*, which was as real
 and eternal as God, good.
- SHEEP.** Innocence; inoffensiveness; those who follow 12
 their leader.
- SHEM** (Noah's son). A corporeal mortal; kindly affec-
 tion; love rebuking error; reproof of sensualism. 15
- SON.** The Son of God, the Messiah or Christ. The
 son of man, the offspring of the flesh. "Son of a year."
- SOULS.** See chapter on Recapitulation, page 466. 18
- SPIRIT.** Divine substance; Mind; divine Principle;
 all that is good; God; that only which is perfect, ever-
 lasting, omnipresent, omnipotent, infinite. 21
- SPIRITS.** Mortal beliefs; corporeality; evil minds;
 supposed intelligences, or gods; the opposites of God;
 errors; hallucinations. (See page 466.) 24
- SUBSTANCE.** See chapter on Recapitulation, page
 468.

1 **SUN.** The symbol of Soul governing man, — of
Truth, Life, and Love.

3 **SWORD.** The idea of Truth; justice. Revenge;
anger.

6 **TARES.** Mortality; error; sin; sickness; disease;
death.

9 **TEMPLE.** Body; the idea of Life, substance, and in-
telligence; the superstructure of Truth; the shrine of
Love; a material superstructure, where mortals congre-
gate for worship.

12 **THUMMIM.** Perfection; the eternal demand of divine
Science.

15 The Urim and Thummim, which were to be on Aaron's
breast when he went before Jehovah, were holiness and
purification of thought and deed, which alone can fit us
for the office of spiritual teaching.

18 **TIME.** Mortal measurements; limits, in which are
summed up all human acts, thoughts, beliefs, opinions,
knowledge; matter; error; that which begins before,
and continues after, what is termed death, until the mortal
21 disappears and spiritual perfection appears.

TITHE. Contribution; tenth part; homage; gratitude.
A sacrifice to the gods.

24 **UNCLEANLINESS.** Impure thoughts; error; sin; dirt.

UNGODLINESS. Opposition to the divine Principle and
its spiritual idea.

UNKNOWN. That which spiritual sense alone compre- 1
hends, and which is unknown to the material senses.

Paganism and agnosticism may define Deity as "the 3
great unknowable;" but Christian Science brings God
much nearer to man, and makes Him better known as
the All-in-all, forever near. 6

Paul saw in Athens an altar dedicated "to the unknown 9
God." Referring to it, he said to the Athenians: "Whom
therefore ye ignorantly worship, Him declare I unto you."
(Acts xvii. 23.)

URIM. Light.

The rabbins believed that the stones in the breast- 12
plate of the high-priest had supernatural illumination,
but Christian Science reveals Spirit, not matter, as the
illuminator of all. The illuminations of Science give us 15
a sense of the nothingness of error, and they show the
spiritual inspiration of Love and Truth to be the only fit
preparation for admission to the presence and power of 18
the Most High.

VALLEY. Depression; meekness; darkness.

"Though I walk through the valley of the shadow of 21
death, I will fear no evil." (Psalm xxiii. 4.)

Though the way is dark in mortal sense, divine Life
and Love illumine it, destroy the unrest of mortal thought, 24
the fear of death, and the supposed reality of error. Chris-
tian Science, contradicting sense, maketh the valley to bud
and blossom as the rose. 27

VEIL. A cover; concealment; hiding; hypocrisy.

The Jewish women wore veils over their faces in token

1 of reverence and submission and in accordance with
Pharisaical notions.

3 The Judaic religion consisted mostly of rites and cere-
monies. The motives and affections of a man were of
little value, if only he appeared unto men to fast. The
6 great Nazarene, as meek as he was mighty, rebuked the
hypocrisy, which offered long petitions for blessings upon
material methods, but cloaked the crime, latent in thought,
9 which was ready to spring into action and crucify God's
anointed. The martyrdom of Jesus was the culminating
sin of Pharisaism. It rent the veil of the temple. It re-
12 vealed the false foundations and superstructures of super-
ficial religion, tore from bigotry and superstition their
coverings, and opened the sepulchre with divine Science,
15 — immortality and Love.

WILDERNESS. Loneliness; doubt; darkness. Spon-
taneity of thought and idea; the vestibule in which a
18 material sense of things disappears, and spiritual sense
unfolds the great facts of existence.

WILL. The motive-power of error; mortal belief; ani-
21 mal power. The might and wisdom of God.

"For this is the will of God." (I Thessalonians
iv. 3.)

24 Will, as a quality of so-called mortal mind, is a wrong-
doer; hence it should not be confounded with the term
as applied to Mind or to one of God's qualities.

27 **WIND.** That which indicates the might of omnipo-
tence and the movements of God's spiritual government,
encompassing all things. Destruction; anger; mortal
30 passions.

The Greek word for *wind* (*pneuma*) is used also for *spirit*, as in the passage in John's Gospel, the third chapter, where we read: "The wind [*pneuma*] bloweth where it listeth. . . . So is every one that is born of the Spirit [*pneuma*]." Here the original word is the same in both cases, yet it has received different translations, as in other passages in this same chapter and elsewhere in the New Testament. This shows how our Master had constantly to employ words of material significance in order to unfold spiritual thoughts. In the record of Jesus' supposed death, we read: "He bowed his head, and gave up the ghost;" but this word *ghost* is *pneuma*. It might be translated *wind* or *air*, and the phrase is equivalent to our common statement, "He breathed his last." What Jesus gave up was indeed air, an etherealized form of matter, for never did he give up Spirit, or Soul.

WINE. Inspiration; understanding. Error; fornication; temptation; passion.

YEAR. A solar measurement of time; mortality; space for repentance.

"One day is with the Lord as a thousand years."
(II Peter iii. 8.)

One moment of divine consciousness, or the spiritual understanding of Life and Love, is a foretaste of eternity. This exalted view, obtained and retained when the Science of being is understood, would bridge over with life discerned spiritually the interval of death, and man would be in the full consciousness of his immortality and eternal harmony, where sin, sickness, and death are unknown. Time is a mortal thought, the divisor of which

- 1 is the solar year. Eternity is God's measurement of Soul-filled years.
- 3 **YOU.** As applied to corporeality, a mortal; finity.
- ZEAL.** The reflected animation of Life, Truth, and Love. Blind enthusiasm; mortal will.
- 6 **ZION.** Spiritual foundation and superstructure; inspiration; spiritual strength. Emptiness; unfaithfulness; desolation.

Fruitage

Wherefore by their fruits ye shall know them. — JESUS.

*That ye might walk worthy of the Lord unto all pleasing,
being fruitful in every good work,
and increasing in the knowledge of God. — PAUL.*

*Let us get up early to the vineyards;
let us see if the vine flourish, whether the tender grape appear,
and the pomegranates bud forth. — SOLOMON'S SONG.*

Thousands of letters could be presented in testimony of the healing efficacy of Christian Science and particularly concerning the vast number of people who have been reformed and healed through the perusal or study of this book.

For the assurance and encouragement of the reader, a few of these letters are here republished from THE CHRISTIAN SCIENCE JOURNAL and CHRISTIAN SCIENCE SENTINEL. The originals are in the possession of the Editor, who can authenticate the testimonials which follow.

RHEUMATISM HEALED

I was a great sufferer from a serious form of rheumatic trouble, my hands being affected to such an extent that it was impossible for me even to dress without assistance. The trouble finally reached the knees, and I became very lame and had to be assisted in and out of bed. I went to the different health resorts for the benefit I hoped to derive from the baths and waters that were prescribed by

physicians, but found no permanent relief. I was placed under an X-ray examination, and was told that the joints were becoming ossified. I then consulted a celebrated specialist, who after a thorough examination said my condition would continue to grow worse and that I would become completely helpless.

At that time a copy of "Science and Health with Key to the Scriptures" by Mrs. Eddy was loaned me. I read it more from curiosity than with the thought of any physical benefit. As the truth was unfolded to me, I realized that the mental condition was what needed correcting, and that the Spirit of truth which inspired this book was my physician. My healing is complete, and the liberation in thought is manifest in a life of active usefulness rather than the bondage of helpless invalidism and suffering. I owe to our beloved Leader, Mrs. Eddy, gratitude which words cannot express. Her revelation of the practical rather than the merely theoretical application of Jesus' words, "Ye shall know the truth, and the truth shall make you free," proved to be my redeemer. I did not even have to apply to a practitioner, but am most grateful for the helpful words of loving friends. — E. B. B., Pasadena, Cal.

ASTIGMATISM AND HERNIA HEALED

It is nearly five years since I bought my first copy of Science and Health, the reading of which cured me of chronic constipation, nervous headache, astigmatism, and hernia, in less than four months.

Where would I be now, had not this blessed truth been brought to me by much persuasion of a very dear friend?

I certainly should have been deep in the slough of despond, if not in the grave. Am I truly thankful for all the good that has come to me and mine? I try to let my works testify of that; but to those whom I do not meet in person, I can truly say, Yes; I am indeed more thankful than words can express for the glorious healing that has come to me, both physical, mental, and moral, and I also convey herein, my song of gratitude to the dear Leader who has through her fidelity to Truth enabled me to touch at least the hem of Christ's garment. — B. S. J., Sioux City, Iowa.

SUBSTANCE OF LUNGS RESTORED

It was about fifteen years ago that Christian Science first came to my notice. At that time I had been a chronic invalid for a good many years. I had acute bowel trouble, bronchitis, and a number of other troubles. One physician had told me that my lungs were like wet paper, ready to tear at any time, and I was filled with fear, as my mother, two brothers, and a sister had been victims of consumption. I tried many physicians and every material remedy that promised help, but no help came until I found a copy of Mrs. Eddy's book, Science and Health. The book was placed in my hands by one who did not then appreciate it, and I was told that it would be hard for me to understand it. I commenced reading it with this thought, but I caught beautiful glimpses of Truth, which took away my fear and healed me of all those diseases, and they have never returned.

I would also like to tell how I was healed of a sprained

ankle. The accident occurred in the morning, and all that day and during the night I gave myself Christian Science treatment, as best I could. The next morning it seemed to be no better, being very sore, badly swollen, and much discolored. Feeling that I had done all I could, I decided to stop thinking about it. I took my copy of Science and Health and began reading. Very soon I became so absorbed in the book that I forgot all about my ankle; it went entirely out of my thought, for I had a glimpse of all God's creation as spiritual, and for the time being lost sight of my material selfhood. After two hours I laid the book down and walked into another room. When next I thought of my ankle, I found it was not hurting me. The swelling had gone down, the black and blue appearance had nearly vanished, and it was perfectly well. It was healed while I was "absent from the body" and "present with the Lord." This experience was worth a great deal to me, for it showed me how the healing is done. — C. H., Portland, Ore.

FIBROID TUMOR HEALED IN A FEW DAYS

My gratitude for Christian Science is boundless. I was afflicted with a fibroid tumor which weighed not less than fifty pounds, attended by a continuous hemorrhage for eleven years. The tumor was a growth of eighteen years.

I lived in Fort Worth, Tex., and I had never heard of Christian Science before leaving there for Chicago in the year 1887. I had tried to live near to God, and I feel sure He guided me in all my steps to this healing and saving truth. After being there several weeks

I received letters from a Texas lady who had herself been healed, and who wrote urging me to try Christian Science.

Changing my boarding-place, I met a lady who owned a copy of Science and Health, and in speaking to her of having seen the book, she informed me she had one, and she got it and told me I could read it. The revelation was marvellous and brought a great spiritual awakening. This awakened sense never left me, and one day when walking alone it came to me very suddenly that I was healed, and I walked the faster declaring every step that I was healed. When I reached my boarding-place, I found my hostess and told her I was healed. She looked the picture of amazement. The tumor began to disappear at once, the hemorrhage ceased, and perfect strength was manifest.

There was no joy ever greater than mine for this Christ-cure, for I was very weary and heavy laden. I thought very little of either sleeping or eating, and my heart was filled with gratitude, since I knew I had touched the hem of his garment.

I must add that the reading of Science and Health, and that alone, healed me, and it was the second copy I ever saw. — S. L., Fort Worth, Tex.

SPINAL TROUBLE AND INDIGESTION HEALED

For many years I have relied wholly upon Christian Science for healing; and I am glad to acknowledge the spiritual help and many other benefits received from following its teachings. I have great cause to be grateful to God and to our revered Leader, Mrs. Eddy, for these blessings, which her discovery and love for

humanity made possible. I had read but a few pages in our textbook, "Science and Health with Key to the Scriptures," when I saw that it was the truth, and that it contained something I had thought could never be found in this existence. Proofs of healing came immediately, and I was able to do much useful work without a sense of burden or fatigue.

As time went on I learned the nothingness of discouragement, and understood in a measure that God is my Life and that all action is in divine Mind. I was healed of spinal trouble; and nervousness and weakness faded away and were replaced by health and strength. A larger sense of joy and gratitude did much towards overcoming indigestion, which had caused suffering for a number of years. A sprained ankle was cured in a few hours by applying what I understood of Christian Science, and by holding steadfastly to the statement our Leader makes on page 384 of Science and Health, that "God never punishes man for doing right, for honest labor, or for deeds of kindness." The following day I walked two miles with no sense of discomfort. Beliefs of heredity and lack have been overcome, and self-will, self-love, and pride are less in evidence. — Miss G. W., Brookline, Mass.

A CASE OF MENTAL SURGERY

I have felt for some time I should give my experience in mental surgery. In May, 1902, going home for lunch, on a bicycle, and while riding down a hill at a rapid gait, I was thrown from the wheel, and falling on my left side with my arm under my head, the bone was broken about half-way between the shoulder and

elbow. While the pain was intense, I lay still in the dust, declaring the truth and denying that there could be a break or accident in the realm of divine Love, until a gentleman came to assist me, saying, he thought I had been stunned. I was only two and a half blocks from home, so I mounted my wheel again and managed to reach it. On arriving there I lay down and asked my little boy to bring me our textbook. He immediately brought Science and Health, which I read for about ten minutes, when all pain left.

I said nothing to my family of the accident, but attended to some duties and was about half an hour late in returning to the office, this being my only loss of time from work. My friends claimed that the arm had not been broken, as it would have been impossible for me to continue my work without having it set, and carrying it in a sling until the bone knit together. Their insistence almost persuaded me that I might have been mistaken, until one of my friends invited me to visit a physician's office where they were experimenting with an X-ray machine. The physician was asked to examine my left arm to see if it differed from the ordinary. On looking through it, he said, "Yes, it has been broken, but whoever set it made a perfect job of it, and you will never have any further trouble from that break." My friend then asked the doctor to show how he could tell where the break had been. The doctor pointed out the place as being slightly thicker at that part, like a piece of steel that had been welded. This was the first of several cases of mental surgery that have come under my notice, and it made a deep impression on me.

For the benefit of others who may have something similar to meet, I will say that I have overcome almost constant attacks of sick headaches, extending back to my earliest recollection. — L. C. S., Salt Lake City, Utah.

CATARACT QUICKLY CURED

I wish to add my testimony to those of others, and hope that it may be the means of bringing some poor sufferer to health, to happiness, and to God. I was healed through simply reading this wonderful book, Science and Health. I had been troubled periodically for many years with sore eyes, and had been to many doctors, who called the disease iritis and cataract. They told me that my eyes would always give me trouble, and that I would eventually lose my sight if I remained in an office, and advised me to go under an operation. Later on I had to wear glasses at my work, also out of doors as I could not bear the winds, and my eyes were gradually becoming worse. I could not read for longer than a few minutes at a time, otherwise they would smart severely. I had to rest my eyes each evening to enable me to use them the next day; in fact gas-light was getting unbearable because of the pain, and I made home miserable. A dear brother told me about Christian Science, and said that if I would read Science and Health it would help me. He procured for me the loan of the book. The first night I read it, it so interested me I quite forgot all about my eyes until my wife remarked that it was eleven o'clock. I found that I had been reading this book for nearly four hours, and I remarked immediately after, "I believe my eyes are cured," which was really

the case. The next day, on looking at my eyes, my wife noticed that the cataract had disappeared. I put away my outdoor glasses, which I have not required since, and through the understanding gained by studying Christian Science I have been able to do away with my indoor glasses also, and have had no return of pain in my eyes since. This is now a year and a half ago. — G. F. S., Liverpool, England.

VALVULAR HEART DISEASE HEALED

Fourteen years ago my heart awoke to gratitude to God and the dear Leader at the same time. After a patient and persistent effort of three months' duration, to procure a copy of Science and Health (during which time I had visited every bookstore, and many of the second-hand bookstores in the city of St. Paul), and had failed to find it, I at last remembered that the stranger who told me I might be healed, had mentioned a name, and McVicker's Theatre Building in Chicago as being in some way connected with the work. I sent there for information regarding a book called Health and Science, and the return mail brought me the book, Science and Health, and in it I at once found sure promise of deliverance from valvular heart disease, with all the accompaniments, such as extreme nervousness, weakness, dyspepsia, and insomnia. I had suffered from these all my life, finding no permanent relief, even, in material remedies, and no hope of cure at any time. Only those who have been held in such bondage and have been liberated by the same means, can know the eager joy of the first perusal of that wonderful book.

Half a day's reading convinced me that I had found the way to holiness and health. I read on, thinking only of the spiritual enlightenment, content to wait until I should be led to some person who would heal me; but old things had passed away, and all things had become new. I was completely healed before I had met a Scientist, or one who knew anything about Christian Science, and before I had read a line of any other Christian Science literature except one leaf of a tract; so it is absolutely certain that the healing was entirely impersonal, as was also the teaching, which enabled me to begin at once demonstrating the power of Truth to destroy all forms of error. — E. J. W., North Yakima, Wash.

THE TRUE PHYSICIAN FOUND

It is with a deep sense of gratitude that I send the particulars of my healing through Christian Science. While visiting friends in the southwestern part of Ontario, about three years ago, my attention was called to Christian Science and the wonderful healing it was doing. I had lived in New York for twenty-five years, but had never heard of Christian Science before, to my recollection.

Up to that time, for seventeen years, I had suffered with indigestion and gastritis in the worst form, often being overcome from a seeming pressure against the heart. I had asthma for four years, also had worn glasses for four years. It seemed to me that I had swallowed every known medicine to relieve my indigestion, but they only gave me temporary benefit. I purchased a copy of Science and Health, and simply from the reading of that

grand book I was completely healed of all my physical ailments in two weeks' time. I have used no medicine from that day to this, and with God's help, and the wonderful light revealed to me through the reading of Mrs. Eddy's book, I never expect to again. I used to smoke eight or ten cigars a day, and also took an occasional drink, but the desire for these has gone, — I feel forever. I travel on the road, and am constantly being invited to indulge, but it is no effort to abstain, and in many instances I find that my refusal helps others.

While I fully appreciate the release from my physical troubles, this pales into insignificance in comparison with the spiritual uplifting Christian Science has brought me. I had not been inside a church for more than ten years, to attend regular services, until I entered a Christian Science church. What I saw and realized there, seemed so genuine that I loved Christian Science from the very start. I have never taken a treatment, — every inch of the way has been through study and practical demonstration, and I know that all can do the same thing if they will try.

Since I have been in Science I have overcome a case of ulcerated tooth in one night through the reading of Science and Health; also a severe attack of grip in thirty-six hours by obeying the Scripture saying, "Physician, heal thyself." — B. H. N., New York, N. Y.

CANCER AND CONSUMPTION HEALED

I was a great sufferer for many years from internal cancer and consumption. I was treated by the best of

physicians in New York, Minneapolis, and Duluth, and was finally given up as incurable, when I heard of Christian Science. A neighbor who had been healed of consumption, kindly loaned me *Science and Health* by Mrs. Eddy, which I read and became interested in. In three months' time, I was healed, the truth conveyed to me by this book being the healer, and not only of these diseases, but I was made whole mentally as well. I have not been in bed one day since, or rather in eleven years. I have had many good demonstrations during this time, have passed through many a "fiery trial," but this blessed truth has caused me to stand, at times seemingly alone, and God was with me.

I will mention a demonstration of painless childbirth which I have had since coming to Idaho. Perhaps it may help some sister who is looking through the *Journal* for a demonstration of this kind, as I was before my baby came. Good help being scarce here, I did my housework up to the time I was confined, and was in perfect health. I awoke my husband one morning at five o'clock, and at half past five baby was born, no one being present but my husband and myself. It was quite a surprise to the rest of the family to see me sitting by the fire with a new baby on my lap. My son got the breakfast, of which I ate heartily; at noon I joined the family in the dining-room. I was out on the porch the second day, around the yard the third day, and have been perfectly well ever since, which has been now over three years. To one who had previously passed through agony untold, with a physician in attendance, this seemed wonderful. I hope this will interest some one who is seeking the truth, and I wish to express my sincere love for our beloved

Leader, who has given us the "Key to the Scriptures." —
E. C. C., Lewiston, Idaho.

A REMARKABLE CASE

Nine years ago my only child was hovering between life and death. Some of the best physicians in Boston had pronounced his case incurable, saying that if he lived he would always be an invalid and a cripple. One of the diseases was gastric catarrh. He was allowed to eat but very few things, and even after taking every precaution, he suffered to the extent that he would lie in spasms for half a day. He also had rickets; physicians saying that there was not a natural bone in his body.

It was while he was in what seemed to be his greatest agony, and when I was in the darkest despair, that I first heard of Christian Science. The bearer of the joyful tidings could only tell me to come and hear of the wonderful things that Christian Science was doing. I accepted the invitation, for I was willing to try anything to save my child, and the following Friday evening I attended my first meeting, which was in The Mother Church of Christ, Scientist. Long before the service began every seat was filled, which was amazing to me, being an ordinary weekly meeting, and that night I realized from the testimonies given that Christian Science was the religion for which I had been searching for years. The next day I went to find a practitioner, but was unable to get the one who had been recommended, he being too busy. On my way home I thought of some of the testimonies which I had heard the night before, — of people being

healed by simply reading Science and Health. I resolved at once to borrow a copy, and not dreaming of the sacrifice that my friend would make by conferring such a favor, I went and asked her for a loan of Science and Health. I never saw any one part so reluctantly with a book as my friend did with her copy of the textbook.

I read it silently and audibly, day and night, in my home, and although I could not seem to understand it, yet the healing commenced to take place at once. The little mouth which had been twisted by spasms grew natural and the child was soon able to be up, playing and romping about the house as any child should. About this time we decided to move to the far West.

I was young in Science at the time, and my husband greatly feared that the journey would cause a relapse for the child, but instead, he continued to improve. I constantly read the Bible, Science and Health, and Miscellaneous Writings, the two weeks we traveled, and we were the only ones in our car who, throughout the journey, did not get train sick. The child's limbs grew perfectly straight, he ate anything he wanted, and for years he has been a natural, healthy child in every way. He has passed through some of the worst forms of contagion untouched and unharmed.

I had been reading Science and Health several months, before I gave any thought to myself and my numerous complaints. I had never been very strong, and some of my ailments were supposed to be hereditary and chronic, hence I dragged through many tedious years with a belief in medical laws and hereditary laws resting upon me.

Just before I commenced reading Science and Health I spent a half day in having my eyes examined by one of the leading oculists in Boston. His verdict was that my eyes were in a dreadful condition, and that I would always need to wear glasses. In the meantime I commenced to read Science and Health, and when I thought of my eyes, I had no need for glasses. The years that I have been in Science I have used my eyes incessantly, night as well as day, doing all kinds of trying work and without requiring the aid of glasses. I was healed of all my complaints whilst seeking the truth for my child, and many of them have never returned. Those that appeared simply came to the surface to be destroyed. Teeth have been restored and facial blemishes removed, unconsciously, simply by reading Science and Health. All of this is, however, nothing to compare with the spiritual uplifting which I have received, and I have everything to be thankful for. — M. T. W., Los Angeles, Cal.

INTENSE SUFFERING OVERCOME

For about five years I was afflicted with sciatic rheumatism, in such a severe form that my body was drawn out of shape. When able to be around, I walked with the assistance of a cane. The attacks were periodical, recurring every few months; any exposure to rain or dampness would bring one. At one time I was in bed eleven weeks, suffering intensely all the time except when relieved by hypodermic injections. When I had these attacks, my regular physician was always in attendance. My daughter consulted another physician, who said there

would have to be an operation which would include the exposing and scraping of the sciatic nerve. There was also another physician who, knowing of the case, examined my heart and claimed that it was weak and that I was liable to pass on at any time from heart trouble.

After suffering three years I heard of Christian Science, but did not avail myself of it for two years, when I decided to give up all other means and rely wholly upon it. It was not convenient to call a practitioner, so I took Science and Health and applied its teachings as best I could. In three days the trouble completely left me and there has never been the slightest return. My health has been good ever since, and I am at present in perfect physical health. I have been benefited in every way by Christian Science, physically, mentally, and spiritually, and would not be without my understanding of it for anything. — Mrs. E. A. K., Billings, Mont.

HEALED OF RHEUMATISM AND BRIGHT'S DISEASE

I am very thankful to God for what He has done for me. I was suddenly left alone, with many troubles and trials, and I took up the study of the Bible. I was trying to understand it, prior to joining some church, as it seemed to me this would be expected. I had attended all sorts of churches from my childhood up, but never could find any that met my need. As time passed on, my condition became very alarming. Sciatic rheumatism, that had troubled me for some years, became so severe I could scarcely do anything.

Then there appeared some complications, so distressing that I was unable to walk far, and had to sit down frequently by the way. I thought I had Bright's disease, — such excruciating pains, no tongue could tell my sufferings. With all these things upon me, death seemed very near. I had never joined any church, and I thought it now too late, as I would have to wait six months on probation, and I would be dead before that.

About this time I made some inquiries of my sister in reference to Christian Science, as she had already turned to that faith, and I soon found that it was just what I had been looking for. I saw at once that it declared the truth and nothing but the truth. I commenced reading Science and Health, also the New Testament. I wanted to find out what Jesus said, as I did not expect then to live long. I did not go to the meetings, nor did I read Science and Health to be cured, — not thinking of that, — but to be saved from an everlasting hell hereafter. My sister urged me to have a practitioner, but I kept on reading, and praying to God in silence, and what happened? Where had the diseases gone? I persisted in reading Science and Health, together with the Bible, with the knowledge that God as revealed by Christ Jesus can do everything, that He made everything that was made, that He can and does heal the afflicted. He has healed me, thanks to His most holy name. — G. J. H., Charleston, Ill.

GRATEFUL FOR MANY BLESSINGS

In the year 1901, Christian Science found me a hopeless invalid. I had suffered for seven years previous with a very painful back, the result of an operation. I could

get no rest or sleep at night, as I could not lie down, but had to sit propped in a chair with pillows around me. Only those who have suffered as I did can know the full misery of it. I had come to the end of material means and never hoped to get well. One day, however, while out walking, it was my good fortune to come to a Christian Scientist's house, and there the teaching was explained to me. I was advised to buy Science and Health, which I did, and the study of this book has healed my back entirely. Christian Science has also cured me of long-standing catarrh of the throat, and neuralgia with which I had been afflicted from childhood. Before coming into Science I had doctored with three of the best physicians in Seattle, but none could give me relief.

I am no longer a sufferer, but rejoice exceedingly in Christian Science. God's promise has been fulfilled to me, "But unto you that fear my name shall the Sun of righteousness arise with healing in his wings." — E. O., Georgetown, Wash.

FREED FROM NEURASTHENIC AND OTHER TROUBLES

Christian Science found in me a minister's son who had failed to profit by continuous teaching in the old thought. Some years ago I was pronounced by a professor of *materia medica*, whose works are in general use, a neurasthenic. I had been in this condition more or less for eight years, and up to two years ago, when Christian Science was first brought to my attention (thanks to Almighty God) through a kind friend, I was almost constantly taking medicine and had in all eleven physicians who undoubtedly did their best, but without avail, not-

withstanding almost all known drugs were prescribed, and further I had tried very many patent medicines. I was also put through forms of hygienic treatment and other things that offered inducements. At the time of coming into Science I was taking three times daily forty minims of cod-liver oil and three of creosote, also three drops of Fowler's solution of arsenic, and on the month or so previous had bought eighteen dollars' worth of patent medicine. I was restricted to the simplest means of diet, — all stews, fries, sweets, berries, and tomatoes I had not touched for two years.

I started to read Science and Health, and before I had half finished the book once I was eating everything that any one does. I read the book eleven times straight ahead and many times skipping about. The book has done the work and I am a well man. — C. E. M., Philadelphia, Pa.

MANY ILLS OVERCOME

I have received much help, spiritually and physically, through Christian Science. I had what the doctors diagnosed as muscular rheumatism, dropsy, and constipation of thirty years' standing. A dear friend whom I had known as an invalid had been healed by Christian Science and advised me to read Science and Health. I did so, having a desire to know the truth. One of my troubles was that I could not sleep. I began reading the Bible and the Christian Science textbook, and troubles of every kind disappeared before I had read Science and Health through. The thought came, What about the old remedies? but truth prevailed, and I took all the

material remedies I had and threw them away. That was seven years ago, and I have not had any use for them since. My husband was healed of the tobacco habit of fifty years' standing, also of kidney trouble, by reading Science and Health. I have not words to express the gratitude I feel to-day for the many blessings that have come to our home. — Mrs. M. K. O., Seattle, Wash.

A HELPFUL HEALING

I became interested in Christian Science about eleven years ago, and was healed of neuralgia of the stomach, from which I had suffered from a child. As I grew older, the spells became more frequent and more severe; the only relief physicians could give me was by hypodermic injections of morphine. Finally, after each spell, I would be prostrated for a day or two with the after-effect of the morphine. I was entirely healed of this trouble through the study of Science and Health. I think I never realized what fear meant until I began to try and put into practice my understanding of Christian Science for my children. I have proved, however, many times, that fear can neither help nor hinder in our demonstration of truth. The first time I realized this was in the overcoming of a severe case of croup for my little boy. I was awakened one night by the sound that seems to bring terror to every mother's heart, and found the little fellow sitting up in bed, gasping for breath. I got up, took him in my arms, and went into the next room. My first thought was, "O if only there was another Christian Scientist in town!" But there was not, and the work must be done and done quickly. I tried

to treat him, but was so frightened I could not think; so I picked up Science and Health, which lay on the table beside me, and began reading aloud. I had read but a few lines when these words came to me as though a voice spoke, "The word of God is quick, and powerful, and sharper than any two-edged sword." Almost immediately after, the little one said, "Mamma, sing 'Shepherd,' " — our Leader's hymn, that both the big and the little children love. I began singing, and commencing with the second line, the little voice joined me. I shall never forget the feeling of joy and peace that came over me, when I realized how quickly God's word, through Science and Health and the beautiful hymn, had accomplished the healing work. This is only one of many instances in which the power of God's word to heal has been demonstrated in our home. — A. J. G., Riverside, Cal.

RELIEF FROM MANY ILLS

Paul said, "Be ye transformed by the renewing of your mind." In my own case deafness has been overcome by an enlarged understanding of God's word, as explained by Mrs. Eddy in Science and Health. Many times I have been enabled to turn to God, to know it was His will to help in trouble, and obtained the needed benefit. Catarrh has disappeared; tonsilitis, which very frequently laid me aside from duties in the schoolroom and home, is no longer manifest. When temptation comes (for Christian Science is both preventive and curative), I turn to that wonderful book, Science and Health, and my precious Bible, grown dearer since read in the new light

of spiritual understanding, until I know that my mind is renewed, because the action is changed and the inflammation has abated.

Thus in my experience in Christian Science, I have seen the transformation begun, and Truth is able to perfect that which is begun in me so gloriously. — Mrs. C. A. McL., Brooklyn, Nova Scotia.

HEALTH AND PEACE ATTAINED

For fifteen years I was a great sufferer physically and mentally. Eminent physicians treated me for hereditary consumption, torpid liver, and many other diseases. I sought relief at famous springs, the ozone of Florida, and the pure air of Colorado, but in vain. My life was one ceaseless torture.

During all this time, however, I was an earnest seeker after Truth. I examined every religious teaching with a calm and unprejudiced attention. From an orthodox Protestant I became a skeptic, and a follower of Voltaire, Tom Paine, and Ingersoll; yet all the while I retained faith in a supreme intelligent Being who made all. Sick, weary, doubting, and despairing, I accidentally went into a Christian Science church in New York City, on a Wednesday evening, not knowing what kind of a place it was. Seeing a large number of people going into the building, I followed, supposing that a marriage ceremony had attracted the crowd. Being informed it was their regular Wednesday evening service, I inquired as to the denomination. I concluded that it was another new fad, but after investigation I procured a copy of Science and Health, promising I would read it carefully. I began

reading the book on Tuesday and finished on Friday of the same week. I was still in the dark. I laid the book down, involuntarily closed my eyes, and silently prayed to God.

I remained in that attitude a few moments, when I felt like the mariner who had been tossed for days upon a boisterous sea, the clouds bending low, the billows rolling high, all nature wrapped in darkness; in his despair he kneels and commits his soul to God, when he suddenly beholds the North Star breaking through the clouds, enabling him to guide his ship to the shores of safety. Many things were made plain to me. I saw that there is one Fatherhood of God and one brotherhood of man; that though "once I was blind, now I see;" that there was no more pain, nor aches, no fear, nor indigestion. I slept that night like a babe and awoke next morning refreshed. There are now no traces whatever of my former complaint and I feel like a new being. — L. P., New York, N. Y.

HEALTH AND PEACE GAINED

About nine years ago I was drawn to Christian Science by a relative whose many afflictions had given place to health and harmony, and whose loving gratitude was reflected in every word and deed. The thought came to me, God indeed healeth all our diseases.

My first reading of Science and Health was without understanding. I was full of darkness and gloom, and it was laid aside for a time. The good seed had been sown, however, and ere long the reading was resumed,

and with such interest that my afflictions disappeared "like mist before the morning sun." Asthma (thought to be hereditary), neuralgia in an aggravated form, and besides these, the tobacco and liquor habit of many years' standing left me. Bless the Lord, "He sent his word" and healed me, — for the reading of Science and Health brought to my consciousness the truth that makes free. — S., Shellman, Ga.

CONSUMPTION QUICKLY CURED

I became interested in Christian Science nearly five years ago through the healing of my wife of what the doctors called consumption in its last stages. I had tried everything that I could get in the way of *materia medica*, and every doctor would tell me nearly the same story about the case. At last they recommended for her only a higher, drier climate, and when she would be at her worst to give her something to quiet her.

I tried different climates, but she was no better, indeed worse. At last she struggled along until the first of March, 1899. She had taken to her bed again. For two days and nights she suffered, and I called a physician. He came and diagnosed the case, and said that he could do nothing for her but give her some morphine tablets to make her rest. I gave her two of them according to direction, and just before the time to give her the third, she called me to her bedside, and said, "Don't give me any more of that stuff, for it does me more harm than good," so I turned and placed them in the fire, though I did not then know anything about Christian Science. We had heard of it, but

that was all. I gave her the last tablet at eight o'clock that night, and about nine o'clock the next day a lady who had been healed in Christian Science visited her, and introduced her to this great truth. She accepted it and thought she would try it. The lady loaned her Science and Health. She got the book about ten o'clock that day and read it until dinner was called. She ate a hearty dinner, the first in about three days, and that same evening she dressed herself, walked into the dining-room, ate a hearty supper and enjoyed it. She slept well that night. She borrowed this lady's copy of Science and Health two hours each day for eight days, and was healed. The first day that she read Science and Health she weighed about ninety-five pounds. Three months later she weighed one hundred and thirty-five pounds. — A. J. D., Houston, Tex.

A PROFITABLE STUDY

It may help others to know that some one was really healed of severe illness through Christian Science. It is over nine years since we first became interested in the Science, and it would be hard to find a healthier person than I am now. I can go all day, from morning till night, upheld by the thought that "they that wait upon the Lord shall renew their strength." I can truly say that I scarcely know what physical weariness is any more. Before I came into Science the physicians said that one lung was gone, and that the other was affected with tuberculosis; so, from their standpoint, there was little left for me to hope for. We had tried every remedy that they had suggested. I had

gone to the mountains, but could not stay there on account of the altitude; and when they did not know what else to do, they said we would better go to England — that the ocean air would be beneficial. So we spent three months in the British Isles, and when I came back I seemed much better, but this only lasted a short time. In little more than a month I was worse than ever, and my mother was told that I had but a few weeks, or at most months, to live.

At that time, a lady, a stranger to us, suggested that we try Christian Science. There was no prejudice against it, as we did not even know what it was. We knew of no Scientists in the Western town where we were living, and when we were told that we could send to Kansas City for absent treatment, we thought it was absurd. We were then told that many people had been healed through the reading of the Christian Science textbook, *Science and Health*, and to us this seemed a little worse than the absent treatment, but as we had tried everything we had heard of up to that time, my mother sent for the book.

It came in the middle of October and we began to read it together. It seemed to me from the first that it was something I had always believed, but did not know how to express — it seemed such a natural thing. My improvement was very gradual, but I felt I was recovering. After the Christmas holidays I started in at school and went the whole term without missing a day, — something I had never done before. I finished my school course without missing a day — in fact, I have not spent a day in bed since that time. I feel absolutely certain that I have two sound, healthy lungs now. The hollows

in my chest have filled out, and I breathe perfectly on both sides; rarely have a cold to meet, and have not a sign of a cough.

People sometimes say, "Oh, well, maybe you never had consumption." Well, I had all the symptoms, and they are every one gone through the reading of Science and Health. — E. L. B., Chicago, Ill.

HEALED OF INFIDELITY AND MANY PHYSICAL ILLS

I feel compelled to write my testimony and hope that I may be accepted as one more witness to the Truth as contained in Science and Health with Key to the Scriptures.

In the year 1883 I first heard of Christian Science. I was sitting in a saloon in Leadville, Col., reading a daily paper of that place. My eyes lighted upon an article which spoke of some peculiar people in Boston who claimed to have discovered how to heal as Jesus healed. I do not remember much of the article, but those words stayed with me.

I had drifted out to Colorado from New York City (my home), where I had been under the treatment of many leading physicians. The last one, who was too honest to take my money knowing that he could not cure me, advised me to keep away from doctors and quit taking medicine, as nothing but death could cure me. My trouble was pronounced by some to be Bright's disease, by others gravel on the kidneys with very acute inflammation of the bladder and prostate gland.

In the spring of 1888 my wife and myself were spending the evening at the house of a gentleman whose wife had been healed in the East by Christian Science. The

gentleman took a book from its bookcase saying, "Here is a work on Christian Science." It proved to be Science and Health. I knew as soon as I had read the title-page that this was the very book we wanted. We immediately sent for the book, and when it arrived we obeyed the angel and feasted on it. I was very much prejudiced against the Bible, and my first demonstration over self was to consent to read the four Gospels. My wife bought me a New Testament and I began to read it. What a change came over me! All my prejudice was gone in an instant! When I read the Master's words, I caught his meaning and the lesson he tried to convey. It was not difficult for me to accept the whole Bible, for I could not help myself, I was just captured. The disease with which I had been troubled for years tormented me worse than ever for about six months, as if trying to turn me aside; but I lost all fear of it.

I kept up my study of Science and Health and the disease disappeared. I can honestly say that Science and Health was my only healer, and it has been my only teacher. — R. A. C., Los Angeles, Cal.

DISEASED EYES CURED

Christian Science came to me when I was a wreck, my body being completely covered with sores. My eyes were very bad, so that I sat in a darkened room for weeks together, most of the time in bed under opiates. The home doctor and a specialist said the disease of the eyes could not be cured, though they might help me for a while. I had one operation, and the doctor said if I took cold I would become totally blind. My suffering was beyond telling.

A clergyman called almost every day, and sat by my bed and wept, and my good, kind doctor shed tears many times. Finally, after a year of this terrible suffering, I was sent to Indiana, to a sister who had been healed of lung trouble by Christian Science. The first day I was there she read to me from the Bible and from "Science and Health with Key to the Scriptures" by Mrs. Eddy, and I was healed. I knew that God was no respecter of persons, and when I saw what had been done for my sister, who was changed from being a mere frame to a strong, robust, healthy, rosy-cheeked woman, the cough all gone, I said, "God has as much for me, if I will accept it." I was healed instantaneously by Christian Science, and am thankful to God for giving us this understanding through Mrs. Eddy, our beloved Leader. I am now in perfect health. — Mrs. F. S., Laurel, Miss.

THE TEXTBOOK HEALED ME

For twelve years previous to the fall of 1897 I had been under the care of a physician much of the time. Different opinions were given by them, as to the nature of the trouble, some diagnosing it as an abnormal growth, etc. I was healed through reading "Science and Health with Key to the Scriptures" by Mrs. Eddy. It was a clear case of transformation of the body by the renewal of the mind. I am perfectly well at the present time. — J. M. H., Omaha, Neb.

OBSTINATE STOMACH TROUBLE HEALED

There is no doubt that by far the greater number come to Christian Science by the way of physical healing, but

there are those to whom this does not particularly appeal. In the hope that it may be of benefit to some such, and in gratitude for help received, I submit my own experience. Three years ago I knew nothing of Christian Science, aside from the knowledge gathered from the daily papers and current literature. When I thought of the subject at all, it was to class Christian Science with various human theories with which I could not be in sympathy, for they seemed to rely upon both good and evil. I had never known of a case of healing, had never read the textbook or heard of the *Journal* or *Sentinel*, but I would sometimes see people going into the Christian Science church. I was tired of trying to find anything satisfactory in religious belief, for it seemed as if God either could not or would not bring into harmony the terrible conditions existing in human society. I had quit using any form of prayer except the Lord's Prayer, and even then omitted the words "lead us not into temptation." How I longed to know just a little of the "why?" and "wherefore?" of it all.

Here is where Christian Science found me. I was thrown in contact with a dear friend of whom I had seen very little for a year or more, a thoroughly educated woman and a thinker. She told me she had taken some treatments in Christian Science for a physical trouble, and had become very much interested in the study of "Science and Health with Key to the Scriptures" by Mrs. Eddy. She asked me if I would like to look at the book, and I said I would be glad to do so. The first chapter, "Prayer," appealed to me from the first, and when I came to Mrs. Eddy's spiritual sense of the Lord's Prayer (Science and Health, p. 17), my interest was fully aroused. I knew that in a dim way I was learning what it means to "pray

without ceasing." Very soon I bought a book of my own, and with the help of our Lesson-Sermons, as given in the *Quarterly*, I began in earnest the study of Science and Health, in connection with the Bible.

I stood very much in need of physical healing at this time, having suffered for several years from an obstinate form of stomach trouble. So far as I know, I gave no thought to the benefits I might derive physically from the study, but I did believe this Science held the truth of things, and I was so absorbed in getting an understanding of the Principle that I thought very little of myself. After about three or four months' study I realized that the stomach trouble was gone, and with it went other physical troubles, which have never returned. This healing was brought about by the earnest, conscientious seeking for the truth, as contained in the Bible and interpreted by our Leader in our textbook, Science and Health. I have since learned more of the Science of healing and have been able in a small way to help others in need. I have also learned that in living and loving is healing realized, and in reflecting divine Love I have the "signs following."

When we think of the pure, loving, unselfish life Mrs. Eddy must have lived in order to become conscious of this truth and give it to us, words are a poor medium through which to express the gratitude which her followers feel for her. It is best expressed by obediently following her, even as she is following Christ. — H. T., Omaha, Neb.

DYSPEPSIA QUICKLY HEALED

It has occurred to me that I have had ample time to meditate on the many blessings which I have received

through Christian Science, as it is now more than six years since I was entirely healed of dyspepsia as well as constipation in its worst form by the reading of Science and Health. So aggravated were the conditions that for three years or more I was unable to drink a glass of cold water. Everything that I drank had to be hot, and my only means of relief from the bowel trouble was hot water injections, for a period of more than three years.

I can truthfully say that I was permanently, and I might say instantly, healed of those two ailments by reading Science and Health as before stated, and in fact I do not think I had read more than thirty pages of this book when I ignored entirely the most rigid kind of diet. I ate and drank everything I wished without a single harmful effect from that time to this date, and there has not been a drop of medicine in our home for more than six years, in a family of five.

I have also seen the power of Truth manifested in our home by having our youngest child relieved of the most excruciating pain, and changed to his most playful mood, immediately upon notifying one of the faithful practitioners of this city. For all this I am endeavoring to be thankful to God and to our faithful Leader, Mrs. Eddy, whose pure and undefiled life enabled her to discover this precious truth for the benefit of all mankind. — M. C. McK., Denver, Col.

AFTER TWENTY YEARS' SUFFERING

From early girlhood I was considered an invalid, having been injured by a hard fall while playing. The pain was intense for some time and for several hours I was un-

able to walk or stand alone. Later, a growing weakness of the back accompanied with sharp pains alarmed my parents, who called a physician, and he pronounced it spinal trouble. Then followed nearly twenty years of increased suffering, at times very severe. As years went by and I became a wife and mother, my suffering increased. Everything that medical skill could do was done, but finding no lasting benefit from anything, I lost hope of recovery.

When Christian Science found me I was under the doctor's sentence that if I lived the week through I would become entirely helpless, not able to move hand or foot. My husband was a travelling man, and being urgently called home, he met an old friend on the train who asked why we did not try Christian Science. The reply, We know nothing of it, was followed by a brief explanation of its healing power and the benefit his family had received. This inspired my husband with new hope, and on his arrival at home he called on a practitioner, who recommended our getting Science and Health, which we did, but ignorance and the prejudice of old education produced such fear that I hid the book under the covers of the bed whenever the children came into the room, fearing that it was not of God and would injure them. God's dear love was, however, more potent than these foolish fears, and the first day I read from its sacred pages I was convinced its teachings were the same truths as Jesus Christ had taught centuries ago. When I had read a few pages, I reached out and threw my medicine from the open window at the head of my bed. I then turned back to the book and began reading again, when, lo, the Christ-idea dawned upon me, and I was healed instantaneously.

I first noticed the spot in my back cooling, and soon I got out of bed. I continued to read eagerly; I felt as if I wanted to devour the healing truth, and drank it in as a thirsty plant does the gentle rain. When dinner was prepared, I walked out and ate a hearty meal with the family, to the amazement of all. We shall never forget what a joyful meal this was. How we did thank God for Christian Science!

As year after year has gone by, till twenty years have passed and the healing has remained perfect, I have grown to thank God with deeper sincerity that one brave woman was found pure enough to bring forth this Christ-healing again, to remain forever among men and to save suffering humanity from all disease and sin. — Mrs. P. L. H., Fairmont, Minn.

FROM DESPAIR TO HOPE AND JOY

I have often had a desire to make public what Christian Science has done for me, but I never could tell of all my blessings, they are so many. From childhood I was always sick, never knew one hour of rest, and was under the doctor's care most of the time. I was living in the East at that time, and was advised to try change of climate, which I did. I came West with my family in the spring of the year, but instead of growing better I grew steadily worse, until at last I was obliged to keep my bed for nearly three years, — a great sufferer. My ailments were, it seemed, all that flesh is heir to, and were called incurable by the doctors; viz., Bright's disease, and many others, — in the last stages. My case was known among physicians, many of whom were prominent

specialists, as a most extreme one. Many, upon looking at me, would turn away with a wise shake of the head and say, "What keeps her alive?" My physicians, who were exceedingly kind and did all that lay within their power for me, gave me up and the death sentence was pronounced on me by all who attended me.

It was then I realized that "man's extremity is God's opportunity." The "little book" was handed me at this hour of great need. I read it, not thinking it would heal me, but, like a drowning man, I grasped at it. I read it, read it again, and soon found myself growing stronger; then I kept on reading and was perfectly healed of all the supposedly incurable diseases. — L. B., Austin, Minn.

TRUTH MAKES FREE

As the son of a physician, a graduate in pharmacy, and an ex-druggist, I had a perfect contempt for what I thought Christian Science to be. About six and a half years ago, however, having exhausted all material means at my command, — *materia medica*, electricity, gymnastics, cycling, and so on, — and being in a hopeless state, the study of Christian Science was taken up. I had been a sufferer from catarrh and sore throat for over thirty years, and in the last five were added several others, including dyspepsia, and bronchitis, and a loss in flesh of sixty pounds. I was completely healed, and regained health, strength, and flesh through the spiritual understanding of Christian Science, the result of about six weeks' study. This good and perfect gift came to me through the careful and prayerful study of Christian Science, as revealed to the world to-day through Science

and Health. The promise of Christ Jesus, "the truth shall make you free," was fulfilled, and the past six years of health and harmony have been spent in striving to "hold fast that which is good."

While most grateful for the physical healing, my gratitude for the mental and spiritual regeneration is beyond expression. When I learned that Jesus' mission of healing sickness as well as sin did not end with his short stay upon earth, but is practical in all ages, my joy was unbounded. Having spent thousands in the old way, it seemed wonderful to be healed at such small cost as the price of the "little book" and a few weeks' study. Every thought of prejudice immediately vanished before the proofs that Christian Science is indeed the elucidation and practical application of Jesus' teachings, which are demonstrable truth, "The same yesterday, and to-day, and forever." — C. N. C., Memphis, Tenn.

DEAF EARS UNSTOPPED

As a mother of a family my heart goes out in love and gratitude to that good woman we are privileged to call our Leader, for all she has done through her book for me and mine.

Ten years ago I was healed of hereditary deafness and catarrh of the head, simply through reading the book, Science and Health. For years previous I had consulted and taken treatment from some of the best specialists for the ear and throat, both in England and America, but grew worse all the time. I was then urged by a lady who had been healed through Christian Science to buy this book and study it. I did so very reluctantly, but

had not read fifty pages before I felt I had indeed found the truth which makes free, and can truly say, from that time I have never had a return of the ailment.

That for which I am, however, most grateful, is the daily help it is to me in my household of young children. I am sure if mothers only knew what Christian Science truly means they would give all they possess to know it. We have seen croup, measles, fever, and various other children's complaints, so-called, disappear like dew before the morning sun, through the application of Christian Science, — the understanding of God as ever-present and omnipotent. It has been proven to me without a doubt that God is a very present help in trouble, and what a blessed help this wonderful truth is in the training of our children, and how quickly the child grasps it.

Some time ago my little girl, then three years old, dislocated her shoulder. I was alone in the house at the time. The pain was so intense that she became faint. I treated her the best I knew how, but kept holding the thought that just as soon as some one came I would run for help. She seemed to grow worse and cried very much. I undressed her and tried to twist the arm into place, but it caused such suffering that I began to get afraid. Then like a flash came the thought, What would you do if you were out of the reach of a practitioner? Now is your time to prove God's power and presence. With these thoughts came such a sense of calm and trustfulness that I lost all fear. I then asked the child if I should read to her; she said "Yes, mamma, read the truth-book." I began reading aloud to her from Science and Health. In about half an hour I noticed

she tried to lift the arm but screamed and became very pale. I continued to read aloud and again she made an effort to put some candy into her mouth. This time I noticed with joy that she almost reached her mouth before she felt the pain. I kept reading aloud to her until my sister and two boys came in, when she jumped off her bed, so delighted to see her brothers that she forgot her arm. She then began to tell her aunt that she had broken her arm and mamma treated it with the truth-book. When this happened, it was about 10.30 A.M. and by 3 P.M. she was playing out doors as though nothing had ever happened. — Mrs. M. G., Winnipeg, Man.

SAVED FROM INSANITY AND SUICIDE

A few years ago, while under a sense of darkness and despair caused by ill health and an unhappy home, Science and Health was loaned me with a request that I should read it.

At that time my daughter was given up by *materia medica* to die of lingering consumption, supposed to have been inherited. My own condition seemed even more alarming, as insanity was being manifested, and rather than go to an insane asylum, it seemed to me the only thing to do was to commit suicide. Heart trouble, kidney complaint, and continual headaches caused from female trouble were some of the many ailments I had to contend with. My doctor tried to persuade me to undergo an operation as a means of relief, but I had submitted to a severe operation ten years previous, and found only additional suffering as a result, so I would not consent.

When I began with Science and Health, I read the chapter on "Prayer" first, and at that time did not suppose it possible for me to remember anything I read, but felt a sweet sense of God's protection and power, and a hope that I should at last find Him to be what I so much needed, — a present help in time of trouble. Before that chapter on "Prayer" was finished, my daughter was downstairs eating three meals a day, and daily growing stronger. Before I had finished reading the textbook she was well, but never having heard that the reading of Science and Health healed any one, it was several months before I gave God the glory.

One by one my many ailments left me, all but the headaches; they were less frequent, until at the end of three years the fear of them was entirely overcome.

Neither myself nor my daughter have ever received treatments, but the study of the Bible and Science and Health, the Christian Science textbook by Mrs. Eddy, has healed us and keeps us well.

While Christian Science was very new to me, I attended an experience meeting in First Church of Christ, Scientist, Chicago. A gentleman told of an unhappy woman who was about to separate from her husband. This gentleman had asked her if she did not love her husband. She replied, "No; when I married him I did, but not now." He told her God made man in His image and likeness, and that He is perfect. He said to her, "Go home and see only God's perfect man; you don't need to love a sinful mortal such as you have been looking upon." The lady followed his advice, as he told her there is no separation in divine Mind. In a short time peace and harmony were in her home, and

both husband and wife became members of a Christian Science church.

This testimony was like a message from heaven to me. I had received many benefits from the study of Science and Health, but it had never dawned upon my darkened consciousness till then how wonderful our God is. I knew what had taken place in that home could take place in my unhappy home where there was neither rest nor peace.

I hopefully took up my cross, and step by step my burden grew lighter, as I journeyed along, realizing the presence of the Christ, Truth, that indeed makes us free. Not all at once did any outward change appear, but at the end of three years all was peace, all the members of the family attending church together and realizing that there is but one Mind. — E. J. B., Superior, Wis.

STOMACH TROUBLE HEALED

I was healed of stomach trouble of many years' standing by reading Science and Health. My condition had reached the stage in which I had periodical attacks, that came on with greater frequency. I was a travelling salesman, and it was a common occurrence for me to have to call a physician to my hotel to administer morphine for an acute form of this disease. This became a regular thing at certain places, and these attacks always left me worse than before. As a result of the last one I lost a great deal in weight. I had tried many physicians and most of the usual remedies during these years of suffering, without any good result. Finally, as a last resort, I

decided to try Christian Science, and I was healed by reading "Science and Health with Key to the Scriptures" by Mrs. Eddy.

My health has been of the best since I was healed, now six years ago. In the family we have depended entirely on Christian Science for our healing, and have ever found it efficacious. We consider the physical healing, however, only incidental to the understanding of God and His goodness. This, together with our increased love for the Bible, is proving most valuable to us. We are humbly trying to live the lives that will prove our gratitude to God, and to our beloved Leader, Mrs. Eddy. — Charles E. Peck, St. Johnsbury, Vt.

FREED FROM MANY YEARS OF SUFFERING

In the spring of 1880 I was taken down with a severe attack of stomach trouble, was bedfast for three months, and not able to drive out for nearly six months. During this time I had three good doctors treating me. I gained a little in strength, but had very little relief from the stomach trouble. I was recommended to try mineral springs and did so, but with the same disappointment. I went to a sanitarium, but yet the stomach trouble prevailed. I had some friends who recommended patent medicines, but no healing came.

I worried along in this way for several years. Finally I read medicine nearly two years with a good doctor friend, especially for my own benefit, and during this time I had a severe attack of bladder trouble, and for fifteen years I suffered so severely at times that I thought life was not really worth living. In connection with these

troubles I suffered every winter with rheumatism and the grip. I also had a growth coming on both eyes called cataract, which caused my eyes to be inflamed nearly all the time, and this growth had made such progress that it was causing my vision to be very dim when reading. Corns were not forgotten, as I was reminded of them very frequently, and for all these troubles I had tried every remedy I heard of that I was able to get, specialists included, without relief.

Thanks to a friend who took me in this hopeless, discouraged condition and led me to the light that never knows darkness, I got a copy of Science and Health by Mrs. Eddy and was healed in a short time by reading this work. — D. W. L., Anderson, Ind.

RELIEF FROM INTENSE SUFFERING

I became interested in Christian Science in 1901. For four or five years I had suffered with severe attacks which nothing but an opiate seemed to relieve. After one which I think was the worst I ever had, I consulted our family physician, who diagnosed my case as a dangerous kidney disease and said that no medicine could help me but that I must undergo a surgical operation. I continued to grow worse and went to see the physician again, and he advised me to consult a doctor who was connected with the city hospital of Augusta. This doctor made an examination and diagnosed the difficulty as something different but quite as serious. Meanwhile a friend offered me a copy of Science and Health. I said I did not care to read the book, but she was so urgent that I finally promised to do so. I received the book on Satur-

day, and on Sunday morning I sat down to read it. When I reached the place where Mrs. Eddy says she found this truth in the Bible, I began comparing the two books. I read passages which looked very reasonable to me, and said to myself, This is nearer to the truth than anything I have ever seen. I continued to read all day, stopping only long enough to eat my dinner. As I read on, everything became clearer to me, and I felt that I was healed. During the evening a neighbor came in, and I said, "I am healed, and that book has healed me." I read on and was certainly healed. Eight days after my healing I did my own washing. This occurred in February, 1901. About six weeks after, I was called to care for my mother, who was under the care of my former physician. I again let him examine my side, as he wished to see if the trouble was still there. He said, "It is certainly gone." I said to him, "Doctor, you told me I would never be a well woman unless I was operated upon; what has healed me?" He replied, "God has healed you." — S. H. L., North Pittston, Me.

GRATEFUL FOR MANY BLESSINGS

It is with sincere gratitude for the many blessings Christian Science has brought me, that I give this testimony. I first heard of Christian Science about fifteen years ago. A friend of mine was taking treatment for physical troubles, and was reading the textbook of Christian Science, *Science and Health with Key to the Scriptures*. The title of the book appealed to me very strongly. I said to my friend, "If that is a Key to the Scriptures, I must have it."

I had long been a member of a Bible class in an orthodox Sabbath school, but I never felt satisfied with that which was taught; there was something lacking, I did not understand then what it was. I purchased a copy of Science and Health and began to study it. I wish I could express in words what that book brought me. It illumined the Bible with a glorious light and I began to understand some of the Master's sayings, and tried to apply them.

I had had a longing to live a better Christian life for many years, and often wondered why I failed so utterly to understand the Bible. Now I knew; it was lack of spiritual apprehension.

I did not know at first that people were healed of disease and sin by simply reading Science and Health, but found after a while that such was the case. At that time I had many physical troubles, and one after another of these ills simply disappeared and I found that I had no disease, — I was perfectly free. The spiritual uplifting was glorious, too, and as I go on in the study of this blessed Science, I find I am gaining surely an understanding that helps me to overcome both sin and disease in myself and in others. My faith in good is increased and I know I am losing my belief in evil as a power equal to good. The pathway is not wearisome, because each victory over self gives stronger faith and a more earnest desire to press on. — E. J. R., Toledo, Ohio.

GRATEFUL FOR MORAL AND SPIRITUAL AWAKENING

About four years ago, after I had tried different ways and means to be relieved from bodily suffering, a faith-

ful friend called my attention to the teaching of Christian Science. After some opposition, I decided to investigate it, with the thought that if this teaching would be helpful, it was meant for me as well as for others; if it did not afford any help, I could put it aside again, but that I would find out and be convinced.

After I had read Mrs. Eddy's work, *Science and Health*, a few days, I found that my ailments had disappeared, and a rest had come to me which I had never before known. I had smoked almost incessantly, although I had often determined to use my will power and never smoke again, but had always failed. This desire as well as the desire for drink simply disappeared, and I wish to say here, that I received all these benefits before I had gained much understanding of what I was reading. Like a prisoner, who had been in chains for years, I was suddenly set free. I did not then know how the chain had been removed, but I had to acknowledge that it came through the reading of this book. I then felt an ardent desire to read more, and to know what this power was that had freed me in a few days of that which I had been trying for years to shake off and had failed. It then became clear to me that this was the truth which Jesus Christ taught and preached to free humanity almost two thousand years ago. It did not, however, occur to me to apply it in my business affairs; on the contrary, I first thought that if I continued in my study I would have to retire from business.

This did not happen, however, for I gradually found that the little understanding of this wonderful teaching which I had acquired became a great help to me in my business. I became more friendly, more honest,

more loving to my fellow-men; and I also acquired better judgment and was able to do the right thing at the right time. As a natural result my business improved. Before I knew anything of Christian Science my business had often been a burden to me, fear and worry deprived me of my rest. How different it is now! Through the study of the Bible, which now possesses unmeasurable treasures for me, and of our textbook, Science and Health, and the other works of our Leader, I receive peace and confidence in God and that insight into character which is necessary for the correct management of any business.

— W. H. H., Bloomfield, Neb.

HEREDITARY DISEASE OF THE LUNGS CURED

For a long time I have been impelled to contribute a testimony of the healing power of Truth. As I read other testimonies and rejoice in them, some one may rejoice in mine. I was healed by reading Science and Health. By applying it, I found it to be the truth that Jesus taught, — the truth that sets free.

From childhood I had never known a well day. I was healed of lung trouble of long standing. Consumption was hereditary in our family, my mother and three brothers having passed on with it. The law of *materia medica* said that in a short time I must follow them. I also had severe stomach trouble of over eight years' standing, during which time I always retired without supper, as the fear of suffering from my food was so great that I denied myself food when hungry. For over twenty years I had ovarian trouble, which was almost unbearable at times. It dated from

the birth of my first child, and at one time necessitated an operation. I suffered with about all the ills that flesh is heir to: I had trouble with my eyes from a child; wore glasses for fourteen years, several oculists saying I would go blind, one declaring I would be blind in less than a year if I did not submit to an operation, which I refused to do.

But thanks be to God whose Truth reached me through the study of our textbook. Words fail to express what Christian Science has done for me in various ways, for my children, my home, my all. The physical healing is but a small part; the spiritual unfolding and uplifting is the "pearl of great price," the half that has never been told. — Mrs. J. P. M., Kansas City, Mo.

TEXTBOOK APPRECIATED

It has been my privilege to have interviews with representatives of more than sixty per cent of the nations of this earth, under their own vine and fig-tree. I had never heard a principle understandingly advanced that would enable mankind to obey the apostolic command, "prove all things," until Science and Health with Key to the Scriptures was placed in my hands. I believe that the honest study of this book in connection with the Bible will enable one to "prove all things."

I make this unqualified statement because of what my eyes have seen and my ears heard from my fellow-men of unquestioned integrity, and the positive proofs I have gained by the study of these books. Many supposed material laws that had been rooted and

grounded in my mentality from youth have been overcome. It required some time for me to wake up to our Leader's words in *Miscellaneous Writings*, p. 206: "The advancing stages of Christian Science are gained through growth, not accretion." I had many disappointments and falls before I was willing to do the scientific work required to prove this statement; yet notwithstanding the cost to ourselves, I am convinced that we cannot do much credit to the cause we profess to love until we place ourselves in a position to prove God as He really is to us individually, and our relation to Him, by scientific work.

I wish to express loving gratitude to our Leader for the new edition of *Science and Health*. In studying this new edition one cannot help seeing the wisdom, love, and careful and prayerful thought expressed in the revision. Often the changing of a single word in a sentence makes the scientific thought not only more lucid to him who is familiar with the book, but also to those just coming into the blessed light. All honor to that God-loving, God-fearing woman, Mary Baker G. Eddy, whose only work is the work of love in the helping of mankind to help themselves; who has placed before her fellow-men understandingly, what man's divine rights are, and what God really is. — H. W. B., Hartford, Conn.

RUPTURE AND OTHER SERIOUS ILLS HEALED

When I took up the study of Christian Science nearly three years ago, I was suffering from a very bad rupture of thirty-two years' standing. Sometimes the pain was so severe that it seemed as if I could not endure it. These spells would last four or five hours,

and while everything was done for me that could be done, no permanent relief came to me until I commenced reading Science and Health with Key to the Scriptures. After I had once looked into it I wanted to read all the time. I was so absorbed in the study of the "little book" that I hardly realized when the healing came, but I was healed, not only of the rupture, but also of other troubles, — inflammatory rheumatism, catarrh, corns, and bunions.

I would never part with the book if I could not get another. I am seventy-seven years old, and am enjoying very good health. — Mrs. M. E. P., St. Johnsbury, Vt.

MOTHER AND DAUGHTER HEALED

When Christian Science came to me, I had been taking medicine every day for twenty years, on account of constipation. I had been treated by doctors and specialists; had taken magnetic treatments and osteopathy; had tried change of climate; had an operation in a hospital, and when I came out was worse than before. I was so discouraged, after I had tried everything I ever heard of, and was no better but rather grew worse, that it seemed as though I must give up trying to get well, when a friend suggested that I try Christian Science. I had heard that Christian Scientists healed by prayer, and I thought this must be the way Jesus had healed. I felt that this was all there was left for me to try. I sent for the book, Science and Health, and commenced to read it out of curiosity, not thinking or knowing that I could be helped by the reading, but thinking I must still take medicine and that I must also have treatment by a Scientist. I,

however, dropped my medicine and read for three days; then a light began to shine in the darkness. I was healed of the trouble and have never had to take medicine since. I have studied Science and Health faithfully ever since, and other ailments have disappeared. My little daughter has also been healed and has learned to use this knowledge in her school work. — Mrs. O. R., Leadville, Col.

LIVER COMPLAINT HEALED

As my thoughts go back to the time when I believed I had nothing to live for, and when each morning's awakening from sleep brought a sense of disappointment to find myself still among the living (for I had hoped each night that I closed my eyes in sleep that it would be the last time), my heart overflows with love and gratitude to God for our dear Leader who discovered this blessed truth and to the dear ones who have helped me so lovingly and patiently over many rough places.

Twelve years ago, I consulted a physician because I had noticed some odd-looking spots on one of my arms. He said they were liver spots, but that it was not worth while prescribing for those few, that I should wait until I was covered with them. About three months later, with the exception of my face and hands, I was covered with them. Then I became alarmed and called on another physician who prescribed for me, but he finally said he could do no more for me. Other physicians were consulted with no better results. Six years ago, friends advised me to see their family physician, and when I called on him he said he was positive he could cure me, so I asked him to prescribe for me. At the

end of two years, after prescribing steadily, he said I was so full of medicine that he was afraid to have me take any more, and advised a rest. After having paid out a small fortune, I was no better, and very much discouraged.

Two years ago, having failed in business, I applied to one of my patrons for a furnished room where I could meet the few I still had left. This lady, who is a Christian Scientist, loaned me Science and Health, and because she asked me so often how I was getting on with the book, I began reading it. I also attended the Wednesday evening meetings which I found very interesting. After hearing the testimonies at the meetings, I decided to speak to some practitioner about these spots, but not until I had at least a hundred dollars on hand, because I thought I would require that amount for treatments, as I had been accustomed to paying high prices. I had not inquired about prices, and in fact did not speak to any one about my intentions, because I felt sensitive on this subject. When I had read about half of Science and Health, I missed the spots, and upon searching could find no trace of them. They had entirely disappeared without treatment. In a few weeks the reading of that book had accomplished what *materia medica* had failed to accomplish in ten years. It is impossible to express the feeling of relief and happiness which came over me then. — C. K., Astoria, N. Y.

A CONVINCING INVESTIGATION

While I have testified to those around me and in many localities, of my healing in Christian Science, I feel that

it is high time I put the candle in the candlestick where all who will may see. My earliest recollection was a day of suffering, — a physical inheritance from my mother, which gave simple interest for a time until years advanced and compound interest was added. My father was a physician, and material remedies were used for my mother without avail, consequently his confidence in them for me was shaken, — in fact he often told me it was better to suffer without medicine than become a chronic doser, without pain.

I began teaching in early life and continued for more than twenty years, and during that time not a day passed without pain, or fear of pain, and only for my innate love of life it would have become an intolerable burden. For five years oatmeal was my chief food and I became almost as attached to it as Kaspar Hauser to his crust. I was early taught to have faith in God, and many times was relieved of pain only to have it appear again in an aggravated form.

At last my heart cried out for the living God, and the answer came by one of His messengers, who told me of Christian Science. I replied that I believed God could heal, but that I had no faith in the healing of Christian Science, but would like to investigate its theology, as it might aid in giving me some clue to the meaning of life. For three years I had searched the works of the most scientific writers to find the origin of life; many times I would think I had traced it to the beginning, but it would elude my grasp every time. One day in talking with my friend, she said she would like to loan me the textbook, *Science and Health*, which I very willingly accepted. Not long afterward I felt a severe

attack of suffering. I opened the book for the first time and found a paragraph near the middle which attracted my attention. I read the same paragraph over and over for nearly two hours. When the tea bell rang I closed the book and I shall never forget my perception of the new heaven and the new earth, — everything in nature that I could see seemed to have been washed and made clean. The flowers that I have always loved so much, and that from childhood had told me such sweet stories, now spoke to me of the All-in-all, the hearts of my friends seemed kinder, — I had touched the hem of the garment of healing.

I ate my supper that evening forgetful of the preparations I had made for suffering, and when the next day began I was more zealous of good work than ever before. Since closing *Science and Health* at my first reading I have never been able to find the paragraph which I had read so many times over, the words seemed to have slipped away from me, but my joy knew no bounds at having found the pearl of great price. By the continued reading of the book I was entirely healed, and for fourteen years I have not seen a day of physical suffering. — Miss L. M., Rome, N. Y.

DEAFNESS AND DROPSY HEALED

I had been deaf from childhood. I suffered intensely after eating, and dropsy was another of my complaints. This, with consumption, caused one doctor to say, "It puzzles me; I have never seen such a case before as yours."

I met a friend who had been cured in Christian

Science, and she said, "Try Christian Science." I got a copy of Science and Health and in three weeks I was entirely cured. I felt uplifted. It seemed as if God's arms were around and about me. I felt as if heaven had come down to earth for me. After five years of suffering can any one wonder at my unspeakable gratitude? — A. B., Pittsburgh, Pa.

GRATEFUL FOR MANY BLESSINGS

In 1894 I began the study of Christian Science. At that time I was greatly in need of its healing truth. For a number of years previous I had been a semi-invalid with no hope of ever being well and strong again. Several years before this time I had undergone an operation which resulted in peritonitis. For three years previous to my study of Science and Health by Mrs. Eddy, I was scarcely ever free from headache caused by the weakened and diseased condition of the internal organs. At the time I began the study of Christian Science I was taking five kinds of medicine.

I began to read Science and Health, and did not take treatment, for I thought, "If this is truth, I shall be healed; if it is not, I shall be able to detect it, and will have nothing to do with it." I became a devoted student and gradually my bodily diseases left me, — I was free, and since that time, nearly ten years ago, neither my two children nor myself have taken any medicine; and our understanding of truth has been able to meet and overcome any suggestion of illness.

I was a devoted member of an orthodox church,

but as I grew older I began to question my beliefs, and to my questions I could find no satisfactory answer. I became dissatisfied and finally ceased attending church. I could not accept the idea of God taught there, and at last my friends looked sadly upon me as an atheist. There I stood until I learned to know God as revealed in Science and Health, and then all my questionings were answered. In my girlhood I had always prayed to the God I held in mind, and when the shadows of sickness, pain, and death came to my family, I prayed as only those can who know that if He helps not, there is none; but my prayers were unanswered. Then I closed my Bible, saying, "There is a mistake somewhere, perhaps some time I may know."

Only those who know the attitude of mind that I was in can understand the joy that came to me as I began to learn of God in Christian Science, and of my relation to Him.

Many proofs of the healing power of Truth and of His protecting care throng my thoughts. Seven years ago, when we were in a far distant country, where Christian Science was then unknown, my little daughter came in one morning from her school, saying, "Mother, I have measles; twenty of the girls are sick in bed and I am afraid they will put me there also." Her face, hands, and chest were covered with a deep red rash, throat sore, and eyes inflamed. We began immediately to do our work in Science and at night, when I left her at the door of the college, her face was clear, her eyes bright, and all fear destroyed. That was the end of the disease. — F. M. P., Boston, Mass.

A JOYFUL EXPERIENCE

In love and gratitude to God, and to Mrs. Eddy, the interpreter of Jesus' beautiful teachings, I wish to tell of some of the benefits which I have received from Christian Science. It is a little over a year since Science found me in a deplorable condition, physically as well as mentally. I had ailments of many years' standing, — chronic stomach trouble, severe eye trouble, made almost unbearable from the constant fear of losing my sight (a fate which had befallen my mother), also a painful rupture of twenty-five years' standing. These ailments, combined with unhappy conditions in my home, made me very despondent. I had entirely lost my belief in an all-merciful God, and I did not know where to turn for help. At that time Christian Science was brought to my notice, and I shall never forget the sublime moment when I perceived that an all-loving Father is always with me. Forgotten was all sorrow and worry, and after four weeks' reading in Science and Health all my ailments had disappeared. I am to-day a healthy, contented woman.

All this has come to pass in one short year, and my earnest desire is to be more and more worthy to be called a child of God. This is in loving gratitude for an understanding of this glorious truth. — Mrs. R. J., Chicago, Ill.

AN EVER-PRESENT HELP

It is a year since I began to read Science and Health, and I will now try to outline what a knowledge of its teachings has done for me.

My condition was then very trying; my eyes, which had caused me much trouble since childhood, were very painful. For these I had been treated by some of the best specialists in my native land, and after coming to the United States I had been doctored much and had worn glasses for four years. I also had catarrh, for which I had taken much medicine without being relieved. In addition to this I was an excessive smoker, using tobacco in some form almost constantly. I had contracted a smoker's heart, and used liquors freely.

The one who brought to me that which I now prize so highly, was a book agent. I told him that I should be forced to leave my trade on account of my eyes. He then told me of having been healed of a cancer, through Christian Science treatment. He showed me a copy of *Science and Health*, which had the signs of much use, and after being assured that if I did my part I would be healed of all my diseases, I sent for a copy of the book.

My recovery was very rapid, for after reading the book only three weeks I was completely healed of the tobacco habit. I will say, in regard to this healing, that it did not require even as much as a resolution on my part. I was smoking a cigar, while reading *Science and Health*, when all the desire to continue smoking left me, and I have never had a desire to use tobacco in any form since then. My eyes were the next to manifest the influence of the new knowledge gained, and had soon so far recovered that I could go about my work with ease, and I have had no more use for glasses. To-day my heart is normal, the catarrh

has totally disappeared, and I am not addicted to the use of liquor.

Christian Science has proved to be an ever-present help, not only in overcoming physical ailments, but in business and daily life. It has also overcome a great sense of fear. The Bible, which I regarded with suspicion, has become my guide, and Christianity has become a sweet reality, because the Christian Science textbook has indeed been a "Key to the Scriptures" and has breathed through the Gospel pages a sweet sense of harmony. — A. F., Sioux City, Iowa.

SEVERE EYE TROUBLE OVERCOME

After hearing Christian Science lightly spoken of, from a Christian pulpit, I decided to go to one of the services and hear for myself. From infancy I had been devoted to my church, and as soon as I was old enough I was ever active in the work. Feeling it to be my duty to attend every service held in my own church, I took advantage of the Wednesday evening meetings. My first visit was not my last, I am thankful to say, for I saw immediately that these people not only preached Christianity, but practised and lived it. At that time I was wearing glasses and had worn them for sixteen years. At times I suffered the most intense pain, and for this phase of the trouble, one specialist after another had been consulted. All gave me very much the same advice; each one urged extreme carefulness and gave me glasses that seemed to relieve for a time. None of them held out any hope that my sight would ever be restored, saying that the

defect had existed since infancy, and that in time I should be blind.

The thought of blindness was very distressing to me, but I tried to bear it with Christian resignation, since I thought that God had seen fit to afflict me; but since I have learned that He is a loving Father, who gives only good, I regret that I ever charged Him with my affliction. I had no treatment, but I read Science and Health, and my eyes were healed and glasses laid aside. I can never find words to express my thanks to our dear Leader, through whose teachings my sight has been regained. I can truthfully say that "whereas I was blind, now I see" — through an understanding of Truth I have found my sight perfect as God gave it. — Miss B. S., Wilmington, N. C.

A TESTIMONY FROM IRELAND

It is with a heart full of love and gratitude to God, and to our dear Leader, that I send this testimony to the Field. I had never been a strong girl; had always been subject to colds and chills, and suffered all my life from a delicate throat. Seven years ago I had a very severe attack of rheumatic fever and subsequently two less severe ones. These left all sorts of evils behind them, — debility, chronic constipation, and several others, so that with these ills my life was often a burden to me and I used to think I never should receive relief or health. I had also lost all love for God and faith in Him. I could not accept a God who, as I then believed, visited sickness and sorrow upon His children as a means for drawing them to Him.

I was in this state of mind and body when Christian Science found me. A dear friend, seeing my suffering, presented the truth to me, and though at first I did not believe that there could be healing for me, the Christian Scientists' God seemed to be the one I had been looking for all my life. I began to read Science and Health, and shall never forget my joy at finding that I could love and trust God. I took to studying the Bible, and read nothing but Science and Health and other Christian Science literature for a year. After studying the "little book" for about six weeks, I one day realized that I was a well woman, that I had taken no medicine for three weeks, and that my body was perfectly harmonious. The reading of Science and Health had healed me. The wonderful joy and spiritual uplifting which came to me then no words of mine can describe. I had also suffered from astigmatism and had for several years been obliged to use special glasses when reading or working, and could never use my eyes for more than half an hour; but from the first reading of Science and Health I found that I could read in any light and for any length of time without the slightest discomfort. I am not only grateful for the physical healing but for the mental regeneration. I rejoice that I am now able to help others who are sick and sorrowing. — E. E. L., Curragh Camp, County Kildare, Ireland.

THE TEXTBOOK MAKES OPERATION UNNECESSARY

In the early part of the year 1895 my physician said I must undergo a surgical operation in order ever to be well.

While in great fear, and dreading the operation, a kind neighbor called, and after telling me of Christian Science gave me a copy of Science and Health. She said I must put aside all medicine, and by reading faithfully she knew I could be healed. The book became my constant companion, and in a short time I was healed. Besides the relief from an operation, I was completely healed of severe headaches and stomach trouble. Physicians could give me no help for either of these ailments. For ten years I have not used medicine of any kind, and have not missed a Christian Science service on account of sickness during this period. I am perfectly well. To say that I am grateful to God for all this does not express my feelings. The physical healing was wonderful, but the understanding given me of God, and the ability to help others outweigh all else. I also love our dear Leader. — Mrs. V. I. B., Concord, N. H.

KIDNEY DISEASE AND EYE TROUBLE HEALED

Early in 1904 I was teaching in a private boarding-school. I was a very unhappy, discontented woman; I had kidney disease, besides sore eyes, and my general health was very bad. The doctor said that the climate did not suit me, and that I certainly should have a change. The best thing, he said, was to go back to France (my own country); but I did not like to leave the school, so I struggled on until July, when we went travelling for a month, but I came home worse than ever. I had a lot of worry, one disappointment after another, and I often thought that life was not worth living. In September, 1904, we heard for the first time of Christian Science

through a girl who was attending our boarding-school, and who was healed through Christian Science treatment. We bought the textbook, "Science and Health with Key to the Scriptures" by Mrs. Eddy, and what a revelation it was and is to us; it is indeed the fountain of Truth. I had read Science and Health but a very short time when I took off my glasses, began to sleep well, and soon found myself well in mind and body. Besides this, it has brought harmony into our school, where there had been discord, and everything is changed for the better. I cannot describe the happiness that has come to me through Christian Science; I can only exclaim with the psalmist: "Bless the Lord, O my soul;" and may God bless Mrs. Eddy.

My one aim now is to live Christian Science, not in words only, but in deeds; loving God more and my neighbor as myself, and following meekly and obediently all our Leader's teachings. Words cannot express my gratitude to Mrs. Eddy for Christian Science. — S. A. K., Vancouver, B. C.

DISEASE OF BOWELS HEALED

When I first heard of Christian Science I had been afflicted for nine years with a very painful disease of the bowels, which four physicians failed even to diagnose, all giving different causes for the dreadful sufferings I endured. The last physician advised me to take no more medicine for these attacks, as drugs would not reach the cause, or do any good. About this time I heard of Christian Science, and had the opportunity of reading "Science and Health with Key to the Scriptures" by Mrs. Eddy, a few minutes every day for about a week, and I

was thereby healed. In looking back I found I had not suffered in the least from the time I began reading this book. It has been nearly seventeen years since this wonderful healing, and I have had no return of the disease. My gratitude is endless and can be best expressed by striving mightily to walk in the path our Leader has so lovingly shown us in Science and Health. — Mrs. J. W. C., Scranton, Pa.

HEALED BY READING THE TEXTBOOK

After doctoring about a year, I was obliged to give up school and was under medical care for two years; but grew worse instead of better. I was then taken to specialists, who pronounced my case incurable, saying I was in the last stages of kidney disease and could live only a short time. Shortly afterward my uncle gave me a copy of "Science and Health with Key to the Scriptures," and asked me to study it. After studying a short time I was able to walk a distance of several miles, which I had not been able to do for three years. I also laid aside glasses which I had worn seven years, having been told I would become blind if my eyes did not receive proper care. It is over a year since I received God's blessing, and I am now enjoying perfect health and happiness. I have never had my glasses on since I first began reading Science and Health, and I have not used any medicine. — L. R., Spring Valley, Minn.

A TESTIMONY FROM SCOTLAND

I came to Christian Science purely for physical healing. I was very ill and unhappy; very cynical and disbelieving in regard to what I heard of God and religion.

I tried to live my life in my own way and put religion aside. I was a great believer in fate and in will-power, and thought to put them in the place of God, with the consequence that I was led to do many rash and foolish things. I am now thankful to say that my outlook on life is entirely changed; I have proved God's wisdom and goodness so often that I am willing and thankful to know my future is in His hands and that all things must work out for the best. I have found a God whom I can love and worship with my whole heart, and I now read my Bible with interest and understanding.

I was healed of very bad rheumatism simply by reading Science and Health. I had tried many medicines, also massage, with no result, and the doctors told me that I would always suffer from this disease, as it was inherited, and also because I had rheumatic fever when a child. I suffered day and night, and nothing relieved me until Science proved to me the falseness of this belief by removing it. I gave up all the medicines I was taking and have never touched any since, and that is more than two years ago. Before this I had often tried to do without a medicine that I had taken every day for ten years, but was always ill and had to return to it, until I found out that one Mind is the only medicine, and then I was freed from the suffering.

I had also suffered constantly from bilious attacks, colds, and a weak chest, and had been warned not to be out in wet weather, etc., but now, I am glad to say, I am quite free from all those material laws and go out in all sorts of weather. — R. D. F., Edinburgh, Scotland.

CURING BETTER THAN ENDURING

For eight years I was a great sufferer from weak lungs and after being treated by ten different physicians, in the States of Illinois, Missouri, and Colorado, I was told there was no hope of my recovery from what they pronounced tuberculosis, which was hereditary, my father having been afflicted with it. I was greatly emaciated and hardly able to be about. My general condition was aggravated by what the doctors said was paralysis of the bowels. Three physicians so diagnosed it at different times, and assured my husband that I could never get more than temporary relief. This indeed I found difficult to obtain, in spite of my almost frantic efforts. At times I was nearly insane from suffering, and after eight years of doctoring I found myself steadily growing worse. For four years I did not have a normal action of the bowels, and it was only by extreme effort and by resort to powerful drugs or mechanical means, with resultant suffering, that any action whatever could be brought about.

I had heard nothing of the curative power of Christian Science, and only to oblige a friend I went one night, about three years ago, to one of their mid-week testimonial meetings, in Boulder, Colorado. I was much impressed by what I heard there, and determined at once to investigate this strange religion, in the hope that it might have something good for me. I bought the textbook, *Science and Health*, and from the first I found myself growing stronger and better, both physically and mentally, as I acquired a better understanding and endeavored to put into practice what I learned. In one week

I was able to get along better without drugs than I had for years with them, and before three months had passed I was better than I had been any time in my life, for I had always suffered more or less from bowel trouble. Since that time I have taken no medicine whatever, and rely wholly upon Christian Science. My lungs are now sound, my bowels normally active, my general health excellent, and I am able to endure without fatigue tasks that before would have prostrated me. The study of our textbook was the sole means of my healing.

— L. M. St. C., Matachin, Canal Zone, Panama.

SEVERE ECZEMA DESTROYED

It is only two years since I came from darkness into the light of Christian Science, and to me the spiritual uplifting has been wonderful, to say nothing of the physical healing. Words cannot express my gratitude for benefits I have received in that time. For five years I suffered with that dreaded disease, eczema, all over my body. Five doctors said there was no help for me. The suffering seemed as terrible as the hell fire that I had been taught to believe in. When Christian Science came to me two years ago through a dear friend, she gave me a copy of Science and Health and asked me to read it. I told her that I would, for I was like a drowning man grasping at a straw. I had been a Bible student for twenty-eight years, but when I commenced reading Science and Health with the Bible I was healed in less than a week. I never had a treatment. A case of measles was also destroyed in twenty-four hours after it appeared. — Mrs. M. B. G., Vermilion, Ohio.

SCIENCE AND HEALTH A PRICELESS BOON

I am a willing witness to the healing power of Christian Science, having had a lifetime's battle with disease and medical experiments. Various doctors finally admitted that they had exhausted their resources, and could only offer me palliatives, saying that a cure was impossible. I had paralysis of the bowels, frequent sick headaches with unutterable agony, and my mortal career was nearly brought to an end by a malignant type of yellow fever. Many were the attending evils of this physical inharmony, but God confounds the wisdom of men, for while studying Science and Health two years ago, the veil of ignorance was lifted and perfect health was shown to me to be my real condition, and to such there is no relapse. The constant use of glasses, which were apparently a necessity to me for years, was proven needless, and they were laid aside. Mrs. Eddy has made Scripture reading a never-failing well of comfort to me. By her interpretation "the way of the Lord" is made straight to me and mine. It aids us in our daily overcoming of the tyranny of the flesh and its rebellion against the blessed leading of Christ, Truth. The daily study of the Bible and our textbook is bringing more and more into our consciousness the power of God unto salvation. — J. C., Manatee, Fla.

A CRITIC CONVINCED

With gratitude to God I acknowledge my lifelong debt to Christian Science. In 1895 I attended my first

Christian Science meeting, and was deeply impressed with the earnestness of the people and the love reflected, but as for the spiritual healing of the physical body, I did not believe such a thing to be possible. I bought *Science and Health* and studied it to be able to dispute intelligently with the supposedly deluded followers of Christian Science. I pursued the study carefully and thoroughly, and I have had abundant reason since to be glad that I did, for through this study, and the resultant understanding of my relation to God, I was healed of a disease with which I had been afflicted since childhood and for which there was no known remedy. Surely my experience has been the fulfilling in part of the Scripture: "He sent His Word and healed them, and delivered them from their destructions." I believe that *Science and Health* reveals the Word referred to by David. — C. A. B. B., Kansas City, Mo.

BORN AGAIN

It was in April, 1904, that I first heard the "still, small voice" of the Christ and received healing through Christian Science; and the blessings have been so many since, that it would take too much space to name them. Reared from childhood in an intellectual atmosphere, my paternal grandfather having been an orthodox minister of the old school for forty years, and my father a deep student, ever seeking for the truth of all things, I began early to ponder and to study into the meaning of life, and came to the conclusion before I was twenty that though God probably

existed in some remote place, still it was impossible to connect Him with my present living. My highest creed, therefore, became, "Do right because it is right and not for fear of being punished." Then began the suffering. Sorrow after sorrow followed each other in rapid succession; for ten long years there was no rest, the road was indeed long and hard and had no turning, until finally the one thing that had stood by me all through the trials, namely, my health, gave way, and with that went my last hope. But the last hour of the night had come, the dawn of day was at hand; a dear friend left Science and Health upon my piano one day, saying that I would gain much good by reading it.

Glad to get away from my own poor thoughts, I opened the "little book" and began to read. I had read only a short time when such a wonderful transformation took place! I was renewed; born again. Mere words cannot tell the story of the mighty uplifting that carried me to the very gates of heaven. When I began to read the book, life was a burden, but before I had finished reading it the first time, I was doing all my housework and doing it easily; and since that glorious day I have been a well woman. My health is splendid, and I am striving to let my light so shine that others may be led to the truth. There have been some mighty struggles with error, and I have learned that we cannot reach heaven with one long stride or easily drift inside the gate, but that the "asking" and the "seeking" and the "knocking" must be earnest and persistent.

For a long time I was always looking back to see if

the error had gone, until one day when I realized that to catch a glimpse of what spiritual sense means I must put corporeal sense behind me. I then set to work in earnest to find the true way. I opened Science and Health and these words were before me, "If God were understood, instead of being merely believed, this understanding would establish health" (p. 203). I saw that I must get the right understanding of God! I closed the book and with head bowed in prayer I waited with longing intensity for some answer. How long I waited I do not know, but suddenly, like a wonderful burst of sunlight after a storm, came clearly this thought, "Be still, and know that I am God." I held my breath — deep into my hungering thought sank the infinite meaning of that "I." All self-conceit, egotism, selfishness, everything that constitutes the mortal "I," sank abashed out of sight. I trod, as it were, on holy ground. Words are inadequate to convey the fulness of that spiritual uplifting, but others who have had similar experiences will understand.

From that hour I have had an intelligent consciousness of the ever-presence of an infinite God who is only good.

— C. B. G., Hudson, Mass.

A RESTLESS SENSE OF EXISTENCE DESTROYED

Through reading Science and Health and the illumination which followed, I was healed of ulceration of the stomach and kindred troubles, a restless sense of existence, agnosticism, etc. The torture I endured with the stomach trouble I will not attempt to describe. The attending physician declared that I could live but a short

time, and I felt there would be a limit to my endurance of the torture, but the disease was dissipated into nothingness through Christian Science, which brought me peace.

Like many others I had been seemingly lost in the sea of error, without a compass, yet earnestly and honestly seeking a haven. I had investigated all kinds of religions and philosophies that came under my notice, with the exception of Christian Science, which was not then deemed worthy of inquiry, and yet it held the very truth I was searching for — the light which “shineth in the darkness; and the darkness comprehended it not.” Three years of stubborn resistance to Truth, with increasing suffering, followed — then the light came, and with it a new experience. Now, after nine years of Christian Science experience, under severe tests, it can be truthfully said that it has not failed me in any hour of need. — J. F. J., Cincinnati, Ohio.

MORALLY AND PHYSICALLY HEALED

I did not accept Christian Science on account of any healing of my own, but after seeing my mother, who was fast drifting toward helplessness with rheumatism, restored to perfect health with only a few treatments in Christian Science, I thought surely this must be the truth as Jesus taught and practised it, and if so it was what I had been longing for.

This was about ten years ago and was the first I had ever heard of Christian Science. We soon got a copy of Science and Health and I began in the right way to

see if Christian Science were the truth. I had no thought of studying it for bodily healing; in fact, I did not think I needed it for that, but my soul cried out for something I had not yet found. This book was indeed a key to the Scriptures.

It was not long after I began reading before I discovered that my eyes were good and strong, I could read as much as I wished, and at any time, which was something I could not do before, as my eyes had always been weak. The doctors said they never would be very strong, and that if I did not wear glasses, I might lose my sight altogether. I never gave up to wearing glasses, and now, thanks to Christian Science, I do not need them, my work for the past two years as a railway mail clerk being a good test. At the same time my eyes were healed, I also noticed that I was entirely healed of another ailment which had been with me all my life, and which was believed to be inherited. Since that time my growth has seemed to me slow, yet when I look back and view myself as I was before Christian Science found me, and compare it with my life as it now is, I can only close my eyes to the picture and rejoice that I have been "born again" and that I have daily been putting off "the old man with his deeds," and putting on "the new man."

Some of the many things that have been overcome through the study of Science and Health, and through realizing and practising the truth it teaches, are profanity, the use of tobacco, a very quick temper, which made both myself and those around me at times very miserable, and such thoughts as malice, revenge, etc. —
O. L. R., Fort Worth, Tex.

HEALTH AND UNDERSTANDING GAINED

Most of my boyhood days were spent in the hands of physicians. From birth I was considered a very weakly child, but my mother was brave, and being much devoted to me did everything within her knowledge and power for my comfort. Sickness and medicine were continually before me, and by the time I reached my teens I thought I knew a material remedy for every ill. I continued in my delusion, because I was never told the real cause of my trouble. Besides being under a leading specialist for two years, I was also an outdoor patient at a noted hospital, but I was not healed. It is wonderful how the "little ones" are cared for in the face of all these seeming difficulties. I always used the prayers that I had been taught, and as I grew older I began to ask for wisdom. Little by little I gained a desire for freedom, and my prayers finally led me to the truth. The first week that I heard of Christian Science, I visited the home of dear Christian Science friends, and was at once refreshed by their purity of thought and example. I bought a copy of *Science and Health*, and, after studying it a little while with the Bible, I saw that if the Bible was true, *Science and Health* must also be true. I began to demonstrate over my physical and mental condition, and as soon as the fear and pain began to leave me I felt encouraged to go on. I was healed, and stopped complaining. I kept on studying our textbook, and when I got an understanding in a small degree of the Science of Mind, my first thought was to help others. I was guided where I could pro-

gress in Science, and was no longer "carried about with every wind of doctrine," but held to Principle as closely as possible. From the time the healing came into my consciousness, the desire for material remedies left me, because Christian Science at once pointed out the way to get at the cause of discord and disease. All that I had to give up were the false beliefs of mortal mind. Christian Science then taught me to love the church, and to appreciate what it had already done for mankind. I often thought of the old adage, "Charity begins at home," and after three years' preparation I felt able to take Christian Science to my home, where it found, in due time, ready acceptance and willing disciples. This gave me even greater joy than my own healing. The more good I saw accomplished, the more love I had for the truth. Christian Science changed my course from the first, and gave me a nobler aim and purpose in life. I was not so easily influenced by other people's shortcomings, when I learned that evil has neither personality nor place. I was not so ready to take offence, when I found out the way to work unselfishly for the upbuilding of the Cause.

— A. E. J., Toledo, Ohio.

AN EVER-PRESENT HELP FOUND

On the 23rd of March, 1900, I received from one of my daughters a copy of Science and Health on my seventy-first birthday. Although a constant reader of all kinds of papers and books, I had never heard anything of Christian Science, except a short notice that spring in a San Francisco newspaper, from an orthodox clergyman, referring to the Christian Science people in not very complimentary style.

In Mrs. Eddy's book I came across a great deal of thought that was not readily understood at the first reading, but by continued and careful study, and a good deal of help from my knowledge of chemistry and natural philosophy, I soon shook off the belief of sensation in matter, — the so-called elementary substance. One afternoon I put the belt on my circular saw to cut blocks of firewood and also to split a small stick of frame timber. In doing this the stick closed and pinched the saw. I picked up a small wooden wedge and tried to drive it into the saw kerf, but a bit of ice let the stick on to the back of the saw and instantly it flew, with heavy force, into my face, and bouncing off my left cheek fell about twenty feet off on the snow. The blood spattered on the snow next the saw table, and on feeling with my hand there were two wounds, one on the lock of the jaw and another forward, as big as a dollar, on the cheek bone. "Now," I thought to myself, "there is a case of surgery for you," and without further ceremony, I began to treat the case to the best of my knowledge, with the result that the bleeding stopped almost instantly, and so did a thumping pain, which had commenced. I paid no more attention to the matter, but finished my work, and then went to supper. When I washed my face, I felt a big lump on the jawbone where the block of wood struck, but after my usual reading I went to bed and slept all night until near daylight, when a pain on the right side awoke me. On feeling with my hand there was another big lump on the right side, but I treated it and went to sleep again. I never lost an hour from the hurt, although I found out that my jaw was broken. There is no scar, only a little red spot on

the cheek, and the lumps on the bone have long since disappeared.

In summing up the benefits I have received from the reading of *Science and Health*, I can but refer to a condition of sickness dating back to the war (1862), when chronic and malignant diarrhoea came near making an end of my material existence. My hearing, also, was seriously impaired from the effect of cannon firing at Shiloh, but it has come back to me, and where I formerly dared not eat an orange, or grapes, I can now eat anything without being hurt. My peace of mind is giving me a rest which I never experienced before during my life, and I have ceased to look away off for the divine presence that was always near, though I did not know it. — L. B., Baldy, N. M.

MANY PHYSICAL AND MENTAL TROUBLES OVERCOME

Less than a year ago, when nothing but trouble seemed to encompass me, I was led to Christian Science. My mother's copy of *Science and Health* was always lying on the table, but I scarcely ever read it. One day, however, the mental conflict was so great I commenced reading in the hope of obtaining peace. Every day since then my companions have been the Bible and *Science and Health*. At that time I had a very serious eruption on my face, which had been there two years. We had consulted several physicians, and used every remedy suggested to eradicate it, but they proved useless. I had given up all hopes of its ever being healed, as the physician we last consulted pronounced it tuberculosis of the skin and incurable. A few weeks after I com-

menced reading, I was amazed to see it almost healed over, and to-day my cheek is perfectly smooth, while the scar is disappearing.

In April my baby was born with only the practitioner and a woman friend present. I suffered little pain, and the third day I went down-stairs. I am able to nurse him, — a privilege of which I was deprived with my first child. He is a picture of health, having never been sick a day since he was born. — K. E. W. L., Mt. Dora, Fla.

A NEW LIFE GAINED

Leaving home when a young man, I carried with me a protection against the temptation of a great city, — a mother's prayers and a small Bible. For a time I read the Bible and prayed, but without understanding. This did not suffice, and evil seemed to gain the victory. I soon omitted to read my Bible; forgot to go to God in prayer for guidance and help, and looked to the world for that which it never has and never can give, — health, peace, and joy.

Thus, years later, when Christian Science came into my home, it found me prayerless, churchless, godless; a home discordant, and with no thought or knowledge of spiritual things. Up to this time, my wife had for years been seeking health through the physicians, but without success, and as a last resort had been sent to Christian Science. The help received was so wonderful that I commenced the study of Science and Health. The first effect which I realized from the reading of our textbook, was a great love for the Bible and a desire to read it, something which I had not done

for years. I went in silent prayer to God, that I might see the light and truth which would enable me to become a better man. "Ye must be born again." Thus again, and as a child, was I taught to pray "the effectual fervent prayer" which "availeth much." In a few weeks' study of Science and Health together with the Bible, and without other help, I was healed of a desire for liquor, of years' standing, and of the use of tobacco. Ten years have passed and these appetites have never returned. I have never used either liquor or tobacco in any form from that time to the present. Surely this Scripture is fulfilled in our home: "Old things are passed away; behold, all things are become new." How can we estimate the value of a book, the study of which brings such transformation and regeneration? Only as we endeavor to live, and strive to practise what it teaches, can we begin to pay our debt to God, and to her whom He has sent to make plain to human understanding the life and teaching of Christ Jesus. — W. H. P., Boston, Mass.

A VOICE FROM ENGLAND

For a number of years I was a weary woman, not ill enough in health to be called an invalid, but suffering more than could be told with fatigue and weakness. Feeling that this was God's will, I did not ask to be healed, although I was constantly doctoring. I suffered with dyspepsia, congestion of the liver, and many other things, including weak eyesight. With all the medicine, and with different changes for rest, I never regained health, and thought I never should, so I prayed for grace to bear my cross patiently for others' sake. One day, while

lying on my couch exhausted, which had become a frequent experience, the words came to me, "Whatsoever ye shall ask in prayer, believing, ye shall receive." I rose, knelt down and said, O God, make me well. I was telling a friend this and she kindly gave me a *Sentinel*. Imagine my joy when I saw the testimonies of healing! I believed them, remembering our Lord's words, "Blessed are they that have not seen, and yet have believed." I obtained a copy of Science and Health and before a week had passed I realized that if God was my all I needed no glasses. My eyes were healed in a few days, and since then I have never thought of glasses. I was also cured of dyspepsia, and nothing that I have eaten has hurt me since then. The belief in health laws was next destroyed, by knowing that our heavenly Father did not make them, and from this has come the beautiful experience of the overcoming of fatigue.

For this alone I can never be thankful enough. True indeed are the words, "They shall run, and not be weary." This was more than a year ago, and I can say that not once have I felt inclined to lie on the couch, nor have I had a headache, although I am doing more work than ever before. Fear has also been overcome in many ways.

— A. L., Chelmsford, England.

DEPRAVED APPETITES OVERCOME

When Christian Science first came to me, or rather, when I first came to Christian Science, I did not have a very bad opinion of myself. I thought I was a pretty good fellow. I had no religious views. I seemed to be getting along as well as, if not better than, some who

professed Christianity. So I drifted along until I was led to investigate Christian Science.

As I progressed in the understanding as gained from the study of both Science and Health and the Bible, and commenced to know myself, I found that a great change had been wrought in me. For fifteen years I had used tobacco, both chewing and smoking; for ten years I had been a victim of the drink habit, sometimes to excess; I was also addicted to profanity. Christian Science removed these appetites. A stomach trouble and other lesser ills, such as headache, a bad temper, an inordinate love of money, etc., disappeared under the same benign influence. Those things that seemed to be pleasure do not give me pleasure now. They were not real pleasure. I have lost nothing, I have sacrificed nothing; but I have gained everything, and not yet the whole, for I can see plenty yet to be done.

The condition of mind before investigating and after is as different as black and white. As Mrs. Eddy says, "Not matter, but Mind, satisfieth." — G. B. P., Henry, S. D.

CATARRH OF THE STOMACH HEALED

I should like to express my gratitude for the many benefits I have received through Christian Science, and to mention the great joy brought to me in the thought that man is not the helpless victim of sin, disease, and death. Through its teachings I have been able to overcome many errors.

When Christian Science found me, one year ago last April, in Chicago, I was suffering from catarrh

of the stomach, which had been very persistent, and I had been a slave to the cigarette habit for eighteen years. Pain and weakness had robbed me of all that one holds dear. The first symptoms of the disease appeared about five years ago in the form of severe cramps of the stomach, which finally developed into other symptoms of that painful disease. I doctored continually, my diet daily becoming more rigid, until three slices of toast became my daily allowance of food.

In this condition I left the East for my home in Chicago, hoping that a change of climate might benefit me. After spending six weeks there and finding no relief, I concluded to return East. The Sunday morning before leaving I picked up a Sunday paper, and glancing through the religious items my eyes fell on the notices of Christian Science church services. Curiosity led me to a service and I shall never forget that morning or the surprise and joy it gave me to find that beautiful church, and to know that so great a number actually believed that God does heal the sick to-day. This brought a first ray of hope. The evening service found me there again. Among the notices read was that of a reading room, giving the location and time of opening. Monday morning found me there promptly, and the first book I picked up was *Science and Health* which opened a new world to me.

I had dieted so long and suffered so much that I had a morbid fear of food. When I had reached and read "neither food nor the stomach, without the consent of mortal mind, can make one suffer" (*Science and Health*, p. 221), I left the reading room for something to eat. I found a bakery near by, and bought a bag of cakes

which I ate, and shortly after I had a hearty dinner without the least complaint from my stomach.

From that time until now I have eaten anything that I wished, and the craving for cigarettes, which I had for many years, has entirely vanished. The understanding of Truth, which entirely relieved the diseased stomach, healed also the morbid appetite for smoking. After coming back East, I bought a copy of *Science and Health*, which I have read daily, and find it a continual help in all the affairs of life.

In my home and at work I find this Science a comfort and source of strength. I have had many difficulties in the way, but it has helped me out of them all. — W. E. B.,
New Britain, Conn.

SPINAL DISEASE HEALED

When I first heard of Christian Science, seven years ago, I supposed that it was some old fad under a new name. In the little Texas town where we then lived there were two or three Christian Scientists who met at the home of one of their number to read the Lesson-Sermon. Meeting one of them one day, I asked if unbelievers could come to their meetings. She said that they could if they wanted to. I went, expecting them to do something that I could laugh at when telling my friends about it. How surprised I was to find out that they didn't do anything but read the Bible and another book which they called *Science and Health*. I still thought it all foolishness, but resolved to go to their meetings until I found out all they believed. I continued to go until I began to understand a little of what they knew,

not what they believed; and instead of spending my time telling others what a silly thing Christian Science is, I am now trying to find words to tell what a great and wonderful thing it is. I have been healed of so-called incurable spinal disease of ten years' standing by studying the Bible and Science and Health. Science and Health has been my only teacher, and I wish to send my thanks to our dear Leader.

There are no other Scientists near where we now live, but I have the *Quarterly* and study the lessons by myself. I have five small children, and Christian Science is invaluable to me in controlling them, and in overcoming their common ills. They often help themselves and each other to destroy their little hurts and fears. — Mrs. M. H., Oleta, Okla.

MANY TROUBLES OVERCOME

In the second chapter of First Peter, ninth verse, I read "that ye should show forth the praises of him who hath called you out of darkness into his marvellous light." The periodicals so wisely established by our Leader give us one means of showing forth the praises of Truth.

From the darkness of physical pain and weariness into the light of wholeness and joyousness in work and living, — from the darkness of a clouded sight into the light of clearer vision, — from the darkness of doubt and discord into the marvellous light of the reality of good, — this is what a reading of the Christian Science textbook has done for me.

At the time the book was lent to me, I was teach-

ing in the public schools of Chicago, and absences from my work on account of illness were of frequent occurrence. For five weeks I had been under the care of a specialist for an organic trouble, and he said I would have to come as many more months before a cure could be effected. At this time, *Science and Health* was brought to my notice. I never thought of such a thing as being healed by the reading of the book, but my thought was so changed that I was healed, not only of the organic trouble, but of blurred eyesight, fatigue, and a train of other discordant manifestations. I did not go back to the physician until four months later to pay my bill (which, by the way, was more than five times the price of the *Science and Health* I had purchased). From the time I read the book I taught steadily without losing time from my work. I was helped, too, with my work in many other ways.

Through reading the textbook I learned that God has given us strength to do all we have to do, and that it is the things we do not have to do (the envying, strife, emulating, vainglorying, and so on) that leave in their wake fatigue and discord.

Gratitude to our beloved Leader, Mrs. Eddy, and to her faithful students, with whom I afterwards became associated, can be expressed only by daily efforts to put into practice what has been taught. — T. H. A., Madison, Wis.

PREJUDICE OVERCOME

I became interested in Christian Science somewhat over three years ago when in much need of help. I had never been strong, and as I grew older I grew

weaker and at last became so ill that life was a burden to me. Science and Health by Mrs. Eddy was sent to me, in answer to prayer, as I thought. I was a little afraid of all these new fads, as I thought them, but I had not read far before I felt that I had found the truth which makes us free. I was healed of stomach trouble, inward weakness, and bilious attacks.

One physician said I might have to undergo an operation before I could get well, but, thanks to this Truth, I have found that the only operation needed was the regeneration of this so-called human mind by learning to know God. In many cases I have been able to help myself and others.

Words cannot express my thanks to Mrs. Eddy, and to all who are bringing these great truths to the help of the whole world. — E. E. M., Huntington, W. Va.

A CONVINCING TESTIMONY

I became interested in Christian Science some five years ago, the practical nature of its statements appealing to me, and I must say, at the outset, that with my little experience I have found it all and more than I ever dreamt of realizing on this plane of existence. I am satisfied that I have found Truth. God is indeed to me an ever-present help.

My little girl, some ten months old, was afflicted with constipation. It was so severe I dreaded to go out anywhere with her, as I knew not when she would be taken with a convulsion. I had tried all the usual remedies in such cases, but it seemed to grow more obstinate. There was a Christian Scientist living in

the same house with us, a Scientist who let her light shine, and while she said little, I felt the reflection of Love. I had no knowledge of the teachings of Christian Science, save that God was the physician at all times. In my own way I believed He was all-powerful, and I said to my husband one day, "I am through with medicine for baby. I am just going to leave her in God's care and see what He will do. I have done all I can." I did as I said, laid my burden at God's feet, and did not pick it up again. In two days the child was perfectly natural, and has since been free from the trouble. She is now six years of age. Some months later a second test came. She woke up at nine o'clock at night crying and holding her ear. There was to sense a gathering. I was alone. I took up my Science and Health and Bible, but the more I worked the louder she screamed. Error kept suggesting material remedies, but I said firmly: "No; I shall not go back to error. God will help me." Just then I thought of my own fear, how excessive it was, and a conversation I had with the Scientist who first voiced the truth to me, came to mind. She said she always found it helpful to treat herself and cast out her own fear before treating a patient. I put baby down and again took up my Science and Health, and these were the words I read: —

"Every trial of our faith in God makes us stronger. The more difficult seems the material condition to be overcome by Spirit, the stronger should be our faith and the purer our love. The Apostle John says: 'There is no fear in Love, but perfect Love casteth out fear' " (Science and Health, p. 410). I looked up, the crying

had ceased, the child was smiling, and in a few minutes asked to be put to bed. There has been no further trouble of that kind.

I have since seen the power of Truth overcome error of many forms, including croup, whooping-cough, tonsilitis, etc. I am thankful for all these proofs, but far more grateful am I for the spiritual teaching to love, to forgive, to curb my tongue, and cease my criticism. —
M. A. H., Brockton, Mass.

HEALED PHYSICALLY AND SPIRITUALLY

I had been taking medicine continually for many years. Finally I was taken suddenly ill and could not leave my room for about two months, then I went away for three months, thinking that I should come back and be able to continue my work. I improved very much, but the fear of quick consumption was with my doctor and my family and friends, and I was warned about the coming winter. Only too soon the fear manifested itself. I had worked just three weeks when all the pains and aches returned, and I had to go to bed as soon as I got home, so there was no pleasure in living. My employer advised me to see my physician, and said perhaps I should not work that winter. I then and there turned to Christian Science. I could not afford to give up work and live away from home, neither did I want to depend on doctors and medicine any longer. I took the book and read it on my way to work, and at noon I lay down on a couch instead of going out for luncheon and fell asleep. When I awoke I was a different person, all pains and aches had gone, and I was free. I was so

happy I could hardly contain myself; to material sense it was wonderful. As I walked I kept saying, "Wonderful, wonderful, wonderful," and tried to understand "the scientific statement of being" by repeating portions at a time, then pondering over them. I read the book four times in succession, and every time I found more and more to aid in the understanding.

This healing was in October, 1901, with no other help than Science and Health, and soon I was relieved of other chronic ailments. In February I was able to put away eyeglasses, which I had worn ten years and a half for astigmatism. Oculists told me I would always have to wear them. A month later my father asked me to help him, as he was suffering so much from constipation, dyspepsia, and neuralgia. He had been subsisting on bran, nearly starving himself until he was most miserable, and his limbs seemed so cold that they were kept wrapped in blankets. I felt very humble as he asked me, and told him I would have a practitioner help him, as I had never treated any one; but he would not consent to have any one but myself, and I finally told him I would try, but that he must not hold Science responsible if he were not benefited, for my lack of understanding, and not Science, would be at fault. At my request he read Science and Health, ate whatever he wanted, and used no medicine in any form. After two treatments I received word from him that he was healed of that bondage of thirty years' standing. In view of all these signs which followed my acceptance of Christian Science, I knew it must be true. — R. L. A., Chicago, Ill.

A VOICE FROM THE SOUTH

I was delicate from childhood, and my parents did not think it was possible for me to live more than a few years. I lived, however, although there was not much improvement in my health. Travel and change of climate brought only temporary relief, and the physicians gave me no hope that I would ever be well.

As a last resort I began the study of Science and Health, and before I had finished reading the book I realized that its author was divinely commissioned to bring this spiritual message to a waiting world. Through this reading my health was restored, and I was healed of one disease that has been called incurable by all physicians.

For this, together with the greater and higher blessing of having the spiritual fact of being unfolded to me, I am most grateful.

What shall be rendered for such benefits received and made possible by the consecrated life of our revered Leader? Only by following the teachings of our textbook, and by loving obedience to her gentle and timely admonitions can we show our true sense of gratitude. —
F. H. D., De Funiak Springs, Fla.

HEALED AFTER MUCH SUFFERING

A testimony given in the *Journal* led me to investigate Christian Science, and I hope in return to be the means of leading some one else to see the beauty of this saving truth, and to learn to know God aright and man's relationship to Him. I know from experience

that it is prejudice and misapprehension of what Christian Science is, that keeps many from enjoying the blessings it bestows.

I had been taking patent medicines for several years, and had been to one of the best sanitariums in this country, but was not healed, although I received some benefit, for which I shall always feel grateful, for I know the physicians did all they could for me. I sometimes thought I had exhausted all remedies, but did not give up, for I felt there must be something to heal me if I could find it.

When in this state of mind Christian Science came to my notice, and after reading several *Journals*, I purchased a copy of *Science and Health*. I read for several days at odd times. I commenced to improve, and in about a week I was healed of most of my ills, among which were dyspepsia and nervous debility.

Although I had heard about Christian Science before, I had never heard that the reading of the Christian Science textbook had ever effected the healing of anybody. I commenced reading to find out what Christian Science was, but was surprised to find myself improving, and was soon assured that it was the theology of *Science and Health* that healed me, just as it was the theology of Jesus that healed the sick.

It has also proved to me that there can be no Christian Science Church that does not heal the sick and sinful, for healing follows as the natural result of the teaching of Christian Science. The Bible has become a new revelation to me, and I can read it much more understandingly by the light received through the reading of *Science and Health*. — A. F. M., Fairmont, Minn.

THROUGH GREAT TRIBULATIONS

When I attempt to make plain what Christian Science has done for me, words fail me. For twenty years I was a constant sufferer, my spine having been injured when I was very young. As a little child I suffered so much that I would look up to the stars and beg God, who I thought might be up there somewhere, to take me away from the earth, — I was so tired. A great wall of pain seemed to separate me from the pleasures enjoyed by others, and I could not explain how I felt, because no one could understand. Years passed, and I saw my earthly happiness swept away; my heart was broken and I did not know what to do. I cried for help, day after day and night after night, although I was not sure what God was, nor where He was. I only knew that I suffered, and was in need of help, and that there was no earthly help for either mind or body. I loved purity, truth, and right always, and this made evil seem a most terrible reality. I was unable to cope with it, and so found myself in despair. This was my condition when I commenced reading *Science and Health*. I was ready for its message, and in about ten days there came a wonderful insight into the truth which heals the sick and binds up the broken-hearted. All pain left me, I had a glimpse of the new heavens and the new earth, and was beginning to be fed by Love divine.

I had suffered for years with insomnia. That night I rested like a child, and awoke the next morning well and happy. A flood of light daily illumined the pages of the "little book," and the revelation it holds for all

came to my waiting heart. "The peace which passeth all understanding" rested upon me, and joy too deep for words transformed my life. My prayers were answered, for I had found God in Christian Science.

The Bible, which I knew very little about, became my constant study, my joy, and my guide. The copy which I bought at the time of my healing is marked from Genesis to Revelation. It was so constantly in my hands for three years that the cover became worn and the leaves loose, so it has been laid away for a new one. Two and three o'clock in the morning often found me poring over its pages, which grew more and more sacred to me every day, and the help I received therefrom was wonderful, for which I can find no words to express my gratitude. — I. L., Los Angeles, Cal.

A HELPFUL TESTIMONY

Words cannot express my gratitude to God for Christian Science. When I first read Science and Health, I had tried every remedy I had ever heard of. I felt no change in mind or body that I was conscious of until I read page 16 of the chapter on "Prayer," in Science and Health. The first words of the "spiritual sense of the Lord's Prayer," telling of our Father-Mother God, gave me a glimpse of heavenly light. I stopped and reasoned, and remembered the teachings of Jesus. The truth of man's spiritual being dawned on my consciousness. I realized I was not subject to mortal laws, as I had been taught all my life. I could not explain how I knew this, but I knew it. Through Christian Science, Mrs. Eddy had given me what

I had longed for all my life, — a Mother, a perfect “Father-Mother God.” I had known there was a great lack, and at that time I believe the orthodox world had but half of the truth which Jesus came to establish. When I read, “Give us this day our daily bread,” and its spiritual interpretation, my tears began to flow; all the years of bitterness, hate, and fear melted away. I knew then, as I know now, that nothing satisfies but Love. That day began the outward and inward conscious healing, — mental and physical. There never came a doubt! I absolutely knew that Christian Science was and is the truth. Money, friends, materiality, are nothing beside the conscious knowledge of God, man, and the universe.

I did not need treatment from any one, — Science and Health was so clear and beautiful. I could not understand the Bible before, but I found it illumined now that I had a little understanding of Christian Science. For ten years I have not had to lie down in the daytime from any sickness. I am now, and have been all these years, the picture of perfect health. When I first read Science and Health I weighed one hundred and four pounds; I now weigh over one hundred and sixty. This physical health is not to be compared to my happiness, — my harmony that nothing can take away, — because it is the gift of God. Nothing has shown me the perversity of the human mind more than in its conclusions in regard to my healing. Even when I felt and knew that I was healed, people constantly said, because I was thin and delicate looking, “You are not well, any one could look at you and know it.” Now that I am fleshy, they say, “You don’t look

as if you ever had a pain in all your life. You could not have had consumption."

When I think what my life was before I had Christian Science, of the six years of colds, suffering, and coughing, not to mention the unhappiness, I want to "work, watch, and pray" for the Mind of Christ, that I may work rightly in God's vineyard, and to know that in truth, what belongs to one belongs to all, — that one God, one Life, Truth, and Love is all. — A. C. L., Kansas City, Kans.

DESIRE FOR LIQUOR AND TOBACCO DISAPPEARED

I first heard of Christian Science four years ago. At that time drinking and smoking were my comforters. I had no other companionship. I had lived almost constantly from childhood in an evil atmosphere. Though I was far from being satisfied with my condition, I failed to see how to better it until I read Science and Health. I used occasionally to listen to a sermon, but sermons did not give me any more comfort than I derived from my pipe, hence I concluded that church-going could not satisfy me and I preferred drinking and smoking. When I began to read Science and Health, I saw it offered something substantial. After a few months' study all desire for drinking and smoking disappeared. I did not give them up; I made no sacrifices, I simply found something better. I might mention that I had smoked ever since I can remember. I used to smoke years before I left school, and, like most Englishmen, loved my pipe, and would almost prefer to miss a meal rather than to go without my smoke. I used to think it gave me comfort.

During my four years' study of Christian Science I

have not spent a cent for doctors or medicine, neither have I lost a day from my work on account of sickness, which compares wonderfully with the previous four years. I take a great interest and pleasure in reading the Bible and studying the lessons in the *Quarterly*. The Bible used to be a most mysterious book to me, but Science and Health makes it a most precious book, making its meaning clearer, plainer, and simpler.

I take this opportunity to express my gratitude to Mrs. Eddy and to the friend who invited me to attend the service held in the Auditorium years ago. I also wish to acknowledge the benefit I have had from the *Journal* and the *Sentinel*. They have helped me wonderfully. If the value of Science and Health and these publications were measured as business men value things, by the results or benefits they bring, they certainly would be priceless to me. It would be impossible to measure their value, as I have got something from Science and Health that all the money in the world could not buy. — H. P. H., Chicago, Ill.

AN EXPRESSION OF LOVING GRATITUDE

In the spring of 1893, while studying for the ministry, Science and Health was placed in my hands, and the truth contained therein at once became to me the pearl of great price. I literally devoured the book, reading it about eighteen hours a day. Its originality was startling, upsetting my preconceived opinions of God, man, and creation. Two sentences especially appealed to me: "The foundation of mortal discord is a false sense of man's origin" (p. 262), and, "For right

reasoning, there should be but one fact before the thought, namely, spiritual existence" (p. 492). I had found the keynote to the Science of being as taught in this marvelous book, and persevered until a glimpse of the new heavens and new earth came, for the old were passing away. With this spiritual uplifting came also physical health.

All my life had been spent in semi-invalidism, and I seemed destined to a life of suffering. In three weeks after beginning Science and Health, to my joyful surprise I found myself a well man, sound physically, and uplifted spiritually. Life was being lived from a new basis, the old things of personal sense were passing away and all things becoming new. I learned that the infinite good is the one Friend upon whom we can call at all times, an all-powerful, ever-present help in every time of trouble; that His children are really governed in peace and harmony by spiritual law, and as the right understanding of it is gained, the other things soon follow, bringing a peace the human concept can never know.

For the last twelve years my whole time has been devoted to Christian Science practice, and I have seen nearly every so-called incurable disease healed by its beneficent influence. God bless our dear Leader! She has set before us an open door, which no man can shut, and it is but a question of time when the world will know her better and love her more. — E. E. N., Washington, D. C.

HEALED OF BRIGHT'S DISEASE

August 18, 1902, I was taken down with what three doctors pronounced Bright's disease, and they stated

that I would not live a year, or if I did succeed in living longer, I would be mentally unbalanced. On December 6, 1902, my wife presented me with Science and Health as a birthday gift, and it was indeed the best present I ever received. Since that time I have been reading it and attending Second Church here. I have not used any medicine since, nor has any one in our home. I am in the finest of health and have lost all my bad habits. This truth has brought a great spiritual uplifting to all of us, and words cannot express my gratitude to Mrs. Eddy and to all who have helped me to the same. — T. V., Chicago, Ill.

FIBROID TUMOR DESTROYED

When quite young I was impressed that the Bible was not properly interpreted by the preachers, for I could not conceive of a God of wrath who was unjust enough to allow His little ones to suffer pain, misery, and death. I had hope, however, that some day the truth would be revealed to an awakening world, but little did I dream that even then there was one of God's noble women who reflected sufficient purity and holiness to entertain the "angel of his presence," and commune with the true God.

I was believed to be predisposed to scrofula, so that I was not a strong or attractive child, and my girlhood and womanhood were scarcely ever free from dread of the laws of matter and lack of strength. The climax was reached when a physician informed me, after weeks of treatment, that I had a fibroid tumor, which required an operation. The conditions were most trying and I

was heartsick and discouraged when, in January, 1893, I heard of Christian Science through a letter from a dear sister who had been greatly benefited thereby, and I resolved to go at once to a practitioner, for I believed it to be the long-lost truth that would make me free. It meant a great effort and sacrifice for me to go to Chicago at that time, but divine Love opened the way and I reached there in March. I had been in my sister's home but a few days, reading Science and Health almost constantly, when I asked her if I had not better have treatment for the tumor, which had given me so much trouble. She said to me, "You feel well, do you not?" I assured her that I never had felt so well as I had since reaching there. "Well," she said with decision, "your tumor is gone, for God never made it," and her statements were true, for it has never been heard of from that day. Since then I have been healed of chronic sore throat, hay fever, and other troubles, and I know that Christian Science is the truth. — B. W. S., Coldwater, Mich.

LIGHT OUT OF DARKNESS

I have received so much benefit from the testimonies in the *Sentinel* and *Journal* that I send mine, hoping it may cheer some struggling heart. I was reared by kind and loving Christian parents and was a member of an orthodox church for over twenty years, but I was never satisfied. I was filled with fear and bound down by the false gods of this world, — sin, disease, and poverty; consequently every way I turned, and in everything I attempted to do, I was met with disappointment and failure; but God was leading me into a different life.

My interest was first awakened to Christian Science about thirteen years ago, and I have been a willing disciple ever since. Through the reading of Science and Health I was healed of chronic catarrh and laryngitis, and it also enabled me to lay off my glasses. Christian Science has not only helped me mentally, morally, and physically, but the greatest blessing of all is the spiritual uplifting which enabled me to know that God is both able and willing to care for His children, if we are but willing to do our part and bear the cross which, though it seems heavy at times, always brings a sure reward. Christian Science has not only helped me, but it has enabled me to help others.

The Bible is a new book to me. I now see what Jesus meant when he said, "Come unto me, all ye that labor and are heavy laden, and I will give you rest."

My heart goes out in gratitude to Mrs. Eddy for the work she has done and is still doing for the world, and to God I am most grateful that He has guided me into the truth, that I may have life, and have it more abundantly.

— Mrs. M. M., Chicago, Ill.

A GRATEFUL TESTIMONY

"Thy word is a lamp unto my feet, and a light unto my path."

This has been proven to me in every way. When Christian Science came to me, I was a wreck, physically, mentally, and financially; but since the reading of Science and Health turned my thought toward the light, I have found that, as far as I am willing to receive the word and live it, all comforts are supplied me. I am especially

grateful for the spiritual help. I know that things which I did and thought last year I would not do or think this year, and am satisfied. Through the careful and prayerful study of Science and Health I have been lifted from sickness to health, from sorrow to peace, from lack to plenty, and, the most beautiful of all, from darkness to light. — Mrs. H. S. C., Seattle, Wash.

HEALED OF CONSUMPTION AND ASTHMA

It is a pleasure to acknowledge the great benefits which have come to me through Christian Science. It is nearly ten years since I began the investigation of the subject by borrowing a copy of Science and Health. I had become a hopeless sufferer from asthma, — the disease being so aggravated at times as to make breathing almost impossible. I was also a victim of that dread disease, consumption. It was hereditary, nearly all my family on both sides having passed away with it. I took up Christian Science very much as a drowning man catches at a straw. However, I was much interested as soon as I began to understand it, and having read the book nearly all my waking hours for a few weeks, I became so much better and so convinced of its truth, that myself and wife destroyed all the medicines in the home, and have never since used any remedy except Christian Science. I continued to study and to put into practice the teaching as best I knew, and was restored to health in a few months.

Prior to my investigation of Christian Science I had been from boyhood an outspoken infidel, had read that class of literature extensively, and had no desire for anything of a religious nature, — the orthodox teaching

never having appealed to me as a rational exposition of an all-wise God. I now have no more doubt of the truth of the teaching of the great Way-shower, Jesus of Nazareth, than I doubt the correctness of the basic law of mathematics or music. I have no doubt whatever that Christian Science saved me from the grave, and thus proved a most practicable and efficient help in time of greatest need. However great my physical suffering has been, I can but feel glad that through it the door of consciousness was opened to let in the light of Truth. Thus I have progressed a little way in the knowledge of God, good, as revealed in Christian Science. — C. B., Webb City, Mo.

